

Guido Muller

WINNER OF THE 2014 MASTERS' MALE ATHLETE OF THE YEAR

Guido Muller started out in athletics at the age of 11. 64 years later, he is still going strong.

At his best, Muller had PBs of 10.9 for 100m, 21.6 for 200m, 47.6 for 400m, 51.3 in the 400m hurdles and 7.18m in the long jump.

A regular finalist at the German Championships, in 1964 he had the qualifying time in the 400m hurdles for the Olympic Games, but finished fifth at the German trials and so missed out on selection.

Since turning 45 in 1983, Muller has gained 126 national masters titles, 82 at the European level and 36 at the World Masters Championships.

He also holds 17 world masters records across various age groups from M45 to M75, four of which were set this year.

In 2014, Muller won five gold medals at the World Masters Indoor Championships in Budapest and seven titles at the European Masters Championships in Izmir.

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