Kids & Youth News

N.9 — APRIL 2010

IAAF Youth Training Seminars

Kick off at RDC Cairo, Egypt

To complete the series of CECS Level I Lecturers' courses of late, held in the IAAF's Regional Development Centres, the IAAF has undertaken to organise seminars focused on the 13-15 age category. Because this age group is vital and requires specific coaching, different from kids' athletics and senior athletics, the IAAF felt it necessary to call a seminar involving all the active CECS Level I Lecturers to provide them with comprehensive knowledge to allow them to monitor the progress of the youngsters.

Abdel Malek El-Hebil, responsible for the School & Youth Programme at the IAAF, has supervised the first seminar which was organised at the RDC of Cairo. Assisted by Mrs. Nadia Messaadi from Tunisia (photo above), he held the seminar for 22 Lecturers coming from 14 Arabic speaking countries: Jordan, Kuwait, Egypt, Palestine, Oman, Lebanon, Tunisia, Syria, Sudan, Morocco, Yemen, Bahrain, Iraq and Saudi Arabia.

A specific set of equipment is being provided for this age group: special throwing implements, transportable pits, light hurdles, etc.

The competition system which is proposed is to ensure that all the event groups are covered in a team competition.

For further information, please refer to the pdf already available on the IAAF website following the link:

http://www.iaaf.org/mm/Document/Development/SY-General/04/28/49/20081209103028_httppostedfile_IAAFTeamChamps13-15yearolds_7564.pdf

The IAAF Member Services Department is planning to organise the same seminar in the nine IAAF RDCs.

Kids and Youth Athletics Development:

- *IAAF Youth Training Seminars: the 13-15 year olds in the spotlight*
- *More and more School and Youth Initiatives from national authorities*

Inside this issue:

Historical Kids' Athletics in Athens Panathenaic Stadium	2
IAAF Partnership Approach: Turkey and Uganda	3
Education: Increase the level of Athletics Knowledge and Skills	4
Educational Corner: Forward Squat Jump	5
Kids' Athletics Programme in Sri Lanka and Senegal	6
Get Ready for the World Athletics Day 2010	7
S & Y Latest News	8