



**SPORT EXPLANATORY BROCHURE
SPORT-SPECIFIC INFORMATION**

ATHLETICS

**BLAZING THE TRAIL
OUVRIR LA VOIE**



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1 Key Contacts

1.1 INTERNATIONAL ASSOCIATION OF ATHLETICS FEDERATIONS (IAAF)

Please refer to <http://www.iaaf.org/> for up to date contact details.

1.2 SINGAPORE Athletics ASSOCIATION (SAA)

Please refer to <http://www.singaporeathletics.org.sg/> for up to date contact details.

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1.4 EVENT DELEGATE

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2 Key Dates & Activities

Activities	Date	Venue	Time
Starting Practice	15 Aug 2010	Bishan Stadium	10:00 - 12:00
Technical Meeting	15 Aug 2010	Youth Olympic Village	15:00

3 Events & Quotas

3.1 EVENTS

Boys' Events (18)	Girls' Events (18)
<p>Track 100m 200m 400m 1000m 3000m 2000m Steeplechase 110m Hurdles 400m Hurdles 10,000m Race Walk Medley Relay</p> <p>Jumps High Jump Pole Vault Long Jump Triple Jump</p> <p>Throws Shot Put 5kg Discus Throw 1.5kg Hammer Throw 5kg Javelin Throw 700g</p>	<p>Track 100m 200m 400m 1000m 3000m 2000m Steeplechase 100m Hurdles 400m Hurdles 5000m Race Walk Medley Relay</p> <p>Jumps High Jump Pole Vault Long Jump Triple Jump</p> <p>Throws Shot Put 4kg Discus Throw 1kg Hammer Throw 4kg Javelin Throw 600g</p>



3.2 QUOTAS

Category	Qualified via IF	NOC Universality Places	Host Country Places	Total
Boys	272	63	5	340
Girls	272	63	5	340
TOTAL	544	126	10	680

3.3 NOC QUOTA

A maximum of one (1) athlete per NOC can compete in each event.



4 Qualification System

4.1 ATHLETE ELIGIBILITY

Athletes must have been born between 1 January 1993 and 31 December 1994.

An athlete may only compete in one individual event plus the Medley Relay.

4.2 PERFORMANCE & CONTINENTAL REPRESENTATION

The selection of athletes shall be made during the five Area/Continental Youth Championships (or selection competitions) which will take place in the same year as the Youth Olympic Games. These competitions shall be organised at the latest by 31 May 2010 – preferably during 4–5 April or 23–24 May 2010.

544 athletes will be selected on the basis of their performances achieved at the Area/Continental Championships. In total 16 athletes by event will be selected for each of the 34 individual events. The five continental teams, comprised of athletes who have already been selected in individual events, shall compete in relay events.

After the 2009 World Youth Championships (Südtirol, July), the IAAF will publish the number of positions available for each event by Area/Continent. This number will take into account the results achieved by athletes of these Areas during the three last World Youth Championships (2005 Marrakech, Morocco – 2007 Ostrava, Czech Republic and 2009 Südtirol, Italy), with a minimum of one athlete per Area.

4.2.1 Number of Qualified Athletes by Continent and Event

BOYS:

EVENTS	AFR	EAA	OAA	AMERICAS	ASIA
100M	1	4	1	7	3
200M	2	4	1	6	3
400M	3	4	2	5	2
1000M	7	3	2	2	2
3000M	9	1	1	2	3
110MH	2	6	2	4	2
400MH	4	3	1	5	3
2000 SC	8	3	1	2	2
HIGH JUMP	2	6	2	3	3
POLE VAULT	2	8	1	2	3
LONG JUMP	2	6	1	4	3
TRIPLE JUMP	2	7	1	3	3
SHOT PUT	2	8	2	2	2
DISCUS THROW	2	7	2	2	3
HAMMER THROW	2	9	1	2	2
JAVELIN THROW	2	7	2	3	2
WALK	1	6	2	4	3



GIRLS:

EVENTS	AFR	EAA	OAA	AMERICAS	ASIA
100M	1	4	1	8	2
200M	2	4	2	7	1
400M	2	5	1	6	2
1000M	4	5	2	3	2
3000M	6	4	1	2	3
100MH	2	5	2	5	2
400MH	2	6	1	5	2
2000 SC	5	6	2	2	1
HIGH JUMP	1	9	2	2	2
POLE VAULT	1	9	2	2	2
LONG JUMP	1	7	2	4	2
TRIPLE JUMP	1	8	2	2	3
SHOT PUT	1	6	2	4	3
DISCUS THROW	2	6	3	3	2
HAMMER THROW	2	10	1	2	1
JAVELIN THROW	2	7	1	3	3
WALK	1	8	1	3	3

4.3 HOST COUNTRY REPRESENTATION

The host NOC will automatically qualify 10 athletes.

4.4 REALLOCATION OF UNUSED QUOTA PLACES

4.4.1 Unused IF Quota Places

Any unused IF quota place(s) will be redistributed to the next best placed athlete(s) at the respective Area/Continental Youth Championships.

4.4.2 Unused Host Country Places

Any unused host country place(s) will be redistributed to the next best placed athlete(s) at the Asian Continental Youth Championships.

4.4.3 Unused NOC Universality Places

Any unused NOC Universality places will be redistributed according to the number of positions available for each event by area/continent. This number will take into account the results achieved by athletes from these areas during the last World Youth Championships.



5 Qualification Timeline

Date	Milestone
Mar 2009 – May 2010	YOG 2010 IF qualification period
Africa 27 – 28 Apr 2010	East Africa Youth Championship (Khartum, SUD)
7 – 9 May 2010	Central Africa Youth Championship (Libreville, GAB)
14 – 16 May 2010	West Africa Youth Championship (Dakar, SEN)
	South Africa Youth Championship (Pretoria, RSA)
19 – 22 May 2010	North Africa Youth Championship (Algiers, ALG)
	<i>*Results of the five regions will be merged for the qualification of the YOG</i>
Asia 21 – 23 May 2010	Asian Youth Continental Championship (Singapore, SIN)
Europe 21 – 23 May 2010	Europe Youth Continental Championship (Moscow, RUS)
North America 8 – 9 Aug 2009	Canada Youth Championship (Sherbrooke, CAN)
3 – 4 Apr 2010	Western & Eastern Caribbean Youth Championship (Grand Cayman, CAY)
	Central America Youth Championship (San Salvador, ESA)
	United States of America Youth Championship (Houston, USA)
	<i>*Results of South America and the 4 North America centers will be merged for qualification to the YOG.</i>



Date	Milestone
South America 3 - 4 Apr 2010	South America Youth Continental Championship (Sao Paulo, BRA)
Oceania 11 - 14 Mar 2010	Oceania Continental Youth Championship (Sydney, AUS)
Jun - 14 Jul 2010	Reallocation of unused NOC universality places and final reallocation period for unused quota places
15 Jul 2010	Entries deadline (by name) for all sports



6 Competition Format

6.1 ENTRY STANDARDS

The selection of athletes will be made during the five Area/Continental Youth Championships in 2010. 544 athletes will be selected on the basis of their performances achieved at the Area/Continental Championships. In total 16 athletes by event will be selected for each of the 34 individual events

6.2 PROGRESSION OF COMPETITION

100m, 200m, 400m, 1000m, 3000m, 100m/110m Hurdles, 400m Hurdles, 2000m Steeplechase – there will be two rounds – Round 1 and Finals.

All field events will have two rounds – Qualification and Finals.

Race Walks and the Medley Relay will be straight finals.

6.3 DIFFERENCES BETWEEN THE IAAF WORLD YOUTH CHAMPIONSHIPS AND THE YOUTH OLYMPIC GAMES

There are differences between the IAAF World Youth Championships and the Youth Olympic Games. The main difference lies in the format of the competition.

The competition at the Youth Olympic Games is still governed by the Rules of the IAAF.



7 Competition Rules & Procedures

7.1 TRACK EVENTS - 100M, 200M, 400M, 1000M, 3000M, 100/110MH, 400MH, 2000M SC

There will be two rounds for each event; Round 1/Qualification to be held in Stage 1 and Finals to be held in Stage 2.

In all events, one, two or three heats (or more, if necessary) will be arranged in Round 1 depending on the final number of entries. From results achieved in Round 1, athletes will be placed in A, B or C (or additional) Finals, in accordance with procedures to be determined by the Event Delegate.

Final placings in each discipline will be determined by the placings in the Final with the top placings determined from the A Final and subsequent placings determined from the B Final, C Final, etc.

7.2 TRACK EVENTS - RACE WALK, MEDLEY RELAY

The Race Walk and Medley Relay will be straight Finals.

7.3 FIELD EVENTS - HIGH JUMP, POLE VAULT, LONG JUMP, TRIPLE JUMP, SHOT PUT, DISCUS THROW, HAMMER THROW, JAVELIN THROW

There will be two rounds for each event; a Qualification Round to be held in stage 1 and a Final to be held in stage 2. From the results achieved in the Qualification Round, athletes will be placed in an A or B Final.

Final placings in each discipline will be determined by the placings in the Final with the top placings determined from the A Final and subsequent placings determined from the B Final.

In both the Qualification Round and Finals of all field events, except for Pole Vault and High Jump, all athletes will receive four trials.

In Pole Vault and High Jump, normal IAAF Rules will apply.

7.4 ADDITIONAL INFORMATION FOR MEDLEY RELAY

The five continental teams are formed of athletes who have already been selected in individual events, to compete in the relay events.

The order is as follows:

1st leg : 100m;
2nd leg : 200m;
3rd leg : 300m;
4th leg : 400m.

The first two legs are run in lanes and for the third leg runners must remain within the lanes until the break line at the beginning of the back straight. From this point, runners may leave their respective lanes.



7.5 PROTESTS AND APPEALS

Protests are possible and shall be resolved under the IAAF Rule 146. Protests concerning an athlete's status to participate in the Youth Olympic Games must be made, prior to the commencement of the meeting, to the IOC. There shall be a right of appeal to the Jury of Appeal on the decision of the IOC.

An appeal to the Jury of Appeal must be made within 30 minutes of the official announcement of the decision made by the Referee. It must be in writing signed by the responsible official on behalf of the athlete, and shall be accompanied by a deposit of US\$100, which will be forfeited if the appeal is not upheld. All appeals must be lodged at the competition venue. All appeals will be immediately forwarded to the Secretary of the Jury of Appeal.

7.6 DESCRIPTION OF FACILITY

Track events take place on a 400m, eight lane synthetic Track.

The heights of the hurdles are as follows:

Events	Height
100m Girls	0.762m
110m Boys	0.914m
400m Girls	0.762m
400m Boys	0.838m

For the 2000m steeplechase there are five hurdles on the track, 0.914m high for Boys and 0.762m high for Girls. The 4th hurdle is the "water jump".

7.7 DISQUALIFICATION

According to IAAF Rules, disqualifications are possible in several situations.

For Track Events the most common cases are:

- a. false start
- b. lane infringement (200m, 400m, Medley Relay)
- c. hurdle fault (missing hurdle, trailing leg, deliberately knocking down hurdle)
- d. passing the relay baton outside the takeover zone

For events not conducted in lanes, jostling and obstruction are the most common cases.

Disqualifications in Field Events are very uncommon **but can occur**.



8 Equipment & Clothing

Equipment used or clothing worn by athletes and other participants at the Youth Olympic Games Athletics competition must comply with the IAAF Constitution and Technical Rules and with the Bye-Law to Rule 51 of the Olympic Charter.

8.1 OFFICIAL IMPLEMENTS LIST

BOYS:

Catalogue No.	Company	Description	Colour	Certification No.
SHOT 5kg				
8350014	Anand	ATE Competition, turned iron, dia: 114mm	Red	I-08-0398
PK-5/110-S	Polanik	Stainless steel, dia: 110mm	Silver	I-00-0196
PK-5/110-M	Polanik	Brass, dia: 110mm	Gold	I-00-0199
PK-5/105-S	Polanik	Stainless steel, dia: 105mm	Metal	I-00-0233
PK-5/115-S	Polanik	Stainless steel, dia: 115mm	Metal	I-00-0234
DISCUS 1.5kg				
N1104B	Nelco	Lo Spin, steel rim, plastic sides	Red	I-02-0259
6130150	Nordic	Viking, stainless steel rim, fibreglass sides	Red	I-03-0296
DSB-P15	Bhalla	Vinex Lo Spin, steel rim, plastic sides	Blue	I-06-0378
CPD-1,5	Polanik	Competition, steel rim, plastic sides	Yellow	I-99-0154
CCD-1,5	Polanik	Carbon, brass rim, carbon sides	Yellow	I-00-0193
HAMMER 5kg				
9250000/9700100	Anand	ATE Competition, steel, dia:100mm	Blue	I-08-0402
HVI-500/HHV-102	Bhalla	Vinex Super, turned iron, dia: 115mm	Yellow	I-06-0371
PM-5/100/UP/UW-130	Polanik	Turned steel, dia: 100mm	Yellow	I-99-0157
PM-5/S/UP/UW-130	Polanik	Stainless steel, dia: 100mm	Silver	I-00-0202
PM-5/M/UP/UW-130	Polanik	Brass, dia: 100mm	Gold	I-00-0205



Catalogue No.	Company	Description	Colour	Certification No.
JAVELIN 700g				
7914706	Nordic	Pegasus, steel, silver cord	Lilac	I-03-0289
7914705	Nordic	Eagle, steel, lilac cord	Yellow, pink spiral	I-02-0254
W-7-01	Polanik	Class I 55m, white/blue cord	Yellow/red	I-99-0160
W-7-03	Polanik	Class III 75m, white/blue cord	Light green, light yellow	I-00-0214
W-7-02	Polanik	Class II 65m, white/blue cord	Violet, yellow	I-00-0213
700SC90	Nemeth	Special Competition 90m, aluminium, white cord	Blue/ yellow/ orange	I-08-0415

GIRLS:

Catalogue No.	Company	Description	Colour	Certification No.
SHOT 4kg				
N1118FX	Nelco	Turned steel, dia: 109mm	Red	I-01-0248
721-2109	UCS	Turned steel, dia: 109mm	Yellow	I-99-0112
721-2096	UCS	Turned steel, dia: 96mm	Yellow	I-99-0113
721-2100	UCS	Turned steel, dia: 100mm	Yellow	I-99-0114
721-2105	UCS	Turned steel, dia: 105mm	Yellow	I-99-0115
DISCUS 1kg				
N1104C	Nelco	Lo-Spin, steel rim, plastic sides	Red	I-99-0131
N1105B	Nelco	Super Spin Black, stainless steel rim, plastic sides	Black	I-99-0092
N1104CS	Nelco	Super Spin Olympia, steel rim, plastic sides	Yellow or blue	I-01-0246
F333A	Nishi	Super HM, steel rim, FRP sides	Purple/ black/ white	I-02-0256
720-2100	UCS	Purple Flyer High Moment, steel rim, fibreglass	Purple	I-99-0121
HAMMER 4kg				
N1122XC/N1125BN	Nelco	Olympic, alloy stainless steel, dia: 95mm	Silver	I-99-0138
N1121D/N1125BN	Nelco	Olympic, brass, dia: 95mm	Gold	I-99-0147
N1122ES/N1125BN	Nelco	Olympic, steel, dia: 95mm	Yellow	I-01-0250



Catalogue No.	Company	Description	Colour	Certification No.
PM-4/95/UP/UW-130	Polanik	Turned steel, dia: 95mm	Yellow	I-99-0156
722-2095/722-4000/4200	UCS	Stainless steel, dia: 95mm	Silver	I-99-0126
JAVELIN 600g				
600S60	Nemeth	Standard 60m, aluminium, violet cord	Violet	I-99-0108
7917600	Nordic	Diana 70, steel, lilac cord, 70m	Pink	I-99-0017
W-6-04	Polanik	Class IV 80m, white/blue cord	Red/white	I-99-0159
W-6-01	Polanik	Class I 50m, white/blue cord	Light green, blue	I-00-0207
W-6-02	Polanik	Class II 60m, white/blue cord	Violet, yellow	I-00-0208
W-6-03	Polanik	Class III 70m, white/blue cord	Light green, light yellow	I-00-0209

8.2 PERSONAL IMPLMENTS

Personal implements will also be allowed provided that they adhere to the following:

- a. They are readily identifiable and IAAF certified.
- b. They are not on the Official Implements List.
- c. They have been checked for compliance with IAAF Rules.
- d. They are made available to all other athletes until the end of the Final of the respective event.



9 Doping Control

The Singapore Youth Olympic Games Organising Committee (SYOGOC), under the guidance of International Olympic Committee (IOC), will be responsible for the Doping Control Programme during the Singapore 2010 Youth Olympic Games. The Doping Control Programme will be implemented in accordance with the IOC Anti-Doping Rules, the World Anti-Doping Code and its relevant International Standards.

Doping Control stations will be set up at competition venues and the Polyclinic within the Youth Olympic Village, where in-competition testing will be conducted. The Test Distribution Plan and criteria for athlete selection for each sport will comply with the Doping Control protocol established by the IOC, IFs and SYOGOC. Doping Control procedures will be implemented according to the WADA's International Standards for Testing.

Sample analysis will be performed at a WADA-accredited laboratory or as otherwise approved by WADA.



10 Competition Venue

BISHAN STADIUM

10.1 LOCATION

Situated in the central part of Singapore, Bishan Stadium is part of the Bishan Sports & Recreation Centre, which includes Bishan Sports Hall and Bishan Swimming Complex.

10.2 HISTORY

Since its opening in 1999, Bishan Stadium has been the ground of Home United Football Club, a professional football club in Singapore. From 2004 to 2006, the Stadium was used for the team's home matches in the Asian Football Confederation Cup tournament.

In September 2006, Bishan Stadium was one of two venues for the Asian Football Confederation U-17 championship hosted by Singapore. The Australian national team also used the Stadium as its training base for two weeks in June 2007 before it left for the Asian Cup.

The Stadium was also the venue for the 35th Singapore Junior Athletics Championships in May 2009 and the 1st Asian Youth Games (Athletics) in June/July 2009.





11 Competition Schedule by Day

Date	Time
17 Aug 2010	09:00 - 12:00
18 Aug 2010	09:00 - 12:00
19 Aug 2010	09:00 - 12:00
21 Aug 2010	09:00 - 11:00 19:00 - 21:30
22 Aug 2010	09:00 - 11:00 19:00 - 21:30
23 Aug 2010	09:00 - 11:00 19:00 - 21:30

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Competition Schedule by Session will be provided during the Chef de Mission Seminar in March 2010.



12 Games-Time Training

12.1 TRAINING VENUES & SCHEDULES

- Nanyang Technological University (NTU) Track & Field

12.1.1 Orientation & Starting Practice

Venue : Bishan Stadium (Competition Venue)

Date : 15 August 2010

Time : 09:00 (Orientation)
10:00 – 12:00 (Starting Practice)

12.1.2 Pre-Competition Training and Training during Competition (Open Training)

Venue : NTU Track & Field

Date : 10 – 23 August 2010

Time : Session 1, 08:00 – 12:00
Session 2, 15:00 – 21:00

**Due to the Opening Ceremony on 14 August 2010, only Session 1 will be available for training.*

12.1.3 Post-Competition (Open Training)

Venue : NTU Track & Field

Date : 25 August 2010

Time : 08:00 – 18:00

12.2 EQUIPMENT AT TRAINING VENUE

Equipment and implements necessary for training will be available at the training venues. All personal equipment will be kept in the equipment store of the training venues. Athletes are required to draw and return the equipment at the equipment store.

Athletes' vaulting poles will be transported to the Bishan Stadium the night before competition.



12.3 TRAINING POLICIES

12.3.1 Pre-Competition Training (10 - 16 August 2010) and Training during Competition (17 - 23 August 2010)

No booking for training is required. Athletes from the participating NOCs may train at the indicated training sessions. Due to the Opening Ceremony on 14 August 2010, only one training session (08:00 - 12:00) is available.

12.3.2 Post-Competition Training (25 August 2010)

Post-Competition Training is available on 25 August 2010, 08:00 to 18:00 hours. No booking is required.

There will be no training available on 24 August 2010 due to the CEP Island Activity.



13 Medals

The top three winners in the finals will each receive a Gold medal, Silver medal and Bronze medal respectively.

14 Victory Ceremonies

Victory Ceremonies (VYC) will be held in accordance with the protocol determined by the IOC to honour the individual and team achievements of the athletes.

They will be held at the respective competition venues following the announcement of the final results. Prior to the commencement of the ceremony, medallists will be ushered to the VYC Holding Area for preparation. They will be briefed by the VYC Team on the ceremony protocol and subsequently escorted to the podium for the medals presentation. Once the ceremony is over, the medallists will be escorted out of the VYC podium area.

Medallists must wear their NOC official sport uniform. They will take their places on the podium and face the Guest Stand upon announcement of their names. The Gold Medallist(s) will stand on a centred, higher platform. The Silver and Bronze Medallists will stand on equal height, to the right and left of the Gold Medallist(s) respectively. Flags of the medallists' delegations will be raised while the abridged version of the Gold-medallist(s)' NOC anthem is being played. During the playing of the NOC anthem and the raising of the flags, medallists shall accord due respect and face the flags when they are raised.

For NOC Team events, the IOC flag will be raised in tandem with the abridged version of the IOC anthem.