

2011 Yokohama International Women's Marathon Statistical Information

Japan All Comers Performance List - Women's Marathon

Performances	Time	Performers	Name	Nat	Place	Venue	Date
1	2:21:18	1	Mizuki Noguchi	JPN	1	Osaka	26 Jan 2003
2	2:21:37		Mizuki Noguchi		1	Tokyo	18 Nov 2007
3	2:21:45	2	Masako Chiba	JPN	2	Osaka	26 Jan 2003
4	2:21:51	3	Naoko Sakamoto	JPN	3	Osaka	26 Jan 2003
5	2:22:12	4	Eri Yamaguchi	JPN	1	Tokyo	21 Nov 1999
6	2:22:19	5	Naoko Takahashi	JPN	1	Nagoya	12 Mar 2000
7	2:22:22	6	Lornah Kiplagat	KEN	4	Osaka	26 Jan 2003
8	2:22:54	7	Lidia Simon	ROM	1	Osaka	30 Jan 2000
9	2:22:56	8	Harumi Hirovama	JPN	2	Osaka	30 Jan 2000
10	2:22:56	9	Jelena Prokopcuka	LAT	1	Osaka	30 Jan 2005
11	2:23:11	10	Yoko Shibui	JPN	1	Osaka	28 Jan 2001
12	2:23:24		Lidia Simon		1	Osaka	31 Jan 1999
13	2:23:26		Harumi Hirovama		1	Nagoya	12 Mar 2006
14	2:23:30	11	Mari Ozaki	JPN	5	Osaka	26 Jan 2003
15	2:23:30	12	Yoshimi Ozaki	JPN	1	Tokyo	16 Nov 2008
16	2:23:31	13	Esther Wanjiru	KEN	3	Osaka	30 Jan 2000
17	2:23:31	14	Salina Kosgei	KEN	2	Tokyo	18 Nov 2007
18	2:23:42		Yoko Shibui		1	Osaka	25 Jan 2009
19	2:23:46	15	Tegla Loroupe	KEN	2	Osaka	31 Jan 1999
20	2:23:48	16	Yumiko Hara	JPN	1	Osaka	28 Jan 2007
21	2:23:51	17	Lisa Ondieki	AUS	1	Osaka	31 Jan 1988
22	2:23:55		Lornah Kiplagat		1	Osaka	27 Jan 2002
23	2:23:57	18	Reiko Tosa	JPN	1	Nagoya	14 Mar 2004
24	2:23:58		Yoko Shibui		2	Nagoya	12 Mar 2006
25	2:23:59		Mari Ozaki		2	Osaka	30 Jan 2005
26	2:24:02	19	Joyce Chepchumba	KEN	1	Tokyo	19 Nov 2000
27	2:24:19		Yumiko Hara		1	Nagoya	13 Mar 2005
28	2:24:25	20	Megumi Oshima	JPN	2	Nagoya	13 Mar 2005
29	2:24:27	21	Yuri Kano	JPN	2	Tokyo	16 Nov 2008
30	2:24:34		Harumi Hirovama		2	Osaka	27 Jan 2002
31	2:24:36		Reiko Tosa		2	Nagoya	12 Mar 2000
32	2:24:39		Naoko Takahashi		1	Tokyo	20 Nov 2005
33	2:24:39		Mari Ozaki		2	Osaka	28 Jan 2007
34	2:24:43		Yuri Kano		3	Osaka	28 Jan 2007
35	2:24:47	22	Elfenesh Alemu	ETH	4	Osaka	30 Jan 2000
36	2:24:47		Reiko Tosa		2	Tokyo	19 Nov 2000
37	2:24:47		Elfenesh Alemu		1	Tokyo	16 Nov 2003
38	2:24:47		Megumi Tanaka		2	Nagoya	14 Mar 2004
39	2:24:54	23	Rvoko Eda	JPN	3	Nagoya	13 Mar 2005
40	2:24:55		Elfenesh Alemu		1	Nagano	9 Apr 2000
41	2:24:59	24	Banuelia Mrashani	TAN	1	Tokyo	17 Nov 2002
42	2:25:02	25	Rie Matsuoka	JPN	2	Tokyo	17 Nov 2002
43	2:25:03	26	Takami Ominami	JPN	1	Nagoya	9 Mar 2003
44	2:25:03	27	Mara Yamauchi	GBR	3	Tokyo	16 Nov 2008
45	2:25:05	28	Catherin Ndereba	KEN	1	Osaka	29 Jan 2006
46	2:25:08	29	Derartu Tulu	ETH	1	Tokyo	18 Nov 2001
47	2:25:10		Mara Yamauchi		1	Osaka	27 Jan 2008

48	2:25:10	30	Kivoko Shimahara	JPN	1	Sapporo (Hokkaido)	30 Aug 2009
49	2:25:14	31	Kavoko Obata	JPN	5	Osaka	30 Jan 2000
50	2:25:14	32	Amane Gobena	ETH	1	Osaka	31 Jan 2010
51	2:25:15	33	Zivile Balciunaite	LTU	2	Tokyo	20 Nov 2005
52	2:25:21	34	Yasuko Hashimoto	JPN	4	Nagoya	13 Mar 2005
53	2:25:24	35	Katrin Dörre	GDR	1	Tokyo	15 Nov 1987
54	2:25:29	36	Irina Timofejeva	RUS	2	Tokyo	18 Nov 2001
55	2:25:29		Naoko Sakamoto		1	Osaka	25 Jan 2004
56	2:25:34	37	Tomo Morimoto	JPN	2	Osaka	27 Jan 2008
57	2:25:35	38	Bruna Genovese	ITA	3	Tokyo	18 Nov 2001
58	2:25:35		Mizuki Noguchi		1	Nagoya	10 Mar 2002
59	2:25:38	39	Mizuho Nasukawa	JPN	1	Tokyo	22 Mar 2009
60	2:25:40		Esther Wanjiru		3	Osaka	31 Jan 1999
61	2:25:40	40	Yukiko Akaba	JPN	2	Osaka	25 Jan 2009
62	2:25:44	41	Marisa Barros	POR	2	Osaka	31 Jan 2010
63	2:25:46		Masako Chiba		1	Sapporo (Hokkaido)	28 Aug 2005
64	2:25:48		Naoko Takahashi		1	Nagoya	8 Mar 1998
65	2:25:51	42	Yurika Nakamura	JPN	1	Nagoya	9 Mar 2008
66	2:25:51		Yoko Shibui		4	Tokyo	16 Nov 2008
67	2:25:52		Kavoko Obata		2	Osaka	29 Jan 2006
68	2:25:56		Harumi Hiroyama		3	Osaka	30 Jan 2005
69	2:25:57		Katrin Dörre		1	Osaka	26 Jan 1997
70	2:26:00	43	Julia Mombi	KEN	3	Osaka	27 Jan 2008
71	2:26:01	44	Kazumi Matsuo	JPN	1	Nagoya	11 Mar 2001
72	2:26:02	45	Kivomi Ogawa	JPN	5	Nagoya	13 Mar 2005
73	2:26:04		Katrin Dörre		1	Osaka	28 Jan 1996
74	2:26:04		Takami Ominami		2	Nagoya	11 Mar 2001
75	2:26:09	46	Tomoe Abe	JPN	1	Osaka	30 Jan 1994
76	2:26:09	47	Nobuko Fujimura	JPN	2	Osaka	30 Jan 1994
77	2:26:09	48	Madina Biktairova	RUS	1	Nagoya	12 Mar 2002
78	2:26:09	49	Miki Ohira	JPN	4	Osaka	27 Jan 2008
79	2:26:10	50	Junko Asari	JPN	3	Osaka	30 Jan 1994
80	2:26:11	51	Chika Horie	JPN	1	Sapporo (Hokkaido)	25 Aug 2002
81	2:26:14		Kivoko Shimahara		2	Sapporo (Hokkaido)	28 Aug 2005
82	2:26:15		Reiko Tosa		1	Tokyo	19 Nov 2006
83	2:26:18		Kavoko Obata		4	Osaka	31 Jan 1999
84	2:26:19		Yoshimi Ozaki		2	Nagoya	9 Mar 2008
85	2:26:21	52	Yukiko Okamoto	JPN	3	Nagoya	11 Mar 2001
86	2:26:26	53	Yumi Kokamo	JPN	1	Osaka	26 Jan 1992
87	2:26:26		Junko Asari		1	Osaka	31 Jan 1993
88	2:26:26	54	Mitsuyo Yoshida	JPN	4	Osaka	30 Jan 1994
89	2:26:26	55	Valentina Yegorova	RUS	2	Nagano	9 Apr 2000
90	2:26:27		Tomoe Abe		2	Osaka	31 Jan 1993
91	2:26:27	56	Hiromi Suzuki	JPN	2	Osaka	28 Jan 1996
92	2:26:27		Mari Ozaki		3	Osaka	31 Jan 2010
93	2:26:29		Yukiko Akaba		1	Osaka	30 Jan 2011
94	2:26:34	57	Carla Beurskens	NED	2	Tokyo	15 Nov 1987
95	2:26:34		Bruna Genovese		1	Tokyo	21 Nov 2004
96	2:26:37	58	Ikuvo Goto	JPN	3	Osaka	28 Jan 1996
97	2:26:38		Derartu Tulu		3	Tokyo	19 Nov 2000
98	2:26:38	59	Alevtina Ivanova	RUS	1	Nagano	20 Apr 2008
99	2:26:39	60	Constantina Tomescu	ROM	4	Tokyo	18 Nov 2001

Yokohama Women's Marathon All Time list

Performances	Time	Performers	Name	Nat	Place	Date
1	2:27:18	1	Inga Abitova	RUS	1	15 Nov 2009
2	2:28:51	2	Kivoko Shimahara	JPN	2	15 Nov 2009
3	2:29:13	3	Catherine Ndereba	KEN	3	15 Nov 2009
4	2:29:57	4	Bruna Genovese	ITA	4	15 Nov 2009
5	2:30:22	5	Miki Ohira	JPN	5	15 Nov 2009
6	2:31:49	6	Robe Guta	ETH	6	15 Nov 2009
7	2:32:09	7	Zivile Balciunaite	LTU	7	15 Nov 2009
8	2:32:20	8	Hiroko Miyauchi	JPN	8	15 Nov 2009

Tokyo Women's Marathon (Predecessor to Yokohama) All Time list

Performances	Time	Performers	Name	Nat	Place	Date
1	2:21:37	1	Mizuki Noguchi	JPN	1	18 Nov 2007
2	2:22:12	2	Eri Yamaguchi	JPN	1	21 Nov 1999
3	2:23:30	3	Yoshimi Ozaki	JPN	1	16 Nov 2008
4	2:23:31	4	Salina Kosgei	KEN	2	18 Nov 2007
5	2:24:02	5	Joyce Chepchumba	KEN	1	19 Nov 2000
6	2:24:27	6	Yuri Kano	JPN	2	16 Nov 2008
7	2:24:39	7	Naoko Takahashi	JPN	1	20 Nov 2005
8	2:24:47	8	Reiko Tosa	JPN	2	19 Nov 2000
9	2:24:47	9	Elfenesh Alemu	ETH	1	16 Nov 2003
10	2:24:59	10	Banuelia Mrashani	TAN	1	17 Nov 2002
11	2:25:02	11	Rie Matsuoka	JPN	2	17 Nov 2002
12	2:25:03	12	Mara Yamauchi	GBR	3	16 Nov 2008
13	2:25:08	13	Derartu Tulu	ETH	1	18 Nov 2001
14	2:25:15	14	Zivile Balciunaite	LTU	2	20 Nov 2005
15	2:25:24	15	Katrin Dörre	GDR	1	15 Nov 1987
16	2:25:29	16	Irina Timofeyeva	RUS	2	18 Nov 2001
17	2:25:35	17	Bruna Genovese	ITA	3	18 Nov 2001
18	2:25:51	18	Yoko Shibui	JPN	4	16 Nov 2008
19	2:26:15		Reiko Tosa		1	19 Nov 2006
20	2:26:34	19	Carla Beurskens	NED	2	15 Nov 1987
21	2:26:34		Bruna Genovese		1	21 Nov 2004
22	2:26:38		Derartu Tulu		3	19 Nov 2000
23	2:26:39	20	Constantina Dita-Tomescu	ROU	4	18 Nov 01
24	2:26:40	21	Valentina Yegorova	RUS	1	21 Nov 93
25	2:26:43	22	Kiyoko Shimahara	JPN	2	21 Nov 04
26	2:26:45		Irina Timofeyeva		3	17 Nov 02
27	2:26:50		Elfenesh Alemu		3	20 Nov 05
28	2:26:55	23	Svetlana Zakharova	RUS	4	20 Nov 05
29	2:26:58		Elfenesh Alemu		3	21 Nov 04
30	2:27:01	24	Malgorzata Sobanska	POL	5	18 Nov 01
31	2:27:02	25	Masako Chiba	JPN	4	21 Nov 04
32	2:27:05	26	Fatuma Roba	ETH	2	21 Nov 99
33	2:27:15	27	Rosa Mota	POR	1	16 Nov 86
34	2:27:21		Naoko Takahashi		2	16 Nov 03
35	2:27:28		Zivile Balciunaite		5	21 Nov 04
36	2:27:35		Bruna Genovese		3	18 Nov 07
37	2:27:38	28	Liz McColgan	GBR	1	15 Nov 92
38	2:27:38		Mara Yamauchi		5	20 Nov 05
39	2:27:45	29	Makiko Ito	JPN	1	30 Nov 97

Best Marks for Places in Japan

Place	Time	Name	Nat	Venue	Date	Note
1	2:21:18	Mizuki Noguchi	JPN	Osaka	26 Jan 2003	
2	2:21:45	Masako Chiba	JPN	Osaka	26 Jan 2003	
3	2:21:51	Naoko Sakamoto	JPN	Osaka	26 Jan 2003	
4	2:22:22	Lornah Kiplagat	KEN	Osaka	26 Jan 2003	
5	2:23:30	Mari Ozaki	JPN	Osaka	26 Jan 2003	
6	2:27:05	Tomoe Abe	JPN	Osaka	31 Jan 1999	
7	2:27:22	Mayumi Ichikawa	JPN	Nagoya	11 Mar 2001	
8	2:27:44	Ikumi Nagayama	JPN	Nagoya	11 Mar 2001	
9	2:28:09	Naomi Sakashita	JPN	Nagoya	11 Mar 2001	

Best Marks for Places – All competitions

Place	Time	Name	Nat	Venue	Date	Note
1	2:15:25	Paula Radcliffe	GBR	London	13 Apr 2003	WR
2	2:19:26	Catherine Ndereba	KEN	Chicago	13 Oct 2002	
3	2:21:16	Deena Drossin	USA	London	13 Apr 2003	
4	2:21:31	Svetlana Zakharova	RUS	Chicago	13 Oct 2002	
5	2:21:58	Galina Bogomolova	RUS	London	23 Apr 2006	
6	2:23:43	Constantina Tomescu-Dita	ROM	London	13 Apr 2003	
7	2:24:01	Jelena Prokopcuka	LAT	London	13 Apr 2003	
8	2:24:56	Elfenesh Alemu	ETH	London	13 Apr 2003	
9	2:25:32	Mihaela Botezan	ROM	London	13 Apr 2003	Debut
10	2:26:16	Mara Yamauchi	GBR	London	25 Apr 2010	
11	2:26:50	Madai Perez	MEX	WC, Helsinki	14 Aug 2005	
12	2:27:14	Galina Karnatsevich	BLR	WC, Helsinki	14 Aug 2005	
13	2:27:46	Dorota Gruca	POL	WC, Helsinki	14 Aug 2005	
14	2:29:43	Jong Yong-Ok	PRK	WC, Helsinki	14 Aug 2005	

Best Marks for Places in Tokyo Women's Marathon

Place	Time	Name	Nat	Date	Note
1	2:21:37	Mizuki Noguchi	JPN	18 Nov 2007	
2	2:23:31	Salina Kosgei	KEN	18 Nov 2007	
3	2:25:03	Mara Yamauchi	GBR	16 Nov 2008	
4	2:25:51	Yoko Shibui	JPN	16 Nov 2008	
5	2:27:01	Malgorzata Sobanska	POL	18 Nov 2001	
6	2:28:13	Junko Akagi	JPN	18 Nov 2001	
7	2:28:22	Ikuyo Goto	JPN	18 Nov 2001	
8	2:29:18	Yoshiko Ichikawa	JPN	18 Nov 2001	

Marathon Trend

(Number of Sub 2:XX Performers (NOT Performances))

	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
<2:20	0	0	1	0	2	2	1	3	2	2	0	0
<2:22	1	0	2	3	7	6	1	7	8	2	1	1
<2:24	13	3	9	8	14	10	8	16	18	5	8	6
<2:26	35	24	28	16	25	24	17	26	29	22	16	14
<2:28	67	59	56	32	41	52	43	40	53	53	42	34
<2:30	107	98	104	69	82	76	74	80	85	79	63	56

(Number of Sub 2:XX Performances)

	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
<2:20	0	0	1	0	2	2	1	3	3	2	0	0
<2:22	1	0	2	3	9	7	1	7	10	2	1	1
<2:24	15	3	10	10	16	14	8	20	21	6	10	8
<2:26	45	28	32	19	29	35	17	38	35	28	24	18
<2:28	86	73	74	36	57	69	50	62	65	65	59	43

Fastest Debut Marathon - Women

	Time	Name	Nationality	Place	Venue	Date
1	2:18:56	Paula Radcliffe	GBR	1	London	14 Apr 2002
2	2:21:51	Naoko Sakamoto	JPN	3	Osaka	26 Jan 2003
3	2:22:19	Gete Wami	ETH	1	Amsterdam	20 Oct 2002
4	2:23:09	Bezunesh Bekele	ETH	2	Dubai	18 Jan 2008
5	2:23:11	Yoko Shibui	JPN	1	Osaka	28 Jan 2001
6	2:23:30	Mari Ozaki	JPN	5	Osaka	26 Jan 2003

Split/Lap times for some of the world fastest marathons

	5Km	10Km	15Km	20Km	Half	25Km	30Km	35Km	40Km	42.195K
Paula Radcliffe	15:48	32:01	48:15	64:28	68:02	1:20:34	1:36:36	1:52:34	2:08:29	2:15:25
Paula Radcliffe	16:27	32:47	49:05	65:26	68:39	1:21:34	1:37:40	1:53:45	2:10:08	2:17:18
Paula Radcliffe	15:47	32:17	48:34	64:55	68:27	1:21:03	1:37:27	1:54:07	2:10:26	2:17:42
Catherine Ndereba	17:41	34:09	50:40	66:45	70:15	1:22:49	1:39:04	1:55:21	2:11:45	2:18:47
Paula Radcliffe	16:37	33:56	50:44	67:30	71:04	1:23:31	1:39:45	1:55:56	2:11:58	2:18:56
Mizuki Noguchi	16:24	32:53	49:22	65:43	69:19	1:22:12	1:38:48	1:55:19	2:11:53	2:19:12
Irina Mikitenko	16:40	33:11	49:47	66:28	70:05	1:23:08	1:39:36	1:56:05	2:12:22	2:19:19
Deena Kastor	16:32	33:09	49:41	66:12	69:48	1:22:36	1:39:08	1:55:43	2:12:22	2:19:36
Liliya Shobukhova	16:33	33:06	49:39	66:21	70:00	1:23:02	1:39:56	1:56:40	2:13:26	2:20:25
Liliya Shobukhova	18:22	36:20	54:08	71:28	75:05	1:28:30	1:45:45	2:02:42	2:19:20	2:25:56

Name		5Km	10Km	15Km	20Km	25Km	30Km	35Km	40Km	42.195	Final 7.195
Paula Radcliffe	2003London	15:48	16:13	16:14	16:13	16:06	16:02	15:58	15:55	6:56	22:51
Paula Radcliffe	2002Chicago	16:27	16:20	16:18	16:21	16:08	16:06	16:05	16:23	7:10	23:33
Paula Radcliffe	2005London	15:47	16:30	16:17	16:21	16:08	16:24	16:40	16:19	7:16	23:35
Catherine Ndereba	2001Chicago	17:41	16:28	16:31	16:05	16:04	16:15	16:17	16:24	7:02	23:26
Paula Radcliffe	2002London	16:37	17:19	16:48	16:46	16:01	16:14	16:11	16:02	6:58	23:00
Mizuki Noguchi	2005Berlin	16:24	16:29	16:29	16:21	16:29	16:36	16:31	16:34	7:19	23:53
Irina Mikitenko	2008Berlin	16:40	16:31	16:36	16:41	16:40	16:28	16:29	16:17	6:57	23:14

Deena Kastor	2006London	16:32	16:37	16:32	16:31	16:24	16:32	16:35	16:39	7:14	23:53
L Shobukhova	2010Chicago	16:33	16:33	16:33	16:42	16:41	16:54	16:44	16:46	6:59	23:45
L Shobukhova	2009Chicago	18:22	17:58	17:48	17:20	17:02	17:15	16:57	16:38	6:36	23:14

Progression of average of Top X performances/performers

Year	Average of top 5 performances	Average of top 5 performers	Average of top 10 performers
2010	2:21:53	2:22:02	2:22:38
2009	2:23:29	2:23:29	2:24:09
2008	2:21:49	2:21:49	2:22:44
2007	2:22:04	2:22:04	2:23:06
2006	2:20:29	2:20:29	2:21:28
2005	2:20:01	2:20:06	2:21:27
2004	2:22:25	2:22:25	2:23:11
2003	2:19:31	2:19:31	2:20:55
2002	2:19:21	2:19:48	2:20:33
2001	2:21:51	2:21:52	2:23:01
2000	2:22:28	2:22:28	2:23:11

Fastest Marathon by Age - Women

Age	Time	Name	Nat	DOB	place	Race	Date
18	2:22:38	Zhang Yingying	CHN	4 Jan 1990	1	Xiamen	5 Jan 2008
19	2:23:27	Bai Xue	CHN	13 Dec 1988	2	Xiamen	5 Jan 2008
21	2:23:11	Yoko Shibui	JPN	14 Mar 1979	1	Osaka	28 Jan 2001
22	2:21:51	Naoko Sakamoto	JPN	14 Nov 1980	3	Osaka	26 Jan 2003
23	2:21:21	Sun Yingjie	CHN	19 Jan 1979	2	Beijing	20 Oct 2002
24	2:19:39	Sun Yingjie	CHN	19 Jan 1979	1	Beijing	19 Oct 2003
25	2:19:41	Yoko Shibui	JPN	14 Mar 1979	1	Berlin	26 Sept 2004
26	2:20:43	Tegla Loroupe	KEN	9 May 1973	1	Berlin	26 Sept 1999
27	2:19:12	Mizuki Noguchi	JPN	3 July 1978	1	Berlin	25 Sept 2005
28	2:17:18	Paula Radcliffe	GBR	17 Dec 1973	1	Chicago	13 Oct 2002
29	2:15:25	Paula Radcliffe	GBR	17 Dec 1973	1	London	13 Apr 2003
30	2:19:26	Catherine Ndereba	KEN	21 July 1972	2	Chicago	13 Oct 2002
31	2:17:42	Paula Radcliffe	GBR	17 Dec 1973	1	London	17 Apr 2005
32	2:20:25	Liliya Shobukhova	RUS	13 Nov 1977	1	Chicago	10 Oct 2010
33	2:19:36	Deena Kastor	USA	14 Feb 1973	1	London	23 Apr 2006
34	2:22:42	Berhane Adere	ETH	21 July 1973	1	Dubai	18 Jan 2008
35	2:21:30	Constantina Dita	ROU	23 Jan 1979	2	Chicago	9 Oct 2005
36	2:19:19	Irina Mikitenko	GER	23 Aug 1972	1	Berlin	28 Sept 2008
37	2:21:29	Lyudmila Petrova	RSU	7 Oct 1968	2	London	23 Apr 2006

National Records

	Time	Nation	Name	Place	Venue	Date
1	2:15:25	GBR	Paula Radcliffe	1	London	13 Apr 2003
2	2:18:47	KEN	Catherine Ndereba	1	Chicago	7 Oct 2001
3	2:19:12	JPN	Mizuki Noguchi	1	Berlin	25 Sept 2005
4	2:19:19	GER	Irina Mikitenko	1	Berlin	28 Sept 2008
5	2:19:36	USA	Deena Kastor	1	London	23 Apr 2006
6	2:19:39	CHN	Sun Yingjie	1	Beijing	19 Oct 2003
7	2:20:25	RUS	Liliya Shobukhova	1	Chicago	10 Oct 2010
8	2:20:42	ETH	Berhane Adere	1	Chicago	22 Oct 2010

9	2:21:06	NOR	Ingrid Kristiansen	1	London	21 Apr 1985
10	2:21:30	ROU	Constantina Dita	2	Chicago	9 Oct 2005
11	2:22:23	IRL	Catherine McKiernan	1	Amsterdam	1 Nov 1998
12	2:22:36	AUS	Benita Johnson	3	Chicago	22 Oct 2006
13	2:22:56	LAT	Jelena Prokopcuka	1	Osaka	30 Jan 2005
14	2:22:59	MEX	Madai Perez	4	Chicago	22 Oct 2006
15	2:23:05	BEL	Marleen Renders	1	Paris	7 Apr 2002
16	2:23:29	POR	Rosa Mota	3	Chicago	20 Oct 1985
17	2:23:43	NED	Lornah Kiplagat	3	New York	2 Nov 2003
18	2:23:47	ITA	Maura Viceconte	1	Wien	21 May 2000
19	2:24:18	POL	Wanda Panfil	1	Boston	15 Apr 1991
20	2:24:22	FRA	Christelle Daunay	2	Paris	11 Apr 2010

List of course records:

	Time	Race	Name	Nation	Year
1	2:15:25	London	Paula Radcliffe	GBR	2003
2	2:17:18	Chicago	Paula Radcliffe	GBR	2002
3	2:19:12	Berlin	Mizuki Noguchi	JPN	2005
4	2:19:39	Beijing	Sun Yingjie	CHN	2003
5	2:19:51	Seoul	Zhou Chunxiu	CHN	2006
6	2:20:43	Boston	Margaret Okayo	KEN	2002
7	2:20:47	Rotterdam	Tegla Loroupe	KEN	1998
8	2:20:57	World Championships	Paula Radcliffe	GBR	2005
9	2:21:18	Osaka Ladies	Mizuki Noguchi	JPN	2003
10	2:21:37	Tokyo Women	Mizuki Noguchi	JPN	2007
11	2:21:47	Asian Games	Naoko Takahashi	JPN	1998
12	2:22:04	Paris	Atsede Bayisa	ETH	2010
13	2:22:19	Nagoya Women	Naoko Takahashi	JPN	2000
14	2:22:20	Amsterdam	Gete Wami	ETH	2002
15	2:22:31	New York	Margaret Okayo	KEN	2003
16	2:22:38	Xiamen	Zhang Yingning	CHN	2008
17	2:22:42	Dubai	Berhane Adere	ETH	2008
18	2:22:43	Toronto	Sharon Cherop	KEN	2010
19	2:22:53	Roma	Galina Bogomalova	RUS	2008
20	2:23:14	Olympic Games	Naoko Takahashi	JPN	2000

Average of Top 10 Performances in Major Marathons – Women

	Average of top 10 Performances	Marathon
1	2:19:47	London
2	2:20:18	Chicago
3	2:21:01	Berlin
4	2:22:36	Beijing
5	2:22:37	Osaka Ladies
6	2:22:47	Boston
7	2:23:32	New York
8	2:23:51	Tokyo Women
9	2:24:10	Nagoya Women

London Marathon

Performances	Time	Performers	Name	Nat	Place	Date	Note
1	2:15:25	1	Paula Radcliffe	GBR	1	13 Apr 03	WR
2	2:17:42		Paula Radcliffe		1	17 Apr 05	
3	2:18:56		Paula Radcliffe		1	14 Apr 02	

4	2:19:36	2	Deena Kastor	USA	1	23 Apr 06	
5	2:19:55	3	Catherine Ndereba	KEN	2	13 Apr 03	
6	2:20:38	4	Zhou Chunxiu	CHN	1	22 Apr 07	
7	2:21:06	5	Ingrid Kristiansen	NOR	1	21 Apr 85	WB
8	2:21:16		Deena Drossin		3	13 Apr 03	
9	2:21:29	6	Lyudmilla Petrova	RUS	2	23 Apr 06	
10	2:21:45	7	Gete Wami	ETH	2	22 Apr 07	
Average	2:19:47						

Chicago Marathon

Performances	Time	Performers	Name	Nat	Place	Date	Note
1	2:17:18	1	Paula Radcliffe	GBR	1	13 Oct 02	WR
2	2:18:47	2	Catherine Ndereba	KEN	1	7 Oct 01	WB
3	2:19:26		Catherine Ndereba		2	13 Oct 02	
4	2:20:25	3	Liliya Shobukhova	RUS	1	10 Oct 10	
5	2:20:42	4	Berhane Adere	ETH	1	22 Oct 06	NR
6	2:20:47	5	Galina Bogomolova	RUS	2	22 Oct 06	
7	2:21:21	6	Joan Benoit	USA	1	20 Oct 85	
8	2:21:22	7	Yoko Shibui	JPN	3	13 Oct 02	
9	2:21:25	8	Deena Kastor	USA	1	9 Oct 05	
10	2:21:30	9	Constantina Tomescu-Dita	ROM	2	9 Oct 05	
Average	2:20:18						

Berlin Marathon

Performances	Time	Performers	Name	Nat	Place	Date	Note
1	2:19:12	1	Mizuki Noguchi	JPN	1	25 Sept 05	
2	2:19:19	2	Irina Mikitenko	GER	1	28 Sept 08	
3	2:19:41	3	Yoko Shibui	JPN	1	26 Sept 04	
4	2:19:46	4	Naoko Takahashi	JPN	1	30 Sept 01	WB
5	2:20:43	5	Tegla Loroupe	KEN	1	26 Sept 99	WB
6	2:21:31	6	Askale Margasa Tafa	ETH	2	28 Sept 08	
7	2:21:34	7	Gete Wami	ETH	1	24 Sept 06	
8	2:21:49		Naoko Takahashi		1	29 Sept 02	
9	2:23:17		Gete Wami		1	30 Sept 07	
10	2:23:22	8	Salina Kosgei	KEN	2	24 Sept 06	
Average	2:21:01						

Beijing Marathon

Performances	Time	Performers	Name	Nat	Place	Date	Note
1	2:19:39	1	Sun Yingjie	CHN	1	19 Oct 03	Asian R
2	2:21:01		Sun Yingjie		1	16 Oct 05	
3	2:21:11	2	Zhou Chunxiu	CHN	2	16 Oct 05	
4	2:21:21		Sun Yingjie		2	20 Oct 02	
5	2:23:17	3	Zhang Shujing	CHN	3	20 Oct 02	
6	2:23:37	4	Liu Min	CHN	1	14 Oct 01	
7	2:23:41		Zhou Chunxiu		2	19 Oct 03	
8	2:23:57	5	Zhu Xiaolin	CHN	4	20 Oct 02	
9	2:24:02	6	Wei Yanan	CHN	2	14 Oct 01	
10	2:24:11		Sun Yingjie		1	17 Oct 04	
Average	2:22:36						

Osaka Ladies Marathon

Performances	Time	Performers	Name	Nat	Place	Date	Note
1	2:21:18	1	Mizuki Noguchi	JPN	1	26 Jan 03	
2	2:21:45	2	Masako Chiba	JPN	2	26 Jan 03	
3	2:21:51	3	Naoko Sakamoto	JPN	3	26 Jan 03	
4	2:22:22	4	Lornah Kiplagat	KEN	4	26 Jan 03	
5	2:22:54	5	Lidia Simon	ROM	1	30 Jan 00	
6	2:22:56	6	Harumi Hirovama	JPN	2	30 Jan 00	
7	2:22:56	7	Jelena Prokopcuka	LAT	1	30 Jan 05	
8	2:23:11	8	Yoko Shibui	JPN	1	28 Jan 01	Debut
9	2:23:24		Lidia Simon		1	31 Jan 99	
10	2:23:30	9	Mari Ozaki	JPN	5	26 Jan 03	
Average	2:22:37						

Boston Marathon

Performances	Time	Performers	Name	Nat	Place	Date	Note
1	2:20:43	1	Margaret Okavo	KEN	1	15 Apr 02	
2	2:21:12	2	Catherine Ndereba	KEN	2	15 Apr 02	
3	2:21:45	3	Uta Pippig	GER	1	18 Apr 94	
4	2:22:43	4	Joan Benoit	USA	1	18 Apr 83	WB
5	2:23:21	5	Fatuma Roba	ETH	1	20 Apr 98	
6	2:23:25		Fatuma Roba		1	19 Apr 99	
7	2:23:33	6	Valentina Yegorova	RUS	2	18 Apr 94	
8	2:23:38	7	Rita Jeptoo	KEN	1	17 Apr 06	
9	2:23:43	8	Olga Markova	RUS	1	20 Apr 92	
10	2:23:48	9	Jelena Prokopcuka	LAT	2	17 Apr 06	
Average	2:22:47						

New York Marathon

Performances	Time	Performers	Name	Nat	Place	Date
1	2:22:31	1	Margaret Okayo	KEN	1	2 Nov 03
2	2:23:03	2	Catherine Ndereba	KEN	2	2 Nov 03
3	2:23:09	3	Paula Radcliffe	GBR	1	5 Nov 07
4	2:23:10		Paula Radcliffe		1	7 Nov 04
5	2:23:13	4	Susan Chepkemei	KEN	2	7 Nov 04
6	2:23:32	5	Gete Wami	ETH	2	5 Nov 07
7	2:23:43	6	Lornah Kiplagat	NED	3	2 Nov 03
8	2:23:56		Paula Radcliffe		1	2 Nov 08
9	2:24:21		Margaret Okayo		1	4 Nov 01
10	2:24:40	7	Lisa Ondieki	AUS	1	1 Nov 92
Average	2:23:32					

Dubai Marathon

Performances	Time	Performers	Name	Nat	Place	Date
1	2:22:42	1	Berhane Adere	ETH	1	18 Jan 2008
2	2:22:45	2	Aselefech Mergia	ETH	1	21 Jan 2011
3	2:23:01	3	Lydia Cheromie	KEN	2	21 Jan 2011
4	2:23:09	4	Bezunesh Bekele	ETH	2	18 Jan 2008
5	2:23:23	5	Margarsa Askale Tafa	ETH	3	18 Jan 2008
6	2:23:41	6	Isabella Andersson	SWE	3	21 Jan 2011

7	2:24:02		Bezunesh Bekele		1	16 Jan 2009
8	2:24:19	7	Mamitu Daska Molisa	ETH	1	22 Jan 2010
9	2:24:26	8	Aberu Kebede Shewave	ETH	3	22 Jan 2010
10	2:24:26	9	Atsede Habtamu	ETH	4	21 Jan 2011
Average	2:23:35					

Tokyo Women's Marathon

Performances	Time	Performers	Name	Nat	Place	Date
1	2:21:37	1	Mizuki Noguchi	JPN	1	18 Nov 07
2	2:22:12	2	Eri Yamaguchi	JPN	1	21 Nov 99
3	2:23:30	3	Yoshimi Ozaki	JPN	1	16 Nov 08
4	2:23:31	4	Salina Kosgei	KEN	2	18 Nov 07
5	2:24:02	5	Joyce Chepchumba	KEN	1	19 Nov 00
6	2:24:27	6	Yuri Kano	JPN	2	16 Nov 08
7	2:24:39	7	Naoko Takahashi	JPN	1	20 Nov 05
8	2:24:47	8	Reiko Tosa	JPN	2	19 Nov 00
9	2:24:47	9	Elfenesh Alemu	ETH	1	16 Nov 03
10	2:24:59	10	Banuelia Mrashani	TAN	1	17 Nov 02
Average	2:23:51					

Nagoya Women's Marathon

Performances	Time	Performers	Name	Nat	Place	Date
1	2:22:19	1	Naoko Takahashi	JPN	1	12 Mar 00
2	2:23:26	2	Harumi Hirovama	JPN	1	12 Mar 06
3	2:23:57	3	Reiko Tosa	JPN	1	14 Mar 04
4	2:23:58	4	Yoko Shibui	JPN	2	12 Mar 06
5	2:24:19	5	Yumiko Hara	JPN	1	13 Mar 05
6	2:24:25	6	Megumi Oshima	JPN	2	13 Mar 05
7	2:24:36		Reiko Tosa		2	12 Mar 00
8	2:24:47		Megumi Tanaka		2	14 Mar 04
9	2:24:54	7	Ryoko Eda	JPN	3	13 Mar 05
10	2:25:03	8	Takami Ominami	JPN	1	9 Mar 03
Average	2:24:10					

Fastest marathon runners based on the average of top five performances

Paula Radcliffe

	Time	Race	Place	Date
1	2:15:25	London	1	13 Apr 2003
2	2:17:18	Chicago	1	13 Oct 2002
3	2:17:42	London	1	17 Apr 2005
4	2:18:56	London	1	14 Apr 2002
5	2:20:57	Helsinki (WC)	1	14 Aug 2005
Average	2:18:04			

Catherine Ndereba

	Time	Race	Place	Date
1	2:18:47	Chicago	1	7 Oct 2001
2	2:19:26	Chicago	2	13 Oct 2002
3	2:19:55	London	2	13 Apr 2003
4	2:21:12	Boston	2	15 Apr 2002

5	2:21:33	Chicago	1	22 Oct 2000
Average	2:20:11			

Zhou Chunxiu

	Time	Race	Place	Date
1	2:19:51	Seoul	1	12 Mar 2006
2	2:20:38	London	1	21 Apr 2007
3	2:21:11	Beijing	2	16 Oct 2005
4	2:23:24	Seoul	1	13 Mar 2005
5	2:23:28	Xiamen	1	27 Mar 2004
Average	2:21:42			

Naoko Takahashi

	Time	Race	Place	Date
1	2:19:46	Berlin	1	30 Sept 2001
2	2:21:47	Bangkok (Asian G)	1	6 Dec 1998
3	2:21:49	Berlin	1	29 Sept 2002
4	2:22:19	Nagoya	1	12 Mar 2000
5	2:23:14	Sydney (OG)	1	24 Sept 2000
Average	2:21:47			

Tegla Loroupe

	Time	Race	Place	Date
1	2:20:43	Berlin	1	26 Sept 1999
2	2:20:47	Rotterdam	1	19 Apr 1998
3	2:22:07	Rotterdam	1	20 Apr 1997
4	2:22:48	Rotterdam	1	18 Apr 1999
5	2:23:46	Osaka	2	31 Jan 1999
Average	2:22:02			

Sun Yingjie

	Time	Race	Place	Date
1	2:19:39	Beijing	1	19 Oct 2003
2	2:21:01	Beijing	1	16 Oct 2005
3	2:21:21	Beijing	2	20 Oct 2002
4	2:24:11	Beijing	1	17 Oct 2004
5	2:25:33	Tianjin	1	19 Apr 2003
Average	2:22:21			

Mizuki Noguchi

	Time	Race	Place	Date
1	2:19:12	Berlin	1	25 Sept 2005
2	2:21:18	Osaka	1	26 Jan 2003
3	2:21:37	Tokyo	1	18 Nov 2007
4	2:24:14	Saint-Denis (WC)	2	31 Aug 2003
5	2:25:35	Nagoya	1	10 Mar 2002
Average	2:22:23			

Yoko Shibui

	Time	Race	Place	Date
1	2:19:41	Berlin	1 st	26 Sept 2004
2	2:21:22	Chicago	3 rd	13 Oct 2002
3	2:23:11	Osaka	1 st	28 Jan 2001
4	2:23:42	Osaka	1 st	25 Jan 2009

5	2:23:58	Nagoya	2 nd	12 Mar 2006
Average	2:22:23			

Gete Wami

	Time	Race	Place	Date
1	2:21:34	Berlin	1	24 Sept 2006
2	2:21:45	London	2	21 Apr 2007
3	2:22:20	Amsterdam	1	20 Oct 2002
4	2:23:17	Berlin	1	30 Sept 2007
5	2:23:32	New York	2	4 Nov 2007
Average	2:22:30			

Constantina Tomescu Dita

	Time	Race	Place	Date
1	2:21:30	Chicago	2	9 Oct 2005
2	2:22:50	London	2	17 Apr 2005
3	2:23:19	Helsinki (WC)	3	14 Aug 2005
4	2:23:35	Chicago	2	12 Oct 2003
5	2:23:43	London	6	13 Apr 2003
Average	2:22:59			

Fastest marathon runners based on the average of top three performances since 2008

Irina Mikitenko

	Time	Race	Place	Date
1	2:19:19	Berlin	1 st	28 Sept 2008
2	2:22:11	London	1 st	26 Apr 2009
3	2:24:14	London	1 st	13 Apr 2008
Average	2:21:55			

Liliya Shobukhova

	Time	Race	Place	Date
1	2:20:25	Chicago	1	10 Oct 2010
2	2:22:00	London	1	25 Apr 2010
3	2:24:24	London	3	26 Apr 2009
Average	2:22:16			

Askale Magarsa Tafa

	Time	Race	Place	Date
1	2:21:31	Berlin	2 nd	28 Sept 2008
2	2:23:23	Dubai	3 rd	18 Jan 2008
3	2:24:39	London	5 th	25 Apr 2010
Average	2:23:11			

Mergia Aselefech

	Time	Race	Place	Date
1	2:22:38	London	3 rd	25 Apr 2010
2	2:22:45	Dubai	1 st	21 Jan 2011
3	2:25:02	Paris	2 nd	5 Apr 2009
Average	2:23:28			

Bezunesh Bekele

	Time	Race	Place	Date
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1	2:23:09	Dubai	2 nd	18 Jan 2008
2	2:23:17	London	4 th	25 Apr 2010
3	2:24:02	Dubai	1 st	16 Jan 2009
Average	2:23:29			

Atsede Bayisa

	Time	Race	Place	Date
1	2:22:04	Paris	1 st	11 Apr 2010
2	2:23:40	Chicago	2 nd	10 Oct 2010
3	2:24:42	Paris	1 st	5 Apr 2010
Average	2:23:29			

Mara Yamauchi

	Time	Race	Place	Date
1	2:23:12	London	2 nd	26 Apr 2009
2	2:25:03	Tokyo	3 rd	16 Nov 2008
3	2:25:10	Osaka	1 st	27 Jan 2008
Average	2:24:28			

Dire Tune

	Time	Race	Place	Date
1	2:23:44	Frankfurt	2 nd	31 Oct 2010
2	2:24:40	Houston	1 st	13 Jan 2008
3	2:25:25	Boston	1 st	21 Apr 2008
Average	2:24:36			

Aberu Kebede

	Time	Race	Place	Date
1	2:23:58	Berlin	1 st	26 Sept 2010
2	2:24:26	Dubai	2 nd	22 Jan 2010
3	2:25:29	Rotterdam	1 st	11 Apr 2010
Average	2:24:38			

Bai Xue

	Time	Race	Place	Date
1	2:23:27	Xiamen	2 nd	5 Jan 2008
2	2:25:15	Berlin – WC	1 st	23 Aug 2009
3	2:25:18	London	7 th	25 Apr 2010
Average	2:24:40			

Teyeba Erkesso

	Time	Race	Place	Date
1	2:23:53	Houston	1 st	17 Jan 2010
2	2:24:18	Houston	1 st	18 Jan 2009
3	2:26:11	Boston	1 st	19 Apr 2010
Average	2:24:47			

Atsede Habtamu

	Time	Race	Place	Date
1	2:24:26	Dubai	4 th	21 Jan 2011
2	2:24:47	Berlin	1 st	20 Sept 2009
3	2:25:17	Dubai	2 nd	16 Jan 2009
Average	2:24:50			

Yoshimi Ozaki

	Time	Race	Place	Date
1	2:23:30	Tokyo	1 st	16 Nov 2008
2	2:25:25	WC – Berlin	2 nd	23 Aug 2009
3	2:26:19	Nagoya	2 nd	9 Mar 2008
Average	2:25:05			

Helena Loshanyang Kirop

	Time	Race	Place	Date
1	2:24:54	Dubai	3 rd	22 Jan 2010
2	2:25:01	Berlin	3 rd	28 Sept 2008
3	2:25:29	Praha	1 st	10 May 2010
Average	2:25:08			

Main Contenders

Derartu Tulu (ETH)

DOB: 21 March 1972

Personal Bests:

5000m: 14:44.22 (2003); 10000m: 30:17.49 (2000);

Half Marathon: 1:08:26 (1995); Marathon: 2:23:30 (2005)

International Championships Highlights:

World Cross Country Championships: 1st in 1995, 1997, 2000; 2nd in 1991; 4th in 1996

Marathon: 4th in 2005 World Championships (WC)

10000m: 1st in 1992 & 2000 Olympics, 1st in 2001 WC; 2nd in 1995 WC; 3rd in 2004 OG

Progressions (since 2005):

Year	5000m	10000m	Half Marathon	Marathon
2010			1:13:03	2:28:13
2009			1:10:33	2:28:52
2008				2:36:32
2007				
2006				
2005			1:10:37	2:23:30

Marathon career

	Time	Race	Place	Date
	2:32:46	New York	14 th	7 Nov 2010
	2:28:13	Nagoya Women	2 nd	14 Mar 2010
	2:28:52	New York	1 st	1 Nov 2009
	2:34:17	Nagano	4 th	19 Apr 2009
	2:36:47	Tokyo Women	9 th	16 Nov 2008
	2:36:32	Madrid	2 nd	27 Apr 2008
	2:25:21	New York	3 rd	6 Nov 2005
Personal Best	2:23:30	WC – Helsinki	4 th	14 Aug 2005
	2:31:58	Nagano	3 rd	17 Apr 2005
	2:30:21	Chicago	8 th	10 Oct 2004
	2:26:33	London	10 th	13 Apr 2003
	2:28:37	London	9 th	14 Apr 2002
	2:25:08	Tokyo Women	1 st	18 Nov 2001
	2:23:57	London	1 st	22 Apr 2001
	2:26:38	Tokyo Women	3 rd	19 Nov 2000
	2:26:09	London	6 th	16 Apr 2000
	2:40:51	Honolulu	3 rd	12 Dec 1999
	2:30:28	Boston	5 th	21 Apr 1997

2010 Results

Date	Race	Distance	Place	Time
7 Nov	New York Marathon	Marathon	14 th	2:32:46

19 Sept	Rock n Roll Philadelphia Half Marathon	Half marathon	10 th	1:13:03
16 May	Great Manchester Run	10Km	6 th	32:53
2 May	Great Edinburgh Run	10Km	8 th	34:38
14 Mar	Nagoya Women's Marathon	Marathon	2 nd	2:28:13

2009 Results

Date	Race	Distance	Place	Time
31 Dec	Sao Silvestre Road Race – Sao Paulo	15Km	6 th	54:25
12 Dec	Course de Noel – Sion	5.25Km	3 rd	16.18.8
5 Dec	Course de l'Escalade – Geneve	4.78Km	2 nd	15:32.7
1 Nov	New York Marathon	Marathon	1 st	2:28:52
20 Sept	Philadelphia Distance Run	Half Marathon	4 th	1:10:33
19 Apr	Nagano Marathon	Marathon	4 th	2:34:17
20 Feb	RAK Half Marathon – Ras Al Khaimah	Half marathon	17 th	1:14:57

2008 Results

Date	Race	Distance	Place	Time
13 Dec	Course de Noel – Sion	5.25Km	2 nd	16:18.6
6 Dec	Course de l'Escalade – Geneve	4.78Km	1 st	15:26.1
16 Nov	Tokyo Women's Marathon	Marathon	9 th	2:36:47
18 May	BUPA Great Manchester Run 10Km	10Km	7 th	32:56
27 Apr	Maraton Popular de Madrid	Marathon	2 nd	2:36:32

Azalech Masresha (ETH)

DOB: 4 May 1988

Personal Bests: Half marathon: 1:09:46 (2010); Marathon: 2:25:34 (2010)

International Championships Highlights:

World Cross Country Championships: 12th in junior in 2005

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2010			1:09:46	2:25:34
2009			1:15:04	2:35:08
2008			1:10:35	
2007			1:11.29	

Marathon career

	Time	Race	Place	Date
Personal Best	2:25:34	Paris	4 th	11 Apr 2010
	2:32:12	Dubai	3 rd	17 Jan 2010

	2:35:08	Frankfurt	11 th	25 Oct 2009
	2:35:56	Paris	9 th	5 Apr 2009

2010 Results

Date	Race	Distance	Place	Time
11 Apr	Paris Marathon	Marathon	4 th	2:25:34
28 Feb	Rock n Roll half marathon – New orleans	Half marathon	3 rd	1:09:46
17 Jan	Dubai Marathon	Marathon	3 rd	2:32:12

2009 Results

Date	Race	Distance	Place	Time
25 Oct	Frankfurt Marathon	Marathon	11 th	2:35:08
5 Apr	Paris Marathon	Marathon	9 th	2:35:56
8 Feb	San Blas half marathon – Coamo	Half marathon	1 st	1:15:04

2008 Results

Date	Race	Distance	Place	Time
12 Oct	BAA Half marathon - Boston	Half Marathon	1 st	1:11:44
5 Oct	Rock n Roll San Jose half marathon	Half marathon	2 nd	1:10:36
28 Sept	Maratonina Citta di Udine	Half marathon	3 rd	1:10:35

Marisa Barros (POR)

DOB: 25 Feb 1980

Personal Bests:

10000m: 33:04.58 (2009); Half marathon: 1:09:09 (2010); Marathon: 2:25:44 (2010)

International Championships Highlights:

Marathon: 6th at 2009 World Championships; 32nd at 2008 Olympics; 8th in 2010 European Champ

Progressions (since 2007):

Year	5000m	10000m	Half Marathon	Marathon
2011			1:13:23	
2010			1:09:09	2:25:44
2009		33:04.58	1:10:37	2:26:03
2008			1:11:57	2:34:08
2007			1:12:42	2:31:31

Marathon career

	Time	Race	Place	Date
	2:35:43	Euro Champ – Barcelona	8 th	31 July 2010
Personal Best	2:25:44	Osaka	2 nd	31 Jan 2010
	2:26:50	World Champ – Berlin	6 th	23 Aug 2009

	2:26:03	Sevilla	1 st	22 Feb 2009
	2:34:08	OG –Beijing	32 nd	17 Aug 2008
debut	2:31:31	Porto	1 st	21 Oct 2007

2011 Results

Date	Race	Distance	Place	Time
16 Jan	Medio Maraton Ciudad de Ayamonte – Huelva	Half marathon	1 st	1:13:23

2010 Results

Date	Race	Distance	Place	Time
26 Dec	Corrida Pedestre Internationale de Houilles	10Km	3 rd	32:18
12 Dec	European Cross Country Championships – Albufeira	8.17Km	6 th	27:06
14 Nov	Carrera Pedestre Popular de San Martino – Orense	10Km	1 st	32:45
7 Nov	Carrera Popular de Negreira - La Coruna	10Km	1 st	32:48
19 Sept	Bupa Great North Run – Newcastle to South Shields	Half marathon	3 rd	1:09:09
31 July	European Championships – Barcelona	Marathon	8 th	2:35:43
20 June	Corrida Festas da Cidade do Porto	15Km	1 st	48:57
31 Jan	Osaka Ladies Marathon	Marathon	2 nd	2:25:44
16 Jan	Carrera Urbana Noche de San Anton	9.7Km	1 st	31:31

2009 Results

Date	Race	Distance	Place	Time
27 Dec	Sao Silvestre do Porto	10Km	2 nd	33:27
6 Dec	Cross Internacional de la Constitucion - Alcobendas	5900m	3 rd	20:40
18 Oct	Meia Maratona SportZone – Porto&Gaia	Half marathon	4 th	1:10:44
4 Oct	Meia-Maratona de Portugal – Lisboa	Half marathon	3 rd	1:11:07
23 Aug	World Championships - Berlin	Marathon	6 th	2:26:50
26 July	Meia-Maratona de Pombal	Half marathon	1 st	1:10:37
29 June	Corrida Festas da Cidade do Porto	15Km	2 nd	49:58
6 June	European Cup 10000m – Ribeira Brava (Madeira)	10000m	8 th	33:04.58
10 May	Medio Maraton de Albacete	Half marathon	5 th	1:13:16
22 Feb	Maraton Ciudad de Sevilla	Marathon	1 st	2:26:03

2008 Results

Date	Race	Distance	Place	Time
31 Dec	Sao Silvestre da Amadora – Lisboa	10Km	6 th	34:52
28 Dec	Sao Silvestre do Porto	10Km	2 nd	34:11
20 Dec	Corrida dos 60 Anos Do Metro de Lisboa	10Km	2 nd	32:21
25 Nov	Crosse Torres Vedra	?	2 nd	19:25
16 Nov	Carrera Pedestre Popular de San Martino	10Km	1 st	33:35
15 Nov	Cross Internacional de Oeiras	5Km	6 th	18:28

9 Nov	Carrera Popular de Negreira (La Coruna)	10Km	2 nd	33:56
21 Sept	Meia Maratona SportZone – Port & Gaia	Half marathon	5 th	1:13:57
17 Aug	Olympics – Beijing	Marathon	32 nd	2:34:08
27 July	Meia-Maratona de Pombal	Half marathon	2 nd	1:11:57
22 June	Corrida Festas da Cidade do Porto	15Km	2 nd	51:19
12 May	Meia Maratona de Setubal	Half marathon	3 rd	1:15:23
2 Mar	Portuguese Cross Country Champ - Porto	8Km	9 th	28:07
27 Jan	Cross Ciudad de Haro	6.3Km	4 th	23:33
6 Jan	Cross Internacional Zornotza - Amorebieta	6.7Km	6 th	24:43

Alevtina Ivanova (RUS)

DOB: 22 May 1975

Personal Bests: 10000m: 32:26.21 (2002); Half marathon: 1:10:43 (2010); Marathon: 2:26:39 (2008)

International Championships Highlights:

World Cross Country Championships: 10th in 2005

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2010			1:10:43	2:27:08
2009				2:30:05
2008				2:26:39
2007			1:12:44	2:27:49

Marathon career

	Time	Race	Place	Date
	2:27:08	Toronto	6 th	26 Sept 2010
	2:27:36	Praha	2 nd	9 May 2010
	2:30:05	Las Vegas	2 nd	6 Dec 2009
Personal Best	2:26:39	Nagano	1 st	20 Apr 2008
	2:48:57	Chicago	11 th	7 Oct 2007
	2:27:49	Nagano	1 st	15 Apr 2007
	DNF (pace)	Nagano	DNF (Pace maker)	11 Mar 2007
	DNF (pace)	Tokyo Women	DNF (Pace)	19 Nov 2006
	DNF (pace)	Nagano	DNF (pace)	12 Mar 2006
	2:38:17	Honolulu	3 rd	11 Dec 2005
	DNF (pace)	Tokyo Women	DNF (pace)	21 Nov 2005
	DNF (Pace)	Praha	DNF (pace)	22 May 2005
	2:35:48	Honolulu	4 th	12 Dec 2004
	2:33:09	Nagano	4 th	11 Apr 2004
	2:33:49	Honolulu	2 nd	8 Dec 2003
	2:34:11	Dublin	4 th	27 Oct 2003
	2:29:05	Nagano	2 nd	20 Apr 2003
	2:31:12	Honolulu	3 rd	8 Dec 2002
	2:30:25	Amsterdam	6 th	20 Oct 2002
	DNF	Euro Champ – München	DNF	10 Aug 2002
	2:32:24	Praha	1 st	19 May 2002

2010 Results

Date	Race	Distance	Place	Time
26 Sept	Toronto Marathon	Marathon	6 th	2:27:08
4 Sept	Russian Half Marathon Champ – Cheboksary	Half marathon	1 st	1:10:43
9 May	Praha International Marathon	Marathon	2 nd	2:27:36

2009 Results

Date	Race	Distance	Place	Time
6 Dec	Rock n Roll Las Vegas marathon	Marathon	2 nd	2:30:05
5 Sept	Russian Half Marathon champ - Cheboksary	Half marathon	11 th	1:14:13

2008 Results

Date	Race	Distance	Place	Time
20 Apr	Nagano Marathon	Marathon	1 st	2:26:39

Karolina Jarzynska (POL)

DOB: 6 Sept 1981

Personal Bests: 5000m: 15:44.01 (2009); 10000m: 32:44.40 (2010); Half marathon: 1:10:36 (2011);
Marathon: 2:29:10 (2009)

International Championships Highlights:

Half Marathon: 17th at 2010 World Half Marathon

Marathon: DNF at 2010 European Championships

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2011			1:10:36	
2010	15:26.97	32:44.40	1:11:37	
2009	15:44.01		1:11:50	2:29:10
2008	16:05.60	33:24.76	1:12:33	2:33:16
2007	16:16.13	34:41.61	1:13:25	2:49:57

Marathon career:

	Time	Race	Place	Date
Personal Best	2:29:10	Frankfurt	3 rd	25 Oct 2009
	2:35:28	Praha	7 th	10 May 2009
	2:33:19	San Antonio	3 rd	16 Nov 2008
	2:33:16	Zürich	2 nd	20 Apr 2008
	2:54:55	Porto	2 nd	21 Oct 2007
	2:49:57	Warszawa	3 rd	23 Sept 2007
	DNF	Roma	DNF	18 Mar 2007

2011 Results

Date	Race	Distance	Place	Time
6 Feb	Marugame Half marathon	Half marathon	2 nd	1:10:36

2010 Results

Date	Race	Distance	Place	Time
28 Nov	Cross de l'Acier –Leffrinckroucke	6.55Km	10 th	22:43
11 Nov	Independence Race - Warszawa	10Km	1 st	33:49
16 Oct	World Half Marathon Championships - Nanning	Half Marathon	17 th	1:12:36
10 Oct	Four Miles of Groningen	4 Mile	4 th	20:21.9
19 Sept	Dam tot Damloop	10 Mile	10 th	54:56
11 Sept	TESCO GP – Praha	5Km	5 th	16:11
5 Sept	Ko – Lauf 10K Düsseldorf	10Km	2 nd	33:13
31 July	European Championships – Barcelona	Marathon	DNF	DNF
9 June	Meeting Iberoamericano de Atletismo - Huelva	3000m	8 th	9:02.23
5 June	Euro Cup 10000m – Marseille	10000m	8 th	32:44.40
30 May	FBK Games – Hengelo	5000m	12 th	15:26.97
2 May	Lilac Bloomsday Run – Spoken	12Km	8 th	40:58
25 Apr	Times-Colonist Garden 10Km - Victoria	10Km	1 st	33:25
11 Apr	Carlsbad 5000m	5Km	5 th	16:04
28 Mar	Carrrefour Warsaw Half Marathon	Half Marathon	1 st	1:11:37

2009 Results

Date	Race	Distance	Place	Time
28 Dec	Volta a Cidade do Funchal – Funchal	6Km	3 rd	19:51
5 Dec	Course de l'Escalade - Geneve	4.78Km	5 th	15:53.2
28 Nov	Basler Stadlauf – Basel	7.8Km	2 nd	25:37.7
11 Nov	Independence Race – Goleniow	10Km	1 st	32:42
25 Oct	Frankfurt Marathon	Marathon	3 rd	2:29:10
11 Oct	BAA Half Marathon - Boston	Half marathon	3 rd	1:11:50
20 Sept	Philadelphia Distance Run	Half marathon	7 th	1:12:27
5 Aug	St Dominik Road Race – Gdansk	3.74Km	1 st	11:55
2 Aug	POL Athletics Championships – Bydgoszcz	1500m	4 th	4:17.38
31 July	POL Athletics Championships – Bydgoszcz	5000m	1 st	15:44.01
26 July	Janusz Sidlo Memorial - Sopot	1500m	1 st	4:18.32
23 July	Karlstad GP	3000m	1 st	9:16.91
27 June	Stadtlauf Ludwigshafen	9.6Km	2 nd	31:15
31 May	Sunfeast World 10K - Bangalore	10Km	16 th	34:51
10 May	Praha Marathon	Marathon	7 th	2:35:28

3 May	BUPA Great Edinburgh Run	10Km	5 th	33:52
18 Jan	Bermuda International Race Weekend - Hamilton	Half marathon	3 rd	1:19:24
17 Jan	Bermuda International Race Weekend - Hamilton	10Km	4 th	35:44

2008 Results

Date	Race	Distance	Place	Time
31 Dec	Peurbacher Silvesterlauf – Peurbach	5.1Km	6 th	16:44
14 Dec	European Cross Country Championships – Bruxelles	8Km	39 th	29:41
6 Dec	Course de l'Escalade	5Km	3 rd	15:48.3
29 Nov	Basler Stadtlauf – Basel	7.8Km	2 nd	25:26.5
16 Nov	Rock n Roll San Antonio Marathon	Marathon	3 rd	2:33:19
25 Oct	Tulsa Run 15Km	15Km	2 nd	51:33
5 Oct	Rock n Roll San Jose Marathon	Half marathon	6 th	1:13:39
13 Sept	Tesco Night Grand Prix – Praha	5Km	4 th	16:01
2 Aug	St Dominik Road Race – Gdansk	3.74Km	1 st	12:10
6 July	POL Athletics Championships - Szczecin	1500m	9 th	4:26:01
4 July	POL Athletics Championships – Szczecin	5000m	3 rd	16:05.60
25 June	E Listos Memorial – Wroclaw	1500m	1 st	4:25.48
12 June	Golden Spike - Ostrava	10000m	18 th	33:24.76
15 June	Great Women's Run 10K – Sunderland	5.5 mile	6 th	31:04
18 May	Resolution Asset Management Women's Run - Glasgow	10Km	8 th	33:39
4 May	BUPA Great Edinburgh Run	10Km	5 th	34:27
20 Apr	Zürich Marathon	Marathon	2 nd	2:33:16
6 Apr	Poznan half marathon	Half marathon	1 st	1:12:33

Ozaki, Yoshimi (JPN)

DOB: 1 July 1981; Born in Kanagawa Prefecture; Height: 154cm; Weight: 41Kg

Team: Dai-Ichi Life Insurance; Coach: Sachiko Yamashita

Personal Bests:

5000m: 15:28.55 (2004); 10000m: 31:47.23 (2005);

Half marathon: 1:09:26 (2007); Marathon 2:23:30 (2008)

International Championships Highlights:

Marathon: Silver medal in the 2009 World Championships

Half Marathon: 13th in the 2007 World Road Running Championships; 11th in 2010 World Half Champ

World Cross Country Championships: 19th in 2006

Progressions (since 2005):

Year	5000m	10000m	Half Marathon	Marathon
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2010			1:10:06	2:32:26
2009				2:25:25
2008	15:40.54	32:01.07	1:09:30	2:23:30
2007	15:33.40	32:13.95	1:09:26	
2006	15:43.17	31:48.92	1:13:03	
2005	15:31.91	31:47.23		

Marathon career

	Time	Venue	Place	Date
	2:32:26	London Marathon	13 th	25 Apr 2010
	2:25:25	World Championships – Berlin	2 nd	23 Aug 2009
Personal Best	2:23:30	Tokyo Women's Marathon	1 st	16 Nov 2008
Debut	2:26:19	Nagoya Women's marathon	2 nd	11 Mar 2008

2010 Results

Date	Race	Distance	Plac	Time
3 Nov	East JPN Corporate team Ekiden - Saitama	Stage 3 – 12.2Km	5 th	40:23
16 Oct	World Half Marathon Championships – Nanning	Half marathon	9 th	1:11:02
1 Oct	National Sports Festival (Kokutai) - Chiba	5000m	4 th	15:35.95
25 Apr	London Marathon	Marathon	13 th	2:32:26
21 Mar	JPN Corporate team Half marathon champ – Yamaguchi	Half Marathon	2 nd	1:10:06
17 Jan	Inter-Prefectural Women's Ekiden – Kyoto	Section 9 – 10Km	5 th	32:19

2009 Results

Date	Race	Distance	Place	Time
13 Dec	Women's Corporate team Ekiden Champ - Gifu	Section 1 – 6.6Km	3 rd	20:44
23 Aug	World Championships – Berlin	Marathon	2	2:25:25

2008 Results

Date	Race	Distance	Place	Time
14 Dec	JPN Corporate team Women's Ekiden -	Section 1 – 6.6Km	4 th	20:26
16 Nov	Tokyo Women's Marathon	Marathon	1 st	2:23:30
3 Nov	East JPN Corporate team Ekiden Champ	Section 3 - 11.95Km	5 th	39:03
27 Sept	All JPN Corporate T&F Champ – Tendo	5000m	8 th	15:48.80
27 Sept	All JPN Corporate T&F Champ – Tendo	5000m	2 nd heat3	16:00.37
29 June	JPN National Championships – Kawasaki	5000m	10 th	15:40.54
27 June	JPN National Championships – Kawasaki	10000m	5 th	32:01.07
1 June	Big Swan – Niigata	10000m	4 th	32:12.96
3 May	Shizuoka International	10000m	6 th	32:53.46
11 Mar	Nagoya Women's Marathon	Marathon	2 nd	2:26:19
3 Feb	Marugame half marathon	Half Marathon	2 nd	1:09:30

Fujita, Mayumi (JPN)

DOB: 26 May 1983; Height: 161cm; Weight: 43Kg;

Team: 18 Bank

Personal Bests:

5000m: 15:53.30 (2008); 10000m: 32:59.67 (2008);

Half marathon: 1:11:02 (2008);

International Championships Highlights:**Progressions** (since 2005):

Year	5000m	10000m	Half Marathon	Marathon
2010			1:12:03	2:29:36
2009	16:13.92	34:17.47	1:11:59	2:29:56
2008	15:53.30	32:59.67	1:11:02	
2007	16:06.42	33:45.80	1:13:16	
2006	16:10.64	34:19.96	1:11:11	
2005	16:07.06	33:19.26	1:12:14	

Marathon Career

	Time	Race	Place	Date
	2:39:10	Gold Coast – Brisbane	3 rd	4 July 2010
Personal Best	2:29:36	Nagoya Women's Marathon	5 th	14 Mar 2010
	2:29:56	Nagoya Women's Marathon	4 th	7 Mar 2009

2011 Results

Date	Race	Distance	Place	Time
23 Jan	Kita Kyushu Women's Ekiden	Stage 3 – 5.1Km	2 nd	16:47
16 Jan	Inter-Prefectural Ekiden – Kyoto	Stage 6 – 4.0875Km	12 th	13:19

2010 Results

Date	Race	Distance	Place	Time
19 Dec	All JPN Corporate team Ekiden – Gifu	Stage 3 – 10Km	16 th	33:21
27 Nov	Nagasaki Time Trial	5000m	3 rd	16:07.22
24 Oct	West JPN Corporate team Ekiden – Munakata	Stage 3 – 10.5Km	9 th	35:16
20 Aug	Kyushu Track and Field Champ – KitaKyushu	10000m	1 st	36:14.43
4 July	Gold Coast Marathon – Brisbane	Marathon	3 rd	2:39:10
15 May	Kvushu Corporate team T&F Champ	10000m	4 th	33:55.20
14 Mar	Nagoya Women's Marathon	Marathon	5 th	2:29:36
24 Jan	Kita-Kyushu Women's Ekiden	Section5 – 11.7Km	3 rd	38:06
6 Jan	Mivazaki Women's Road Race	Half marathon	6 th	1:12:03

2009 Results

Date	Race	Distance	Place	Time
13 Dec	JPN Corporate team Women's Ekiden - Gifu	Section 5 – 11.6Km	12 th	39:02
28 Nov	Isahaya	5000m	8 ^{r2}	16:13.92
25 Oct	West JPN Corporate Women's Ekiden	Section6 – 6.395Km	3 rd	21:53
21 Aug	Kvushu Corporate T&F Champ - Kumamoto	10000m	1 st	34:54.81
27 June	Isahaya	5000m	2 nd	16:19.40
30 May	Golden Games – Nobeoka	5000m	2 ^{rC}	16:19.20

29 Apr	Oda – Hiroshima	5000m	21 st	16:44.44
26 Apr	Hyogo Relays – Kobe	10000m	13 th	34:17.47
7 Mar	Nagoya Women's Marathon	Marathon	4 th	2:29:56
18 Jan	Kitakyushu Women's Ekiden	Stage 2 – 5.9Km	7 th	19:19
11 Jan	Inter-Prefectural Women's Ekiden – Kvoto	Section6 – 4.0875Km	3 rd	13:05
5 Jan	Mivazaki Road Race	Half marathon	5 th	1:11:59

2008 Results

Date	Race	Distance	Place	Time
14 Dec	All JPN Corporate team Ekiden Champ – Gifu	Section 1 – 6.6Km	18 th	21:31
29 Nov	Isahaya	5000m	11r2	16:18.53
26 Oct	Kyushu Corporate team Women's EKiden	Stage 3 – 10Km	2 nd	32:58
26 Sept	JPN Corporate team T&F Champ – Tendo	10000m	12r1	33:38.08
7 Sept	Great Scottish Run - Glasgow	Half marathon	2 nd	1:11:02
22 Aug	Kumamoto	10000m	2 nd	33:35.27
28 June	Isahaya	5000m	4 th	16:19.74
7 June	Isahaya	5000m	5 th	16:29.63
31 May	Golden Games – Nobeoka	5000m	24rA	16:05.78
17 May	Kyushu Corporate T&F Champ - Kitakyushu	10000m	6 th	32:59.67
5 Apr	Kanaguri – Kumamoto	5000m	2r1	15:53.30
16 Mar	JPN Corporate team half marathon – Yamaguchi	Half marathon	5 th	1:11:38
24 Feb	Yokohama Women's Ekiden	Stage 5 – 10Km	4 th	34:06
10 Feb	Karatsu roac race	10Km	1 st	33:00

Yoshida, Kaori (JPN)

DOB: 4 Aug 1981; Born in Prefecture; Height: 155cm; Weight: 38Kg

Team: Amino Vital AC;

Personal Bests:

5000m: 15:55.85 (2000); 10000m: 32:01.23 (2001);

Half marathon: 1:10:18 (2001); Marathon: 2:29:45 (2010)

International Championships Highlights:

Progressions (since 2005):

Year	5000m	10000m	Half Marathon	Marathon
2010			1:12:29	2:29:45
2009			1:14:06	2:35:46
2008			1:12:57	2:30:58
2007			1:15:43	2:43:21
2006			1:13:26	2:32:52
2005		34:06.82	1:10:54	

Marathon career

	Time	Venue	Place	Date
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	2:39:02	Honolulu	3 rd	12 Dec 2010
Personal Best	2:29:45	Chicago	8 th	10 Oct 2010
	2:31:31	Gold Coast – Brisbane	1 st	4 July 2010
	DNF	Tokyo	DNF	28 Feb 2010
	2:35:46	Honolulu Marathon	4 th	13 Dec 2009
	2:37:33	Hokkaido Marathon – Sapporo	11 th	30 Aug 2009
	DNF	Osaka Ladies marathon	DNF	25 Jan 2009
	2:34:35	Honolulu Marathon	2 nd	14 Dec 2008
	2:31:44	Casablanca Marathon	1 st	26 Oct 2008
	2:33:37	Hokkaido marathon – Sapporo	3 rd	31 Aug 2008
	2:30:58	Nagoya Women's Marathon	12 th	11 Mar 2008
	2:43:21	Honolulu Marathon	4 th	9 Dec 2007
Debut	2:32:53	Hokkaido marathon – Sapporo	1 st	27 Aug 2006

2010 Results

Date	Race	Distance	Place	Time
12 Dec	Honolulu Marathon	Marathon	3 rd	2:39:02
10 Oct	Chicago Marathon	Marathon	8 th	2:29:45
26 Sept	Hakodate half marathon	Half marathon	1 st	1:12:48
4 July	Gold Coast Marathon – Brisbane	Marathon	1 st	2:31:31
28 Feb	Tokyo Marathon	Marathon	DNF	DNF
10 Jan	Tanigawa Mari half marathon – Tokyo	Half marathon	1 st	1:12:29

2009 Results

Date	Race	Distance	Place	Time
13 Dec	Honolulu Marathon	Marathon	4 th	2:35:46
22 Nov	Kobe women's Half Marathon	Half marathon	3 rd	1:14:06
30 Aug	Hokkaido Marathon – Sapporo	Marathon	11 th	2:37:33
25 Jan	Osaka Ladies Marathon	Marathon	DNF	DNF

2008 Results

Date	Race	Distance	Place	Time
14 Dec	Honolulu Marathon	Marathon	2 nd	2:34:35
30 Nov	Great Australian Run – Melbourne	15Km	4 th	51:44
26 Oct	Casablanca Marathon	Marathon	1 st	2:31:44
31 Aug	Hokkaido Marathon – Sapporo	Marathon	3 rd	2:33:37
15	Sapporo half marathon	Half marathon	13 th	1:12:57
11 Mar	Nagoya International Women's Marathon	Marathon	12 th	2:30:58
3 Feb	Marugame Half Marathon	Half marathon	21 st	1:14:30
20 Jan	Kitakyushu Women's Ekiden	Section 5 – 11.7Km	6 th	38:59
13 Jan	Tanigawa Mari Half Marathon	Half marathon	1 st	1:15:14

Nakazato, Remi (JPN)

DOB: 24 June 1988; Born in Gunma Prefecture; Height: 152cm; Weight: 37Kg

Team: Daihatsu; Coach: Kiyoshi Hayashi

Personal Bests:

5000m: 15:38.50 (2010); 10000m: 32:12.10 (2010); Half marathon: 1:10:03 (2009);

International Championships Highlights:

Half Marathon: 16th at 2009 World half Marathon Championships

Progressions (since 2007):

Year	5000m	10000m	Half Marathon	Marathon
2010	15:38.50	32:12.10	1:16:41	2:34:29
2009	16:04.03	32:29.45	1:10:03	
2008	15:57.28	32:55.61	1:12:21	
2007	15:59.83	32:49.72		

Marathon career

	Time	Venue	Place	Date
Personal Best	2:34:29	Nagoya Women's Marathon	12 th	14 Mar 2010

2010 Results

Date	Race	Distance	Place	Time
21 Nov	Nittai University Distance - Yokohama	5000m	1 st 19	15:38.50
24 Oct	West JPN Corporate team Women's Ekiden - Munakata	Stage 3 - 10.5Km	3 rd	34:01
25 July	Shibetsu 10Km	10Km	2 nd	33:43
4 July	Sapporo Half Marathon	Half marathon	25 th	1:16:41
17 June	Hokuren Distance Challenge - Fukagawa	10000m	2 nd	32:12.10
14 Mar	Nagoya Women's Marathon	Marathon	12 th	2:34:29
17 Jan	Inter-Prefectural Women's Ekiden	Section 9 - 10Km	18 th	33:07

2009 Results

Date	Race	Distance	Place	Time
13 Dec	All JPN Corporate team Women's Ekiden Champ - Gifu	Section 5 - 11.6Km	5 th	38:10
25 Oct	West JPN Women's Ekiden Champ - Munakata	Section 3- 10.5Km	1 st	33:50
11 Oct	World half Marathon championships - Birmingham	Half marathon	16 th	1:10:40
26 July	Shibetsu Road Race	10Km	8 th	35:41
15 July	Hokuren Distance Challenge - Kitami	5000m	13 th	16:04.03
25 June	JPN National Championships - Hiroshima	10000m	15 th	33:25.96
15 May	Kansai district Corporate team T&F Champ - Amagasaki	10000m	4 th	33:28.08
26 Apr	Hvogo Relays - Kobe	10000m	5 th	32:29.45
15 Mar	All JPN Corporate team Half Marathon Champ - Yamaguchi	Half marathon	4 th	1:10:03
11 Jan	Inter-Prefectural Women's Ekiden - Kyoto	Section 9 - 10Km	19 th	33:40

2008 Results

Date	Race	Distance	Place	Time
14 Dec	All JPN Women's Ekiden Championships - Gifu	Section 5 - 11.6Km	10 th	38:03
6 Dec	Toyonaka	5000m	4 th	15:57.28
3 Nov	Awajishima Women's Ekiden	Section 5 - 9.56Km	3 rd	32:01
26 Sept	JPN Corporate T&F Championships - Tendo	10000m	2 nd r1	32:55.61
13 July	Hokuren distance challenge - Kitami	5000m	15 th A	16:23.00
8 June	Hokuren distance challenge - Shibetsu	10000m	7 th	34:29.05
16 May	Kansai Corporate team T&F Champ - Amagasaki	10000m	6 th	34:22.97

3 May	Shizuoka International - Fukuroi	10000m	11 th	33:39.26
27 Apr	Hvogo Relays – Kobe	10000m	14 th	32:54.55
16 Mar	Matsue Ladies Half Marathon	Half marathon	7 th	1:12:21
24 Feb	Yokohama International Women's Ekiden	Section 5 – 10Km	8 th	34:29
13 Jan	Inter-Prefectural Women's Ekiden	Section 9 – 13Km	26 th	33:35
6 Jan	Mivazaki Women's Road Race	5Km	16 th	16:20

Nagao, Kaoru (JPN)

DOB: 26 Sept 1989; Chiba Prefecture

Team: Universal Entertainment;

Personal Bests:

5000m: 15:54.66 (2009); Half marathon: 1:10:45 (2010);

Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2010			1:10:45	
2009	15:54.66			
2008	16:10.71			

Making Marathon debut

2010 Results

Date	Race	Distance	Place	Time
19 Dec	JPN Corporate team Women's Ekiden - Gifu	Stage 5 – 11.6Km	4 th	38:19
23 Nov	Chiba Ekiden	Stage 6 - 7.195Km	5 th	24:11
3 Nov	East JPN Corporate team Women's Ekiden – Saitama	Stage 1 – 6.795Km	5 th	21:40
21 Mar	JPN Corporate team half marathon – Yamaguchi	Half marathon	3 rd	1:10:45
14 Feb	Chiba Cross Country	6Km	7 th	20:01

2009 Results

Date	Race	Distance	Place	Time
13 Dec	JPN Corporate team Women's Ekiden - Gifu	Stage 1 – 6.6Km	8 th	21:02
8 Nov	East JPN Women's Ekiden	Stage 1 - 6.0Km	3 rd	19:17
3 Nov	East JPN Corporate team Women's Ekiden	Stage 1 – 6.795Km	1 st	21:57
26 Sept	JPN Corporate team T&F Champ – Okavama	3000m	2 nd	9:13.25
26 Sept	JPN Corporate team T&F Champ – Okavama	3000m	Heat	9:36.58
22 Aug	Kanto district T&F Champ – Chiba	5000m	1 st	16:16.24
15 July	Hokuren Distance Challenge – Kitami	5000m	4 th	15:54.66
28 June	Chiba Prefecture T&F Champ	5000m	2 nd	16:29.50
17 May	East JPN Corporate team T&F Champ - Tendo	3000m	4r2	9:24.33
16 May	East JPN Corporate team T&F Champ	1500m	Heat	4:33.16
19 Apr	Chiba	3000m	1r1	9:22.32
12 Apr	Chiba	1500m	2r1	4:29.60
4 Apr	Kanaguri – Kumamoto	5000m	1r1	16:27.42
21 Mar	Inba	3000m	3 rd	9:27.1

2008 Results

Date	Race	Distance	Place	Time
14 Dec	JPN Corporate team Women's Ekiden – Gifu	Stage 4 – 4.1Km	8 th	13:11
9 Nov	East JPN Women's Ekiden	Stage 2 – 4.0Km	5 th	13:14
3 Nov	East JPN Corporate team Women's Ekiden	Stage 6 – 6.3Km	2 nd	21:02
27 Sept	JPN Corporate team T&F Champ – Tendo	3000m	3 rd	9:22.83
26 Sept	JPN Corporate team T&F Champ – Tendo	3000m	Heat	9:33.85
23 Aug	Kanto district T&F Champ - Naka	5000m	3 rd	16:18.05
29 June	Chiba Prefecture T&F Champ	5000m	2 nd	16:10.71
17 May	East JPN Corporate team T&F Champ - Kumagaya	1500m	26 th	4:34.81
18 May	East JPN Corporate team T&F Champ - Kumagaya	3000m	8 th	9:27.25
29 Apr	Challenge Kumagaya	3000m	4r4	9:22.41

Izumi, Yuka (JPN)

DOB: 18 Jan 1985; Height: 151cm, Weight: 43Kg

Team: Tenmaya

Personal Bests:

5000m: 15:25.68 (2006); 10000m: 32:06.40 (2006);

Half marathon: 1:10:58 (2008);

Progressions (since 2005):

Year	5000m	10000m	Half Marathon	Marathon
2010	15:40.29		1:14:26	
2009	16:01.25			
2008	15:45.74	32:59.15	1:10:58	
2007	15:37.90	33:12.66	1:14:34	
2006	15:25.68	32:06.40		
2005	15:41.20		1:12:06	

Making Marathon Debut

2010 Results

Date	Race	Distance	Place	Time
23 Dec	Sanyo Road Race – Okayama	Half marathon	7 th	1:14:26
19 Dec	All JPN Corporate team Women's Ekiden –Gifu	Stage 1 – 6.6Km	4 th	20:54
5 Dec	Okayama Distance Time Trials	5000m	8 th	15:40.29
24 Oct	West JPN Corporate team Women's Ekiden - Munakata	Stage 1 – 6.7Km	8 th	21:55
9 Oct	Night Time Trials in Marugame	5000m	1r3	16:18.63
2 Oct	Chugoku Corporate team Time Trials – Miyoshi	5000m	7 th	16:24.88
14 July	Hokuren Distance Challenge – Kitami	3000m	11 th	9:39.23
10 July	Hokuren Distance Challenge – Kushiro	3000m	6rB	9:57.50
7 Feb	Marugame half marathon	Half marathon	35 th	1:15:32
24 Jan	Kitakyushu women's ekiden	Stage 2 – 5.9Km	2 nd	19:30
17 Jan	Inter-Prefectural wome's Ekiden – Kvoto	Stage 4 – 4 Km	3 rd	12:57

2009 Results

Date	Race	Distance	Place	Time
23 Dec	Sanyo Road Race – Okayama	10Km	9 th	32:52
13 Dec	JPN Corporate team women's Ekiden – Gifu	Stage 3 – 6.6Km	9 th	21:08
5 Dec	Hyogo Corporate team Distance Time Trials – Amagasaki	5000m	5 th	16:01.25
25 Oct	West JPN Corporate team Ekiden – Munakata	Stage 1 – 6.7Km	2 nd	21:59
11 Jan	Inter-Prefectural Women's Ekiden –Kvoto	Stage 9 – 10Km	9 th	33:04

2008 Results

Date	Race	Distance	Place	Time
23 Dec	Sanyo Women's Road Race – Okayama	Half marathon	4 th	1:10:58
14 Dec	All JPN Corporate team Women's Ekiden – Gifu	Stage 1 – 6.6Km	7 th	20:54
6 Dec	Hvogo Corporate team Distance Time Trials – Amagasaki	5000m	3 rd	15:45.74
3 Nov	Awaiishima Women's Ekiden	Stage 5 – 9.56Km	5 th	32:16
3 Oct	National Sports Festival – Oita	5000m	18 th	16:31.10
23 Aug	Five prefecture championships – Hiroshima	5000m	1 st	16:36.10
16 July	Hokuren Distance Challenge – Kushiro	10000m	9 th	33:11.99
9 July	Hokuren Distance Challenge – Abashiri	5000m	2 nd	15:46.46
26 June	Okayama Championships	5000m	2 nd	15:55.83
17 May	Chugoku Corporate team T&F Champ – Miyoshi	5000m	3 rd	16:09.76
10 May	Chugoku Corporate team T&F Champ – Miyoshi	10000m	3 rd	33:29.37
3 Feb	Marugame Half marathon	Half marathon	16 th	1:13:49
16 Jan	Inter-Prefectural Women's Ekiden – Kvoto	Stage 1 – 6Km	21 st	20:11

Current Women's Marathon All Time Performance List

Performances	Time	Performers	Name		Nat	Place	Venue	Date
1	2:15:25	1	Paula Radcliffe	1	GBR	1	London	13 Apr 03
2	2:17:18		Paula Radcliffe	2	GBR	1	Chicago	13 Oct 02
3	2:17:42		Paula Radcliffe	3		1	London	17 Apr 05
4	2:18:47	2	Catherine Ndereba	1	KEN	1	Chicago	7 Oct 01
5	2:18:56		Paula Radcliffe	4	GBR	1	London	14 Apr 02
6	2:19:12	3	Mizuki Noguchi	1	JPN	1	Berlin	25 Sept 05
7	2:19:19	4	Irina Mikiitenko	1	GER	1	Berlin	28 Sept 08
8	2:19:26		Catherine Ndereba	2	KEN	2	Chicago	13 Oct 02
9	2:19:36	5	Deena Kastor	1	USA	1	London	23 Apr 06
10	2:19:39	6	Sun Yingjie	1	CHN	1	Beijing	19 Oct 03
11	2:19:41	7	Yoko Shibui	1	JPN	1	Berlin	26 Sept 04
12	2:19:46	8	Naoko Takahashi	1	JPN	1	Berlin	30 Sept 01
13	2:19:51	9	Zhou Chunxiu	1	CHN	1	Seoul	12 Mar 06
14	2:19:55		Catherine Ndereba	3		2	London	13 Apr 03
15	2:20:25	10	Liliva Shobukhova	1	RUS	1	Chicago	10 Oct 10
16	2:20:38		Zhou Chunxiu	2		1	London	22 Apr 07
17	2:20:42	11	Berhane Adere	1	ETH	1	Chicago	22 Oct 06
18	2:20:43	12	Tegla Loroupe	1	KEN	1	Berlin	26 Sept 99
19	2:20:43	13	Margaret Okavo	1	KEN	1	Boston	15 Apr 02
20	2:20:47		Tegla Loroupe	2		1	Rotterdam	19 Apr 98
21	2:20:47	14	Galina Bogomolova	1	RUS	2	Chicago	22 Oct 06
22	2:20:57		Paula Radcliffe	5		1	Helsinki (WC)	14 Aug 05
23	2:21:01		Sun Yingjie	2		1	Beijing	16 Oct 05
24	2:21:06	15	Ingrid Kristiansen	1	NOR	1	London	21 Apr 85
25	2:21:11		Zhou Chunxiu	3		2	Beijing	16 Oct 05
26	2:21:12		Catherine Ndereba	4		2	Boston	15 Apr 02
27	2:21:16		Deena Drossin	2		3	London	13 Apr 03
28	2:21:18		Mizuki Noguchi	2		1	Osaka	26 Jan 03
29	2:21:21	16	Joan Benoit	1	USA	1	Chicago	20 Oct 85
30	2:21:21		Sun Yingjie	3		2	Beijing	20 Oct 02
31	2:21:22		Yoko Shibui	2		3	Chicago	13 Oct 02
32	2:21:25		Deena Kastor	3		1	Chicago	9 Oct 05
33	2:21:29	17	Lyudmilla Petrova	1	RUS	2	London	23 Apr 06
34	2:21:30	18	Constantina Tomescu-Dita	1	ROM	2	Chicago	9 Oct 05
35	2:21:31	19	Svetlana Zakharova	1	RUS	4	Chicago	13 Oct 02
36	2:21:31	20	Askale Magarsa Tafa	1	ETH	2	Berlin	28 Sept 08
37	2:21:33		Catherine Ndereba	5		1	Chicago	22 Oct 00
38	2:21:34	21	Gete Wami	1	ETH	1	Berlin	24 Sept 06
39	2:21:37		Mizuki Noguchi	3		1	Tokyo	18 Nov 07
40	2:21:45	22	Uta Pippig	1	GER	1	Boston	18 Apr 94
41	2:21:45	23	Masako Chiba	1	JPN	2	Osaka	26 Jan 03
42	2:21:45		Gete Wami	2		2	London	22 Apr 07
43	2:21:46	24	Susan Chenkemei	1	KEN	3	London	23 Apr 06
44	2:21:47		Naoko Takahashi	2		1	Bangkok (Asian G)	6 Dec 98
45	2:21:49		Naoko Takahashi	3		1	Berlin	29 Sept 02
46	2:21:51	25	Naoko Sakamoto	1	JPN	3	Osaka	26 Jan 03
47	2:21:52		Berhane Adere	2		4	London	23 Apr 06
48	2:21:58		Galina Bogomolova	2		5	London	23 Apr 06
49	2:22:00		Liliva Shobukhova	2		1	London	25 Apr 10
50	2:22:01		Catherine Ndereba	6		2	Helsinki (WC)	14 Aug 05
51	2:22:04	26	Atsede Bavisa	1	ETH	1	Paris	11 Apr 10
52	2:22:07		Tegla Loroupe	3		1	Rotterdam	20 Apr 97

53	2:22:11		Irina Mikitenko	2		1	London	26 Apr 09
54	2:22:12	27	Eri Yamaguchi	1	JPN	1	Tokvo	21 Nov 99
55	2:22:19		Naoko Takahashi	4		1	Nagova	12 Mar 00
56	2:22:19	28	Inga Abitova	1	RUS	2	London	25 Apr 10
57	2:22:20		Gete Wami	3		1	Amsterdam	20 Oct 02
58	2:22:22	29	Lornah Kiplagat	1	KEN	4	Osaka	26 Jan 03
59	2:22:23	30	Catherina McKiernan	1	IRL	1	Amsterdam	1 Nov 98
60	2:22:31		Svetlana Zakharova	2		2	London	14 Apr 02
61	2:22:31		Margaret Okavo	2		1	New York	2 Nov 03
62	2:22:33		Lyudmila Petrova	2		3	London	14 Apr 02
63	2:22:35		Margaret Okavo	3		1	London	18 Apr 04
64	2:22:36		Lornah Kiplagat	2	KEN	2	Chicago	22 Oct 00
65	2:22:36	31	Benita Johnson	1	AUS	3	Chicago	22 Oct 06
66	2:22:38	32	Zhang Yingying	1	CHN	1	Xiamen	5 Jan 08
67	2:22:38	33	Aselefech Mergia	1	ETH	3	London	25 Apr 10
68	2:22:42		Berhane Adere	3		1	Dubai	18 Jan 08
69	2:22:43		Joan Benoit	2		1	Boston	18 Apr 83
70	2:22:43	34	Sharon Cherop	1	KEN	1	Toronto	26 Sept 10
71	2:22:44	35	Tsegave Tirfi Bevene	1	ETH	2	Toronto	26 Sept 10
72	2:22:45		Aselefech Mergia	2	ETH	1	Dubai	21 Jan 11
73	2:22:46	36	Reiko Tosa	1	JPN	4	London	14 Apr 02
74	2:22:48		Ingrid Kristiansen	2		1	London	10 May 87
75	2:22:48		Tegla Loroupe	4		1	Rotterdam	18 Apr 99
76	2:22:50		Constantina Tomescu-Dita	2		2	London	17 Apr 05
77	2:22:53		Galina Bogomolova	3		1	Roma	16 Mar 08
78	2:22:54	37	Lidia Simon	1	ROM	1	Osaka	30 Jan 00
79	2:22:56	38	Harumi Hirovama	1	JPN	2	Osaka	30 Jan 00
80	2:22:56	39	Jelena Prokopcuka	1	LAT	1	Osaka	30 Jan 05
81	2:22:59	40	Madai Perez	1	MEX	4	Chicago	22 Oct 06
82	2:23:01	41	Lydia Cheromei	1	KEN	2	Dubai	21 Jan 11
83	2:23:03		Catherine Ndereba	7		2	New York	2 Nov 03
84	2:23:05		Ingrid Kristiansen	3		2	Chicago	20 Oct 85
85	2:23:05	42	Marleen Renders	1	BEL	1	Paris	7 Apr 02
86	2:23:06	43	Merima Mohammed Hasen	1	ETH	3	Toronto	26 Sept 10
87	2:23:07		Svetlana Zakharova	3		1	Chicago	12 Oct 03
88	2:23:09		Paula Radcliffe	6		1	New York	5 Nov 07
89	2:23:09	44	Bezunesh Bekele	1	ETH	2	Dubai	18 Jan 08
90	2:23:10		Paula Radcliffe	7		1	New York	7 Nov 04
91	2:23:11		Yoko Shibui	3		1	Osaka	28 Jan 01
92	2:23:12		Susan Chepkemei	2		4	London	13 Apr 03
93	2:23:12	45	Wei Yanan	1	CHN	1	Seoul	18 Mar 07
94	2:23:12	46	Mara Yamauchi	1	GBR	2	London	26 Apr 09
95	2:23:13		Susan Chepkemei	3		2	New York	7 Nov 04
96	2:23:14		Naoko Takahashi	5		1	Svdnev (OG)	24 Sep 00
97	2:23:14		Ludmilla Petrova	3		5	London	13 Apr 03
98	2:23:17	47	Zhang Shuiing	1	CHN	3	Beijing	20 Oct 02
99	2:23:17		Gete Wami	4		1	Berlin	30 Sept 07
100	2:23:17		Bezunesh Bekele	2		4	London	25 Apr 10
101	2:23:18		Zhang Shuiing	2		1	Seoul (Dong-A)	16 Mar 03
102	2:23:19		Susan Chepkemei	4		5	London	14 Apr 02
103	2:23:19		Constantina Tomescu-Dita	3		3	Helsinki (WC)	14 Aug 05
104	2:23:21	48	Fatuma Roba	1	ETH	1	Boston	20 Apr 98
105	2:23:22	49	Joyce Chepchumba	1	KEN	1	London	18 Apr 99
106	2:23:22		Lidia Simon	2		2	Svdnev (OG)	24 Sep 00
107	2:23:22	50	Salina Kosgei	1	KEN	2	Berlin	24 Sept 06

108	2:23:23		Magarsa Askale Tafa	2		3	Dubai	18Jan 08
109	2:23:24		Lidia Slavuteanu-Simon	3		1	Osaka	31 Jan 99
110	2:23:24		Zhou Chunxiu	4		1	Seoul	13 Mr 05
111	2:23:25		Fatuma Roba	2		1	Boston	19 Apr 99
112	2:23:25	51	Caroline Chentonui Kilel	1	KEN	1	Frankfurt	31 Oct 10
113	2:23:26	52	Hiromi Ominami	1	JPN	2	Berlin	26 Sept 04
114	2:23:26		Harumi Hirovama	2		1	Nagova	12 Mar 06
115	2:23:27	53	Bai Xue	1	CHN	2	Xiamen	5 Jan 08
116	2:23:28		Zhou Chunxiu	5		1	Xiamen	27 Mar 04
117	2:23:29	54	Rosa Mota	1	POR	3	Chicago	20 Oct 85
118	2:23:30	55	Mari Ozaki	1	JPN	5	Osaka	26 Jan 03
119	2:23:30	56	Derartu Tulu	1	ETH	4	Helsinki (WC)	14 Aug 05
120	2:23:30	57	Yoshimi Ozaki	1	JPN	1	Tokvo	16 Nov 08
121	2:23:31	58	Esther Wanjiru	1	KEN	3	Osaka	30 Jan 00
122	2:23:31		Salina Kosgei	2		2	Tokvo	18 Nov 07
123	2:23:32		Gete Wami	5		2	New York	5 Nov 07
124	2:23:33	59	Valentina Yegorova	1	RUS	2	Boston	18 Apr 94
125	2:23:35		Constantina Tomescu-Dita	4		2	Chicago	12 Oct 03
126	2:23:37	60	Liu Min	1	CHN	1	Beijing	14 Oct 01
127	2:23:38	61	Rita Jeptoo	1	KEN	1	Boston	17 Apr 06
128	2:23:40		Atsede Bavisa Tesema	2		2	Chicago	10 Oct 10
129	2:23:41		Zhou Chunxiu	6		2	Beijing	19 Oct 03
130	2:23:41	62	Isabella Andersson	1	SWE	3	Dubai	21 Jan 11
131	2:23:42		Yoko Shibui	4		1	Osaka	25 Jan 09
132	2:23:43	63	Olga Markova	1	RUS	1	Boston	20 Apr 92
133	2:23:43		Marleen Renders	2		1	Paris	9 Apr 00
134	2:23:43	64	Takami Ominami	1	JPN	1	Rotterdam	21 Apr 02
135	2:23:43		Constantina Tomescu-Dita	5		6	London	13 Apr 03
136	2:23:43		Lornah Kiplagat	3		3	New York	2 Nov 03
137	2:23:44		Catherina McKiernan	2		1	Berlin	28 Sept 97
138	2:23:44	65	Dire Tune	1	ETH	2	Frankfurt	31 Oct 10
139	2:23:45		Constantina Tomescu-Dita	6		1	Chicago	10 Oct 04
140	2:23:46		Tegea Loroupe	5		2	Osaka	31 Jan 99
141	2:23:47	66	Maura Viceconte	1	ITA	1	Wien	21 May 00
142	2:23:48		Jelena Prokopczuka	2		2	Boston	17 Apr 06
143	2:23:48	67	Yumiko Hara	1	JPN	1	Osaka	28 Jan 07
144	2:23:50	68	Mariva Konovalova	1	RUS	3	Chicago	10 Oct 10
145	2:23:51	69	Lisa Ondieki	1	AUS	1	Osaka	31 Jan 88
146	2:23:53		Catherine Ndereba	8		1	Boston	16 Apr 01
147	2:23:53	70	Tevba Erkesso	1	ETH	1	Houston	17 Jan 10
148	2:23:54		Constantina Tomescu Dita	7		2	Amsterdam	20 Oct 02
149	2:23:55		Lornah Kiplagat	4		1	Osaka	27 Jan 02
150	2:23:55		Catherine Ndereba	9		1	Paris (WC)	31 Aug 03
151	2:23:55		Constantina Tomescu-Dita	8		3	London	22 Apr 07
152	2:23:56		Paula Radcliffe	8		1	New York	2 Nov 08
153	2:23:57		Joyce Chepchumba	2		1	Chicago	11 Oct 98
154	2:23:57		Derartu Tulu	2		1	London	22 Apr 01
155	2:23:57	71	Zhu Xiaolin	1	CHN	4	Beijing	20 Oct 02
156	2:23:57		Reiko Tosa	2		1	Nagova	14 Mar 04
157	2:23:58		Marleen Renders	3		2	Berlin	26 Sept 99
158	2:23:58		Yoko Shibui	5		2	Nagova	12 Mar 06
159	2:23:58	72	Aberu Kebede	1	ETH	1	Berlin	26 Sept 10
160	2:23:59		Mari Ozaki	2		2	Osaka	30 Jan 05
161	2:24:00		Susan Chepkemei	5		3	London	17 Apr 05

162	2:24:01		Jelena Prokopovska	3		7	London	13 Apr 03
163	2:24:02		Joyce Chepchumba	3		1	Tokvo	19 Nov 00
164	2:24:02		Wei Yanan	2		2	Beijing	14 Oct 01
165	2:24:02		Bezunesh Bekele	3		1	Dubai	16 Jan 09
166	2:24:04		Svetlana Zakharova	4		2	London	22 Apr 01
167	2:24:06	73	Adriana Fernandez	1	MEX	2	London	18 Apr 99
168	2:24:07	74	Wang Junxia	1	CHN	1	Tianjin	4 Apr 93
169	2:24:07	75	Agnes Kipron	1	KEN	3	Frankfurt	31 Oct 10
170	2:24:11		Adriana Fernandez	2		2	Berlin	29 Sept 02
171	2:24:11		Sun Yingjie	4		1	Beijing	17 Oct 04
172	2:24:11		Reiko Tosa	3		3	Boston	23 Apr 06
173	2:24:12		Joyce Chepchumba	4		3	London	22 Apr 01
174	2:24:12		Zhou Chunxiu	7		5	Helsinki (WC)	14 Aug 05
175	2:24:13		Salina Kosgei	3		4	London	22 Apr 07
176	2:24:13	76	Amane Gobena	1	ETH	1	Seoul	21 Mar 10
177	2:24:14		Mizuki Noguchi	4		2	Paris (WC)	31 Aug 03
178	2:24:14		Irina Mikitenko	3		1	London	13 Apr 08
179	2:24:14	77	Irina Timofejeva	1	RUS	1	Hamburg	27 Apr 08
180	2:24:15		Lidia Simon	4		4	London	22 Apr 01
181	2:24:18	78	Wanda Panfil	1	POL	1	Boston	15 Apr 91
182	2:24:18		Tevba Erkesso	2		1	Houston	18 Jan 09
183	2:24:19		Yumiko Hara	2		1	Nagoya	13 Mar 05
184	2:24:19	79	Mamitu Daska Molisa	1	ETH	1	Dubai	22 Jan 10
185	2:24:20		Yumiko Hara	3		6	Helsinki (WC)	14 Aug 05
186	2:24:21		Margaret Okavo	4		1	New York	4 Nov 01
187	2:24:22	80	Ren Xiuiuan	1	CHN	3	Beijing	14 Oct 01
188	2:24:22		Rita Jentoo	2		7	Helsinki (WC)	14 Aug 05
189	2:24:22	81	Christelle Daunav	1	FRA	2	Paris	11 Apr 10
190	2:24:24		Liliva Shobukhova	3		3	London	26 Apr 09
191	2:24:25	82	Megumi Oshima	1	JPN	2	Nagoya	13 Mar 05
192	2:24:25		Constantina Tomescu-Dita	9		5	Chicago	22 Oct 06
193	2:24:26		Ingrid Kristiansen	4		1	London	13 May 84
194	2:24:26		Aberu Kebede Shewaye	2		2	Dubai	22 Jan 10
195	2:24:26	83	Atsede Habtamu	1	ETH	4	Dubai	21 Jan 11
196	2:24:27		Catherine Ndereba	10		1	Boston	19 Apr 04
197	2:24:27	84	Yuri Kano	1		2	Tokvo	16 Nov 08
198	2:24:29	85	Elfenesh Alemu	1	ETH	5	London	22 Apr 01
199	2:24:30		Rosa Mota	2		1	Boston	18 Apr 88
200	2:24:32	86	Qu Yunxia	1	CHN	2	Tianjin	4 Apr 93
201	2:24:32		Salina Kosgei	4		1	Paris	4 Apr 04
202	2:24:33		Ingrid Kristiansen	5		1	Boston	17 Apr 89
203	2:24:33		Tegla Loroupe	6		1	London	16 Apr 00
204	2:24:33	87	Rie Matsuoka	1	JPN	2	Paris	7 Apr 02
205	2:24:33	88	Nuta Olaru	1	ROM	2	Chicago	10 Oct 04
206	2:24:33	89	Tomo Morimoto	1	JPN	1	Wien	7 May 06
207	2:24:33	90	Koren Yal	1	ETH	4	Toronto	26 Sept 10
208	2:24:34		Harumi Hirovama	3		2	Osaka	27 Jan 02
209	2:24:35	91	Katrin Dörre	1	GER	1	Hamburg	25 Apr 99
210	2:24:35	92	Robe Tola Guta	1	ETH	1	Hamburg	23 Apr 06
211	2:24:36		Reiko Tosa	4		2	Nagoya	12 Mar 00
212	2:24:39	93	Hu Yuanvuan	1	CHN	5	Beijing	20 Oct 02
213	2:24:39		Naoko Takahashi	6		1	Tokvo	20 Nov 05
214	2:24:39		Mari Ozaki	3		2	Osaka	28 Jan 07
215	2:24:39		Svetlana Zakharova	5		2	London	13 Apr 08

216	2:24:39		Askale Tafa Magarsa	3		5	London	25 Apr 10
217	2:24:40		Lisa Ondieki	2		1	New York	1 Nov 92
218	2:24:40		Dire Tune	2		1	Houston	13 Jan 08
219	2:24:41	94	Dai Yanvan	1	CHN	4	Beijing	14 Oct 01
220	2:24:41		Jelena Prokopczuka	4		1	New York	6 Nov 05
221	2:24:42	95	Zhang Linli	1	CHN	3	Tianjin	4 Apr 93
222	2:24:42		Zhang Shuiing	3		5	Beijing	14 Oct 01
223	2:24:42		Atsede Bavisa	3		1	Paris	5 Apr 09
224	2:24:43		Elfenesh Alemu	2		2	Boston	19 Apr 04
225	2:24:43		Yuri Kano	2		3	Osaka	28 Jan 07
226	2:24:45		Joyce Chepchumba	5		3	Sydney (OG)	24 Sep 00
227	2:24:46	96	Madina Biktagirova	1	RUS	2	Berlin	28 Sept 97
228	2:24:46		Lidia Simon	5		2	London	16 Apr 00
229	2:24:46		Lornah Kiplagat	5		5	London	22 Apr 07
230	2:24:47		Elfenesh Alemu	3		4	Osaka	30 Jan 00
231	2:24:47		Reiko Tosa	5		2	Tokyo	19 Nov 00
232	2:24:47		Elfenesh Alemu	4		1	Tokyo	16 Nov 03
233	2:24:47		Megumi Tanaka	2		2	Nagoya	14 Mar 04
234	2:24:47		Atsede Habtamu	2	ETH	1	Berlin	20 Sept 09
235	2:24:51		Irina Mikitenko	4		2	Berlin	30 Sept 07
236	2:24:51		Tsegave Tirfi Bevenet	2		3	Paris	11 Apr 10
237	2:24:52		Joan Benoit	3		1	Los Angeles (OG)	5 Aug 84
238	2:24:52	97	Zhang Lirong	1	CHN	4	Tianjin	4 Apr 93
239	2:24:53		Jelena Prokopczuka	5		3	Chicago	12 Oct 03
240	2:24:54	98	Grete Waitz	1	NOR	1	London	20 Apr 86
241	2:24:54		Elfenesh Alemu	5		2	Chicago	7 Oct 01
242	2:24:54	99	Ryoko Eda	1	JPN	3	Nagoya	13 Mar 05
243	2:24:54	100	Helena Loshanvang Kirop	1	KEN	3	Dubai	22 Jan 10
244	2:24:55		Ingrid Kristiansen	6		1	Boston	21 Apr 86
245	2:24:55		Elfenesh Alemu	6		1	Nagano	9 Apr 00
246	2:24:55		Susan Chepkemei	6		2	New York	6 Nov 05
247	2:24:55	101	Yukiko Akaba	1	JPN	6	London	25 Apr 10
248	2:24:56		Elfenesh Alemu	7		8	London	13 Apr 03
249	2:24:57		Joyce Chepchumba	6		3	London	16 Apr 00
250	2:24:58		Bezunesh Bekele	4		2	Berlin	26 Sept 10
251	2:24:59	102	Banuelia Mrashani	1	TAN	1	Tokyo	17 Nov 02
252	2:24:59		Margaret Okayo	5		1	Milano	1 Dec 02
253	2:25:00		Ludmilla Petrova	4		4	New York	2 Nov 03
254	2:25:00		Zhou Chunxiu	8		1	Guangzhou (Asia G)	27 Nov 10
255	2:25:01		Svetlana Zakharova	6		3	Chicago	10 Oct 04
256	2:25:01		Helena Loshanvang Kirop	2		3	Berlin	28 Sept 08
257	2:25:01		Zhou Chunxiu	9		2	Seoul	21 Mar 10
258	2:25:02		Rie Matsuoka	2		2	Tokyo	17 Nov 02
259	2:25:02		Aselefech Mergia	3		2	Paris	5 Apr 09
260	2:25:03		Takami Ominami	2		1	Nagoya	9 Mar 03
261	2:25:03		Mara Yamauchi	2		3	Tokyo	16 Nov 08
262	2:25:03	103	Alice Timbilil	1	KEN	1	Amsterdam	17 Oct 10
263	2:25:05		Margaret Okayo	6		1	San Diego	3 June 01
264	2:25:05		Catherin Ndereba	11		1	Osaka	29 Jan 06
265	2:25:05		Jelena Prokopczuka	6		1	New York	5 Nov 06
266	2:25:06		Adriana Fernandez	3		1	New York	7 Nov 99
267	2:25:06		Wei Yanan	3		1	Seoul (Dong-A)	17 Mar 02
268	2:25:06		Svetlana Zakharova	7		4	London	26 Apr 09
269	2:25:07		Magarsa Askale Tafa	4		1	Paris	15 Apr 07

Combined Women's Marathon Performance List – 2008 to 2011

Performances	Time	Performers	Name		Nat	Pos	Venue	Date
1	2:19:19	1	Irina Mikitenko	1	GER	1	Berlin	28 Sept 08
2	2:20:25	2	Liliva Shobukhova	1	RUS	1	Chicago	10 Oct 10
3	2:21:31	3	Askale Magarsa Tafa	1	ETH	2	Berlin	28 Sept 08
4	2:22:00		Liliva Shobukhova	2		1	London	25 Apr 10
5	2:22:04	4	Atsede Bavisa	1	ETH	1	Paris	11 Apr 10
6	2:22:11		Irina Mikitenko	2		1	London	26 Apr 09
7	2:22:19	5	Inga Abitova	1	RUS	2	London	25 Apr 10
8	2:22:38	6	Zhang Yingying	1	CHN	1	Xiamen	5 Jan 08
9	2:22:38	7	Aselefech Mergia	1	ETH	3	London	25 Apr 10
10	2:22:42	8	Berhane Adere	1	ETH	1	Dubai	18 Jan 08
11	2:22:43	9	Sharon Cherop	1	KEN	1	Toronto	26 Sept 10
12	2:22:44	10	Tsegave Tirfi Bevene	1	ETH	2	Toronto	26 Sept 10
13	2:22:45		Aselefech Mergia	2		1	Dubai	21 Jan 11
14	2:22:53	11	Galina Bogomolova	1	RUS	1	Roma	16 Mar 08
15	2:23:01	12	Lydia Cheromei	1	KEN	2	Dubai	21 Jan 11
16	2:23:06	13	Merima Mohammed	1	ETH	3	Toronto	26 Sept 10
17	2:23:09	14	Bezunesh Bekele	1	ETH	2	Dubai	18 Jan 08
18	2:23:12	15	Mara Yamauchi	1	GBR	2	London	26 Apr 09
19	2:23:17		Bezunesh Bekele	2	ETH	4	London	25 Apr 10
20	2:23:23		Magarsa Askale Tafa	2		3	Dubai	18 Jan 08
21	2:23:25	16	Caroline Chentonui Kilel	1	KEN	1	Frankfurt	31 Oct 10
22	2:23:27	17	Bai Xue	1	CHN	2	Xiamen	5 Jan 08
23	2:23:30	18	Yoshimi Ozaki	1	JPN	1	Tokvo	16 Nov 08
24	2:23:40		Atsede Bavisa	2		2	Chicago	10 Oct 10
25	2:23:41	19	Isabella Andersson	1	SWE	3	Dubai	21 Jan 11
26	2:23:42	20	Yoko Shibui	1	JPN	1	Osaka	25 Jan 09
27	2:23:44	21	Dire Tune	1	ETH	2	Frankfurt	31 Oct 10
28	2:23:50	22	Mariya Konovalova	1	RUS	3	Chicago	10 Oct 10
29	2:23:53	23	Tevba Erkesso	1	ETH	1	Houston	17 Jan 10
30	2:23:56	24	Paula Radcliffe	1	GBR	1	New York	2 Nov 08
31	2:23:58	25	Aberu Kebede	1	ETH	1	Berlin	26 Sept 10
32	2:24:02		Bezunesh Bekele	3		1	Dubai	16 Jan 09
33	2:24:07	26	Agnes Kiprop	1	KEN	3	Frankfurt	31 Oct 10
34	2:24:13	27	Amane Gobena	1	ETH	1	Seoul	21 Mar 10
35	2:24:14		Irina Mikitenko	3		1	London	13 Apr 08
36	2:24:14	28	Irina Timofejeva	1	RUS	1	Hamburg	27 Apr 08
37	2:24:18		Tevba Erkesso	2		1	Houston	18 Jan 09
38	2:24:19	29	Mamitu Daska Molisa	1	ETH	1	Dubai	22 Jan 10
39	2:24:22	30	Christelle Daunav	1	FRA	2	Paris	11 Apr 10
40	2:24:24		Liliva Shobukhova	3		3	London	26 Apr 09
41	2:24:26		Aberu Kebede Shewaye	2		2	Dubai	22 Jan 10
42	2:24:26	31	Atsede Habtamu	1	ETH	4	Dubai	21 Jan 11
43	2:24:27	32	Yuri Kano	1	JPN	2	Tokvo	16 Nov 08
44	2:24:33	33	Koren Yal		ETH	4	Toronto	26 Sept 10
45	2:24:39	34	Svetlana Zakharova	1	RUS	2	London	13 Apr 08
46	2:24:39		Askale Tafa Magarsa	3		5	London	25 Apr 10
47	2:24:40		Dire Tune	2		1	Houston	13 Jan 08
48	2:24:42		Atsede Bavisa	3		1	Paris	5 Apr 09
49	2:24:47		Atsede Habtamu	2	ETH	1	Berlin	20 Sept 09
50	2:24:51		Tsegave Tirfi Bevene	2		3	Paris	11 Apr 10
51	2:24:54	35	Helena Loshanyang Kiprop	1	KEN	3	Dubai	22 Jan 10
52	2:24:55	36	Yukiko Akaba	1	JPN	6	London	25 Apr 10

53	2:24:58		Bezunesh Bekele	4		2	Berlin	26 Sept 10
54	2:25:00	37	Zhou Chunxiu	1	CHN	1	Guangzhou (Asian G)	27 Nov 10
55	2:25:01		Helena Loshanvang Kiron	2		3	Berlin	28 Sept 08
56	2:25:01		Zhou Chunxiu	2		2	Seoul	21 Mar 10
57	2:25:02		Aselefech Mergia	3		2	Paris	5 Apr 09
58	2:25:03		Mara Yamauchi	2		3	Tokvo	16 Nov 08
59	2:25:03	38	Alice Timbilil	1	KEN	1	Amsterdam	17 Oct 10
60	2:25:06		Svetlana Zakharova	2		4	London	26 Apr 09
61	2:25:08		Atsede Bavisa	4	ETH	5	Dubai	21 Jan 11
62	2:25:10	39	Wei Yanan	1		3	Xiamen	5 Jan 08
63	2:25:10		Mara Yamauchi	3		1	Osaka	27 Jan 08
64	2:25:10	40	Kivoko Shimahara	1	JPN	1	Sapporo (Hokkaido)	30 Aug 09
65	2:25:10		Isabellah Andersson	2	SWE	4	Frankfurt	31 Oct 10
66	2:25:12	41	Lyubov Morgunova	1	RUS	1	Rotterdam	13 Apr 08
67	2:25:14		Amane Gobena	2		1	Osaka	31 Jan 09
68	2:25:15		Bai Xue	2		1	Berlin (WC)	23 Aug 09
69	2:25:17		Atsede Habtamu	3		2	Dubai	16 Jan 09
70	2:25:18		Bai Xue	3		7	London	25 Apr 10
71	2:25:21	42	Kim Smith	1	NZL	8	London	25 Apr 10
72	2:25:24		Caroline Cheptanui Kilel	2		1	Liubliana	25 Oct 09
73	2:25:25		Dire Tune	3		1	Boston	21 Apr 08
74	2:25:25		Yoshimi Ozaki	2		2	Berlin (WC)	23 Aug 09
75	2:25:27	43	Alvetina Biktimirova	1	RUS	2	Boston	21 Apr 08
76	2:25:27	44	Mare Dibaba	1	ETH	5	Frankfurt	31 Oct 10
77	2:25:28	45	Firehiwot Dado	1	ETH	1	Roma	21 Mar 10
78	2:25:29		Aberu Kebede Shewave	3		1	Rotterdam	11 Apr 10
79	2:25:29		Helena Loshanvang Kiron	3		1	Praha	9 May 10
80	2:25:30		Berhane Adere	2		5	London	26 Apr 09
81	2:25:31	46	Haile Kebebus	1	ETH	2	Roma	21 Mar 10
82	2:25:32		Aselefech Mergia	4		3	Berlin (WC)	23 Aug 09
83	2:25:33	47	Martha Komu	1	ETH	1	Paris	6 Apr 08
84	2:25:34	48	Tomo Morimoto	1	JPN	2	Osaka	27 Jan 08
85	2:25:34	49	Azalech Woldeselassie	1	ETH	4	Paris	11 Apr 10
86	2:25:35		Helena Loshanvang Kiron	4		3	Dubai	16 Jan 09
87	2:25:35		Atsede Habtamu Besuve	4		1	Eindhoven	11 Oct 10
88	2:25:37	50	Worknesh Tola	1	ETH	2	Paris	6 Apr 08
89	2:25:37	51	Gete Wami	1		3	London	13 Apr 08
90	2:25:37	52	Robe Tola Guta	1	ETH	1	Seoul	15 Mar 09
91	2:25:38	53	Mizuho Nasukawa	1	JPN	1	Tokvo	22 Mar 09
92	2:25:38		Mare Dibaba	2		3	Roma	21 Mar 10
93	2:25:38	54	Edna Kiplagat	1	KEN	1	Los Angeles	21 Mar 10
94	2:25:39		Zhou Chunxiu	3		4	Berlin (WC)	23 Aug 09
95	2:25:40		Yukiko Akaba	2		2	Osaka	25 Jan 09
96	2:25:43	55	Ludmila Petrova	1	RUS	2	New York	2 Nov 08
97	2:25:43		Christelle Daunav	2		3	Paris	5 Apr 09
98	2:25:43	56	Mari Ozaki	1	JPN	9	London	25 Apr 10
99	2:25:44	57	Marisa Barros	1	POR	2	Osaka	31 Jan 09
100	2:25:48	58	Rose Cheruiyot	1	KEN	4	Dubai	18 Jan 08
101	2:25:49	59	Ashu Kasim	1	ETH	4	Paris	5 Apr 09
102	2:25:50	60	Asnakech Egieaveuh	1	ETH	1	Milano	11 Apr 10
103	2:25:51	61	Yurika Nakamura	1	JPN	1	Nagoya	9 Mar 08
104	2:25:51		Yoko Shibui	2		4	Tokvo	16 Nov 08
105	2:25:53	62	Kara Goucher	1	USA	3	New York	2 Nov 08
106	2:25:53	63	Tatyana Petrova	1	RUS	4	Dubai	16 Jan 09

2011 Women's Marathon Performance List

Performance	Time	Performer	Name	Nat	Place	Venue	Date
1	2:22:45	1	Aselefech Mergia	ETH	1	Dubai	21 Jan 2011
2	2:23:01	2	Lydia Cheromei	KEN	2	Dubai	21 Jan 2011
3	2:23:41	3	Isabella Andersson	SWE	3	Dubai	21 Jan 2011
4	2:24:26	4	Atsede Habtamu	ETH	4	Dubai	21 Jan 2011
5	2:25:08	5	Atsede Bavisa	ETH	5	Dubai	21 Jan 2011
6	2:26:29	6	Yukiko Akaba	JPN	1	Osaka	30 Jan 2011
7	2:26:33	7	Mamitu Daska	ETH	1	Houston	30 Jan 2011
8	2:26:53	8	Diana Chepkemai Sigei	KEN	6	Dubai	21 Jan 2011
9	2:26:55	9	Mai Ito	JPN	2	Osaka	30 Jan 2011
10	2:26:56	10	Koren Jelila Yal	ETH	1	Mumbai	16 Jan 2011
11	2:26:57	11	Merima Mohammed Hasen	ETH	2	Mumbai	16 Jan 2011
12	2:27:13	12	Genet Getaneh	ETH	7	Dubai	21 Jan 2011
13	2:27:15	13	Werknesh Kidane	ETH	8	Dubai	21 Jan 2011
14	2:27:26	14	Chika Horie	JPN	3	Osaka	30 Jan 2011
15	2:27:33	15	Anna Incerti	ITA	4	Osaka	30 Jan 2011
16	2:27:41	16	Helena Loshanyang Kirop	KEN	9	Dubai	21 Jan 2011
17	2:27:47	17	Ashu Kasim	ETH	2	Houston	30 Jan 2011
18	2:29:04	18	Elfenesh Alemu	ETH	3	Mumbai	16 Jan 2011
19	2:29:35	19	Rvoko Kizaki	JPN	5	Osaka	30 Jan 2011
20	2:29:35	20	Stephanie Rothstein	USA	3	Houston	30 Jan 2011
21	2:30:23	21	Feysa Tadesse Boru	ETH	10	Dubai	21 Jan 2011
22	2:30:36	22	Mika Okunaga	JPN	6	Osaka	30 Jan 2011
23	2:31:48	23	Tsega Gelaw Reta	ETH	11	Dubai	21 Jan 2011
24	2:31:49	24	Amane Gobena	ETH	1	Xiamen	2 Jan 2011
25	2:31:54	25	Alemitu Abera	ETH	2	Xiamen	2 Jan 2011
26	2:32:00	26	Wang Jiali	CHN	3	Xiamen	2 Jan 2011
27	2:32:05	27	Meseret Legesse	ETH	4	Mumbai	16 Jan 2011
28	2:32:10	28	Desta Girma	ETH	4	Xiamen	2 Jan 2011
29	2:32:28	29	Bizunesh Urgessa	ETH	5	Mumbai	16 Jan 2011
30	2:32:28	30	Makida Haruna	ETH	6	Mumbai	16 Jan 2011
31	2:32:44	31	Adriana Pirtea	ROU	7	Osaka	30 Jan 2011
32	2:33:26	32	Alemnesh Eshetu Habtemikael	ETH	1	Sevilla	13 Feb 2011
33	2:33:30	33	Derbe Godana Gebissa	ETH	2	Sevilla	13 Feb 2011
34	2:33:39	34	Fatuma Sabo	ETH	7	Mumbai	16 Jan 2011
35	2:34:00	35	Tabitha Tsatsa	ZIM	5	Xiamen	2 Jan 2011
36	2:34:09	36	Asha Gigi	ETH	6	Xiamen	2 Jan 2011
37	2:34:10	37	Jin Lingling	CHN	7	Xiamen	2 Jan 2011
38	2:34:47	38	Belainesh Gebre	ETH	4	Houston	30 Jan 2011
39	2:35:11	39	Beatrice Toroitich Jepkemboi	KEN	3	Sevilla	13 Feb 2011
40	2:35:30	40	Eleni Gebremehdin	ETH	1	Las Palmas de Gran Canaria	23 Jan 2011
41	2:36:34	41	Selamie Getnet	ETH	5	Houston	30 Jan 2011
42	2:36:38	42	Helen Wanjiku Mugo	KEN	12	Dubai	21 Jan 2011
43	2:36:43	43	Yoko Miyauchi	JPN	8	Osaka	30 Jan 2011
44	2:36:49	44	Anzhelika Averkova	RUS	1	Jacksonville	13 Feb 2011
45	2:36:56	45	Irene Mogaka	KEN	8	Mumbai	16 Jan 2011
46	2:36:56	46	Svetlana Zakharova	RUS	9	Osaka	30 Jan 2011
47	2:37:00	47	Wudnesh Nega Debele	ETH	1	Marrakech	30 Jan 2011
48	2:37:08	48	Soumia Lebani	MAR	2	Marrakech	30 Jan 2011

2010 Women's Marathon Performance List

Performance	Time	Performer	Name	Nat	Place	Venue	Date
1	2:20:25	1	Liliya Shobukhova	RUS	1	Chicago	10 Oct 2010
2	2:22:00		Liliya Shobukhova		1	London	25 Apr 2010
3	2:22:04	2	Atsede Bavisa	ETH	1	Paris	11 Apr 2010
4	2:22:19	3	Inga Abitova	RUS	2	London	25 Apr 2010
5	2:22:38	4	Aselefech Merga	ETH	3	London	25 Apr 2010
6	2:22:43	5	Sharon Cherop	KEN	1	Toronto	26 Sept 2010
7	2:22:44	6	Tsegave Tirfi Beyene	ETH	2	Toronto	26 Sept 2010
8	2:23:06	7	Merima Mohammed Hasen	ETH	3	Toronto	26 Sept 2010
9	2:23:17	8	Bezunesh Bekele	ETH	4	London	25 Apr 2010
10	2:23:25	9	Caroline Cheptonui Kilel	KEN	1	Frankfurt	31 Oct 2010
11	2:23:40		Atseda Bavisa Tesema		2	Chicago	10 Oct 2010
12	2:23:44	10	Dire Tune	ETH	2	Frankfurt	31 Oct 2010
13	2:23:50	11	Mariya Konovalova	RUS	3	Chicago	10 Oct 2010
14	2:23:53	12	Tevba Erkesso	ETH	1	Houston	17 Jan 2010
15	2:23:58	13	Aberu Kebede Shewaye	ETH	1	Berlin	26 Sept 2010
16	2:24:07	14	Agnes Kiprof	KEN	3	Frankfurt	31 Oct 2010
17	2:24:13	15	Amane Gobena	ETH	1	Seoul	21 Mar 2010
18	2:24:19	16	Mamitu Daska Molisa	ETH	1	Dubai	22 Jan 2010
19	2:24:22	17	Christelle Daunav	FRA	2	Paris	11 Apr 2010
20	2:24:26		Aberu Kebede Shewaye		2	Dubai	22 Jan 2010
21	2:24:33	18	Koren Yal	ETH	4	Toronto	26 Sept 2010
22	2:24:39	19	Askale Tafa Magarsa	ETH	5	London	25 Apr 2010
23	2:24:51		Tsegave Tirfi Beyene	ETH	3	Paris	11 Apr 2010
24	2:24:54	20	Helena Loshanyang Kirop	KEN	3	Dubai	22 Jan 2010
25	2:24:55	21	Yukiko Akaba	JPN	6	London	25 Apr 2010
26	2:24:58		Bezunesh Bekele		2	Berlin	26 Sept 2010
27	2:25:00	22	Zhou Chunxiu	CHN	1	Guangzhou (Asian Games)	27 Nov 2010
28	2:25:01		Zhou Chunxiu		2	Seoul	21 Mar 2010
29	2:25:03	23	Alice Timbilil	KEN	1	Amsterdam	17 Oct 2010
30	2:25:10	24	Isabellah Andersson	SWE	4	Frankfurt	31 Oct 2010
31	2:25:14		Amane Gobena	ETH	1	Osaka	31 Jan 2010
32	2:25:18	25	Bai Xue	CHN	7	London	25 Apr 2010
33	2:25:21	26	Kim Smith	NZL	8	London	25 Apr 2010
34	2:25:27	27	Mare Dibaba	ETH	5	Frankfurt	31 Oct 2010
35	2:25:28	28	Firehiwot Dado Tufa	ETH	1	Roma	21 Mar 2010
36	2:25:29		Aberu Kebede Shewaye	ETH	1	Rotterdam	11 Apr 2010
37	2:25:29		Helena Loshanyang Kirop	KEN	1	Praha	9 May 2010
38	2:25:31	29	Haile Kebebush	ETH	2	Roma	21 Mar 2010
39	2:25:34	30	Azalech Woldeeslassie	ETH	4	Paris	11 Apr 2010
40	2:25:35	31	Atsede Habtamu Besuve	ETH	1	Eindhoven	11 Oct 2010
41	2:25:38		Mare Dibaba	ETH	3	Roma	21 Mar 2010
42	2:25:38	32	Edna Kiplagat	KEN	1	Los Angeles	21 Mar 2010
43	2:25:43	33	Mari Ozaki	JPN	9	London	25 Apr 2010
44	2:25:44	34	Marisa Barros	POR	2	Osaka	31 Jan 2010
45	2:25:50	35	Asnakech Egidavehu	ETH	1	Milano	11 Apr 2010
46	2:26:05		Bezunesh Bekele Sertsu	ETH	4	Dubai	22 Jan 2010
47	2:26:05	36	Nailva Yulmanova	RUS	1	Shanghai	5 Dec 2010
48	2:26:10	37	Tomo Morimoto	JPN	3	Berlin	26 Sept 2010
49	2:26:11		Tevba Erkesso		1	Boston	19 Apr 2010
50	2:26:13	38	Tatyana Arvasova	RUS	1	Dublin	25 Oct 2010

51	2:26:14	39	Tatvana Pushkareva	RUS	2	Boston	19 Apr 2010
52	2:26:16	40	Mara Yamauchi	GBR	10	London	25 Apr 2010
53	2:26:20	41	Tevba Naser	ETH	2	Los Angeles	21 Mar 2010
54	2:26:20	42	Desiree Davila	USA	4	Chicago	10 Oct 2010
55	2:26:21	43	Sabrina Mockenhaupt	GER	4	Berlin	26 Sept 2010
56	2:26:22	44	Magdalena Lewy Boulet	USA	2	Rotterdam	11 Apr 2010
57	2:26:23	45	Hilda Kibet	NED	6	Frankfurt	31 Oct 2010
58	2:26:24	46	Tetvana Filonyuk	UKR	4	Roma	21 Mar 2010
59	2:26:27		Mari Ozaki	JPN	3	Osaka	31 Jan 2010
60	2:26:35	47	Zhu Xiaolin	CHN	2	Guangzhou (Asian Games)	27 Nov 2010
61	2:26:40		Firehiwot Dado	ETH	5	Toronto	26 Sept 2010
62	2:26:40	48	Irina Mikitenko	GER	5	Chicago	10 Oct 2010
63	2:26:52		Isabella Andersson	SWE	5	Dubai	22 Jan 2010
64	2:26:58		Caroline Cheptonui Kilel	KEN	3	Seoul	21 Mar 2010
65	2:27:02	49	Priscah Jeptoo	KEN	1	Torino	14 Nov 2010
66	2:27:04	50	Everusalem Kuma	ETH	2	Amsterdam	17 Oct 2010
67	2:27:06	51	Kim Kum Ok	PRK	3	Guangzhou (Asian Games)	27 Nov 2010
68	2:27:08	52	Alevtina Ivanova	RUS	6	Toronto	26 Sept 2010
69	2:27:11	53	Lidia Simon	ROU	4	Osaka	31 Jan 2010
70	2:27:11	54	Yuri Kano	JPN	1	Nagoya	14 Mar 2010
71	2:27:16	55	Hellen Mugo Wajiku	KEN	1	Marnello to Carpi	10 Oct 2010
72	2:27:19	56	Kavoko Obata	JPN	5	Osaka	31 Jan 2010
73	2:27:20	57	Sylvia Skvortsova	RUS	3	Los Angeles	21 Mar 2010
74	2:27:24	58	Bizunesh Deba	ETH	1	St Paul (Twin Cities)	3 Oct 2010
75	2:27:27	59	Ashu Kasim	ETH	1	Istanbul	18 Oct 2010
76	2:27:29		Askale Tafa Magarsa	ETH	6	Dubai	22 Jan 2010
77	2:27:34	60	Rvoko Kizaki	JPN	6	Osaka	31 Jan 2010
78	2:27:34		Kim Kum Ok		1	Pvongvang	11 Apr 2010
79	2:27:36		Alevtina Ivanova	RUS	2	Praha	9 May 2010
80	2:27:42	61	Yulia Gromova	RUS	1	San Diego (RocknRoll)	6 June 2010
81	2:27:44	62	Robe Guta	ETH	3	Amsterdam	17 Oct 2010
82	2:27:44	63	Yuliya Ruban	UKR	7	Frankfurt	31 Oct 2010
83	2:27:45	64	Yeshimebet Tadesse Bifa	ETH	7	Dubai	22 Jan 2010
84	2:27:51	65	Woynishet Girma Tafa	ETH	4	Amsterdam	17 Oct 2010
85	2:27:51	66	Kateryna Stetsenko	UKR	2	Dublin	25 Oct 2010
86	2:27:56	67	Alemitu Abera	ETH	2	Istanbul	18 Oct 2010
87	2:28:01	68	Yelena Sokolova	RUS	8	Frankfurt	31 Oct 2010
88	2:28:02	69	Elza Kireveva	RUS	3	Dublin	25 Oct 2010
89	2:28:03	70	Diana Lobacevske	LTU	2	Marnello to Carpi	10 Oct 2010
90	2:28:06	71	Albina Mayorova	RUS	7	Toronto	26 Sept 2010
91	2:28:08	72	Harun Haji Makda	ETH	1	Venezia	24 Oct 2010
92	2:28:13	73	Derartu Tulu	ETH	2	Nagoya	14 Mar 2010
93	2:28:17	74	Wang Xueqin	CHN	4	Seoul	21 Mar 2010
94	2:28:19		Merima Mohammed		1	Ottawa	30 May 2010
95	2:28:20		Edna Kiplagat	KEN	1	New York	7 Nov 2010
96	2:28:22	75	Anne Cheptanui	KEN	2	Milano	11 Apr 2010
97	2:28:22	76	Geleto Fate Tola	ETH	2	Torino	14 Nov 2010
98	2:28:24	77	Goitetom Haifu Tesema	ETH	1	La Rochelle	28 Nov 2010
99	2:28:28	78	Tiki Gelana	ETH	7	Los Angeles	21 Mar 2010
100	2:28:29	79	Chika Horie	JPN	7	Osaka	31 Jan 2010
101	2:28:29		Mamitu Daska		6	Chicago	10 Oct 2010
102	2:28:31	80	Olena Burkovska	UKR	5	Berlin	26 Sept 2010

2009 Women's Marathon Performance List

Performance	Time	Performer	Name		Nat	Place	Venue	Date
1	2:22:11	1	Irina Mikitenko	1	GER	1	London	26 Apr 2009
2	2:23:12	2	Mara Yamauchi	1	GBR	2	London	26 Apr 2009
3	2:23:42	3	Yoko Shibui	1	JPN	1	Osaka	25 Jan 2009
4	2:24:02	4	Bezunesh Bekele	1	ETH	1	Dubai	16 Jan 2009
5	2:24:18	5	Teviba Erkesso	1	ETH	1	Houston	18 Jan 2009
6	2:24:24	6	Liliva Shobukhova	1	RUS	3	London	26 Apr 2009
7	2:24:42	7	Atsede Bavisa	1	ETH	1	Paris	5 Apr 2009
8	2:24:47	8	Atsede Habtamu	1	ETH	1	Berlin	20 Sept 2009
9	2:25:02	9	Aselefech Mergia	1	ETH	2	Paris	5 Apr 2009
10	2:25:06	10	Svetlana Zakharova	1	RUS	4	London	26 Apr 2009
11	2:25:10	11	Kivoko Shimahara	1	JPN	1	Sapporo (Hokkaido)	30 Aug 2009
12	2:25:15	12	Bai Xue	1	CHN	1	Berlin (WC)	23 Aug 2009
13	2:25:17		Atsede Habtamu	2		2	Dubai	16 Jan 2009
14	2:25:24	13	Caroline Cheptanui Kilel	1	KEN	1	Liubliana	25 Oct 2009
15	2:25:25	14	Yoshimi Ozaki	1	JPN	2	Berlin (WC)	23 Aug 2009
16	2:25:30	15	Berhane Adere	1	ETH	5	London	26 Apr 2009
17	2:25:32		Aselefech Mergia	2		3	Berlin (WC)	23 Aug 2009
18	2:25:35	16	Helena Loshanvang Kiroop	1	KEN	3	Dubai	16 Jan 2009
19	2:25:37	17	Robe Tola Guta	1	ETH	1	Seoul	15 Mar 2009
20	2:25:38	18	Mizuho Nasukawa	1	JPN	1	Tokyo	22 Mar 2009
21	2:25:39	19	Zhou Chunxiu	1	CHN	4	Berlin (WC)	23 Aug 2009
22	2:25:40	20	Yukiko Akaba	1	JPN	2	Osaka	25 Jan 2009
23	2:25:43	21	Christelle Daunav	1	FRA	3	Paris	5 Apr 2009
24	2:25:49	22	Ashu Kasim	1	ETH	4	Paris	5 Apr 2009
25	2:25:53	23	Tatvana Petrova	1	RUS	4	Dubai	16 Jan 2009
26	2:25:55	24	Inga Abitova	1	RUS	6	London	26 Apr 2009
27	2:25:56		Liliva Shobukhova	2		1	Chicago	11 Oct 2009
28	2:25:59		Tatvana Petrova	2		1	Los Angeles	25 May 2009
29	2:26:03	25	Marisa Barros	1	POR	1	Sevilla (ESP Champ)	22 Feb 2009
30	2:26:08	26	Zhu Xiaolin	1	CHN	5	Berlin (WC)	23 Aug 2009
31	2:26:22	27	Agnes Kiprop	1	KEN	1	Torino	19 Apr 2009
32	2:26:22	28	Catherine Ndereba	1	KEN	7	London	26 Apr 2009
33	2:26:24	29	Silvia Skvortsova	1	RUS	2	Berlin	20 Sept 2009
34	2:26:29	30	Tomo Morimoto	1	JPN	8	London	26 Apr 2009
35	2:26:30	31	Nailiva Yulamanova	1	RUS	1	Rotterdam	5 Apr 2009
36	2:26:31		Irina Mikitenko	2	GER	2	Chicago	11 Oct 2009
37	2:26:37	32	Genet Getaneh	1	ETH	5	Dubai	16 Jan 2009
38	2:26:38	33	Mamitu Daska	1	ETH	3	Berlin	20 Sept 2009
39	2:26:45	34	Rosaria Console	1	ITA	4	Berlin	20 Sept 2009
40	2:26:47	35	Lidiva Grigorveva	1	RUS	3	Chicago	11 Oct 2009
41	2:26:50		Marisa Barros	2		6	Berlin (WC)	23 Aug 2009
42	2:26:51	36	Everusalem Kuma Mutal	1	ETH	6	Dubai	16 Jan 2009
43	2:26:53	37	Amane Gemede Gobena	1	ETH	2	Los Angeles	25 May 2009
44	2:26:54	38	Gete Wami	1	ETH	9	London	26 Apr 2009
45	2:26:55	39	Tetvana Filonvuk	1	UKR	2	Liubliana	25 Oct 2009
46	2:26:56		Tevba Erkesso	2		4	Chicago	11 Oct 2009
47	2:26:57	40	Yumiko Hara	1	JPN	3	Osaka	25 Jan 2009
48	2:26:57	41	Yuri Kano	1	JPN	7	Berlin (WC)	23 Aug 2009
49	2:26:57		Agnes Kiprop	2		1	Frankfurt	25 Oct 2009