

39th IAAF WORLD CROSS COUNTRY CHAMPIONSHIPS

PUNTA UMBRÍA 2011

Facts & Figures



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|--|----|
| Facts & Figures | 1 |
| Summary of Past Championships | 2 |
| Ages of World Cross Country Champions | 6 |
| Most Appearances..... | 7 |
| Medal Tables – by Athlete | 8 |
| Medal Tables – by Country | 9 |
| Spain at the World Cross Country Championships..... | 11 |
| Doping cases at the World Cross Country Championships | 11 |
| Age Falsifications at the World Cross Country Championships..... | 11 |

FACTS & FIGURES

Some 10,512 athletes from 167 countries have competed in the IAAF World Cross Country Championships, with athletes from six countries participating in all 38 editions: Belgium, France, Great Britain & NI (ENG, GBR, NIR, SCO, WAL), Ireland, Spain, and the United States.

The largest edition of the championships was in Vilamoura (POR) in 2000, when 806 athletes (excluding seven declared non-starters) from 76 countries took part. That athlete total may never be beaten now that the format of the championships has reverted from six to four races. The biggest single race was the 1986 senior men's race with 337 competitors from 50 countries, 39 of which produced scoring teams. The race with the most different countries represented was the 1997 men's race with 58, 27 of which had scoring teams.

The most medals won by a country is 275 by Kenya, followed by 227 by Ethiopia and 60 by the United States.

The most medals won by an individual athlete is 27 by Kenenisa Bekele (ETH), with 16 golds, nine silvers and two bronzes in 2001-2008. The women's record is 21 by Worknesh Kidane (ETH) in 1997-2005, including 11 golds, six silvers and four bronzes. The most individual medals is 13 by Bekele and eight by Kidane and Tirunesh Dibaba (ETH), who won five golds and three silvers in 2002-2008.

The most golds won by an individual is 16 by Bekele – including 12 individual and four team medals. The most women's golds is 14 by T. Dibaba, five of which were individual and nine with teams.

The most individual gold medals won is 12 by Bekele, junior winner in 2001 and long/short course winner in 2002-2006 and winner in 2008. The most by a woman is five by Grete Waitz (NOR), who won the women's title in 1978-1981 & 1983 and T. Dibaba who was junior champion in 2003, short course winner in 2005 & long course winner in 2005, 2006 & 2008.

The most medals won at a single championships is four: two individual and two team. This has been achieved 13 times by seven athletes, all Ethiopian. Haylu Mekonnen in 1999, Gete Wami in 2001, Kenenisa Bekele in 2001-2006, Worknesh Kidane in 2003/2005, Gebre-egziabher Gebremariam in 2004, Tirunesh Dibaba in 2005 and Meselech Melkamu in 2006. Now that the short course race has been eliminated, the total of four cannot be matched.

The most medals won as a junior is eight, including three golds, by Vivian Cheruiyot (KEN) in 1998-2001. The most by a junior man is seven, by Boniface Kiprop (UGA) in 2000-2004.

The most team gold medals won is 72 by Kenya, with at least one every year since 1986 followed by Ethiopia 39. The most team medals is 113 by Ethiopia compared with 111 by Kenya.

The longest winning streak in the championships are the 18 successive titles won by Kenya's men's team in the long race (1986-2003). The most in women's events is seven by Ethiopia at the long race in 2002-2008.

The oldest champion and medallist is Jack Foster (NZL), team gold medallist in 1975 at 42 years 297 days. The oldest individual champion and medallist is Portugal's Carlos Lopes, who in 1985 won the third of his World Cross Country titles at 38 years 34 days. The oldest women's champion is Edith Masai (KEN), who won the 2004 short course race at 36 years 352 days.

Foster went on to become the oldest ever competitor when he finished 155th in the 1979 race aged 46 years 306 days. The oldest female participant is Sweden's Ewy Palm, 121st in 1987 at 45 years 50 days.

The youngest gold medallists are all Kenyans, with the youngest of all Elizabeth Cheptanui, junior team gold medallist in 1994 at 13 years 197 days. The youngest individual winner is Lydia Cheromei, 1991 champion at 13 years 317 days. The youngest junior male winner is

Ismael Kirui, junior team gold medallist in 1990 at 15 years 32 days. Individually, the youngest is Robert Kipchumba, 2000 World Junior Cross Country Champion at 16 years 24 days.

The youngest competitor is Su Su-Ning of Chinese Taipei who was 12 years 130 days when she placed 119th in the 1991 junior race. The youngest male is Junior Hines (CAY) who was 13 years 58 days when he also placed 119th, this time in the junior race of 2002. Current IAAF regulations prevent anyone younger than 16 in the year of competition from competing in the championships.

Sweeps of all four individual titles were achieved by Kenya in 1994 & 2010 and Ethiopia 2008, but never in the years where there were three or six races.

Sweeps of all available team titles were achieved by Kenya in 1991, 1993, 1995, 1996 and 2010. In all those years, the Kenyans won team gold in the senior and junior races, men and women. In 2010, Kenya also won all four individual titles. In the six-race format, Ethiopia won five of six titles in 2004, placing second in the other one.

Perfect team scores have been achieved in 11 races, the men's short course races of 1998 and 2000, the junior men's races of 1993 2000, 2005, 2007 and 2010, and the junior women's race in 1993, 2004, 2006 & 2010. On each occasion apart from 2004 (with four to score) Kenyan runners placed first, second, third and fourth to gain a score of 10 points. In 2004 the dominant country was Ethiopia.

The best example of domination in the senior (long) races was in 1988 when (with six to score) Kenyans placed 1-2-3-4-6-7-8-9. For the women, the Kenyan team of 2009 scored a record low of 14 with individual placings of 1-2-4-7. The highest ever score is 1874 by the Maltese men's team which placed 39th in the 1986 men's race.

The most championships contested is 18 by Domingos Castro (POR) who competed in men's races between 1982 and 2003. The women's record in 17 by Conceição Ferreira (POR) in 1982-2000. Co-incidentally, both athletes placed seventh in the 1990 championship at Aix-les-Bains. That remained Castro's best finishing position, but Ferreira went on to win an individual bronze in 1994.

The largest winning margin in the history of the championships came in 1980 in Paris when Grete Waitz finished 44 seconds ahead of the runner-up, Irina Bondarchuk of the USSR. The best by a man was 33 seconds by Kenenisa Bekele in the 2001 junior men's race. John Ngugi (KEN) won the 1989 senior men's race by 28 seconds, while the biggest winning margin in the junior women's race was 27 seconds by Gelete Burka (ETH) in 2005.

The closest finish was in the 1973 men's race when Pekka Päiväranta (FIN) finished just one tenth ahead of Mariano Haro (ESP), 35:46.4 to 35:46.5. The result of that race was recorded in tenths of a second, but in four later races the first three all shared the same time to the nearest second; the 1983 men's, the 2000 women's short course and the junior women's in 2001.

Successful twins have included Grenville & Graham Tuck (ENG), Dionisio & Domingos Castro (POR), Ann Ford & Paula Fudge (Née Yeoman, ENG) and Angela & Susan Tooby (GBR). The Tucks won a total of five team medals including two golds. Domingos Castro competed in 18 championships and won three team medals. Ford and Fudge won six team medals and placed 13th & 14th respectively in 1982, with Ann having finished fourth in 1974 & 1976. The Toobys each won team silvers in the 1988 women's race, where individually, Angela placed second and Susan 16th.

Kenya and Ethiopia are far and away the most successful countries in the history of the world championships, winning 115 of the 154 available team titles. The two countries have met 115 times where both have fielded full teams, with Kenya beating Ethiopia 75-41.

SUMMARY OF PAST CHAMPIONSHIPS

Venues - 1973: Waregem BEL (March 17); 1974: Monza ITA (March 16); 1975: Rabat MAR (March 16); 1976: Chepstow WAL (February 28); 1977: Düsseldorf FRG (March 20); 1978: Glasgow SCO (March 25); 1979: Limerick IRL (March 25); 1980: Paris FRA (March 9); 1981: Madrid ESP (March 28); 1982: Rome ITA (March 21); 1983: Gateshead GBR (March 20); 1984: New York USA (March 25); 1985: Lisbon POR (March 24); 1986: Neuchâtel SUI (March 23); 1987: Warsaw POL (March 22); 1988: Auckland NZL (March 26); 1989: Stavanger NOR (March 19); 1990: Aix-les-Bains FRA (March 25); 1991: Antwerp BEL (March 24); 1992: Boston USA (March 21); 1993: Amorebieta ESP (March 23); 1994: Budapest HUN (March 26); 1995: Durham GBR (March 25); 1996: Cape Town RSA (March 23); 1997: Turin ITA (March 23); 1998: Marrakech MAR (March 21/22); 1999: Belfast GBR (March 27/28); 2000: Vilamoura POR (March 18/19); 2001: Ostend BEL (March 24/25); 2002: Dublin IRL (March 23/24); 2003: Lausanne SUI (March 29/30); 2004: Brussels BEL (March 20/21); 2005: St Galmier FRA (March 19/20); 2006: Fukuoka (April 1/2); 2007: Mombasa (March 24); 2008: Edinburgh (March 30); 2009: Amman JOR (March 28); 2010: Bydgoszcz POL (March 28); 2011: Punta Umbria (March 20)

These totals have been revised to include a number of previously unreported non-finishers. Similarly athletes who may have appeared on results as non-starters have now been excluded from totals. In 1998-2003, it was possible for juniors to start in both junior and senior races, so the sum of the rightmost four columns will give a total greater than the number of actual athletes competing in those years. From 2004, the IAAF ruled that junior athletes may compete in one race only, which was also the case up to 1997 and from 2007 when all races were staged on one day. At the 2009 IAAF Congress, it was proposed that the championships should be held every two years, alternating with area championships. This was approved by 132 votes to 32.

| Year | Course | Countries | Athletes | Senior Men Competitors | Junior Men Competitors | Senior Women Competitors | Junior Women Competitors |
|------|---|-----------|----------|------------------------|------------------------|--------------------------|--------------------------|
| 1973 | Waregem Racecourse | 21 | 287 | 157 | 55 | 75 | - |
| 1974 | Monza Racecourse | 23 | 269 | 125 | 75 | 69 | - |
| 1975 | Souissi Racecourse | 26 | 316 | 185 | 60 | 71 | - |
| 1976 | Chepstow Racecourse | 21 | 306 | 156 | 81 | 69 | - |
| 1977 | Graffenberg Racecourse | 22 | 346 | 168 | 81 | 97 | - |
| 1978 | Bellahouston Park | 27 | 360 | 168 | 92 | 100 | - |
| 1979 | Green Park Racecourse | 27 | 383 | 191 | 92 | 100 | - |
| 1980 | Longchamp Racecourse | 28 | 381 | 180 | 97 | 104 | - |
| 1981 | Hippodromo de la Zarzuela | 39 | 460 | 238 | 104 | 118 | - |
| 1982 | Hippodromo della Campanelle | 33 | 382 | 180 | 93 | 109 | - |
| 1983 | Riverside Park | 35 | 432 | 214 | 107 | 111 | - |
| 1984 | The Meadowlands | 40 | 443 | 240 | 94 | 109 | - |
| 1985 | Sports Complex Jamor | 50 | 574 | 300 | 143 | 131 | - |
| 1986 | Planeyse Colombier | 57 | 671 | 337 | 173 | 161 | - |
| 1987 | Sluzewiec Racecourse | 47 | 576 | 278 | 146 | 152 | - |
| 1988 | Elleslie Racecourse | 41 | 443 | 206 | 96 | 141 | - |
| 1989 | Scanvest Ring | 41 | 568 | 200 | 134 | 120 | 114 |
| 1990 | Aix-les-Bains Racecourse | 59 | 618 | 231 | 127 | 139 | 121 |
| 1991 | Linkerover Racecourse | 51 | 633 | 237 | 143 | 126 | 127 |
| 1992 | Franklin Park | 53 | 580 | 233 | 114 | 127 | 106 |
| 1993 | Jaureguibarria Course | 54 | 653 | 236 | 150 | 148 | 119 |
| 1994 | Kincsem Park | 60 | 760 | 281 | 189 | 148 | 142 |
| 1995 | University of Durham | 58 | 619 | 227 | 148 | 135 | 109 |
| 1996 | Danie Craven Stadium, Stellenbosch | 65 | 669 | 281 | 140 | 133 | 115 |
| 1997 | Parco del Valentino | 72 | 725 | 280 | 160 | 147 | 138 |
| 1998 | Menara district of Marrakech | 66 | 707 | 276 | 133 | 176 | 122 |
| 1999 | Barnett Demesne/Queen's University Playing Fields | 66 | 759 | 292 | 154 | 196 | 124 |
| 2000 | Sporting Complex of Vilamoura | 76 | 806 | 315 | 162 | 205 | 131 |
| 2001 | Wellington Hippodrome | 67 | 790 | 308 | 152 | 208 | 126 |
| 2002 | Leopardstown Racecourse | 59 | 664 | 253 | 122 | 183 | 110 |
| 2003 | Institut National Equestre Avenches | 65 | 605 | 229 | 121 | 155 | 104 |
| 2004 | Ossegem Park | 72 | 673 | 263 | 120 | 175 | 115 |
| 2005 | Hippodrome de Saint-Galmier | 72 | 695 | 267 | 131 | 180 | 117 |
| 2006 | Umi no Nakamichi Seaside Park | 59 | 574 | 233 | 98* | 165 | 78 |
| 2007 | Mombasa Golf Course | 63 | 470 | 163 | 126 | 94 | 87 |
| 2008 | Holyrood Park | 57 | 448 | 179 | 109 | 95 | 65 |
| 2009 | Al Bisharat Golf Course | 59 | 461 | 145 | 121 | 96 | 99 |
| 2010 | Myslecinek Park | 51 | 437 | 135 | 121 | 86 | 85 |
| 2011 | Polideportivo Antonio Gil Hernández | - | - | - | - | - | - |

* Includes two athletes who were later disqualified when it was proved they were over-age

MEN'S MEDALLISTS

Short Course (introduced in 1998, held until 2006)

| Individuals | Gold | Silver | Bronze |
|-------------|---------------------------|---------------------------------------|--------------------------|
| 1998 4000m | John Kibowen KEN 10:43 | Daniel Komen KEN 10:46 | Paul Kosgei KEN 10:50 |
| 1999 4236m | Benjamin Limo KEN 12:28 | Paul Kosgei KEN 12:31 | Haylu Mekonnen ETH 12:35 |
| 2000 4180m | John Kibowen KEN 11:11 | Sammy Kipketer KEN 11:12 | Paul Kosgei KEN 11:15 |
| 2001 4100m | Enock Koech KEN 12:40 | Kenenisa Bekele ETH 12:42 | Benjamin Limo KEN 12:43 |
| 2002 4208m | Kenenisa Bekele ETH 12:11 | Luke Kipkosgei KEN 12:18 | Haylu Mekonnen ETH 12:20 |
| 2003 4030m | Kenenisa Bekele ETH 11:01 | John Kibowen KEN 11:04 | Benjamin Limo KEN 11:06 |
| 2004 4000m | Kenenisa Bekele ETH 11:31 | Gebre-egziabher Gebremariam ETH 11:36 | Maregu Zewdie ETH 11:42 |
| 2005 4196m | Kenenisa Bekele ETH 11:33 | Abraham Chebii KEN 11:38 | Isaac Songok KEN 11:39 |
| 2006 4000m | Kenenisa Bekele ETH 10:54 | Isaac Songok KEN 10:55 | Adil Kaouch MAR 10:57 |

| Teams | Gold | Silver | Bronze |
|-------|------------------|------------------|------------------|
| 1998 | Kenya10 | Morocco42 | Ethiopia60 |
| 1999 | Kenya14 | Morocco45 | Ethiopia55 |
| 2000 | Kenya10 | Ethiopia46 | Morocco68 |
| 2001 | Kenya13 | Morocco48 | Ethiopia51 |
| 2002 | Kenya20 | Ethiopia32 | Spain57 |
| 2003 | Kenya14 | Ethiopia31 | Morocco44 |
| 2004 | Ethiopia17 | Qatar39 | Kenya52 |
| 2005 | Ethiopia23 | Kenya31 | Qatar32 |
| 2006 | Kenya21 | Ethiopia48 | Morocco53 |

Long Course

| Individuals | Gold | Silver | Bronze |
|--------------|------------------------------|--------------------------|---------------------------|
| 1973 11,980m | Pekka Päivärinta FIN 35:46.4 | Mariano Haro ESP 35:46.5 | Rod Dixon NZL 36:00 |
| 1974 12,000m | Erik de Beck BEL 35:23.8 | Mariano Haro ESP 35:24.6 | Karel Lismont BEL 35:26.6 |
| 1975 12,000m | Ian Stewart SCO 35:20.0 | Mariano Haro ESP 35:21.0 | Bill Rodgers USA 35:27.4 |

| | | | | | | | | | | |
|------|---------|-----------------------------|-----|---------|-----------------------------|-----|---------|-----------------------------|-----|---------|
| 1976 | 12,000m | Carlos Lopes | POR | 34:47.8 | Tony Simmons | ENG | 35:04.0 | Bernie Ford | ENG | 35:07.0 |
| 1977 | 12,300m | Léon Schots | BEL | 37:43.0 | Carlos Lopes | POR | 37:48.2 | Detlef Uhlemann | FRG | 37:52.2 |
| 1978 | 12,300m | John Treacy | IRL | 39:25 | Aleksandr Antipov | URS | 39:28 | Karol Lismon | BEL | 39:32 |
| 1979 | 12,000m | John Treacy | IRL | 37:20 | Bronislaw Malinowski | POL | 37:29 | Aleksandr Antipov | URS | 37:30 |
| 1980 | 12,580m | Craig Virgin | USA | 37:01 | Hans-Jürgen Orthmann | FRG | 37:02 | Nick Rose | ENG | 37:05 |
| 1981 | 12,000m | Craig Virgin | USA | 35:05 | Mohamed Kedir | ETH | 35:07 | Fernando Mamede | POR | 35:09 |
| 1982 | 11,978m | Mohamed Kedir | ETH | 33:41 | Alberto Salazar | USA | 33:45 | Rod Dixon | NZL | 34:02 |
| 1983 | 11,994m | Bekele Debele | ETH | 36:52 | Carlos Lopes | POR | 36:52 | Some Muge | KEN | 36:52 |
| 1984 | 12,086m | Carlos Lopes | POR | 33:25 | Tim Hutchings | ENG | 33:30 | Steve Jones | WAL | 33:32 |
| 1985 | 12,190m | Carlos Lopes | POR | 33:33 | Paul Kipkoech | KEN | 33:37 | Wodajo Bulti | ETH | 33:38 |
| 1986 | 12,000m | John Ngugi | KEN | 35:32.9 | Abebe Mekonnen | ETH | 35:34.8 | Joseph Kiptum | KEN | 35:39.8 |
| 1987 | 11,950m | John Ngugi | KEN | 36:07 | Paul Kipkoech | KEN | 36:07 | Paul Arpin | FRA | 36:51 |
| 1988 | 12,000m | John Ngugi | KEN | 34:32 | Paul Kipkoech | KEN | 34:54 | William Koskei | KEN | 35:07 |
| 1989 | 12,000m | John Ngugi | KEN | 39:42 | Tim Hutchings | GBR | 40:10 | Wilfred Kirochi | KEN | 40:21 |
| 1990 | 12,200m | Khalid Skah | MAR | 34:21 | Moses Tanui | KEN | 34:21 | Julius Korir | KEN | 34:22 |
| 1991 | 11,764m | Khalid Skah | MAR | 33:53 | Moses Tanui | KEN | 33:54 | Simon Karori | KEN | 33:54 |
| 1992 | 12,530m | John Ngugi | KEN | 37:05 | William Mutwol | KEN | 37:17 | Fita Bayissa | ETH | 37:18 |
| 1993 | 11,750m | William Sigei | KEN | 32:51 | Dominic Kirui | KEN | 32:56 | Ismael Kirui | KEN | 32:59 |
| 1994 | 12,060m | William Sigei | KEN | 34:29 | Simon Chemoiywo | KEN | 34:30 | Haile Gebrselassie | ETH | 34:32 |
| 1995 | 12,020m | Paul Tergat | KEN | 34:05 | Ismael Kirui | KEN | 34:13 | Salah Hissou | MAR | 34:14 |
| 1996 | 12,150m | Paul Tergat | KEN | 33:44 | Salah Hissou | MAR | 33:56 | Ismael Kirui | KEN | 33:57 |
| 1997 | 12,333m | Paul Tergat | KEN | 35:11 | Salah Hissou | MAR | 35:13 | Thomas Nyariki | KEN | 35:20 |
| 1998 | 12,000m | Paul Tergat | KEN | 34:01 | Paul Koech | KEN | 34:06 | Assefa Mezegebu | ETH | 34:28 |
| 1999 | 12,000m | Paul Tergat | KEN | 38:28 | Patrick Ivuti | KEN | 38:32 | Paulo Guerra | POR | 38:46 |
| 2000 | 12,300m | Mohammed Mourhit | BEL | 35:00 | Assefa Mezegebu | ETH | 35:01 | Paul Tergat | KEN | 35:02 |
| 2001 | 12,300m | Mohammed Mourhit | BEL | 39:53 | Sergey Lebid | UKR | 40:03 | Charles Kamathi | KEN | 40:05 |
| 2002 | 11,998m | Kenenisa Bekele | ETH | 34:52 | John Yuda | TAN | 34:58 | Wilberforce Taleli | KEN | 35:20 |
| 2003 | 12,355m | Kenenisa Bekele | ETH | 35:56 | Patrick Ivuti | KEN | 36:09 | Gebre-egziabher Gebremariam | ETH | 36:17 |
| 2004 | 12,000m | Kenenisa Bekele | ETH | 35:52 | Gebre-egziabher Gebremariam | ETH | 36:10 | Sileshi Shine | ETH | 36:11 |
| 2005 | 12,020m | Kenenisa Bekele | ETH | 35:06 | Zersenay Tadese | ERI | 35:20 | Abdullah Ahmad Hassan | QAT | 35:34 |
| 2006 | 12,000m | Kenenisa Bekele | ETH | 35:40 | Sileshi Sihine | ETH | 35:43 | Martin Mathathi | KEN | 35:44 |
| 2007 | 12,000m | Zersenay Tadese | ERI | 35:50 | Moses Mosop | KEN | 36:13 | Bernard Kipyego | KEN | 36:37 |
| 2008 | 12,000m | Kenenisa Bekele | ETH | 34:38 | Leonard Komon | KEN | 34:41 | Zersenay Tadese | ERI | 34:43 |
| 2009 | 12,000m | Gebre-egziabher Gebremariam | ETH | 35:02 | Moses Kipsiro | UGA | 35:04 | Zersenay Tadese | ERI | 35:04 |
| 2010 | 11,611m | Joseph Ebuya | KEN | 33:00 | Teklemariam Medhin | ERI | 33:06 | Moses Kipsiro | UGA | 33:10 |

Teams**Gold****Silver****Bronze**

| | | | | | | |
|------|-------------|-----|--------------------|-----|--------------------|-----|
| 1973 | Belgium | 109 | USSR | 119 | New Zealand | 136 |
| 1974 | Belgium | 103 | England | 109 | France | 215 |
| 1975 | New Zealand | 127 | England | 198 | Belgium | 211 |
| 1976 | England | 90 | Belgium | 118 | France | 187 |
| 1977 | Belgium | 126 | England | 129 | USSR | 144 |
| 1978 | France | 151 | United States | 156 | England | 159 |
| 1979 | England | 119 | Ireland | 198 | USSR | 210 |
| 1980 | England | 100 | United States | 163 | Belgium | 175 |
| 1981 | Ethiopia | 81 | United States | 114 | Kenya | 220 |
| 1982 | Ethiopia | 98 | England | 114 | USSR | 257 |
| 1983 | Ethiopia | 104 | United States | 170 | Kenya | 191 |
| 1984 | Ethiopia | 134 | United States | 161 | Portugal | 223 |
| 1985 | Ethiopia | 129 | Kenya | 141 | United States | 153 |
| 1986 | Kenya | 45 | Ethiopia | 119 | United States | 204 |
| 1987 | Kenya | 53 | England | 146 | Ethiopia | 161 |
| 1988 | Kenya | 23 | Ethiopia | 103 | France | 134 |
| 1989 | Kenya | 44 | Great Britain & NI | 147 | Ethiopia | 162 |
| 1990 | Kenya | 42 | Ethiopia | 96 | Spain | 176 |
| 1991 | Kenya | 38 | Ethiopia | 104 | Spain | 198 |
| 1992 | Kenya | 46 | France | 145 | Great Britain & NI | 147 |
| 1993 | Kenya | 25 | Ethiopia | 82 | Portugal | 167 |
| 1994 | Kenya | 34 | Morocco | 83 | Ethiopia | 133 |
| 1995 | Kenya | 62 | Morocco | 111 | Spain | 120 |
| 1996 | Kenya | 33 | Morocco | 99 | Ethiopia | 107 |
| 1997 | Kenya | 51 | Morocco | 70 | Ethiopia | 125 |
| 1998 | Kenya | 12 | Ethiopia | 57 | Morocco | 60 |
| 1999 | Kenya | 12 | Ethiopia | 57 | Portugal | 76 |
| 2000 | Kenya | 18 | Ethiopia | 68 | Portugal | 69 |
| 2001 | Kenya | 33 | France | 72 | United States | 87 |
| 2002 | Kenya | 18 | Ethiopia | 43 | Morocco | 58 |
| 2003 | Kenya | 17 | Ethiopia | 23 | Morocco | 51 |
| 2004 | Ethiopia | 14 | Kenya | 30 | Eritrea | 66 |
| 2005 | Ethiopia | 24 | Kenya | 35 | Qatar | 42 |
| 2006 | Kenya | 24 | Eritrea | 28 | Ethiopia | 42 |
| 2007 | Kenya | 29 | Morocco | 152 | Uganda | 191 |
| 2008 | Kenya | 39 | Ethiopia | 104 | Qatar | 143 |
| 2009 | Kenya | 28 | Ethiopia | 28 | Eritrea | 50 |
| 2010 | Kenya | 20 | Eritrea | 44 | Ethiopia | 66 |

JUNIOR MEN**Individuals****Gold****Silver****Bronze**

| | | | | | | | | | | |
|------|-------|------------------|-----|---------|--------------------|-----|---------|-------------------------|-----|---------|
| 1973 | 7020m | Jim Brown | SCO | 20:52.8 | José Haro | ESP | 21:00.6 | Léon Schots | BEL | 21:07.2 |
| 1974 | 7100m | Rich Kimball | USA | 21:30.8 | Venanzio Ortis | ITA | 21:33.0 | John Treacy | IRL | 21:42.4 |
| 1975 | 7000m | Bobby Thomas | USA | 20:59.8 | José Luis González | ESP | 21:18.0 | John Treacy | IRL | 21:23.0 |
| 1976 | 7800m | Eric Hulst | USA | 23:53.8 | Thom Hunt | USA | 24:06.8 | Nat Muir | SCO | 24:17.0 |
| 1977 | 7500m | Thom Hunt | USA | 23:15.0 | Santiago Llorente | ESP | 23:28.0 | Ari Paunonen | FIN | 23:39.0 |
| 1978 | 7036m | Mick Morton | ENG | 22:57 | Rob Earl | CAN | 23:10 | Francisco Javier Alario | ESP | 23:11 |
| 1979 | 7360m | Eddy De Pauw | BEL | 23:02 | Steve Binns | ENG | 23:09 | Ildar Denikeyev | URS | 23:20 |
| 1980 | 7410m | Jorge Garcia | ESP | 22:17 | Valeriy Gryaznov | URS | 22:23 | Ed Eyestone | USA | 22:27 |
| 1981 | 7250m | Mohammed Chouri | TUN | 22:04 | Yevgeniy Zerebin | URS | 22:06 | Keith Brantly | USA | 22:07 |
| 1982 | 7926m | Zurabachev Gelaw | ETH | 22:46 | Adugna Lema | ETH | 22:47 | Stefano Mei | ITA | 22:49 |
| 1983 | 8033m | Feyissa Abebe | ETH | 24:58 | Angaso Telega | ETH | 24:59 | Jon Richards | ENG | 25:07 |
| 1984 | 8000m | Pere Casacuberta | ESP | 21:32 | Doju Tessema | ETH | 21:34 | John Castellano | CAN | 21:37 |

| | | | | | | | | | | |
|------|-------|---------------------------|-----|---------|------------------------|-----|---------|----------------------|-----|---------|
| 1985 | 8190m | Kipkemboi Kimeli | KEN | 22:18 | Habte Negash | ETH | 22:37 | Woldesilase Milkessa | ETH | 22:37 |
| 1986 | 7750m | Melese Feissa | ETH | 22:47.6 | Sammy Kibiwot | KEN | 22:52.7 | Demeke Bekele | ETH | 22:56.0 |
| 1987 | 7050m | Wilfred Kirochi | KEN | 22:18 | Demeke Bekele | ETH | 22:18 | Debebe Demisse | ETH | 22:20 |
| 1988 | 8031m | Wilfred Kirochi | KEN | 23:25 | Alfonce Muindi | KEN | 23:39 | Bedilu Kibret | ETH | 23:41 |
| 1989 | 8000m | Addis Abebe | ETH | 25:07 | Kipyego Kororia | KEN | 25:31 | Stephen Nyamu | KEN | 25:33 |
| 1990 | 8000m | Kipyego Kororia | KEN | 22:13 | Richard Chelimo | KEN | 22:14 | Fita Bayissa | ETH | 22:24 |
| 1991 | 8415m | Andrew Sambu | TAN | 23:59 | Muindi Mumo | KEN | 24:04 | Fita Bayissa | ETH | 24:04 |
| 1992 | 7800m | Ismael Kirui | KEN | 23:27 | Haile Gebrselassie | ETH | 23:35 | Josphat Machuka | KEN | 23:37 |
| 1993 | 7150m | Philip Mosima | KEN | 20:18 | Christopher Kosgei | KEN | 20:20 | Josphat Machuka | KEN | 20:23 |
| 1994 | 8140m | Philip Mosima | KEN | 24:15 | Daniel Komen | KEN | 24:17 | Abreham Tsige | ETH | 24:46 |
| 1995 | 8470m | Assefa Mezegebu | ETH | 24:12 | Dejene Lidetu | ETH | 24:14 | David Chelule | KEN | 24:16 |
| 1996 | 8350m | David Chelule | KEN | 24:06 | Assefa Mezegebu | ETH | 24:19 | Samuel Chepkok | KEN | 24:24 |
| 1997 | 8511m | Elijah Korir | KEN | 24:21 | Million Wolde | ETH | 24:28 | Paul Kosgei | KEN | 24:29 |
| 1998 | 8000m | Million Wolde | ETH | 22:47 | Richard Limo | KEN | 22:50 | Haylu Mekonnen | ETH | 22:51 |
| 1999 | 8012m | Haylu Mekonnen | ETH | 25:38 | Richard Limo | KEN | 25:43 | Gideon Mitei | KEN | 25:45 |
| 2000 | 8080m | Robert Kipchumba | KEN | 22:49 | Duncan Lebo | KEN | 22:52 | John Cheruiyot Korir | KEN | 22:55 |
| 2001 | 7700m | Kenenisa Bekele | ETH | 25:04 | Duncan Lebo | KEN | 25:37 | Dathan Ritzenhein | USA | 25:46 |
| 2002 | 7974m | Gebregziabher Gebremariam | ETH | 23:18 | Abel Cheruiyot | KEN | 23:19 | Boniface Kiprop | UGA | 23:28 |
| 2003 | 7920m | Eliud Kipchoge | KEN | 22:47 | Boniface Kiprop | UGA | 22:49 | Solomon Bushendich | KEN | 22:51 |
| 2004 | 8000m | Meba Tadesse | ETH | 24:01 | Boniface Kiprop | UGA | 24:03 | Ernest Meli | KEN | 24:16 |
| 2005 | 8108m | Augustine Choge | KEN | 23:59 | Bernard Kiprop Kipyego | KEN | 24:00 | Barnabas Kosgei | KEN | 24:00 |
| 2006 | 8000m | Mang'ata Ndiwa | KEN | 23:53 | Leonard Komon | KEN | 23:54 | Tariku Bekele | ETH | 23:56 |
| 2007 | 8000m | Asbel Kiprop | KEN | 24:07 | Vincent Chepkok | KEN | 24:12 | Mathew Kisorio | KEN | 24:23 |
| 2008 | 7905m | Ibrahim Jeylan | ETH | 22:38 | Ayele Abshero | ETH | 22:40 | Lucas Rotich | KEN | 22:42 |
| 2009 | 8000m | Ayele Abshero | ETH | 23:26 | Titus Mbishei | KEN | 23:30 | Moses Kibet | UGA | 23:35 |
| 2010 | 7759m | Caleb Ndiku | KEN | 22:07 | Clement Langat | KEN | 22:09 | Japhet Korir | KEN | 22:12 |

| Teams | Gold | Silver | Bronze |
|-------|-----------------------|-----------------------|-----------------------|
| 1973 | Spain18 | Italy22 | England.....24 |
| 1974 | United States22 | Morocco58 | Italy90 |
| 1975 | United States29 | Ireland35 | Spain.....44 |
| 1976 | United States16 | Spain60 | England.....91 |
| 1977 | United States36 | Spain40 | Canada67 |
| 1978 | England53 | Canada53 | Spain.....54 |
| 1979 | Spain57 | England74 | USSR75 |
| 1980 | USSR50 | United States75 | Spain.....79 |
| 1981 | United States23 | England61 | Canada66 |
| 1982 | Ethiopia12 | Italy37 | United States70 |
| 1983 | Ethiopia13 | Spain41 | England.....58 |
| 1984 | Ethiopia21 | Spain34 | England.....68 |
| 1985 | Ethiopia16 | Kenya.....26 | Spain.....64 |
| 1986 | Ethiopia13 | Kenya.....32 | Spain.....52 |
| 1987 | Ethiopia19 | Kenya.....20 | Japan73 |
| 1988 | Kenya12 | Ethiopia33 | Spain.....61 |
| 1989 | Kenya14 | Ethiopia22 | Italy76 |
| 1990 | Kenya12 | Ethiopia27 | Italy85 |
| 1991 | Kenya19 | Ethiopia26 | Tanzania54 |
| 1992 | Kenya18 | Ethiopia28 | Japan90 |
| 1993 | Kenya10 | Ethiopia27 | Morocco76 |
| 1994 | Kenya18 | Ethiopia27 | Morocco78 |
| 1995 | Kenya23 | Ethiopia25 | Morocco72 |
| 1996 | Kenya13 | Ethiopia26 | Morocco94 |
| 1997 | Kenya13 | Ethiopia31 | Morocco74 |
| 1998 | Ethiopia16 | Kenya.....20 | Morocco62 |
| 1999 | Kenya16 | Ethiopia24 | Tanzania77 |
| 2000 | Kenya10 | Ethiopia47 | Uganda68 |
| 2001 | Kenya24 | Ethiopia25 | Uganda68 |
| 2002 | Kenya18 | Ethiopia24 | Uganda37 |
| 2003 | Kenya15 | Ethiopia28 | Uganda48 |
| 2004 | Kenya20 | Ethiopia25 | Uganda33 |
| 2005 | Kenya10 | Ethiopia37 | Qatar75 |
| 2006 | Kenya16 | Ethiopia24 | Eritrea44 |
| 2007 | Kenya10 | Eritrea44 | Ethiopia54 |
| 2008 | Kenya21 | Ethiopia28 | Uganda37 |
| 2009 | Kenya20 | Ethiopia22 | Eritrea72 |
| 2010 | Kenya10 | Ethiopia32 | Uganda56 |

WOMEN'S MEDALLISTS

Short Course (introduced in 1998, held until 2006)

| Individuals | Gold | Silver | Bronze |
|-------------|----------------------------------|-----------------------------|----------------------------|
| 1998 | 4000m Sonia O'Sullivan IRL 12:20 | Zahra Ouaziz MAR 12:34 | Kutre Dulecha ETH 12:37 |
| 1999 | 4236m Jackline Maranga KEN 15:09 | Yamna Belkacem FRA 15:16 | Annemari Sandell FIN 15:17 |
| 2000 | 4180m Kutre Dulecha ETH 13:00 | Zahra Ouaziz MAR 13:00 | Margaret Ngotho KEN 13:00 |
| 2001 | 4100m Gete Wami ETH 14:46 | Paula Radcliffe GBR 14:47 | Edith Masai KEN 14:57 |
| 2002 | 4208m Edith Masai KEN 13:30 | Worknesh Kidane ETH 13:36 | Isabella Ochichi KEN 13:39 |
| 2003 | 4030m Edith Masai KEN 12:43 | Worknesh Kidane ETH 12:44 | Jane Wanjiku KEN 12:46 |
| 2004 | 4000m Edith Masai KEN 13:07 | Tirunesh Dibaba ETH 13:09 | Teyiba Erkesso ETH 13:11 |
| 2005 | 4196m Tirunesh Dibaba ETH 13:15 | Worknesh Kidane ETH 13:16 | Isabella Ochichi KEN 13:21 |
| 2006 | 4000m Gelete Burka ETH 12:51 | Priscah Jepleting KEN 12:53 | Meselech Melkamu ETH 12:54 |

| Teams | Gold | Silver | Bronze |
|-------|------------------|------------------|-----------------------|
| 1998 | Morocco57 | Ethiopia58 | United States68 |
| 1999 | France40 | Ethiopia48 | Morocco69 |
| 2000 | Portugal46 | Ethiopia55 | France.....57 |
| 2001 | Ethiopia26 | Kenya32 | Romania78 |
| 2002 | Ethiopia32 | Kenya34 | Ireland85 |
| 2003 | Kenya18 | Ethiopia24 | Russia.....76 |
| 2004 | Ethiopia19 | Kenya21 | Canada87 |
| 2005 | Ethiopia18 | Kenya19 | United States67 |
| 2006 | Ethiopia25 | Kenya26 | Australia69 |

Long Course**Individuals**

| | | | | | | | | | | |
|------|-------|--------------------|-----|---------|-------------------------|-----|---------|----------------------|-----|---------|
| 1973 | 3990m | Paola Cacchi | ITA | 13:45.2 | Joyce Smith | ENG | 13:58.0 | Josée van Santberghe | BEL | 14:01.0 |
| 1974 | 4000m | Paola Cacchi | ITA | 12:42.0 | Nina Holmen | FIN | 12:47.6 | Rita Ridley | ENG | 12:54.0 |
| 1975 | 3900m | Julie Brown | USA | 13:42 | Bronislawa Ludwichowska | POL | 13:47 | Carmen Valero | ESP | 13:48 |
| 1976 | 4800m | Carmen Valero | ESP | 16:19.4 | Tatyana Kazankina | URS | 16:39.0 | Gabriela Dorio | ITA | 16:56.0 |
| 1977 | 5100m | Carmen Valero | ESP | 17:26 | Lyudmila Bragina | URS | 17:28 | Giana Romanova | URS | 17:35 |
| 1978 | 4728m | Grete Waitz | NOR | 16:19 | Natalia Marasescu | ROU | 16:49 | Maricica Puica | ROU | 16:59 |
| 1979 | 5040m | Grete Waitz | NOR | 16:48 | Raisa Smekhnova | URS | 17:14 | Ellison Goodall | USA | 17:18 |
| 1980 | 4820m | Grete Waitz | NOR | 15:05 | Irina Bondarchuk | URS | 15:49 | Yelena Chernysheva | URS | 15:52 |
| 1981 | 4410m | Grete Waitz | NOR | 14:07 | Jan Merrill | USA | 14:22 | Yelena Sipatova | URS | 14:22 |
| 1982 | 4663m | Maricica Puica | ROU | 14:39 | Fita Lovin | ROU | 14:41 | Grete Waitz | NOR | 14:44 |
| 1983 | 4072m | Grete Waitz | NOR | 13:29 | Alison Wiley | CAN | 13:37 | Tatyana Pozdnyakova | URS | 13:37 |
| 1984 | 5000m | Maricica Puica | ROU | 15:56 | Galina Zakharova | URS | 15:58 | Grete Waitz | NOR | 15:58 |
| 1985 | 4990m | Zola Budd | ENG | 15:01 | Cathy Branta | USA | 15:24 | Ingrid Kristiansen | NOR | 15:27 |
| 1986 | 4650m | Zola Budd | ENG | 14:49.6 | Lynn Jennings | USA | 15:07.8 | Annette Sergent | FRA | 15:12.2 |
| 1987 | 5050m | Annette Sergent | FRA | 16:46 | Liz Lynch | SCO | 16:48 | Ingrid Kristiansen | NOR | 16:51 |
| 1988 | 5962m | Ingrid Kristiansen | NOR | 19:04 | Angela Tooby | GBR | 19:23 | Annette Sergent | FRA | 19:29 |
| 1989 | 6000m | Annette Sergent | FRA | 22:27 | Nadezhda Stepanova | URS | 22:34 | Lynn Williams | CAN | 22:41 |
| 1990 | 6000m | Lynn Jennings | USA | 19:21 | Albertina Dias | POR | 19:33 | Yelena Romanova | URS | 19:33 |
| 1991 | 6425m | Lynn Jennings | USA | 20:24 | Derartu Tulu | ETH | 20:27 | Liz McColgan | GBR | 20:28 |
| 1992 | 6370m | Lynn Jennings | USA | 21:16 | Catherina McKiernan | IRL | 21:18 | Albertina Dias | POR | 21:19 |
| 1993 | 6350m | Albertina Dias | POR | 20:00 | Catherina McKiernan | IRL | 20:09 | Lynn Jennings | USA | 20:09 |
| 1994 | 6220m | Hellen Chepngeno | KEN | 20:45 | Catherina McKiernan | IRL | 20:52 | Conceição Ferreira | POR | 20:52 |
| 1995 | 6470m | Derartu Tulu | ETH | 20:21 | Catherina McKiernan | IRL | 20:29 | Sally Barsosio | KEN | 20:39 |
| 1996 | 6300m | Gete Wami | ETH | 20:12 | Rose Cheruiyot | KEN | 20:18 | Naomi Mugo | KEN | 20:21 |
| 1997 | 6600m | Derartu Tulu | ETH | 20:53 | Paula Radcliffe | GBR | 20:55 | Gete Wami | ETH | 21:00 |
| 1998 | 8000m | Sonia O'Sullivan | IRL | 25:39 | Paula Radcliffe | GBR | 25:42 | Gete Wami | ETH | 25:49 |
| 1999 | 8012m | Gete Wami | ETH | 28:00 | Merima Denboba | ETH | 28:12 | Paula Radcliffe | GBR | 28:12 |
| 2000 | 8080m | Derartu Tulu | ETH | 25:42 | Gete Wami | ETH | 25:48 | Susan Chepkemei | KEN | 25:50 |
| 2001 | 7700m | Paula Radcliffe | GBR | 27:49 | Gete Wami | ETH | 27:52 | Lydia Cheromei | KEN | 28:07 |
| 2002 | 7974m | Paula Radcliffe | GBR | 26:55 | Deena Drossin | USA | 27:04 | Colleen de Reuck | USA | 27:17 |
| 2003 | 7920m | Worknesh Kidane | ETH | 25:53 | Deena Drossin | USA | 26:02 | Merima Denboba | ETH | 26:28 |
| 2004 | 8000m | Benita Johnson | AUS | 27:17 | Ejagayou Dibaba | ETH | 27:29 | Worknesh Kidane | ETH | 27:34 |
| 2005 | 8108m | Tirunesh Dibaba | ETH | 26:34 | Alice Timbilil | KEN | 26:37 | Worknesh Kidane | ETH | 26:37 |
| 2006 | 8000m | Tirunesh Dibaba | ETH | 25:21 | Lornah Kiplagat | NED | 25:26 | Meselech Melkamu | ETH | 25:38 |
| 2007 | 8000m | Lornah Kiplagat | NED | 26:23 | Tirunesh Dibaba | ETH | 26:47 | Meselech Melkamu | ETH | 26:48 |
| 2008 | 7905m | Tirunesh Dibaba | ETH | 25:10 | Mestawet Tufa | ETH | 25:15 | Linet Masai | KEN | 25:18 |
| 2009 | 8000m | Florence Kiplagat | KEN | 26:13 | Linet Masai | KEN | 26:16 | Meselech Melkamu | ETH | 26:19 |
| 2010 | 7759m | Emiliv Chebet | KEN | 24:19 | Linet Masai | KEN | 24:20 | Meselech Melkamu | ETH | 24:26 |

Teams

| Gold | | | Silver | | | Bronze | | |
|-------------|---------------|----|--------------------|----|--------------------|---------------|--|--|
| 1973 | England | 40 | Finland | 73 | United States | 90 | | |
| 1974 | England | 28 | Italy | 50 | Finland | 61 | | |
| 1975 | United States | 44 | New Zealand | 50 | Poland | 61 | | |
| 1976 | USSR | 33 | Italy | 59 | United States | 64 | | |
| 1977 | USSR | 15 | United States | 48 | New Zealand | 76 | | |
| 1978 | Romania | 30 | United States | 37 | England | 55 | | |
| 1979 | United States | 29 | USSR | 48 | England | 68 | | |
| 1980 | USSR | 15 | England | 49 | United States | 49 | | |
| 1981 | USSR | 24 | United States | 36 | Italy | 89 | | |
| 1982 | USSR | 44 | Italy | 57 | England | 67 | | |
| 1983 | United States | 31 | USSR | 41 | Canada | 53 | | |
| 1984 | United States | 52 | England | 65 | New Zealand | 91 | | |
| 1985 | United States | 42 | USSR | 77 | Romania | 96 | | |
| 1986 | England | 65 | New Zealand | 67 | France | 76 | | |
| 1987 | United States | 46 | France | 50 | USSR | 55 | | |
| 1988 | USSR | 51 | Great Britain & NI | 61 | France | 72 | | |
| 1989 | USSR | 58 | France | 60 | United States | 68 | | |
| 1990 | USSR | 37 | Ethiopia | 75 | Portugal | 80 | | |
| 1991 | Kenya | 36 | Ethiopia | 36 | USSR | 48 | | |
| 1992 | Kenya | 47 | United States | 77 | Ethiopia | 96 | | |
| 1993 | Kenya | 52 | Japan | 93 | France | 100 | | |
| 1994 | Portugal | 55 | Ethiopia | 65 | Kenya | 75 | | |
| 1995 | Kenya | 26 | Ethiopia | 38 | Romania | 84 | | |
| 1996 | Kenya | 24 | Ethiopia | 44 | Romania | 70 | | |
| 1997 | Ethiopia | 24 | Kenya | 34 | Ireland | 64 | | |
| 1998 | Kenya | 30 | Ethiopia | 37 | Great Britain & NI | 74 | | |
| 1999 | Ethiopia | 18 | Kenya | 27 | Portugal | 94 | | |
| 2000 | Ethiopia | 20 | Kenya | 23 | United States | 98 | | |
| 2001 | Kenya | 18 | Ethiopia | 70 | France | 77 | | |
| 2002 | Ethiopia | 28 | United States | 38 | Kenya | 41 | | |
| 2003 | Ethiopia | 17 | Kenya | 30 | United States | 36 | | |
| 2004 | Ethiopia | 26 | Kenya | 30 | Great Britain & NI | 74 | | |
| 2005 | Ethiopia | 16 | Kenya | 22 | Portugal | 86 | | |
| 2006 | Ethiopia | 16 | Kenya | 39 | Japan | 80 | | |
| 2007 | Ethiopia | 26 | Kenya | 26 | Morocco | 99 | | |
| 2008 | Ethiopia | 18 | Kenya | 22 | Australia | 84 | | |
| 2009 | Kenya | 14 | Ethiopia | 28 | Portugal | 72 | | |
| 2010 | Kenya | 14 | Ethiopia | 22 | United States | 76 | | |

JUNIOR WOMEN**Individuals**

| | | | | | | | | | | |
|------|-------|------------------|-----|-------|-------------------|-----|-------|---------------------|-----|-------|
| 1989 | 4000m | Malin Ewerlöf | SWE | 15:23 | Olga Nazarkina | URS | 15:30 | Esther Saina | KEN | 15:41 |
| 1990 | 4400m | Liu Shixiang | CHN | 14:19 | Yan Qinglan | CHN | 14:20 | Susan Chepkemei | KEN | 14:22 |
| 1991 | 4435m | Lydia Cheromei | KEN | 13:59 | Jane Ekimat | KEN | 14:20 | Melody Fairchild | USA | 14:28 |
| 1992 | 4005m | Paula Radcliffe | GBR | 13:30 | Wang Junxia | CHN | 13:35 | Lydia Cheromei | KEN | 13:43 |
| 1993 | 4450m | Gladys Ondeyo | KEN | 14:04 | Pamela Chepchumba | KEN | 14:09 | Sally Barsosio | KEN | 14:11 |
| 1994 | 4300m | Sally Barsosio | KEN | 14:04 | Rose Cheruiyot | KEN | 14:05 | Elizabeth Cheptanui | KEN | 14:15 |
| 1995 | 4470m | Annemari Sandell | FIN | 14:04 | Jebiwot Keitany | KEN | 14:09 | Nancy Kipron | KEN | 14:17 |

| | | | | | | | | | | |
|------|-------|-------------------|-----|-------|--------------------|-----|-------|--------------------|-----|-------|
| 1996 | 4220m | Kutre Dulecha | ETH | 13:27 | Annemari Sandell | FIN | 13:32 | Jepkorir Aiyabei | KEN | 13:35 |
| 1997 | 4689m | Rose Koskei | KEN | 14:58 | Priscah Jepleting | KEN | 14:59 | Ayelech Worku | ETH | 15:02 |
| 1998 | 6000m | Yimenashu Taye | ETH | 19:32 | Jeruto Kiptum | KEN | 19:34 | Worknesh Kidane | ETH | 19:34 |
| 1999 | 6124m | Worknesh Kidane | ETH | 21:26 | Vivian Cheruiyot | KEN | 21:37 | Yoshiko Fujinaga | JPN | 21:41 |
| 2000 | 6290m | Vivian Cheruiyot | KEN | 20:34 | Alice Timbilil | KEN | 20:35 | Viola Kibiwott | KEN | 20:36 |
| 2001 | 5900m | Viola Kibiwott | KEN | 22:05 | Abebech Nigussie | ETH | 22:05 | Aster Bacha | ETH | 22:05 |
| 2002 | 5962m | Viola Kibiwott | KEN | 20:13 | Tirunesh Dibaba | ETH | 20:14 | Vivian Cheruiyot | KEN | 20:22 |
| 2003 | 6215m | Tirunesh Dibaba | ETH | 20:21 | Peninah Chepchumba | KEN | 20:22 | Gelete Burka | ETH | 20:28 |
| 2004 | 6000m | Meselech Melkamu | ETH | 20:48 | Aziza Aliye | ETH | 20:53 | Mestawet Tadesse | ETH | 20:56 |
| 2005 | 6153m | Gelete Burka | ETH | 20:12 | Veronica Nyaruai | KEN | 20:39 | Beatrice Chepngeno | KEN | 20:44 |
| 2006 | 6000m | Pauline Korikwang | KEN | 19:27 | Veronica Nyaruai | KEN | 19:27 | Mercy Kosgei | KEN | 19:45 |
| 2007 | 6000m | Linet Masai | KEN | 20:52 | Mercy Kosgei | KEN | 20:59 | Veronica Nyaruai | KEN | 21:10 |
| 2008 | 6040m | Genzebe Dibaba | ETH | 19:59 | Irine Cheptai | KEN | 20:04 | Emebet Eta'a | ETH | 20:06 |
| 2009 | 6000m | Genzebe Dibaba | ETH | 20:14 | Mercy Cheronono | KEN | 20:17 | Jackline Chepngeno | KEN | 20:27 |
| 2010 | 5833m | Mercy Cheronono | KEN | 18:47 | Purity Rionoripo | KEN | 18:54 | Esther Chemtai | KEN | 18:55 |

| Teams | Gold | Silver | Bronze |
|-------|------------------|------------------|---------------------|
| 1989 | Kenya40 | USSR68 | Portugal84 |
| 1990 | Kenya20 | Japan44 | PR of China68 |
| 1991 | Kenya18 | Ethiopia40 | Japan43 |
| 1992 | Ethiopia55 | Romania59 | Kenya59 |
| 1993 | Kenya10 | Japan41 | Ethiopia61 |
| 1994 | Kenya11 | Ethiopia46 | Japan60 |
| 1995 | Kenya18 | Ethiopia31 | Japan56 |
| 1996 | Kenya21 | Ethiopia26 | Japan70 |
| 1997 | Kenya15 | Japan38 | Ethiopia39 |
| 1998 | Ethiopia16 | Kenya20 | Japan68 |
| 1999 | Ethiopia20 | Kenya31 | Japan46 |
| 2000 | Kenya12 | Ethiopia24 | Japan78 |
| 2001 | Ethiopia16 | Kenya20 | Japan59 |
| 2002 | Kenya13 | Ethiopia24 | Japan63 |
| 2003 | Ethiopia14 | Kenya22 | Morocco78 |
| 2004 | Ethiopia10 | Kenya36 | Japan67 |
| 2005 | Kenya16 | Ethiopia22 | Japan56 |
| 2006 | Kenya10 | Ethiopia29 | Japan58 |
| 2007 | Kenya13 | Eritrea33 | Ethiopia36 |
| 2008 | Ethiopia16 | Kenya20 | Japan57 |
| 2009 | Ethiopia18 | Kenya18 | Japan76 |
| 2010 | Kenya10 | Ethiopia32 | Uganda56 |

AGES OF WORLD CROSS COUNTRY CHAMPIONS

MEN

Short Course

| | | |
|------|---------------------|-------------------|
| 1998 | John Kibowen KEN | 28 years 334 days |
| 1999 | Benjamin Limo KEN | 24 years 216 days |
| 2000 | John Kibowen KEN | 30 years 332 days |
| 2001 | Enock Koech KEN | 19 years 354 days |
| 2002 | Kenenisa Bekele ETH | 19 years 283 days |
| 2003 | Kenenisa Bekele ETH | 20 years 289 days |
| 2004 | Kenenisa Bekele ETH | 21 years 281 days |
| 2005 | Kenenisa Bekele ETH | 22 years 279 days |
| 2006 | Kenenisa Bekele ETH | 23 years 292 days |

Long Course

| | | |
|------|----------------------|-------------------|
| 1973 | Pekka Päiväranta FIN | 23 years 317 days |
| 1974 | Eric de Beck BEL | 22 years 283 days |
| 1975 | Ian Stewart SCO | 26 years 60 days |
| 1976 | Carlos Lopes POR | 29 years 10 days |
| 1977 | Léon Schots BEL | 24 years 282 days |
| 1978 | John Treacy IRL | 20 years 295 days |
| 1979 | John Treacy IRL | 21 years 294 days |
| 1980 | Craig Virgin USA | 24 years 220 days |
| 1981 | Craig Virgin USA | 25 years 238 days |
| 1982 | Mohamed Kedir ETH | 28 years 196 days |
| 1983 | Bekele Debele ETH | 20 years 8 days |
| 1984 | Carlos Lopes POR | 37 years 36 days |
| 1985 | Carlos Lopes POR | 38 years 34 days |
| 1986 | John Ngugi KEN | 23 years 316 days |
| 1987 | John Ngugi KEN | 24 years 316 days |
| 1988 | John Ngugi KEN | 25 years 321 days |
| 1989 | John Ngugi KEN | 26 years 313 days |
| 1990 | Khalid Skah MAR | 23 years 54 days |
| 1991 | Khalid Skah MAR | 24 years 54 days |
| 1992 | John Ngugi KEN | 29 years 316 days |

| | | |
|------|---------------------------------|-------------------|
| 1993 | William Sigei KEN | 23 years 168 days |
| 1994 | William Sigei KEN | 24 years 166 days |
| 1995 | Paul Tergat KEN | 25 years 281 days |
| 1996 | Paul Tergat KEN | 26 years 280 days |
| 1997 | Paul Tergat KEN | 27 years 279 days |
| 1998 | Paul Tergat KEN | 28 years 278 days |
| 1999 | Paul Tergat KEN | 29 years 284 days |
| 2000 | Mohammed Mourhit BEL | 29 years 161 days |
| 2001 | Mohammed Mourhit BEL | 30 years 166 days |
| 2002 | Kenenisa Bekele ETH | 19 years 284 days |
| 2003 | Kenenisa Bekele ETH | 20 years 290 days |
| 2004 | Kenenisa Bekele ETH | 21 years 282 days |
| 2005 | Kenenisa Bekele ETH | 22 years 280 days |
| 2006 | Kenenisa Bekele ETH | 23 years 293 days |
| 2007 | Zersenay Tadesse ERI | 25 years 44 days |
| 2008 | Kenenisa Bekele ETH | 25 years 291 days |
| 2009 | Gebre-egziabher Gebremariam ETH | 24 years 199 days |
| 2010 | Joseph Ebuya KEN | 22 years 281 days |

Juniors

| | | |
|------|----------------------|-------------------|
| 1973 | Jim Brown SCO | 20 years 185 days |
| 1974 | Rich Kimball USA | 17 years 331 days |
| 1975 | Bobby Thomas USA | 18 years 231 days |
| 1976 | Eric Hulst USA | 19 years 31 days |
| 1977 | Thom Hunt USA | 19 years 3 days |
| 1978 | Mick Morton ENG | 18 years 132 days |
| 1979 | Eddy de Pauw BEL | 18 years 290 days |
| 1980 | Jorge García ESP | 18 years 312 days |
| 1981 | Mohammed Chouri MAR | 18 years 325 days |
| 1982 | Zurbachev Gelaw ETH | 16/17 years |
| 1983 | Feyissa Abebe ETH | 18 years 105 days |
| 1984 | Pere Casacuberta ESP | 18 years 348 days |
| 1985 | Kipkemboi Kimeli KEN | 18 years 114 days |
| 1986 | Melese Feissa ETH | 18 years 105 days |
| 1987 | Wilfred Kirochi KEN | 17 years 100 days |
| 1988 | Wilfred Kirochi KEN | 18 years 105 days |
| 1989 | Addis Abebe ETH | 18 years 195 days |

| | | |
|------|---------------------------------|-------------------|
| 1990 | Kipyego Kororia KEN | 18 years 89 days |
| 1991 | Andrew Sambu TAN | 18 years 170 days |
| 1992 | Ismael Kirui KEN | 17 years 30 days |
| 1993 | Philip Mosima KEN | 16 years 85 days |
| 1994 | Philip Mosima KEN | 17 years 83 days |
| 1995 | Assefa Mezegebu ETH | 16 years 279 days |
| 1996 | David Chelule KEN | 18 years 260 days |
| 1997 | Elijah Korir KEN | 18 years 342 days |
| 1998 | Million Wolde ETH | 19 years 5 days |
| 1999 | Haylu Mekonnen ETH | 18 years 358 days |
| 2000 | Robert Kipchumba KEN | 16 years 24 days |
| 2001 | Kenenisa Bekele ETH | 18 years 285 days |
| 2002 | Gebre-egziabher Gebremariam ETH | 17 years 195 days |
| 2003 | Eliud Kipchoge ETH | 18 years 145 days |
| 2004 | Meba Tadesse ETH | 17/18 years |
| 2005 | Augustine Choge KEN | 18 years 58 days |
| 2006 | Mang'ata Ndiwa KEN | 18/19 years |
| 2007 | Asbel Kiprop KEN | 17 years 267 days |
| 2008 | Ibrahim Jeylan ETH | 18 years 292 days |
| 2009 | Ayele Abshero ETH | 18 years 90 days |
| 2010 | Caleb Ndiku KEN | 17 years 170 days |

WOMEN**Short Course**

| | | |
|------|----------------------|-------------------|
| 1998 | Sonia O'Sullivan IRL | 28 years 113 days |
| 1999 | Jackline Maranga KEN | 21 years 102 days |
| 2000 | Kutre Dulecha ETH | 21 years 210 days |
| 2001 | Gete Wami ETH | 26 years 104 days |
| 2002 | Edith Masai KEN | 34 years 354 days |
| 2003 | Edith Masai KEN | 35 years 360 days |
| 2004 | Edith Masai KEN | 36 years 352 days |
| 2005 | Tirunesh Dibaba ETH | 19 years 170 days |
| 2006 | Gelete Burka ETH | 20 years 69 days |

Long Course

| | | |
|------|------------------------|-------------------|
| 1973 | Paola Pigni ITA | 27 years 77 days |
| 1974 | Paola Cacchi ITA | 28 years 76 days |
| 1975 | Julie Brown USA | 20 years 40 days |
| 1976 | Carmen Valero ESP | 20 years 147 days |
| 1977 | Carmen Valero ESP | 21 years 167 days |
| 1978 | Grete Waitz NOR | 24 years 176 days |
| 1979 | Grete Waitz NOR | 25 years 175 days |
| 1980 | Grete Waitz NOR | 26 years 160 days |
| 1981 | Grete Waitz NOR | 27 years 178 days |
| 1982 | Maricia Puica ROU | 31 years 235 days |
| 1983 | Grete Waitz NOR | 29 years 170 days |
| 1984 | Maricia Puica ROU | 33 years 240 days |
| 1985 | Zola Budd ENG | 18 years 302 days |
| 1986 | Zola Budd ENG | 19 years 300 days |
| 1987 | Annette Sergent FRA | 24 years 125 days |
| 1988 | Ingrid Kristiansen NOR | 32 years 5 days |
| 1989 | Annette Sergent FRA | 26 years 122 days |
| 1990 | Lynn Jennings USA | 29 years 266 days |
| 1991 | Lynn Jennings USA | 30 years 266 days |
| 1992 | Lynn Jennings USA | 31 years 264 days |
| 1993 | Albertina Dias POR | 27 years 336 days |
| 1994 | Hellen Chepngeno KEN | 26 years 236 days |
| 1995 | Derartu Tulu ETH | 23 years 4 days |
| 1996 | Gete Wami ETH | 21 years 103 days |
| 1997 | Derartu Tulu ETH | 25 years 2 days |
| 1998 | Sonia O'Sullivan IRL | 28 years 114 days |
| 1999 | Gete Wami ETH | 24 years 106 days |
| 2000 | Derartu Tulu ETH | 27 years 363 days |
| 2001 | Paula Radcliffe GBR | 27 years 97 days |
| 2002 | Paula Radcliffe GBR | 28 years 96 days |
| 2003 | Worknesh Kidane ETH | 21 years 128 days |
| 2004 | Benita Johnson AUS | 24 years 319 days |
| 2005 | Tirunesh Dibaba ETH | 19 years 169 days |
| 2006 | Tirunesh Dibaba ETH | 20 years 182 days |
| 2007 | Lornah Kiplagat NED | 32 years 327 days |

| | | |
|------|-----------------------|-------------------|
| 2008 | Tirunesh Dibaba ETH | 22 years 181 days |
| 2009 | Florence Kiplagat KEN | 22 years 29 days |
| 2010 | Emily Chebet KEN | 24 years 38 days |

Junior Women

| | | |
|------|-----------------------|-------------------|
| 1989 | Malin Ewerlöf SWE | 16 years 290 days |
| 1990 | Liu Shixiang CHN | 19 years 70 days |
| 1991 | Lydia Cheromei KEN | 13 years 317 days |
| 1992 | Paula Radcliffe GBR | 18 years 95 days |
| 1993 | Gladys Ondo KEN | 17 years 322 days |
| 1994 | Sally Barsosio KEN | 16 years 5 days |
| 1995 | Annemari Sandell FIN | 18 years 82 days |
| 1996 | Kutre Dulecha ETH | 17 years 214 days |
| 1997 | Rose Kosgei KEN | 15 years 213 days |
| 1998 | Yimenashu Taye ETH | 18/19 years |
| 1999 | Worknesh Kidane ETH | 17 years 126 days |
| 2000 | Vivian Cheruiyot KEN | 16 years 281 days |
| 2001 | Viola Kibiwott KEN | 17 years 92 days |
| 2002 | Viola Kibiwott KEN | 18 years 91 days |
| 2003 | Tirunesh Dibaba ETH | 17 years 300 days |
| 2004 | Meselech Melkamu ETH | 18 years 336 days |
| 2005 | Gelete Burka ETH* | 19 years 55 days |
| 2006 | Pauline Korikwian KEN | 18 years 31 days |
| 2007 | Linet Masai KEN | 17 years 109 days |
| 2008 | Genzebe Dibaba ETH | 17 years 51 days |
| 2009 | Genzebe Dibaba ETH | 18 years 48 days |
| 2010 | Mercy Cherono KEN | 18 years 325 days |

* Age is computed from her current accepted birthdate of January 23, 1986; Her entry birthdate at the 2005 championships was February 15, 1986

MOST APPEARANCES**Men**

| | | |
|----|--------------------------|------------------------------------|
| 18 | Domingos Castro POR | 82/86-2001/2003 |
| 17 | Alejandro Gómez ESP | 85-91/93-2001/2004/2005 |
| 15 | Fernando Mamede POR | 73/76-89 |
| | Antonio Prieto ESP | 77-85/87-91 |
| | Paul McCloy CAN | 81-88/90-96 |
| 14 | Pierre Levisse FRA | 76-78/81-91 |
| 13 | Hans-Jürgen Orthmann FRG | 75-87 |
| | José Manuel García ESP | 83-85/90-92/94-99/2002 |
| | Joël Bourgeois CAN | 90/92/97-05/08/09 |
| 12 | Gerry Deegan IRL | 73-74/76-83/86-87 |
| | Nat Muir SCO | 73-83/85/87 |
| | Ezequiel Canario POR | 78-79/82-84/86-91/94 |
| | Dave Clarke ENG/GBR | 77/81-83/85-87/89/92-95 |
| | Constantino Esparcía ESP | 78/79/82-91 |
| | José Carlos Adán ESP | 86/89-95/97/99-2002 |
| | Paulo Guerra POR | 89/92-2001/2007 |
| 11 | Santiago de la Parte ESP | 73-83 |
| | John Treacy IRL | 74-75/78-80/82-86/88 |
| | Thierry Watrice FRA | 76/78/80-84/86-87/89-90 |
| | Jos Maes BEL | 79/84-85/87-93/96 |
| | Salvatore Bettiol ITA | 80/86-92/94-96 |
| | Steve Moneghetti AUS | 85/86/87/88/89/91/92/96/97/2001/04 |
| | Umberto Pusterla ITA | 86/92-95/97/99/02-05 |
| | Kevin Sullivan CAN | 90-93/99-01/03-06 |
| 10 | 21 men | |

Women

| | | |
|----|-------------------------|---|
| 17 | Conceição Ferreira POR | 82-85/87-94/96-2000 |
| 15 | Kathy Butler CAN/GBR | 90-97/99/2001-2006 |
| 14 | Montserrat Abello ESP | 73-80/82-88 |
| | Anja Smolders BEL | 91-2004 |
| 13 | Mary O'Connor NZL | 79/81-91/93 |
| | Elena Fidatof ROU | 84-86/90-93/95-97/2000-02 |
| | Anne Keenan-Buckley IRL | 85/87-88/91/93/95-96/98-2003 |
| | Teresa Recio ESP | 85/86/87/94/96/98/99/00/01/2002/2004-2006 |

| | | | | | | | |
|----|----------------------------|-------------------------------------|--------------------------|---|---|---|---|
| 13 | Ana Dias POR | 93/95-96/99-06/09/10 | Joseph Kiptum KEN | 4 | - | 2 | 6 |
| 12 | Merima Denboba ETH | 91-95/97-2003 | Thom Hunt USA | 3 | 3 | - | 6 |
| | Jacqueline Martín ESP | 92-93/95/98-99/01-02/04-05/08-09/10 | Carlos Lopes POR | 3 | 2 | 1 | 6 |
| | Alessandra Aguilar ESP | 96-97/00-06/08-09/10 | John Cheruiyot Korir KEN | 3 | 2 | 1 | 6 |
| 11 | Joelle Debrouwers FRA | 74-84 | Charles Kamathi KEN | 3 | 2 | 1 | 6 |
| | Annette Sergent/Palluy FRA | 85-90/93-96 | Some Muge KEN | 3 | - | 3 | 6 |
| | Teresa Duffy NIR/IRL | 86-87/90/92-96/98-99/2002 | John Treacy IRL | 2 | 2 | 2 | 6 |
| | Getenesh Urge ETH | 89-90/92-2000 | Demeke Bekele ETH | 2 | 2 | 2 | 6 |
| | Julia Vaquero ESP | 89-98/2000 | Addis Abebe ETH | 1 | 4 | 1 | 6 |
| | Paula Radcliffe GBR | 91-93/95-2002 | Abraham Assefa ETH | - | 4 | 2 | 6 |
| | Gete Wami ETH | 91-92/94-01/05 | Habte Jifar ETH | - | 4 | 2 | 6 |
| | Fatima Yvelain MAR/FRA | 86-87/90/98-02/04-05/10 | Ed Eyestone USA | - | 3 | 3 | 6 |
| | Judit Plá ESP | 96-97/01-02/04-10 | José Manuel García ESP | - | 2 | 4 | 6 |
| 10 | 16 women | | Adil Kaouch MAR | - | 2 | 4 | 6 |

MOST MEDALS, BY ATHLETE

In 1984-2007, team medals were given to all members starting the race whether they finished or not. From 2008 the IAAF decided to no longer award medals to non-finishers.

Men

| Individual & team | Gold | Silver | Bronze | Total |
|---------------------------------|------|--------|--------|-------|
| Kenenisa Bekele ETH | 16 | 9 | 2 | 27 |
| Gebre-egziabher Gebremariam ETH | 6 | 7 | 3 | 16 |
| Paul Tergat KEN | 13 | - | 1 | 14 |
| John Ngugi KEN | 12 | - | - | 12 |
| Ismael Kirui KEN | 8 | 1 | 2 | 11 |
| Haylu Mekonnen ETH | 2 | 4 | 5 | 11 |
| Assefa Mezegebu ETH | 1 | 8 | 2 | 11 |
| John Kibowen KEN | 7 | 1 | 1 | 9 |
| Bekele Debele ETH | 5 | 2 | 2 | 9 |
| Paul Kosgei KEN | 5 | 1 | 3 | 9 |
| Paul Kipkoech KEN | 4 | 4 | 1 | 9 |
| Craig Virgin USA | 2 | 5 | 2 | 9 |
| Mohammed Kedir ETH | 6 | 2 | - | 8 |
| Moses Tanui KEN | 6 | 2 | - | 8 |
| Patrick Ivuti KEN | 6 | 2 | - | 8 |
| Benjamin Limo KEN | 6 | - | 2 | 8 |
| Richard Limo KEN | 4 | 4 | - | 8 |
| Bernie Ford ENG | 3 | 3 | 2 | 8 |
| Albert Chepkurui KEN/ | | | | |
| Ahmad Hassan Abdullah QAT | 3 | 1 | 4 | 8 |
| Million Wolde ETH | 2 | 5 | 1 | 8 |
| Melese Feissa ETH | 2 | 3 | 3 | 8 |
| Sileshi Sihine ETH | 1 | 5 | 2 | 8 |
| Salah Hissou MAR | - | 6 | 2 | 8 |
| Fita Bayissa ETH | - | 4 | 4 | 8 |
| Boniface Kiprop UGA | - | 2 | 6 | 8 |
| Paul Koech KEN | 6 | 1 | - | 7 |
| Boniface Merande KEN | 6 | 1 | - | 7 |
| Sammy Kipketer KEN | 5 | 2 | - | 7 |
| Leonard Komon KEN | 5 | 2 | - | 7 |
| Wodajo Bulti ETH | 4 | 1 | 2 | 7 |
| Karel Lismont BEL | 3 | 1 | 3 | 7 |
| Mohamed Awol ETH | 2 | 4 | 1 | 7 |
| Habte Negash ETH | 2 | 3 | 2 | 7 |
| Debebe Demisse ETH | 2 | 3 | 2 | 7 |
| Wolde Silasse Melkessa ETH | 2 | 2 | 3 | 7 |
| Zersenay Tadese ERI | 1 | 2 | 4 | 7 |
| Haile Gebrselassie ETH | - | 4 | 3 | 7 |
| Ayele Mezegebu ETH | - | 4 | 3 | 7 |
| Philip Mosima KEN | 6 | - | - | 6 |
| Hosea Macharinyang KEN | 6 | - | - | 6 |
| Moses Mosop KEN | 4 | 2 | - | 6 |
| Wilfred Kirochi KEN | 4 | 1 | 1 | 6 |

Individual medals only

| | | | | |
|---------------------------------|----|---|---|----|
| Kenenisa Bekele ETH | 12 | 1 | - | 13 |
| Paul Tergat KEN | 5 | - | 1 | 6 |
| John Ngugi KEN | 5 | - | - | 5 |
| Carlos Lopes POR | 3 | 2 | - | 5 |
| Gebre-egziabher Gebremariam ETH | 2 | 2 | 1 | 5 |
| John Treacy IRL | 2 | - | 2 | 4 |
| Assefa Mezegebu ETH | 1 | 2 | 1 | 4 |
| Ismael Kirui KEN | 1 | 1 | 2 | 4 |
| Zersenay Tadese ERI | 1 | 1 | 2 | 4 |
| Haylu Mekonnen ETH | 1 | - | 3 | 4 |
| Paul Kosgei KEN | - | 1 | 3 | 4 |

Women

| Individual & team | Gold | Silver | Bronze | Total |
|------------------------------|------|--------|--------|-------|
| Worknesh Kidane ETH | 11 | 6 | 4 | 21 |
| Tirunesh Dibaba ETH | 14 | 6 | - | 20 |
| Gete Wami ETH | 9 | 8 | 2 | 19 |
| Meselech Melkamu ETH | 9 | 2 | 5 | 15 |
| Merima Denboba ETH | 6 | 7 | 2 | 15 |
| Derartu Tulu ETH | 6 | 5 | 1 | 12 |
| Sally Barsosio KEN | 7 | 2 | 2 | 11 |
| Vivian Cheruiyot KEN | 3 | 7 | 1 | 11 |
| Prisca Jepleting/Cherono KEN | 2 | 8 | - | 10 |
| Gelete Burka ETH | 6 | 2 | 1 | 9 |
| Ayelech Worku ETH | 4 | 3 | 2 | 9 |
| Pamela Chepchumba KEN | 4 | 3 | 2 | 9 |
| Lydia Cheromei KEN | 4 | 2 | 3 | 9 |
| Susan Chepkemei KEN | 3 | 3 | 3 | 9 |
| Annette Sergent FRA | 2 | 2 | 5 | 9 |
| Getenesh Urge ETH | 1 | 7 | 1 | 9 |
| Bezunesh Bekele ETH | 5 | 3 | - | 8 |
| Viola Kibiwott KEN | 5 | 2 | 1 | 8 |
| Edith Masai KEN | 4 | 3 | 1 | 8 |
| Linet Masai KEN | 4 | 3 | 1 | 8 |
| Lynn Jennings USA | 4 | 2 | 2 | 8 |
| Genet Gebregiorgis ETH | 3 | 5 | - | 8 |
| Paula Radcliffe GBR | 3 | 3 | 2 | 8 |
| Kutre Dulecha ETH | 2 | 4 | 2 | 8 |
| Isabella Ochichi KEN | 1 | 5 | 2 | 8 |
| Grete Waitz NOR | 5 | - | 2 | 7 |
| Merima Hashim ETH | 4 | 2 | 1 | 7 |
| Tatyana Pozdnyakova URS | 4 | 2 | 1 | 7 |
| Rose Cheruiyot KEN | 3 | 3 | 1 | 7 |
| Alice Timbilil KEN | 1 | 6 | - | 7 |
| Teyiba Erkesso ETH | 5 | - | 1 | 6 |
| Raisa Katjukova URS | 4 | 2 | - | 6 |
| Jane Ngotho KEN | 4 | 2 | - | 6 |
| Ejagayou Dibaba ETH | 4 | 2 | - | 6 |
| Mestawat Tufa ETH | 4 | 2 | - | 6 |
| Gladys Chemweno KEN | 4 | 2 | - | 6 |
| Giana Romanova URS | 4 | 1 | 1 | 6 |
| Genzebe Dibaba ETH | 4 | 1 | 1 | 6 |
| Asha Gigi ETH | 3 | 3 | - | 6 |

| | | | | |
|--------------------------------|---|---|---|---|
| Eyerusalem Kuma ETH | 3 | 3 | - | 6 |
| Naomi Mugo KEN | 3 | 2 | 1 | 6 |
| Veronica Nyaruai (Wanjiru) KEN | 3 | 2 | 1 | 6 |
| Yelena Chernysheva URS | 3 | 1 | 2 | 6 |
| Yelena Romanova URS | 3 | - | 3 | 6 |
| Berhane Adere ETH | 2 | 3 | 1 | 6 |
| Jan Merrill USA | 2 | 3 | 1 | 6 |
| Leila Aman ETH | 2 | 3 | 1 | 6 |
| Leah Malot KEN | 2 | 2 | 2 | 6 |

Individual medals only

| | | | | |
|-------------------------|---|---|---|---|
| Tirunesh Dibaba ETH | 5 | 3 | - | 8 |
| Worknesh Kidane ETH | 2 | 3 | 3 | 8 |
| Grete Waitz NOR | 5 | - | 2 | 7 |
| Paula Radcliffe GBR | 3 | 3 | 1 | 7 |
| Gete Wami ETH | 3 | 2 | 2 | 7 |
| Meselech Melkamu ETH | 1 | - | 5 | 6 |
| Lynn Jennings USA | 3 | 1 | 1 | 5 |
| Derartu Tulu ETH | 3 | 1 | - | 4 |
| Edith Masai KEN | 3 | - | 1 | 4 |
| Annette Sergent FRA | 2 | - | 2 | 4 |
| Linet Masai KEN | 1 | 2 | 1 | 4 |
| Catherina McKiernan IRL | - | 4 | - | 4 |

MEDAL TABLES – BY COUNTRY

| <u>All Events</u> | <u>Gold</u> | <u>Silver</u> | <u>Bronze</u> | <u>Medals</u> |
|---------------------------------|-------------|---------------|---------------|---------------|
| Kenya | 125 | 87 | 63 | 275 |
| Ethiopia | 86 | 90 | 51 | 227 |
| United States | 21 | 18 | 21 | 60 |
| Great Britain & NI ¹ | 15 | 21 | 19 | 55 |
| USSR ² | 9 | 15 | 13 | 37 |
| Morocco | 3 | 13 | 17 | 33 |
| Spain | 6 | 10 | 12 | 28 |
| Portugal | 6 | 3 | 13 | 22 |
| Japan | - | 4 | 18 | 22 |
| France | 4 | 5 | 11 | 20 |
| Belgium | 8 | 1 | 6 | 15 |
| Uganda | - | 3 | 12 | 15 |
| Ireland | 4 | 6 | 4 | 14 |
| Italy | 2 | 6 | 6 | 14 |
| Eritrea | 1 | 6 | 6 | 13 |
| Romania | 3 | 3 | 5 | 11 |
| Norway | 6 | - | 4 | 10 |
| Canada | - | 3 | 6 | 9 |
| Finland | 2 | 3 | 3 | 8 |
| New Zealand | 1 | 2 | 5 | 8 |
| Qatar | - | 1 | 5 | 6 |
| PR of China | 1 | 2 | 1 | 4 |
| Tanzania | 1 | 1 | 2 | 4 |
| Australia | 1 | - | 2 | 3 |
| Poland | - | 2 | 1 | 3 |
| Netherlands | 1 | 1 | - | 2 |
| Germany (FRG) | - | 1 | 1 | 2 |
| Sweden | 1 | - | - | 1 |
| Tunisia | 1 | - | - | 1 |
| Ukraine | - | 1 | - | 1 |
| Russia | - | - | 1 | 1 |
| Totals | 308 | 308 | 308 | 924 |

1. Breakdown of British placings (GBR from 1988):

| | | | | |
|--------------------|-----------|-----------|-----------|-----------|
| Great Britain & NI | 3 | 7 | 5 | 15 |
| England | 10 | 13 | 12 | 35 |
| Scotland | 2 | 1 | 1 | 4 |
| Wales | - | - | 1 | 1 |
| Totals | 15 | 21 | 19 | 55 |

2. Breakdown of USSR placings:

| | | | | |
|--------|---|---|---|----|
| Team | 9 | 5 | 6 | 20 |
| Russia | - | 8 | 3 | 11 |

| | | | | |
|---------------|----------|-----------|-----------|-----------|
| Ukraine | - | - | 2 | 2 |
| Lithuania | - | 1 | 1 | 2 |
| Belarus | - | 1 | - | 1 |
| Kyrgyzstan | - | - | 1 | 1 |
| Totals | 9 | 15 | 13 | 37 |

| <u>All Men's Events</u> | <u>Gold</u> | <u>Silver</u> | <u>Bronze</u> | <u>Medals</u> |
|---------------------------------|-------------|---------------|---------------|---------------|
| Kenya | 84 | 46 | 36 | 166 |
| Ethiopia | 42 | 54 | 29 | 125 |
| United States | 11 | 8 | 8 | 27 |
| Great Britain & NI ¹ | 7 | 12 | 11 | 30 |
| Morocco | 2 | 11 | 14 | 27 |
| Spain | 4 | 10 | 11 | 25 |
| Belgium | 8 | 1 | 5 | 14 |
| Uganda | - | 3 | 11 | 14 |
| Eritrea | 1 | 5 | 6 | 12 |
| Portugal | 3 | 2 | 6 | 11 |
| USSR ² | 1 | 4 | 6 | 11 |
| France | 1 | 2 | 4 | 7 |
| Italy | - | 3 | 4 | 7 |
| Ireland | 2 | 2 | 2 | 6 |
| Qatar | - | 1 | 5 | 6 |
| Canada | - | 2 | 3 | 5 |
| Tanzania | 1 | 1 | 2 | 4 |
| New Zealand | 1 | - | 3 | 4 |
| Finland | 1 | - | 1 | 2 |
| Germany (FRG) | - | 1 | 1 | 2 |
| Japan | - | - | 2 | 2 |
| Tunisia | 1 | - | - | 1 |
| Poland | - | 1 | - | 1 |
| Ukraine | - | 1 | - | 1 |
| Totals | 170 | 170 | 170 | 510 |

1. Breakdown of British placings (GBR from 1988):

| | | | | |
|--------------------|----------|-----------|-----------|-----------|
| Great Britain & NI | - | 2 | 1 | 3 |
| England | 5 | 10 | 8 | 23 |
| Scotland | 2 | - | 1 | 3 |
| Wales | - | - | 1 | 1 |
| Totals | 7 | 12 | 11 | 30 |

2. Breakdown of USSR placings:

| | | | | |
|---------------|----------|----------|----------|-----------|
| Team | 1 | 1 | 4 | 6 |
| Russia | - | 2 | - | 2 |
| Lithuania | - | 1 | 1 | 2 |
| Kyrgyzstan | - | - | 1 | 1 |
| Totals | 1 | 4 | 6 | 11 |

| <u>All Women's Events</u> | <u>Gold</u> | <u>Silver</u> | <u>Bronze</u> | <u>Medals</u> |
|---------------------------------|-------------|---------------|---------------|---------------|
| Kenya | 41 | 41 | 27 | 109 |
| Ethiopia | 44 | 36 | 22 | 102 |
| United States | 10 | 10 | 13 | 33 |
| USSR ¹ | 8 | 11 | 7 | 26 |
| Great Britain & NI ² | 8 | 9 | 8 | 25 |
| Japan | - | 4 | 16 | 20 |
| France | 3 | 3 | 7 | 13 |
| Romania | 3 | 3 | 5 | 11 |
| Portugal | 3 | 1 | 7 | 11 |
| Norway | 6 | - | 4 | 10 |
| Ireland | 2 | 4 | 2 | 8 |
| Italy | 2 | 3 | 2 | 7 |
| Finland | 1 | 3 | 2 | 6 |
| Morocco | 1 | 2 | 3 | 6 |
| PR of China | 1 | 2 | 1 | 4 |
| New Zealand | - | 2 | 2 | 4 |
| Canada | - | 1 | 3 | 4 |
| Spain | 2 | - | 1 | 3 |
| Australia | 1 | - | 2 | 3 |
| Netherlands | 1 | 1 | - | 2 |
| Poland | - | 1 | 1 | 2 |
| Sweden | 1 | - | - | 1 |
| Eritrea | - | 1 | - | 1 |
| Belgium | - | - | 1 | 1 |
| Russia | - | - | 1 | 1 |

| | | | | |
|---|-------------|---------------|---------------|---------------|
| Uganda | - | - | 1 | 1 |
| Totals | 138 | 138 | 138 | 414 |
| 1. Breakdown of USSR placings: | | | | |
| Team | 8 | 4 | 2 | 14 |
| Russia | - | 6 | 3 | 9 |
| Ukraine | - | - | 2 | 2 |
| Belarus | - | 1 | - | 1 |
| Totals | 8 | 11 | 7 | 26 |
| 2. Breakdown of British placings (GBR from 1988): | | | | |
| England | 5 | 3 | 4 | 12 |
| Great Britain & NI | 3 | 5 | 4 | 12 |
| Scotland | - | 1 | - | 1 |
| Totals | 8 | 9 | 8 | 25 |
| <u>All Junior Events</u> | <u>Gold</u> | <u>Silver</u> | <u>Bronze</u> | <u>Medals</u> |
| Kenya | 61 | 43 | 29 | 133 |
| Ethiopia | 35 | 43 | 19 | 97 |
| Japan | - | 3 | 17 | 20 |
| Spain | 4 | 7 | 7 | 18 |
| United States | 9 | 2 | 5 | 16 |
| Great Britain & NI ¹ | 4 | 3 | 6 | 13 |
| Uganda | - | 2 | 10 | 12 |
| Morocco | - | 1 | 7 | 8 |
| USSR ² | 1 | 4 | 2 | 7 |
| Italy | - | 3 | 4 | 7 |
| Canada | - | 2 | 3 | 5 |
| PR of China | 1 | 2 | 1 | 4 |
| Eritrea | - | 2 | 2 | 4 |
| Finland | 1 | 1 | 1 | 3 |
| Tanzania | 1 | - | 2 | 3 |
| Ireland | - | 1 | 2 | 3 |
| Belgium | 1 | - | 1 | 2 |
| Sweden | 1 | - | - | 1 |
| Tunisia | 1 | - | - | 1 |
| Romania | - | 1 | - | 1 |
| Portugal | - | - | 1 | 1 |
| Qatar | - | - | 1 | 1 |
| Totals | 120 | 120 | 120 | 360 |

| | | | | |
|---|----------|----------|----------|-----------|
| 1. Breakdown of British placings (GBR from 1988): | | | | |
| England | 2 | 3 | 5 | 10 |
| Scotland | 1 | - | 1 | 2 |
| Great Britain & NI | 1 | - | - | 1 |
| Totals | 4 | 3 | 6 | 13 |

| | | | | |
|--------------------------------|----------|----------|----------|----------|
| 2. Breakdown of USSR placings: | | | | |
| Team | 1 | 1 | 1 | 3 |
| Russia | - | 3 | - | 3 |
| Kyrgyzstan | - | - | 1 | 1 |
| Totals | 1 | 4 | 2 | 7 |

| | | | | |
|---------------------------------|-------------|---------------|---------------|---------------|
| <u>Junior Men's Events</u> | <u>Gold</u> | <u>Silver</u> | <u>Bronze</u> | <u>Medals</u> |
| Kenya | 37 | 21 | 14 | 72 |
| Ethiopia | 19 | 31 | 10 | 60 |
| Spain | 4 | 7 | 7 | 18 |
| United States | 9 | 2 | 4 | 15 |
| Great Britain & NI ¹ | 3 | 3 | 6 | 12 |
| Uganda | - | 2 | 9 | 11 |
| Italy | - | 3 | 4 | 7 |
| Morocco | - | 1 | 6 | 7 |
| USSR ² | 1 | 2 | 2 | 5 |
| Canada | - | 2 | 3 | 5 |
| Tanzania | 1 | - | 2 | 3 |
| Ireland | - | 1 | 2 | 3 |
| Eritrea | - | 1 | 2 | 3 |
| Belgium | 1 | - | 1 | 2 |
| Japan | - | - | 2 | 2 |
| Tunisia | 1 | - | - | 1 |
| Finland | - | - | 1 | 1 |
| Qatar | - | - | 1 | 1 |

| | | | | |
|---|-----------|-----------|-----------|------------|
| Totals | 76 | 76 | 76 | 228 |
| 1. Breakdown of British placings (GBR from 1988): | | | | |
| England | 2 | 3 | 5 | 10 |
| Scotland | 1 | - | 1 | 2 |
| Totals | 3 | 3 | 6 | 12 |
| 2. Breakdown of USSR placings: | | | | |
| Team | 1 | - | 1 | 2 |
| Russia | - | 2 | - | 2 |
| Kyrgyzstan | - | - | 1 | 1 |
| Totals | 1 | 2 | 2 | 5 |

| | | | | |
|------------------------------|-------------|---------------|---------------|---------------|
| <u>Junior Women's Events</u> | <u>Gold</u> | <u>Silver</u> | <u>Bronze</u> | <u>Medals</u> |
| Kenya | 24 | 22 | 15 | 61 |
| Ethiopia | 16 | 12 | 9 | 37 |
| Japan | - | 3 | 15 | 18 |
| PR of China | 1 | 2 | 1 | 4 |
| Finland | 1 | 1 | - | 2 |
| USSR ¹ | - | 2 | - | 2 |
| Great Britain & NI | 1 | - | - | 1 |
| Sweden | 1 | - | - | 1 |
| Romania | - | 1 | - | 1 |
| Morocco | - | - | 1 | 1 |
| Portugal | - | - | 1 | 1 |
| United States | - | - | 1 | 1 |
| Eritrea | - | 1 | - | 1 |
| Uganda | - | - | 1 | 1 |
| Totals | 44 | 44 | 44 | 132 |

| | | | | |
|--------------------------------|----------|----------|----------|----------|
| 1. Breakdown of USSR placings: | | | | |
| Team | - | 1 | - | 1 |
| Russia | - | 1 | - | 1 |
| Totals | - | 2 | - | 2 |

SPAIN AT THE WORLD CROSS COUNTRY CHAMPIONSHIPS

38 appearances; 12 individual & 16 team medals

| | | |
|-----------------------|------------------------------|------------------------|
| Best Placings: | | |
| | Individuals | Teams |
| Men Short | 7 Antonio Jiménez2002 | 32002 |
| Men Long | 2 Mariano Haro1973 | 31990/1991/1995 |
| | 2 Mariano Haro1974 | |
| | 2 Mariano Haro1975 | |
| Men Junior | 1 Jorge García1980 | 11973/1979 |
| | 1 Pere Casacuberta1984 | |
| Women Short | 14 Marta Domínguez2000 | 61998 |
| Women Long | 1 Carmen Valero1976 | 41998/2003/07/09 |
| | 1 Carmen Valero1977 | |
| Women Junior | 15 Judit Plá1997 | 51993 |

| | | | | | | | |
|---|-----------|-----------|-----------|-----------|-----------|-----------|--|
| All teams (i = incomplete team): | | | | | | | |
| | MS | ML | MJ | WS | WL | WJ | |
| 1973 | - | 6 | 1 | - | 12 | - | |
| 1974 | - | 6 | 9 | - | 10 | - | |
| 1975 | - | 11 | 3 | - | 6 | - | |
| 1976 | - | 11 | 2 | - | 10 | - | |
| 1977 | - | 9 | 2 | - | 7 | - | |
| 1978 | - | 10 | 3 | - | 7 | - | |
| 1979 | - | 9 | 1 | - | 12 | - | |
| 1980 | - | 6 | 3 | - | 9 | - | |
| 1981 | - | 4 | 9 | - | 9 | - | |
| 1982 | - | 5 | 4 | - | 7 | - | |
| 1983 | - | 5 | 2 | - | 10 | - | |
| 1984 | - | 7 | 2 | - | 13 | - | |
| 1985 | - | 5 | 3 | - | 16 | - | |
| 1986 | - | 7 | 3 | - | 11 | - | |
| 1987 | - | 7 | 6 | - | 14 | - | |
| 1988 | - | 6 | 3 | - | 14 | - | |
| 1989 | - | 5 | 6 | - | 13 | 7 | |
| 1990 | - | 3 | 5 | - | 9 | 10 | |
| 1991 | - | 3 | 8 | - | 12 | 11 | |
| 1992 | - | 4 | 8 | - | 8 | 7 | |
| 1993 | - | 4 | 4 | - | 11 | 5 | |
| 1994 | - | 4 | 7 | - | 5 | 7 | |
| 1995 | - | 3 | 7 | - | 7 | 7 | |

| | | | | | | |
|------|---|---|----|----|----|----|
| 1996 | - | 4 | 8 | - | 7 | 6 |
| 1997 | - | 5 | 6 | - | 12 | 6 |
| 1998 | 4 | 5 | 9 | 6 | 4 | 9 |
| 1999 | 8 | 4 | 7 | 11 | 9 | 12 |
| 2000 | 6 | 4 | 15 | 10 | 5 | 15 |
| 2001 | 5 | 4 | 12 | 12 | 7 | 12 |
| 2002 | 3 | 6 | 12 | 12 | 7 | 11 |
| 2003 | 6 | 4 | 14 | 8 | 4 | 10 |
| 2004 | 8 | 8 | 15 | 8 | 9 | 13 |
| 2005 | 8 | 7 | 13 | 15 | 9 | 10 |
| 2006 | 6 | i | 11 | - | 10 | i |
| 2007 | - | i | 15 | - | 4 | i |
| 2008 | - | 8 | 12 | - | 9 | i |
| 2009 | - | 7 | 13 | - | 4 | i |
| 2010 | - | 6 | 16 | - | 11 | 13 |

All Placings (Individual & Team):

| | Gold | Silver | Bronze | 4 | 5 | 6 | 7 | 8 Medals | Points |
|---------------|----------|-----------|-----------|-----------|-----------|-----------|-----------|--------------|------------|
| 1973 | 1 | 2 | - | - | - | 1 | 2 | - 3 | 29 |
| 1974 | - | 1 | - | - | - | 1 | - | - 1 | 10 |
| 1975 | - | 2 | 2 | 1 | - | 1 | - | - 4 | 34 |
| 1976 | 1 | 1 | - | - | - | - | - | - 2 | 15 |
| 1977 | 1 | 2 | - | - | - | - | 1 | - 3 | 24 |
| 1978 | - | - | 2 | 1 | - | - | 1 | - 2 | 19 |
| 1979 | 1 | - | - | - | - | - | - | 1 1 | 9 |
| 1980 | 1 | - | 1 | - | - | 1 | - | 1 2 | 18 |
| 1981 | - | - | - | 1 | 1 | - | - | - - | 9 |
| 1982 | - | - | - | 1 | 1 | - | 1 | - - | 11 |
| 1983 | - | 1 | - | - | 3 | - | - | - 1 | 19 |
| 1984 | 1 | 1 | - | - | 1 | - | 1 | - 2 | 21 |
| 1985 | - | - | 1 | - | 1 | - | - | - 1 | 10 |
| 1986 | - | - | 1 | - | - | - | 1 | 1 1 | 9 |
| 1987 | - | - | - | - | - | 1 | 1 | - - | 5 |
| 1988 | - | - | 1 | - | - | 1 | - | 1 1 | 10 |
| 1989 | - | - | - | - | 1 | 2 | 1 | - - | 12 |
| 1990 | - | - | 1 | - | 1 | - | - | - 1 | 10 |
| 1991 | - | - | 1 | - | - | - | - | 1 1 | 7 |
| 1992 | - | - | - | 1 | - | - | 1 | 2 - | 9 |
| 1993 | - | - | - | 2 | 1 | - | - | - - | 14 |
| 1994 | - | - | - | 1 | 1 | - | 2 | 1 - | 14 |
| 1995 | - | - | 1 | - | - | - | 3 | - 1 | 12 |
| 1996 | - | - | - | 1 | - | 1 | 2 | 1 - | 13 |
| 1997 | - | - | - | 1 | 1 | 2 | - | - - | 15 |
| 1998 | - | - | - | 2 | 1 | 2 | - | - - | 20 |
| 1999 | - | - | - | 1 | - | - | 1 | 1 - | 8 |
| 2000 | - | - | - | 1 | 1 | 1 | - | - - | 12 |
| 2001 | - | - | - | 1 | 1 | - | 1 | - - | 11 |
| 2002 | - | - | 1 | - | - | 1 | 2 | - 1 | 13 |
| 2003 | - | - | - | 2 | - | 1 | - | 1 - | 14 |
| 2004 | - | - | - | - | - | - | - | 3 - | 3 |
| 2005 | - | - | - | - | - | - | 1 | 1 - | 3 |
| 2006 | - | - | - | - | - | 1 | - | - - | 3 |
| 2007 | - | - | - | 1 | - | - | - | - - | 5 |
| 2008 | - | - | - | - | - | - | - | 1 - | 1 |
| 2009 | - | - | - | 1 | - | - | 1 | - - | 7 |
| 2010 | - | - | - | - | - | 1 | - | - - | 3 |
| Totals | 6 | 10 | 12 | 19 | 15 | 18 | 23 | 16 28 | 461 |

DOPING VIOLATIONS AT THE WORLD CROSS COUNTRY CHAMPIONSHIPS

| | | | |
|------|----|------------------------|-----------------|
| 1988 | MJ | Cosmas Ndeti KEN | Originally 2nd |
| 2002 | ML | Hamid El Mouaziz MAR | Originally 44th |
| 2006 | JW | Yuliya Mochalova RUS | Originally 24th |
| 2007 | WL | Binnaz Uslu TUR | Originally DNF |
| 2008 | ML | Fethi Meftah ALG | Originally 35th |
| 2010 | ML | Chakir Boujattaoui MAR | Originally 12th |

AGE FALSIFICATIONS AT THE WORLD CROSS COUNTRY CHAMPIONSHIPS

| | | | |
|------|----|-------------------------|-----------------|
| 1988 | MJ | Ahmed Baday MAR | Originally 18th |
| 2006 | MJ | Thomas Longosiwa KEN | Originally 13th |
| 2006 | MJ | Tareq Mubarak Taher BRN | Originally 20th |