

IAAF World Junior Championships – Eugene 2014

Entry Standards

Men	Event	Women
10.55	100m	11.90
21.50	200m	24.50
47.70	400m	55.25
1:50.50	800m	2:09.10
3:48.00	1500m	4:28.00
	3000m	9:35.00
14:15.00 / 8:15.00 (3000m)	5000m	16:40.00
31:29.30	10,000m	
9:10.00	3000m SC	10:50.00
	100mH	14.20
14.64 (1.067m) or 14.24 (0.995m)	110mH	
53.30	400mH	60.75
44:20.00	10,000m RW	51:00.00
No standard	4x100 Relay	No standard
No standard	4x400 Relay	No standard
	Heptathlon	5250
6875 (1.067m; 7.26kg SP; 2kg DT) or 7090 (0.995m; 6kg SP; 1.75kg DT)	Decathlon	
2.16	High Jump	1.82
5.05	Pole Vault	3.95
7.55	Long Jump	6.10
15.60	Triple Jump	12.90
18.25 (6kg) or 16.50 (7.26kg)	Shot Put	14.30
55.00 (1.75kg) or 51.50 (2kg)	Discus	47.50
67.50 (6kg) or 61.40 (7.26kg)	Hammer	57.00
68.50	Javelin	49.00