## IAAF World Championships, Moscow 2013 10 AUGUST - 18 AUGUSt 2013

## ENTRY STANDARDS

Approved by IAAF Council - March 2012 and November 2012

| Men |  | Event | Women |  |
| :---: | :---: | :---: | :---: | :---: |
| A Standard | B Standard |  | A Standard | B Standard |
| 10.15 | 10.21 | 100 m | 11.28 | 11.36 |
| 20.52 | 20.60 | 200 m | 23.05 | 23.30 |
| 45.28 | 45.60 | 400m | 51.55 | 52.35 |
| 1:45.30 | 1:46.20 | 800 m | 2:00.00 | 2:01.50 |
| 3:35.00 | 3:37.00 | 1500m | 4:05.50 | 4:09.00 |
| 13:15.00 | 13:20.00 | 5000m | 15:18.00 | 15:24.00 |
| 27:40.00 | 28:05.00 | 10,000m | 31:45.00 | 32:05.00 |
| 2:17:00 |  | Marathon | 2:43:00 |  |
| 8:26.00 | 8:32.00 | 3000 m SC | 9:43.00 | 9:48.00 |
| 13.40 | 13.50 | $110 \mathrm{mH} / 100 \mathrm{~m} \mathrm{H}$ | 12.94 | 13.10 |
| 49.40 | 49.60 | 400 m H | 55.40 | 56.55 |
| 2.31 | 2.28 | High Jump | 1.95 | 1.92 |
| 5.70 | 5.60 | Pole Vault | 4.60 | 4.50 |
| 8.25 | 8.10 | Long Jump | 6.75 | 6.65 |
| 17.20 | 16.85 | Triple Jump | 14.40 | 14.20 |
| 20.60 | 20.10 | Shot Put | 18.30 | 17.20 |
| 66.00 | 64.00 | Discus Throw | 62.00 | 59.50 |
| 79.00 | 76.00 | Hammer Throw | 72.00 | 69.50 |
| 83.50 | 81.00 | Javelin Throw | 62.00 | 60.00 |
| 8200 | 8000 | Decathlon / Heptathlon | 6100 | 5950 |
| 1:24:00 | 1:26:00 | 20km Race Walk | 1:36:00 | 1:38:00 |
| 4:02:00 | 4:16:00 | 50km Race Walk |  |  |
| 39.20 |  | $4 \times 100 \mathrm{~m}$ | 44.00 |  |
| 3:05.00 |  | $4 \times 400 \mathrm{~m}$ | 3:33.00 |  |

Note: the entry standards for the 10,000m, Marathon, Combined Events, Race Walks and Relays were approved by the IAAF Council in March 2012.

## ENTRY RULES:

- Age Categories
- Junior Athletes: Athletes aged 18 or 19 years on 31 December 2013, (i.e. born in 1994 or 1995), may compete in any event except the Marathon and 50km Race Walk.
- Youth Athletes: Athletes aged 16 or 17 years on 31 December 2013 (born in 1996 or 1997), may compete in any event except the throwing events (male athletes), Decathlon, 10,000m, Marathon and the Race Walks.
- Athletes younger than 16: No athlete younger than 16 years of age on 31 December 2013 (born in 1998 or later) may be entered.
- Each Member is entitled to enter two, three or four athletes per event (see below for Marathon and Relays), as follows:
- 1,2, 3 or 4 athletes with the " A " standard;
- 1 athlete with the " $B$ " and 1, 2 or 3 athletes with the " $A$ " standard. In both cases a maximum of three athletes will be allowed to compete.
- Each Member is entitled to enter two athletes per event who have both reached the "B" standard for that event but only one will be allowed to compete.
- Unqualified athletes:
- Members who have no male and/or no female qualified athletes whom they wish to enter in any event may enter one unqualified male athlete OR one unqualified female athlete in one individual event except the $10,000 \mathrm{~m}, 3000 \mathrm{~m}$ Steeplechase and the Combined Events
- The acceptance of unqualified entries in the Field Events, in the Marathon and in the Race Walks, is at the discretion of the Technical Delegates, based on the technical level of the athlete and on the number of entries in the specific event.
- Entries for unqualified athletes must be submitted by 15 July 2013. If another athlete then achieves the entry standard before the end of the qualification period, it will be possible to change the entry accordingly.
- If Russia, as host country, has no qualified athlete (or relay team) in any event of the Championships, it is entitled to enter one athlete (or one relay team) regardless of the entry standard, with the exception of the Combined Events and Field Events where the above clause shall apply.
- The Area Champions in all the individual events (except the Marathons) automatically qualify for the World Championships and will be considered as having achieved the " $A$ " standard (see specific Regulations in M-Circular Letter).
- In the Relays, Member Federations can enter up to 6 athletes; these must include all athletes (up to the $4^{\text {th }}$ reserve) eventually entered in the respective individual events ( 100 m and 400 m ). Any four athletes among those entered for the competition, whether for the relay or for any other event, may then be used in the composition of the team for the first round.
- In the Marathon a maximum of six athletes may be entered but no more than five will be allowed to start. The reigning World Outdoor Champion may also compete if entered by his Federation, but he must be within the five. Please be reminded that the World Marathon Cup team event has been discontinued.
- $\mathbf{1 0 , 0 0 0 m}$ - The Top 15 athletes finishing in the senior Men's and senior Women's races at the 2013 IAAF World Cross Country Championships are considered to have achieved the A Standard for the World Championships.
- Combined Events - The Top three in the 2012 Men's and Women's IAAF Combined Events Challenge are considered to have achieved the A Standard for the World Championships.
- 20km Race Walk - The Top three in the 2012 Men's and Women's IAAF World Race Walking Challenge Final are considered to have achieved the A Standard for the World Championships.
- Reigning World Champion / Diamond League and Hammer Throw Challenge Winner - In addition to the above regulations and the maximum of three athletes competing from each country, the IAAF will accept the participation of the current World Outdoor Champion and that of the Winner of the 2012 IAAF Diamond League (in the corresponding World Championships events) and 2012 Hammer Throw Challenge as wild cards, on the condition that the athlete in question is entered by his Federation. If both are from the same country, only one of the two can be entered with this wild card. If a Federation has four athletes in one event as a result of this regulation, all four will be permitted to compete - for the Marathon see specific case above.


## CONDITIONS FOR THE VALIDITY OF PERFORMANCES:

- Performances must be achieved in the following qualification periods:
- 1 January 2012 to 29 July 2013 for the $10,000 \mathrm{~m}$, Marathon, Race Walks, Relays and Combined Events
- 1 October 2012 to 29 July 2013 for all other events
- Performances must be achieved during competitions organised or authorised by the IAAF, its Area Associations or its Member Federations. Thus, results achieved at university or school competitions must be certified by the Member Federation of the country in which the competition was organised (for Race Walks, Marathons and Relays, see hereunder).
- Performances must be achieved during an official competition organised in conformity with IAAF Rules.
- Performances achieved in mixed events between male and female participants (see Rule 147) will only be accepted under the following circumstances:
- For all field events and races of 5000 m and over held completely in the stadium the results will be:
- Automatically accepted if achieved at National Permit competitions
- Accepted only with the Area Association's approval if achieved at competitions under IAAF Rule 1.1 (i) and (j)
- Never accepted if achieved at competitions conducted under IAAF Rule 1.1 (a) to (h)
- For road races (marathons and race walks) the results will always be accepted
- Wind-assisted performances shall not be accepted.
- Hand-timed performances in $100 \mathrm{~m}, 200 \mathrm{~m}, 400 \mathrm{~m}, 800 \mathrm{~m}, 110 \mathrm{~m} / 100 \mathrm{~m}$ Hurdles, 400 m Hurdles and $4 \times 100 \mathrm{~m}$ relay shall not be accepted.
- Indoor performances for all field events and for races of 200 m and longer, shall be accepted.
- For the running events of 200 m and longer, performances achieved on oversized tracks shall not be accepted.
- In the case of race walks, track performances $(20,000 \mathrm{~m}$ or $50,000 \mathrm{~m})$ shall be accepted.


## - Marathons

a) Only performances achieved at Marathon Races that respect the following criteria are valid towards the achievement of the Entry Standards:

- the course is (or will be) measured prior to the race by an IAAF/AIMS Grade "A" or "B" International Road Race Course Measurer
- the measurement certificate must have been established no more than 5 years before the date of the race;
- the overall decrease in elevation between the start and finish shall not exceed 1:1000, i.e. 1 m per km.
The 2012 list of qualifying marathon courses can be found on the IAAF website however, starting 1 October 2012, this will be replaced by a permanent list which shall be updated as new information on correctly measured courses is received by the IAAF. Please therefore note that, for a marathon course to be published on the list, it will no longer be necessary for the IAAF to receive an application before a given deadline but Member Federations and Organisers must still make sure that a proper measurement is conducted by an IAAF/AIMS approved Grade A or B International Measurer and that the measurement report is sent to the relevant Area Measurement Administrator for the certificate to be issued, before the race is conducted.
b) Marathon races conducted at competitions held under IAAF Rule 1.1 a ), b), c), f) and g) will not be listed, however the results will be valid for the purpose of entry standards.
c) In addition, the top 10 finishers at the IAAF Gold Label Marathons (in 2012 and in 2013) held within the qualification period will also be considered as having achieved the "A" Standard (the list of the Gold Label Marathons for 2012 and 2013 is published on the IAAF Website).
The contact person for any matters related to qualifying marathon courses is Mr Sean Wallace-Jones, IAAF Senior Manager: sean.wallace-jones@iaaf.org


## - Race Walk Events

a) Performances achieved at Race Walk Events staged at International Competitions defined under IAAF Rule 1.1 (a), (b), (c), (d), (e), (f), (g) or (j) are valid towards the achievement of the Entry Standards providing the following conditions (where applicable) are respected:

- the course is (or will be) measured by an IAAF/AIMS Grade "A" or "B" International Road Race Course Measurer;
- a minimum of 3 International or Area Race Walking Judges are on duty.
b) Performances achieved at International Competitions defined under IAAF Rule 1.1 (i), or at National Competitions, are valid towards the achievement of the Entry Standards ONLY if the Member Federation concerned submits a specific application to the IAAF. The application letter, indicating the date, venue and programme of events of the Competition, must confirm that the above conditions will be respected.
The 2012 list of current qualifying race walk competitions can be found on the IAAF website. Member Federations who want their national permit competitions to be added to the list for 2012 or 2013, and qualify for the World Championships, must make sure that a proper measurement is conducted by an IAAF/AIMS approved Grade A or B International Measurer and that minimum three International or Area Race Walking Judges are on duty. This information must be provided to the IAAF by submitting the mentioned application form before the race is conducted (see Appendix C of Moscow 2013 M-Circular Letter).

The contact person for any matters related to qualifying race walk courses is Mr Carlo de Angeli, IAAF Competitions Senior Manager: carlo.de-angeli@iaaf.org

## - Relays

Results of relay races shall count towards the achievement of the Entry Standards on condition that they are part of a competition staged in compliance with IAAF Rules and that at least three different international teams, representing at least three countries, compete in the race.

## AREA CHAMPIONS:

## Regulations for Automatic Qualification to the IAAF World Championships in Athletics (does not apply for relays and marathon)

1. The Area Champion (in each individual event to be contested at the World Championships) automatically qualifies for the World Championships, irrespective of whether his performance has reached the" A" or "B" standard.
2. The Area Champion shall be the one who has achieved the title either in 2012 or 2013. If an Area does not have Area Championships in that period, then the Area may organise an alternate event to select the Area Champion.
3. The Member Federation of the Area Champion will have the ultimate authority to enter the athlete or not, based on its own domestic standard or qualification system.
4. If the Member Federation of the Area Champion enters the athlete, he will be considered as having achieved the " $A$ " standard.
5. If the Area Champion, for whatever reason, is not entered, his quota will not be delegated to the second placed athlete and the normal entry rules and conditions apply.
6. For those Area Championships that do not have certain events, the Area Associations can organise alternate Area specific event Championships with conditions conforming to Area Championships Regulations.
7. For an Area having "restricted" Area Championships (where the participation is not open to all athletes), the Area Association may specify an existing competition of a suitable standard for the purpose of identifying the Area Champion. In such cases, it is necessary that all Member Federations within the Area be invited to compete in this Competition.
