

Men's 400 Metres Hurdles

26 Entrants

		Age	(Days)	Born	Season's Best	Personal Best
1142	WILLIAMS Jonathan BIZ Belize record holder at 400m flat, hurdles & 800m ... 400 pb: 47.62 -07. 800 pb: 1:52.33 -08. 6 Central American & Caribbean Games 2006; 1 Central American 2007; 2 North & Central American & Caribbean 2007; sf WCH 2007 In 2008: 1 Walnut 200 (3 800); 3 California Relays 800; 3 Fresno 200; 1 Claremont; 5 Westwood 200; 3 Mt SAC Relays; 3 Los Angeles 200; 5 Doha; 5 Ponce; 1 Eagle Rock Carried flag at opening ceremony	24y	351d	1983	49.42	48.88 -07
1234	SUGIMACHI Mahau BRA 7 Pan-American Games 2007; 2 Japanese National Games 2007. 1 Brazilian 2008. Born-Brazil, moved with his family to Japan as a child In 2008: 2 Shizuoka; 5 Belém; 1 Ibero-American; 1 Brazilian	23y	274d	1984	49.15	49.15 -08
1343	MENG Yan CHN Chinese record holder ... 2 Asian Games 2006; sf WCH 2007. 1 Chinese National Games 2005. 1 Chinese 2004/2006. Born-Jilin Province ... coach-Ge Tiejun In 2008: 5 Osaka; 2 "Good Luck" Beijing	27y	318d	1980	49.85	49.03 -06
1545	SANCHEZ Felix DOM DEFENDING OLYMPIC CHAMPION Unbeaten for 43 successive races between 2001 & 2004 ... mostly injured since then, but good comeback for 2007 world silver 400 pb: 44.90 -01 (47.65 -08). 1 WCH 2001/2003 (99-ht, 2005-dnf final, 2007-2); 1 Pan-Am Games 2003 (99/2007-4); 1 OLY 2004 (2000-sf). 1 NCAA 2000. Studied psychology at the University of Southern California ... win streak ended at Brussels 2004 with an injured left hamstring & calf, the injuries persisted in 2005 when he failed to finish the world final and also in 2006 ... ran with a flashing wristband during his unbeaten streak 2001-2004, then donated it to the IAAF to auction for charity ... coach-Avondale Mainwaring is famed for his early-morning training regime, with sessions starting at 7:00 In 2008: 3 Long Beach 400 Carried flag at opening ceremony. No recent form because of injury, but he was in a similar situation before the 2005 World Championships and he went on to clock 48.24 there though pulled up injured in the final	30y	350d	1977	-	47.25 -03
1952	IAKOVAKIS Periklis GRE 2006 European Champion ... 2003 World bronze ... Greek record holder & 11x champion 400 pb: 46.48 -02. 8 ECP 400 flat 97; 2 EJC 400/4x400 97; ht EIC 400 98/2000; 1 WJC 98; sf WIC 400 99; 2 under-23 ECH 2001 (99-3); 4 WSG 2001 (99-dnf final); 3 WCH 2003 (99-ht, 2001/2005-sf, 2007-6); sf OLY 2004 (2000-ht); 1 ECH 2006 (2002-5); 1 ECP 2007/2008 (99-8, 2000-4, 2003-2). 1 Greek 98-2008... wife-Afroditi Méntzou ran 55.85 for 400m in 1999 ... coach-Maria Sotirákopoulou In 2008: 4 Doha; 5 Berlin Golden League; 5 Oslo Golden League; 1 Greek; 1 ECP	29y	144d	1979	48.80	47.82 -06
2150	McFARLANE Danny JAM 2004 Olympic silver ... five successive World relay medals ... 400 pb: 44.90 -95. sf COM 400 94; sf WCH 400 95/99; 2 WCH 4x400 95 (97/99/2001/2003-3); 1 Central American 400 97/2001; 1 Pan-Am Games 4x400 99; 8 OLY 400 2000 (3 4x400); 3 WIC 4x400 2001; 4 WCH 400H 2003 (2005-sf, 2007-5); 2 OLY 400H 2004. 1 Jamaican 400H 2003/2004/2006/2007/2008. He's the only athlete since 1936 to have competed in Olympic finals at both 400m hurdles (2004) and flat (2000) In 2008: 1 Norman (Apr 12); 2 Kingston (May 3); 2 Doha; 1 Ponce; 2 New York; 2 Oslo Golden League; 1 Jamaican; 3 Rome Golden League; 2 Athens; 2 Paris Golden League; 1 Monaco	36y	61d	1972	48.39	48.00 -04
2153	PHILLIPS Isa JAM 2007 US Collegiate Champion ... 400 flat pb: 48.65 -07. sf World Youth 2001; 2 Pan-Am junior 2003; sf WCH 2007. 1 NCAA 2007. Was a student of Political Science at Louisiana State University ... 1.96 tall In 2008: 6 Kingston; 3 Doha; 1 Dakar; 3 Belém; 2 Jamaican; 1 Central American & Caribbean; 5 Rome Golden League; 1 Lucerne 'B'	24y	114d	1984	48.78	48.51 -07
2159	BUCKLEY Markino JAM Had not bettered 52 seconds before 2007 ... 2 Central American junior 2004; sf WJC 2004; dnf ht WCH 2007 In 2008: 1 Spanish Town; 6 Kingston; 1 Mt SAC Relays 'B'; 1 Fort-de-France; 3 Rio de Janeiro; 2 Belém; 3 Jamaican; 6 Rome Golden League; 3 London Grand Prix	22y	121d	1986	49.08	49.08 -08
2192	TAMESUE Dai JPN Twice World bronze ... 6x Japanese Champion ... 400 pb: 45.94 -96. 4 WJC 96 (2 4x400); fell ht OLY 2000; 2 East Asian Games 2001; 3 WCH 2001/2005 (2003-sf, 2007-ht); 3 Asian Games 2002; sf OLY 2004. 1 Australian 99, 1 Japanese 2001/2002/2003/2004/2005/2007/2008 ... one of the shortest ever world-class 400 hurdlers ... 1.69 tall In 2008: 1 Japanese (7th time); 8 London Grand Prix	30y	104d	1978	49.17	47.89 -01
2217	NARISAKO Kenji JPN 2005 World Student Games Champion ... 2006 Asian Games Champion ... 400 pb: 46.02 -05. 3 World Youth 2001; ht WJC 2002; sf WCH 2005/2007; 1 WSG 2005; 1 Asian Games 2006. 1 Japanese 2006 In 2008: 1 Shizuoka; 1 Osaka; 1 "Good Luck" Beijing; 2 Japanese	24y	20d	1984	48.87	47.93 -06
2225	MELESHENKO Yevgeniy KAZ Kazakhstan record holder ... 2007 Asian Champion ... 5 WJC 2000; 2 WSG 2001 (2007-5); sf WCH 2003/2005/2007; 1 Central Asian Games 400/400H 2003; 1 Afro-Asian Games 2003; sf OLY 2004; 9 WCP 2006; 4 Asian Games 2006; 1 Asian Champs 2007 (2002-3) In 2008: 1 Thai; 2 Uzbekistan Cup; 1 Bishkek	27y	208d	1981	49.22	48.46 -01
2293	POGORELOV Aleksey KGZ Kyrgyzstan record holder ... ht WJC 2002; 5 Asian junior 2002; ht WCH 2005; 6 Asian Games 2006; 8 Asian Champs 2007 In 2008: 1 Uzbekistan Cup 400/400H; 2 Bishkek; 1 Kyrgyzizi 400/400H; 1 Kazak	25y	142d	1983	49.42	49.42 -08
2463	MAÏGA Ibrahim MLI Mali record holder ... ht OLY 2004; 2 Francophone Games 2005; sf WCH 2007 (2003/2005-ht); 3 African Champs 2008(2004-4, 2005-6) ... based-Dakar In 2008: 1 Bamako; 3 African Champs; 4 Dakar; 2 Brazzaville; 1 Radès; 2 Marseille; 2 Tarare; 3 Reims; 1 La Roche-sur-Yon	29y	154d	1979	49.82	49.13 -07
2528	GARBA Harouna NIG 8 African junior 2007	21/22y		1986	-	54.26 -07
2554	KAMANI Bayano PAN Ex-USA ... 2004 Olympic & 2005 World finalist ... 2 WSG 99; 1 South American 2003; 5 OLY 2004; 7 WCH 2005 (2003-ht, 2007-df); 1 Central American & Caribbean Games 2006; 2 Pan-Am Games 2007. 1 NCAA 99/2001 (2000-2). Born-Houston, lives-Los Angeles ... father is from Panama, mother from Barbados ... he was named after a man who led a slave uprising in Panama in the 16th century ... works as a music producer in his spare time ... Coach-Joe Douglas In 2008: 4 Kansas Relays; 2 Stanford; 5 Modesto 400; 4 Ponce; 5 New York; 6ht Central American & Caribbean Champs; 2 Kortrijk; 2 Alcalá de Henares; 1 Avila; 7 London Grand Prix; 7 Amsterdam 400	28y	119d	1980	49.60	47.84 -05
2567	BOÏNO Mowen PNG Papua New Guinea record holder at 400m hurdles ... 400 pb: 48.72 -06. ht OLY 2000/2004; ht WCH 2001/2007; 8 WCP 2002; sf COM 2006 (2002-ht). In 2002 he was the first athlete from outside Australia or New Zealand to represent Oceania at the World Cup In 2008: 4 Canberra; 2 Brisbane; 3 Sydney; 5 Melbourne; 3 Australian	28y	242d	1979	51.80	50.37 -06

2605	PLAWGO Marek POL	27y 171d 1981	48.69	48.12 -07
Two bronzes from Osaka 2007 ... 2006 European silver ... 2002 European Indoor Champion at 400m 400 pb: 45.35 -02. 4 EJC 99; 1 WJC 2000 (3 4x400); 2 ECP 2001/2005/2007 (3 400 flat 2002); sf WCH 2001; 8 WSG 2001; 1 EIC 400/4x400 2002; 4 ECH 400 2002; 1 under-23 ECH 400/4x400 2003; 6 OLY 2004; 2 ECH 2006; 3 WCP 2006; 3 WCH 400H/4x400 2007. 1 Polish 2003/2005/2006/2007/2008 ... his first love was basketball but they didn't do it at his school so he turned to athletics ... lifelong coach-Jan Widera In 2008: 3 Berlin Golden League; 4 Oslo Golden League; 2 ECP; 1 Bydgoszcz; 1 Polish; 4 London Grand Prix; 2 Monaco				
2647	MONTEIRO Edivaldo POR	32y 108d 1976	49.94	49.10 -04
5x Portuguese Champion ... ht WCH 2001/2004; sf ECH 2002; sf OLY 2004; sf WCH 2007 (2005-ht). 1 Portuguese 2000/2002/2003/2005/2007 In 2008: 3 European Clubs Cup ; 2 Portuguese Clubs; 1 Leiria; dq Prague; 2 ECP 1st League; 7 Madrid; 6 Reims; 1 Alcalá de Henares; 1 Portuguese 400/400H				
2681	CULSON Javier PUR	24y 20d 1984	48.87	48.87 -08
Puerto Rican record holder ... 400 pb: 46.50 -08. 110H pb: 13.91 -05 (14.00 -08). 3 Pan-Am junior 2003; 5 Central American & Caribbean Champs 2005; 5 Central American & Caribbean Games 2006; 1 Ibero-American 2006; 6 Pan-Am Games 2006; 3 WSG 2007; sf WCH 2007 In 2008: 1 Carolina 110H/400H; 1 Ponce 110H/400H (Apr 12); 4 Kingston; 3 Ponce (May 17); 1 Huelva; 1 Salamanca; 2 Bilbao 400				
2727	de VILLIERS Pieter RSA	26y 33d 1982	48.71	48.46 -05
400 pb: 46.64 -08. 2 WJC 2000; 1 African junior 2001; sf WCH 2005/2007; 7 COM 2006; 4 African Champs 2006; 2 African Games 2007 In 2008: 2 Secunda; 1 Durban; 1 Pretoria (3 400); 1 Germiston; 1 Pretoria; 2 South African; 1 Kassel; 3 Prague; 6 Bydgoszcz; 4 Madrid; 8 Rome Golden League; 2 Lignano; 6 Lucerne				
2733	MYBURGH Alwyn RSA	27y 305d 1980	48.99	48.09 -01
2004 Olympic finalist ... 2006 Commonwealth Games & African silvers 400 pb: 46.28 -04 (46.49 -08). 1 African Junior 99; sf WCH 2001/2003 (dnf ht 2007); 1 WSG 2001; 7 OLY 2004 (2000-sf); 2 COM 2006; 2 African Champs 2006; 3 African Games 2007. 1 South African 2007. Broke his elbow during a training session at the end of June but returned to reach the Olympic final ... his parents won 17 national titles between them in the seventies: father-Hugo in the 400, mother Hybre-in Hurdles, HJ & Pentathlon ... trains with LJ van Zyl In 2008: 1 Secunda 400; 3 Durban 400; 1 Potchefstroom; 2 Germiston; 2 Pretoria; 4 Bydgoszcz; 1 Madrid; 1 Sollentuna; 1 Uden 400; 2 Lucerne				
2734	van ZYL LJ RSA	23y 26d 1985	48.22	48.05 -06
2006 Commonwealth Games & twice African Champion ... 3 World Youth Medley Relay 2001; 1 WJC 2002 (2004-4); 2 WJC 4x400 2004; 6 WCH 2005 (2007-ht); 1 COM 2006; 1 African Champs 2006/2008; 2 WCP 2006; 1 African Games 2007. 1 South African junior 2002/2003. 1 South African 2003/2005/2006/2008 ... superstition-hangs his running vest above his bed before a race ... actual first names are Louis Jacobus ... studying Human Movement Science at the University of Pretoria In 2008: 3 Potchefstroom 400; 2 Durban; 4 Germiston; 1 South African; 1 South African Universities; 1 African Champs (1 4x400); 1 Doha; 4 Berlin Golden League; 3 Oslo Golden League; 4 Rome Golden League; 1 Athens; 5 Paris Golden League				
2772	DEREVYAGIN Aleksandr RUS	29y 144d 1979	49.00	49.00 -08
2006 World indoor relay bronze ... 400 pb: 46.19 -08. 4 WSG 2005 (2003-sf); 3 WIC 4x400 2006; 2 ECP 2006 (2007-4); 8 ECH 2006; 6 WCP 2006; sf WCH 2007. 1 Russian 2007/2008 In 2008: 1 European Clubs Cup ; 1 Kalamata; 1 Zhukovskiy 400 'B'; 4 ECP; 2 Bydgoszcz; 1 Russian Cup/Tula; 1 Russian; 1 Irkutsk 400				
3149	CLEMENT Kerron USA	22y 288d 1985	47.79	47.24 -05
2007 World Champion despite stuttering before several of the hurdles ... he had the world's fastest time in 2005, 2006 & 2007 110H pb: 13.78 -04. 400 pb: 44.48 -07. 1 WJC 400/4x400 2004; 1 WCH 2007 (2004-4). 1 US 2005/2006. 1 NCAA 2004/2005. Broke Michael Johnson's world indoor record at 400m with 44.57 in 2005. Born and grew up in Port-of-Spain, Trinidad & Tobago, moved to Texas in 1998 ... student of Business at the University of Florida ... began as a cross country runner ... ideal stride pattern: 13 all the way ... coach-Bobby Kersee Won only one of his 11 finals in 2007, but that was at the World Championships In 2008: 1 Kingston; 4 Carson; 1 New York; 7 Eugene; 2 US Olympic Trials; 1 Rome Golden League; 1 Paris Golden League; 6 Stockholm 400; 1 London Grand Prix				
3183	JACKSON Bershawn USA	25y 99d 1983	48.15	47.30 -05
"Batman" ... 2005 World Champion but lost his title after hitting hurdle 10 in his 2007 semi-final 400 pb: 45.45 -05 (45.55 -08). 3 WJC 2002; dq/ht WCH 2003; 1 WCH 2005; sf WCH 2007. Ran in heat of 2007 World 4x400, so awarded gold medal won by USA in final. 1 US junior 2002 & senior 2003/2008. Born-Miami, middle of three children ... studied accountancy at St Augustine's University, Raleigh, North Carolina ... coach-George Williams ... trademark headband in memory of his late uncle Richard Jackson, who encouraged Bershawn to pursue athletics ... won 12/13 finals in 2005, losing only at the US Championships ... 1.73 tall In 2008: 1 Florida Relays 400; 1 Kansas Relays; 1 Carson; 1 Berlin Golden League; 1 Oslo Golden League; 1 US Olympic Trials; 2 Rome Golden League; 2 Rethymno 400; 4 Paris Golden League				
3239	TAYLOR Angelo USA	29y 229d 1978	48.42	47.50 -00
2000 Olympic Champion 400H from lane 1, now on the world all-time top 10 list at 400m flat 400 pb: 45.05 -07 (45.02 -08). 3 WJC 400H 96; sf WCH 400H 99/2001; 1 OLY 400H 2000 (2004-sf); 1 WCH 4x400 99/2001/2007; 3 WCH 400 2007. 1 NCAA 400H 98; 1 US 400H 99/2000/2001 & flat 400 2002/2007. 1 US indoor 400 99. Overall IAAF Grand Prix Champion 2000. Coach-Innocent Egbunike In 2008: 2 Baie Mahault 400; 2 Fort-de-France 200 'B' (5 400H); 1 Atlanta 200/400; 4 Berlin Golden League 400; 6 Berlin Golden League 400H; 2 Eugene 400; 3 US Olympic Trials 400H (dnf ht 400 which was only 23 minutes after the 400H final); 9 Rome Golden League 400H; 1 Rethymno 400; 3 Paris Golden League 400H				

WORLD ALL-TIME LIST

1..... 46.78..... Kevin Young USA..... 1992
2..... 47.02..... Edwin Moses USA..... 1983
3..... 47.03..... Bryan Bronson USA..... 1998
4..... 47.10..... Samuel Matete ZAM..... 1991
5..... 47.19..... Andre Phillips USA..... 1988
6..... 47.23..... Amadou Dia Bâ SEN..... 1988
7..... 47.24..... Kerron Clement USA..... 2005
8..... 47.25..... Felix Sanchez DOM..... 2003
9..... 47.30..... Bershawn Jackson USA..... 2005
10... 47.37..... Stéphane Diagana FRA..... 1995

2008 WORLD LIST

1..... 47.79..... Kerron Clement USA
2..... 48.15..... Bershawn Jackson USA
3..... 48.22..... LJ van Zyl RSA
4..... 48.37..... Reuben McCoy USA
5..... 48.39..... Danny McFarlane JAM
6..... 48.42..... Angelo Taylor USA
7..... 48.46..... Justin Gaymon USA
8..... 48.52..... Johnny Dutch USA
=9... 48.68..... Brandon Johnson USA
..... 48.68..... Jeshua Anderson USA