



# **IAAF Scholarships for Athletes**

The IAAF 'B' Standard Project

## The IAAF 'B' Standard Project

The IAAF President, Lamine Diack, has set the goal for the IAAF that there should be at least one athlete of each Member Federation capable of achieving the 'B' Qualification Standard for the World Championships in Athletics or the Olympic Games. This is an ambitious objective considering the level of the performances to be achieved and the fact that about one third of the IAAF Member Federations have yet to achieve this level of performance.

The IAAF has established a scholarship programme, the IAAF 'B' Standard Project, which will enable athletes who have the potential but lack the appropriate athletics environment to develop their competitive performance. By training in appropriate conditions and with provision of the necessary support that may not be available in the athlete's own country they will be prepared to, at minimum, achieve the 'B' Standard.

## The Scholarship Programme

The scholarship programmes is designed for those athletes who fulfil the following profile:

- Have achieved a performance that is close to the current IAAF World Championships 'B' standard
- Be available to move to and reside at a Centre that is determined to be the most suitable venue for the athlete's programme.
- Have no current commitments that would preclude them from attending the Centre for the period of the programme.

In order to apply for an IAAF scholarship certain entry standards have been defined (see Appendix 1). You should note that the IAAF will give preference to athletes in the 'Under 23' age category.

After considering the competition results, statistical data and profile evaluation of the athlete, those deemed to have a chance to achieve the 'B' Standard in an event will be offered a scholarship in one of 3 programmes:

1. Short Term programme - Those who are close to the set objective could participate in short term preparation, usually accompanied by their personal coach (3 months duration).
2. Medium Term programme - Designed for athletes who have the potential to achieve the 'B' Standard with one year of specific preparation (one year duration).
3. Long Term programme - Athletes currently under the age of 23 who obviously need longer time to achieve the 'B' Standard will be offered this programme (maximum of two years duration).

In all three programmes, the IAAF will ensure access to adequate facilities, coaching and competition as detailed below.

The duration of a scholarship is limited to a maximum of up to one year at one time. As the scholarship approaches its conclusion the behaviour and performance development of the athlete are evaluated by the IAAF. Based on the results of this evaluation, the scholarship may be extended by another period, not to exceed a total scholarship period of two years.

IAAF scholarship holders are obliged to take up their scholarships at IAAF institutions, either IAAF High Performance Training Centres (HPTCs) or IAAF Accredited Training Centres (ATCs). A list of the IAAF institutions can be found on the IAAF Website (sub-section 'Development'). The IAAF will decide in cooperation with the National Federation and the athlete, which of the IAAF institutions is best equipped, coaching-wise, for the athlete's training needs.

At the IAAF institutions the following provisions are guaranteed to scholarship athletes:

- Full board and accommodation
- Health insurance
- Coaching services by specialised coaches
- Travel to local competitions
- Travel to/from IAAF institution at the beginning and at the end of scholarship
- Basic physiotherapeutic services
- A small, monthly financial allowance

Member Federations are kindly requested to study the project description carefully and to consider if there are athletes in their country who realistically would have the potential and the necessary commitment to be included in this project.

Having gone through these evaluations, Member Federations should complete the attached Application Form (Appendix 2) and return it to the IAAF Development & Member Relations Department (D&MRD).

At the end of the selection process by the IAAF D&MRD, the Member Federation will be promptly informed about the outcome and the necessary future action.

**\*\* PLEASE NOTE:** Applications may only be made by IAAF Member Federations. Individual athletes, coaches or other interested parties should contact their National Federation for further information. National Federations will submit an application for those athletes who are deemed eligible.

## Appendix 1

### Entry Standards for IAAF Scholarships (IAAF 'B' Standard Project)

	Entry standards for IAAF 'B' Scholarships Men (Under 23)	Entry standards for IAAF 'B' Scholarships Women (Under 23)
100m	10.60s	11.90s
200m	21.10s	24.30s
400m	47.50s	56.00s
800m	1:52.00min	2:12.00min
1500m	3:48.00min	4:20.00min
5000m	14:25.00min	16:30.00min
10,000m	30:00.00min	34:00.00min
Marathon	2:26:00hrs	2:50:00hrs
3000m SC	9:00:00min	10:00.00min
110m H / 100m H	14.20s	14.00s
400m H	52.00s	60.00s
20km Race Walk	1:30:00hrs	1:40:00hrs
50km Race Walk	4:10:00hrs	---
4x100m	---	---
4x400m	---	---
Decathlon / Heptathlon	7,000pts	5,000pts
High Jump	2.10m	1.75m
Pole Vault	5.00m	3.50m
Long Jump	7.50m	6.00m
Triple Jump	15.80m	13.00m
Shot Put	17.00m	15.00m
Discus Throw	55.00m	50.00m
Hammer Throw	65.00m	53.00m
Javelin Throw	70.00m	50.00m

## Appendix 2

### - The IAAF 'B' Standard Project - Application Form

Please PRINT clearly

#### A. PERSONAL INFORMATION

Member Federation:	_____
Name of the Athlete	_____
Date of birth	_____
Place of birth	_____
Gender:	<input type="checkbox"/> male <input type="checkbox"/> female
Nationality	_____
Profession	_____
Event(s)	_____

#### B. PERFORMANCES

Personal Best	Event	_____
	Result	_____
	Date	_____
	Place	_____
Season Best	Event	_____
	Result	_____
	Date	_____
	Place	_____

## C. PERFORMANCE PROGRESSIONS

Event(s)	Place	Date	Result *	Short Comment **

Please note:

- All performances must be achieved in events held under IAAF rule 12.1 (a-h)
- \* Wind speed must be reported (according to IAAF rules)
- \*\* Any technical comment must be reported (i.e. personal, national, regional, junior, etc. records)

## D. ADDITIONAL TECHNICAL INFORMATION

Number of training years \_\_\_\_\_

Average no. of training sessions/week \_\_\_\_\_

Test/Monitoring results  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Technical Comments  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Athlete would like to be accompanied by his/her personal coach? ☐ yes ☐ no

Preferred duration of stay \_\_\_\_\_

Signature \_\_\_\_\_

Position \_\_\_\_\_ Date \_\_\_\_\_

Return completed form to:

Development & Member Relations Department  
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