

Women's 3000m Steeplechase

51 Entrants

			Age	(Days)	Born	Season's Best	Personal Best
1020	MENDIL Widad ALG		25y	95d	1983	9:47.88	9:47.88 -08
	At WXC: 2001-84J In 2008: 6 Algerian XC; 13 Rabat 1500; 6 Casablanca 800; 18 Athens 3000SC; 11 Heusden 3000SC						
1048	MACFARLANE Donna AUS		31y	58d	1977	9:18.35	9:18.35 -08
	(Née Tyberek) ... 2006 Commonwealth Games steeplechase bronze ... began at 1500m, retired to start a family then returned as a steeplechaser 1500 pb: 4:10.37 -07. 3000 pb: 8:50.65 -06. 3 COM 3000SC 2006; dnf ht WCH 3000SC 2007 (lost a shoe). 1 Australian junior 1500 97 & senior 3000SC 2007/2008. Works as a Radio Producer ... born-Melbourne, lives-Hobart ... coach-Peter Fortune In 2008: 1 Hobart 3000 (Jan 18); 1 Hobart 2000SC (Feb 2); 1 Hobart 1000 (Feb 11); 1 Hobart 3000 (Feb 16); 1 Melbourne 3000SC; 1 Australian 3000SC; 1 Tasmanian 800/5000; 1 Doha 3000SC; 4 Zaragoza 3000; 3 Oslo Golden League; 8 Rabat 3000; 5 Velenje 3000; 1 Nivelles 1500						
1080	MITCHELL Victoria AUS		26y	112d	1982	9:43.21	9:30.84 -06
	2005 US Collegiate Steeplechase Champion ... 5000 pb: 15:36.15 -06. 2 WSG 3000SC 2005; 4 COM 3000SC 2006; 4 WCP 3000SC 2006; ht WCH 3000SC 2007. At WXC: 2006-34 long & 33 short (team bronze), 2007-37, 2008-54. 1 NCAA 3000SC 2005. 1 Australian 3000SC 2003. Was at Butler University in Indianapolis ... born-Melbourne, lives-Albury ... coach-Nic Bideau In 2008: 1 Victorian State 3000SC; 4 Melbourne 3000SC; 3 Australian 3000SC; 3 Australian World Trial XC; 54 WXC (team bronze); 8 Dublin 10K; 11 Lucerne 8.71K; 11 Doha 3000SC; 3 Vienna 5K; 9 Manchester BMC 1500; 1 St. Mary's BMC 3000SC; 3 Sotteville; 4 Velenje 3000; 6 Cork 3000; 1 Lucerne 3000SC; 9 London Grand Prix 3000SC						
1114	DEJAEGHERE Veerle BEL		35y	14d	1973	9:35.54	9:28.47 -07
	Belgian record holder at 1500m, 3000m & 3000m steeplechase ... missed Sydney Olympic 1500m final by one place 1500 pb: 4:05.05 -02. 3000 pb: 8:49.31 -00. 5000 pb: 15:19.73 -05. sf OLY 2000; sf WCH 2001 (2003-ht); ht ECH 2002; 10 WIC 3000 2004; ht WCH 5000 2005; 10 EIC 3000 2005; ht WCH 1500 2005; 4 ECH 3000SC 2006; 11 WCH 3000SC 2007. 1 Belgian 1500 2000-2007 (1 3000SC 2007). At WXC: 91-121J, 97 -119. At EXC: 97-31, 2000-22, 2004-12 In 2008: 4 Neerpelt 3000SC; 7 Rabat 3000; 2 ECP 1st League 1500 (3 3000); 1 Belgian 1500/3000SC; 13 Athens 3000SC; 6 Heusden 3000SC						
1220	VIEIRA Zenaide BRA		23y	51d	1985	9:42.10	9:42.10 -08
	South American record holder at Steeplechase ... 1500 pb: 4:19.05 -07. 5000 pb: 16:33.65 -08. 7 WJC 3000SC 2004; 1 Ibero-American 3000SC 2006; 1 South American 3000SC 2007 (3 1500); 3 Pan-American Games 3000SC 2007; ht WCH 3000SC 2007 In 2008: 3 Cuiaba 10K; 3 Rio de Janeiro 10K; 1 Brazilian XC; 2 South American XC; 2 São Paulo 5000 (Mar 15); 2 São Paulo 1500 (Mar 26); 70 WXC; 1 Rio de Janeiro 3000SC (Apr 4); 1 Praia Grande 3000SC; 5 Fortaleza 1500; 3 Rio de Janeiro 3000SC (May 18); 7 Belém 3000SC; 14 Neerpelt 3000SC; 2 Brazilian 3000SC (3 1500, 4 5000)						
1268	SHALAMANOVA Dobrinka BUL		25y	106d	1983	9:43.32	9:42.08 -07
	2007 World Student Games Champion ... Bulgarian record holder ... 1500 pb: 4:19.2 -07. 4 under-23 ECH 2005; ht WCH 2005/2007; ht ECH2006; 1 WSG 2007 (2005-7). 1 Bulgarian 2005. Her father Vasko Shalamanov was football player at the time at was Bulgarian champion with the team of Levskil Spartak in the mid 70s. Single. In 2008: 1 Sofia 1000 (May 17); 6 Belgrade 5000; 4 ECP 1st League; 4 ECP 1st League 5000/3000SC; 3 Istanbul 3000SC; 1 Plovdiv 3000; 14 Athens 3000SC						
1357	ZHU Yanmei CHN		21y	303d	1986	9:50.47	9:32.36 -07
	5000 pb: 15:31.81 -05. 10,000 pb: 32:46.17 -03. ht WCH 2007. At WXC: 2004-14J. 1 Asian junior XC 2005. 1 Chinese 2007. Only seventh at 3000m flat in 9:46.56 at Birmingham 2006, now she is quicker as a steeplechaser ... born-Shaanxi Province ... coach-Su Jianghai In 2008: 3 Melbourne; 1 "Good Luck" Beijing						
1370	LI Zhenzhu CHN		22y	245d	1985	9:50.95	9:32.35 -07
	Former Asian record holder ... 1500 pb: 4:14.57 -04. 5000 pb: 16:13.44 -03. ht WJC 1500 2004; ht WCH 2007; 3 Asian Indoor Games 1500 2007; 34 Xiamen Marathon 2004. Born-Inner Mongolia Autonomous Region ... coach-Su Jinghai In 2007: 1 Chinese World Championship Trial 3000SC; 3 Guangzhou 800/1500						
1400	ZHAO Yanni CHN		21y	261d	1986	9:43.60	9:43.60 -08
	2007 Asian Champion ... 5000 pb: 16:33.74 -08. 1 Asian Champs 2007. 3 Chinese 2007 ... born-Shandong Province ... coach-Su Jinghai In 2008: 1 Hangzhou; 3 "Good Luck" Beijing; 1 Chinese Olympic Trial						
1591	DOMÍNGUEZ Marta ESP		32y	285d	1975	9:21.76	9:21.76 -08
	Twice European Champion at 5000m ... former European Indoor Champion at 3000m 10,000 pb: 30:51.69 -06. 5000 pb: 14:48.33 -03. 3000 pb: 8:28.80 -00. 1500 pb: 4:06.08 -00. 1 EJC 1500 93; 2 WJC 1500 94; sf WCH 1500 95; 3 under-23 ECH 5000 97 (3 1500); ht OLY 5000 2000; 2 WCH 5000 2001/2003 (99-9, 2005-14); 1 EIC 3000 2002 (96/98/2000-3, 2007-2); 1 ECH 5000 2002/2006 (98-3); 2 WIC 3000 2003 (95-6, 97-5, 2001/2004-4); 7 ECH 10,000 2006. At WXC: 92-37J, 93-18J, 94-34J, 98-21 short, 2000-14 short, 2001-42 short. At EXC: 2007-1. 1 Spanish 1500 96 & 5000 2001/2002/2003 In 2008: 4 Barcelona 10K; 6 Huelva 3000SC (début); 5 Madrid 1500; 2 Barcelona 3000SC (set Spanish record 9:21.76)						
1594	FUENTES-PILA Zulema ESP		31y	82d	1977	9:31.53	9:31.53 -08
	Former Spanish record holder ... 1500 pb: 4:04.72 -04. 3000 pb: 8:52.90 -04. 8 EIC 1500 2002 (2006-ht); ht WIC 1500 2003; 3 ECP 3000 2004; 7 ECH 3000SC 2006; 6 ECP 3000SC 2007; ht WCH 3000SC 2007. 1 Spanish 3000SC 2002. At WXC: 2003-26 short, 2004-65 short, 2005-50 short. At EXC: 2002-23. Has two sisters who are also international runners - Iris (2002 European 1500m finalist) & Margarita In 2008: 1 Iuretta 5K; 1 Santander 3000SC; 1 Valencia 1500; 3 European Clubs Cup ; 1 Valencia 3000SC; 7 Huelva 3000SC; 8 Athens 3000SC; 2 Spanish 3000SC						
1595	MORATÓ Rosa Maria ESP		29y	57d	1979	9:35.91	9:26.23 -07
	6x Spanish Champion at Steeplechase ... 10,000 pb: 32:23.61 -07. 2 ECP 3000SC 2006 (2004-3); ht ECH 3000SC 2006; 8 WCH 3000SC 2007 (2005-ht). 1 Spanish 3000SC 2003-2008. At WXC: 97-61J, 98-85J, 2001-54 short, 2004-dnf short, 2005-45 long, 2006-36 long, 2007-20. At EXC: 98-10J, 2002-54, 2003 -38, 2004-26, 2005-9, 2006-12, 2008-3 In 2008: 1 Spanish XC; dnf WXC; 1 Valencia 3000; 2 European Clubs Cup ; 1 Barcelona 1500; 5 Huelva 3000SC; 1 ECP 1st League 3000SC; 8 Jerez de la Frontera 1500; 1 Avilés 1500; dnf Barcelona 3000SC; 1 Spanish 3000SC						
1668	BEKELE Mekdes ETH		21y	207d	1987	9:20.23	9:20.23 -08
	Ethiopian record holder ... full name-Mekdes Bekele Tadese ... 3 WJC 2007; 2 African Games 2007; 2 African Champs 2008 In 2008: 2 African Champs; 7 Oslo Golden League; 2 Huelva						
1669	AHMED Zemzem ETH		23y	230d	1984	9:25.80	9:25.80 -08
	Full name-Zemzem Ahmed Deko ... ht WCH 2007 In 2008: 1 African Champs; 1 Rio de Janeiro; 2 Belém; 6 Oslo Golden League; 2 Athens; 3 Rethymno 3000						
1670	ASSEFA Sofia ETH		20y	274d	1987	9:31.58	9:31.58 -08
	Full name-Sofia Assefa Abebe ... 4 African Champs 2008 In 2008: 4 African Champs; 1 Neerpelt; 14 Oslo Golden League; 4 Huelva; 9 Athens						
1735	DUARTE Sophie FRA		27y	15d	1981	9:35.35	9:27.51 -07
	French record holder, set when placing fifth in the 2007 world final 9 under-23 ECH 2003; 2 ECP 2007; 5 WCH 2007. 1 French 2007/2008. Born-Guadeloupe ... coach-François Pépin In 2008: 6 World Military XC; 1 Aubière 2000; dnf Oslo Golden League; 4 Sotteville; 5 Heusden; 1 French (6 1500)						

1793	CLITHEROE Helen GBR	34y	225d	1974	9:36.98	9:36.98 -08
(Née Pattinson) ... 2000 European Cup winner at 1500m ... now British record holder at steeplechase 5000 pb: 15:49.98 -08. 1500 pb: 4:01.10 -02. 800 pb: 2:03.20 -02. 1 ECP 1500 2000 (2002-4, 2003-2, 2004-6); sf OLY 1500 2000; 3 COM 1500 2002 (98-9, 2006-4); 4 EIC 1500 2005/2007; 10 WCH 1500 2005 (99-ht, 2001-sf); 11 ECH 1500 2006 (2002-dnq); 9 WIC 3000 2008; 2 ECP 3000 2008. 1 AAA 1500 2001/2005/2006; 1 UK 3000SC & indoor 3000 2008. At WXC: 98-46 short, 99-39 short, 2000-34 short, 2001-35 short, 2002-22 short, 2003-31 short, 2004-19 short, 2005-57 short. At EXC: 98-39, 99-19, 2001-30, 2004-17, 2007-22 ... born/lives-Preston ... coach-John Nuttall In 2008: 1 UK indoor 3000; 9 WIC 3000; 6 Dublin 10K; 19 Hengelo 5000; 13 Oslo Golden League 3000SC; 8 Huelva 3000SC; 2 ECP 3000; 3 Pátra 3000SC; 1 UK Champs 3000SC; 7 London Grand Prix						
1848	PARKER Barbara GBR	25y	280d	1982	9:37.08	9:37.08 -08
Former British record holder at Steeplechase, the record stood for 43 days 5000 pb: 15:42.16 -08. 1500 pb: 4:15.33 -07. 16 under-23 ECH 3000SC 2003; 1 English Schools 800 2001; 1 AAA under-23 3000SC 2003/2004; 5 AAA 3000SC 2004; 3 NCAA 3000SC 2007, representing Florida State University where she is a student of Physical Education ... coach-Karen Harvey, she trains with 2008 NCAA 1500m Champion Hannah England In 2008: 9 Mt SAC Relays 5000 (made 38 second improvement on her best); 1 Columbus 3000SC; 1 Tallahassee 1500; 1 Atlanta 3000SC; 2 Indianapolis 3000SC; 9 Watford BMC 1500 (Jun 14); 2 UK Champs 3000SC; 4 London Grand Prix 3000SC; 1 Watford BMC 1500 (Jul 30)						
1880	MÖLDNER Antje GER	24y	62d	1984	9:34.21	9:34.21 -08
3000 pb: 9:00.74 -04. 1500 pb: 4:08.81 -05. ht WJC 1500 2002; 6 EJC 1500 2003; 5 ECP 3000 2004 (2007-6); ht EIC 1500 2005; 6 ECP 1500 2006; 5 ECP 3000SC 2008. 1 German 3000SC 2008. At EXC: 2003-14J. Coach-Beate Conrad In 2008: 1 German indoor 1500/3000; 6 Lucerne 8.71K; 1 Pliezhausen 2000SC; 2 Neerpelt 3000SC; 1 Regensburg 1500; 1 Potsdam 1500; 5 ECP 3000SC; 1 German 3000SC; 1 Leverkusen						
1929	KOKKINARÍOU Iríni GRE	27y	182d	1981	9:30.72	9:30.72 -08
Greek record holder ... 3000 pb: 9:17.74i -08. 5000 pb: 16:21.42 -08. ht ECH 2006; 9 WCP 2006; 1 Balkan 2007; 3 ECP 2007 (8 1500); ht WCH 2007. 1 Greek 2007/2008. Coach-Theódoros Anagnóstou In 2008: 1 Athens (May 9); 1 Greek; 1 ECP 1st League (5 5000); 5 Athens; 3 Heusden						
2039	BRITTON Fionnuala IRL	23y	324d	1984	9:45.54	9:41.36 -07
2007 World Steeplechase finalist ... second in under-23 race at 2006 European Cross Country Championships 5000 pb: 16:16.26 -07. 1500 pb: 4:18.92 -06. 9 under-23 ECH 2005; 11 WSG 2005; ht ECH 2006; 12 WCH 2007. At WXC: 2001-98J, 2002-72J, 2003-33J, 2004-75 long, 2005-75 short, 2007-14. At EXC: 2001-74J, 2002-49J, 2003-21J, 2005-39, 2006-2u23, 2007-7. 1 Irish 2008. Coach-Pat Diskan In 2008: 11 Edinburgh XC; 3 Diekirch XC; 1 Irish XC; 2 Cinque Mulini XC; 36 WXC; 2 Irish Universities 3000; 15 Neerpelt; 5 Sotteville; 5 ECP 1st League 3000; 3 Greystones 1500; 7 Lucerne; 1 Irish; 8 London Grand Prix						
2053	McGETTIGAN Roisín IRL	27y	356d	1980	9:30.56	9:28.29 -07
Irish record holder ... 2007 world finalist ... 5000 pb: 15:58.64 -08. 1500 pb: 4:10.34 -03. 10 under-23 ECH 2001; 6 WSG 2005; 13 WIC 3000 2006; ht ECH 2006; 10 WCH 2007 (2005-ht). 3 NCAA 2003. 1 Irish 1500 2003, 800 2006 & 3000SC 2007. Was at Providence College ... coach-Ray Treacy In 2008: 6 Stanford 5000; 3 ECP 1st League; 2 Greystones 1500; 4 Athens; 1 Irish 1500; 1 London Grand Prix						
2079	ROMAGNOLO Elena ITA	25y	314d	1982	9:31.19	9:31.19 -08
Italian record holder at steeplechase ... 1500 pb: 4:17.03 -05. 5000 pb: 15:34.07 -08. ht ECH 2006; ht WCH 2007; 4 ECP 2008. At WXC: 2007-27, 2008-32. At EXC: 2006-33, 2007-32. 1 Italian 2005/2006/2007 & 5000 2008. Born-Biella ... coach-Tiziao Bozzo In 2008: 2 Italian indoor 3000; 32 WXC; 6 Neerpelt; 4 ECP; 1 Italian Clubs (2 5000); 7 Athens; 1 Italian 5000						
2167	HYMAN Mardrea JAM	35y	235d	1972	9:41.68	9:27.21 -05
Central American record holder ... 3000 pb: 9:18.73 -00. 800 pb: 1:59.71 -98. 1500 pb: 4:05.25 -01. 2 Central American 1500 97; 1 Central American 1500 98 (3 800); 4 COM 800 98; sf OLY 1500 2000; 10 WCH 1500 2001 (2003-sf); 6 COM 1500 2002; 9 WCP 1500 2002; ht WIC 1500 2004; 1 Central American & Caribbean 2005; 8 WCH 2005 (2007-14); 9 COM 2006. At WXC: 96-109, 97-120. 1 Jamaican 1500 2002/2004/2008 & 3000SC 2005 In 2008: 5 Mt SAC Relays (2 1500); 7 Kingston 800; 2 Fortaleza 1500; 2 Rio de Janeiro; 1 São Paulo 800; 4 Belém; 1 Jamaican 1500; 16 Athens; 5 Lucerne						
2176	HINDS Korine JAM	32y	209d	1976	9:32.06	9:28.86 -07
Fourth in 2005 World Championships ... 1500 pb: 4:16.71 -08. 3000 pb: 9:08.55i -03, 9:10.10 -00. 2 Central American Games 1500 2002; ht WIC 3000 2003; 2 Central American & Caribbean 2005; 4 WCH 2005 (2007-ht); 6 WCP 2006. 1 Jamaican 2007 In 2008: 5 Carlsbad 5K; 1 Mt SAC Relays 3000SC; 3 Kingston 800; 4 Doha 3000SC; 1 Belém 3000SC; 9 New York 1500; 2 Jamaican 1500; 10 Athens; 8 Heusden; 3 London Grand Prix						
2209	HAYAKARI Minori JPN	35y	258d	1972	9:33.93	9:33.93 -08
Japanese record holder ... 2005 world finalist ... 1500 pb: 4:12.88 -96. 5000 pb: 15:11.42 -05. 12 WCH 2005; 8 WCP 2006; ht WCH 2007 (fell). 1 Japanese 2006/2007/2008. At WXC: 90-9J, 91-8J, 2001-51 short, 2005-36 short, 2006-77 short In 2008: 3 Hiroshima; 5 Indianapolis; 4 Eugene 1500 'B'; 1 Japanese; 2 Lucerne; 4 Heusden						
2258	JEPKORIR Eunice KEN	26y	179d	1982	9:11.18	9:11.18 -08
Full name-Eunice Jepkorir Kertich African & Commonwealth record holder ... 2007 world bronze 14 World Road 20K 2006; 3 WCH 2007. At WXC: 2004-7 long. One of eight children ... self-coached In 2008: 7 Kenyan XC; 1 Barcelona 10K; 3 Doha; 9 Oslo Golden League; 1 Huelva; 2 Kenyan Olympic Trials; 1 Athens; 1 Barcelona						
2266	BISIBORI Ruth KEN	20y	225d	1988	9:18.43	9:18.43 -08
Full name-Ruth Bisibori Nyanga Fourth in 2007 World final as a junior ... won 2007 African Games title running barefoot 3000 pb: 8:54.42 -07. 1 African Games 2007; 4 WCH 2007; 3 African Champs 2008. 1 Kenyan 2007. From Kisii District, youngest of three children .. began running in 2003: "I had heard of Isabella Ochichi and Catherine Ndereba and wanted to be like them" ... she was given the IAAF's "Rising Star Award" for 2007 In 2008: 54 Kenyan XC; 4 Kisii 5000; 2 Kenyan African Championship Trial; 3 African Champs; 2 Doha; 1 Zaragoza 3000; 4 Oslo Golden League; 1 Kenyan Olympic Trials; 3 Athens						
2268	NYARUAI Veronica KEN	18y	290d	1989	9:37.11	9:37.11 -08
Full name-Veronica Nyaruai Wanjiru Second in World Junior Cross Country Championships in 2005 & 2006, then third in 2007 ... 2005 World Youth & 2006 World Junior Champion at 3000m 3000 pb: 9:01.61 -05. 1500 pb: 4:08.22 -06. 5000 pb: 15:05.38 -08. 1 World Youth 3000 2005; 1 WJC 3000 2006; sf WCH 1500 2007; ht WIC 3000 2008; 5 African Champs 5000 2008. At WXC: 2005/2006-2J, 2007-3J. Coach-Ricky Simms (same as Vivian Cheruiyot & Linet Masai) In 2008: 9ht WIC 3000; 2 Nakuru 1500; 2 Kenyan African Championship Trial 5000; 5 African Champs 5000; 7 Doha 1500; 9 Hengelo 5000; 5 Neerpelt 3000SC; 10 Oslo Golden League 5000						
2336	POLUSKINA Inna LAT	24y	38d	1984	9:51.56	9:51.56 -08
Latvian record holder at steeplechase ... 2003 European Junior Champion at 3000m 5000 pb: 15:22.43 -03. 3000 pb: 8:50.69 -03. 1500 pb: 4:10.85 -08. 30 WYC 3000 99; 4 EJC 5000 99; 4 WYC 1500 2001; 5 EJC 1500 2001; 6 WJC 3000 2002 (9 1500); 1 EJC 3000 2003 (2 5000); 8 under-23 ECH 5000 2005; 4 WSG 1500 2007 In 2008: 1 Aizpute 3000; 1 Ventspils; 3 ECP 2nd League; dnf Istanbul; 1 EJC 3000 (2 5000); 1 Latvian 3000/5000; 1 LTU v LAT v EST 1500/2000SC; 8 Rieti 1500; 2 Rovereto 3000; 8 World Athletics Final 3000						
2371	TROUP Rasa LTU	31y	167d	1977	9:44.22	9:44.22 -08
(Née Michniovaite) ... Lithuanian record holder ... 1500 pb: 4:25.81 -02. ht WCH 2005; ht ECH 2006 In 2008: 1 St Paul 8K; 2 Drake Relays; 5 Minneapolis Mile; 2 Eagle Rock						
2388	OUHADDOU Hanane MAR	25/26y		1982	-	9:25.51 -07
Arab Champion & Moroccan record holder ... 3000 pb: 9:04.24 -06. 5000 pb: 15:49.19 -07. 5 African Champs 2006; 1 Arab 5000/3000SC 2007; 9 WCH 2007; ht WIC 3000 2008; 1 Pan Arab Games 2007. At WXC: 2006-31 short, 2007-33 In 2008: 9 Seville XC; 2 Paris 3000						
2427	JURAVEL Oksana MDA	22y	173d	1986	9:46.88	9:46.88 -08
7 EJC 2005; 10 under-23 ECH 2007; dnf WSG 2007. 1 Moldovan 2007/2008 In 2008: 3 Belorussian indoor 2000SC; 1 Moldovan 800/3000SC; 1 ECP 2nd League						

2581	FRANKIEWICZ Wioletta POL	31y 67d 1977	9:25.20	9:17.15 -06
(Formerly Janowska) ... 2006 European Steeplechase bronze ... 10,000 pb: 32:53.67 -08. 5000 pb: 15:08.38 -05. 3000 pb: 8:44.22 -05; 1500 pb: 4:03.09 -04 (4:06.21 -08). ht WIC 3000 2003/2004; sf OLY 1500 2004; 9 EIC 1500 2005; 2 ECP 5000 2005 (2004-4); 14 WCH 3000SC 2005 (ht 1500); 3 ECH 3000SC 2006; 3 WCP 3000SC 2006; dnf WCH 3000SC 2007 (ht 1500); 3 ECP 3000SC 2008. 1 Polish 5000 2002/2008, 1500 2005, 10,000 2008 & 3000SC 2006. Defeated Kelly Holmes in Madrid & Zürich 2004, but then eliminated in Olympic 1500m semi-final after being elbowed ... coach-Zbigniew Król In 2008: 1 Polish 10,000; 5 Oslo Golden League 3000SC; 3 Warsaw 1500; 3 ECP 3000SC; 1 Polish 5000; dnf Monaco 3000				
2594	KOWALSKA Katarzyna POL	23y 130d 1985	9:45.94	9:39.40 -07
Twice European under-23 Steeplechase Champion ... 2007 European Cup winner 5000 pb: 16:11.82 -06. ht WJC 2004; 1 under-23 ECH 2005/2007; 8 ECH 2006; 8 WCP 2006; 1 ECP 2007 (2006-3); ht WCH 2007. At EXC: 2004-21J, 2006 -9u23, 2007-3u23 In 2008: 1 Polish XC; 1 Spanish Clubs 3000; 4 Kozenice; 1 Wroclaw; 1 Biala Podlaska; 15 Oslo Golden League; 10 Warsaw 1500; 1 Polish; 2 Bielsko-Biala				
2652	MOREIRA Sara POR	22y 302d 1985	9:34.30	9:34.30 -08
2007 World finalist ... 3 under-23 ECH 2007; 4 WSG 2007; 13 WCH 2007. 1 Portuguese 2007/2008. At WXC: 2008-50. At EXC: 2003-60J, 2007-13u23 In 2008: 1 Portuguese indoor 3000; 4 Portuguese XC; 1 Portuguese short course XC; 50 WXC; 3 Neerpelt; 7 Huelva; 2 ECP 1st League; 11 Athens; 1 Portuguese				
2662	AUGUSTO Jessica POR	26y 280d 1981	9:22.50	9:22.50 -08
Portuguese Steeplechase record holder ... first European finisher at 2007 World Cross Country Championships 5000 pb: 14:56.39 -07 (15:19.67 -08). 3000 pb: 8:41.53 -07. 1500 pb: 4:13.31i -08. 6 EJC 3000 99 (12 1500); 8 WJC 3000 2000; 10 under-23 ECH 1500 2001 (dnf 5000 2003); 1 WSG 5000 2007; 15 WCH 5000 2007 (2005-ht); 8 WIC 3000 2008. At WXC: 2000-32J, 2001-57 short, 2004-61 short, 2005-31 short, 2006-dnf long, 2007-12. At EXC: 98-12J, 99-8J, 2000-1J, 2002-16, 2004-18, 2005-30, 2006-9, 2007-11, 2008-dnf. 1 Portuguese 5000 2006 & indoor 1500 2008 In 2008: 3 European Clubs XC; 1 Portuguese indoor 1500; 1 Portuguese XC; 8 WIC 3000; 4 Edinburgh 10K; 12 Hengelo 5000; 3 Huelva 3000SC; 2 ECP 1st League 3000; dnf Barcelona; 5 Portuguese; dnf London Grand Prix				
2672	CRUZ Clarisse POR	30y 37d 1978	9:44.94	9:44.94 -08
2 Ibero-American 2004; ht WCH 2005. 1 Portuguese 2004/2005/2006. At WXC: 2002-56 short, 2003-66 short. At EXC: 97-37J In 2008: 1 European Clubs Cup 'B'; 9 Huelva; 5 Maia 1500; 2 Plovdiv 3000; 1 Coimbra 1500; 1 Luso 1500; 2 Portuguese 3000SC				
2701	BOBOCEL Ancuta ROU	20y 316d 1987	9:30.07	9:30.07 -08
European under-23 Cross Country Champion ... twice World & twice European junior steeplechase silver 2 EJC 2003/2005; 2 WJC 2004/2006; 2 under-23 ECH 2007; ht WCH 2007. 1 Romanian 2008. At WXC: 2005-21J. At EXC: 2004-2J, 2005-1J, 2006-3J, 2007 -1u23 In 2008: 1 Balkan under-23 XC; 1 Romanian Grand Prix (3 800); 17 Oslo Golden League; 2 Istanbul; 1 Romanian 800/3000SC; 2 London Grand Prix				
2702	CASANDRA Cristina ROU	30y 298d 1977	9:31.11	9:28.53 -07
(Née Iloc) ... 2005 European Cup winner and former world record holder 5000 pb: 15:22.64 -99. 3 WJC 5000 96; 2 under-23 ECH 5000 97/99; 3 WSG 5000 99/2003 (97-4); 1 ECP 2005 (2002/2003-2, 2006-6); 9 ECH 2006; 6 WCH 2007 (2005-7). At WXC: 95-31J, 96-7J, 97-71, 98-37 short, 99-29 short & 39 long, 2000-66 short & 79 long, 2001-37 short, 2002-77 short. At EXC: 98-12, 2000 -18. 1 Romanian 2000-2007 In 2008: 5 Doha; 11 Oslo Golden League; 2 ECP 1st League; 2 Romanian; 6 Athens				
2760	VOLKOVA Yekaterina RUS	30y 180d 1978	9:18.24	9:06.57 -07
2007 World Champion with history's second-fastest time ... 1500 pb: 4:09.03 -05. 5000 pb: 15:00.02 -07. 3 Goodwill Games 3000SC 2001; 7 ECP 3000SC 2002; 1 WCH 3000SC 2007 (2005-2). 1 Russian 5000/3000SC 2007. At WXC: 2006-61 short. 1 Russian 3000SC 2001/2005. Husband Artem Mastrov ran 1:46.04 for 800m in 2000 (ht OLY) ... Coaches-Alla Zhilayeva & Andrey Pakov Said of the humidity in Osaka: "I love running in these conditions, it's often like this back at home in the Kursk region. It's my type of weather, it's one of the reasons I won." In 2008: 2 Caucasus Cup 2000; 2 Oslo Golden League				
2782	PETROVA Tatyana RUS	25y 129d 1983	9:15.84	9:09.19 -07
2006 European silver ... 2007 World silver ... European under-23 Champion at 10,000m ... holds world indoor best for 3000m Steeplechase ... also world class at marathon 3000 pb: 8:44.13 -06. 5000 pb: 15:46.58 -06. Mar pb: 2:31:03 -06. 4 WJC 3000 2004 (6 5000); 1 under-23 ECH 10,000 2005 (2 5000); 2 ECH 2006; 5 WCP 2006; 2 WCH 2007. At WXC: 2001-41J, 2002-52J. At EXC: 2001-19J, 2002-4J. Well-known on US road circuit, several major wins there in 2004 ... coaches-Mikhail Kuznetsov & Vladimir Scherbak Marathons (3): 5 Honolulu 2004; 8 Chicago 2005; paced Tokyo 2005 In 2008: 8 Oslo Golden League; 2 Russian				
2783	GALKINA-SAMITOVA Gulnara RUS	30y 37d 1978	9:08.21	9:01.59 -04
(Née Samitova) ... World steeplechase record holder since 2004 ... 800 pb: 2:01.40 -07. 1500 pb: 4:01.29 -04 (4:03.31 -08). 3000 pb: 8:42.96 -08. 5000 pb: 14:33.13 -08. 1 ECP 3000SC 2003; 7 WCH 5000 2003; 3 WIC 1500 2004; 6 OLY 5000 2004; 1 ECP 3000 2007; 7 WCH 2007. 1 Russian 2003/2008. Married 400m runner Anton Galkin on October 30, 2004; took career break in 2005/2006 ... coach-Tatyana Ksenchenko In 2008: 1 Moscow 1500 (May 14); 1 European Clubs Cup 3000 (pb); 1 Oslo Golden League; 1 ECP; 1 Russian (2 5000 with pb); 1 Irkutsk 1500				
2917	DURKA Muna SUD	20y 56d 1988	9:47.41	9:47.41 -08
Sudanese record holder ... 3 African junior 2005; 6 African Games 2006; At WXC: 2007-35J In 2008: 7 Lugano 1500; 3 Pergine Valsugana 1500; 4 Barcelona				
3030	GHRIBI Habiba TUN	24y 127d 1984	9:36.52	9:36.52 -08
Tunisian record holder ... 1500 pb: 4:13.99 -08. 5000 pb: 16:19.91 -04. 3000 pb: 9:06.70 -04. At WXC: 2000-46J, 2002-76 short, 2003-23J, 2004-68 short, 2005 -48 short In 2008: 1 Bonneuil-sur-Marne; 1 Montgeron 1500; 1 Sotteville; 1 Radès 1500				
3036	ERISMIS Türkan TUR	24y 222d 1984	9:42.36	9:42.36 -08
3 WSG 2005/2007; ht WCH 2007. At EXC: 2005-44, 2006-3u23 In 2008: 16 European Clubs XC; 2 Balkan XC; 19 ECP 10,000; 4 European Clubs Cup; 1 Turkish; 2 Bucharest; 5 Istanbul; 1 Bursa				
3043	ÇAKIR Asli TUR	22y 360d 1985	9:43.34	9:43.34 -08
At WXC: 2003-55J. Two-year suspension to 2006 following a doping violation at the 2006 World Junior Championships where she had originally placed sixth In 2008: 19 European Clubs XC; 2 Turkish; 1 Bucharest; 3 ECP 1st League; 4 Leverkusen 3000; 4 Amsterdam 1500				
3113	GORPYNCH Valentyna UKR	25y 156d 1983	9:27.26	9:27.26 -08
Ukrainian record holder ... 2007 World Student Games silver ... 11 under-23 ECH 2005 (2003-13); 2 WSG 2007 (2005-4); ht WCH 2007; 2 ECP 2008 (2007-4). 1 Ukrainian 2003/2005/2007/2008 In 2008: 1 Ukrainian Cup; 2 ECP; 1 Istanbul; 1 Ukrainian				
3135	ANDERSON Lindsey USA	23y 84d 1985	9:30.75	9:30.75 -08
5000 pb: 16:00.77i -07. 10,000 pb: 33:16.12 -07. ht WCH 2007. 3 US Champs 2007. 2 NCAA 2007, representing Weber State University of Ogden, Utah. Coach-Paul Pilkington In 2008: 16 US Champs 8K; 10 Stanford 5000 (Apr 4); 4 Mt SAC Relays; 2 Stanford (May 4); 1 Eagle Rock; 2 US Olympic Trials				
3138	BARRINGER Jenny USA	21y 357d 1986	9:22.73	9:22.73 -08
US record holder ... 2007 US Champion ... twice US Collegiate Champion 5000 pb: 15:48.24 -07. ht WCH 2007. 1 US Champs 2007. 1 NCAA 2006/2008, representing Colorado State University. At WXC: 2004-35J, 2005-47J. Pianist ... born-Webster City, Iowa ... lives-Oviedo, Florida ... coach-Jay Getty In 2008: 1 Boulder 800; 1 Oregon Relays 1500; 2 "Big 12" Conference; 1 Lincoln; 1 NCAA; 3 US Olympic Trials; 9 Lucerne; 1 Heusden				
3255	WILLARD Anna USA	24y 136d 1984	9:22.76	9:22.76 -08
2007 US Collegiate Champion, representing Brown University (Providence) ht WCH 2007. 1 North, Central American & Caribbean under-23 2006. 1 NCAA 2007; 1 US 2008 In 2008: 2 Ypsilanti 1500; 2 Hillsdale 3000; 1 Stanford; 2 Atlanta 1500; 3 Atlanta 800; 1 Indianapolis 1500 (May 31); 1 Indianapolis 1500 (Jun 14); 1 US Olympic Trials				

WORLD ALL-TIME LIST	2008 WORLD LIST
1..... 9:01.59....Gulnara Galkina RUS..... 2004	1..... 9:08.21....Gulnara Galkina RUS
2..... 9:06.57....Yekaterina Volkova RUS..... 2007	2..... 9:11.18....Eunice Jepkorir KEN
3..... 9:09.19....Tatyana Petrova RUS..... 2007	3..... 9:15.84....Tatyana Petrova RUS
4..... 9:11.18....Eunice Jepkorir KEN..... 2008	4..... 9:18.24....Yekaterina Volkova RUS
5..... 9:15.04....Dorcus Inzikuru UGA..... 2005	5..... 9:18.35....Donna MacFarlane AUS
6..... 9:16.51....Alesya Turova BLR..... 2002	6..... 9:18.43....Ruth Bisibori KEN
7..... 9:17.15....Wioletta Janowska POL..... 2006	7..... 9:20.23....Mekdes Bekele ETH
8..... 9:18.35....Donna MacFarlane AUS..... 2008	8..... 9:21.76....Marta Dominguez ESP
9..... 9:18.43....Ruth Bisibori KEN..... 2008	9..... 9:22.50....Jessica Augusto POR
10... 9:20.23....Mekdes Bekele ETH..... 2008	10... 9:22.73....Jenny Barringer USA