



International Association of Athletics Federations

Advisory note

Infusion therapy of athletes IAAF Medical & Anti-Doping Commission

Intravenous infusions are prohibited in- and out-of-competition. The 2007 Prohibited List, M2. Chemical and physical manipulation, 2., states: "*Intravenous infusions are prohibited, except as a legitimate medical treatment.*"

The Court of Arbitration for Sport (CAS) has established several criteria for defining "a legitimate medical treatment." The IAAF Medical and Anti-Doping Commission supports these criteria, and will apply them for evaluating whether IV treatment is medically legitimate or not:

- (1) The medical treatment must be necessary to cure an illness or injury of the particular athlete;
- (2) Under the given circumstances, there is no valid alternative treatment available, which would not fall under the definition of doping;
- (3) The medical treatment is not capable of enhancing the athlete's performance;
- (4) The medical treatment is preceded by a medical diagnosis of the athlete;
- (5) The medical treatment is diligently applied by qualified medical personnel in an appropriate medical setting;
- (6) Adequate records of the medical treatment are kept, and are available for inspection.