

## Women's Half Marathon

74 Entrants



			Age	(Days)	Born	Season's Best	Personal Best
1	<b>PAULINO Ernestina</b>	ANG	24y	12d	1984	-	-
At WXC: 2007-69							
2	<b>TCHICOLILE Teresa</b>	ANG				-	-
In 2008: 1 Angolan XC; 16 South of Africa XC							
3	<b>GODOY Rosa</b>	ARG	26y	208d	1982	75:45	75:45 -08
Argentinian record holder for 3000m Steeplechase ... 3000SC pb: 10:00.36 -08. 4 South American 3000SC 2007; 2 Ibero-American 3000/3000SC 2008. 1 Argentinian 3000SC 2006							
In 2008: 2 Concordia 10K; 1 Córdoba 3000; 1 Buenos Aires 3000 (Apr 12); 1 Buenos Aires 3000SC (Apr 26); 1 Buenos Aires 10K (Apr 27); 2 Buenos Aires 10K (May 25); 1 Rosario 10K; 2 Ibero-American 3000/3000SC; 3 Brazilian 3000SC; 1 Buenos Aires 10K; 2 Argentinian Half Mar; 1 Guariba 5.5K; 1 San Carlos de Bolívar 10K							
4	<b>MARAVIGLIA Raquel</b>	ARG	30y	352d	1977	74:33	74:33 -08
10K pb: 33:28 -06. 1 Buenos Aires Half Mar 2007/2008							
In 2008: 3 Punta del Este 10K; 3 Concordia 10K; 6 Buenos Aires 10K (Apr 27); 2 Saladillo 10K; 1 Rosario Half Mar; 1 Buenos Aires 10K (May 25); 1 Berazategui 10.5K; 2 Buenos Aires 10K (Aug 3); 1 Buenos Aires Half Mar (Aug 17)							
5	<b>MARTÍNEZ Estela</b>	ARG	38y	148d	1970	80:53	77:24 -06
Mar pb: 2:43:55 -07 (2:53:40 -08). 1 Rawson 2005; 1 Santa Rosa 2007; 2 Buenos Aires 2007 (2006-3); 23 Rotterdam 2008. 1 Argentinian 10,000 2002 & Half Mar 2006							
In 2008: 23 Rotterdam							
6	<b>PREUSSLER Roxana</b>	ARG	28y	317d	1979	77:38	77:38 -08
5000 pb: 16:32.41 -04. Mar pb: 2:48:16 -06. 1 Buenos Aires 2005; 1 Santa Rosa 2006; 8 South American 10,000 2007							
In 2008: 4 Punta del Este 10K; 4 Concordia 10K; 1 Plottier 10K; 2 Buenos Aires 10K (Apr 27); 3 Saladillo 10K; 1 Buenos Aires Half Mar (May 11); 3 Buenos Aires 10K (May 25); 5 Buenos Aires "Human Race" 10K (Aug 31); 2 Guariba 5.5K							
7	<b>CALIZAYA Sonia</b>	BOL	32y	235d	1976	-	77:34 -04
Bolivian record holder at marathon ... Mar pb: 2:45:53 -08. 5000 pb: 16:45.42 -08. 10,000 pb: 38:25.13 -08. 3 Huancayo 2003; 3 Buenos Aires 2007; 59 OLY 2008							
In 2008: 5 Ibero-American 5000; 59 OLY							
8	<b>BALDAIA Maria Zeferina</b>	BRA	36y	44d	1972	73:50	72:45 -01
Mar pb: 2:36:07 -02 (2:38:34 -08). 1 Curitiba 2000; 30 World Half Mar 2001; 15 Paris 2001; 2 Campinas 2001; 30 World Half Mar 2001; 1 São Paulo 2002/2008 (2001-2); 16 Hamburg 2008. At WXC: 2008-76							
In 2008: 2 Cuiaba 10K; 1 Rio de Janeiro 10K; 3 South American XC; 3 San Pablo Half Mar; 1 Aracaju 25K; 76 WXC; 1 Milan Half Mar; 16 Hamburg; 1 São Paulo; 2 São Paulo 10,000; 1 Uberlandia 10K; 3 Brazilian 10,000 (5 5000); 1 Praia Grande Half Mar; 2 Praia Grande 10K; 3 Ribeirão Preto 10K							
9	<b>dos SANTOS Edielza</b>	BRA	28y	252d	1980	75:46	75:46 -08
Mar pb: 2:42:45 -08. 2 São Paulo 2008							
In 2008: 1 São Caetano do Sul 10K; 1 San Pablo 10K; 5 San Pablo Half Mar; 2 Belo Horizonte Half Mar; 3 São Paulo Half Mar; 1 Brasília 9.5K; 2 Betim Half Mar; 2 São Paulo; 4 São Bernardo do Campo 10K; 4 Praia Grande 10K; 5 Vilha Vela to Vitória 10M							
10	<b>dos SANTOS Marizete</b>	BRA	33y	232d	1975	77:24	74:12 -07
Mar pb: 2:40:52 -07 (2:43:29 -08). 4 Curitiba 2003; 2 São Paulo 2004/2007 (2006/2008-3); 2 Florianópolis 2005 (2008-3)							
In 2008: 2 Brasília Half Mar; 5 São Paulo Half Mar; 3 Florianópolis; 3 Betim Half Mar; 3 São Paulo; 3 Uberlandia 10K							
11	<b>FARIA Rosângela</b>	BRA	33y	276d	1975	77:04	71:42 -99
1998 South American Long Course XC Champion ... 5000 pb: 16:28.47 -05. Mar pb: 2:41:47 -03. 42 World Half Mar 2005. At WXC: 99-58 short & 73 long, 2000 -76 long, 2008-87. 1 South American XC 98							
In 2008: 5 San Pablo 10K; 10 South American XC; 87 WXC; 4 Milan Half Mar							
12	<b>REZENDE Marizete</b>	BRA	33y	303d	1974	75:49	72:19 -03
10,000 pb: 35:17.02 -06. Mar pb: 2:37:29 -01. 2 Curitiba 2000; 1 Port Alegre 2001; 1 Campinas 2001; 1 São Paulo 2001; 39 World Half Mar 2001 (2002-dnf); 4 Florianópolis 2002; 2 São Paulo 2003/2006; 3 Rio de Janeiro 2007							
In 2008: 1 Poco de Caldas Half Mar; 1 Guariba Half Mar; 7 Vilha Vela to Vitória 10M; 1 São Paulo Half Mar							
13	<b>REBOLLEDO Susana</b>	ARG	31y	56d	1977	81:27	81:27 -08
Mar pb: 2:47:05 -08. 1 South American Mountain Running Champs 2008. 1 Santiago de Chile 2007 (2008-2). At WXC: 97-135, 99-88 short, 2003-68 short, 2004-62 short, 2005-dnf long & 91 short							
In 2008: 2 Santiago de Chile; 1 South American Mountain Running Champs; 1 Santiago de Chile Half Mar							
14	<b>JIANG Chengcheng</b>	CHN	21y	342d	1986	-	72:19 -07
2007 Beijing half Marathon winner ... Mar pb: 2:39:30 -04. 5000 pb: 15:44.84 -08. 10,000 pb: 32:38.66 -05. 2 Chinese Youth 3000 2002; 1 Beijing Half Mar 2007. At WXC: 2003-47J, 2004-48J, 2005-41J, 2006-48 long & 52 short, 2008-52							
Marathons (6): 13 Beijing 2004; 3 Hong Kong 2005; 4 Shanghai 2005; 16 Beijing 2006; 15 Xiamen 2007; 48 Xiamen 2008							
In 2008: 48 Xiamen (Chinese champs) Marathon; Ran fifth stage for Chinese team which placed 11th in Yokohama Ekiden, clocking 33:42 for 10K; 6 Chinese short course XC; 7 Chinese XC; 52 WXC; 2 Hangzhou 10,000 (3 5000 'B'); 6 "Good Luck" Beijing 5000; 6 Chinese Olympic Trial 10,000 (8 5000)							
15	<b>FERNÁNDEZ Yolanda</b>	COL	27y	118d	1981	76:01	76:01 -08
Mar pb: 2:39:21 -08. 6 World Mountain Running Trophy 2006; 8 Chicago 2007; 12 Rotterdam 2008							
In 2008: 1 Miami Half Mar; 12 Rotterdam Marathon; 1 Cali 10,000; 4 Bogotá Half Mar; 3 Medellín Half Mar							
16	<b>MÖLLER Maria Sig</b>	DEN	25y	3d	1983	74:59	74:59 -08
5000 pb: 16:42.55 -08. 11 World Student Games 5000 2007. 1 Danish 5000 2007/2008							
In 2008: 4 The Hague Half Mar; 2 Nærum Half Mar; 2 Roskilde 10,000; 2 ECP 2nd League 5000; 1 Danish 5000							
17	<b>de la ROSA Andreina</b>	DOM	23y	55d	1985	-	-
10,000 pb: 34:52.28 -08. 3 Central American & Caribbean Champs 10,000 2008							
In 2008: 4 Carolina 3000; 1 Santo Domingo 5000/10,000; 2 Ponce 5000/10,000; 21 Penn Relays 5000; 3 Central American & Caribbean Champs 10,000							
18	<b>CEVALLOS Alicia</b>	ECU	28y	280d	1980	-	79:52 -06
1 Miami Half Mar 2006 ... In 2008: 2 Quito 10K							
19	<b>CHACHA Rosalba</b>	ECU	25y	309d	1982	-	-
In 2008: 3 Cuenca 10K; 1 Quito 5000; 2 Quito 10K							

20	<b>RUALES Sandra</b> ECU	<b>34y</b> 136d 1974	<b>76:14</b>	<b>75:15 -05</b>
34th & 36th in the last two Olympic marathons ... Mar pb: 2:35:53 -08. 1 Benidorm 2001/2004 (2007-2); 2 Madrid 2003; 1 Huancayo 2003; 3 Miami 2004; 1 Miami 2005 (2006-2); 1 Guayaquil 2005/2006 (2007-2); 2 Valencia 2008; 8 São Paulo 2008; 34 OLY 2008 (2004-36) In 2008: 4 Getafe Half Mar; 2 Orihuela Half Mar; 2 Valencia; 3 Ribarroja Half Mar; 2 Madrid Half Mar; 3 Spanish Clubs 'C' 3000; 8 São Paulo; 4 Valencia 3000; 43 OLY				
21	<b>ZEGERGISH Furtuna</b> ERI	<b>18/19y</b> 1989	-	<b>71:03 -07</b>
Half Mar pb: 71:03 -07. 6 African Champs 10,000 2006; 21 World Half Mar 2007. At WXC: 2006-24J, 2007-8J, 2008-3I In 2008: 31 WXC; paced Ostrava 10,000				
22	<b>CENTENO Yesenia</b> ESP	<b>37y</b> 108d 1971	<b>70:17</b>	<b>69:59 -03</b>
Ex-Cuba, became a Spanish citizen on July 1, 2003 ... full name-Yesenia Centeno Sosa Mar pb: 2:31:16 -08. 10,000 pb: 31:49.58 -03. 5000 pb: 15:34.94 -03. 2 Madrid 2000; 23 WCH 10,000 2003; 14 World Half Mar 2003 (2005-47); 6 Rotterdam 2005/2008; dnf ECH 10,000 2006; 4 Hamburg 2008; 45 OLY 2008. 1 Spanish 5000 2005 & Half Mar 2003/2005/2008. At EXC: 2004-36, 2005-48, 2006-54 In 2008: 6 Jaén 10K; 7 Spanish Clubs XC; 3 Spanish XC; 6 Rotterdam; 4 Hamburg; 4 Logroño Half Mar; 2 Valencia 3000; 45 OLY; 4 Great Yorkshire Run (Sheffield) 10K; 1 Spanish Half Mar				
23	<b>DIAZ Maria Azucena</b> ESP	<b>25y</b> 298d 1982	<b>72:08</b>	<b>72:08 -08</b>
5000 pb: 16:24.90 -08. 3000SC pb: 10:02.55 -06. 2 Spanish under-23 5000/3000SC 2004. At EXC: 2006-21 In 2008: 1 Pamplona 5000; 3 Spanish 10,000; 5 Spanish 5000; 1 Siete Aguas 15.15K; 1 Madrid 10K; 2 Spanish Half Mar				
24	<b>GELAN Abebu</b> ETH	<b>18y</b> 268d 1990	-	-
At WXC: 2007-13J				
25	<b>GETANEH Genet</b> ETH	<b>22y</b> 280d 1986	<b>70:41</b>	<b>70:30 -07</b>
10,000 pb: 32:09.50 -07 (32:19.43 -08). 19 World Half Mar 2007. 1 Great Ethiopian Run 2004/2005. Clocked 31:45 for 10K in 2005 Yokohama Ekiden In 2008: 5 Ethiopian XC; 3 Paris Half Mar; 5 Glasgow 10K; 13 Ostrava 10,000				
26	<b>HABTAMU Atsede</b> ETH	<b>20y</b> 352d 1987	<b>70:15</b>	<b>68:29 -07</b>
5 World Half Mar 2007 In 2008: 3 R'as Al Khaimah Half Mar; 6 Lisbon Half Mar; 1 Nice Half Mar; 4 Heillecourt; 1 French 10K; 4 Lozere 22.4K				
27	<b>MENGISTU Meseret</b> ETH	<b>18y</b> 219d 1990	-	-
In 2008: 4 Ethiopian Half Mar				
28	<b>MERGIA Asselefech</b> ETH	<b>23y</b> 263d 1985	-	<b>74:13 -06</b>
10K pb: 32:19 -07. 5000 pb 15:14.21 -08. 1500 pb: 4:16.26 -07. 2 Glasgow 10K 2007; 1 Plymouth Half Mar 2007. At WXC: 2008-16 In 2008: 4 Ethiopian XC; 7 San Juan 10K; 16 WXC; 9 Berlin Golden League 5000; 3 Rabat 3000				
29	<b>BARDELLE Christine</b> FRA	<b>34y</b> 58d 1974	<b>72:42</b>	<b>72:42 -08</b>
Twentieth at 2006 World Cross Country Championships ... 1500 pb: 4:13.79 -03. 5000 pb: 15:38.85 -07. 3000SC pb: 9:56.92 -08. 6 ECP 5000 2007. 1 French 5000 2006. At WXC: 2003-65 short, 2004-63 short, 2005-60 short, 2006-20 long, 2007-22, 2008-55. At EXC: 2004-59, 2006-36, 2007-27 ... born-Provins ... coach-Gérard Pezerat In 2008: 9 Le Mans XC; 3 French XC; 55 WXC; 15 Heillecourt 4.7K; 12 Sotteville 3000SC; 13 Lille 1500; 3 Bordeaux 3000SC; 10 Barcelona 3000SC; 2 French 1500; 6 Paris "DécaNation" 3000SC; 2 French Half Mar (Lyon) Half Mar				
30	<b>OUBOUHOU Yamna</b> FRA	<b>34y</b> 235d 1974	<b>72:07</b>	<b>72:07 -08</b>
(Formerly Belkacem) ... 2001 European Cross Country Champion ... French record holder at 3000m Mar pb: 2:31:56 -08. 3000 pb: 8:38.13 -99. 5000 pb: 14:47.79 -00. 10,000 pb: 32:05.98 -01. 4 WIC 3000 99; 8 WCH 5000 99; 11 EIC 3000 2000; 3 ECP 5000 2000 (2001-4, 2002-8); ht OLY 5000 2000; 10 WCH 10,000 2001; 29 World Half Mar 2004; 11 Paris 2008 (marathon debut). At WXC: 97-62, 98-41 long, 2001-7 long, 2004-55 short. At EXC: 96/97-7, 98-6, 2001-1, 2005-17. 1 French 1500 2000. Born-Morocco ... Ex-husband Henri Belkacem was an international steeplechaser ... coach-Patrice Baral In 2008: 2 Nice 10K; 2 Cannes Half Mar; 11 Paris; 1 French Half Mar (Lyon) Half Mar				
31	<b>NICHOLLS Wendy</b> GBR	<b>39y</b> 88d 1969	<b>73:33</b>	<b>72:48 -07</b>
(Née Jones) ... 10,000 pb: 34:01.75 -06. Mar pb: 2:45:54 -07. 38 World 20K 2006; 9 Rotterdam 2007; 49 World Half Mar 2007 In 2008: 1 Gloucester 'Winter' 5M; 2 Bourton-on-the-Water 10K; 1 Oxford XC; 11 UK Inter-County XC; 2 Bath Half Mar; 2 Wilmslow Half Mar; 1 Chedworth 10M; 8 Highworth 5M; 1 Bristol 5K (Apr 29); 1 Bristol 10K; 1 Fairford 10K; 1 Gloucester 'White Horse' 5K (Jun 19); 1 Gloucester 10M; 3 Bourton-on-the-Water 1M; 17 Cardiff 10K; 2 Midland Four-stage Road Relay; 1 Gloucester 'Autumn' 5M				
32	<b>ROSS-COPE Michelle</b> GBR	<b>36y</b> 255d 1972	<b>72:50</b>	<b>72:43 -07</b>
5000 pb: 16:06.68 -07. 10,000 pb: 33:15.44 -07. 14 Great North Run 2006; 40 World Half Mar 2007 In 2008: 3 Cardiff XC; 1 Bourton-on-the-Water 10K (pb 32:24); 4 Reading Half Mar; 1 Edinburgh Half Mar; 1 Wilmslow Half Mar; paced London Marathon (for British); 9 Manchester 10K; 6 London 10K; 1 Stoke-on-Trent Half Mar; 4 British 10K London Run 10K; 1 Great Capital Run (London) 10K; 9 Cardiff 10K; 1 Mold 10K				
33	<b>AKABA Yukiko</b> JPN	<b>28y</b> 360d 1979	<b>68:11</b>	<b>68:11 -08</b>
5000 pb: 15:06.07 -08. 10,000 pb: 31:15.34 -08 (32:00.37 -08). 3 WSG 10,000 2001 (8 5000); 20 OLY 10,000 2008 (ht 5000) In 2008: Ran second stage for Japanese team which placed second in Yokohama Ekiden, clocking 31:43 for 10K; 1 Japanese Corporate Half Mar; 4 Hyogo Relays 10,000; 3 Hiroshima 5000; 2 Niigata 10,000; 2 Japanese 5000/10,000; 1 Kitami 5000; 20 OLY 10,000 (ht 5000)				
34	<b>MACHIDA Yuko</b> JPN	<b>28y</b> 62d 1980	<b>71:44</b>	<b>71:03 -05</b>
Mar pb: 2:29:48 -06. 10,000 pb: 33:02.35 -05 (33:03.48 -08). 5 Nagoya 2006 (2007-11); 26 World Half Mar 2007 In 2008: Ran fifth stage for Hokkaido-Tohoku team which placed ninth in Yokohama Ekiden, clocking 35:36 for 10K; 3 Sendai Half Mar; 10 Nobeoka 5000 'B'; 8 Kushiro 10,000				
35	<b>OHIRA Miki</b> JPN	<b>27y</b> 107d 1981	<b>70:52</b>	<b>70:13 -04</b>
5000 pb: 15:34.35 -03. 10,000 pb: 31:43.02 -05 Marathons (2): 4 Nagoya 2007; 4 Osaka 2008 In 2008: 4 Osaka; 13 Hyogo Relays 10,000; 8 Yokohama 5000; 6 Kumagaya 10,000; 5 Kumagaya 5000 'B'; 4 Sapporo Half Mar; 3 Abashiri 5000				
36	<b>YAMASHITA Ikuyo</b> JPN	<b>23y</b> 118d 1985	<b>71:31</b>	<b>70:53 -07</b>
5000 pb: 15:50.82 -06. 10,000 pb: 32:48.71 -07. Ran second stage for Mitsui-Sumitomo team which won All-Japan Ekiden Championship in 2007 In 2008: 4 Matsue Half Mar; 18 Hyogo Relays 10,000; 10 Yokohama 5000; 5 Kumagaya 10,000 (8 5000); 6 Sapporo Half Mar; 8 Abashiri 5000				
37	<b>ARUSEI Peninah</b> KEN	<b>29y</b> 232d 1979	<b>68:22</b>	<b>68:22 -08</b>
Primarily a road runner, twice winner of the prestigious Berlin 25K ... now fourth on the Kenyan all-time list at 10,000m 10,000 pb: 30:57.8 -08. 5000 pb: 15:42.20 -07. 1 Berlin 25K 2006/2008 (2007-2); 1 World Military Games 5000 2007; 18 OLY 10,000 2008. 4 Kenyan 5000 2007. 1 Glasgow Half Mar 2007 In 2008: 4 Kenyan Armed Forces XC; 12 Kenyan XC; 1 Paderborn 10K; 1 Berlin Half Mar; 2 Würzburg 10K; 1 Berlin 25K; 2 Kenyan Olympic Trials 10,000; 3 Voorthuizen 10K; 1 Steenwijk 10,000; 18 OLY 10,000; 1 Amsterdam to Zaandam 10M				

She was not initially selected for Beijing having placed second in the Kenyan Trials but outside the Olympic qualifying time. She then came to Europe and achieved a sub-31 clocking in a solo run in Steenwijk NED on July 19 and so replaced Grace Momanyi in the Kenyan Olympic team

38	<b>CHEPCHUMBA Pamela</b> KEN	29y	219d	1979	69:59	68:06 -07
Third in 2007 World Half Marathon Championships ... 3000 pb: 9:06.11 -01. 5000 pb: 14:56.75 -01. Mar pb: 2:29:48 -06. 3 Great North Run 98; 3 World Half Mar 2008 (2000/2002-5). At WXC: 92-27J, 93-2J, 94-7J, 95-10J, 2001-5 long, 2002-9 long, 2003-dq long, 2007-6. Doping violation after placing sixth at 2003 World XC, served a two-year suspension ... no relation to Joyce Chepchumba Marathons (6): 4 Mexico City 2001; 3 Nairobi 2005; 3 Paris 2006; 2 Beijing 2006; 1 Milan 2007; 2 Hamburg 2008. Also paced London 2000 & 2001 In 2008: 2 R'as Al Khaimah Half Mar; 2 Lisbon Half Mar; 2 Hamburg; 5 Kenyan Olympic Trials 5000; 1 Bogotá Half Mar; 1 Porto Half Mar						
39	<b>MOMBI Julia</b> KEN	23y	261d	1985	68:31	68:31 -08
Full name-Julia Mombi Muraga ... Mar pb: 2:26:00 -08. 5000 pb: 15:17.19 -04. 10,000 pb: 31:39.38 -08. Competes in Japan for Aruze Corporation (producers of video games). 1 Japanese High School 1500/3000 2003 Marathons (3): 12 Beijing 2006; 5 Nagoya 2007; 3 Osaka 2008 In 2008: 1 Miyazaki Half Mar; 3 Osaka; 2 Sendai Half Mar; 2 Kumagaya 10,000; 3 Sapporo Half Mar						
40	<b>WANGUI Pauline</b> KEN	24y	87d	1984	69:49	69:49 -08
Full name-Pauline Wangui Ngigi ... 5000 pb: 15:25.36 -06. 10,000 pb: 32:11.37 -06. 2 AAA 10K 2003; 1 Reims Half Mar 2006; 1 The Hague Half Mar 2008 In 2008: 20 Kenyan XC; 1 The Hague Half Mar; 2 Berlin Half Mar; 4 Glasgow 10K; 5 Kenyan 10,000; 3 Atlanta "Peachtree" 10K; 7 Utica "Boilermaker" 15K; 5 Davenport 7M; 5 Tilburg 10K; 6 Amsterdam to Zaandam 10M						
41	<b>CHAO Fong Leng</b> MAC	32y	40d	1976	-	95:08 -05
63 World Half Mar 2005; 5 East Asian Games Half Mar 2005						
42	<b>RAMIREZ Judith</b> MEX	34y	16d	1974	75:20	74:38 -05
Mar pb: 2:36:29 -05/08. Marathons: 1 San Pedro 2004; 6 Torreón 2005; 2 Mérida 2006; 5 Torreón 2006; 3 San Luis Potosi 2006; 5 Mexico City 2006; 2 Guadalajara 2006; 6 Monterrey 2006; 6 Torreón 2007; 10 Mexico City 2007; 2 Guadalajara 2007; 5 Monterrey 2007; 4 Torreón 2008; 4 Mexico City 2008; 14 Toronto 2008 In 2008: 5 Veracruz Half Mar; 4 Torreón; 5 Ixtapa 30K (Mexican Olympic Marathon Trial); 4 Mexico City; 6 Zapopan Half Mar; 14 Toronto Waterfront						
43	<b>SÁNCHEZ Angelica</b> MEX	32y	306d	1975	77:18	73:25 -06
Full name-Angelica Sanchez Ibarra ... Mar pb: 2:31:12 -03. 2 Central American & Caribbean Champs 5000 2005 (3 10,000). Marathons: 3 Milan 2003; 46 OLY 2004; 12 Torreón 2005; 2 Milan 2005; 3 Monterrey 2006; 3 Torreón 2007; dnf WCH 2007; 6 Monterrey 2007 In 2008: dnf Stanford 5000; dnf Ixtapa 30K (Mexican Olympic Marathon Trial); 4 Zapopan Half Mar						
44	<b>KIPLAGAT Lornah</b> NED	34y	165d	1974	68:52	66:25 -07
DEFENDING WORLD HALF MARATHON CHAMPION World Champion and world record holder at 20K & Half Marathon Mar pb: 2:22:22 -03. 10,000 pb: 30:12.53 -03 (30:40.27 -08). 5000 pb: 14:51.95 -02. 4 WCH 10,000 2003; 5 OLY 10,000 2004; 5 ECH 10,000 2006; 1 World 20K 2006; 1 World Half Mar 2007 (2005-2). At WXC: 96-80, 2004-6 long, 2006-2 long & 5 short, 2007-1. At EXC: 2005-1 Marathons: 1 Los Angeles 97/98 (99-dnf); 1 Amsterdam 99; 2 Chicago 2000 (97-10, 2001-dnf with blood clot on lung); 4 Boston 2001 (2000-5); 1 Osaka 2002 (2003-4); 3 New York 2003 (2002/2004-7, 2005-10); 1 Rotterdam 2005; 5 London 2007 (paced in 1997) Built a training camp for Kenyan women runners, which opened in April 2000 and is run by her sister, Monica ... set world road 10M bests on the "Dam to Dam" course between Amsterdam and Zaandam in 2002 (50:54) & 2006 (50:50) ... ex-Kenya, her Dutch citizenship confirmed on July 23, 2003 ... speaks six languages including English, Dutch & German ... met her Dutch husband/manager -Pieter Langerhorst at the 1997 London Marathon where she was the pacemaker In 2008: 1 San Juan 10K; 1 Abu Dhabi Half Mar; 2 ECP 10,000; dnf Utrecht 10,000; 2 Nijmegen 10,000; 1 British 10K London Run 10K; 8 OLY 10,000 (led for the first 6K)						
45	<b>RAMOS Rosa</b> PAR	23y	45d	1985	-	-
46	<b>GRUCA Dorota</b> POL	37y	312d	1970	74:24	71:56 -01
Polish record holder & 6x Polish Champion at 10,000m ... Mar pb: 2:27:46 -05 (2:31:54 -08). 10,000 pb: 31:52.11 -04 (32:53.74 -08). 3000 pb: 9:09.57 -98. 5000 pb: 15:18.75 -04. 19 World Half Mar 96 (95-68, 98-53, 2000-32); 15 ECH 5000 98; 6 ECP 5000 99 (2008-7). 1 Polish 10,000 95/96/98/99/2001/2004 (1 5000 95/98/99). Her married name was Giezek, she's now divorced Marathons (13): 3 Monaco 2002; 1 Karstadt 2003; 1 Richmond VA 2003; 1 Birmingham, AL 2004; 1 Mazatlán 2004; 1 Salt Lake City 2005; 13 WCH 2005; 3 Las Vegas 2005; 6 Osaka 2006; 8 Singapore 2006; 2 Amsterdam 2007; 3 Nagano 2008; 30 OLY 2008 In 2008: 3 Carlsbad Half Mar; 2 Dallas 8K; 3 Nagano; 4 Spokane 12K; 2 Ottawa 10K; 1 Biala Podlaska 5000; 16 Ostrava 10,000; 7 ECP 5000; 30 OLY; 2 Polish Clubs 3000						
47	<b>FÉLIX Ana Dulce</b> POR	25y	355d	1982	71:42	71:42 -08
5000 pb: 15:59.75 -08. 10,000 pb 32:28.63 -08. At WXC: 2000-110J, 2001-70J, 2008-72. At EXC: 2000-23J In 2008: 12 Portuguese XC; 3 Portuguese short course XC; 72 WXC; 1 Setúbal Half Mar; 1 Guimarães 5000; 1 Portuguese Clubs 3000/5000; 1 Ribeira Brava 10,000; 3 Portuguese 10,000; 2 Spanish 10,000; 5 Lisbon (Autumn) Half Mar						
48	<b>DÍAZ María del Pilar</b> PUR	27y	205d	1981	82:55	82:55 -08
In 2008: 9 Coamo Half Mar						
49	<b>MALDONADO Zenaida</b> PUR	29y	343d	1978	75:29	75:29 -08
3 Ibero-American 5000 2006. At WXC: 2004-87 long In 2008: 5 Coamo Half Mar; 19 San Juan 10K; 7 North & Central America and Caribbean XC; 1 Carolina 3000; 9 Berlin Half Mar; 1 Toa Baja 10K; 6 Central American & Caribbean Champs 5000						
50	<b>VALLÉS Carmen</b> PUR	32y	125d	1976	80:19	80:19 -08
31 Berlin 2007 In 2008: 7 Coamo Half Mar; 14 North & Central America and Caribbean XC; dnf Central American & Caribbean Champs 10,000						
51	<b>TALPOS Luminita</b> ROU	36y	3d	1972	72:38	69:01 -08
(Née Moanga) ... twice winner of Vienna Marathon ... Mar pb: 2:26:43 -08. 2 Hauts-de-Seine 95 (96-3); 2 Marrakech 97/98; 8 World Half Mar 99/2007 (2002/2003-15, 2004-18, 2005-27); 16 ECH 10,000 2002; 18 WCH 2003 (2007-dnf); 12 Osaka 2004 (2000/2005-dnf); 12 Los Angeles 2005; 4 Dubai 2006; 16 World 20K 2006; dnf New York 2006; 1 Vienna 2007/2008; 18 OLY 2008. 1 Romanian 5000 2002. At WXC: 99-35 long & 83 short In 2008: 8 San Juan 10K; 1 Vienna; 3 "Bolder" Boulder 10K; 1 Longmont CO 10K; 2 Peoria 4M; 18 OLY						
52	<b>TODERSACU Magda</b> ROU	29/30y		1978	-	73:01 -01
Mar pb: 2:39:54 -06. 1 Bucharest 2000; 1 Mainz 2006 (2004-9, 2005-3, 2007-9); 5 Treviso 2006; 1 Zagreb 2007						
53	<b>TODORAN Paula</b> ROU	23y	126d	1985	76:47	72:59 -07
5000 pb: 15:52.99 -07. 10,000 pb: 33:12.08 -07. 14 WJC 5000 2004; 4 under-23 ECH 10,000 2005/2007; 33 World 20K 2006; 37 World Half Mar 2007. At EXC: 2001-47J, 2002-56J, 2003-38J, 2004-18J, 2006-13u23 In 2008: 6 Egmond Aan Zee Half Mar; 3 Romanian indoor 3000; 3 Balkan XC; 9 Sunderland 5.5M; 2 Romanian 5000						
54	<b>MFUNZI Ntombesintu</b> RSA	26y	290d	1981	-	78:33 -06
10K pb: 35:35 -06. Mar pb: 2:58:02 -07. 15 Port Elizabeth 2007. At WXC: 2008-86 In 2008: 7 South of Africa XC; 86 WXC						
55	<b>van SCHALKWYK Annerien</b> RSA	29y	249d	1979	76:00	76:00 -08
Full name-Annerien Johanna van Schalkwyk ... 5000 pb: 16:25.25 -08. 3 South African 5000 2008 In 2008: 6 Durban 5000; 1 Centurion 10K; 4 Germiston 3000; 3 South African 5000; 4 "Two Oceans" Half Mar; 5 Bellville 10K; 1 Port Elizabeth 10K; 6 Durban 10K; 7 South African Half Mar; 2 Port Elizabeth 10K; 7 South African 10K; 7 South African XC						

56	<b>XINIWE Zintle</b> RSA	21y 355d 1986	73:02	73:02 -08
5000 pb: 16:14.15 -08. 10K pb: 33:29 -08. 10 World Youth 3000 2001. 1 South African junior 5000 2002 & senior 5000 2006 In 2008: 2 Durban 5000; 3 Germiston 3000; 2 Cape Town 10K; 1 Cape Town 15K; 2 South African 5000; 1 Mossel Bay 10K; 3 Bellville 10K; 8 African Champs 5000; 1 Bellville 10K (May 31); 3 Durban 10K; 2 South African Half Mar; 1 Port Elizabeth 10K; 1 Bellville 10K (Aug 9); 4 South African 10K; 3 Pretoria 10K; 1 Wellington RSA Half Mar				
57	<b>BIKTASHEVA Lyudmila</b> RUS	34y 80d 1974	72:07	70:31 -01
2002 European bronze at 10,000m ... Mar pb: 2:34:39 -03. 10,000 pb: 31:04.00 -02. 5000 pb: 15:22.98 -01. 9 World Half Mar 99; 13 OLY 10,000 2000; 4 Goodwill Games 10,000 2001; 3 ECH 10,000 2002 (98-10); 7 World Half Mar 2003 (2001-13). 11 Osaka 2002 (marathon debut). 1 Russian 10,000 2001/2002 (98/2000-3). 1 Russian road 10K 97 In 2008: 10 San Juan 10K; 12 US Champs 8K; 6 New Orleans 10K; 7 Mobile 10K; 3 Charleston 10K; 6 New York Half Mar; 2 Cape Elizabeth 10K; 2 Falmouth MA 7M; 5 Novosibirsk Half Mar (Russian Champs)				
58	<b>IVANOVA Alina</b> RUS	39y 211d 1969	74:22	69:32 -07
Former world class walker – 1991 World 10K Walk Champion ... disqualified from 1992 Olympic 10K after crossing line in first place 10K Walk pb: 42:16 -89. Mar pb: 2:25:34 -01. 1 EIC 3000 walk 92; 6 Tokyo 94/2000 (93-8, 2004-dnf); 1 Omsk 95; 2 Twin Cities 95; 6 Houston 96 (2000-dnf); 6 London 96 (93/2004-8, 2001-7); 10 Nagoya 97 (2006-11); 1 Hong Kong 98 (99-2); 2 Gold Coast 99; 1 Prague 2000/2006; 4 Seoul 2000; 5 Berlin 2003 (2000-8); 2 Taipei 2004. 9 World Half Mar 2004 (99/2003-10, 2005-30, 2007-15); 20 WCH 2005 (97-dnf); 11 Nagoya 2006; 23 World 20K 2006; 1 Dublin 2006/2007. Coach-Nikolay Panfilov In 2008: 17 Lisbon Half Mar; dnf Prague Marathon				
59	<b>ARYASOVA Tatiana</b> RUS	29y 194d 1979	-	70:20 -03
(Née Khmeleva) ... silver at 5000m in 2001 World Student Games ... Mar pb: 2:29:09 -08.. 10,000 pb: 31:04.88 -08. 5000 pb: 15:15.40 -05. 3 under-23 ECH 5000 2001; 2 WSG 5000 2001. At WXC: 97-31J. At EXC: 2001-41. Marathons (2): 10 Honolulu 2002; 1 Los Angeles 2008 In 2008: 1 Los Angeles; 3 Russian 10,000; 19 OLY 10,000				
60	<b>SYREVA Olesya</b> RUS	24y 322d 1983	69:52	69:52 -08
2005 World Student Games Champion at 1500m ... 3000 pb: 8:29.00i; 8:58.27 -06. 1500 pb: 4:07.28 -05. 5000 pb: 15:19.96 -08. 3 WJC 1500/3000 2002; 2 under-23 ECH 1500 2005; 1 WSG 1500 2005; 5 WIC 3000 2006; 2 ECP 3000 2006. 1 Russian junior 30000 2002; 1 Russian under-23 3000 2004. 1 Russian Half Mar 2008. At WXC: 2006-23 short. Anchored Russia to victory in 2007 Yokohama Ekiden, clocking 17:06 for 5.195K In 2008: 7 Russian indoor 3000; 7 Zaragoza 3000; 7 Zhukovskiy 1500; 1 Jerez de la Frontera 5000; 7 Monaco 3000; 1 Novosibirsk (Russian Champs) Half Mar				
61	<b>NYIRANSABIMANA Angeline</b> RWA	20y 276d 1988	76:37	72:44 -07
10,000 pb: 33:51.27 -07. 5000 pb: 15:43.89 -08. 10 World Youth 3000 2005; 7 African Champs 10,000 2006 (10 5000); ht WCH 5000 2007; 31 World Half Mar 2007. At WXC: 2004-25J, 2006-51 long, 2007-31 ... based-Eldoret In 2008: 38 Kenyan XC; 7 African Champs 5000 (dnf 10,000); 8 Jerez de la Frontera 5000; 3 Lugano 1500; 16 Rome Golden League 5000; 4 Tangiers 3000; 4 Bologna Half Mar				
62	<b>TIJNDAL Georgette</b> SUR	37y 329d 1970	-	-
63	<b>SKLYARENKO Oksana</b> UKR	27y 162d 1981	-	77:05 -05
Mar pb: 2:36:14 -08. 5000 pb: 15:52.71 -08. 10,000 pb: 33:13.39 -08. 6 European under-23 10,000 2003 (5000-8); 12 Istanbul 2006; 11 Frankfurt 2007; 3 Turin 2008; 69 OLY 2008 In 2008: 2 Breda XC; 1 Ukrainian Indoor Cup (Zaporizhzhya) 3000; 1 Ukrainian XC; 3 Turin; 5 Ukrainian Universities 1500; 2 Ukrainian 10,000; 69 OLY				
64	<b>REDÓN Marisol</b> URU	27y 278d 1981	-	84:16 -06
55 World Half Mar 2007				
65	<b>HERBST LUCKE Stephanie</b> USA	42y 290d 1965	-	76:25 -06
Mar pb: 2:42:53 -06. 22 Chicago 2006; 22 Duluth 2007; 59 US Olympic Trial 2008 In 2008: 10 US Champs 15K; 59 US Olympic Trials Marathon; 11 Atlanta "Peachtree" 10K; 3 Minneapolis 10K; 4 US Road 20K; 14 US Road 5K				
66	<b>McMAHAN Dot</b> USA	31y 340d 1976	73:10	73:10 -08
Mar pb 2:35:02 -08. 23 Chicago 2006; 16 Boston 2007; 8 US Olympic Trials 2008 In 2008: 8 US Half Mar; 8 US Olympic Trials Marathon; 18 Albany 5K; 1 Charlevoix Mile; 5 US Road 20K; 15 US Road 8K				
67	<b>NICOLINI LEHMKUHLE Kristen</b> USA	31y 22d 1977	72:58	72:58 -08
10K pb: 33:46 -06. 5000 pb: 15:51.88 -06. 11 US champs 5000 2006. Husband-Jason Lehmkuhle is also an international distance runner (they are both on the US Team for Rio 2008) In 2008: 5 US Half Mar; 22 US Champs XC; 1 Minneapolis 10K; 1 Northport 10K				
68	<b>STEFFENS Jill</b> USA	24y 171d 1984	-	-
2008 US road 20K Champion ... 5000 pb: 16:23.80 -08. 10,000 pb: 33:16.53 -08. 1 US Road 20K 2008. 8 NCAA 10,000 2007 In 2008: 29 US Champs 15K; 1 Atlanta 5000; 3 Portland OR 10,000; 18 US Olympic Trials 10,000; 1 US Road 20K; 14 US Road				
69	<b>WHITE Melissa</b> USA	27y 189d 1981	73:13	73:13 -08
36 World Half Mar 2004 Marathons (3): 16 Chicago 2006; 14 Boston 2007; 14 Boston 2008 In 2008: 10 US Half Mar; 14 US Olympic Trials Marathon; 15 Albany 5K; 19 US Olympic Trials 10,000; 13 Utica "Boilermaker" 15K; 5 Buffalo 4M; 6 US Road 20K				
70	<b>AMAYA Zuleima</b> VEN	23y 125d 1985	78:51	78:51 -08
10,000 pb: 35:01.72 -05. 2 South American under-23 10,000 2006 In 2008: 2 Venezuelan XC; 11 South American XC; 1 Caracas Half Mar; 1 Caracas "Human Race" 10K; 3 Maracaibo Half Mar				
71	<b>JAIMES Mileidys</b> VEN	20y 362d 1987	82:54	82:54 -08
In 2008: 3 Venezuelan XC; 14 South American XC; 3 Caracas Half Mar				
72	<b>MONTILLA Maria</b> VEN	30y 180d 1978	73:49	73:49 -08
2 Central American & Caribbean Champs 10,000 2008 (3 5000) In 2008: 16 San Juan 10K; 3 Carolina 3000; 7 Berlin Half Mar; 1 Venezuelan 10,000; 2 Central American & Caribbean Champs 10,000 (3 5000)				
73	<b>RODRÍGUEZ Rosa America</b> VEN	44y 225d 1964	88:32	88:32 -08
At WXC: 2006-89 long ... In 2008: 2 Caracas Half Mar				
74	<b>TAVENGWA Sharon</b> ZIM	24y 308d 1983	74:09	72:27 -06
Mar pb: 2:42:56 -08. 5000 pb: 16:01.78 -07. 10,000 pb 33:39.26 -08. 8 African Games 5000 2007. At WXC: 2002-61J, 2005-77 long, 2007-34 In 2008: 3 Polokwane Half Mar; 3 Nelspruit Half Mar; 1 Johannesburg 10K; 7 Glasgow 10K; 3 Utrecht 10,000; 5 Groesbeek 10K; 1 Heemskerk 20K; 3 South African Half Mar; 1 Phalaborwa Half Mar; 11 Stellenbosch 10K XC; 1 Johannesburg Half Mar; 2 Cape Town Marathon; 3 Breda Half Mar				