

Men's 400 Metres

56 Entrants

		Age	(Days)	Born	Season's Best	Personal Best
1049	MILBURN Joel AUS 2007 World Youth 2003; 2 World Student Games 4x400 2007; ht WIC 4x400 2008. 1 Australian junior 2005; 1 Australian 2008 In 2008: 1 Sydney; 1 Canberra; 1 New South Wales State; 1 Australian; 5ht WIC 4x400; dnf Lille; 5 Rome Golden League; 1 Lucerne; 7 Stockholm	22y	155d	1986	44.99	44.99 -08
1059	WROE Sean AUS 2007 World Student Games Champion ... 6 WJC 2004; sf COM 2006 (gold 4x400 after running in heats); 2 WSG 2007; sf WCH 2007. 1 Australian 2007. Born/lives-Melbourne ... coach-Eric Hollingsworth In 2008: 6 Canberra 200; 1 Victorian State 200/400 (4 100); 1 Sydney; 3 Melbourne (Feb 21); 3 Australian; 6 WIC; 4 Osaka; 1 Salamanca; 3 Madrid; 4 Rome Golden League 'B'; 6 Liège 300; 4 Heusden	23y	154d	1985	45.20	45.20 -08
1095	BROWN Chris BAH Twice fourth at World Championships ... twice third at World Indoor Championships ht COM 800 98; qf OLY 2000 (4 4x400); 2 WCH 4x400 2001/2005/2007 (2003-3); 7 COM 2002 (3 4x400); sf WIC 2003; sf WCH 2003 (2001-ht); sf OLY 2004 (would have qualified for final but eased off before the finish line); 4 WCH 2005/2007; 3 WIC 2006/2008; 4 COM 2006; 1 Pan-Am Games 2007. 1 Bahamas 2002/2004/2007/2008 ... Bahamas record holder at 800m (1:49.54 -98) ... his parents Nola & Harcourt were both sprinters ... coach-Innocent Egbunike ... 1.78 tall In 2008: 3 WIC; 3 Carson; 3 Berlin Golden League; 2 Oslo Golden League; 1 Bahamian; 3 Rome Golden League; 3 Paris Golden League; 2 Stockholm	29y	308d	1978	44.40	44.40 -08
1096	MATHIEU Micheal BAH Ran second leg for Bahamas relay team which won silver at 2007 World Championships 200 pb: 20.80 -07. 3 Pan-Am junior 2003; 4 Pan-American Games 200 2007 (1 4x400); 2 WCH 4x400 2007; ht WIC 2008; 2 Central American & Caribbean Champs 2008 In 2008: 3ht WIC; 2 Uberlândia; 2 Fortaleza; 5 Belgrade; 2 Kalamata 'B'; 2 Haniá; 3 Bahamian; 2 Central American & Caribbean Champs; 3 Dublin; 1 Karlstad	24y	55d	1984	45.66	45.22 -07
1098	BAIN Andretti BAH 2008 US Collegiate Champion indoors & out, representing Oral Roberts University (at Tulsa, Oklahoma) 5 WIC 4x400 2004; sf WJC 2004. He was named after the former World Motor Racing Champion Mario Andretti In 2008: 1 NCAA indoor; 1 Arlington; 1 Fayetteville; 1 Macomb 200/400; 2 Lincoln; 1 NCAA; 2 Bahamian; 2 Central American & Caribbean Champs; 4 Stockholm 'B'; 7 London Grand Prix; 5 Monaco	22y	261d	1985	44.62	44.62 -08
1123	BORLEE Jonathan BEL 5 World Youth 2005; 4 WJC 2006; ht EJC 2007. 1 Belgian 2006 In 2008: 2 Brussels (May 4); 1 Lille; 3 Brussels (Jul 12); 3 Liège 300; 2 Heusden	20y	178d	1988	45.38	45.38 -08
1124	BORLEE Kevin BEL His father/coach Jacques was an international 400m runner and he has a twin brothers (Jonathan) and an older sister (Olivia) who are international athletes sf World Youth 200 2005; sf WJC 2006; 6 ECP 2007. 1 Belgian indoor 400 2006 & 200 2007 In 2008: 1 Brussels (May 4); 1 ECP 1st League; 1 Brussels (Jul 12); 5 Liège 300; 1 Heusden	20y	178d	1988	45.21	45.21 -08
1134	van BRANTEGHEM Cedric BEL In Brussels 2003 broke the Belgian 400m record of Alfons Brijdenbach which had stood since 1976 200 pb: 20.52w, 20.60 -03. sf EIC 2002 (2000-ht); 6 ECH 2002 (2006-sf); sf WCH 2003 (2005-ht); sf OLY 2004; 4 WSG 2005. 1 Belgian 2001/2005 (1 200 2002/2003). Younger sister Gaëlle competed at the 2001 World Youth Championships ... father Jacques was a junior international sprinter ... coach-Patrick Himschoot In 2008: 1 Sint-Niklaas 200; 1 Brussels 200; 1 Belgrade 'B'; 1 Kalamata 'B'; 2 Lille 'B'; 1 Madrid; 9 Rome Golden League	29y	159d	1979	45.13	45.02 -03
1137	GNALIGO Mathieu BEN Benin record holder ... 1 Francophone Games 2005; 3 African Games 2007; ht WCH 2007; 7 African Champs 2008 ... based-Dakar In 2008: 1 Bamako; 7 African Champs; 5 Dakar; 3 Algiers; 1 Velletri; 3 Radès; 2 Pátra; 8 Milan; 6 Cagliari	21y	249d	1986	45.88	45.88 -08
1199	MOLEFE California BOT Molefe pronounced "Mo-leafy" ... 2006 World Indoor silver ... 2007 African Games Champion ht WCH 4x400 99/2001; qf COM 2002; ht OLY 2004 (8 4x400); sf WCH 2005/2007 (2003-ht); 2 WIC 2006 (2003/2004-ht, 2008-sf); 6 COM 2006; sf African Champs 2006; 1 African Games 2007. Trains in Germany (Düsseldorf) In 2008: 5sf WIC; 1 Windhoek	28y	108d	1980	46.17	45.34 -05
1203	MASHETO Garologelwane BOT 3 African junior 2003; sf COM 2006; 7 African Games 2007. 4 NCAA 2007, representing the University of Illinois where he is a student of kinesiology ... his familiar name Lasiba, his nickname is "Shoes" In 2008: 1 "Big 10" indoor; 2 "Big 10" Conference (6 200); 4 Fayetteville; 3ht NCAA	23y	290d	1984	46.46	45.41 -07
1226	de ALMEIDA Fernando BRA 4 WJC 4x400 2004; 1 South American 2007 In 2008: 2 São Paulo (Feb 13); 1 São Paulo (Feb 20); 1 São Paulo (Feb 23); 1 São Paulo (2 400H) (Mar 15); 2 São Paulo; 2 São Paulo; 4 São Paulo 400H; 2 Montevideo; 1 Montevideo 400 (2 400H) (Apr 12/13); 1 São Paulo (May 3); 4 Uberlândia; 4 Fortaleza; 1 Cochabamba; 2 Ibero-American; 3 Brazilian; 1 São Paulo 200 (Jul 16)	23y	16d	1985	45.94	45.94 -08
1289	CHRISTOPHER Tyler CAN 2008 World Indoor Champion ... 2005 World bronze ... Canadian record holder 200 pb: 20.49 -05 (20.55 -08). sf WJC 200 2002; ht WCH 4x400 2003; 1 North & Central American under-23 2004; 3 WCH 2005 (2007-6); 2 Pan-Am Games 2007. 1 Canadian 2004/2006/2007/2008 ... former long & triple jumper ... born-Chilliwack, British Columbia ... lives Edmonton, Alberta ... he has a passion for paintballing ... coach-Kevin Tyler In 2008: 1 WIC; 2 Carson; 4 Eugene; 1 Canadian; 4 Paris Golden League; 5 Stockholm; 2 London Grand Prix	24y	320d	1983	44.71	44.44 -05
1351	LIU Xiaosheng CHN 2008 Asian Indoor Champion ... 1 Asian Indoor Champs 2008. 1 Chinese 2007. Born-Guangdong Province ... coach-Huang Danwei In 2008: 1 Asian Indoor Champs; 1 Hangzhou; 1 Osaka	20y	226d	1988	45.90	45.79 -08
1412	KIKAYA Gary COD At the 2006 World Athletics Final he broke the African record which had stood since 1987 (but not near that form since) 200 pb: 20.40 -06 (20.82 -08). sf WCH 2003/2005/2007; 3 WIC 2004; sf OLY 2004; 1 African Champs 2006; 2 WCP 2006. 1 NCAA 2002 (2003-4); 1 NCAA indoor 2003. Lived in South Africa for 10 years while his father was Congo's ambassador ... his first sport was rugby but he felt he could not master the skills required ... speaks Swahili, English, French and Afrikaans ... studied Sociology at the University of Tennessee, graduated in May 2005 ... hobbies and painting, drawing and cooking ... coach-Innocent Egbunike (who was the previous African record holder) In 2008: 2 Athens GA 200; 5 Ponce; 2 Belgrade; 5 Berlin Golden League; 5 Eugene	28y	196d	1980	45.36	44.10 -06
1428	MOSQUERA Geimer COL 4 South American 2006 (2007-5); 1 Ibero-American 2008. 1 Colombian 2006/2007 In 2008: 1 Ponce 200; 2 Ponce 'B'; 1 Ibero-American; 5 Central American & Caribbean Champs	24y	223d	1984	45.89	45.89 -08
1436	BRENES Nery CRC Costa Rican record holder ... improved from 46.00 to 45.01 in Osaka 2007 1 Central American 200/400 2007; 3 North & Central American & Caribbean 400 2007; sf WCH 2007 (2005-ht); 4 WIC 2007. Student of Political Science ... coach-Walter Salazar In 2008: 4 WIC; 1 Medellín; 2 Kingston; 4 Ponce; 1 Dessau; 3 Oslo Golden League; 1 Bogotá	22y	328d	1985	45.21	45.01 -07

1486	COLLAZO Williams CUB	21y	353d	1986	45.82	45.29 -07
7 Central American & Caribbean Games 2006; 4 Pan-Am Games 2007; sf WCH 2007 In 2008: 2 Montevideo; 3 Havana (Jun 1); 1 Havana (Jun 6); 2 Havana; 4 Central American & Caribbean Champs; 1 Cali; 1 Havana (Jul 19)						
1513	GOTZ Rudolf CZE	25y	131d	1983	45.78	45.78 -08
8 WSG 2007; 1 Czech 2007/2008 On May 31, 2008 in Ostrava he missed the Czech record of 45.77 – which has stood to Karel Kolar since 1978 – by just 0.01 In 2008: 1 Czech indoor; 1 Prague 300 (2 150) (May 5); 1 Palafrugell; 5 Ostrava 200; 1 Ostrava (5 200) (May 31); 4 Ostrava; 2 ECP 1st League; 1 Czech; 8 Wattenscheid; 1 Bilina 300						
1543	HURTAULT Erison DMA	23y	232d	1984	45.73	45.40 -07
3 NCAA 2007. His parents were born in Dominica though he is a US citizen ... graduate in Economics from Colombia University In 2008: 3 Tallahassee; 1 Uberlândia; 3 Fortaleza; 1 New York 'B'; 1 Turin; 1 Cottbus; 7sf US Olympic Trials; 6sf Central American & Caribbean Champs 200; 6 Heusden; 1 Brasschaat; 2 Oordegem						
1546	PEGUERO Arismendy DOM	28y	16d	1980	45.86	44.92 -07
Led of the team which won 2008 World indoor relay bronze ... 3 Pan-Am Games 4x400 2003/2007; 4 Ibero-American 2004; sf WCH 2005/2007; ht WIC 2006/2008; 2 North & Central American & Caribbean 2007; 3 WIC 4x400 2008 In 2008: 3 WIC 4x400; 1 Santo Domingo; 1 Caracas (1 200 'B'); 1 Barquisimeto; 6 Ponce; 1 Bilbao; 4 Milan; 4 Madrid; 2 Tangiers 200 'B'						
1684	VEREKAUTA Niko FIJ	21y	184d	1987	46.51	46.22 -07
sf COM 2006; sf WJC 2006. 1 Belgian 2007 & New Zealand 2008 In 2008: 1 Auckland; 4 Australian Cup; 1 Wellington 100 (3 200); 1 Waitakere; 1 New Zealand; 5 Nivelles; 2 Belgian; 4 Brussels; 4 Liège 300; 7 Heusden; 3 Brasschaat; 5 Oordegem						
1733	DJHONE Leslie FRA	27y	154d	1981	44.95	44.46 -07
French record holder ... fourth and fifth in World Championship finals 200 pb: 20.68 -03. LJ pb: 8.06w, 7.92 -01. dnq WJC LJ 98; 1 EJC LJ/4x100 99; 2 WJC 4x100 2000; sf EIC 200 2002; sf WIC 200 2003; 5 ECP 200 2003; 1 under-23 ECH 2003; 4 WCH 2003 (1 4x400); 7 OLY 400 2004; ht WCH 400 2005; 3 ECH 2006 (1 4x400); 1 ECP 2007 (2004-3, 2008-4); 5 WCH 2007. 1 French 2007/2008. Born-Abidjan (Ivory Coast) ... coach-François Pépin In 2008: 1 Forbach; 4 ECP; 3 Lille; 1 Strasbourg; 2 Brussels; 5 Paris Golden League; 1 French; 3 Monaco						
1830	ROONEY Martyn GBR	21y	138d	1987	44.72	44.72 -08
Fifth in 2006 Commonwealth Games while still a junior ... terrific in relays, a 44.17 split in Osaka 2007 and 44.17 again in Anney 2008 2 EJC 2005 (1 4x400); 4 WCH 4x400 2005 (2007-6); 5 COM 2006; 3 WJC 2006 (3 4x400); ht WCH 2007; 1 ECP 2008. 1 UK 2008. Born in Croydon of Irish parents, has dual nationality with Ireland ... prevented from competing at the 2004 World Junior Championship because his dual nationality had not been declared in advance ... born-Croydon, lives-Thornton Heath ... coach-Nick Dakin ... 1.98 tall In 2008: 1 Mt SAC Relays; 1 Loughborough "international"; 1 Geneva; 1 Ostrava; 1 ECP (& 2 4x400 with 44.17 split); 1 Milan; 1 UK Champs; 1 London Grand Prix; 1 Monaco 9/9 wins in 2008 before Beijing						
1838	STEELE Andrew GBR	23y	333d	1984	45.73	45.31 -07
2007 UK Champion ... 100 pb: 10.69 -07. 200 pb: 21.11 -07 (21.68 -08). 2 under-23 ECH 4x400 2005; 4 COM 4x400 2006; 6 WCH 4x400 2007. 1 English Schools 2001; 1 UK 2007. His father Dr Chris Steele, is the resident doctor on TV's "This Morning" ... he works part-time with his brother Matthew producing background music for films and TV ... born-Withington, lives-Didsbury ... coach-Steve Ball, training partner is Rick Yaes who just missed British Olympic selection at 400m Hurdles In 2008: 1 Loughborough "international" 200 'B'; 3 British League div 1/Jun 7 200; 2 Rabat (he got food poisoning at that meeting and so missed the European Cup); 1sf UK Champs (dns final with hamstring injury); 6 London Grand Prix; 2 Wattenscheid						
1967	FRANCIQUE Alleyne GRN	32y	72d	1976	45.87	44.47 -04
Fourth at 2004 Olympics behind three Americans ... ht 4x400 OLY 96; 7 WCH 2001/2003 (99-ht, 2005/2007-sf); 1 Central American & Caribbean Champs 2003 (2001-4); 1 WIC 2004/2006 (2003/2008-ht); 4 OLY 2004; 2 COM 2006 (2002-5); 2 Central American & Caribbean Games 2006; 4 WCP 2006; 5 Pan-Am Games 2007. 1 NCAA 2002, representing Louisiana State University ... coach-Pat Henry ... lives in College Station, Texas where he is assistant coach at Texas A&M University ... 1.91 tall In 2008: 5ht WIC; 4 Baton Rouge; 5 Baie Mahault; 4 Fort-de-France; 2 Port-of-Spain; 7 Lille 'B'; 5 Milan; 5 Madrid; 5 Thessaloniki; 2 Lucerne 'B'; 2 Cagliari Carried flag at opening ceremony						
1969	PHILLIP Joel GRN	20y	341d	1987	45.29	45.29 -08
Dec pb: 6799w -07. HJ pb: 2.08 -07. JT pb: 56.81 -07. ht WJC 2002. 7 NCAA 2008, representing Arizona State University In 2008: 1 NCAA indoor 'B'; 2 Tucson; 2 Tempe; 3 "Pac 10" Conference; 2 Northridge; 7 NCAA; 3ht Central American & Caribbean Champs						
2052	GILLICK David IRL	25y	41d	1983	45.12	45.12 -08
Twice European Indoor Champion ... Irish record holder ... ht WJC 4x400 2002; ht under-23 ECH 2003; ht WCH 4x400 2003; 3 WIC 4x400 2004; 1 EIC 2005; ht WIC 2006; sf ECH 2006; sf WCH 2007. 1 AAA indoor 2005. 1 Irish 2006/2007. From Ballinteer, near Dublin former Gaelic Football player ... based-Loughborough ... coach-Nick Dakin In 2008: 4 Mt SAC Relays; 1 Loughborough "international" 300; 2 Geneva; 1 Haniá; 2 Ostrava; 5 ECP 2nd League 200; 1 Lille 'B'; 6 Rome Golden League; 3 London Grand Prix						
2065	HENRY Tabarie ISV	20y	261d	1987	45.37	45.37 -08
US Virgin Islands record holder ... 2 North, Central America & Caribbean under-23 2008 In 2008: 2 Fayetteville; 1 Provo; 2 Levelland; 3ht Central American & Caribbean Champs; 2 North, Central America & Caribbean under-23						
2097	LICCIARDELLO Claudio ITA	22y	220d	1986	45.52	45.52 -08
(Pronounced "Leech - ar - dello") ... second in 2008 European Cup 3 European Youth Olympics 2003; sf WJC 2004; sf EJC 2005; sf ECH 2006; 2 ECP 2008 (2006-4). 1 Italian indoor 2008 ... from Sicily ... coach-Filippo Di Malo In 2008: 1 Italian indoor; 1 Catania; 3 Geneva; 1 Warsaw; 2 ECP; 8 Rome Golden League; 2 Cagliari 200						
2149	BLACKWOOD Michael JAM	31y	354d	1976	45.21	44.60 -02
Was world #1 at 400m in 2002, winning 9/12 races including the Commonwealth Games & World Cup 800 pb: 1:50.00 -99. 3 OLY 4x400 2000; 3 WIC 4x400 2001; bronze WCH 4x400 2001/2005 (ran heat each time); 1 COM 400 2002; 1 WCP 400 2002; 4 WCH 400 2003 (3 4x400); 8 OLY 400 2004; sf WCH 400 2005/2007; 2 WIC 4x400 2008 (ht 800). 1 Jamaican 400 2002/2003/2008 ... was a promising cricketer (fast bowler), but in 1995 opted for athletics as his preference was to get an education at a US University (first New Orleans, then Oklahoma where he has graduated in Graphic Design) ... sister is World 4x400 gold medallist Catherine Scott ... 1.93 tall In 2008: 5ht WIC 800; 2 WIC 4x400; 1 Norman; 1 Austin; 3 Kingston; 1 Norman 800; 7 Carson; 1 Jamaican; 5 Barcelona His first Championship 800m, though he has raced the distance before going back to the 1990s						
2166	CHAMBERS Ricardo JAM	23y	315d	1984	44.80	44.62 -07
2007 US Collegiate Champion indoors & out, representing the University of Florida 5 Central American & Caribbean Games 2006; sf WCH 2007. 1 NCAA 2007 (2006-2, 2005-4); 1 NCAA indoor 2007. 1 Jamaican 2006. Fourth of five children ... coach-Ken Harnden (former Commonwealth Games medallist at 400m hurdles for Zimbabwe) In 2008: 2 Tallahassee; 5 Carson; 6 Berlin Golden League; 4 Oslo Golden League; 3 Ostrava; 2 Jamaican; 1 Thessaloniki; 1 Rome Golden League 'B'; 2 Lucerne; 1 Barcelona; 3 Stockholm; 2 Monaco						
2179	AYRE Sanjay JAM	28y	60d	1980	45.24	44.92 -02
2005 World relay bronze ... 3 WJC 4x400 98 (ht 400); sf COM 2002; 1 Pan-Am Games 4x400 2003; 3 WCH 4x400 2005 (2007-4); dq ht WIC 2006; dnf sf WCH 2007 (2001-ht). 1 NCAA indoor 2003. 1 Jamaican 2007. Ran in heats & semis of Sydney Olympic 4x400, so awarded bronze medal won by Jamaica in final; 2004 World Indoor Relay gold in similar circumstances... studied of Criminology at Auburn University ... coach-Michael Ford In 2008: 4 Waco; 1 Kingston (May 3); 2 Osaka; 5 New York; 6 Oslo Golden League; 3 Jamaican; 2 Thessaloniki; 3 Rome Golden League 'B'; 5 Rethymno						
2188	KANEMARU Yuzo JPN	20y	335d	1987	45.21	45.21 -08
2005 Asian Champion (at age 17) & already 4x Japanese Champion ... 1 Asian Champs 2005; 7 WJC 2006; 4 Asian Games 2006; ht WCH 2007. 1 Japanese 2005/2006/2007/2008 In 2008: 1 Taisha 300 (set Japanese best 32.32); 1 Shizuoka; 1 Tokyo; 1 Japanese						

2269	KILU Vincent KEN	26y	16d	1982	45.46	45.32 -03
Full name-Vincent Mumo Kiilu 1999 World youth bronze at 400m hurdles 800 pb: 1:47.50 -08. 400H pb: 49.9 -03. 3 World Youth 400H 99 (under the name Mumo Kiilu); ht WCH 400 2003; 4 African Champs 400 2004; ht OLY 400 2004. 1 Kenyan 400H 2002/2003 (1 200 2003); ht COM 400H 2006. 1 Kenyan Armed Forces 400H 2002. Fourth of nine children ... hobbies include watching Manchester United FC In 2008: 4 Lapua; 1 Kenyan; 2 Lapinlahti						
2350	WILLIAMS Siraj LBR	24y	166d	1984	46.25	45.77 -07
Liberian record holder ... 8 NCAA 2007, representing Louisiana State University where he was a student of Psychology In 2008: 5ht WIC 4x400; 1 Baton Rouge; 3 Rehlingen 'B'; 1 Königs Wusterhausen; 4 Belgrade; 1 St. Pölten; 3 Kessel-Lo; 8 Cottbus; dnf Rabat						
2474	MILAZAR Eric MRI	33y	79d	1975	45.90	44.69 -01
3x African Champion ... 200 pb: 20.66 -04. qf COM 200 98; 7 African Games 99; 1 African Champs 2000/2002/2004 (98/2008-7); 2 Francophone Games 2001; 5 WCH 2001 (2003-6, 2005/2007-ht); 6 COM 2002 (2006-sf); 4 WCP 2002; sf OLY 2004 (2000-qf). 1 French 98/2003 ... 1.92 tall In 2008: 5 African Champs; 3 Brazzaville; 1 Avellino; 3 Abuja; 4 Lille 'B'; 4 Strasbourg; 1 Metz; 5 Sollentuna; 1 Tangiers; 3 Cagliari						
2504	WEIGOPWA Saul NGR	24y	65d	1984	45.18	45.00 -04
2004 Olympic relay bronze ... 4x Nigerian Champion ... sf World Youth 200 2001; ht WJC 2002; sf OLY 2004 (3 4x400); dq ht WCH 2005; sf COM 2006. 1 Nigerian 2003/2004/2005/2007 In 2008: 3ht African Champs; 2 Sotteville; 2 Abuja; dq Radès; 2 Nigerian						
2505	JAMES Godday NGR	24y	222d	1984	44.90	44.90 -08
Ran opening leg for team which won Olympic 4x400m bronze in Athens 3 OLY 4x400 2004; sf WCH 2005; sf COM 2006; 4 African Games 2007; 3 African Champs 2008. 1 Nigerian 2005/2006/2008 ... third of five children ... PE student His name really is Godday James and not James Godday In 2008: 3 African Champs; 2 Brazzaville; 1 Rabat; 1 Abuja; 1 Nigerian						
2578	DABROWSKI Daniel POL	24y	330d	1983	46.04	45.33 -07
2007 World relay bronze ... 200 pb: 20.68w, 20.80 -06. 1 under-23 ECH 4x400 2003/2005; 3 under-23 ECH 2005; sf WSG 2005; sf WIC 2006 (2 4x400); 1 European Indoor Cup 2006; 3 ECP 2006 (2007-5); 4 ECH 2006 (3 4x400); 1 WSG 4x400 2007; 3 WCH 4x400 2007. 1 Polish 2007. Ex-footballer ... coach-Krzysztof Weglarski (51.0 for 400H in 1978) In 2008: 2 Polish Universities 200; 2 Biala Podlaska; 1 Łódź 200; 3 Warsaw; 5 Bielsko-Biala 200						
2682	MARTINEZ Felix PUR	23y	196d	1985	46.21	45.92 -07
Puerto Rican record holder ... 200 pb: 20.93 -07. 4 Pan-Am junior 2003; ht WJC 200 2004; sf Pan-Am Games 2007; ht WCH 2007 In 2008: 7 Ponce; 4ht Central American & Caribbean Champs						
2768	ALEKSEYEV Denis RUS	20y	241d	1987	45.35	45.35 -08
2007 European under-23 Champion ... 1 under-23 ECH 400/4x400 2007; 5 WCH 4x400 2007; sf WIC 2008; 3 ECP 2008 In 2008: 2 Russian indoor; 4sf WIC; 1 Zhukovskiy; 3 ECP; 1 Russian						
2770	DYLDIN Maksim RUS	21y	92d	1987	45.42	45.42 -08
Former Russian Champion ... 2 WJC 4x400 2006; 2 EIC 4x400 2007; 4 ECP 2007; 1 under-23 ECH 4x400 2007; 5 WCH 4x400 2007. 1 Russian 2007 (1 indoor 2008) In 2008: 2 European Indoor Cup; 5 WIC; 1 Russian Cup/Tula 'B'; 2 Russian						
2891	BUCCI Ivano SMR	21y	322d	1986	49.05	48.07 -08
ht World Youth 2003; ht EJC 2005; ht ECH 2006; 4 Games of Small States of Europe 2007 In 2008: 3 Italian Universities; 6 Italian under-23; 3 ECP 2nd League						
2908	SANTIAGO Naiel STP	21y	303d	1986	-	48.85 -07
2913	ABUBAKR Nagmeldin Ali SUD	22y	178d	1986	45.64	44.93 -05
2003 World Youth Champion ... 2008 African Champion ... 1 World Youth 2003; 2 African Games 2003 (2007-6); 2 Afro-Asian 2003; ht WIC 2004; 2 WJC 2004; ht OLY 2004; 1 Arab junior 2004; sf WCH 2005 (2003/2007-ht); 1 World Military Games 2007; 1 Pan Arab Games 2007 (5 200); 1 African Champs 2008. From-Darfur In 2008: 1 African Champs; 2 Algiers; 6 Tangiers						
2955	WISSMAN Johan SWE	25y	290d	1982	45.58	44.56 -07
Excellent transition from 200m to 400m in 2007 ... 2008 World indoor silver at 400m 200 pb: 20.30 -07. qf WJC 200 2000; qf WJC 200 2000; 2 EJC 400 2001; sf EIC 200 2002/2005; sf WCH 200 2003/2005; 3 WIC 200 2004 (2003-ht); 2 ECP 200 2004; qf OLY 200 2004; 2 ECH 200 2006 (2002-ht); 4 EIC 400 2007; 7 WCH 400 2007; 2 WIC 400 2008. 1 Swedish 200 2001/2003/2004/2006 (1 100 2004. 400 2002/2005); 1 Swedish indoor 200 2002. Has run 3000m steeplechase in 11:12.75 ... born-Helsingborg ... coach-Kent Olsson In 2008: 2 WIC 400; 7 Berlin Golden League 400; 8 Oslo Golden League 400; 1 Karlskrona 200; 1 ECP 1st League 200/400; 1 Sundsvall 200; 1 Sollentuna; 4 Monaco; 1ht Swedish (dns final)						
3022	MODIBO Ato TRI	29y	61d	1979	45.01	44.87 -01
1999 US Collegiate Champion indoors, representing Clemson University ... also known as Ato Stephens ht OLY 2000/2004; ht WIC 2004; 2 Central American & Caribbean 2005 (99-4, 2003-3); sf COM 2006; sf WCH 2007 (2005-ht). 1 NCAA indoor 99. Wife-Cydonie Mothersill (Cayman Islands) In 2008: 1 Johnson City; 4 Baie Mahault; 1 Ponce; 1 Belgrade; 5 Oslo Golden League; 2 Lille; 3 Milan; 2 Madrid; 2 Rome Golden League 'B'; 3 Rethymno; 2 Liège 300						
3023	QUOW Rennie TRI	20y	359d	1987	44.89	44.89 -08
2006 World Junior Champion ... 2008 Central American & Caribbean Champion 1 Central American & Caribbean junior 2004/2006; 1 WJC 2006 (2004-dq sf); sf Pan-Am Games 2007; ht WCH 2007; 1 Central American & Caribbean Champs 2008. He is affectionately known as "Chicken" by his friends in Tobago after a popular cable television cartoon character In 2008: 1 San Marcos TX; 3 El Paso 200; 2 Lubbock; 1 Waco 'B'; 2 Norman 200; 1 Albuquerque 200; 1 Levelland; 2 New York; 3 Eugene; 1 Trinidad & Tobago; 1 Central American & Caribbean Champs; 2 Barcelona; 3 Stockholm 'B'						
3076	KNYSH Mikhail UKR	24y	270d	1983	45.87	45.87 -08
2008 Ukrainian Champion ... ht EIC 2007. 1 Ukrainian 2008 In 2008: 1 Bar; 1 Ukrainian Cup; 3 ECP 1st League; 1 Ukrainian; 1 Bielsko-Biala 'B'						
3131	SILVA Andrés URU	22y	145d	1986	46.06	45.02 -06
2003 World Youth Champion at Octathlon ... Uruguayan record holder at 400m flat & hurdles 400H pb: 50.14 -07 (51.41 -08). ht WJC 2002; 1 World Youth Octathlon 2003; 5 WJC Decathlon 2004; ht OLY 2004; 1 Pan-Am Junior Decathlon 2005; 1 South American 400 2005/2006/2007 (1 400H 2007); ht WIC 400 2006; 1 Ibero-American 400 2006; ht WCH 400 2007 In 2008: 1 Havana (Feb 21); 4ht WIC; 1 Montevideo 400 (Mar 29); 1 Montevideo 400H (Apr 5); 2 São Carlos 400; 1 Montevideo 400H (Apr 12); 2 Montevideo (Apr 13); 2 Bogotá 400						
3205	MERRITT Lashawn USA	22y	53d	1986	44.00	43.96 -07
2007 world silver... world relay golds in 2005, 2006 (indoors) & 2007 200 pb: 19.98 -07 (19.80w, 20.08 -08). 1 WJC 400 & relays 2004; 1 WIC 4x400 2006 (dq individual ht); 1 WCP 2006; 2 WCH 2007 (1 4x400). Ran in heats of 2005 World 4x400, so awarded gold won by USA in final. 1 US junior 200/400 2004. His first sport was baseball ... improved from 47 to 45 in 2004, then a world age-18 best of 44.66 in 2005 ... studying Sports Management at Old Dominion University in Norfolk, Virginia ... he can play the trumpet, baritone horn, and tuba ... dedicates each race to his late brother, Antwan ... coach-Dwayne Miller In 2008: 1 Raleigh Relays; 1 Greensboro 200 (19.80 with 3.2 wind); 1 Penn Relays 4x400 (44.9 first leg); 1 Baie Mahault; 1 Doha 200; 1 Berlin Golden League (beat Wariner); 1 Eugene; 1 US Olympic Trials (beat Wariner); 2 Rome Golden League; 1 Rethymno 200; 2 Paris Golden League						
3209	NEVILLE David USA	24y	78d	1984	44.61	44.61 -08
2008 US Indoor Champion & third in US Olympic Trials ... 200 pb: 20.39 -04 (20.43 -08). 2 Pan-Am junior 200 2003; 2 Pan-American Games 4x400 2007. 1 US indoor 2008. His father and grandfather were both athletes and both also called David ... Music graduate from the University of Indiana, he is qualified to teach music ... can play the drums, trumpet and piano and can sing gospel ... coach-John Smith (since 2007) In 2008: 1 US indoor; 6sf WIC; dnf Westwood 200; 1 Mt SAC Relays 'B'; 3 Baie Mahault; 1 Fort-de-France 400/200 'B'; 3 US Olympic Trials; 4 London Grand Prix						

3253 **WARINER Jeremy** USA **24y** 200d 1984 **43.86** **43.45 -07**

Two golds each from Athens 2004, Helsinki 2005 & Osaka 2007 ... now third on all-time list after Michael Johnson & Butch Reynolds
 200 pb: 20.19 -06 (20.37 -08). 2 Pan-Am Junior 400 2003; 1 OLY 400/4x400 2004; 1 WCH 400/4x400 2005/2007. 1 US 2004/2005. Managed by Michael Johnson ... in 2004 uniquely won NCAA titles at 400m & 4x400m both indoors and out ... student of Outdoor Recreation at Baylor University ... lives-Waco ... coach-Michael Ford (formerly Clyde Hart)
 In 2008: 2 Sydney 200; 1 Melbourne; 1 Houston 4x400 (44.2 split); 1 Arlington 200; 1 Texas Relays 4x400 (43.6 split); 1 Waco; 1 Penn Relays 4x400 (43.88 split); dns Doha 200 (strained right hamstringwarming up); 1 Carson (38th win from his last 42 races at 400m); 2 Berlin Golden League (win streak ended by LaShawn Merritt); 1 Oslo Golden League (43.98); 1 Ostrava 300; 2 US Olympic Trials (to Merritt); 1 Rome Golden League (by 0.01 from Merritt); 1 Paris Golden League; 1 Stockholm

3316 **NYONGANI Young Talkmore** ZIM **24y** 351d 1983 **45.62** **44.96 -05**

Second at 2007 African Games ... 4 WJC 2002; qf COM 2002; sf African Games 2003; 3 African Champs 2004/2006; ht OLY 2004; sf WCH 2005/2007; 2 African Games 2007. Graduate of Millennium Athletics Academy in Harare, now based in Pretoria ... coach-Nico van Hardeen
 In 2008: 2 Pretoria; 1 Dakar; 1 Brazzaville; 1 Sotteville; 4 Lille; 3 Strasbourg; 3 Sollentuna 300; 4 Joensuu 200; 1 Lapinlahti

3320 **BANDA Lewis** ZIM **25y** 337d 1982 **45.82** **44.58 -04**

Zimbabwean record holder ... 200 pb: 20.59 -04 (20.79 -08). 2 African junior 200/400 2001; dq ht COM 2002; 4 African Champs 200; sf OLY 2004; ht WCH 2007. Accountancy graduate from Arizona State University ... played rugby for two years as a wing and fullback ... one of nine children ... coach-Wes Kittley
 In 2008: 1 Fort Worth; 1 Arlington 200 (2 400); 3 Osaka; 1 Denton 200/400; 3 Hania; 3 Sotteville; 2 Milan; 6 Rome Golden League 'B'; 8 Liège 300; 8 Heusden

WORLD ALL-TIME LIST

- 1..... 43.18..... Michael Johnson USA..... 1999
- 2..... 43.29..... Butch Reynolds USA..... 1988
- =3... 43.50..... Quincy Watts USA..... 1992
- 43.50..... Jeremy Wariner USA..... 2007
- 5..... 43.81..... Danny Everett USA..... 1992
- 6..... 43.86..... Lee Evans USA..... 1968
- 7..... 43.87..... Steve Lewis USA..... 1988
- 8..... 43.97..... Larry James USA..... 1968
- 9..... 44.03..... LaShawn Merritt USA..... 2008
- 10... 44.05..... Angelo Taylor USA..... 2007
- Best non-US
- 44.10..... Gary Kikaya COD..... 2006

2008 WORLD LIST

- 1..... 43.86..... Jeremy Wariner USA
- 2..... 44.00..... LaShawn Merritt USA
- 3..... 44.40..... Chris Brown BAH
- 4..... 44.61..... David Neville USA
- 5..... 44.62..... Andretti Bain BAH
- 6..... 44.63..... Lionel Larry USA
- 7..... 44.70..... Xavier Carter USA
- 8..... 44.71..... Tyler Christopher CAN
- 9..... 44.72..... Martyn Rooney GBR
- 10... 44.75..... LeJerald Betters USA