

Detailed pacing data for Brussels:

Men

800m

Ismael Kombich 49.8 to 400m, 1:16 to 600m

1500m

Alex Sang 1:52 to 800m

Philemon Kimutai 2:35 to 1100m (bell)

5000m

Joseph Kosgey 3:50 to 1500m

Demma Daba 7:45 to 3000m

10,000m

Frank Bollen 2:39 to 1000m, 5:18 to 2000m

Edwin Kipkorir 7:55 to 3000m

Joel Kimurer and Jonathan Komen 10:33 to 4000m

Komen 13:15 to 5000m

A bit more about Bernard Rotich, born 11-8-1986 (age 22) he trains with Paul Kipsiele Koech in Kericho. (He's the sort of "unknown" that can make a breakthrough in Brussels).

3000m Steeplechase

James Kosgei 2:38 to 1000m

Patrick langat 5:18 to 2000m

Women

800m

Svetlana Klyuka 55.0 to 400m, 1:24 to 600m

5000m

Olga Komyagina 2:50 to 1000m, 5:42 to 2000m

Wude Ayalew 8:34 to 3000m