

2010 IAAF World Junior Championships
Moncton, Canada - 19-25 July 2010
Timetable

Date	Time	Event	M/W	Round	
Monday 19 July	18:00	Opening Ceremony			
	19:25	3000m	W	Final	
	19:53	<i>MC 3000m W</i>			
Tuesday 20 July	09:00	3000m SC	W	R1	
	09:10	Shot Put	W	Qualification AB	
	09:30	Javelin	W	Qualification A	
	09:35	100m	M	Dec	
	10:05	800m	W	R1	
	10:30	Long Jump	M	Dec. AB	
	10:45	Javelin	W	Qualification B	
	11:00	1500m	M	R1	
	11:00	Pole Vault	M	Qualification AB	
	11:35	400m	W	R1	
	12:20	Shot Put	M	Dec. AB	
	12:25	100m	M	R1	
	18:30	100m Hurdles	W	R1	
	18:30	High Jump	M	Dec. AB	
	18:40	Discus Throw	W	Qualification A	
	19:25	400m	M	R1	
	19:45	Long Jump	M	Qualification AB	
	20:10	Discus Throw	W	Qualification B	
	20:25	100m	W	R1	
	21:15	Shot Put	W	Final	
	21:30	400m	M	Dec	
	22:00	10,000m	M	Final	
	Wednesday 21 July	09:00	110m Hurdles	M	Dec
		09:10	Shot Put	M	Qualification AB
		09:35	400m Hurdles	M	R1
09:45		Discus Throw	M	Dec. A	
10:10		Triple Jump	W	Qualification AB	
10:30		800m	W	SF	
10:40		Discus Throw	M	Dec. B	
11:00		400m	W	SF	
11:35		10,000m Walk	W	Final	
12:30		Pole Vault	M	Dec. AB	
18:15		Javelin Throw	M	Dec. A	
18:20		<i>MC - Shot Put W</i>			
18:30		100m	W	SF	
18:40		High Jump	M	Qualification AB	
18:50		<i>MC - 10,000m M</i>			

19:00	100m	M	SF
19:10	Javelin Throw	M	Dec. B
19:18	<i>MC - 10K Walk W</i>		
19:25	Shot Put	M	Final
19:30	400m	M	SF
20:00	100m Hurdles	W	SF
20:15	Long Jump	M	Final
20:25	Javelin Throw	W	Final
20:30	5000m	W	Final
20:50	100m	W	Final
21:00	<i>MC - Shot Put M</i>		
21:10	1500m	M	Dec
21:30	<i>MC - 5000m W</i>		
21:35	<i>MC - 100m W</i>		
21:45	100m	M	Final
21:50	<i>MC - LJ M</i>		

Thursday 22 July

09:05	400m Hurdles	W	R1
09:00	Hammer Throw	W	Qualification A
09:20	Pole Vault	W	Qualification AB
09:55	200m	W	R1
10:25	Hammer Throw	W	Qualification B
10:50	100m Hurdles	W	Hep
11:15	Long Jump	W	Qualification AB
11:20	400m Hurdles	M	SF
11:45	200m	M	R1
11:45	High Jump	W	Hep. AB
12:00	Javelin Throw	M	Qualification A
13:20	Javelin Throw	M	Qualification B
18:20	<i>MC -Javelin W</i>		
18:30	200m	W	SF
18:30	Shot Put	W	Hep. AB
18:45	Pole Vault	M	Final
18:50	<i>MC - 100m M</i>		
19:00	200m	M	SF
19:20	<i>MC - Decathlon</i>		
19:30	3000m SC	W	Final
19:40	Discus Throw	W	Final
19:55	Hep. - 200m	W	Hep.
20:00	Triple Jump	W	Final
20:20	800m	W	Final
20:30	<i>MC- 3000mSC W</i>		
20:40	400m	M	Final
20:50	400m	W	Final
20:55	<i>MC - 800m W</i>		
21:05	1500m	M	Final
21:15	<i>MC - 400m M</i>		
21:20	<i>MC - 400m W</i>		
21:30	100m Hurdles	W	Final

21:33 *MC - Pole Vault M*

21:38 *MC - Discus W*

Friday 23 July

09:00 1500m W R1
09:00 Discus Throw M Qualification A
09:35 110m Hurdles M R1
10:00 High Jump W Qualification AB
10:20 Discus Throw M Qualification B
10:45 3000m SC M R1
11:20 800m M R1
11:45 Hammer Throw M Qualification A
12:20 **10,000m Walk** M **Final**
12:20 Long Jump W Hep. AB
13:10 Hammer Throw M Qualification B

18:00 Javelin Throw W Hep. A

18:25 *MC - Triple Jump W*

18:30 *MC - 100m Hurdles W*

18:30 **High Jump** M **Final**

18:40 4x100m Relay W R1

19:00 *MC - 1500m M*

19:00 Javelin Throw W Hep. B

19:10 4x100m Relay M R1

19:30 *MC - 10,000m Walk M*

19:40 400m Hurdles W SF

20:00 **Long Jump** W **Final**

20:10 **400m Hurdles** M **Final**

20:20 **Javelin Throw** M **Final**

20:25 **200m** W **Final**

20:40 **800m** W **Hep.**

21:10 *MC - 400mH M*

21:15 *MC - HJ M*

21:25 **200m** M **Final**

21:30 *MC - 200m W*

21:35 *MC - Long Jump W*

Saturday 24 July

13:25 *MC - Javelin M*

13:30 **Hammer Throw** W **Final**

13:35 110m Hurdles M SF

13:40 Triple Jump M Qualification AB

13:55 *MC - 200m M*

14:10 800m M SF

14:20 **Pole Vault** W **Final**

14:30 *MC - Heptathlon*

14:45 4x400m Relay W R1

15:10 **5000m** M **Final**

15:30 **Discus** M **Final**

15:35 4x400m Relay M R1

16:00 *MC - Hammer W*

16:10 **400m Hurdles** W **Final**

16:17	<i>MC - 5000m M</i>		
16:30	4x100m Relay	W	Final
16:35	<i>MC - 400m Hurdles W</i>		
16:50	4x100m Relay	M	Final

Sunday 25 July

13:20	<i>MC - 4 x 100m W</i>		
13:30	High Jump	W	Final
13:40	<i>MC - Pole Vault W</i>		
13:50	3000m SC	M	Final
13:50	Hammer Throw	M	Final
14:05	<i>MC - Discus M</i>		
14:10	Triple Jump	M	Final
14:15	1500m	W	Final
14:23	<i>MC - 4x100m M</i>		
14:35	110m Hurdles	M	Final
14:42	<i>MC - 3000m SC M</i>		
14:55	800m	M	Final
15:02	<i>MC - 1500 W</i>		
15:15	4x400m Relay	W	Final
15:23	<i>MC - 110mH M</i>		
15:28	<i>MC - HJ W</i>		
15:40	4x400m Relay	M	Final
15:45	<i>MC - 800m M</i>		
15:49	<i>MC - Hammer M</i>		
15:53	<i>MC - Triple Jump M</i>		
16:00	Closing Ceremony		
	<i>MC - 4x400m W</i>		as part of CC
	<i>MC - 4X400m M</i>		as part of CC

13th IAAF World Junior Championships
Moncton, Canada – 19-25 July 2010
List of Implements

MEN				
Catalogue No.	Company	Description	Colour	Certification No.
SHOT 6kg				
VSP-320B	Bhalla	Vinex Super, Turned iron, dia: 120mm	Red	I-04-0312
5132600	Nordic	Brass, dia: 106mm	Gold	I-03-0295
PK-6/115	Polanik	Turned steel, dia: 115mm	Red	I-02-0262
PK-6/110-S	Polanik	Stainless steel, dia: 110mm	Metal	I-02-0263
DISCUS 1.75kg				
DSR-P17	Bhalla	Vinex High Spin, Steel rim, plastic side	Red	I-04-0313
N1105AB	Nelco	Super Spin Black, stainless steel rim, plastic sides	Black	I-02-0279
6131175	Nordic	Super spin, brass rim, black fiberglass sides	Black/gold	I-07-0392
CCD-1,75	Polanik	Carbon, brass rim, carbon sides	Red	I-02-0269
HAMMER 6kg				
9260005/9700100	Anand	ATE, Competition, steel dia: 105mm	Blue	I-07-0387
N1122CSA/N1125BN	Nelco	Olympic, steel, dia: 105mm	Blue	I-02-0261
F241A/F352	Nishi	Steel, dia:105mm	Green	I-06-0360
PM-6/105/UP/UW-130	Polanik	Turned steel, dia: 105mm	Yellow	I-02-0265
JAVELIN 800g				
800CS90	Nemeth	Classic 90m, aluminium, violet cord	Violet/yellow/green	I-99-0100
7913800	Nordic	Master 70, steel, black cord	Blue	I-99-0013
7912800	Nordic	Master 60, steel, black cord	Blue	I-99-0034
7916800c	Nordic	Champion Carbon, carbon, lilac cord	White, lilac spiral	I-99-0189
W-8-01	Polanik	Class I 60m, white/blue cord	Light yellow/yellow	I-00-0210

WOMEN				
Catalogue No.	Company	Description	Colour	Certification No.
SHOT 4kg				
VSP-303	Bhalla	Vinex Super, turned iron, dia: 103mm	White	I-04-0311
735941	Gill	Stainless steel, dia: 109mm	Silver	I-99-0059
PK-4/100	Polanik	Turned steel, dia: 100mm	Red matt	I-99-0150
721-2096	UCS	Turned steel, dia: 96mm	Yellow	I-99-0113
DISCUS 1kg				
720211	Gill	Pacer Carbon FX, steel rim, carbon fibre sides	Black/silver	I-08-0421
F333A	Nishi	Super HM, steel rim, FRP sides	Purple/black/white	I-02-0256
N1104CS	Nelco	Super Spin Olympia, steel rim, plastic sides	Yellow or blue	I-01-0246
720-1100	UCS	Orange Flyer Medium Moment, steel rim, fibreglass	Orange	I-99-0120
HAMMER 4kg				
9040095/9700100	Anand	ATE, stainless steel, dia: 95mm	Silver	I-05-0340
F210A/F352	Nishi	Turned steel, dia: 96mm	Blue	I-99-0080
722-2095/722-4000/4200	UCS	Steel, dia: 95mm	Silver	I-99-0126
PM-4/95/UP/UW-130	Polanik	Turned steel, dia: 95mm	Yellow	I-99-0156
JAVELIN 600g				
600C75	Nemeth	Club 75m, aluminium, violet cord	Violet/yellow/blue	I-99-0103
600S60	Nemeth	Javelin 600g, Standard 60m, aluminium, violet cord	Violet	I-99-0108
7917601	Nordic	Diana 60, steel, red cord, 60m	Pink	I-99-0015
7917604c	Nordic	Xena Carbon, carbon, blue cord	White, blue spiral	I-07-0393
W-6-01	Polanik	Class I 50m, white/blue cord	Light green, blue	I-00-0207

Notes:

Personal Implements will also be allowed, providing that:

- they are readily identifiable and are IAAF certified
- they are not already on the official list
- they have been checked for compliance with IAAF Rules
- they are made available to all the other athletes until the end of the Final of the respective event

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Medal Layout

