

# 2011 Tokyo Marathon Statistical Information

## Men

### Tokyo Marathon All Time list

Performances	Time	Performers	Name	Nat	Place	Date
1	2:07:23	1	Viktor Röthlin	SUI	1	17 Feb 2008
2	2:08:40	2	Arata Fujiwara	JPN	2	17 Feb 2008
3	2:08:57	3	Julius Gitahi	KEN	3	17 Feb 2008
4	2:09:16	4	Toshinari Suwa	JPN	4	17 Feb 2008
5	2:09:40	5	Satoshi Irifune	JPN	5	17 Feb 2008
6	2:09:45	6	Daniel Njenga	KEN	1	18 Feb 2007
7	2:10:27	7	Salim Kipsang	KEN	1	22 Mar 2009
8	2:11:00	8	Kurao Umeki	JPN	6	17 Feb 2008
9	2:11:01	9	Kazuhiro Maeda	JPN	2	22 Mar 2009
10	2:11:02	10	Seiji Kobayashi	JPN	7	17 Feb 2008
11	2:11:15	11	Kazutoshi Takatsuka	JPN	8	17 Feb 2008
12	2:11:22	12	Tomoyuki Sato	JPN	2	18 Feb 2007
13	2:11:25	13	Kensuke Takahashi	JPN	3	22 Mar 2009
14	2:11:47	14	Hiroyuki Horibata	JPN	9	17 Feb 2008
15	2:11:57	15	Sammy Korir	KEN	4	22 Mar 2009
16	2:12:10	16	Takashi Ota	JPN	10	17 Feb 2008
17	2:12:19	17	Masakazu Fujiwara	JPN	1	28 Feb 2010
18	2:12:34		Arata Fujiwara		2	28 Feb 2010
19	2:12:35	18	Atsushi Sato	JPN	3	28 Feb 2010
20	2:12:36	19	Yuki Kawauchi	JPN	4	28 Feb 2010
21	2:12:44		Satoshi Irifune		3	18 Feb 2007
22	2:12:46	20	Tomoya Adachi	JPN	5	28 Feb 2010
23	2:12:53	21	Joseph Mwaniki	KEN	6	28 Feb 2010
24	2:12:54	22	Kenta Oshima	JPN	5	22 Mar 2009
25	2:12:59	23	Rachid Kisri	MAR	7	28 Feb 2010
26	2:13:04	24	Takaaki Koda	JPN	8	28 Feb 2010
27	2:13:12		Tomoyuki Sato		6	22 Mar 2009
28	2:13:16		Salim Kipsang		9	28 Feb 2010
29	2:13:27	25	Dmytro Baranovskyy	UKR	7	22 Mar 2009
30	2:13:38	26	Kenjiro Jitsui	JPN	11	17 Feb 2008
31	2:13:40	27	Asnake Roro Fekadu	ETH	8	22 Mar 2009
32	2:13:53	28	Kentaro Nakamoto	JPN	9	22 Mar 2009
33	2:14:00	29	Atsushi Fujita	JPN	10	22 Mar 2009
34	2:14:03	30	Shingo Sato	JPN	12	17 Feb 2008
35	2:14:11		Daniel Njenga		13	17 Feb 2008
36	2:14:13	31	Manabu Itayama	JPN	14	17 Feb 2008
37	2:14:21	32	Yuki Abe	JPN	11	22 Mar 2009
38	2:14:43	33	Yusei Nakao	JPN	12	22 Mar 2009
39	2:14:57	34	Masaru Takamizawa	JPN	15	17 Feb 2008
40	2:15:03	35	Koji Ueoka	JPN	13	22 Mar 2009

### Japan All Comers Performance List – Men

Performance	Time	Performer	Name	Nat	Pos	Venue	DMY
1	2:05:18	1	Tsegaye Kebede	ETH	1	Fukuoka	6 Dec 2009
2	2:06:10		Tsegaye Kebede		1	Fukuoka	7 Dec 2008
3	2:06:33	2	Gert Thys	RSA	1	Tokyo	14 Feb 1999
4	2:06:39	3	Samuel Wanjiru	KEN	1	Fukuoka	2 Dec 2007
5	2:06:50	4	Deriba Merga Ejigu	ETH	2	Fukuoka	2 Dec 2007
6	2:06:51	5	Atsushi Fujita	JPN	1	Fukuoka	3 Dec 2000
7	2:06:52	6	Haile Gebrselassie	ETH	1	Fukuoka	3 Dec 2006
8	2:07:13	7	Atsushi Sato	JPN	3	Fukuoka	2 Dec 2007
9	2:07:15	8	Japhet Kosgei	KEN	1	Tokyo	13 Feb 2000
10	2:07:15	9	Dmitriy Baranovskiy	UKR	2	Fukuoka	3 Dec 2006
11	2:07:19	10	Jaouad Gharib	MAR	3	Fukuoka	3 Dec 2006
12	2:07:20	11	Lee Bong-Ju	KOR	2	Tokyo	13 Feb 2000
13	2:07:23	12	Viktor Röthlin	SUI	1	Tokyo	18 Feb 2008
14	2:07:28	13	Josiah Thugwane	RSA	1	Fukuoka	7 Dec 1997
15	2:07:34	14	Antonio Peña	ESP	1	Otsu (Lake Biwa)	4 Mar 2001
16	2:07:39		Japhet Kosgei		1	Otsu (Lake Biwa)	2 Mar 2003
17	2:07:41	15	Toshinari Takaoka	JPN	1	Tokyo	13 Feb 2005
18	2:07:42	16	Jose Rios	ESP	1	Otsu (Lake Biwa)	7 Mar 2004
19	2:07:52	17	Giacomo Leone	ITA	2	Otsu (Lake Biwa)	4 Mar 2001
20	2:07:52	18	Shigeru Aburaya	JPN	3	Otsu (Lake Biwa)	4 Mar 2001
21	2:07:52	19	Tomoaki Kunichika	JPN	1	Fukuoka	7 Dec 2003
22	2:07:52	20	Kebede Tekeste	ETH	2	Fukuoka	6 Dec 2009
23	2:07:54	21	Gezahegne Abera	ETH	1	Fukuoka	5 Dec 1999
24	2:07:55	22	Mohamed Ouaadi	FRA	2	Fukuoka	5 Dec 1999
25	2:07:55	23	Toshinari Suwa	JPN	2	Fukuoka	7 Dec 2003
26	2:07:59	24	Yoshiteru Morishita	JPN	4	Otsu (Lake Biwa)	4 Mar 2001
27	2:07:59		Antonio Peña		2	Otsu (Lake Biwa)	2 Mar 2003
28	2:07:59		Toshinari Takaoka		3	Fukuoka	7 Dec 2003
29	2:08:01	25	Alberto Juzdado	ESP	1	Tokyo	8 Feb 1998
30	2:08:05	26	Martin Fiz	ESP	1	Otsu (Lake Biwa)	2 Mar 1997
31	2:08:05	27	Hiroshi Miki	JPN	2	Tokyo	14 Feb 1999
32	2:08:07	28	Toshiyuki Hayata	JPN	2	Fukuoka	7 Dec 1997
33	2:08:08		Alberto Juzdado		3	Tokyo	13 Feb 2000
34	2:08:09	29	Ahmed Salah	DJI	1	Hiroshima (World Cup)	14 Apr 1985
35	2:08:10	30	Juma Ikangaa	TAN	1	Tokyo	9 Feb 1986
36	2:08:10		Antonio Peña		4	Fukuoka	7 Dec 2003
37	2:08:12	31	Masakazu Fujiwara	JPN	3	Otsu (Lake Biwa)	2 Mar 2003
38	2:08:14		Martin Fiz		1	Otsu (Lake Biwa)	5 Mar 2000
39	2:08:15	32	Takeyuki Nakayama	JPN	2	Hiroshima (World Cup)	15 Apr 1985
40	2:08:16	33	Takayuki Inubushi	JPN	4	Tokyo	13 Feb 2000
41	2:08:16	34	Hailu Negussie	ETH	1	Hofu	15 Dec 2002
42	2:08:18	35	Robert de Castella	AUS	1	Fukuoka	6 Dec 1981
43	2:08:18		Takeyuki Nakayama		1	Fukuoka	6 Dec 1987
44	2:08:18	36	Tadayuki Ojima	JPN	2	Otsu (Lake Biwa)	7 Mar 2004
45	2:08:19		Dmytro Baranovskyy		3	Fukuoka	6 Dec 2009
46	2:08:21		Hailu Negussie		5	Fukuoka	7 Dec 2003
47	2:08:23	37	Mubarak Hassan Shami	QAT	1	Otsu (Lake Biwa)	2 Mar 2008
48	2:08:24		Jaouad Gharib		1	Fukuoka	5 Dec 2010
49	2:08:26	38	Djama Robleh	DJI	3	Hiroshima (World Cup)	14 Apr 1985

50	2:08:28	39	Koji Shimizu	JPN	4	Otsu (Lake Biwa)	2 Mar 2003
51	2:08:29	40	Belayneh Dinsamo	ETH	2	Tokyo	9 Feb 1986
52	2:08:29		Dmitriy Baranovskiy		1	Fukuoka	4 Dec 2005
53	2:08:30		Gert Thys		1	Oita (Beppu-Oita)	4 Feb 1996
54	2:08:31	41	Vanderlei de Lima	BRA	2	Tokyo	8 Feb 1998
55	2:08:33	42	Abebe Mekonnen	ETH	1	Tokyo	14 Feb 1988
56	2:08:33	43	Wilson Onsare	KEN	3	Otsu (Lake Biwa)	7 Mar 2004
57	2:08:34	44	Yared Asmerom	ERI	2	Otsu (Lake Biwa)	2 Mar 2008
58	2:08:35	45	Ryuji Takei	JPN	1	Otsu (Lake Biwa)	3 Mar 2002
59	2:08:36	46	Dionicio Ceron	MEX	1	Oita (Beppu-Oita)	2 Feb 1992
60	2:08:36		Atsushi Sato		4	Otsu (Lake Biwa)	7 Mar 2004
61	2:08:36	47	Satoshi Osaki	JPN	3	Otsu (Lake Biwa)	2 Mar 2008
62	2:08:36	48	Dereje Tesfaye Gebrehiwot	ETH	4	Fukuoka	6 Dec 2009
63	2:08:37	49	Tsuyoshi Ogata	JPN	6	Fukuoka	7 Dec 2003
64	2:08:38	50	Toshihiko Seko	JPN	1	Tokyo	13 Feb 1983
65	2:08:38		Vanderlei de Lima		1	Tokyo	12 Feb 1996
66	2:08:38	51	Antonio Pinto	POR	2	Tokyo	12 Feb 1996
67	2:08:39		Abebe Mekonnen		3	Tokyo	9 Feb 1986
68	2:08:40	52	Jose Manuel Garcia	ESP	3	Tokyo	8 Feb 1998
69	2:08:40		Vanderlei de Lima		3	Fukuoka	5 Dec 1999
70	2:08:40	53	Arata Fujiwara	JPN	2	Tokyo	17 Feb 2008
71	2:08:42		Juma Ikangaa		2	Tokyo	14 Feb 1988
72	2:08:42	54	Jackson Kabiga	KEN	1	Fukuoka	6 Dec 1998
73	2:08:43		Takeyuki Nakayama		4	Tokyo	9 Feb 1986
74	2:08:43	55	Muneyuki Ojima	JPN	1	Otsu (Lake Biwa)	1 Mar 1998
75	2:08:43	56	Eric Wainaina	KEN	1	Tokyo	10 Feb 2002
76	2:08:43	57	Daniel Njenga	KEN	1	Tokyo	8 Feb 2004
77	2:08:45	58	Takayuki Nishida	JPN	1	Oita (Beppu-Oita)	4 Feb 2001
78	2:08:46		Alberto Juzdado		3	Tokyo	12 Feb 1996
79	2:08:46		Satoshi Osaki		2	Tokyo	8 Feb 2004
80	2:08:47	59	Nozomi Saho	JPN	3	Fukuoka	7 Dec 1997
81	2:08:47	60	Jörg Peter	GDR	3	Tokyo	14 Feb 1988
82	2:08:47	61	Hwang Young-Jo	KOR	2	Oita (Beppu-Oita)	2 Feb 1992
83	2:08:48	62	Nobuyuki Sato	JPN	2	Fukuoka	6 Dec 1998
84	2:08:48		Tadayuki Ojima		7	Fukuoka	7 Dec 2003
85	2:08:49		Rob de Castella		4	Tokyo	14 Feb 1988
86	2:08:49	63	Baek Seung-Do	KOR	5	Tokyo	13 Feb 2000
87	2:08:49	64	Wataru Okutani	JPN	4	Fukuoka	3 Dec 2006
88	2:08:50	65	Kenjiro Jitsui	JPN	4	Tokyo	12 Feb 1996
89	2:08:50		Martin Fiz		1	Otsu (Lake Biwa)	7 Mar 1999
90	2:08:50		Atsushi Sato		5	Otsu (Lake Biwa)	2 Mar 2003
91	2:08:51		Dionisio Ceron		1	Fukuoka	5 Dec 1993
92	2:08:52		Toshihiko Seko		1	Fukuoka	4 Dec 1983
93	2:08:52	66	Hideyuki Obinata	JPN	5	Otsu (Lake Biwa)	4 Mar 2001
94	2:08:52		Toshinari Suwa		5	Fukuoka	3 Dec 2006
95	2:08:53	67	Koichi Morishita	JPN	1	Oita (Beppu-Oita)	3 Feb 1991
96	2:08:54	68	Yuzo Onishi	JPN	4	Otsu (Lake Biwa)	2 Mar 2008
97	2:08:55	69	Takeshi Soh	JPN	2	Tokyo	13 Feb 1983
98	2:08:55		Juma Ikangaa		2	Fukuoka	4 Dec 1983
99	2:08:55	70	Steve Moneghetti	AUS	1	Tokyo	13 Feb 1994
100	2:08:56	71	Kazutoshi Takatsuka	JPN	5	Otsu (Lake Biwa)	7 Mar 2004

### Best Marks for Places in Tokyo Marathon

Place	Time	Name	Nationality	Date
1	2:07:23	Viktor Röthlin	SUI	17 Feb 2008
2	2:08:40	Arata Fujiwara	JPN	17 Feb 2008
3	2:08:57	Julius Gitahi	KEN	17 Feb 2008
4	2:09:16	Toshinari Suwa	JPN	17 Feb 2008
5	2:09:40	Satoshi Irifune	JPN	17 Feb 2008
6	2:11:00	Kurao Umeki	JPN	17 Feb 2008
7	2:11:02	Seiji Kobayashi	JPN	17 Feb 2008
8	2:11:15	Kazutoshi Takatsuka	JPN	17 Feb 2008

### Best Marks for Places in Japan

Place	Time	Name	Natinality	Venue	Date
1	2:05:18	Tsegaye Kebede	ETH	Fukuoka	6 Dec 2009
2	2:06:50	Deriba Merga Ejigu	ETH	Fukuoka	2 Dec 2007
3	2:07:13	Atsushi Sato	JPN	Fukuoka	2 Dec 2007
4	2:07:59	Yoshiteru Morishita	JPN	Otsu (Lake Biwa)	4 Mar 2001
5	2:08:21	Hailu Negussie	ETH	Fukuoka	7 Dec 2003
6	2:08:37	Tsuyoshi Ogata	JPN	Fukuoka	7 Dec 2003
7	2:08:48	Tadayuki Ojima	JPN	Fukuoka	7 Dec 2003
8	2:09:42	Vincent Kipsos	KEN	Fukuoka	7 Dec 2003

### Best Marks for Places – All Competitions

Place	Time	Name	Nationality	Venue	Date
1	2:03:59	Haile Gebrselassie	ETH	Berlin	28 Sep 2008
2	2:04:27	James Kwambai	KEN	Rotterdam	5 Apr 2009
3	2:05:04	Abel Kirui	KEN	Rotterdam	5 Apr 2009
4	2:05:23	Feyisa Lelisa	ETH	Rotterdam	11 Apr 2010
5	2:06:17	Ryan Hall	USA	London	13 Apr 2008
6	2:06:38	Deriba Merga	ETH	London	13 Apr 2008
7	2:07:31	Jonathan Kipkorir	KEN	Paris	5 Apr 2009
8	2:08:11	Shadrack Kiplagat	KEN	Paris	5 Apr 2009
9	2:08:12	John Komen	KEN	Paris	5 Apr 2009
10	2:08:38	Daniel Kiprugut Too	KEN	Paris	5 Apr 2009
11	2:08:43	Abraham Chelanga	KEN	Paris	5 Apr 2009
12	2:09:13	Francis Kibiwott	KEN	Paris	5 Apr 2009
13	2:10:23	James Rotich	KEN	Paris	6 Apr 2008

## List of Course Records

	Time	Race	Name	Nation	Year
1	2:03:59	Berlin	Haile Gebrselassie	ETH	2008
2	2:04:27	Rotterdam	Duncan Kibet	KEN	2009
3	2:04:53	Dubai	Haile Gebrselassie	ETH	2008
4	2:04:57	Frankfurt	Wilson Kiprotich Kipsang	KEN	2010
5	2:05:10	London	Samuel Wanjiru	KEN	2009
6	2:05:18	Fukuoka	Tsegaye Kebede	ETH	2009
7	2:05:39	Praha	Eliud Kiptanui	KEN	2010
8	2:05:41	Chicago	Samuel Wanjiru	KEN	2009
9	2:05:44	Amsterdam	Getu Feleke	ETH	2010
10	2:05:47	Paris	Vincent Kipruto	KEN	2009
11	2:05:52	Boston	Robert Kiprono Cheruiyot	KEN	2010
12	2:06:32	Olympic Games	Samuel Wanjiru	KEN	2008
13	2:06:33	Tokyo International	Gert Thys	RSA	1999
14	2:06:49	Seoul	Sylvester Teimat	KEN	2010
15	2:06:52	Hamburg	Julio Rey	ESP	2006
16	2:06:54	World Championships	Abel Kirui	KEN	2009
17	2:07:01	Eindhoven	Geoffrey Mutai	KEN	2009
18	2:07:04	Houston	Bekana Daba	ETH	2011
19	2:07:17	Roma	Benjamin Kiptoo Kolum	KEN	2009
20	2:07:23	Tokyo	Viktor Rothlin	SUI	2008
21	2:07:30	Barcelona	Jackson Kipkoech Kotut	KEN	2010
22	2:07:33	Linz	Alexander Kuzin	UKR	2007
23	2:07:34	Lake Biwa – Otsu	Antonio Pena	ESP	2001

## Number of personal bests by venue for top 10, 20, 50, 100 performers

Venue of Personal Best	No for top 10	No for top 20	No for top 50	No for top 100
Rotterdam	5	7	10	18
Berlin	3	4	7	15
London	1	5	9	11
Frankfurt	1	1	3	5
Amsterdam		1	6	12
Fukuoka		1	1	4
Praha		1	1	1
Chicago			6	11
Paris			4	10
Boston			1	4
Dubai			1	4
Tokyo			1	1
Seoul				1
Hamburg				1
Roma				1
Houston				1

## Fastest Marathon race based on the average of fastest performances:

### Average of Top 10 Performances in Major Marathons

	Average of top 10 Performances	Marathon
1	2:05:10	Berlin
2	2:05:15	Rotterdam
3	2:05:31	London

4	2:06:02	Chicago
5	2:06:25	Amsterdam
6	2:06:30	Paris
7	2:06:47	Fukuoka
8	2:06:53	Frankfurt
9	2:07:04	Dubai
10	2:07:22	Boston

### Berlin Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:03:59	1	Haile Gebrselassie	ETH	1	28 Sept 2008
2	2:04:26		Haile Gebrselassie		1	30 Sept 2007
3	2:04:55	2	Paul Tergat	KEN	1	29 Sept 2003
4	2:04:56	3	Sammy Korir	KEN	2	29 Sept 2003
5	2:05:08	4	Patrick Makau	KEN	1	26 Sept 2010
6	2:05:10	5	Geoffrey Mutai	KEN	2	26 Sept 2010
7	2:05:25	6	Bazu Worku	ETH	3	26 Sept 2010
8	2:05:36	7	James Kwambai	KEN	2	28 Sept 2008
9	2:05:56		Haile Gebrselassie		1	24 Sept 2006
10	2:06:05	8	Ronaldo da Costa	BRA	1	20 Sept 1998
<b>Average</b>	<b>2:05:10</b>					

### Rotterdam Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:04:27	1	Duncan Kibet	KEN	1	5 Apr 2009
2	2:04:27	2	James Kwambai	KEN	2	5 Apr 2009
3	2:04:48	3	Patrick Makau	KEN	1	11 Apr 2010
4	2:04:55	4	Geoffrey Mutai	KEN	2	11 Apr 2010
5	2:05:04	5	Abel Kirui	KEN	3	5 Apr 2009
6	2:05:13	6	Vincent Kipruto	KEN	3	11 Apr 2010
7	2:05:23	7	Feyisa Lelisa	ETH	4	11 Apr 2010
8	2:05:49	8	William Kipsang	KEN	1	13 Apr 2008
9	2:06:14	9	Felix Limo	KEN	1	4 Apr 2004
10	2:06:14		Patrick Makau		4	5 Apr 2009
<b>Average</b>	<b>2:05:15</b>					

### London Marathon

	Time	Performer	Name	Nat	Place	Date
1	2:05:10	1	Samuel Wanjiru	Ken	1	26 Apr 2009
2	2:05:15	2	Martin Lel	KEN	1	13 Apr 2008
3	2:05:19	3	Tsegaye Kebede	ETH	1	25 Apr 2010
4	2:05:20		Tsegaye Kebede		2	26 Apr 2009
5	2:05:24		Samuel Wanjiru		2	13 Apr 2008
6	2:05:27	4	Jaouad Gharib	MAR	3	26 Apr 2009
7	2:05:30	5	Abderrahim Goumri	MAR	3	13 Apr 2008
8	2:05:38	6	Khalid Khannouchi	USA	1	14 Apr 2002
9	2:05:48	7	Paul Tergat	KEN	2	14 Apr 2002
10	2:06:15	8	Emmanuel Mutai	KEN	4	13 Apr 2008
<b>Average</b>	<b>2:05:31</b>					

### Chicago Marathon

Performance	Time	Performer	Name	Nat	Place	Date
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1	2:05:41	1	Sammy Wanjiru	KEN	1	11 Oct 2009
2	2:05:42	2	Khalid Khannouchi	MAR	1	24 Oct 1999
3	2:05:50	3	Evans Rutto	KEN	1	12 Oct 2003
4	2:05:56		Khalid Khannouchi		1	13 Oct 2002
5	2:06:04	4	Abderrahim Goumri	MAR	2	11 Oct 2009
6	2:06:08	5	Vincent Kipruto	KEN	3	11 Oct 2009
7	2:06:16	6	Moses Tanui	KEN	2	24 Oct 1999
8	2:06:16	7	Daniel Njenga	KEN	2	13 Oct 2002
9	2:06:16	8	Toshinari Takaoka	JPN	3	13 Oct 2002
10	2:06:16		Evans Rutto		1	10 Oct 2004
<b>Average</b>	<b>2:06:02</b>					

### Amsterdam Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:05:44	1	Getu Feleke	ETH	1	17 Oct 2010
2	2:06:12	2	Wilson Chebet	KEN	2	17 Oct 2010
3	2:06:18	3	Gilbert Yegon	KEN	1	18 Oct 2009
4	2:06:20	4	Haile Gebrselassie	ETH	1	16 Oct 2005
5	2:06:23	5	Robert Cheboror	KEN	1	17 Oct 2004
6	2:06:29	6	Emmanuel Mutai	KEN	1	21 Oct 2007
7	2:06:39	7	William Kipsang	KEN	1	19 Oct 2003
8	2:06:41	8	Elijah Keitany	KEN	2	18 Oct 2009
9	2:06:42	9	Felix Limo	KEN	2	19 Oct 2003
10	2:06:45	10	Richard Limo	KEN	2	21 Oct 2007
<b>Average</b>	<b>2:06:25</b>					

### Paris Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:05:47	1	Vincent Kipruto	KEN	1	5 Apr 2009
2	2:06:15	2	Bazu Worku	ETH	2	5 Apr 2009
3	2:06:26	3	David Kiyeng	KEN	3	5 Apr 2009
4	2:06:30	4	Yemane Adhane Tsegay	ETH	4	5 Apr 2009
5	2:06:33	5	Michael Rotich	KEN	1	6 Apr 2003
6	2:06:36	6	Benoit Zwierzchiewski	FRA	2	6 Apr 2003
7	2:06:40	7	Tsegaye Kebede	ETH	1	6 Apr 2008
8	2:06:41	8	Tadesse Tola	ETH	1	11 Apr 2010
9	2:06:47	9	Wilson Onsare	KEN	3	6 Apr 2003
10	2:06:48	10	Driss El Himer	FRA	4	6 Apr 2003
=10	2:06:48	=10	Rachid Kisri	MAR	5	5 Apr 2009
<b>Average</b>	<b>2:06:30</b>					

### Fukuoka Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:05:18	1	Tsegaye Kebede	ETH	1	6 Dec 2009
2	2:06:10		Tsegaye Kebede		1	7 Dec 2008
3	2:06:39	2	Samuel Wanjiru	KEN	1	2 Dec 2007
4	2:06:50	3	Deriba Merga Ejigu	ETH	2	2 Dec 2007
5	2:06:51	4	Atsushi Fujita	JPN	1	3 Dec 2000
6	2:06:52	5	Haile Gebrselassie	ETH	1	3 Dec 2006
7	2:07:13	6	Atsushi Sato	JPN	3	2 Dec 2007
8	2:07:15	7	Dmytro Baranovskiy	UKR	2	3 Dec 2006
9	2:07:19	8	Jaouad Gharib	MAR	3	3 Dec 2006
10	2:07:28	9	Josiah Thugwane	RSA	1	7 Dec 1997

<b>Average</b>	<b>2:06:47</b>					
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### Dubai Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:04:53	1	Haile Gebrselassie	ETH	1	18 Jan 2008
2	2:05:29		Haile Gebrselassie		1	16 Jan 2009
3	2:06:09		Haile Gebrselassie		1	22 Jan 2010
4	2:06:33	2	Chala Dechase Beyene	ETH	2	22 Jan 2010
5	2:06:46	3	Eshetu Wendimu	ETH	3	22 Jan 2010
6	2:07:16	4	Isaac Macharia	KEN	2	18 Jan 2008
7	2:07:18	5	David Barmasai	KEN	1	21 Jan 2011
8	2:07:54	6	Deressa Chimisa	ETH	2	16 Jan 2009
9	2:08:01	7	Sammy Korir	KEN	3	18 Jan 2008
10	2:08:17	8	Evans Cheruiyot	KEN	2	21 Jan 2011
<b>Average</b>	<b>2:06:52</b>					

### Frankfurt Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:04:57	1	Wilson Kiprotich Kipsang	KEN	1	31 Oct 2010
2	2:06:14	2	Gilbert Kirwa	KEN	1	25 Oct 2009
3	2:06:23	3	Robert Kiprono Cheruiyot	KEN	2	25 Oct 2009
4	2:06:31	4	Tadese Tola	ETH	2	31 Oct 2010
5	2:07:04	5	Elias Chelimo	KEN	3	31 Oct 2010
6	2:07:05	6	William Kiplagat	KEN	3	25 Oct 2009
7	2:07:11	7	Philip Sanga	KEN	4	31 Oct 2010
8	2:07:21		Robert Kiprono Cheruiyot		1	26 Oct 2008
9	2:07:58	8	Wilfred Kigen	KEN	1	28 Oct 2007
10	2:08:11	9	Hosea Kiprop Rotich	KEN	2	28 Oct 2007
<b>Average</b>	<b>2:06:53</b>					

### Boston Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:05:52	1	Robert Kiprono Cheruiyot	KEN	1	19 Apr 2010
2	2:07:14	2	Robert Kipkoech Cheruiyot	KEN	1	17 Apr 2006
3	2:07:15	3	Cosmas Ndeti	KEN	1	18 Apr 1994
4	2:07:19	4	Andres Espinosa	MEX	2	18 Apr 1994
5	2:07:23	5	Tekeste Kebede	ETH	2	19 Apr 2010
6	2:07:34	6	Moses Tanui	KEN	1	20 Apr 1998
7	2:07:37	7	Joseph Chebet	KEN	2	20 Apr 1998
8	2:07:46		Robert Kipkoech Cheruiyot		1	21 Apr 2008
9	2:07:51	8	Robert de Castella	AUS	1	21 Apr 1986
10	2:07:52	9	Gert Thys	RSA	3	20 Apr 1998
<b>Average</b>	<b>2:07:22</b>					

### Seoul Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:06:49	1	Sylvester Teimet	KEN	1	21 Mar 2010
2	2:06:59	2	Gilbert Kirwa	KEN	2	21 Mar 2010
3	2:07:06	3	Gert Thys	RSA	1	14 Mar 2004
4	2:07:32	4	Sammy Korir	KEN	1	16 Mar 2008
5	2:07:35	5	Paul Kirui	KEN	3	21 Mar 2010
6	2:07:37	6	Jason Mbote	KEN	2	16 Mar 2008

7	2:07:43	7	William Kipsang	KEN	2	14 Mar 2004
8	2:07:45	8	Edwin Komen	KEN	3	16 Mar 2008
9	2:07:54	9	Moses Arusei	KEN	1	15 Mar 2009
10	2:08:04	10	Lee Bong-Ju	KOR	1	18 Mar 2007
<b>Average</b>	<b>2:07:30</b>					

### Hamburg Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:06:52	1	Julio Rey	ESP	1	23 Apr 2006
2	2:07:23	2	David Kipkorir Mandago	KEN	1	27 Apr 2008
3	2:07:27		Julio Rey		1	27 Apr 2003
4	2:07:32	3	Rodgers Rop	KEN	1	29 Apr 2007
5	2:07:33	4	Wilfred Kigen	KEN	2	29 Apr 2007
6	2:07:37	5	Robert Cheboror		2	23 Apr 2006
7	2:07:38		Julio Rey		1	24 Apr 2005
8	2:07:42	6	Josphat Kenei Kiprotich	KEN	3	29 Apr 2007
9	2:07:46		Julio Rey		1	22 Apr 2001
10	2:07:48	7	Francisco Javier Cortes	ESP	2	22 Apr 2001
<b>Average</b>	<b>2:07:32</b>					

### (original) Tokyo International Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:06:33	1	Gert Thys	RSA	1	14 Feb 1999
2	2:07:15	2	Japhet Kosgei	KEN	1	13 Feb 2000
3	2:07:20	3	Lee Bong-Ju	KOR	2	13 Feb 2000
4	2:07:41	4	Toshinari Takaoka	JPN	1	13 Feb 2005
5	2:08:01	5	Alberto Juzdado	ESP	1	8 Feb 1998
6	2:08:05	6	Hiroshi Miki	JPN	2	14 Feb 1999
7	2:08:08		Alberto Juzdado		3	13 Feb 2000
8	2:08:10	7	Juma Ikangaa	TAN	1	9 Feb 1986
9	2:08:16	8	Takayuki Inubushi	JPN	4	13 Feb 2000
10	2:08:29	9	Belayneh Dinsamo	ETH	2	9 Feb 1986
<b>Average</b>	<b>2:07:48</b>					

### Lake Biwa Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:07:34	1	Antonio Peña	ESP	1	4 Mar 2001
2	2:07:39	2	Japhet Kosgei	KEN	1	2 Mar 2003
3	2:07:42	3	Jose Rios	ESP	1	7 Mar 2004
4	2:07:52	4	Giacomo Leone	ITA	2	4 Mar 2001
5	2:07:52	5	Shigeru Aburaya	JPN	3	4 Mar 2001
6	2:07:59	6	Yoshiteru Morishita	JPN	4	4 Mar 2001
7	2:07:59		Antonio Peña		2	2 Mar 2003
8	2:08:05	7	Martin Fiz	ESP	1	2 Mar 1997
9	2:08:12	8	Masakazu Fujiwara	JPN	3	2 Mar 2003
10	2:08:14		Martin Fiz	ESP	1	5 Mar 2000
<b>Average</b>	<b>2:07:55</b>					

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### New York Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:07:43	1	Tesfaye Jifar	ETH	1	4 Nov 2001
2	2:08:01	2	Juma Ikangaa	TAN	1	5 Nov 1989

3	2:08:07	3	Rodger Rop	KEN	1	3 Nov 2002
4	2:08:12	4	John Kagwe	KEN	1	2 Nov 1997
5	2:08:14		Gebre Gebremariam	ETH	1	7 Nov 2010
6	2:08:17	5	Christopher Cheboiboch	KEN	2	3 Nov 2002
7	2:08:20	6	Steve Jones	GBR	1	6 Nov 1988
8	2:08:39	7	Laban Kipkemboi	KEN	3	3 Nov 2002
9	2:08:43	8	Marilson Gomes dos Santos	BRA	1	3 Nov 2008
10	2:08:45		John Kagwe		1	1 Nov 1998
<b>Average</b>	<b>2:08:18</b>					

## Fastest Marathon based on the Average of Top 10 Performances since 2008

### Rotterdam Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:04:27	1	Duncan Kibet	KEN	1	5 Apr 2009
2	2:04:27	2	James Kwambai	KEN	2	5 Apr 2009
3	2:04:48	3	Patrick Makau	KEN	1	11 Apr 2010
4	2:04:55	4	Geoffrey Mutai	KEN	2	11 Apr 2010
5	2:05:04	5	Abel Kirui	KEN	3	5 Apr 2009
6	2:05:13	6	Vincent Kipruto	KEN	3	11 Apr 2010
7	2:05:23	7	Feyisa Lelisa	ETH	4	11 Apr 2010
8	2:05:49	8	William Kipsang	KEN	1	13 Apr 2008
9	2:06:14		Patrick Makau		4	5 Apr 2009
10	2:06:58	9	Daniel Rono	KEN	2	13 Apr 2008
<b>Average</b>	<b>2:05:20</b>					

### London Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:05:10	1	Samuel Wanjiru	Ken	1	26 Apr 2009
2	2:05:15	2	Martin Lel	KEN	1	13 Apr 2008
3	2:05:19	3	Tsegaye Kebede	ETH	1	25 Apr 2010
4	2:05:20		Tsegaye Kebede		2	26 Apr 2009
5	2:05:24		Samuel Wanjiru		2	13 Apr 2008
6	2:05:27	4	Jaouad Gharib	MAR	3	26 Apr 2009
7	2:05:30	5	Abderrahim Goumri	MAR	3	13 Apr 2008
8	2:06:15	6	Emmanuel Mutai	KEN	4	13 Apr 2008
9	2:06:17	7	Ryan Hall	USA	5	13 Apr 2008
10	2:06:23		Emmanuel Mutai		2	25 Apr 2010
<b>Average</b>	<b>2:05:38</b>					

### Berlin Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:03:59	1	Haile Gebrselassie	ETH	1	28 Sept 2008
2	2:05:08	2	Patrick Makau	KEN	1	26 Sept 2010
3	2:05:10	3	Geoffrey Mutai	KEN	2	26 Sept 2010
4	2:05:25	4	Bazu Worku	ETH	3	26 Sept 2010
5	2:05:36	5	James Kwambai	KEN	2	28 Sept 2008
6	2:06:08		Haile Gebrselassie		1	20 Sept 2009
7	2:07:04	6	Francis Kiprop	KEN	2	20 Sept 2009
8	2:07:41	7	Negari Terfa	ETH	3	20 Sept 2009
9	2:07:48	8	Charles Kamathi	KEN	3	18 Sept 2008

10	2:07:52	9	Tsegaye Yamane Adhane	ETH	4	26 Sept 2010
<b>Average</b>	<b>2:06:11</b>					

### Paris Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:05:47	1	Vincent Kipruto	KEN	1	5 Apr 2009
2	2:06:15	2	Bazu Worku	ETH	2	5 Apr 2009
3	2:06:26	3	David Kiyeng	KEN	3	5 Apr 2009
4	2:06:30	4	Yemane Adhane	ETH	4	5 Apr 2009
5	2:06:40	5	Tsegaye Kebede	ETH	1	6 Apr 2008
6	2:06:41	5	Tadese Tola	ETH	1	11 Apr 2010
7	2:06:48	6	Rachid Kisri	MAR	5	5 Apr 2009
8	2:06:50	7	Moses Arusei	KEN	2	6 Apr 2008
9	2:06:53	8	David Kipkorir Mandago	KEN	6	5 Apr 2009
10	2:07:11	9	Alfred Kering	KEN	2	11 Apr 2010
<b>Average</b>	<b>2:06:36</b>					

### Dubai Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:04:53	1	Haile Gebrselassie	ETH	1	18 Jan 2008
2	2:05:29		Haile Gebrselassie		1	16 Jan 2009
3	2:06:09		Haile Gebrselassie		1	22 Jan 2010
4	2:06:33	2	Chala Dechase Beyene	ETH	2	22 Jan 2010
5	2:06:46	3	Eshetu Wendimu	ETH	3	22 Jan 2010
6	2:07:16	4	Isaac Macharia	KEN	2	18 Jan 2008
7	2:07:18	5	David Barmasai	KEN	1	21 Jan 2011
8	2:07:54	6	Deressa Chimisa	ETH	2	16 Jan 2009
9	2:08:01	7	Sammy Korir	KEN	3	18 Jan 2008
10	2:08:17	8	Evans Cheruiyot	KEN	2	21 Jan 2011
<b>Average</b>	<b>2:06:52</b>					

### Chicago Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:05:41	1	Samuel Wanjiru	KEN	1	11 Oct 2009
2	2:06:04	2	Abderrahim Goumri	MAR	2	11 Oct 2009
3	2:06:08	3	Vincent Kipruto	KEN	3	11 Oct 2009
4	2:06:24		Samuel Wanjiru		1	10 Oct 2010
5	2:06:25	4	Evans Cheruiyot	KEN	1	12 Oct 2008
6	2:06:43	5	Tsegaye Kebede	ETH	2	10 Oct 2010
7	2:07:06	6	Charles Munyeki	KEN	4	11 Oct 2009
8	2:07:37	7	David Kipkorir Mandago	KEN	2	12 Oct 2008
9	2:08:10	8	Feyisa Lelisa	ETH	3	10 Oct 2010
10	2:08:43	9	Richard Limo	KEN	5	11 Oct 2009
<b>Average</b>	<b>2:06:54</b>					

### Frankfurt Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:04:57	1	Wilson Kiprotich Kipsang	KEN	1	31 Oct 2010
2	2:06:14	2	Gilbert Kirwa	KEN	1	25 Oct 2009
3	2:06:23	3	Robert Kiprono Cheruiyot	KEN	2	25 Oct 2009
4	2:06:31	4	Tadese Tola	ETH	2	31 Oct 2010
5	2:07:04	5	Elias Chelimo	KEN	3	31 Oct 2010

6	2:07:05	6	William Kiplagat	KEN	3	25 Oct 2009
7	2:07:11	7	Philip Sanga	KEN	4	31 Oct 2010
8	2:07:21		Robert Kiprono Cheruiyot		1	26 Oct 2008
9	2:08:15		Elias Chelimo		4	25 Oct 2009
10	2:08:16	8	Wilson Kigen	KEN	2	26 Oct 2008
<b>Average</b>	<b>2:06:56</b>					

### Amsterdam Marathon

Performance	Time	Performer	Name	Nat	Place	Date
1	2:05:44	1	Getu Feleke	ETH	1	17 Oct 2010
2	2:06:12	2	Wilson Chebet	KEN	2	17 Oct 2010
3	2:06:18	3	Gilbert Yegon	KEN	1	18 Oct 2009
4	2:06:41	4	Elijah Keitany	KEN	2	18 Oct 2009
5	2:07:02	5	Paul Biwott	KEN	3	18 Oct 2009
6	2:07:23	6	Chala Dechase	ETH	3	17 Oct 2010
7	2:07:29	7	Cherkos Feleke	ETH	4	17 Oct 2010
8	2:07:37	8	Hailu Mekonnen	ETH	5	17 Oct 2010
9	2:07:45	9	Teferi Wodajo	ETH	4	18 Oct 2009
10	2:07:46	10	Nicholas Chelimo	KEN	5	18 Oct 2009
<b>Average</b>	<b>2:07:00</b>					

### Fastest marathon runners based on the average of their top five performances

#### Haile Gebrselassie

	Time	Race	Place	Date
1	2:03:59	Berlin	1	28 Sept 2008
2	2:04:26	Berlin	1	30 Sept 2007
3	2:04:53	Dubai	1	18 Jan 2008
4	2:05:29	Dubai	1	16 Jan 2009
5	2:05:56	Berlin	1	24 Sept 2006
<b>Average</b>	<b>2:04:57</b>			

#### Tsegaye Kebede

	Time	Race	Place	Date
1	2:05:18	Fukuoka	1	6 Dec 2009
2	2:05:19	London	1	25 Apr 2010
3	2:05:20	London	2	26 Apr 2009
4	2:06:10	Fukuoka	1	7 Dec 2008
5	2:06:40	Paris	1	6 Apr 2008
<b>Average</b>	<b>2:05:45</b>			

#### Samuel Wanjiru

	Time	Race	Place	Date
1	2:05:10	London	1	26 Apr 2009
2	2:05:24	London	2	13 Apr 2008
3	2:05:41	Chicago	1	11 Oct 2009
4	2:06:24	Chicago	1	10 Oct 2010
5	2:06:32	OG – Beijing	1	24 Aug 2008
<b>Average</b>	<b>2:05:50</b>			

#### Khalid Khannouchi

	Time	Race	Place	Date
1	2:05:38	London	1	14 Apr 2002
2	2:05:42	Chicago	1	24 Oct 1999
3	2:05:56	Chicago	1	13 Oct 2002

4	2:07:01	Chicago	1	22 Oct 2000
5	2:07:04	London	4	23 Apr 2006
Average	<b>2:06:16</b>			

### Paul Tergat

	Time	Race	Place	Date
1	2:04:55	Berlin	1	28 Sept 2003
2	2:05:48	London	2	14 Apr 2002
3	2:06:18	Chicago	4	13 Oct 2002
4	2:07:59	London	4	13 Apr 2003
5	2:08:06	London	6	22 Apr 2007
Average	<b>2:06:37</b>			

### Felix Limo

	Time	Race	Place	Date
1	2:06:14	Rotterdam	1	4 Apr 2004
2	2:06:39	London	1	23 Apr 2006
3	2:06:42	Amsterdam	2	19 Oct 2003
4	2:06:44	Berlin	1	26 Sept 2004
5	2:07:02	Chicago	1	9 Oct 2005
Average	<b>2:06:40</b>			

### Emmanuel Mutai

	Time	Race	Place	Date
1	2:06:15	London	4	13 Apr 2008
2	2:06:23	London	2	25 Apr 2010
	2:06:29	Amsterdam	1 <sup>st</sup>	21 Oct 2007
3	2:06:53	London	4	26 Apr 2009
	2:07:48	WC –Berlin	2 <sup>nd</sup>	22 Aug 2009
Average	<b>2:06:46</b>			

### Sammy Korir

	Time	Race	Place	Date
1	2:04:56	Berlin	2	28 Sept 2003
2	2:06:38	Rotterdam	1	9 Apr 2006
3	2:06:48	London	2	18 Apr 2004
4	2:07:32	Seoul	1	16 Mar 2008
5	2:08:01	Dubai	3	18 Jan 2008
Average	<b>2:06:47</b>			

### Jaouad Gharib

	Time	Race	Place	Date
1	2:05:27	London	3	26 Apr 2009
2	2:06:55	London	3	25 Apr 2010
3	2:07:02	London	3	18 Apr 2004
4	2:07:16	Beijing (OG)	2	24 Aug 2008
5	2:07:19	Fukuoka	3	3 Dec 2006
Average	<b>2:06:48</b>			

### Evans Rutto

	Time	Race	Place	Date
1	2:05:50	Chicago	1	12 Oct 2003
2	2:06:16	Chicago	1	10 Oct 2004
3	2:06:18	London	1	18 Apr 2004
4	2:07:28	Chicago	4	9 Oct 2005
5	2:09:35	London	10	23 Apr 2006
Average	<b>2:07:05</b>			

### Josphat Kiprono

	Time	Race	Place	Date
1	2:06:44	Berlin	1	26 Sept 1999
2	2:06:50	Rotterdam	1	22 Apr 2001
3	2:07:06	Amsterdam	2	21 Oct 2001
4	2:07:27	Berlin	2	20 Sept 1998
5	2:07:29	Chicago	2	22 Oct 2000
Average	<b>2:07:07</b>			

### Martin Lel

	Time	Race	Place	Date
1	2:05:15	London	1	13 Apr 2008
2	2:06:41	London	2	23 Apr 2006
3	2:07:26	London	1	17 Apr 2005
4	2:07:41	London	1	22 Apr 2007
5	2:09:04	New York	1	4 Nov 2007
Average	<b>2:07:13</b>			

**Fastest marathon runners based on the average of their top three performances since 2008**

### Haile Gebrselassie

	Time	Race	Place	Date
1	2:03:59	Berlin	1	28 Sept 2008
2	2:04:53	Dubai	1	18 Jan 2008
3	2:05:29	Dubai	1	16 Jan 2009
Average	<b>2:04:47</b>			

### Tsegaye Kebede

	Time	Race	Place	Date
1	2:05:18	Fukuoka	1	6 Dec 2009
2	2:05:19	London	1	25 Apr 2010
3	2:05:20	London	2	26 Apr 2009
Average	<b>2:05:19</b>			

### Patrick Makau

	Time	Race	Place	Date
1	2:04:48	Rotterdam	1 <sup>st</sup>	11 Apr 2010
2	2:05:08	Berlin	1 <sup>st</sup>	26 Sept 2010
3	2:06:14	Rotterdam	4 <sup>th</sup>	5 Apr 2009
Average	<b>2:05:23</b>			

### Samuel Wanjiru

	Time	Race	Place	Date
1	2:05:10	London	1	26 Apr 2009
2	2:05:24	London	2	13 Apr 2008
3	2:05:41	Chicago	1	11 Oct 2009
Average	<b>2:05:25</b>			

### Geoffrey Mutai

	Time	Race	Place	Date
1	2:04:55	Rotterdam	2 <sup>nd</sup>	11 Apr 2010
2	2:05:10	Berlin	2 <sup>nd</sup>	26 Sept 2010
3	2:07:01	Eindhoven	1 <sup>st</sup>	11 Oct 2009
Average	<b>2:05:42</b>			

### Vincent Kipruto

	Time	Race	Place	Date
1	2:05:13	Rotterdam	3 <sup>rd</sup>	11 Apr 2010

2	2:05:47	Paris	1	5 Apr 2009
3	2:06:08	Chicago	3	11 Oct 2009
Average	<b>2:05:43</b>			

### Emmanuel Mutai

	Time	Race	Place	Date
1	2:06:15	London	4	13 Apr 2008
2	2:06:23	London	2	25 Apr 2010
3	2:06:53	London	4	26 Apr 2009
Average	<b>2:06:30</b>			

### Robert Kiprono Cheruiyot

	Time	Race	Place	Date
1	2:05:52	Boston	1 <sup>st</sup>	19 Apr 2010
2	2:06:23	Frankfurt	2 <sup>nd</sup>	25 Oct 2009
3	2:07:21	Frankfurt	1 <sup>st</sup>	26 Oct 2008
Average	<b>2:06:32</b>			

### Abel Kirui

	Time	Race	Place	Date
1	2:05:04	Rotterdam	3 <sup>rd</sup>	5 Apr 2009
2	2:06:54	WC – Berlin	1 <sup>st</sup>	22 Aug 2009
3	2:07:38	Wien	1 <sup>st</sup>	27 Apr 2008
Average	<b>2:06:32</b>			

### Jaouad Gharib

	Time	Race	Place	Date
1	2:05:27	London	3	26 Apr 2009
2	2:06:55	London	3	25 Apr 2010
3	2:07:16	Beijing (OG)	2	24 Aug 2008
Average	<b>2:06:33</b>			

### Abderrahim Goumri

	Time	Race	Place	Date
1	2:05:30	London	3	13 Apr 2008
2	2:06:04	Chicago	2	11 Oct 2009
3	2:08:25	London	6	26 Apr 2009
Average	<b>2:06:40</b>			

### Duncan Kibet

	Time	Race	Place	Date
1	2:04:27	Rotterdam	1 <sup>st</sup>	5 Apr 2009
2	2:07:53	Milano	1 <sup>st</sup>	23 Nov 2008
3	2:08:33	Wien	2 <sup>nd</sup>	27 Apr 2008
Average	<b>2:06:58</b>			

### Gilbert Kirwa

	Time	Race	Place	Date
1	2:06:14	Frankfurt	1 <sup>st</sup>	25 Oct 2009
2	2:06:59	Seoul	2 <sup>nd</sup>	21 Mar 2010
3	2:08:21	Wien	1 <sup>st</sup>	19 Apr 2009
Average	<b>2:07:11</b>			

### Yemane Adhane Tsegay

	Time	Race	Place	Date
1	2:06:30	Paris	4 <sup>th</sup>	5 Apr 2009
2	2:07:11	Praha	2 <sup>nd</sup>	9 May 2010

3	2:07:52	Berlin	4 <sup>th</sup>	26 Sept 2010
Average	<b>2:07:11</b>			

## Marathon Trends

### Number of Sub 2:XX performers (NOT performances)

	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
<2:05	<b>3</b>	2	1	1	0	0	0	2	0	0	0	0
<2:06	<b>10</b>	8	6	1	1	0	0	3	2	0	0	1
<2:07	<b>20</b>	<b>20</b>	13	6	8	1	5	10	9	1	2	9
<2:08	<b>40</b>	37	31	24	19	12	12	25	15	12	10	16
<2:09	<b>74</b>	64	58	42	38	29	30	51	33	21	27	29
<2:10	<b>121</b>	103	87	71	56	55	59	84	57	39	49	55
<2:11	<b>175</b>	160	129	114	102	87	89	119	94	88	80	81

### Number of Sub 2:XX performances

	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
<2:05	<b>3</b>	2	2	1	0	0	0	2	0	0	0	0
<2:06	<b>12</b>	10	7	1	1	0	0	3	3	0	0	1
<2:07	24	<b>25</b>	16	6	9	1	7	10	12	1	2	9
<2:08	<b>47</b>	43	36	25	21	12	14	27	18	13	10	16
<2:09	<b>90</b>	80	66	45	43	31	35	56	37	23	31	31

### World fastest marathons' Split/Lap times

	Year/Venue	5Km	10Km	15Km	20Km	Half	25Km	30Km	35Km	40Km	42.195K
Haile Gebrselassie	2008Berlin	14:35	29:13	44:03	58:50	62:05	1:13:41	1:28:27	1:43:05	<b>1:57:34</b>	<b>2:03:59</b> wr
Haile Gebrselassie	2007Berlin	14:44	29:27	44:17	59:11	62:29	1:14:06	1:28:57	1:43:40	1:58:10	2:04:26wr
Dunca n Kibet	2009Rotterdam	14:41	29:18	44:16	59:05	62:35	1:14:06	1:28:51	1:43:15	1:57:54	2:04:27
Patrick Makau	2010Rotterdam	14:48	29:16	43:57	58:40	62:08	1:13:51	1:28:54	1:43:52	1:58:38	2:04:48
Haile Gebrselassie	2008Dubai	14:17	28:39	43:20	<b>58:10</b>	<b>61:27</b>	<b>1:13:04</b>	1:28:01	1:43:12	1:58:20	2:04:53
Paul Tergat	2003Berlin	15:01	29:58	44:48	59:45	63:04	1:14:43	1:29:25	1:44:00	1:58:38	2:04:55wr
Wilson Kipsang	2010Frankfurt	15:03	30:03	44:49	59:29	62:38	1:14:13	1:29:12	1:43:59	1:58:45	2:04:57
Patrick Makau	2010 Berlin	14:48	29:22	44:11	59:18	62:37	1:14:21	1:29:02	1:43:49	1:58:45	2:05:08
Sam Wanjiru	2009London	<b>14:08</b>	<b>28:30</b>	<b>43:12</b>	58:14	61:36	1:13:35	1:28:35	1:43:18	1:58:32	2:05:10
Martin Lel	2008London	14:22	29:10	44:00	58:58	62:12	1:13:47	1:28:29	1:43:54	1:58:53	2:05:15
Tsegaye Kebede	2009 Fukuoka	15:02	29:53	44:43	59:45	63:05	1:14:58	1:29:47	1:44:24	1:59:01	2:05:18
Tsegaye Kebede	2010 London	14:40	29:42	44:51	59:54	63:07	1:14:19	1:28:46	1:43:30	1:58:41	2:05:19
Haile Gebrselassie	2009Dubai	?	29:12	43:39	58:29	61:45	1:13:17	1:28:17	1:43:28	1:58:44	2:05:29
Khalid Khnouchi	2002London	14:44	29:37	44:35	59:33	62:46	1:14:10	1:29:01	1:43:58	1:59:11	2:05:38
Eliud Kiptanui	2010 Praha	?	30:01	?	59:57	63:16	?	1:29:39	1:44:14?	1:59:01?	2:05:39
Sam Wanjiru	2009Chicago	14:34	29:11	44:00	58:51	62:01	1:13:41	1:28:46	1:43:58	1:58:56	2:05:41
Khalid Khannouchi	1999Chicago	15:09	29:55	44:45	59:32	63:05	1:14:40	1:29:40	1:44:18	1:59:19	2:05:42
Getu Feleke	2010Amsterdam	14:57	29:43	44:39	59:42	63:05	1:14:43	1:29:43	1:44:46	1:59:12	2:05:44
Vincent Kipruto	2009Paris	14:50	29:45	44:52	?	62:46	1:14:19	1:29:26	1:44:58	1:59:31	2:05:47
William Kipsang	2008Rotterdam	14:57	29:45	44:35	59:31	62:54	1:14:31	1:29:41	1:44:28	1:59:24	2:05:49
R KipronoCheruiyot	2010 Boston	14:53	30:08	44:58	60:12	63:27	1:14:58	1:29:58	1:44:42	1:59:21	2:05:52
Haile Gebrselassie	2006Berlin	14:44	29:55	44:51	59:30	62:46	1:14:19	1:29:06	1:43:37	1:58:57	2:05:56
Ronald da Costa	1998Berlin	15:21	30:38	46:03	61:17	64:42	1:15:58	1:30:34	1:45:15	1:59:55	2:06:05wr
Haile Gebrsellasie	2009Berlin	14:30	29:16	43:58	58:34	61:48	1:13:09	<b>1:27:49</b> wr	<b>1:42:37</b>	1:58:34	2:06:08

Haile Gebrselassie	2010 Dubai	14:54	29:42	44:41	59:38	62:51	1:14:20	1:29:11	1:44:17	1:59:42	2:06:09
Tsegaye Kebede	2008Fukuoka	15:08	30:15	45:25	60:39	64:02	1:15:50	1:30:41	1:44:58	1:59:45	2:06:10
Felix Limo	2004Rotterdam	15:16	29:56	44:52	59:49	63:13	1:15:13	1:29:59	1:44:21	1:59:47	2:06:14
Gilbert Kirwa	2009Frankfurt	14:57	30:02	45:12	60:17	63:35	1:15:25	1:30:09	1:44:45	1:59:42	2:06:14
Sammy Wanjiru	2010Chicago	15:03	29:33	44:31	59:19	62:37	1:14:29	1:29:37	1:44:19	1:59:53	2:06:24
Geoffrey Mutai	2009Eindhoven	15:09	30:13	?	?	63:56	1:16:09	1:31:12	1:46:32	2:00:56	2:07:01

Name	5Km	10Km	15Km	20Km	25Km	30Km	35Km	40Km	42.19	Last1/2	Last7.195
Haile Gebrselassie	14:35	14:38	14:50	14:47	14:51	14:46	14:38	14:29	6:25	61:54	20:54
Haile Gebrselassie	14:44	14:43	14:50	14:54	14:55	14:51	14:43	14:30	6:16	61:57	20:46
Duncan Kibet	14:41	14:37	14:58	14:49	15:01	14:45	14:24	14:39	6:33	61:52	21:11
Patrick Makau	14:48	14:28	14:41	14:43	15:11	15:03	14:58	14:46	6:10	62:40	20:56
Haile Gebrselassie	14:17	14:22	14:41	14:50	14:54	14:57	15:11	15:08	6:33	63:26	21:41
Paul Tergat	15:01	14:57	14:50	14:57	14:58	14:42	14:35	14:38	6:17	61:51	20:55
Wilson Kipsang	15:03	15:00	14:46	14:40	14:44	14:59	14:47	14:46	6:12	62:19	20:58
Patrick Makau	14:48	14:34	14:49	15:07	15:03	14:41	14:47	14:56	6:23	62:31	21:19
Sam Wanjiru	<b>14:08</b>	<b>14:22</b>	14:42	15:02	15:21	15:00	14:43	15:14	6:38	63:34	21:52
Martin Lel	14:22	14:48	14:50	14:58	14:49	14:42	15:25	14:59	6:22	63:03	21:21
Tsegaye Kebede	15:02	14:51	14:50	15:02	15:13	14:49	14:37	14:37	6:17	62:13	20:54
Tsegaye Kebede	14:40	15:02	15:09	15:03	14:25	14:27	14:44	15:11	6:38	62:12	21:49
Haile Gebrselassie	?	?	<b>14:27</b>	14:50	14:48	15:00	15:11	15:16	6:45	63:08	22:01
Khalid Khannouchi	14:44	14:53	14:58	14:58	14:37	14:51	14:57	15:13	6:27	62:52	21:40
Eliud Kiptanui							14:35	14:47	6:38	62:23	21:26
Sam Wanjiru	14:34	14:37	14:49	14:51	14:50	15:05	15:12	14:58	6:45	63:40	21:43
Khalid Khannouchi	15:09	14:46	14:50	14:47	15:08	15:00	14:38	15:01	6:23	62:37	21:24
Getu Feleke	14:57	14:46	14:56	15:03	15:01	15:00	15:03	14:26	6:32	62:39	20:58
Vincent Kipruto	14:50	14:55	15:07	?	?	15:07	15:32	14:33	6:16	63:01	20:49
William Kipsang	14:57	14:48	14:50	14:56	15:00	15:10	14:47	14:56	6:25	62:55	21:21
R KipronoCheruiyot	14:53	15:15	14:50	15:14	14:46	15:00	14:44	14:39	6:31	62:55	21:10
Haile Gebrselassie	14:44	15:11	14:56	14:39	14:50	14:47	14:32	15:21	6:59	63:10	22:20
Ronald da Costa	15:21	15:17	15:25	15:14	14:41	14:36	14:41	14:40	6:10	<b>61:43</b>	20:50
Haile Gebrselassie	14:30	14:46	14:42	<b>14:36</b>	<b>14:35</b>	<b>14:35</b>	14:53	15:57	7:34	64:20	23:31
Haile Gebrselassie	14:54	14:48	14:59	14:57	14:42	14:51	15:06	15:25	6:27	63:18	21:52
Tsegaye Kebede	15:08	15:07	15:10	15:14	15:11	14:51	<b>14:17</b>	14:47	6:25	62:08	21:12
Felix Limo	15:16	14:40	14:56	14:57	15:24	14:46	14:22	15:26	6:27	63:01	21:53
Gilbert Kirwa	14:57	15:05	15:10	15:05	15:08	14:44	14:36	14:57	6:32	62:39	21:29
Sammy Wanjiru	15:03	14:30	14:58	14:48	15:10	15:08	14:42	15:34	6:31	62:47	22:05
Geoffey Mutai	15:09	15:04	?	?	?	15:03	15:20	<b>14:24</b>	<b>6:05</b>	63:05	<b>20:29</b>

## Split and Lap time for Tokyo Marathon

Fastest split times are in **BOLD**

	5Km	10Km	15Km	20Km	half	25Km	30Km	35Km	40Km	42.195K
Daniel Njenga	15:05	30:18	45:49	61:21	64:50	1:17:13	1:32:04	1:47:11	2:02:43	2:09:45
Viktor Röthlin	<b>14:55</b>	<b>29:59</b>	<b>45:03</b>	<b>60:19</b>	<b>63:44</b>	<b>1:15:35</b>	<b>1:30:48</b>	<b>1:45:57</b>	<b>2:00:56</b>	<b>2:07:23</b>
Salim Kipsang	15:01	30:11	45:35	60:49	64:17	1:16:14	1:31:46	1:47:13	2:03:10	2:10:27
Masakazu Fujiwara	15:15	30:26	45:51	61:43	65:13	1:17:42	1:33:38	1:49:15	2:05:39	2:12:19

Fastest lap times are in **BOLD**

Name		5Km	10Km	15Km	20Km	25Km	30Km	35Km	40Km	42.195K
Daniel Njenga	2007	15:05	15:13	15:31	15:32	15:52	<b>14:51</b>	<b>15:07</b>	<b>15:32</b>	7:02
Viktor Röthelin	2008	<b>14:55</b>	<b>15:04</b>	<b>15:04</b>	15:16	<b>15:16</b>	15:13	15:09	14:59	<b>6:27</b>
Salim Kipsang	2009	15:01	15:10	15:24	<b>15:14</b>	15:25	15:32	15:27	15:57	7:17
Masakazu Fujiwara	2010	15:15	15:11	15:25	15:52	15:59	15:56	15:37	16:24	6:40

## Fastest Debut Marathon

### World Men

	Time	Name	Nationality	Place	Venue	Date
1	2:05:50	Evans Rutto	KEN	1	Chicago	12 Oct 2003
2	2:06:12	Wilson Chebet	KEN	2	Amsterdam	17 Oct 2010
3	2:06:14	Patrick Makau	KEN	4	Rotterdam	5 Apr 2009
4	2:06:15	Bazu Worku Hayla	ETH	2	Paris	5 Apr 2009
5	2:06:18	Gilbert Yegon Koech	KEN	1	Amsterdam	18 Oct 2009
6	2:06:39	Samuel Wanjiru	KEN	1	Fukuoka	2 Dec 2007
7	2:06:41	Elijah Keitany	KEN	2	Amsterdam	18 Oct 2009
8	2:06:42	Felix Limo	KEN	2	Amsterdam	19 Oct 2003
9	2:06:47	Wilson Onsare	KEN	3	Paris	6 Apr 2003
10	2:06:49	Tesfaye Jifar	ETH	2	Amsterdam	17 Oct 1999
11	2:06:54	Ondoro Osoro	KEN	1	Chicago	11 Oct 1998
12	2:06:57	Tesfaye Tola	ETH	4	Amsterdam	17 Oct 1999

### JPN Men

	Time	Name	Place	Venue	Date
1	2:08:12	Masakazu Fujiwara	3	Lake Biwa - Otsu	2 Mar 2003
2	2:08:53	Koichi Morishita	1	Beppu-Oita	3 Feb 1991
3	2:09:23	Tomoya Shimizu	5	Lake Biwa – Otsu	2 Mar 2003
4	2:09:38	Noriaki Igarashi	4	Fukuoka	6 Dec 1998
5	2:09:41	Toshinari Takaoka	3	Fukuoka	2 Dec 2001
6	2:09:50	Atsushi Sato	4	Lake Biwa – Otsu	5 Mar 2000

## National records

### World Men

	Time	Nation	Name	Place	Venue	Date
1	2:03:59	ETH	Haile Gebrselasie	1	Berlin	28 Sept 2008
2	2:04:27	KEN	Duncan Kibet	1	Rotterdam	5 Apr 2009
3	2:05:27	MAR	Jaouad Gharib	3	London	26 Apr 2009
4	2:05:38	USA	Khalid Khannouchi	1	London	14 Apr 2002
5	2:06:05	BRA	Ronaldo da Costa	1	Berlin	20 Sept 1998
6	2:06:16	JPN	Toshinari Takaoka	3	Chicago	13 Oct 2002
7	2:06:33	RSA	Gert Thys	1	Tokyo	14 Feb 1999
8	2:06:36	POR	Antonio Pinto	1	London	16 Apr 2000
9	2:06:36	FRA	Benoit Zwierchiewski	2	Paris	6 Apr 2003
10	2:06:52	ESP	Julio Rey	1	Hamburg	23 Apr 2006
11	2:07:07	DJI	Ahmed Salah	2	Rotterdam	17 Apr 1988
12	2:07:13	GBR	Steve Jones	1	Chicago	20 Oct 1985
13	2:07:15	UKR	Dmytro Baranovsky	2	Fukuoka	3 Dec 2006

14	2:07:19	MEX	Andreas Espinosa	2	Boston	18 Apr 1994
15	2:07:19	QAT	Mubarak Hassan Shami	1	Paris	15 Apr 2007
16	2:07:20	BEL	Vincent Rousseau	2	Berlin	24 Sept 1995
17	2:07:20	KOR	Lee Bong-Ju	2	Tokyo	13 Feb 2000
18	2:07:22	ITA	Stefano Baldini	5	London	23 Apr 2006
19	2:07:23	SUI	Viktor Rothlin	1	Tokyo	18 Feb 2008
20	2:07:34	ERI	Yonas Kifle	5	Amsterdam	21 Oct 2007

### Fastest Marathon by Age

Age	Time	Name	Nat	DOB	place	Race	Date
18	2:06:15	Bazu Worku Hayla	ETH	15 Sept 1990	2	Paris	5 Apr 2009
20	2:05:23	Feyisa Lelisa	ETH	1 Feb 1990	4	Rotterdam	11 Apr 2010
21	2:05:24	Samuel Wanjiru	KEN	10 Nov 1986	2	London	13 Apr 2008
22	2:05:10	Samuel Wanjiru	KEN	10 Nov 1986	1	London	26 Apr 2009
23	2:05:19	Tsegaye Kebede	ETH	15 Jan 1987	1	London	25 Apr 2010
24	2:06:14	Patrick Makau	KEN	2 Mar 1985	4	Rotterdam	5 Apr 2009
25	2:04:48	Patrick Makau	KEN	2 Mar 1985	1	Rotterdam	11 Apr 2010
26	2:04:27	James Kwambai	KEN	28 Feb 1983	1	Rotterdam	5 Apr 2009
27	2:05:42	Khalid Khannouchi	MAR	22 Dec 1971	1	Chicago	24 Oct 1999
28	2:04:55	Geoffrey Mutai	KEN	7 Oct 1981	2	Rotterdam	11 Apr 2010
29	2:05:15	Martin Lel	KEN	29 Oct 1978	1	London	13 Apr 2008
30	2:04:27	Duncan Kibet	KEN	25 Apr 1978	2	Rotterdam	5 Apr 2009
31	2:04:56	Sammy Korir	KEN	12 Dec 1971	2	Berlin	28 Sept 2003
32	2:05:48	Paul Tergat	KEN	17 June 1969	2	London	14 Apr 2002
33	2:05:56	Haile Gebrselassie	ETH	18 Apr 1973	1	Berlin	24 Sept 2006
34	2:04:26	Haile Gebrselassie	ETH	18 Apr 1973	1	Berlin	30 Sept 2007
35	2:03:59	Haile Gebrselassie	ETH	18 Apr 1973	1	Berlin	28 Sept 2008
36	2:05:27	Jaouad Gharib	MAR	22 May 1972	3	London	26 Apr 2009
37	2:06:55	Jaouad Gharib	MAR	22 May 1972	3	London	25 Apr 2010
38	2:07:12	Carlos Lopes	POR	18 Feb 1947	1	Rotterdam	20 Apr 1985

### Fastest Marathon for the month

Month	Time	Name	Nat	Race	Date
January	2:04:53	Haile Gebrselassie	ETH	Dubai	18 Jan 2008
February	2:06:33	Gert Thys	RSA	Tokyo	14 Feb 1999
March	2:06:49	Sylvester Teimet	KEN	Seoul	21 Mar 2010
April	2:04:27	Duncan Kibet	KEN	Rotterdam	5 Apr 2009
May	2:05:39	Eliud Kiptanui	KEN	Praha	9 May 2010
June	2:08:55	Patrick Tambwe	CDO	Mont St Michel	20 June 2004
July	2:09:14	Jorg Peter	GDR	Berlin-Grunau	21 July 1984
August	2:06:32	Samuel Wanjiru	KEN	OG – Beijing	24 Aug 2008
September	2:03:59	Haile Gebrselassie	ETH	Berlin	28 Sept 2008
October	2:04:57	Wilson Kiprotich Kipsang	KEN	Frankfurt	31 Oct 2010
November	2:07:43	Tesfaye Jifar	ETH	New York	4 Nov 2001
December	2:05:18	Tsegaye Kebede	ETH	Fukuoka	6 Dec 2009

## Elite Runners

### Yemane Adhane Tsegay (ETH)

DOB: 8 April 1985

#### Personal Bests:

Half marathon: 1:01:37 (2010); Marathon: 2:06:30 (2009);

#### International Championships Highlights:

Marathon: 4<sup>th</sup> in 2009 World Championships in Berlin

#### Progressions (since 2008):

Year	5000m	10000m	Half Marathon	Marathon
2010			1:01:50	2:07:11
2009			1:02:47	2:06:30
2008			1:02:02	2:13:29

#### Marathon Career

	Time	Race	Place	Date
	2:07:52	Berlin	4 <sup>th</sup>	26 Sept 2010
	2:07:11	Praha	2 <sup>nd</sup>	9 May 2010
	2:09:34	Otsu (Lake Biwa)	1 <sup>st</sup>	7 Mar 2010
	2:08:52	Gongju	1 <sup>st</sup>	18 Oct 2009
	2:08:42	WC – Berlin	4 <sup>th</sup>	22 Aug 2009
Personal Best	<b>2:06:30</b>	Paris	4 <sup>th</sup>	5 Apr 2009
	2:10:48	Marrakech	2 <sup>nd</sup>	25 Jan 2009
	2:15:06	Makau	1 <sup>st</sup>	7 Dec 2008
	2:13:29	Casablanca	3 <sup>rd</sup>	26 Oct 2008

#### 2010 Results

Date	Race	Distance	Place	Time
26 Sept	Berlin Marathon	Marathon	4 <sup>th</sup>	2:07:52
9 May	Praha Marathon	Marathon	2 <sup>nd</sup>	2:07:11
27 Mar	Prague Half Marathon – Praha	Half marathon	3 <sup>rd</sup>	1:01:37
7 Mar	Lake Biwa Marathon – Otsu	Marathon	1 <sup>st</sup>	2:09:34
7 Jan	Zayed International Half-Marathon – Abu Dhabi	Half Marathon	13 <sup>th</sup>	1:01:50

#### 2009 Results

Date	Race	Distance	Place	Time
18 Oct	Dong-A Gyeongju Marathon	Marathon	1 <sup>st</sup>	2:08:52
11 Oct	World Half Marathon Championships - Birmingham	Half marathon	47 <sup>th</sup>	1:04:23
22 Aug	World Championships – Berlin	Marathon	4 <sup>th</sup>	2:08:42
5 Apr	Paris Marathon	Marathon	4 <sup>th</sup>	2:06:30
25 Jan	Marrakech Marathon	Marathon	2 <sup>nd</sup>	2:10:48

#### 2008 Results

Date	Race	Distance	Place	Time
7 Dec	Macau International Marathon	Marathon	1 <sup>st</sup>	2:15:06
26 Oct	Casablanca Marathon	Marathon	3 <sup>rd</sup>	2:13:29

### Average of top three performances since 2008

	Time	Race	Place	Date
1	2:06:30	Paris	4 <sup>th</sup>	5 Apr 2009
2	2:07:11	Praha	2 <sup>nd</sup>	9 May 2010
3	2:07:52	Berlin	4 <sup>th</sup>	26 Sept 2010
Average	<b>2:07:11</b>			

### Average of top five performances

	Time	Race	Place	Date
1	2:06:30	Paris	4 <sup>th</sup>	5 Apr 2009
2	2:07:11	Praha	2 <sup>nd</sup>	9 May 2010
3	2:07:52	Berlin	4 <sup>th</sup>	26 Sept 2010
4	2:08:42	World Champ – Berlin	4 <sup>th</sup>	22 Aug 2009
5	2:08:52	Gyeongju	1 <sup>st</sup>	18 Oct 2009
Average	<b>2:07:49</b>			

### Hailu Mekonnen (ETH)

DOB: 4 Apr 1980; Arsi; Height: 172cm, Weight: 61Kg

**Personal Bests:** 1500m: 3:33.14 (2000); 3000m: 7:30.53 (2001); 5000m: 12:58.57 (2001);  
Half marathon: 1:01:29 (2009); Marathon: 2:07:37 (2010)

### International Championships Highlights:

1500m: 7<sup>th</sup> in 2001 World Indoor Championships  
5000m: 8<sup>th</sup> in 2001 World Championships; 7<sup>th</sup> in 1999 World Championships  
World Cross Country Championships: Short: 3<sup>rd</sup> in 2002, 10<sup>th</sup> in 2001, 6<sup>th</sup> in 2000, 3<sup>rd</sup> in 1999  
Junior: 1<sup>st</sup> in 1999 and 3<sup>rd</sup> in 1998

### Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2010			1:01:53	2:07:37
2009			1:01:29	
2008	13:34.82	28:31.93		
2007			1:02:44	

### Marathon career

	Time	Race	Place	Date
Personal Best	<b>2:07:37</b>	Amsterdam	5 <sup>th</sup>	17 Oct 2010
	2:09:01	Paris	8 <sup>th</sup>	11 Apr 2010
	2:12:36	Barcelona	9 <sup>th</sup>	7 Mar 2010

### 2010 Results

Date	Race	Distance	Place	Time
17 Oct	Amsterdam Marathon	Marathon	5 <sup>th</sup>	2:07:37
5 Sept	Great Scottish Run – Glasgow	Half marathon	1 <sup>st</sup>	1:01:53
11 Apr	Paris Marathon	Marathon	8 <sup>th</sup>	2:09:01
7 Mar	Barcelona Marathon	Marathon	9 <sup>th</sup>	2:12:36

### 2009 Results

Date	Race	Distance	Place	Time
11 Oct	World Half Marathon Champ - Birmingham	Half marathon	DNF	DNF
6 Sept	Great Scottish Run – Glasgow	Half marathon	2 <sup>nd</sup>	1:01:29
12 Jan	Asahi Ekiden	Stage 4 - 14.8Km	1 <sup>st</sup>	41:03

### 2008 Results

Date	Race	Distance	Place	Time
7 Dec	Kosa 10 Miler	10 Miles	2 <sup>nd</sup>	45:59
26 Oct	Nittai University Distance – Yokohama	5000m	1r24	13:40.40
27 Sept	JPN Corporate team T&F Champ - Tendo	5000m	3 <sup>rd</sup>	13:47.16
27 Sept	JPN Corporate team T&F Champ - Tendo	5000m	4h3	14:12.12
7 Aug	Towada Hachimantai Ekiden	16.3Km	1 <sup>st</sup>	44:26
21 June	Nittai University Distance – Yokohama	10000m	1r3	28:31.93
31 May	Golden Games – Nobeoka	5000m	8rD	13:34.82
29 Apr	Oda – Hiroshima	5000m	3rA	13:37.06

## Paul Biwott (KEN)

DOB: 18 Apr 1978

### Personal Bests:

5000m: 13:27.65 (2000); 10000m: 27:35.01 (2002);

Half marathon: 1:02:08 (2001); Marathon: 2:07:02 (2009)

### International Championships Highlights:

Marathon: 7<sup>th</sup> in 2005 World Championships

### Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2010				2:07:40
2009			1:05:55	2:07:02
2008			1:02:43	2:08:53
2007			1:03:02	2:09:56
2006			1:02:12	2:12:48
2005			1:03:02	2:08:17

### Marathon career

	Time	Race	Place	Date
	2:07:40	Eindhoven	3 <sup>rd</sup>	10 Oct 2010
	2:21:58	Wien	19 <sup>th</sup>	18 Apr 2010
Personal Best	<b>2:07:02</b>	Amsterdam	3 <sup>rd</sup>	18 Oct 2009
	2:11:03	Seoul	6 <sup>th</sup>	15 Mar 2009
	2:09:29	Seoul	3 <sup>rd</sup>	2 Nov 2008
	2:08:53	Wien	3 <sup>rd</sup>	27 Apr 2008
	2:09:56	Eindhoven	2 <sup>nd</sup>	14 Oct 2007
	2:12:48	Fukuoka	12 <sup>th</sup>	3 Dec 2006
	2:22:01	Paris	28 <sup>th</sup>	9 Apr 2006
	DNF	Fukuoka	DNF	4 Dec 2005
	2:12:39	WC – Helsinki	7 <sup>th</sup>	13 Aug 2005
	2:08:17	Paris	2 <sup>nd</sup>	10 Apr 2005
	2:15:26	Seoul	11 <sup>th</sup>	7 Nov 2004
	2:10:30	Paris	3 <sup>rd</sup>	4 Apr 2004

### 2010 Results

Date	Race	Distance	Place	Time
10 Oct	Eindhoven	Marathon	3 <sup>rd</sup>	2:07:40
18 Apr	Wien Marathon	Marathon	19 <sup>th</sup>	2:21:58

### 2009 Results

Date	Race	Distance	Place	Time
18 Oct	Amsterdam Marathon	Marathon	3 <sup>rd</sup>	2:07:02

15 Mar	Seoul Marathon	Marathon	6 <sup>th</sup>	2:11:03
9 Feb	Groet Uit School Run – Schoorl	Half marathon	1 <sup>st</sup>	1:05:55

### 2008 Results

Date	Race	Distance	Place	Time
2 Nov	Joon Ang Seoul Marathon	Marathon	3 <sup>rd</sup>	2:09:29
28 Sept	Meia- Marathon de Portugal - Lisboa	Half marathon	9 <sup>th</sup>	1:02:43
27 Apr	Wien Marathon	Marathon	3 <sup>rd</sup>	2:08:53
29 Mar	Praha Half Marathon	Half marathon	4 <sup>th</sup>	1:02:58

### Salim Kipsang (KEN)

DOB: 22 Dec 1979; Height: 172cm; Weight: 52Kg;

#### Personal Bests:

5000m: 13:29.06 (2002); 10000m: 27:32.97 (2000);  
Half marathon: 1:01:02 (2003); Marathon: 2:07:29 (2007)

#### International Championships Highlights:

10000m: 2<sup>nd</sup> at 1998 World Junior Championships; DNF at 2003 World Championships;

#### Progressions (since 2005):

Year	5000m	10000m	Half Marathon	Marathon
2010				2:13:16
2009			1:01:20	2:10:27
2008			1:02:21	
2007		28:40.5		2:07:29
2006			1:05:08	2:09:26
2005			1:02:52	2:08:04

#### Marathon Career

	Time	Race	Place	Date
	2:13:16	Tokyo	9 <sup>th</sup>	28 Feb 2010
	DNF	Eindhoven	DNF	11 Oct 2009
	2:10:27	Tokyo	1 <sup>st</sup>	22 Mar 2009
Personal Best	<b>2:07:29</b>	Berlin	3 <sup>rd</sup>	30 Sept 2007
	2:09:26	Rotterdam	6 <sup>th</sup>	9 Apr 2006
	2:08:04	Paris	1 <sup>st</sup>	10 Apr 2005
	2:12:44	Amsterdam	7 <sup>th</sup>	17 Oct 2004
	2:14:55	Rotterdam	17 <sup>th</sup>	4 Apr 2004

#### 2010 Results

Date	Race	Distance	Place	Time
28 Feb	Tokyo Marathon	Marathon	9 <sup>th</sup>	2:13:16

#### 2009 Results

Date	Race	Distance	Place	Time
11 Oct	Eindhoven Marathon	Marathon	DNF	DNF
5 Sept	Semi-Marathon de Lille Metropole	Half marathon	6 <sup>th</sup>	1:01:20
22 Mar	Tokyo Marathon	Marathon	1 <sup>st</sup>	2:10:27
1 Feb	Discovery Kenya – Eldoret	Half marathon	19 <sup>th</sup>	1:03:59

#### 2008 Results

Date	Race	Distance	Place	Time
6 Sept	Lille Half marathon	Half marathon	8 <sup>th</sup>	1:02:21

### Felix Limo (KEN)

DOB: 22 Aug 1980; Height: 174cm; Weight: 58Kg

#### Personal Bests:

5000m: 13:16.42 (2001); 10000m: 27:04.54 (2000); 15Km road: 41:29 World Record (2001)

Half marathon: 1:02:05 (2002); Marathon: 2:06:14 (2004)

#### International Championships Highlights:

#### Progressions

Year	5000m	10000m	Half Marathon	Marathon
2010			1:02:20	2:11:34
2009			1:05:33	2:09:47
2008			1:03:11	2:10:34
2007			1:03:25	2:07:47
2006			1:01:12	2:06:39
2005				2:07:02
2004			1:03:09	2:06:14
2003				2:06:42

#### Marathon career

	Time	Race	Place	Date
	2:11:34	Wien	7 <sup>th</sup>	18 Apr 2010
	2:13:13	Seoul	7 <sup>th</sup>	1 Nov 2009
	2:09:47	London	10 <sup>th</sup>	26 Apr 2009
	2:10:59	Fukuoka	5 <sup>th</sup>	7 Dec 2008
	2:10:34	London	8 <sup>th</sup>	13 Apr 2008
	DNF	Chicago	DNF	7 Oct 2007
	2:07:47	London	3 <sup>rd</sup>	22 Apr 2007
	2:06:39	London	1 <sup>st</sup>	23 Apr 2006
	2:07:02	Chicago	1 <sup>st</sup>	9 Oct 2005
	2:09:01	Rotterdam	3 <sup>rd</sup>	10 Apr 2005
	2:06:44	Berlin	1 <sup>st</sup>	26 Sept 2004
Personal Best	<b>2:06:14</b>	Rotterdam	1 <sup>st</sup>	4 Apr 2004
	2:06:42	Amsterdam	2 <sup>nd</sup>	19 Oct 2003

#### 2010 Results

Date	Race	Distance	Place	Time
15 Nov	Seven Hills Run – Nijmegen	15Km	19 <sup>th</sup>	46:44
11 Oct	Tout Rennes Court	10Km	16 <sup>th</sup>	30:07
26 Sept	Remich to Wormeldange to Remich	Half marathon	7 <sup>th</sup>	1:02:20
31 July	Vattenfall City-Nacht - Berlin	10Km	2 <sup>nd</sup>	29:21
18 Apr	Wien Marathon	Marathon	7 <sup>th</sup>	2:11:34

#### 2009 Results

Date	Race	Distance	Place	Time
1 Nov	Seoul International Marathon	Marathon	7 <sup>th</sup>	2:13:13
12 Aug	Falmouth Road Race	7 Mile	17 <sup>th</sup>	33:58
1 Aug	Beach to Beacon – Cape Elizabeth	12 <sup>th</sup>	12 <sup>th</sup>	29:42.2
26 Apr	London Marathon	Marathon	10 <sup>th</sup>	2:09:47
22 Mar	Meia-Maratona Internacional de Lisboa	Half Marathon	15 <sup>th</sup>	1:05:33

## 2008 Results

Date	Race	Distance	Place	Time
7 Dec	Fukuoka Marathon	Marathon	5 <sup>th</sup>	2:10:59
5 Oct	BUPA Great North Run	Half marathon	7 <sup>th</sup>	1:03:11
28 Sept	Memorial Peppe Greco	10Km	8 <sup>th</sup>	29:53
28 July	NYC Half marathon	Half marathon	15 <sup>th</sup>	1:05:22
13 July	Utica Boilermaker	15Km	7 <sup>th</sup>	44:59
13 Apr	London	Marathon	8 <sup>th</sup>	2:10:34

## Average of top five performances

	Time	Race	Place	Date
1	2:06:14	Rotterdam	1	4 Apr 2004
2	2:06:39	London	1	23 Apr 2006
3	2:06:42	Amsterdam	2	19 Oct 2003
4	2:06:44	Berlin	1	26 Sept 2004
5	2:07:02	Chicago	1	9 Oct 2005
Average	<b>2:06:40</b>			

## Abraham Tadesse (ERI)

DOB: 12 Aug 1986;

### Personal Bests:

Half marathon: 1:01:25 (2009); Marathon: 2:09:24 (2010)

### International Championships Highlights:

World Cross Country Championships: Junior race: 16<sup>th</sup> in 2003 and 58<sup>th</sup> in 2004

### Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2010			1:03:50	2:09:24
2009			1:01:25	2:10:09
2008			1:05:00	
2007			1:03:34	
2006			1:04:37	
2005			1:04:52	

### Marathon Career

	Time	Race	Place	Date
Personal Best	<b>2:09:24</b>	Berlin	7 <sup>th</sup>	26 Sept 2010
	2:10:46	Lake Biwa – Otsu	3 <sup>rd</sup>	7 Mar 2010
	2:11:11	Gyeongju	2 <sup>nd</sup>	18 Oct 2009
	2:10:09	Zürich	1 <sup>st</sup>	26 Apr 2009

## 2010 Results

Date	Race	Distance	Place	Time
14 Dec	Silvesterlauf Zürich	8.8Km	2 <sup>nd</sup>	25:35.2
4 Dec	Course de l'Escalade	7.25Km	4 <sup>th</sup>	20:05.5
22 Nov	Basler Stadtlauf	10Km	2 <sup>nd</sup>	29:24.9
20 Nov	La Corrida Bulloise	8Km	4 <sup>th</sup>	23:46.2

16 Oct	Hallwilerseelauf	Half marathon	3 <sup>rd</sup>	1:04:50
26 Sept	Berlin Marathon	Marathon	7 <sup>th</sup>	2:09:24
1 Aug	Media Maraton Bogota	Half marathon	8 <sup>th</sup>	1:05:52
4 July	Peachtree road race - Atlanta	10Km	37 <sup>th</sup>	29:47
25 Apr	Yangzhou Jianzhen half marathon	Half marathon	5 <sup>th</sup>	1:03:50
27 Mar	Prague Half marathon - Praha	Half marathon	9 <sup>th</sup>	1:05:55
7 Mar	Lake Biwa Marathon – Otsu	Marathon	3 <sup>rd</sup>	2:10:46

### 2009 Results

Date	Race	Distance	Place	Time
13 Dec	Silversterlauf Zurich	8.8Km	1 <sup>st</sup>	25:45.3
28 Nov	Basler Stadlauf – Basel	10Km	2 <sup>nd</sup>	28:45.8
21 Nov	La Corrida Bulloise – Bulle	8Km	3 <sup>rd</sup>	23:26.1
18 Oct	Dong –A Gyeongju Marathon	Marathon	2 <sup>nd</sup>	2:11:11
19 Sept	Greifenseelauf Half – Zurich-Uster	Half marathon	5 <sup>th</sup>	1:07:28
2 Aug	Bogota	Half marathon	4 <sup>th</sup>	1:05:28
26 Apr	Zürich Marathon	Marathon	1 <sup>st</sup>	2:10:09
5 Apr	Berlin	Half marathon	11 <sup>th</sup>	1:01:25

### 2008 Results

Date	Race	Distance	Place	Time
31 Dec	Gippingen Stauseelauf	7.5Km	2 <sup>nd</sup>	23:45.5
13 Dec	Course de Noel – Sion	7.35Km	5 <sup>th</sup>	20:32.0
6 Dec	Course de l'Escalade	7.25Km	3 <sup>rd</sup>	20:49.8
29 Nov	Basler Stadlauf – Basel	10Km	3 <sup>rd</sup>	28:59.7
16 Nov	La Corrida Bulloise	8Km	1 <sup>st</sup>	23:09.1
5 Oct	Morat-Fribourg	17.5Km	4 <sup>th</sup>	54:11.3
20 Sept	Greifenseelauf half marathon -Zurich-Uster	Half marathon	2 <sup>nd</sup>	1:05:00
10 May	GranPrix von Bern	10 Mile	9 <sup>th</sup>	51:34

### Cyrus Gichobi Njui (KEN)

DOB: 11 Feb 1986 Height: 171cm, Weight: 52Kg

Team: Hitachi Cable (formerly Nissan Motors); College: Ryutsu Keizai University

**Personal Bests:** 5000m: 13:22.76 (2008); 10000m: 27:56.63 (2007)

Half marathon: 1:01:03 (2009); Marathon: 2:11:22 (2010)

### International Championships Highlights:

#### Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2010	14:10.36		1:01:20	2:11:22
2009	13:58.87	28:07.42	1:01:03	
2008	13:22.76	27:58.88		
2007	13:29.41	27:56.63	1:02:19	

### Marathon career

	Time	Race	Place	Date
Personal Best	<b>2:11:22</b>	Hokkaido – Sapporo	1 <sup>st</sup>	29 Aug 2010

## 2010 Results

Date	Race	Distance	Place	Time
29 Aug	Hokkaido Marathon – Sapporo	Marathon	1 <sup>st</sup>	2:11:22
4 July	Sapporo Half Marathon	Half marathon	1 <sup>st</sup>	1:01:20
9 May	Sendai Half Marathon	Half marathon	3 <sup>rd</sup>	1:01:46
10 Apr	Konosu	5000m	1r5	14:10.36
21 Mar	JPN Corporate team Half Marathon – Yamaguchi	Half marathon	4 <sup>th</sup>	1:01:56
14 Feb	Karatsu	10 miles	2 <sup>nd</sup>	47:02

## 2009 Results

Date	Race	Distance	Place	Time
3 Nov	East JPN Corporate team Ekiden - Saitama	Stage 3 – 9.5Km	8 <sup>th</sup>	29:01
25 Sept	JPN Corporate team T&F Champ - Okayama	10000m	7r3	28:07.42
5 July	Sapporo half marathon	Half marathon	3 <sup>rd</sup>	1:01:03
17 May	East JPN Corporate team T&F Champ - Tendo	5000m	9r2	13:58.87
16 May	East JPN Corporate team T&F Champ – Tendo	10000m	3r2	28:40.99
25 Apr	Hyogo Relays – Kobe	10000m	2r4	28:33.66
11 Apr	Konosu	5000m	2r5	14:10.94
22 Mar	Tokyo Marathon	Marathon	DNF (pace)	DNF
22 Feb	Kumanichi 30Km – Kumamoto	30Km	7 <sup>th</sup>	1:31:15
8 Feb	Karatsu	10 Miles	2 <sup>nd</sup>	47:10
1 Jan	New Year Ekiden	Stage 2 – 8.3Km	12 <sup>th</sup>	23:13

## 2008 Results

Date	Race	Distance	Place	Time
11 June	Hokuren Distance Challenge - Fukagawa	10000m	2rA	27:58.88
8 June	Hokuren Distance Challenge – Shibetsu	3000m	3rA	7:59.27
31 May	Golden Games – Nobeoka	5000m	4rD	13:22.76
18 May	East JPN Corporate team T&F Champ - Kumagaya	5000m	2 <sup>nd</sup>	13:33.27
17 May	East JPN Corporate team T&F Champ - Kumagaya	10000m	4 <sup>th</sup>	28:27.02
26 Apr	Hyogo Relays – Kobe	10000m	3r2	28:15.95
5 Apr	Kanaguri – Kumamoto	5000m	5r4	13:38.84
1 Jan	New Year Ekiden	Stage 3- 11.8Km	8 <sup>th</sup>	31:41

## Arata Fujiwara (JPN)

DOB: 12 Sept 1981; Nagasaki Prefecture; Height: 167cm; Weight: 54Kg;

### Personal Bests:

5000m: 13:41.35 (2006); 10000m: 28:41.05 (2009);

Half marathon: 1:02:17 (2006); Marathon: 2:08:40 (2008)

### International Championships Highlights:

Marathon: 61<sup>st</sup> in 2009 World Championships

### Progressions (since 2006):

Year	5000m	10000m	Half Marathon	Marathon
2010	14:10.80			2:09:34
2009		28:41.05	1:07:00	2:31:06
2008			1:03:44 (en route to marathon)	2:08:40
2007	13:49.70	28:52.84	1:02:29	2:38:37
2006	13:41.35	28:56.70	1:02:17	

### Marathon career

	Time	Race	Place	Date
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	DNF	New York	DNF	7 Nov 2010
	2:09:34	Ottawa	1 <sup>st</sup>	30 May 2010
	2:12:34	Tokyo	2 <sup>nd</sup>	28 Feb 2010
	2:31:06	WC – Berlin	61 <sup>st</sup>	22 Aug 2009
	2:09:47	Fukuoka	3 <sup>rd</sup>	7 Dec 2008
	2:23:10	Chicago	14 <sup>th</sup>	12 Oct 2008
Personal Best	<b>2:08:40</b>	Tokyo	2 <sup>nd</sup>	17 Feb 2008
	2:38:37	Otsu (Lake Biwa)	85 <sup>th</sup>	4 Mar 2007

### 2010 Results

Date	Race	Distance	Place	Time
7 Nov	New York Marathon	Marathon	DNF	DNF
24 Oct	Nittai University Distance meet	5000m	8r33	14:10.80
30 May	Ottawa Marathon	Marathon	1 <sup>st</sup>	2:09:34
28 Feb	Tokyo Marathon	Marathon	2 <sup>nd</sup>	2:12:34
1 Jan	New Year Ekiden	Section 4 –	5 <sup>th</sup>	63:36

### 2009 Results

Date	Race	Distance	Place	Time
25 Nov	Hachioji Distance	10000m	8 <sup>th</sup> race 1	29:45.45
22 Aug	World Championships – Berlin	Marathon	61 <sup>st</sup>	2:31:06
5 July	Sapporo Half Marathon	Half marathon	98 <sup>th</sup>	1:07:00
10 June	Hokuren Distance Challenge – Fukagawa	10000m	1 <sup>st</sup> race B	28:41.05
1 Feb	Marugame Half Marathon	Half marathon	112 <sup>th</sup>	1:08:15
1 Jan	New Year Ekiden	Section 4 –	11 <sup>th</sup>	1:04:23

### 2008 Results

Date	Race	Distance	Place	Time
7 Dec	Fukuoka Marathon	Marathon	3 <sup>rd</sup>	2:09:47
3 Nov	East JPN Corporate team Ekiden Champ	Section 3 - 9.5Km	11 <sup>th</sup>	27:29
12 Oct	Chicago marathon	Marathon	14 <sup>th</sup>	2:23:10
11 May	Sendai half marathon	Half marathon	75 <sup>th</sup>	1:10:21
17 Feb	Tokyo marathon	Marathon	2 <sup>nd</sup>	2:08:40
1 Jan	New Year Ekiden	Section 2 -22Km	8 <sup>th</sup>	1:04:01

### Keita Akiba (JPN)

DOB: 27 Nov 1979

Team: Komori Corporation; College: Kanto Gakuin University

### Personal Bests:

5000m:13:45.30 (2008);10000m:28:19.94 (2006);Half marathon: 1:02:35 (2005); Marathon: 2:10:53 (2009)

### International Championships Highlights:

### Progressions (since 2006):

Year	5000m	10000m	Half Marathon	Marathon
2010		28:34.42	1:02:53	
2009				2:10:53
2008	13:45.30	28:27.68		
2007	13:54.53	28:42.38		

2006	14:13.80	28:19.94		
2005	13:57.66	28:23.74	1:02:35	

### Marathon Career

	Time	Race	Place	Date
Personal Best	<b>2:10:53</b>	Beppu-Oita	3 <sup>rd</sup>	1 Feb 2009

### 2011 Results

Date	Race	Distance	Place	Time
1 Jan	New Year Ekiden	Stage 5 – 15.8Km	1 <sup>st</sup>	46:41

### 2010 Results

Date	Race	Distance	Place	Time
5 Sept	Rock n Roll half marathon	Half marathon	7 <sup>th</sup>	1:05:16
25 Apr	Hyogo Relays Asics Challenge – Kobe	10000m	2 <sup>nd</sup>	28:34.42
21 Mar	JPN Corpore team Half marathon – Yamaguchi	Half marathon	12 <sup>th</sup>	1:02:52
14 Feb	Kanagawa Ekiden	Stage 6 – 10.7Km	1 <sup>st</sup>	32:30
1 Jan	New Year Ekiden	Stage 5 – 15.9Km	5 <sup>th</sup>	47:36

### 2009 Results

Date	Race	Distance	Place	Time
7 Aug	Towada Hachiman Ekiden	Stage 4	1 <sup>st</sup>	49:40
1 Feb	Beppu-Oita Marathon	Marathon	3 <sup>rd</sup>	2:10:53
1 Jan	New year Ekiden	Stage 4 – 22.3Km	1 <sup>st</sup>	1:03:04

### 2008 Results

Date	Race	Distance	Place	Time
3 Nov	East JPN Corporate team Ekiden	Stage 1 – 15.1Km	3 <sup>rd</sup>	43:48
26 Sept	JPN Corporate team T&F Champ	10000m	1 <sup>st</sup> race B	28:27.68
7 Aug	Towada Hachiman Ekiden	Stage 4	2 <sup>nd</sup>	49:27
28 June	JPN National Championships – Kawasaki	5000m	7 <sup>th</sup>	13:55.31
11 June	Hokuren distance meet – Fukagawa	10000m	9 <sup>th</sup>	28:36.20
4 June	Hokuren distance meet – Sapporo	5000m	3 <sup>rd</sup>	13:45.30
17 May	East JPN Corporate T&F Champ	10000m	6 <sup>th</sup>	28:57.84
26 Apr	Hyogo Relays – Kobe	10000m	7 <sup>th</sup>	28:39.60
1 Jan	New Year Ekiden	Stage 6 – 11.6Km	2 <sup>nd</sup>	34:18

### Oda, Yoshinori (JPN)

DOB: 5 Dec 1980; Kumamoto Prefecture; Height: 163cm; Weight: 49Kg;  
Team: Toyota Motor (since 2003); College: Kanto Gakuin University

#### Personal Bests:

5000m: 13:42.67 (2007); 10000m: 27:53.55 (2010); Half marathon: 1:01:41 (2009);

#### International Championships Highlights:

World Half marathon Championships: 28<sup>th</sup> in 2009

#### Progressions

Year	5000m	10000m	Half Marathon	Marathon
2010	13:58.63	27:53.55		
2009	13:46.47	28:08.13	1:01:41	
2008	13:59.31	28:20.40		
2007	13:42.67	28:27.35	1:02:19	

2006	13:44.98	28:15.80		
2005	13:44.52	28:24.00		
2004	13:49.95	28:03.92	1:01:58	

## Making Marathon Debut

### 2011 Results

Date	Race	Distance	Place	Time
1 Jan	New Year Ekiden	Stage 4 – 22.0Km	7 <sup>th</sup>	64:26

### 2010 Results

Date	Race	Distance	Place	Time
26 Nov	Hachioji Long Distance	10000m	3rA	28:19.73
14 Nov	Chubu Corporate team Ekiden	Stage 3 – 15.4Km	1 <sup>st</sup>	45:17
16 Oct	Shizuoka Distance – Fukuroi	10000m	5r2	27:53.55
24 Sept	JPN Corporate team T&F Champ – Niigata	10000m	10 <sup>th</sup>	28:16.73
20 June	Hokuren Distance Challenge – Shibetsu	10000m	2 <sup>nd</sup>	28:20.09
4 June	JPN National Championships - Marugame	10000m	10 <sup>th</sup>	29:07.58
29 May	Chukyo University Distance – Toyota	5000m	7 <sup>th</sup>	13:58.63
1 Jan	New Year Ekiden	Stage 4 – 22.3Km	9 <sup>th</sup>	1:03:52

### 2009 Results

Date	Race	Distance	Place	Time
25 Nov	Hachioji Distance Meet	10000m	2r1	28:55.39
8 Nov	Chubu district Corporate Men Ekiden - Gero	Section 4 – 13.9Km	1 <sup>st</sup>	41:05
11 Oct	World Half Marathon Champ – Birmingham	Half marathon	28 <sup>th</sup>	1:03:09
26 Sept	Nittai University – Yokohama	5000m	4r38	13:54.11
15 July	Hokuren Distance Challenge - Kitami	5000m	2 <sup>nd</sup>	13:46.47
28 June	JPN National Championships – Hiroshima	10000m	3 <sup>rd</sup>	28:40.30
31 May	Niigata	10000m	3 <sup>rd</sup>	28:08.13
16 May	Chubu district Corporate team T&F Champ – Gifu	1500m	4 <sup>th</sup>	3:52.15
2 May	Cardinal Invitational – Palo Alto	10000m	8 <sup>th</sup>	28:39.15
18 Apr	Tokai University – Hiratsuka	5000m	6r12	13:54.96
15 Mar	JPN Corporate team Half Marathon – Yamaguchi	Half marathon	4 <sup>th</sup>	1:01:41
22 Feb	Kumanichi 30Km	30Km	2 <sup>nd</sup>	1:30:07
1 Feb	Meigi Ekiden	Section 1 – 12.4Km	2 <sup>nd</sup>	36:00
1 Jan	New Year Ekiden	Section 3 – 13.7Km	3 <sup>rd</sup>	38:50

### 2008 Results

Date	Race	Distance	Place	Time
29 Nov	Tokyo	10000m	8rA	29:26.24
9 Nov	Chubu district Corporate team Men's Ekiden – Gero	Section 6 – 11.6Km	1 <sup>st</sup>	32:33
18 Oct	Fukuroi	10000m	8 <sup>th</sup> r3	28:34.03
26 Sept	JPN Corporate T&F Champ – Tendo	10000m	21 <sup>st</sup> r3	29:09.30
13 July	Hokuren Distance Challenge – Kitami	5000m	15rA	13:59.31
26 June	JPN National Championships - Kawasaki	10000m	11 <sup>th</sup>	28:20.40
1 June	Niigata	10000m	15 <sup>th</sup>	28:44.00
10 May	Chubu Corporate team T&F Champ – Gifu	1500m	3	3:54.57
10 May	Chubu Corporate team T&F Champ – Gifu	1500m	2h2	3:53.30

29 Apr	Oda - Hiroshima	5000m	8rA	14:00.82
27 Apr	Hyogo Relays – Kobe	10000m	8 <sup>th</sup>	28:40.05
4 Mar	Fukuoka Cross Country	10Km	8 <sup>th</sup>	29:04

## Takaaki Kouda (JPN)

DOB: 27 Mar 1984; Yamaguchi Prefecture

Team: Asahi Kasei; College: Meiji University

### Personal Bests:

5000m: 13:55.19 (2008); 10000m: 28:51.23 (2008);

Half marathon: 1:02:52 (2008); Marathon: 2:13:04 (2010)

### International Championships Highlights:

#### Progressions (since 2006):

Year	5000m	10000m	Half Marathon	Marathon
2010	14:18.76	29:42.10	1:03:08	2:13:04
2009	13:57.54	29:31.28		
2008	13:55.19	28:51.23	1:02:52	
2007		28:54.84	1:04:11	
2006		29:20.44		

### Marathon Career

	Time	Race	Place	Date
	DNF	Hokkaido – Sapporo	DNF	29 Aug 2010
Personal Best	<b>2:13:04</b>	Tokyo	8 <sup>th</sup>	28 Feb 2010

### 2010 Results

Date	Race	Distance	Place	Time
5 Dec	Kosa 10 Miler	10 Mile	12 <sup>th</sup>	47:56
7 Nov	Around Kyushu Ekiden – day 9	Stage 1 – 18.2Km	1 <sup>st</sup>	54:15
4 Nov	Around Kyushu Ekiden – day 6	Stage 7 – 15.9Km	3 <sup>rd</sup>	49:02
2 Nov	Around Kyushu Ekiden – day 4	Stage 6 – 13.8Km	1 <sup>st</sup>	43:23
31 Oct	Around Kyushu Ekiden – day 2	Stage 3 – 15.3Km	2 <sup>nd</sup>	45:40
29 Aug	Hokkaido Marathon – Sapporo	Marathon	DNF	DNF
5 June	Kita-Kyushu	5000m	23r8	14:29.60
3 May	Nobeoka	10000m	12 <sup>th</sup>	29:42.10
29 Apr	Nobeoka	5000m	12r4	14:18.76
28 Feb	Tokyo Marathon	Marathon	8 <sup>th</sup>	2:13:04
7 Feb	Marugame Half Marathon	Half Marathon	13 <sup>th</sup>	1:03:08
1 Jan	New Year Ekiden	Stage 7 – 15.5Km	25 <sup>th</sup>	50:52

### 2009 Results

Date	Race	Distance	Place	Time
6 Dec	Kosa 10 Miler	10 Miler	34 <sup>th</sup>	47:44
6 Nov	Around Kyushu Ekiden – day 9	Stage 4 – 18.0Km	3 <sup>rd</sup>	54:52
4 Nov	Around Kyushu Ekiden – day 7	Stage 5 – 10.5Km	2 <sup>nd</sup>	31:18
1 Nov	Around Kyushu Ekiden – day 4	Stage 7 – 17Km	2 <sup>nd</sup>	51:35
29 Oct	Around Kyushu Ekiden – day 1	Stage 3 – 14.0Km	2 <sup>nd</sup>	42:25
20 Oct	Around Kyushu Ekiden qualifier	11.7Km	3 <sup>rd</sup>	35:03

17 Oct	Nobeoka	10000m	10 <sup>th</sup>	29:31.28
27 Sept	Nittai University Distance – Yokohama	5000m	7r38	13:57.54
5 Sept	Miyazaki Distance	10000m	1 <sup>st</sup>	29:54.34
15 July	Hokuren Distance – Kitami	5000m	23rA	14:27.51
11 July	Hokuren Distance – Kushiro	10000m	30rA	29:58.26
30 May	Golden Games in Nobeoka	5000m	5rG	14:19.35

### 2008 Results

Date	Race	Distance	Place	Time
4 Nov	Around Kyushu Ekiden – day 5	Stage 2 – 19.6Km	3 <sup>rd</sup>	62:01
2 Nov	Around Kyushu Ekiden – Day 3	Stage 2 – 11.7Km	1 <sup>st</sup>	34:28
21 Oct	Ekiden rehearsal	12Km	7 <sup>th</sup>	
31 Aug	Rock n Roll Half marathon	Half marathon	9 <sup>th</sup>	1:06:47
16 July	Hokuren Distance Challenge – Kushiro	10000m	16 <sup>th</sup>	28:51.23
13 July	Hokuren Distance Challenge – Kitami	5000m	18 <sup>th</sup>	14:10.11
9 July	Hokuren Distance Challenge – Abashiri	5000m	10 <sup>th</sup>	13:55.19
31 May	Golden Games in Nobeoka	5000m	5rF	14:14.31
24 Apr	Hyogo Relays Asics Challenge – Kobe	10000m	3 <sup>rd</sup>	29:10.60
20 Apr	Nittai University Distance – Yokohama	5000m	25 <sup>th</sup>	14:17.69
16 Mar	JPN Corporate team Half Marathon – Yamauchi	Half marathon	8 <sup>th</sup>	1:02:52
24 Feb	Kumanichi 30Km – Kumamoto	30Km	3 <sup>rd</sup>	1:30:35
10 Feb	Karatsu road race	10 Mile	3 <sup>rd</sup>	47:15
20 Jan	Inter-Prefectural Ekiden – Hiroshima	Stage 3 – 8.5Km	40 <sup>th</sup>	24:59
14 Jan	Asahi Ekiden	Stage 5	4 <sup>th</sup>	45:48
1 Jan	New Year Ekiden	Stage 7 -	14 <sup>th</sup>	47:36

### Sato, Tomoyuki (JPN)

DOB: 31 Jan 1981; Height: 167cm; Weight: 51Kg;  
Team: Asahi Kasei; Coach: Takeshi Soh

#### Personal Bests:

5000m: 13:59.54 (2006); 10000m: 28:32.00 (2006);  
Half marathon: 1:02:53 (2005); Marathon 2:09:43 (2004)

#### International Championships Highlights:

Marathon: 13<sup>th</sup> in 2007 World Championships; 7<sup>th</sup> in 2010 Asian Games  
World Cross Country Championships: Long: 39<sup>th</sup> in 2006

#### Progressions (since 2005):

Year	5000m	10000m	Half Marathon	Marathon
2010		29:08.43		2:10:07
2009	13:58.85	28:50.50		2:13:12
2008	13:58.18	28:39.87		2:09:59
2007	13:57.61	28:33.34		2:11:22
2006	13:50.54	28:32.00		2:11:46
2005	13:56.42	28:43.61	1:02:53	2:14:21

#### Marathon career

	Time	Race	Place	Date
	2:18:24	Asian Games - Guangzhou	7 <sup>th</sup>	27 Nov 2010
	2:10:07	Lake Biwa – Otsu	2 <sup>nd</sup>	7 Mar 2010
	2:23:59	Fukuoka	31 <sup>st</sup>	6 Dec 2009

	2:13:12	Tokyo	6 <sup>th</sup>	22 Mar 2009
	2:09:59	Fukuoka	4 <sup>th</sup>	7 Dec 2008
	2:09:59	Lake Biwa Otsu	7 <sup>th</sup>	2 Mar 2008
	2:20:53	WC Osaka	13 <sup>th</sup>	25 Aug 2007
	2:11:22	Tokyo	2 <sup>nd</sup>	18 Feb 2007
	2:12:29	Fukuoka	10 <sup>th</sup>	3 Dec 2006
	2:11:46	Beppu-Oita	2 <sup>nd</sup>	5 Feb 2006
	2:16:25	Hokkaido Sapporo	4 <sup>th</sup>	28 Aug 2005
	2:14:21	Lake Biwa Otsu	16 <sup>th</sup>	6 Mar 2005
Personal Best	<b>2:09:43</b>	Tokyo	5 <sup>th</sup>	8 Feb 2004
	2:13:02	Nobeoka	1 <sup>st</sup>	23 Feb 2003

### 2010 Results

Date	Race	Distance	Place	Time
1 Jan	New Year's Ekiden	Stage 5 – 15.8Km	9 <sup>th</sup>	47:17

### 2010 Results

Date	Race	Distance	Place	Time
27 Nov	Asian Games – Guangzhou	Marathon	7 <sup>th</sup>	2:18:24
31 Oct	Around Kyushu Ekiden – day 3	Stage 6 – 20.2Km	1 <sup>st</sup>	61:21
29 Oct	Around Kyushu Ekiden – day 1	Stage 5 – 11.0Km	1 <sup>st</sup>	32:34
15 May	Kyushu Corporate team T&F Champ – Kita Kyushu	10000m	19r3	29:08.43
3 May	Nobeoka	10000m	7 <sup>th</sup>	29:13.79
7 Mar	Lake Biwa Marathon – Otsu	Marathon	2 <sup>nd</sup>	2:10:07
1 Jan	New Year Ekiden	Section 4 – 22.3Km	18 <sup>th</sup>	64:34

### 2009 Results

Date	Race	Distance	Place	Time
6 Dec	Fukuoka Marathon	Marathon	31 <sup>st</sup>	2:23:59
23 Nov	Kyushu Mainichi Ekiden	Section 7 – 14.2Km	2 <sup>nd</sup>	41:20
4 Nov	Around Kyushu Ekiden – Day 7	Section 3 – 16.5Km	1 <sup>st</sup>	49:00
1 Nov	Around Kyushu Ekiden – Day 4	Section 5 – 13.8Km	1 <sup>st</sup>	40:57
29 Oct	Around Kyushu Ekiden – Day 1	Section 6 – 13.2Km	1 <sup>st</sup>	39:56
20 Oct	Ekiden Rehearsal race - Nobeoka	11.7Km	1 <sup>st</sup>	34:55
17 Oct	Nobeoka	10000m	1 <sup>st</sup>	28:57.24
14 June	Hokuren Distance Challenge – Shibetsu	5000m	13 <sup>th</sup> race B	14:13.33
10 June	Hokuren Distance Challenge - Fukagawa	10000m	12 <sup>th</sup> race A	28:54.73
6 June	Hokuren Distance Challenge – Sapporo	5000m	12 <sup>th</sup> race B	13:58.85
30 May	Golden Games - Nobeoka	5000m	8 <sup>th</sup> race C	14:06.78
16 May	Kyushu Corporate team T&F Champ -	10000m	5 <sup>th</sup> race 3	28:50.50
3 May	Shizuoka International	10000m	9 <sup>th</sup>	29:14.21
22 Mar	Tokyo Marathon	Marathon	6 <sup>th</sup>	2:13:12
18 Jan	Inter-Prefectural Ekiden	Stage 7 – 13Km	4 <sup>th</sup>	38:01
12 Jan	Asahi Ekiden	Stage 2 – 9.9Km	4 <sup>th</sup>	29:43
1 Jan	New Year Ekiden	Stage 4 - 22.3Km	4 <sup>th</sup>	1:03:45

### 2008 Results

Date	Race	Distance	Place	Time
7 Dec	Fukuoka Marathon	Marathon	4 <sup>th</sup>	2:09:59
23 Nov	Kyushu Corporate team Ekiden champ	7 <sup>th</sup> stage 14.2Km	2 <sup>nd</sup>	41:27

6 Nov	Around Kyushu Ekiden	6 <sup>th</sup> stage 20.2Km	1 <sup>st</sup>	60:32
31 Oct	Around Kyushu Ekiden	6 <sup>th</sup> stage 13.2Km	1 <sup>st</sup> (stage rec)	38:46
18 Oct	Nobeoka	10000m	2 <sup>nd</sup>	28:46.09
11 June	Hokuren Distance – Fukagawa	10000m	21 <sup>st</sup>	29:01.01
8 June	Hokuren Distance – Shibetsu	3000m	11rA	8:08.77
31 May	Golden Games Nobeoka	5000m	6 <sup>th</sup>	13:58.18
17 May	Kyushu Corporate T&F Champ	10000m	16 <sup>th</sup>	28:39.87
3 May	Nobeoka	10000m	6 <sup>th</sup>	29:04.10
27 Apr	Hyogo Relays	10000m	9 <sup>th</sup>	28:40.21
2 Mar	Lake Biwa marathon Otsu	Marathon	7 <sup>th</sup>	2:09:59
1 Jan	New Year Ekiden	2 <sup>nd</sup> stage 22Km	35 <sup>th</sup>	1:09:03

## Satoshi Irifune (JPN)

DOB: 14 Dec 1975; Born in Kagoshima Prefecture; Ht: 176cm; Wt: 59Kg  
Team: Kanebo (since 2000); Coach: Kunimitsu Ito

### Personal Bests:

5000m: 13:22.12 (2001); 10000m: 27:53.92 (2001);  
Half marathon: 1:01:36 (2000); Marathon 2:09:23 (2008)

### International Championships Highlights:

5000m: 5<sup>th</sup> in 1998 Asian Championships  
10000m: 20<sup>th</sup> in 1999 World Championships  
Half Marathon: 12<sup>th</sup> in 2000 World Half Marathon Championships  
Marathon: 20<sup>th</sup> in 2005 & 14<sup>th</sup> in 2009 World Championships; 4<sup>th</sup> in 2006 Asian Games;

### Progressions (since 2005):

Year	5000m	10000m	Half Marathon	Marathon
2010	13:45.66	28:39.76	1:02:18	2:16:42
2009	13:42.91	28:41.23		2:14:54
2008	13:45.80	27:56.33	1:03:36	2:09:23
2007	13:36.18	28:26.72		2:12:44
2006	13:48.00	28:26.19		2:10:47
2005	13:48.8	28:36.76	1:02:13	2:09:58

### Marathon career

	Time	Race	Place	Date
	2:16:42	Fukuoka	9 <sup>th</sup>	5 Dec 2010
	2:19:25	London	16 <sup>th</sup>	25 Apr 2010
	2:14:54	WC – Berlin	14 <sup>th</sup>	22 Aug 2009
Personal Best	<b>2:09:23</b>	Fukuoka	2 <sup>nd</sup>	7 Dec 2008
	2:09:40	Tokyo	5 <sup>th</sup>	17 Feb 2008
	2:14:54	Berlin	16 <sup>th</sup>	30 Sept 2007
	2:12:44	Tokyo	3 <sup>rd</sup>	18 Feb 2007
	2:17:24	Asian Games Doha	4 <sup>th</sup>	10 Dec 2006
	2:10:47	Tokyo	4 <sup>th</sup>	12 Feb 2006
	2:17:22	WC Helsinki	20 <sup>th</sup>	13 Aug 2005
	2:09:58	Beppu-Oita	1 <sup>st</sup>	6 Feb 2005
	2:14:18	Berlin	19 <sup>th</sup>	26 Sept 2004
	2:11:37	Tokyo	11 <sup>th</sup>	8 Feb 2004
	2:20:26	Lake Biwa Otsu	48 <sup>th</sup>	2 Mar 2003
	2:11:26	Lake Biwa Otsu	11 <sup>th</sup>	3 Mar 2002

## 2011 Results

Date	Race	Distance	Place	Time
23 Jan	Inter-Prefectural Men's Ekiden – Hiroshima	Stage 7 – 13km	32 <sup>nd</sup>	39:13

## 2010 Results

Date	Race	Distance	Place	Time
5 Dec	Fukuoka Marathon	Marathon	9 <sup>th</sup>	2:16:42
3 Nov	East JPN Corporate team Ekiden	Stage 7 – 13.5Km	2 <sup>nd</sup>	40:36
3 Oct	Sapporo marathon – Half marathon	Half marathon	1 <sup>st</sup>	1:06:30
26 Sept	Nittai University Distance – Yokohama	5000m	2r35	14:14.88
17 July	Hokuren Distance Challenge – Abashiri	5000m	11rA	13:48.22
10 July	Hokuren Distance Challenge – Kushiro	5000m	14 <sup>th</sup>	14:17.85
20 June	Hokuren Distance Challenge – Shibetsu	10000m	5 <sup>th</sup>	28:39.76
14 June	Hokuren Distance Challenge – Sapporo	5000m	4rA	13:45.66
6 June	JPN National Championships	5000m	10 <sup>th</sup>	13:51.46
25 Apr	London Marathon	Marathon	16 <sup>th</sup>	2:19:25
21 Mar	JPN Corporate team Half marathon – Yamaguchi	Half Marathon	34 <sup>th</sup>	1:03:31
7 Feb	Marugame Half Marathon	Half marathon	10 <sup>th</sup>	1:02:18
1 Jan	New year Ekiden	Section4 – 22.3Km	16 <sup>th</sup>	1:04:32

## 2009 Results

Date	Race	Distance	Place	Time
21 Nov	Nittai University – Yokohama	10000m	8r7	28:27.72
3 Nov	East JPN Corporate team Ekiden	Section2 – 15.1Km	8 <sup>th</sup>	45:50
27 Sept	Nittai University – Yokohama	5000m	2r36	14:11.41
22 Aug	World Championships – Berlin	Marathon	14 <sup>th</sup>	2:14:54
11 July	Hokuren Distance Challenge – Kushiro	10000m	9 <sup>th</sup>	28:38.44
21 June	Otaru canal road race	Half marathon	1 <sup>st</sup>	1:06:20
30 May	Golden Games in Nobeoka	5000m	2 <sup>r</sup> A	13:42.91
26 Apr	Hyogo Relays – Kobe	10000m	8 <sup>th</sup>	28:41.23
15 Feb	Oume road race	30Km	4 <sup>th</sup>	1:34:17
1 Jan	New Year Ekiden	Stage 3 – 13.7Km	13 <sup>th</sup>	39:20

## 2008 Results

Date	Race	Distance	Place	Time
7 Dec	Fukuoka Marathon	Marathon	2 <sup>nd</sup>	2:09:23
3 Nov	East JPN Corporate Ekiden Champ	2 <sup>nd</sup> stage 15.1Km	5 <sup>th</sup>	43:51
5 Oct	Sapporo Marathon	Half marathon	1 <sup>st</sup>	1:05:21
16 July	Hokuren distance Kushiro	10000m	5 <sup>th</sup>	28:28.86
13 July	Hokuren distance Kitami	5000m	1 <sup>st</sup>	13:45.80
9 July	Hokuren distance Abashiri	5000m	4 <sup>th</sup>	13:47.60
28 June	JPN National Championships - Kawasaki	5000m	6 <sup>th</sup>	13:55.17
26 June	JPN National Championships - Kawasaki	10000m	5 <sup>th</sup>	28:05.44
15 June	Sapporo Half Marathon	Half marathon	27 <sup>th</sup>	1:03:36
18 May	East JPN Corporate T&F Champ Kumagaya	5000m	5 <sup>th</sup>	13:48.92
4 May	Cardinal Invitational Stanford	10000m	9 <sup>th</sup>	27:56.33
27 Apr	Hyogo Relays	10000m	6 <sup>th</sup>	28:32.36
20 Apr	Nittai University Yokohama	5000m	1r24	13:57.32
17 Feb	Tokyo marathon	Marathon	5 <sup>th</sup>	2:09:40
1 Jan	New Year Ekiden	3 <sup>rd</sup> stage 11.8Km	15 <sup>th</sup>	32:49

## Okamoto, Naoki (JPN)

DOB: 26 May 1984; Height: 176cm; Weight: 56Kg;

Team: Chugoku Electric Power; Coach: Yasushi Sakaguchi

### Personal Bests:

5000m: 13:37.71 (2009); 10000m: 28:07.99 (2010);

Half marathon: 1:02:16 (2009); Marathon: 2:23:06 (2010)

### International Championships Highlights:

World Cross Country Championships: 76<sup>th</sup> in 2009

### Progressions

Year	5000m	10000m	Half Marathon	Marathon
2010	13:52.30	28:07.99		2:23:06
2009	13:37.71	28:11.99	1:02:16	
2008	13:47.54	28:24.87	1:03:21	
2007	13:52.0	28:15.52		
2006		29:26.05	1:03:42	
2005	14:04.5	28:51.73	1:03:19	

### Marathon career

	Time	Venue	Place	Date
	2:23:06	Tokyo	23 <sup>rd</sup>	28 Feb 2010

### 2011 Results

Date	Race	Distance	Place	Time
23 Jan	Inter-Prefectural Men's Ekiden – Hiroshima	Stage 3 – 8.5Km	6 <sup>th</sup>	24:17
1 Jan	New Year Ekiden	Stage 4 – 22.0Km	3 <sup>rd</sup>	63:53

### 2010 Results

Date	Race	Distance	Place	Time
14 Nov	Chugoku district Corporate team Ekiden – Sera	Stage 6 – 17.9Km	1 <sup>st</sup>	52:56
11 Oct	Niigata Big T&F Festa	10000m	2 <sup>nd</sup>	28:07.99
25 Sept	JPN Corporate team T&F Champ - Niigata	5000m	9 <sup>th</sup>	13:56.84
25 Sept	JPN Corporate team T&F Champ – Niigata	5000m	6h3	13:57.01
21 Aug	Hiroshima Cross Country	8Km	3 <sup>rd</sup>	24:31
6 June	JPN National Championships - Marugame	5000m	21 <sup>st</sup>	14:07.14
4 June	JPN National Championships – Marugame	10000m	DNF	DNF
8 May	Chugoku Corporate team T&F Champ - Miyoshi	5000m	4 <sup>th</sup>	13:52.30
29 Apr	Oda - Hiroshima	5000m	3 <sup>rd</sup>	14:04.70
28 Feb	Tokyo Marathon	Marathon	23 <sup>rd</sup>	2:23:06
24 Jan	Inter-Prefectural Men's Ekiden	Stage 3 – 8.5Km	4 <sup>th</sup>	24:19
1 Jan	New Year Ekiden	Section 5 – 15.9Km	1 <sup>st</sup>	46:48

### 2009 Results

Date	Race	Distance	Place	Time
25 Oct	Hiroshima Prefecture Ekiden	Section 5 – 9.86Km	1 <sup>st</sup>	28:5125
25 Sept	JPN Corporate team T&F Champ – Okayama	10000m	15 <sup>th</sup>	29:05.10
6 Sept	Great Scottish Run – Glasgow	Half marathon	5 <sup>th</sup>	1:02:37
22 Aug	Hiroshima Cross Country	8Km	5 <sup>th</sup>	24:30
26 July	Internationale Atletiek	5000m	15 <sup>th</sup>	13:49.60
21 July	Gentse Feesten	3000m	10 <sup>th</sup>	8:04.79
18 July	Night of Athletics – Heusden	5000m	2 <sup>nd</sup>	13:37.71
12 July	Lappeenranta	5000m	6 <sup>th</sup>	13:50.88

28 June	JPN National Championships – Hiroshima	10000m	16 <sup>th</sup>	29:23.35
31 May	Niigata	10000m	4 <sup>th</sup>	28:11.99
29 Apr	Oda – Hiroshima	5000m	8 <sup>th</sup>	13:44.00
26 Apr	Hyogo Relays – Kobe	10000m	6 <sup>th</sup>	28:28.37
28 Mar	World Cross Country Championships – Amman	12Km	76 <sup>th</sup>	38:02
15 Mar	JPN Corporate team Half marathon – Yamaguchi	Half marathon	7 <sup>th</sup>	1:02:16
1 Mar	Asian Cross Country Championships - Bahrain	11.85Km	9 <sup>th</sup>	35:52.1
15 Feb	Chiba Cross Country	12Km	7 <sup>th</sup>	35:25
20 Jan	Inter-Prefectural Men's Ekiden	Section 7 – 13Km	1 <sup>st</sup>	37:55
1 Jan	New Year Ekiden	Section 5 – 15.9Km	7 <sup>th</sup>	47:45

### 2008 Results

Date	Race	Distance	Place	Time
23 Nov	Chiba International Ekiden	Section 3 – 10Km	2 <sup>nd</sup>	28:45
16 Nov	Chugoku district Corporate Ekiden	Section 6 – 17.9Km	1 <sup>st</sup>	53:13
26 Oct	Hiroshima Corporate team Ekiden	Section 3 – 11.12Km	2 <sup>nd</sup>	32:17
26 Sept	JPN Corporate team T&F Champ – Tendo	5000m	4 <sup>th</sup>	13:47.54
6 July	Gold Coast Half marathon	Half marathon	6 <sup>th</sup>	1:04:44
18 May	Chugoku Corporate team T&F Champ – Miyoshi	1500m	2 <sup>nd</sup>	3:50.22
10 May	Chugoku Corporate team T&F Champ – Miyoshi	5000m	5 <sup>th</sup>	14:00.44
4 May	Cardinal Invitational – Palo Alto	10000m	22 <sup>nd</sup>	28:48.24
25 Apr	Oregon Invitational	5000m	7 <sup>th</sup>	13:56.45
16 Mar	JPN Corporate team half marathon – Yamaguchi	Half marathon	14 <sup>th</sup>	1:03:21
1 Mar	Fukuoka Cross Country	10Km	23 <sup>rd</sup>	29:40
10 Feb	Chiba Cross Country	12Km	10 <sup>th</sup>	36:35
20 Jan	Inter-Prefectural men's Ekiden	Section 3 – 8.5Km	2 <sup>nd</sup>	23:51
1 Jan	New Year Ekiden	Section 3 – 11.8Km	11 <sup>th</sup>	32:33

### Yuki Kawauchi (JPN)

DOB: 5 Mar 1987; Tokyo; Height: 172cm; Weight: 59Kg  
College: Gakushuin University

#### Personal Bests:

5000m: 13:59.73 (2009); 10000m: 29:02.33 (2010);  
Half marathon: 1:03:12 (2009); Marathon: 2:12:36 (2010)

#### International Championships Highlights:

#### Progressions

Year	5000m	10000m	Half Marathon	Marathon
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2010	14:01.89	29:02.33	1:03:28	2:12:36
2009	13:59.73		1:03:13	2:17:33
2008	14:13.19		1:03:22	
2007	14:08.49			
2006		29:28.04		

### Marathon Career

	Time	Race	Place	Date
	2:17:54	Fukuoka	10 <sup>th</sup>	5 Dec 2010
Personal Best	<b>2:12:36</b>	Tokyo	4 <sup>th</sup>	28 Feb 2010
	2:17:33	Fukuoka	13 <sup>th</sup>	6 Dec 2009
	2:18:18	Tokyo	19 <sup>th</sup>	22 Mar 2009
	2:19:26	Beppu-Oita	20 <sup>th</sup>	1 Feb 2009

### 2011 Results

Date	Race	Distance	Place	Time
6 Feb	Marugame Half Marathon	Half marathon	9 <sup>th</sup>	1:02:40

### 2010 Results

Date	Race	Distance	Place	Time
5 Dec	Fukuoka Marathon	Marathon	10 <sup>th</sup>	2:17:54
26 Sept	Nittai University – Yokohama	5000m	23r39	14:01.89
20 June	Hokuren Distance Challenge – Shibetsu	10000m	10 <sup>th</sup>	29:02.33
18 Apr	Kasumigaura – Tsuchiura	10 Miles	1 <sup>st</sup>	48:39
28 Feb	Tokyo Marathon	Marathon	4 <sup>th</sup>	2:12:36
7 Feb	Marugame Half Marathon	Half marathon	28 <sup>th</sup>	1:03:28

### 2009 Results

Date	Race	Distance	Place	Time
6 Dec	Fukuoka Marathon	Marathon	13 <sup>th</sup>	2:17:33
15 Nov	Ageo	Half marathon	1 <sup>st</sup>	1:04:45
24 Oct	Kazo	5000m	1r10	14:01.89
20 July	Hokuren Distance – Abashiri	5000m	3rB	13:59.73
22 Mar	Tokyo Marathon	Marathon	19 <sup>th</sup>	2:18:18
8 Mar	Tachikawa	Half marathon	15 <sup>th</sup>	1:03:13
1 Feb	Beppu-Oita Marathon	Marathon	20 <sup>th</sup>	2:19:26

### 2008 Results

Date	Race	Distance	Place	Time
16 Nov	Ageo Half Marathon	Half marathon	3 <sup>rd</sup>	1:03:22
14 Sept	Tokyo	5000m	14 <sup>th</sup>	14:13.90
9 Mar	Tachikawa	Half marathon	9 <sup>th</sup>	1:03:38

### Hideaki Date (JPN)

DOB: 11 Apr 1985; Height: 162cm, Weight: 45Kg

Team: Chugoku Electric Power; College:

### Personal Bests:

5000m: 13:37.72 (2006); 10000m: 28:21.32 (2006); Half marathon: 1:02:08 (2004);

### International Championships Highlights:

**Progressions (since 2006):**

Year	5000m	10000m	Half Marathon	Marathon
2010				
2009		28:50.81		
2008	13:51.32	28:45.09	1:03:13	
2007	13:43.53	28:25.02		
2006	13:37.72	28:21.32		
2005	13:47.74	28:51.54	1:02:38	

**Making Marathon Debut****2010 Results**

Date	Race	Distance	Place	Time
14 Nov	Chugoku district Corporate team Ekiden – Sera	Stage 2 – 8.2Km	1 <sup>st</sup>	23:37
24 Sept	JPN Corporate team T&F Champ - Niigata	10000m	DNF	DNF
21 Aug	Hiroshima Cross Country	8Km	1 <sup>st</sup>	24:13
4 July	Sapporo Half Marathon	Half marathon	15 <sup>th</sup>	1:04:42
20 June	Hokuren Distance Challenge – Shibetsu	5000m	7rA	14:03.31
17 June	Hokuren Distance Challenge – Fukagawa	10000m	19rA	29:18.47
14 June	Hokuren Distance Challenge – Sapporo	5000m	10rA	13:59.60
15 May	Chugoku Corporate team T&F Champ – Miyoshi	10000m	4r3	28:54.47
8 May	Chugoku Corporate team T&F Champ – Miyoshi	5000m	6r3	14:04.56
24 Apr	Hyogo Relays Asics Challenge – Kobe	10000m	20 <sup>th</sup>	29:13.69
31 Jan	Chugoku Yamaguchi Ekiden	Stage 3 – 11.9Km	2 <sup>nd</sup>	36:37
1 Jan	New Year Ekiden	Stage 3 – 13.7Km	11 <sup>th</sup>	39:09

**2009 Results**

Date	Race	Distance	Place	Time
28 Nov	Time Trials in Nagasaki	10000m	1r2	28:50.81
15 Nov	Chugoku Corporate team Ekiden	Stage 3 – 12.7Km	2 <sup>nd</sup>	38:26
25 Oct	Hiroshima Ekiden – Kasaoka	Stage 6 – 5.69Km	1 <sup>st</sup>	16:31
1 Mar	Asian Cross Country – Bahrain	11.85Km	14 <sup>th</sup>	36:27.7
15 Feb	Chiba International Cross Country	12Km	8 <sup>th</sup>	35:29
1 Jan	New Year Ekiden	Stage 4 – 22.3Km	5 <sup>th</sup>	1:04:02

**2008 Results**

Date	Race	Distance	Place	Time
16 Nov	Chugoku district Corporate team Ekiden	Stage 3 – 12.7Km	1 <sup>st</sup>	37:47
26 Oct	Hiroshima Corporate team Ekiden	Stage 5 – 9.86Km	1 <sup>st</sup>	28:38
26 Sept	JPN Corporate team T&F Champ – Tendo	10000m	19 <sup>th</sup>	28:45.09
15 June	Sapporo Half Marathon	Half marathon	21 <sup>st</sup>	1:03:13
4 May	Cardinal Invitational – Palo Alto	10000m	24 <sup>th</sup>	29:03.98
25 Apr	Oregon Invitational	5000m	18 <sup>th</sup>	14:15.97
5 Apr	Kanaguri – Kumamoto	5000m	14 <sup>th</sup>	13:51.32

**Mekubo Mogusu (KEN)**

DOB: 25 Dec 1986; Height: 165cm, Weight: 50Kg

Team: Aidem; College: Yamanashi Gakuin University

**Personal Bests:** 5000m: 13:27.14 (2005); 10000m: 27:26.56 (2009);  
Half marathon: 59:48 (2007); 2:16:38 (2010)

### International Championships Highlights:

Half Marathon: Competed (DNF) in 2008 World Half Marathon Championships

### Progressions (since 2005):

Year	5000m	10000m	Half Marathon	Marathon
2010	13:32.41	28:11.45	1:01:12	2:16:38
2009	13:29.34	27:26.56	1:00:37	
2008	13:38.38	27:27.64	1:00:35	
2007		27:52.79	59:48	
2006	13:27.30	27:44.94	1:02:05	
2005	13:27.14	27:54.75	1:01:28	

### Marathon career

	Time	Race	Place	Date
Personal Best	<b>2:16:38</b>	Hokkaido – Sapporo	3 <sup>rd</sup>	29 Aug 2010
	DNF	Fukuoka	DNF	6 Dec 2009

### 2010 Results

Date	Race	Distance	Place	Time
23 Nov	Nagoya Half Marathon	Half marathon	3 <sup>rd</sup>	1:01:12
23 Oct	Nittai University Distance – Yokohama	10000m	1 <sup>st</sup>	28:15.35
29 Aug	Hokkaido Marathon – Sapporo	Marathon	3 <sup>rd</sup>	2:16:38
4 July	Sapporo Half Marathon	Half marathon	5 <sup>th</sup>	1:03:18
29 May	Nittai University Distance – Yokohama	10000m	1 <sup>st</sup>	28:16.77
9 May	Sendai International Half Marathon	Half marathon	2 <sup>nd</sup>	1:01:34
25 Apr	Hyogo Relays – Kobe	10000m	4 <sup>th</sup>	28:11.45
10 Apr	Kanaguri – Kumamoto	5000m	2 <sup>nd</sup>	13:32.41
7 Feb	Marugame half marathon	Half marathon	2 <sup>nd</sup>	1:01:43

### 2009 Results

Date	Race	Distance	Place	Time
6 Dec	Fukuoka Marathon	Marathon	DNF	DNF
23 Nov	Nagoya Half Marathon	Half marathon	4 <sup>th</sup>	1:02:01
5 July	Sapporo half marathon	Half marathon	2 <sup>nd</sup>	1:00:58
31 May	Niigata	10000m	1 <sup>st</sup>	27:26.56
29 Apr	Oda – Hiroshima	5000m	2 <sup>nd</sup>	13:29.34
26 Apr	Hyogo Relays	10000m	5 <sup>th</sup>	28:08.00
4 Apr	Kanaguri - Kumamoto	5000m	5 <sup>r3</sup>	13:47.83
1 Feb	Marugame Half Marathon	Half marathon	1 <sup>st</sup>	1:00:37
2 Jan	Hakone Ekiden	Stage 2 – 23.2Km	1 <sup>st</sup>	1:06:04

### 2008 Results

Date	Race	Distance	Place	Time
2 Nov	All JPN Collegiate Ekiden Champ – Nagoya to Ise	Stage 4 – 14Km	1 <sup>st</sup>	39:32
12 Oct	World Half marathon Champ – Rio de Janeiro	Half marathon	DNF	DNF
14 Sept	JPN Collegiate Champ – Tokyo	5000m	2 <sup>nd</sup>	13:42.54
12 Sept	JPN Collegiate Champ – Tokyo	10000m	2 <sup>nd</sup>	28:10.39
15 June	Sapporo Half Marathon	Half marathon	1 <sup>st</sup>	1:00:52
25 May	Kanto Collegiate Champ – Tokyo	Half marathon	1 <sup>st</sup>	1:02:23
18 May	Kanto Collegiate Champ – Tokyo	10000m	1 <sup>st</sup>	27:27.64

17 May	Kanto Collegiate Champ – Tokyo	1500m	1 <sup>st</sup>	3:45.66
26 Apr	Hyogo Relays	10000m	2 <sup>nd</sup>	28:15.22
20 Apr	Nittai University - Yokohama	5000m	4 <sup>th</sup> r25	13:38.38
8 Feb	Ras Al Khaimah	Half marathon	5 <sup>th</sup>	1:00:35
2 Jan	Hakone Ekiden	Stage 2 – 23.2Km	1 <sup>st</sup>	1:06:23

## Current Men's Marathon All Time Performance List

Performances	Time	Performers	Name		Nat	Place	Venue	Date
1	2:03:59	1	Haile Gebrselassie	1	ETH	1	Berlin	28 Sept 08
2	2:04:26		Haile Gebrselassie	2		1	Berlin	30 Sep 07
3	2:04:27	2	Duncan Kibet	1	KEN	1	Rotterdam	5 Apr 09
4	2:04:27	3	James Kwambai	1	KEN	2	Rotterdam	5 Apr 09
5	2:04:48	4	Patrick Makau	1	KEN	1	Rotterdam	11 Apr 10
6	2:04:53		Haile Gebrselassie	3		1	Dubai	18 Jan 08
7	2:04:55	5	Paul Tergat	1	KEN	1	Berlin	28 Sept 03
8	2:04:55	6	Geoffrey Mutai	1	KEN	2	Rotterdam	11 Apr 10
9	2:04:56	7	Sammy Korir	1	KEN	2	Berlin	28 Sept 03
10	2:04:57	8	Wilson Kiprotich Kipsang	1	KEN	1	Franfkurt	31 Oct 10
11	2:05:04	9	Abel Kirui	1	KEN	3	Rotterdam	5 Apr 09
12	2:05:08		Patrick Makau	2		1	Berlin	26 Sept 10
13	2:05:10	10	Samuel Wanjiru	1	KEN	1	London	26 Apr 09
14	2:05:10		Geoffrey Mutai	2		2	Berlin	26 Sept 10
15	2:05:13	11	Vincent Kipruto	1	KEN	3	Rotterdam	11 Apr 10
16	2:05:15	12	Martin Lel	1	KEN	1	London	13 Apr 08
17	2:05:18	13	Tsegaye Kebede	1	ETH	1	Fukuoka	6 Dec 09
18	2:05:19		Tsegaye Kebede	2		1	London	25 Apr 10
19	2:05:20		Tsegaye Kebede	3		2	London	26 Apr 09
20	2:05:23	14	Feyisa Lilesa	1	ETH	4	Rotterdam	11 Apr 10
21	2:05:24		Samuel Wanjiru	2		2	London	13 Apr 08
22	2:05:25	15	Bazu Worku	1	ETH	3	Berlin	26 Sept 10
23	2:05:27	16	Jaouad Gharib	1	MAR	3	London	26 Apr 09
24	2:05:29		Haile Gebrselassie	4		1	Dubai	16 Jan 09
25	2:05:30	17	Abderrahim Goumri	1	MAR	3	London	13 Apr 08
26	2:05:36		James Kwambai	2		2	Berlin	28 Sept 08
27	2:05:38	18	Khalid Khannouchi	1	USA	1	London	14 Apr 02
28	2:05:39	19	Eliud Kiptanui	1	KEN	1	Praha	9 May 10
29	2:05:41		Samuel Wanjiru	3		1	Chicago	11 Oct 09
30	2:05:42		Khalid Khannouchi	2	MAR	1	Chicago	24 Oct 99
31	2:05:44	20	Getu Feleke	1	ETH	1	Amsterdam	17 Oct 10
32	2:05:47		Vincent Kipruto	2		1	Paris	5 Apr 09
33	2:05:48		Paul Tergat	2		2	London	14 Apr 02
34	2:05:49	21	William Kipsang	1	KEN	1	Rotterdam	13 Apr 08
35	2:05:50	22	Evans Rutto	1	KEN	1	Chicago	12 Oct 03
36	2:05:52	23	Robert Kiprono Cheruiyot	1	KEN	1	Boston	19 Apr 10
37	2:05:56		Khalid Khannouchi	3		1	Chicago	13 Oct 02
38	2:05:56		Haile Gebrselassie	5		1	Berlin	24 Sept 06
39	2:06:04		Abderrahim Goumri	2		2	Chicago	11 Oct 09
40	2:06:05	24	Ronaldo da Costa	1	BRA	1	Berlin	20 Sept 98
41	2:06:08		Haile Gebrselassie	6		1	Berlin	20 Sept 09
42	2:06:08		Vincent Kipruto	3		3	Chicago	11 Oct 09
43	2:06:09		Haile Gebrselassie	7		1	Dubai	22 Jan 10
44	2:06:10		Tsegaye Kebede	4		1	Fukuoka	7 Dec 08
45	2:06:12	25	Wilson Chebet	1	KEN	2	Amsterdam	17 Oct 10
46	2:06:14	26	Felix Limo	1	KEN	1	Rotterdam	4 Apr 04
47	2:06:14		Patrick Makau	3		4	Rotterdam	5 Apr 09
48	2:06:14	27	Gilbert Kirwa	1	KEN	1	Frankfurt	25 Oct 09
49	2:06:15	28	Titus Munji	1	KEN	3	Berlin	28 Sept 03

50	2:06:15	29	Emmanuel Mutai	1	KEN	4	London	13 Apr 08
51	2:06:15		Bazu Worku Hayla	2		2	Paris	5 Apr 09
52	2:06:16	30	Moses Tanui	1	KEN	2	Chicago	24 Oct 99
53	2:06:16	31	Daniel Njenga	1	KEN	2	Chicago	13 Oct 02
54	2:06:16	32	Toshinari Takaoka	1	JPN	3	Chicago	13 Oct 02
55	2:06:16		Evans Rutto	2		1	Chicago	10 Oct 04
56	2:06:17	33	Ryan Hall	1	USA	5	London	13 Apr 08
57	2:06:18		Paul Tergat	3		4	Chicago	13 Oct 02
58	2:06:18		Evans Rutto	3		1	London	18 Apr 04
59	2:06:18	34	Gilbert Yegon Koech	1		1	Amsterdam	18 Oct 09
60	2:06:20		Haile Gebrselassie	8		1	Amsterdam	16 Oct 05
61	2:06:23	35	Robert Cheboror	1	KEN	1	Amsterdam	17 Oct 04
62	2:06:23		Robert Kiprono Cheruiyot	2		2	Frankfurt	25 Oct 09
63	2:06:23		Emmanuel Mutai	2		2	London	25 Apr 10
64	2:06:24		Samuel Wanjiru	4		1	Chicago	10 Oct 10
65	2:06:25	36	Evans Cheruiyot	1	KEN	1	Chicago	12 Oct 08
66	2:06:26	37	David Kiyeng	1	KEN	3	Paris	5 Apr 09
67	2:06:29		Emmanuel Mutai	3		1	Amsterdam	21 Oct 07
68	2:06:30	38	Adhane Yemana Tsegay	1	ETH	4	Paris	5 Apr 09
69	2:06:31	39	Tadese Tola	1	ETH	2	Frankfurt	31 Oct 10
70	2:06:32		Samuel Wanjiru	5		1	Beijing (OG)	24 Aug 08
71	2:06:33	40	Gert Thys	1	RSA	1	Tokyo	14 Feb 99
72	2:06:33	41	Mike Rotich	1	KEN	1	Paris	6 Apr 03
73	2:06:33	42	Chala Dechase Beyene	1	ETH	2	Dubai	22 Jan 10
74	2:06:35		Haile Gebrselassie	9		3	London	14 Apr 02
75	2:06:36	43	Antonio Pinto	1	POR	1	London	16 Apr 00
76	2:06:36	44	Benoit Zwierzchiewski	1	FRA	2	Paris	6 Apr 03
77	2:06:38		Sammy Korir	2		1	Rotterdam	9 Apr 06
78	2:06:38	45	Deriba Merga	1	ETH	6	London	13 Apr 08
79	2:06:39		William Kipsang	2		1	Amsterdam	19 Oct 03
80	2:06:39		Felix Limo	2		1	London	23 Apr 06
81	2:06:39		Smauel Wanjiru	6		1	Fukuoka	2 Dec 07
82	2:06:40		Tsegaye Kebede	5		1	Paris	6 Apr 08
83	2:06:41		Martin Lel	2		2	London	23 Apr 06
84	2:06:41	46	Elijah Keitany	1	KEN	2	Amsterdam	18 Oct 09
85	2:06:41		Tadese Tola	2	ETH	1	Paris	11 Apr 10
86	2:06:42		Felix Limo	3		2	Amsterdam	19 Oct 03
87	2:06:43		Tsegaye Kebede	6		2	Chicago	10 Oct 10
88	2:06:44	47	Josephat Kiprono	1	KEN	1	Berlin	26 Sept 99
89	2:06:44		Felix Limo	4		1	Berlin	26 Sept 04
90	2:06:44	48	Paul Kirui	1	KEN	2	Rotterdam	9 Apr 06
91	2:06:45	49	Richard Limo	1	KEN	2	Amsterdam	21 Oct 07
92	2:06:46	50	Abdelkheder El Mouaziz	1	MAR	5	Chicago	12 Oct 02
93	2:06:46	51	Eshetu Wendimu	1	ETH	3	Dubai	22 Jan 10
94	2:06:47	52	Fred Kiprof	1	KEN	1	Amsterdam	17 Oct 99
95	2:06:47	53	Raymond Kipkoech	1	KEN	1	Berlin	29 Sept 02
96	2:06:47	54	Wilson Onsare	1	KEN	3	Paris	6 Apr 03
97	2:06:48	55	Driss El Himer	1	FRA	4	Paris	6 Apr 03
98	2:06:48		Sammy Korir	3		2	London	18 Apr 04
99	2:06:48	56	Rachid Kisri	1	MAR	5	Paris	5 Apr 09
100	2:06:49	57	Tesfaye Jifar	1	ETH	2	Amsterdam	17 Oct 99

101	2:06:49	58	Simon Biwott	1	KEN	2	Berlin	29 Sept 02
102	2:06:49	59	Joseph Riri	1	KEN	2	Berlin	26 Sept 04
103	2:06:49	60	Sylvester Teimet	1	KEN	1	Seoul	21 Mar 10
104	2:06:50	61	Belayneh Dinsamo	1	ETH	1	Rotterdam	17 Apr 88
105	2:06:50	62	William Kiplagat	1	KEN	3	Amsterdam	17 Oct 99
106	2:06:50		Josephat Kiprono	2		1	Rotterdam	22 Apr 01
107	2:06:50		Deriba Merga	2		2	Fukuoka	2 Dec 07
108	2:06:50	63	Moses Kimeli Arusei	1	KEN	2	Paris	6 Apr 08
109	2:06:51	64	Atsushi Fujita	1	JPN	1	Fukuoka	3 Dec 00
110	2:06:51		Abel Kirui	2		2	Berlin	30 Sept 07
111	2:06:52		Abdelkader El Mouaziz	2		4	London	14 Apr 02
112	2:06:52	65	Vincent Kipsos	1	KEN	3	Berlin	29 Sept 02
113	2:06:52	66	Charles Kibiwott	1	KEN	3	Rotterdam	9 Apr 06
114	2:06:52	67	Julio Rey	1	ESP	1	Hamburg	23 Apr 06
115	2:06:52		Haile Gebrselassie	10		1	Fukuoka	3 Dec 06
116	2:06:53	68	David Kipkorir Mandago	1	KEN	6	Paris	5 Apr 09
117	2:06:53		Emmanuel Mutai	4		4	London	26 Apr 09
118	2:06:54	69	Ondoro Osoro	1	KEN	1	Chicago	11 Oct 98
119	2:06:54		Abel Kirui	3		1	Berlin (WC)	22 Aug 09
120	2:06:55	70	Hendrick Ramaala	1	RSA	3	London	23 Apr 06
121	2:06:55		Jaouad Gharib	2		3	London	25 Apr 10
122	2:06:57	71	Takayuki Inubushi	1	JPN	2	Berlin	26 Sept 99
123	2:06:57	72	Tesfaye Tola	1	ETH	4	Amsterdam	17 Oct 99
124	2:06:58	73	Daniel Rono	1	KEN	2	Rotterdam	13 Apr 08
125	2:06:59		Gilbert Kirwa Too	2		2	Seoul	21 Mar 10
126	2:07:01		Khalid Khannouchi	4		1	Chicago	22 Oct 00
127	2:07:01		Geoffrey Mutai	3		1	Eindhoven	11 Oct 09
128	2:07:01	74	Bernard Kipyego	1	KEN	5	Rotterdam	11 Apr 10
129	2:07:02	75	Sammy Lelei	1	KEN	1	Berlin	24 Sept 95
130	2:07:02		Driss El Himer	2		1	Amsterdam	21 Oct 01
131	2:07:02		Jaouad Gharib	3		3	London	18 Apr 04
132	2:07:02		Felix Limo	5		1	Chicago	9 Oct 05
133	2:07:02	76	Paul Biwott	1	KEN	3	Amsterdam	18 Oct 09
134	2:07:04		Khalid Khannouchi	5		4	London	23 Apr 06
135	2:07:04	77	Francis Kiproop	1	KEN	2	Berlin	20 Sept 09
136	2:07:04	78	Elias Chelimo	1	KEN	3	Franfkurt	31 Oct 10
137	2:07:04	79	Bekana Daba	1	ETH	1	Houston	30 Jan 11
138	2:07:05	80	Joshua Chelanga	1	KEN	3	Berlin	26 Sept 04
139	2:07:05		William Kiplagat	2		3	Frankfurt	25 Oct 09
140	2:07:06		Josephat Kiprono	3		2	Amsterdam	21 Oct 01
141	2:07:06	81	Ian Syster	1	RSA	5	London	14 Apr 02
142	2:07:06		Gert Thys	2		1	Seoul	14 Mar 04
143	2:07:06	82	Charles Munyeki	1	KEN	4	Chicago	11 Oct 09
144	2:07:07	83	Ahmed Salah	1	DJI	2	Rotterdam	17 Apr 88
145	2:07:07	84	Paul Koech	1	KEN	2	Chicago	12 Oct 03
146	2:07:09	85	Jophet Kosgei	1	KEN	1	Rotterdam	18 Apr 99
147	2:07:09	86	Ben Maiyo	1	KEN	2	Chicago	9 Oct 05
148	2:07:10		Khalid Khannouchi	6		1	Chicago	19 Oct 97
149	2:07:11		Abdelkader El Mouaziz	3		1	London	22 Apr 01
150	2:07:11	87	Alfred Kering	1	KEN	2	Paris	11 Apr 10
151	2:07:11		Adhane Yemane Tsegay	2		2	Praha	9 May 10

152	2:07:11	88	Philip Kimutai Sanga	1	KEN	4	Franfkurt	31 Oct 10
153	2:07:12	89	Carlos Lopes	1	POR	1	Rotterdam	20 Apr 85
154	2:07:12	90	James Rotich	1	KEN	3	Amsterdam	21 Oct 07
155	2:07:12		Paul Kirui	2		4	Amsterdam	21 Oct 07
156	2:07:13	91	Steve Jones	1	GBR	1	Chicago	20 Oct 85
157	2:07:13	92	Atsushi Sato	1	JPN	3	Fukuoka	2 Dec 07
158	2:07:13		Wilson Kiprotich Kipsang	2	KEN	3	Paris	11 Apr 10
159	2:07:14		Daniel Njenga	2		3	Chicago	9 Oct 05
160	2:07:14	93	Robert Kipkoech Cheruiyot	1	KEN	1	Boston	17 Apr 06
161	2:07:15	94	Cosmas Ndeti	1	KEN	1	Boston	18 Apr 94
162	2:07:15		Japhet Kosgei	2		1	Tokyo	13 Feb 00
163	2:07:15	95	Dmytro Baranovsky	1	UKR	2	Fukuoka	3 Dec 06
164	2:07:16	96	Isaac Macharia	1	KEN	2	Dubai	18 Jan 08
165	2:07:16		Jaouad Gharib	4		2	Beijing (OG)	24 Aug 08
166	2:07:17	97	Benjamin Kiptoo Kolum	1	KEN	1	Roma	22 Mar 09
167	2:07:18	98	Kenneth Cheruiyot	1	KEN	2	Rotterdam	22 Apr 01
168	2:07:18	99	David Barmasai	1	KEN	1	Dubai	21 Jan 11
169	2:07:19	100	Andres Espinosa	1	MEX	2	Boston	18 Apr 94
170	2:07:19		Khalid Khannouchi	7		2	Chicago	11 Oct 98
171	2:07:19		Jaouad Gharib	5		3	Fukuoka	3 Dec 06
172	2:07:19	101	Mubarak Hassan Shami	1	QAT	1	Paris	15 Apr 07
173	2:07:20	102	Vincent Rousseau	1	BEL	2	Berlin	24 Sept 95
174	2:07:20	103	Lee Bong-ju	1	KOR	2	Tokyo	13 Feb 00
175	2:07:21		Robert Kiprono Cheruiyot	3		1	Frankfurt	26 Oct 08
176	2:07:22	104	Stefano Baldini	1	ITA	5	London	23 Apr 06
177	2:07:23	105	Fabian Roncero	1	ESP	2	Rotterdam	18 Apr 99
178	2:07:23	106	Viktor Röthlin	1	SUI	1	Tokyo	18 Feb 08
179	2:07:23		David Kipkorir Mandago	2		1	Hamburg	27 Apr 08
180	2:07:23	107	Tekeste Kebede	1	ETH	2	Boston	19 Apr 10
181	2:07:23	108	Nicholas Kipruto Koech	1	KEN	3	Praha	9 May 10
182	2:07:23		Chala Dechase	2		3	Amsterdam	17 Oct 10
183	2:07:24	109	Hosea Kiprop Rotich	1	KEN	3	Paris	6 Apr 08
184	2:07:26		Fabian Roncero	2		1	Rotterdam	19 Apr 98
185	2:07:26	110	Benjamin Kumutai Kosgei	1	KEN	1	Amsterdam	20 Oct 02
186	2:07:26		Martin Lel	3		1	London	17 Apr 05
187	2:07:27		Josephat Kiprono	4		2	Berlin	20 Sept 98
188	2:07:27		Julio Rey	2		1	Hamburg	27 Apr 03
189	2:07:28	111	Josiah Thugwane	1	RSA	1	Fukuoka	7 Dec 97
190	2:07:28		Evans Rutto	4		4	Chicago	9 Oct 05
191	2:07:29		Josephat Kiprono	5		2	Chicago	22 Oct 00
192	2:07:29		Stefano Baldini	2		6	London	14 Apr 02
193	2:07:29	112	Salim Kipsang	1	KEN	3	Berlin	30 Sept 07
194	2:07:29	113	Abraham Cherkos Feleke	1	ETH	4	Amsterdam	17 Oct 10
195	2:07:30	114	Jackson Kipkoech Kotut	1	KEN	1	Barcelona	7 Mar 10
196	2:07:31	115	Jonathan Kipkorir	1	KEN	7	Paris	5 Apr 09
197	2:07:32	116	Rodgers Rop	1	KEN	1	Hamburg	29 Apr 07
198	2:07:32		Sammy Korir	4		1	Seoul	16 Mar 08
199	2:07:33		Abdelkader El Mouaziz	4		2	London	16 Apr 00
200	2:07:33	117	Alexander Kuzin	1	UKR	1	Linz	15 Apr 07
201	2:07:33	118	Wlfred Kigen	1	KEN	2	Hamburg	29 Apr 07
202	2:07:33	119	Charles Kamathi	1	KEN	3	Rotterdam	13 Apr 08

203	2:07:33	120	Abderrahime Bouramdane	1	MAR	4	London	25 Apr 10
204	2:07:34		Moses Tanui	2		1	Boston	20 Apr 98
205	2:07:34	121	Antonio Peña	1	ESP	1	Otsu (Lake Biwa)	4 Mar 01
206	2:07:34		Rodgers Rop	2		6	London	23 Apr 06
207	2:07:34	122	Yonas Kifle	1	ERI	5	Amsterdam	21 Oct 07
208	2:07:34	123	Gudisa Shentema	1	ETH	4	Paris	6 Apr 08
209	2:07:35	124	Taisuke Kodama	1	JPN	1	Beijing	19 Oct 86
210	2:07:35	125	Abebe Mekonnen	1	ETH	1	Beijing	16 Oct 88
211	2:07:35		Robert Kipkoech Cheruiyot	2		1	Chicago	22 Oct 06
212	2:07:35		Paul Kirui	3		3	Seoul	21 Mar 10
213	2:07:36	126	Felix Keny	1	KEN	2	Barcelona	7 Mar 10
214	2:07:37	127	Joseph Chebet	1	KEN	2	Boston	20 Apr 98
215	2:07:37		Robert Cheboror	2		2	Hamburg	23 Apr 06
216	2:07:37	128	Jason Mbote	1	KEN	2	Seoul	16 Mar 08
217	2:07:37		David Kipkorir Mandago	3		2	Chicago	12 Oct 08
218	2:07:37	129	Teshome Gelana	1	ETH	1	Houston	17 Jan 10
219	2:07:37	130	Hailu Mekonnen	1	ETH	5	Amsterdam	17 Oct 10
220	2:07:38		Julio Rey	3		1	Hamburg	24 Apr 05
221	2:07:38		Abel Kirui	4		1	Wien	27 Apr 08
222	2:07:38		Charles Kamathi	2		1	Eindhoven	10 Oct 10
223	2:07:38	131	Nicholas Chelimo Kipkorir	1	KEN	2	Eindhoven	10 Oct 10
224	2:07:39		Japhet Kosgei	3		1	Otsu (Lake Biwa)	2 Mar 03
225	2:07:39		Benjamin Kimutai Kosgei	2		3	Amsterdam	19 Oct 03
226	2:07:40	132	Hiromi Taniguchi	1	JPN	2	Beijing	16 Oct 88
227	2:07:40		Daniel Njenga	3		2	Chicago	22 Oct 06
228	2:07:40		Paul Biwott	2	KEN	3	Eindhoven	10 Oct 10
229	2:07:41	133	Elijah Lagat	1	KEN	1	Berlin	28 Sept 97
230	2:07:41		Simon Biwott	2		4	Rotterdam	18 Apr 99
231	2:07:41		Daniel Njenga	4		3	Chicago	12 Oct 03
232	2:07:41		Toshinari Takaoka	2		1	Tokyo	13 Feb 05
233	2:07:41	134	Philip Manyim	1	KEN	1	Berlin	25 Sept 05
234	2:07:41		Martin Lel	4		1	London	22 Apr 07
235	2:07:41	135	Negari Terfa	1	ETH	3	Berlin	20 Sept 09
236	2:07:42		Simon Biwott	3		1	Berlin	10 Sept 00
237	2:07:42		William Kiplagat	3		1	Rotterdam	13 Apr 03
238	2:07:42	136	Jose Rios	1	ESP	1	Otsu (Lake Biwa)	7 Mar 04
239	2:07:42	137	Josphat Kenei Kiprotich	1	KEN	3	Hamburg	29 Apr 07
240	2:07:43	138	Erick Kimaiyo	1	KEN	2	Berlin	28 Sept 97
241	2:07:43		Tesfaye Jifar	2		1	New York	4 Nov 01
242	2:07:43		William Kipsang	3		2	Seoul	14 Mar 04
243	2:07:44		Lee Bong-Ju	2		2	Rotterdam	19 Apr 98
244	2:07:44		Daniel Njenga	5		2	Chicago	10 Oct 04
245	2:07:44		Abderrahim Goumri	3		2	London	22 Apr 07
246	2:07:44		Hendrick Ramaala	2		5	London	26 Apr 09
247	2:07:45		Gert Thys	3		3	Chicago	11 Oct 98
248	2:07:45	139	Simeretu Alemayehu	1	ETH	1	Torino	1 Apr 01
249	2:07:45	140	Edwin Komen	1	KEN	3	Seoul	16 Mar 08
250	2:07:45	141	Teferi Wadajo	1	ETH	4	Amsterdam	18 Oct 09
251	2:07:46		Nicholas Chelimo	2		5	Amsterdam	18 Oct 09
252	2:07:46		Julio Rey	4		1	Hamburg	22 Apr 01
253	2:07:46	142	Patrick Ivuti	1	KEN	5	Chicago	9 Oct 05

### Combined Men's Marathon Performance List – 2008 to 2011

Performances	Time	Performers	Name		Nat	Pos	Venue	Date
1	2:03:59	1	Haile Gebrselassie	1	ETH	1	Berlin	28 Sept 08
2	2:04:27	2	Duncan Kibet	1	KEN	1	Rotterdam	5 Apr 09
3	2:04:27	3	James Kwambai	1	KEN	2	Rotterdam	5 Apr 09
4	2:04:48	4	Patrick Makau	1	KEN	1	Rotterdam	11 Apr 10
5	2:04:53		Haile Gebrselassie	2		1	Dubai	18 Jan 08
6	2:04:55	5	Geoffrey Mutai	1	KEN	2	Rotterdam	11 Apr 10
7	2:04:57	6	Wilson Kiprotich Kipsang	1	KEN	1	Frankfurt	31 Oct 10
8	2:05:04	7	Abel Kirui	1	KEN	3	Rotterdam	5 Apr 09
9	2:05:08		Patrick Makau	2		1	Berlin	26 Sept 10
10	2:05:10	8	Samuel Wanjiru	1	KEN	1	London	26 Apr 09
11	2:05:10		Geoffrey Mutai	2		2	Berlin	26 Sept 10
12	2:05:13	9	Vincent Kipruto	1	KEN	3	Rotterdam	11 Apr 10
13	2:05:15	10	Martin Lel	1	KEN	1	London	13 Apr 08
14	2:05:18	11	Tsegaye Kebede	1	ETH	1	Fukuoka	6 Dec 09
15	2:05:19		Tsegaye Kebede	2		1	London	25 Apr 10
16	2:05:20		Tsegaye Kebede	3		2	London	26 Apr 09
17	2:05:23	12	Feyisa Lelisa	1	ETH	4	Rotterdam	11 Apr 10
18	2:05:24		Samuel Wanjiru	2		2	London	13 Apr 08
19	2:05:25	13	Bazu Worku	1	ETH	3	Berlin	26 Sept 10
20	2:05:27	14	Jaouad Gharib	1	MAR	3	London	26 Apr 09
21	2:05:29		Haile Gebrselassie	3		1	Dubai	16 Jan 09
22	2:05:30	15	Abderrahim Goumri	1	MAR	3	London	13 Apr 08
23	2:05:36		James Kwambai	2		2	Berlin	28 Sept 08
24	2:05:39	16	Eliud Kiptanui	1	KEN	1	Praha	9 May 10
25	2:05:41		Samuel Wanjiru	3		1	Chicago	11 Oct 09
26	2:05:44	17	Getu Feleke	1	ETH	1	Amsterdam	17 Oct 10
27	2:05:47		Vincent Kipruto	2		1	Paris	5 Apr 09
28	2:05:49	18	William Kipsang	1	KEN	1	Rotterdam	13 Apr 08
29	2:05:52	19	Robert Kiprono Cheruiyot	1	KEN	1	Boston	19 Apr 10
30	2:06:04		Abderrahim Goumri	2		2	Chicago	11 Oct 09
31	2:06:08		Haile Gebrselassie	4		1	Berlin	20 Sept 09
32	2:06:08		Vincent Kipruto	3		3	Chicago	11 Oct 09
33	2:06:09		Haile Gebrselassie	5		1	Dubai	22 Jan 10
34	2:06:10		Tsegaye Kebede	4		1	Fukuoka	7 Dec 08
35	2:06:12	20	Wilson Chebet	1	KEN	2	Amsterdam	17 Oct 10
36	2:06:14		Patrick Makau	3		4	Rotterdam	5 Apr 09
37	2:06:14	21	Gilbert Kirwa	1	KEN	1	Frankfurt	25 Oct 09
38	2:06:15	22	Emmanuel Mutai	1	KEN	4	London	13 Apr 08
39	2:06:15		Bazu Worku Hayla	2		2	Paris	5 Apr 09
40	2:06:17	23	Ryan Hall	1	USA	5	London	13 Apr 08
41	2:06:18	24	Gilbert Yegon Koech	1	KEN	1	Amsterdam	18 Oct 09
42	2:06:23		Robert Kiprono Cheruiyot	2		2	Frankfurt	25 Oct 09
43	2:06:23		Emmanuel Mutai	2		2	London	25 Apr 10
44	2:06:24		Samuel Wanjiru	4		1	Chicago	10 Oct 10
45	2:06:25	25	Evans Cheruiyot	1	KEN	1	Chicago	12 Oct 08
46	2:06:26	26	David Kiyeng	1	KEN	3	Paris	5 Apr 09
47	2:06:30	27	Adhane Yemana Tsegay	1	ETH	4	Paris	5 Apr 09
48	2:06:31	28	Tadese Tola	1	ETH	2	Frankfurt	31 Oct 10
49	2:06:32		Samuel Wanjiru	5		1	Beijing (OG)	24 Aug 08
50	2:06:33	29	Chala Dechase Beyene	1	ETH	2	Dubai	22 Jan 10
51	2:06:38	30	Deriba Merga	1	ETH	6	London	13 Apr 08
52	2:06:40		Tsegaye Kebede	5		1	Paris	6 Apr 08

53	2:06:41	31	Elijah Keitany	1	KEN	2	Amsterdam	18 Oct 09
54	2:06:41		Tadese Tola	2		1	Paris	11 Apr 10
55	2:06:43		Tsegaye Kebede	6		2	Chicago	10 Oct 10
56	2:06:46	32	Eshetu Wendimu	1	ETH	3	Dubai	22 Jan 10
57	2:06:48	33	Rachid Kisri	1	MAR	5	Paris	5 Apr 09
58	2:06:49	34	Sylvester Teimet	1	KEN	1	Seoul	21 Mar 10
59	2:06:50	35	Moses Kimeli Arusei	1	KEN	2	Paris	6 Apr 08
60	2:06:53	36	David Kipkorir Mandago	1	KEN	6	Paris	5 Apr 09
61	2:06:53		Emmanuel Mutai	3		4	London	26 Apr 09
62	2:06:54		Abel Kirui	2		1	Berlin (WC)	22 Aug 09
63	2:06:55		Jaouad Gharib	2		3	London	25 Apr 10
64	2:06:58	37	Daniel Rono	1	KEN	2	Rotterdam	13 Apr 08
65	2:06:59		Gilbert Kirwa	2		2	Seoul	21 Mar 10
66	2:07:01		Geoffrey Mutai	3		1	Eindhoven	11 Oct 09
67	2:07:01	38	Bernard Kipyego	1	KEN	5	Rotterdam	11 Apr 10
68	2:07:02	39	Paul Biwott	1	KEN	3	Amsterdam	18 Oct 09
69	2:07:04	40	Francis Kiprop	1	KEN	2	Berlin	20 Sept 09
70	2:07:04	41	Elias Chelimo	1	KEN	3	Frankfurt	31 Oct 10
71	2:07:04	42	Bekana Daba	1	ETH	1	Houston	30 Jan 11
72	2:07:05	43	William Kiplagat	1	KEN	3	Frankfurt	25 Oct 09
73	2:07:06	44	Charles Munyeki	1	KEN	4	Chicago	11 Oct 09
74	2:07:11	45	Alfred Kering	1	KEN	2	Paris	11 Apr 10
75	2:07:11		Adhane Yemane Tsegay	2		2	Praha	9 May 10
76	2:07:11	46	Philip Kimutai Sanga	1	KEN	4	Frankfurt	31 Oct 10
77	2:07:13		Wilson Kiprotich Kipsang	2		3	Paris	11 Apr 10
78	2:07:16	47	Isaac Macharia	1	KEN	2	Dubai	18 Jan 08
79	2:07:16		Jaouad Gharib	3		2	Beijing (OG)	24 Aug 08
80	2:07:17	48	Benjamin Kiptoo Kolum	1	KEN	1	Roma	22 Mar 09
81	2:07:18	49	David Barmasai	1	KEN	1	Dubai	21 Jan 11
82	2:07:21		Robert Kiprono Cheruiyot	3		1	Frankfurt	26 Oct 08
83	2:07:23	50	Viktor Röthlin	1	SUI	1	Tokyo	18 Feb 08
84	2:07:23		David Kipkorir Mandago	2		1	Hamburg	27 Apr 08
85	2:07:23	51	Tekeste Kebede	1	ETH	2	Boston	19 Apr 10
86	2:07:23	52	Nicholas Kipruto Koech	1	KEN	3	Praha	9 May 10
87	2:07:23		Chala Dechase	2	ETH	3	Amsterdam	17 Oct 10
88	2:07:24	53	Hosea Kiprop Rotich	1	KEN	3	Paris	6 Apr 08
89	2:07:29	54	Abraham Cherkos Feleke	1	ETH	4	Amsterdam	17 Oct 10
90	2:07:30	55	Jackson Kipkoech Kotut	1	KEN	1	Barcelona	7 Mar 10
91	2:07:31	56	Jonathan Kipkorir	1	KEN	7	Paris	5 Apr 09
92	2:07:32	57	Sammy Korir	1	KEN	1	Seoul	16 Mar 08
93	2:07:33	58	Charles Kamathi	1	KEN	3	Rotterdam	13 Apr 08
94	2:07:33	59	Abderrahime Bouramdane	1	MAR	4	London	25 Apr 10
95	2:07:34	60	Gudisa Shentema	1	ETH	4	Paris	6 Apr 08
96	2:07:35	61	Paul Kirui	1	KEN	3	Seoul	21 Mar 10
97	2:07:36	62	Felix Keny	1	KEN	2	Barcelona	7 Mar 10
98	2:07:37	63	Jason Mbote	1	KEN	2	Seoul	16 Mar 08
99	2:07:37		David Kipkorir Mandago	3		2	Chicago	12 Oct 08
100	2:07:37	64	Teshome Gelana	1	ETH	1	Houston	17 Jan 10
101	2:07:37	65	Hailu Mekonnen	1	ETH	5	Amsterdam	17 Oct 10
102	2:07:38		Abel Kirui	3		1	Wien	27 Apr 08
103	2:07:38		Charles Kamathi	2	KEN	1	Eindhoven	10 Oct 10

## 2011 Men's Marathon Performance List

Performance	Time	Performer	Name	Nat	Place	Venue	Date
1	2:07:04	1	Bekana Daba	ETH	1	Houston	30 Jan 2011
2	2:07:18	2	David Barmasai	KEN	1	Dubai	21 Jan 2011
3	2:08:07	3	Robert Kipchumba	KEN	1	Xiamen	2 Jan 2011
4	2:08:17	4	Evans Cheruiyot	KEN	2	Dubai	21 Jan 2011
5	2:08:54	5	Eshetu Wondimu	ETH	3	Dubai	21 Jan 2011
6	2:09:08	6	Derese Chimsa	ETH	4	Dubai	21 Jan 2011
7	2:09:16	7	Albert Matebor	KEN	1	Verona	20 Feb 11
8	2:09:27	8	Stephen Kosgei Kibet	KEN	5	Dubai	21 Jan 2011
9	2:09:50	9	Mesfin Hailu Lemma	ETH	2	Xiamen	2 Jan 2011
10	2:09:53	10	Daniel Abera Wedajo	ETH	1	Sevilla	13 Feb 2011
11	2:09:54	11	Girma Assefa	ETH	1	Mumbai	16 Jan 2011
12	2:09:54	12	Berhanu Bekele Berga	ETH	6	Dubai	21 Jan 2011
13	2:09:57	13	Bororu Tsegaye Wolde	ETH	2	Mumbai	16 Jan 2011
14	2:09:58	14	Alemayehu Shumye	ETH	3	Xiamen	2 Jan 2011
15	2:10:00	15	Patrick Muriuki	KEN	3	Mumbai	16 Jan 2011
16	2:10:02	16	Stephen Chemlany	KEN	1	Sea of Galilee (Tiberias)	6 Jan 2011
17	2:10:05	17	Gosa Tafa Megeresa	ETH	2	Sevilla	13 Feb 2011
18	2:10:08	18	Tariku Jufar	ETH	4	Mumbai	16 Jan 2011
19	2:10:09	19	Patrick Tambwe	COD	2	Sea of Galilee (Tiberias)	6 Jan 2011
20	2:10:11	20	Julius Muriuki	KEN	3	Sea of Galilee (Tiberias)	6 Jan 2011
21	2:10:14	21	Ahmed Baday	MAR	1	Beppu-Oita	6 Feb 2011
22	2:10:15	22	Gidena Gebremedhin Mirach	ETH	4	Sea of Galilee (Tiberias)	6 Jan 2011
23	2:10:19	23	Gilbert Chepkwony	KEN	4	Xiamen	2 Jan 2011
24	2:10:22	24	Gezahagn Girma Beyene	ETH	1	Marrakech	30 Jan 2011
25	2:10:24	25	Daniel Njenga	KEN	2	Beppu-Oita	6 Feb 2011
26	2:10:26	26	Samson Kiptoo Bungei	KEN	5	Sea of Galilee (Tiberias)	6 Jan 2011
27	2:10:27	27	Emanuel Samal Pilan	KEN	7	Dubai	21 Jan 2011
28	2:10:29	28	Kazuhiko Maeda	JPN	3	Beppu-Oita	6 Feb 2011
29	2:10:42	29	Haile Haja Gameda	ETH	5	Mumbai	16 Jan 2011
30	2:11:05	30	John Kelai	KEN	6	Mumbai	16 Jan 2011
31	2:11:08	31	John Kipkorir Mutai	KEN	6	Sea of Galilee (Tiberias)	6 Jan 2011
32	2:11:08	32	Johnstone Kibet Maiyo	KEN	7	Sea of Galilee (Tiberias)	6 Jan 2011
33	2:11:08	33	Shumi Gerbada Etisha	ETH	2	Marrakech	30 Jan 2011
34	2:11:11	34	Philemon Kipchumba Kisang	KEN	2	Verona	20 Feb 11
35	2:11:12	35	Siraj Gena Amda	ETH	5	Xiamen	2 Jan 2011
36	2:11:13	36	Zembaba Yigeze	ETH	6	Xiamen	2 Jan 2011
37	2:11:15	37	Adil Ananni	MAR	8	Dubai	21 Jan 2011
38	2:11:20	38	MouradMarofit	MAR	3	Marrakech	30 Jan 2011
39	2:11:21	39	Japhet Kipkorir Kosgei	KEN	7	Mumbai	16 Jan 2011
40	2:11:30	40	Nick Arciniaga	USA	2	Houston	30 Jan 2011
41	2:11:41	41	Wilfred Murgor	KEN	3	Houston	30 Jan 2011
42	2:11:43	42	Harun Njoroge	KEN	4	Beppu-Oita	6 Feb 2011
43	2:11:44	43	David Toriok	KEN	4	Marrakech	30 Jan 2011
44	2:11:44	44	Mitku Soboka Tulu	ETH	3	Sevilla	13 Feb 2011
45	2:11:47	45	Urige Arabo Buta	NOR	5	Marrakech	30 Jan 2011
46	2:12:12	46	Berhanu Shiferaw Tolcha	ETH	6	Marrakech	30 Jan 2011
47	2:12:13	47	Justus Kiprono Kipchirchir	KEN	8	Mumbai	16 Jan 2011
48	2:12:19	48	Paul Kirui	KEN	7	Xiamen	2 Jan 2011
49	2:12:21	49	Pablo Vilobos	ESP	4	Sevilla	13 Feb 2011
50	2:12:26	50	Atsushi Fujita	JPN	5	Beppu-Oita	6 Feb 2011
51	2:12:27	51	Jonathan Kipchirchir	KEN	8	Sea of Galilee (Tiberias)	6 Jan 2011
52	2:12:34	52	Yuki Moriwaki	JPN	6	Beppu-Oita	6 Feb 2011

## 2010 Men's Marathon Performance List

Performance	Time	Performer	Name		Nat	Place	Venue	Date
1	2:04:48	1	Patrick Makau	1	KEN	1	Rotterdam	11 Apr 2010
2	2:04:55	2	Geoffrey Mutai	1	KEN	2	Rotterdam	11 Apr 2010
3	2:04:57	3	Wilson Kipsang Kiprotich	1	KEN	1	Frankfurt	31 Oct 2010
4	2:05:08		Patrick Makau	2		1	Berlin	26 Sept 2010
5	2:05:10		Geoffrey Mutai	2		2	Berlin	26 Sept 2010
6	2:05:13	4	Vincent Kipruto	1	KEN	3	Rotterdam	11 Apr 2010
7	2:05:19	5	Tsegaye Kebede	1	ETH	1	London	25 Apr 2010
8	2:05:23	6	Feyisa Lilesa	1	ETH	4	Rotterdam	11 Apr 2010
9	2:05:25	7	Bazu Worku	1	ETH	3	Berlin	26 Sept 2010
10	2:05:39	8	Eliud Kiptanui	1	KEN	1	Praha	9 May 2010
11	2:05:44	9	Getu Feleke	1	ETH	1	Amsterdam	17 Oct 2010
12	2:05:52	10	Robert Kiprono Cheruiyot	1	KEN	1	Boston	19 Apr 2010
13	2:06:09	11	Haile Gebrselassie	1	ETH	1	Dubai	22 Jan 2010
14	2:06:12	12	Wilson Chebet	1	KEN	2	Amsterdam	17 Oct 2010
15	2:06:23	13	Emmanuel Mutai	1	KEN	2	London	25 Apr 2010
16	2:06:24	14	Samuel Wanjiru	1	KEN	1	Chicago	10 Oct 2010
17	2:06:31	15	Tadese Tola	1	ETH	2	Frankfurt	31 Oct 2010
18	2:06:33	16	Chala Dechase Beyene	1	ETH	2	Dubai	22 Jan 2010
19	2:06:41		Tadese Tola	2	ETH	1	Paris	11 Apr 2010
20	2:06:43		Tsegaye Kebede	2		2	Chicago	10 Oct 2010
21	2:06:46	17	Eshetu Wondimu	1	ETH	3	Dubai	22 Jan 2010
22	2:06:49	18	Sylvester Kimeli Teimet	1	KEN	1	Seoul	21 Mar 2010
23	2:06:55	19	Jaouad Gharib	1	MAR	3	London	25 Apr 2010
24	2:06:59	20	Gilbert Kirwa Too	1	KEN	2	Seoul	21 Mar 2010
25	2:07:01	21	Bernard Kipyego	1	KEN	5	Rotterdam	11 Apr 2010
26	2:07:04	22	Elias Kemboi Chelimo	1	KEN	3	Frankfurt	31 Oct 2010
27	2:07:11	23	Alfred Kering	1	KEN	2	Paris	11 Apr 2010
28	2:07:11	24	Yemane Tsegay Adhane	1	ETH	2	Praha	9 May 2010
29	2:07:11	25	Philip Kimutai Sanga	1	KEN	4	Frankfurt	31 Oct 2010
30	2:07:13		Wilson Kipsang Kiprotich	2	KEN	3	Paris	11 Apr 2010
31	2:07:23	26	Tekeste Kebede	1	ETH	2	Boston	19 Apr 2010
32	2:07:23	27	Nicholas Kipruto Koech	1	KEN	3	Praha	9 May 2010
33	2:07:23		Chala Dechase	2	ETH	3	Amsterdam	17 Oct 2010
34	2:07:29	28	Abraham Cherkos Feleke	1	ETH	4	Amsterdam	17 Oct 2010
35	2:07:30	29	Jackson Kipkoech Kotut	1	KEN	1	Barcelona	7 Mar 2010
36	2:07:33	30	Abderrahime Bouramdane	1	MAR	4	London	25 Apr 2010
37	2:07:35	31	Paul Kirui	1	KEN	3	Seoul	21 Mar 2010
38	2:07:36	32	Felix Keny	1	KEN	2	Barcelona	7 Mar 2010
39	2:07:37	33	Teshome Gelana	1	ETH	1	Houston	17 Jan 2010
40	2:07:37	34	Hailu Mekonnen	1	ETH	5	Amsterdam	17 Oct 2010
41	2:07:38	35	Charles Kamathi	1	KEN	1	Eindhoven	10 Oct 2010
42	2:07:38	36	Nicholas Chelimo Kipkorir	1	KEN	2	Eindhoven	10 Oct 2010
43	2:07:40	37	Paul Biwott	1	KEN	3	Eindhoven	10 Oct 2010
44	2:07:52		Yemane Tsegay Adhane	2		4	Berlin	26 Sept 2010
45	2:07:54	38	Benjamin Kiptoo Kolum	1	KEN	1	Chunchon	24 Oct 2010
46	2:07:56	39	Shadrack Kiplagat	1	KEN	6	Amsterdam	17 Oct 2010
47	2:07:58	40	Kenneth Mungara	1	KEN	1	Toronto	26 Sep 2010
48	2:08:01		Benjamin Kiptoo Kolum	2	KEN	4	Paris	11 Apr 2010
49	2:08:04	41	Abel Kirui	1	KEN	5	London	25 Apr 2010
50	2:08:04		Getu Feleke	2	ETH	4	Praha	9 May 2010
51	2:08:05		Eliud Kiptanui	2		5	Berlin	26 Sept 2010
52	2:08:10	42	Jafred Chirchir Kipchumba	1	KEN	2	Toronto	26 Sep 2010

53	2:08:10		Feyisa Lilesa	2		3	Chicago	10 Oct 2010
54	2:08:13	43	Yared Dagnaw Sharew	1	ERI	4	Eindhoven	10 Oct 2010
55	2:08:14	44	Gebre Gebrmariam	1	ETH	1	New York	7 Nov 2010
56	2:08:15	45	Daniel Rono	1	KEN	3	Toronto	26 Sep 2010
57	2:08:15	46	David Kemboi Kiyeng	1	KEN	1	Seoul	7 Nov 2010
58	2:08:17	47	Mohamed El Hachimi	1	MAR	2	Seoul	7 Nov 2010
59	2:08:22	48	Nixon Machichim	1	KEN	4	Toronto	26 Sep 2010
60	2:08:24	49	Daniel Kipkorir Chepyegon	1	UGA	5	Frankfurt	31 Oct 2010
61	2:08:24		Jaouad Gharib	2		1	Fukuoka	5 Dec 2010
62	2:08:25	50	Wegayehu Girma Teferu	1	ETH	3	Seoul	7 Nov 2010
63	2:08:27	51	Zenbaba Yigeze	1	ETH	2	Houston	17 Jan 2010
64	2:08:29	52	Daniel Kiprugut Too	1	KEN	5	Paris	11 Apr 2010
65	2:08:32	53	Mulugueta Wami	1	ETH	6	Paris	11 Apr 2010
66	2:08:32	54	Jaroslav Mushcinski	1	MDA	1	Düsseldorf	2 May 2010
67	2:08:33	55	Gilbert Chepkwony	1	KEN	1	Kosice	3 Oct 2010
68	2:08:33	56	Stephen Mokoka	1	RSA	4	Seoul	7 Nov 2010
69	2:08:39	57	Siraj Amda Bene Gena	1	ETH	1	Roma	21 Mar 2010
70	2:08:39	58	Deriba Merga Ejigu	1	ETH	3	Boston	19 Apr 2010
71	2:08:40	59	Henry Sugut	1	KEN	1	Wien	18 Apr 2010
72	2:08:41	60	Ryan Hall	1	USA	4	Boston	19 Apr 2010
73	2:08:41	61	Solomon Busendich	1	KEN	2	Kosice	3 Oct 2010
74	2:08:42	62	Peter Chebet	1	KEN	3	Kosice	3 Oct 2010
75	2:08:44	63	Wesley Korir	1	KEN	4	Chicago	10 Oct 2010
76	2:08:45	64	Samuel Woldemmanuel Gebremichael	1	ETH	3	Barcelona	7 Mar 2010
77	2:08:45	65	Deressa Chimsa	1	ETH	1	Daegu	11 Apr 2010
78	2:08:45	66	Daniel Kosgei	1	KEN	7	Amsterdam	17 Oct 2010
79	2:08:46	67	Marilson Gomes dos Santos	1	BRA	6	London	25 Apr 2010
80	2:08:47		Feyisa Lelisa	3	ETH	1	Xiamen	2 Jan 2010
81	2:08:48		Zenbaba Yigeze	2	ETH	7	Paris	11 Apr 2010
82	2:08:50		Bernard Kipyego	2		6	Berlin	26 Sept 2010
83	2:08:53	68	Francis Kiprop	1	KEN	6	Rotterdam	11 Apr 2010
84	2:08:53	69	Benson Barus	1	KEN	2	Chunchon	24 Oct 2010
85	2:08:54	70	David Kisang	1	KEN	3	Chunchon	24 Oct 2010
86	2:08:55	71	Yusuf Songoka	1	KEN	1	Hannover	2 May 2010
87	2:08:55	72	Gashaw Melese Asfaw	1	ETH	5	Toronto	26 Sep 2010
88	2:08:58	73	Jason Mbote	1	KEN	3	Houston	17 Jan 2010
89	2:08:58	74	Moses Kangogo Kibet	1	KEN	1	Dublin	25 Oct 2010
90	2:08:59		Jackson Kotut Kipkoech	2	KEN	8	Amsterdam	17 Oct 2010
91	2:09:00		David Kemboi Kiyeng	2		4	Seoul	21 Mar 2010
92	2:09:00		Benson Barus Kipchumba	2		2	Roma	21 Mar 2010
93	2:09:00	75	Paul Kosgei Malakwen	1	KEN	1	Marnello to Carpi	10 Oct 2010
94	2:09:01		Hailu Mekonnen	2	ETH	8	Paris	11 Apr 2010
95	2:09:03	76	Abiyote Guta Duguma	1	ETH	4	Dubai	22 Jan 2010
96	2:09:03	77	Shumi Gerbaba Eticha	1	ETH	1	Casablanca	24 Oct 2010
97	2:09:03	78	Terefe Maregu Zewdie	1	ETH	6	Frankfurt	31 Oct 2010
98	2:09:04		Jason Mbote	2		5	Seoul	7 Nov 2010
99	2:09:08		Nixon Machichim	2	KEN	3	Roma	21 Mar 2010
100	2:09:08		Vincent Kipruto	2		5	Chicago	10 Oct 2010
101	2:09:09	79	Hussen Adelo Roba	1	ETH	4	Houston	17 Jan 2010

## 2009 Men's Marathon Performance List

Performance	Time	Performer	Name	Nat	Place	Venue	Date
1	2:04:27	1	Duncan Kibet	KEN	1	Rotterdam	5 Apr 2009
2	2:04:27	2	James Kwambai	KEN	2	Rotterdam	5 Apr 2009
3	2:05:04	3	Abel Kirui	KEN	3	Rotterdam	5 Apr 2009
4	2:05:10	4	Samuel Wanjiru	KEN	1	London	26 Apr 2009
5	2:05:18	5	Tsegaye Kebede	ETH	1	Fukuoka	6 Dec 2009
6	2:05:20		Tsegaye Kebede		2	London	26 Apr 2009
7	2:05:27	6	Jaouad Gharib	MAR	3	London	26 Apr 2009
8	2:05:29	7	Haile Gebrselassie	ETH	1	Dubai	16 Jan 2009
9	2:05:41		Samuel Wanjiru		1	Chicago	11 Oct 2009
10	2:05:47	8	Vincent Kipruto	KEN	1	Paris	5 Apr 2009
11	2:06:04	9	Abderrahim Goumri	MAR	2	Chicago	11 Oct 2009
12	2:06:08		Haile Gebrselassie		1	Berlin	20 Sept 2009
13	2:06:08		Vincent Kipruto		3	Chicago	11 Oct 2009
14	2:06:14	10	Patrick Makau	KEN	4	Rotterdam	5 Apr 2009
15	2:06:14	11	Gilbert Kirwa	KEN	1	Frankfurt	25 Oct 2009
16	2:06:15	12	Bazu Worku Hayla	ETH	2	Paris	5 Apr 2009
17	2:06:18	13	Gilbert Yegon Koech	KEN	1	Amsterdam	18 Oct 2009
18	2:06:23	14	Robert Kiprono Cheruiyot	KEN	2	Frankfurt	25 Oct 2009
19	2:06:26	15	David Kiyeng	KEN	3	Paris	5 Apr 2009
20	2:06:30	16	Yemane Adhane	ETH	4	Paris	5 Apr 2009
21	2:06:41	17	Elijah Keitany	KEN	2	Amsterdam	18 Oct 2009
22	2:06:48	18	Rachid Kisri	MAR	5	Paris	5 Apr 2009
23	2:06:53	19	David Kipkorir Mandago	KEN	6	Paris	5 Apr 2009
24	2:06:53	20	Emmanuel Mutai	KEN	4	London	26 Apr 2009
25	2:06:54		Abel Kirui		1	Berlin (WC)	22 Aug 2009
26	2:07:01	21	Geoffrey Mutai	KEN	1	Eindhoven	11 Oct 2009
27	2:07:02	22	Paul Biwott	KEN	3	Amsterdam	18 Oct 2009
28	2:07:04	23	Francis Kiprop	KEN	2	Berlin	20 Sept 2009
29	2:07:05	24	William Kiplagat	KEN	3	Frankfurt	25 Oct 2009
30	2:07:06	25	Charles Munyeki	KEN	4	Chicago	11 Oct 2009
31	2:07:17	26	Benjamin Kiptoo Koulum	KEN	1	Roma	22 Mar 2009
32	2:07:31	27	Jonathan Kipkorir	KEN	7	Paris	5 Apr 2009
33	2:07:41	28	Negari Terfa	ETH	3	Berlin	20 Sept 2009
34	2:07:44	29	Hendrick Ramaala	RSA	5	London	26 Apr 2009
35	2:07:45	30	Teferi Wodajo	ETH	4	Amsterdam	18 Oct 2009
36	2:07:46	31	Nicholas Chelimo	KEN	5	Amsterdam	18 Oct 2009
37	2:07:48	32	Patrick Ivuti	KEN	1	Praha	10 May 2009
38	2:07:48		Emmanuel Mutai		2	Berlin (WC)	22 Aug 2009
39	2:07:52	33	Deriba Merga	ETH	1	Houston	18 Jan 2009
40	2:07:52	34	Tekeste Kebede	ETH	2	Fukuoka	6 Dec 2009
41	2:07:54	35	Deressa Chimsa	ETH	2	Dubai	16 Jan 2009
42	2:07:54	36	Moses Arusei	KEN	1	Seoul	15 Mar 2009
43	2:07:54	37	Stephen Kibiwott	KEN	2	Praha	10 May 2009
44	2:08:07	38	Jackson Kipkoech Kotut	KEN	1	Sea of Galilee (Tiberias)	8 Jan 2009
45	2:08:07	39	Philip Kimutai Sanga	KEN	2	Eindhoven	11 Oct 2009
46	2:08:10	40	Josephy Ngeny	KEN	3	Eindhoven	11 Oct 2009
47	2:08:11	41	Shadrack Kiplagat	KEN	8	Paris	5 Apr 2009
48	2:08:12	42	John Komen	KEN	9	Paris	5 Apr 2009
49	2:08:13		John Komen		1	Venezia	25 Oct 2009
50	2:08:15	43	Elias Kemboi Chelimo	KEN	4	Frankfurt	25 Oct 2009

## Women:

### Tokyo Marathon All Time list

Performances	Time	Performers	Name	Nat	Place	Date
1	2:25:38	1	Mizuho Nasukawa	JPN	1	22 Mar 2009
2	2:28:55	2	Yukari Sahaku	JPN	2	22 Mar 2009
3	2:29:19	3	Reiko Tosa	JPN	3	22 Mar 2009
4	2:29:33	4	Alevtina Biktimirova	RUS	4	22 Mar 2009
5	2:29:59	5	Shitaye Gemechu	ETH	5	22 Mar 2009
6	2:31:01	6	Hitomi Niiya	JPN	1	18 Feb 2007
7	2:31:57	7	Kiyoko Shimizu	JPN	6	22 Mar 2009
8	2:32:11	8	Hiromi Ominami	JPN	7	22 Mar 2009
9	2:32:22	9	Luminita Talpos	ROU	8	22 Mar 2009
10	2:32:40	10	Pamela Chepchumba	KEN	9	22 Mar 2009
11	2:34:39		Alevtina Biktimirova		1	28 Feb 2010
12	2:35:35	11	Claudia Dreher	GER	1	17 Feb 2008
13	2:35:39	12	Harumi Hiroyama	JPN	10	22 Mar 2009
14	2:36:29	13	Robe Guta	ETH	2	28 Feb 2011
16	2:36:42	14	Nuta Olaru	ROU	3	28 Feb 2011
17	2:39:01	15	Maki Kono	JPN	4	28 Feb 2011
18	2:39:07	16	Ikuyo Yamashita	JPN	11	22 Mar 2009

### Japan All Comers Performance List - Women

Performances	Time	Performers	Name	Nat	Place	Venue	Date
1	2:21:18	1	Mizuki Noguchi	JPN	1	Osaka	26 Jan 2003
2	2:21:37		Mizuki Noguchi		1	Tokyo	18 Nov 2007
3	2:21:45	2	Masako Chiba	JPN	2	Osaka	26 Jan 2003
4	2:21:51	3	Naoko Sakamoto	JPN	3	Osaka	26 Jan 2003
5	2:22:12	4	Eri Yamaguchi	JPN	1	Tokyo	21 Nov 1999
6	2:22:19	5	Naoko Takahashi	JPN	1	Nagoya	12 Mar 2000
7	2:22:22	6	Lornah Kiplagat	KEN	4	Osaka	26 Jan 2003
8	2:22:54	7	Lidia Simon	ROM	1	Osaka	30 Jan 2000
9	2:22:56	8	Harumi Hiroyama	JPN	2	Osaka	30 Jan 2000
10	2:22:56	9	Jelena Prokopcuka	LAT	1	Osaka	30 Jan 2005
11	2:23:11	10	Yoko Shibui	JPN	1	Osaka	28 Jan 2001
12	2:23:24		Lidia Simon		1	Osaka	31 Jan 1999
13	2:23:26		Harumi Hiroyama		1	Nagoya	12 Mar 2006
14	2:23:30	11	Mari Ozaki	JPN	5	Osaka	26 Jan 2003
15	2:23:30	12	Yoshimi Ozaki	JPN	1	Tokyo	16 Nov 2008
16	2:23:31	13	Esther Wanjiru	KEN	3	Osaka	30 Jan 2000
17	2:23:31	14	Salina Kosgei	KEN	2	Tokyo	18 Nov 2007
18	2:23:42		Yoko Shibui		1	Osaka	25 Jan 2009
19	2:23:46	15	Tegla Loroupe	KEN	2	Osaka	31 Jan 1999
20	2:23:48	16	Yumiko Hara	JPN	1	Osaka	28 Jan 2007
21	2:23:51	17	Lisa Ondieki	AUS	1	Osaka	31 Jan 1988
22	2:23:55		Lornah Kiplagat		1	Osaka	27 Jan 2002
23	2:23:56		Yoshimi Ozaki		1	Yokohama	20 Feb 2011
24	2:23:57	18	Reiko Tosa	JPN	1	Nagoya	14 Mar 2004
25	2:23:58		Yoko Shibui		2	Nagoya	12 Mar 2006
26	2:23:59		Mari Ozaki		2	Osaka	30 Jan 2005
27	2:24:02	19	Joyce Chepchumba	KEN	1	Tokyo	19 Nov 2000
28	2:24:19		Yumiko Hara		1	Nagoya	13 Mar 2005
29	2:24:25	20	Megumi Oshima	JPN	2	Nagoya	13 Mar 2005
30	2:24:27	21	Yuri Kano	JPN	2	Tokyo	16 Nov 2008
31	2:24:29	22	Remi Nakazato	JPN	2	Yokohama	20 Feb 2011
32	2:24:34		Harumi Hiroyama		2	Osaka	27 Jan 2002
33	2:24:36		Reiko Tosa		2	Nagoya	12 Mar 2000
34	2:24:39		Naoko Takahashi		1	Tokyo	20 Nov 2005
35	2:24:39		Mari Ozaki		2	Osaka	28 Jan 2007
36	2:24:43		Yuri Kano		3	Osaka	28 Jan 2007
37	2:24:47	23	Elfenesh Alemu	ETH	4	Osaka	30 Jan 2000
38	2:24:47		Reiko Tosa		2	Tokyo	19 Nov 2000
39	2:24:47		Elfenesh Alemu		1	Tokyo	16 Nov 2003
40	2:24:47		Megumi Tanaka		2	Nagoya	14 Mar 2004
41	2:24:54	24	Ryoko Eda	JPN	3	Nagoya	13 Mar 2005
42	2:24:55		Elfenesh Alemu		1	Nagano	9 Apr 2000
43	2:24:59	25	Banuelia Mrashani	TAN	1	Tokyo	17 Nov 2002
44	2:25:02	26	Rie Matsuoka	JPN	2	Tokyo	17 Nov 2002
45	2:25:03	27	Takami Ominami	JPN	1	Nagoya	9 Mar 2003
46	2:25:03	28	Mara Yamauchi	GBR	3	Tokyo	16 Nov 2008
47	2:25:04	29	Marisa Barros	POR	3	Yokohama	20 Feb 2011
48	2:25:05	30	Catherin Ndereba	KEN	1	Osaka	29 Jan 2006
49	2:25:08	31	Derartu Tulu	ETH	1	Tokyo	18 Nov 2001
50	2:25:10		Mara Yamauchi		1	Osaka	27 Jan 2008
51	2:25:10	32	Kiyoko Shimahara	JPN	1	Sapporo (Hokkaido)	30 Aug 2009
52	2:25:14	33	Kayoko Obata	JPN	5	Osaka	30 Jan 2000

53	2:25:14	34	Amane Gobena	ETH	1	Osaka	31 Jan 2010
54	2:25:15	35	Zivile Balciunaite	LTU	2	Tokyo	20 Nov 2005
55	2:25:21	36	Yasuko Hashimoto	JPN	4	Nagoya	13 Mar 2005
56	2:25:24	37	Katrin Dörre	GDR	1	Tokyo	15 Nov 1987
57	2:25:29	38	Irina Timofeyeva	RUS	2	Tokyo	18 Nov 2001
58	2:25:29		Naoko Sakamoto		1	Osaka	25 Jan 2004
59	2:25:34	39	Tomo Morimoto	JPN	2	Osaka	27 Jan 2008
60	2:25:35	40	Bruna Genovese	ITA	3	Tokyo	18 Nov 2001
61	2:25:35		Mizuki Noguchi		1	Nagoya	10 Mar 2002
62	2:25:38	41	Mizuho Nasukawa	JPN	1	Tokyo	22 Mar 2009
63	2:25:40		Esther Wanjiru		3	Osaka	31 Jan 1999
64	2:25:40	42	Yukiko Akaba	JPN	2	Osaka	25 Jan 2009
65	2:25:44		Marisa Barros		2	Osaka	31 Jan 2010
66	2:25:46		Masako Chiba		1	Sapporo (Hokkaido)	28 Aug 2005
67	2:25:48		Naoko Takahashi		1	Nagoya	8 Mar 1998
68	2:25:51	43	Yurika Nakamura	JPN	1	Nagoya	9 Mar 2008
69	2:25:51		Yoko Shibui		4	Tokyo	16 Nov 2008
70	2:25:52		Kayoko Obata		2	Osaka	29 Jan 2006
71	2:25:56		Harumi Hiroyama		3	Osaka	30 Jan 2005
72	2:25:57		Katrin Dörre		1	Osaka	26 Jan 1997
73	2:26:00	44	Julia Mombi	KEN	3	Osaka	27 Jan 2008
74	2:26:01	45	Kazumi Matsuo	JPN	1	Nagoya	11 Mar 2001
75	2:26:02	46	Kiyomi Ogawa	JPN	5	Nagoya	13 Mar 2005
76	2:26:04		Katrin Dörre		1	Osaka	28 Jan 1996
77	2:26:04		Takami Ominami		2	Nagoya	11 Mar 2001
78	2:26:09	47	Tomoe Abe	JPN	1	Osaka	30 Jan 1994
79	2:26:09	48	Nobuko Fujimura	JPN	2	Osaka	30 Jan 1994
80	2:26:09	49	Madina Biktagirova	RUS	1	Nagoya	12 Mar 2002
81	2:26:09	50	Miki Ohira	JPN	4	Osaka	27 Jan 2008
82	2:26:10	51	Junko Asari	JPN	3	Osaka	30 Jan 1994
83	2:26:11	52	Chika Horie	JPN	1	Sapporo (Hokkaido)	25 Aug 2002
84	2:26:14		Kiyoko Shimahara		2	Sapporo (Hokkaido)	28 Aug 2005
85	2:26:15		Reiko Tosa		1	Tokyo	19 Nov 2006
86	2:26:18		Kayoko Obata		4	Osaka	31 Jan 1999
87	2:26:19		Yoshimi Ozaki		2	Nagoya	9 Mar 2008
88	2:26:21	53	Yukiko Okamoto	JPN	3	Nagoya	11 Mar 2001
89	2:26:26	54	Yumi Kokamo	JPN	1	Osaka	26 Jan 1992
90	2:26:26		Junko Asari		1	Osaka	31 Jan 1993
91	2:26:26	55	Mitsuyo Yoshida	JPN	4	Osaka	30 Jan 1994
92	2:26:26	56	Valentina Yegorova	RUS	2	Nagano	9 Apr 2000
93	2:26:27		Tomoe Abe		2	Osaka	31 Jan 1993
94	2:26:27	57	Hiromi Suzuki	JPN	2	Osaka	28 Jan 1996
95	2:26:27		Mari Ozaki		3	Osaka	31 Jan 2010
96	2:26:29		Yukiko Akaba		1	Osaka	30 Jan 2011
97	2:26:34	58	Carla Beurskens	NED	2	Tokyo	15 Nov 1987
98	2:26:34		Bruna Genovese		1	Tokyo	21 Nov 2004
99	2:26:37	59	Ikuyo Goto	JPN	3	Osaka	28 Jan 1996
100	2:26:38		Derartu Tulu		3	Tokyo	19 Nov 2000
101	2:26:38	60	Alevtina Ivanova	RUS	1	Nagano	20 Apr 2008
102	2:26:39	61	Constantina Tomescu	ROM	4	Tokyo	18 Nov 2001

### Best Marks for Places in Tokyo Marathon

Place	Time	Name	Nat	Date	Note
1	2:25:38	Mizuho Nasukawa	JPN	22 Mar 2009	
2	2:28:55	Yukari Sahaku	JPN	22 Mar 2009	
3	2:29:19	Reiko Tosa	JPN	22 Mar 2009	
4	2:29:33	Alevtina Biktimirova	RUS	22 Mar 2009	
5	2:29:59	Shitaye Gemechu	ETH	22 Mar 2009	
6	2:31:57	Kiyoko Shimizu	JPN	22 Mar 2009	
7	2:32:11	Hiromi Ominami	JPN	22 Mar 2009	
8	2:32:22	Luminita Talpos	ROU	22 Mar 2009	

### Best Marks for Places in Japan

Place	Time	Name	Nat	Venue	Date	Note
1	2:21:18	Mizuki Noguchi	JPN	Osaka	26 Jan 2003	
2	2:21:45	Masako Chiba	JPN	Osaka	26 Jan 2003	
3	2:21:51	Naoko Sakamoto	JPN	Osaka	26 Jan 2003	
4	2:22:22	Lornah Kiplagat	KEN	Osaka	26 Jan 2003	
5	2:23:30	Mari Ozaki	JPN	Osaka	26 Jan 2003	
6	2:27:05	Tomoe Abe	JPN	Osaka	31 Jan 1999	
7	2:27:22	Mayumi Ichikawa	JPN	Nagoya	11 Mar 2001	
8	2:27:44	Ikumi Nagayama	JPN	Nagoya	11 Mar 2001	
9	2:28:09	Naomi Sakashita	JPN	Nagoya	11 Mar 2001	

### Best Marks for Places – All competitions

Place	Time	Name	Nat	Venue	Date	Note
1	2:15:25	Paula Radcliffe	GBR	London	13 Apr 2003	WR
2	2:19:26	Catherine Ndereba	KEN	Chicago	13 Oct 2002	
3	2:21:16	Deena Drossin (Kastor)	USA	London	13 Apr 2003	
4	2:21:31	Svetlana Zakharova	RUS	Chicago	13 Oct 2002	
5	2:21:58	Galina Bogomolova	RUS	London	23 Apr 2006	
6	2:23:43	Constantina Tomescu-Dita	ROM	London	13 Apr 2003	
7	2:24:01	Jelena Prokopcuka	LAT	London	13 Apr 2003	
8	2:24:56	Elfenesh Alemu	ETH	London	13 Apr 2003	
9	2:25:32	Mihaela Botezan	ROM	London	13 Apr 2003	Debut
10	2:26:16	Mara Yamauchi	GBR	London	25 Apr 2010	
11	2:26:50	Madai Perez	MEX	WC - Helsinki	14 Aug 2005	
12	2:27:14	Galina Karnatsevich	BLR	WC - Helsinki	14 Aug 2005	
13	2:27:46	Dorota Gruca	POL	WC - Helsinki	14 Aug 2005	
14	2:29:43	Jong Yong-Ok	PRK	WC - Helsinki	14 Aug 2005	

### Split/Lap times for some of the world fastest marathons

	5Km	10Km	15Km	20Km	Half	25Km	30Km	35Km	40Km	42.195K
Paula Radcliffe	15:48	<b>32:01</b>	<b>48:15</b>	<b>64:28</b>	<b>68:02</b>	<b>1:20:34</b>	<b>1:36:36</b>	<b>1:52:34</b>	<b>2:08:29</b>	<b>2:15:25</b>
Paula Radcliffe	16:27	32:47	49:05	65:26	68:39	1:21:34	1:37:40	1:53:45	2:10:08	2:17:18
Paula Radcliffe	<b>15:47</b>	32:17	48:34	64:55	68:27	1:21:03	1:37:27	1:54:07	2:10:26	2:17:42
Catherine Ndereba	17:41	34:09	50:40	66:45	70:15	1:22:49	1:39:04	1:55:21	2:11:45	2:18:47

Paula Radcliffe	16:37	33:56	50:44	67:30	71:04	1:23:31	1:39:45	1:55:56	2:11:58	2:18:56
Mizuki Noguchi	16:24	32:534	49:22	65:43	69:19	1:22:12	1:38:48	1:55:19	2:11:53	2:19:12
Irina Mikitenko	16:40	33:11	49:47	66:28	70:05	1:23:08	1:39:36	1:56:05	2:12:22	2:19:19
Deena Kastor	16:32	33:09	49:41	66:12	69:48	1:22:36	1:39:08	1:55:43	2:12:22	2:19:36
Liliya Shobukhova	16:33	33:06	49:39	66:21	70:00	1:23:02	1:39:56	1:56:40	2:13:26	2:20:25
Liliya Shobukhova	18:22	36:20	54:08	71:28	75:05	1:28:30	1:45:45	2:02:42	2:19:20	2:25:56

Name		5Km	10Km	15Km	20Km	25Km	30Km	35Km	40Km	42.195	Final 7.195
Paula Radcliffe	2003London	15:48	<b>16:13</b>	<b>16:14</b>	16:13	16:06	<b>16:02</b>	<b>15:58</b>	<b>15:55</b>	6:56	<b>22:51</b>
Paula Radcliffe	2002Chicago	16:27	16:20	16:18	16:21	16:08	16:06	16:05	16:23	7:10	23:33
Paula Radcliffe	2005London	<b>15:47</b>	16:30	16:17	16:21	16:08	16:24	16:40	16:19	7:16	23:35
CatherineNdereba	2001Chicago	17:41	16:28	16:31	<b>16:05</b>	<b>16:04</b>	16:15	16:17	16:24	7:02	23:26
Paula Radcliffe	2002London	16:37	17:19	16:48	16:46	16:01	16:14	16:11	16:02	6:58	23:00
Mizuki Noguchi	2005Berlin	16:24	16:29	16:29	16:21	16:29	16:36	16:31	16:34	7:19	23:53
Irina Mikitenko	2008Berlin	16:40	16:31	16:36	16:41	16:40	16:28	16:29	16:17	6:57	23:14
Deena Kastor	2006London	16:32	16:37	16:32	16:31	16:24	16:32	16:35	16:39	7:14	23:53
L Shobukhova	2010Chicago	16:33	16:33	16:33	16:42	16:41	16:54	16:44	16:46	6:59	23:45
L Shobukhova	2009Chicago	18:22	17:58	17:48	17:20	17:02	17:15	16:57	16:38	<b>6:36</b>	23:14

### Split & lap time for Tokyo Marathon

Name	5Km	10Km	15Km	20Km	Half	25Km	30Km	35Km	40Km	42.195K
Hitomi Niiya	18:41	36:00	53:10	70:36	74:23	1:27:42	1:45:01	2:03:19	2:22:26	2:31:01
Mizuho Nasukawa	<b>17:01</b>	<b>34:19</b>	<b>51:34</b>	<b>68:34</b>	<b>72:19</b>	<b>1:25:31</b>	<b>1:42:33</b>	<b>1:59:53</b>	<b>2:17:39</b>	<b>2:25:38</b>
Alevtina Biktimirova	17:34	34:56	52:04	69:30		1:27:24	1:45:43	2:04:46	2:25:17	2:34:39

Name	Year	5Km	10Km	15Km	20Km	25Km	30Km	35Km	40Km	42.195K
Hitomi Niiya	2007	18:41	17:19	17:10	17:26	17:06	17:19	18:18	19:07	8:35
Mizuho Nasukawa	2009	<b>17:01</b>	<b>17:18</b>	17:15	<b>17:00</b>	<b>16:57</b>	<b>17:02</b>	<b>17:20</b>	<b>17:46</b>	<b>7:59</b>
Alevtina Biktimirova	2010	17:34	17:22	<b>17:08</b>	17:26	17:54	18:19	19:03	20:31	9:22

### (Number of Sub 2:XX Performers (NOT Performances))

	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
<2:20	0	0	1	0	2	2	1	<b>3</b>	2	2	0	0
<2:22	1	0	2	3	7	6	1	7	<b>8</b>	2	1	1
<2:24	13	3	9	8	14	10	8	16	<b>18</b>	5	8	6
<2:26	<b>35</b>	24	28	16	25	24	17	26	29	22	16	14
<2:28	<b>67</b>	59	56	32	41	52	43	40	53	53	42	34
<2:30	<b>107</b>	98	104	69	82	76	74	80	85	79	63	56

### (Number of Sub 2:XX Performances)

	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999
<2:20	0	0	1	0	2	2	1	<b>3</b>	<b>3</b>	2	0	0
<2:22	1	0	2	3	9	7	1	7	<b>10</b>	2	1	1
<2:24	15	3	10	10	16	14	8	20	<b>21</b>	6	10	8
<2:26	<b>45</b>	28	32	19	29	35	17	38	35	28	24	18
<2:28	<b>86</b>	73	74	36	57	69	50	62	65	65	59	43

### List of course records:

	Time	Race	Name	Nation	Year
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1	2:15:25	London	Paula Radcliffe	GBR	2003
2	2:17:18	Chicago	Paula Radcliffe	GBR	2002
3	2:19:12	Berlin	Mizuki Noguchi	JPN	2005
4	2:19:39	Beijing	Sun Yingjie	CHN	2003
5	2:19:51	Seoul	Zhou Chunxiu	CHN	2006
6	2:20:43	Boston	Margaret Okayo	KEN	2002
7	2:20:47	Rotterdam	Tegla Loroupe	KEN	1998
8	2:20:57	World Championships	Paula Radcliffe	GBR	2005
9	2:21:18	Osaka Ladies	Mizuki Noguchi	JPN	2003
10	2:21:37	Tokyo Women	Mizuki Noguchi	JPN	2007
11	2:21:47	Asian Games	Naoko Takahashi	JPN	1998
12	2:22:04	Paris	Atsede Bayisa	ETH	2010
13	2:22:19	Nagoya Women	Naoko Takahashi	JPN	2000
14	2:22:20	Amsterdam	Gete Wami	ETH	2002
15	2:22:31	New York	Margaret Okayo	KEN	2003
16	2:22:38	Xiamen	Zhang Yingning	CHN	2008
17	2:22:42	Dubai	Berhane Adere	ETH	2008
18	2:22:43	Toronto	Sharon Cherop	KEN	2010
19	2:22:53	Roma	Galina Bogomalova	RUS	2008
20	2:23:14	Olympic Games	Naoko Takahashi	JPN	2000

### Average of Top 10 Performances in Major Marathons

	Average of top 10 Performances	Marathon
1	2:19:47	London
2	2:20:18	Chicago
3	2:21:01	Berlin
4	2:22:36	Beijing
5	2:22:37	Osaka Ladies
6	2:22:47	Boston
7	2:23:32	New York
8	2:23:51	Tokyo Women
9	2:24:10	Nagoya Women

### London Marathon

Performances	Time	Performers	Name	Nat	Place	Date	Note
1	2:15:25	1	Paula Radcliffe	GBR	1	13 Apr 03	WR
2	2:17:42		Paula Radcliffe		1	17 Apr 05	
3	2:18:56		Paula Radcliffe		1	14 Apr 02	
4	2:19:36	2	Deena Kastor	USA	1	23 Apr 06	
5	2:19:55	3	Catherine Ndereba	KEN	2	13 Apr 03	
6	2:20:38	4	Zhou Chunxiu	CHN	1	22 Apr 07	
7	2:21:06	5	Ingrid Kristiansen	NOR	1	21 Apr 85	WB
8	2:21:16		Deena Drossin		3	13 Apr 03	
9	2:21:29	6	Lyudmilla Petrova	RUS	2	23 Apr 06	
10	2:21:45	7	Gete Wami	ETH	2	22 Apr 07	
<b>Average</b>	<b>2:19:47</b>						

### Chicago Marathon

Performances	Time	Performers	Name	Nat	Place	Date	Note
1	2:17:18	1	Paula Radcliffe	GBR	1	13 Oct 02	WR
2	2:18:47	2	Catherine Ndereba	KEN	1	7 Oct 01	WB
3	2:19:26		Catherine Ndereba		2	13 Oct 02	

4	2:20:25	3	Liliya Shobukhova	RUS	1	10 Oct 10	
5	2:20:42	4	Berhane Adere	ETH	1	22 Oct 06	NR
6	2:20:47	5	Galina Bogomolova	RUS	2	22 Oct 06	
7	2:21:21	6	Joan Benoit	USA	1	20 Oct 85	
8	2:21:22	7	Yoko Shibui	JPN	3	13 Oct 02	
9	2:21:25	8	Deena Kastor	USA	1	9 Oct 05	
10	2:21:30	9	Constantina Tomescu-Dita	ROM	2	9 Oct 05	
<b>Average</b>	<b>2:20:18</b>						

### Berlin Marathon

Performances	Time	Performer	Name	Nat	Place	Date	Note
1	2:19:12	1	Mizuki Noguchi	JPN	1	25 Sept 05	
2	2:19:19	2	Irina Mikitenko	GER	1	28 Sept 08	
3	2:19:41	3	Yoko Shibui	JPN	1	26 Sept 04	
4	2:19:46	4	Naoko Takahashi	JPN	1	30 Sept 01	WB
5	2:20:43	5	Tegla Loroupe	KEN	1	26 Sept 99	WB
6	2:21:31	6	Askale Margasa Tafa	ETH	2	28 Sept 08	
7	2:21:34	7	Gete Wami	ETH	1	24 Sept 06	
8	2:21:49		Naoko Takahashi		1	29 Sept 02	
9	2:23:17		Gete Wami		1	30 Sept 07	
10	2:23:22	8	Salina Kosgei	KEN	2	24 Sept 06	
<b>Average</b>	<b>2:21:01</b>						

### Beijing Marathon

Performances	Time	Performers	Name	Nat	Place	Date	Note
1	2:19:39	1	Sun Yingjie	CHN	1	19 Oct 03	Asian R
2	2:21:01		Sun Yingjie		1	16 Oct 05	
3	2:21:11	2	Zhou Chunxiu	CHN	2	16 Oct 05	
4	2:21:21		Sun Yingjie		2	20 Oct 02	
5	2:23:17	3	Zhang Shujing	CHN	3	20 Oct 02	
6	2:23:37	4	Liu Min	CHN	1	14 Oct 01	
7	2:23:41		Zhou Chunxiu		2	19 Oct 03	
8	2:23:57	5	Zhu Xiaolin	CHN	4	20 Oct 02	
9	2:24:02	6	Wei Yanan	CHN	2	14 Oct 01	
10	2:24:11		Sun Yingjie		1	17 Oct 04	
<b>Average</b>	<b>2:22:36</b>						

### Osaka Ladies Marathon

Performances	Time	Performers	Name	Nat	Place	Date	Note
1	2:21:18	1	Mizuki Noguchi	JPN	1	26 Jan 03	
2	2:21:45	2	Masako Chiba	JPN	2	26 Jan 03	
3	2:21:51	3	Naoko Sakamoto	JPN	3	26 Jan 03	
4	2:22:22	4	Lornah Kiplagat	KEN	4	26 Jan 03	
5	2:22:54	5	Lidia Simon	ROM	1	30 Jan 00	
6	2:22:56	6	Harumi Hiroshima	JPN	2	30 Jan 00	
7	2:22:56	7	Jelena Prokopcuka	LAT	1	30 Jan 05	
8	2:23:11	8	Yoko Shibui	JPN	1	28 Jan 01	Debut
9	2:23:24		Lidia Simon		1	31 Jan 99	
10	2:23:30	9	Mari Ozaki	JPN	5	26 Jan 03	

<b>Average</b>	<b>2:22:37</b>						
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### Boston Marathon

Performances	Time	Performers	Name	Nat	Place	Date	Note
1	2:20:43	1	Margaret Okayo	KEN	1	15 Apr 02	
2	2:21:12	2	Catherine Ndereba	KEN	2	15 Apr 02	
3	2:21:45	3	Uta Pippig	GER	1	18 Apr 94	
4	2:22:43	4	Joan Benoit	USA	1	18 Apr 83	WB
5	2:23:21	5	Fatuma Roba	ETH	1	20 Apr 98	
6	2:23:25		Fatuma Roba		1	19 Apr 99	
7	2:23:33	6	Valentina Yegorova	RUS	2	18 Apr 94	
8	2:23:38	7	Rita Jeptoo	KEN	1	17 Apr 06	
9	2:23:43	8	Olga Markova	RUS	1	20 Apr 92	
10	2:23:48	9	Jelena Prokopcuka	LAT	2	17 Apr 06	
<b>Average</b>	<b>2:22:47</b>						

### New York Marathon

Performances	Time	Performers	Name	Nat	Place	Date	Note
1	2:22:31	1	Margaret Okayo	KEN	1	2 Nov 03	
2	2:23:03	2	Catherine Ndereba	KEN	2	2 Nov 03	
3	2:23:09	3	Paula Radcliffe	GBR	1	5 Nov 07	
4	2:23:10		Paula Radcliffe		1	7 Nov 04	
5	2:23:13	4	Susan Chepkemei	KEN	2	7 Nov 04	
6	2:23:32	5	Gete Wami	ETH	2	5 Nov 07	
7	2:23:43	6	Lornah Kiplagat	NED	3	2 Nov 03	
8	2:23:56		Paula Radcliffe		1	2 Nov 08	
9	2:24:21		Margaret Okayo		1	4 Nov 01	
10	2:24:40	7	Lisa Ondieki	AUS	1	1 Nov 92	
<b>Average</b>	<b>2:23:32</b>						

### Dubai Marathon

Performances	Time	Performers	Name	Nat	Place	Date
1	2:22:42	1	Berhane Adere	ETH	1	18 Jan 2008
2	2:22:45	2	Aselefech Mergia	ETH	1	21 Jan 2011
3	2:23:01	3	Lydia Cheromie	KEN	2	21 Jan 2011
4	2:23:09	4	Bezunesh Bekele	ETH	2	18 Jan 2008
5	2:23:23	5	Margarsa Askale Tafa	ETH	3	18 Jan 2008
6	2:23:41	6	Isabella Andersson	SWE	3	21 Jan 2011
7	2:24:02		Bezunesh Bekele		1	16 Jan 2009
8	2:24:19	7	Mamitu Daska Molisa	ETH	1	22 Jan 2010
9	2:24:26	8	Aberu Kebede Shewaye	ETH	3	22 Jan 2010
10	2:24:26	9	Atsede Habtamu	ETH	4	21 Jan 2011
<b>Average</b>	<b>2:23:35</b>					

### Tokyo Women's Marathon

Performances	Time	Performers	Name	Nat	Place	Date
1	2:21:37	1	Mizuki Noguchi	JPN	1	18 Nov 07
2	2:22:12	2	Eri Yamaguchi	JPN	1	21 Nov 99
3	2:23:30	3	Yoshimi Ozaki	JPN	1	16 Nov 08
4	2:23:31	4	Salina Kosgei	KEN	2	18 Nov 07

5	2:24:02	5	Joyce Chepchumba	KEN	1	19 Nov 00
6	2:24:27	6	Yuri Kano	JPN	2	16 Nov 08
7	2:24:39	7	Naoko Takahashi	JPN	1	20 Nov 05
8	2:24:47	8	Reiko Tosa	JPN	2	19 Nov 00
9	2:24:47	9	Elfenesh Alemu	ETH	1	16 Nov 03
10	2:24:59	10	Banuelia Mrashani	TAN	1	17 Nov 02
<b>Average</b>	<b>2:23:51</b>					

### Nagoya Women's Marathon

Performances	Time	Performers	Name	Nat	Place	Date
1	2:22:19	1	Naoko Takahashi	JPN	1	12 Mar 00
2	2:23:26	2	Harumi Hiroyama	JPN	1	12 Mar 06
3	2:23:57	3	Reiko Tosa	JPN	1	14 Mar 04
4	2:23:58	4	Yoko Shibui	JPN	2	12 Mar 06
5	2:24:19	5	Yumiko Hara	JPN	1	13 Mar 05
6	2:24:25	6	Megumi Oshima	JPN	2	13 Mar 05
7	2:24:36		Reiko Tosa		2	12 Mar 00
8	2:24:47		Megumi Tanaka		2	14 Mar 04
9	2:24:54	7	Ryoko Eda	JPN	3	13 Mar 05
10	2:25:03	8	Takami Ominami	JPN	1	9 Mar 03
<b>Average</b>	<b>2:24:10</b>					

### Fastest marathon runners based on the average of top five performances

#### Paula Radcliffe

	Time	Race	Place	Date
1	2:15:25	London	1	13 Apr 2003
2	2:17:18	Chicago	1	13 Oct 2002
3	2:17:42	London	1	17 Apr 2005
4	2:18:56	London	1	14 Apr 2002
5	2:20:57	Helsinki (WC)	1	14 Aug 2005
<b>Average</b>	<b>2:18:04</b>			

#### Catherine Ndereba

	Time	Race	Place	Date
1	2:18:47	Chicago	1	7 Oct 2001
2	2:19:26	Chicago	2	13 Oct 2002
3	2:19:55	London	2	13 Apr 2003
4	2:21:12	Boston	2	15 Apr 2002
5	2:21:33	Chicago	1	22 Oct 2000
<b>Average</b>	<b>2:20:11</b>			

#### Zhou Chunxiu

	Time	Race	Place	Date
1	2:19:51	Seoul	1	12 Mar 2006
2	2:20:38	London	1	21 Apr 2007
3	2:21:11	Beijing	2	16 Oct 2005
4	2:23:24	Seoul	1	13 Mar 2005
5	2:23:28	Xiamen	1	27 Mar 2004
<b>Average</b>	<b>2:21:42</b>			

#### Naoko Takahashi

	Time	Race	Place	Date
1	2:19:46	Berlin	1	30 Sept 2001
2	2:21:47	Bangkok (Asian G)	1	6 Dec 1998
3	2:21:49	Berlin	1	29 Sept 2002
4	2:22:19	Nagoya	1	12 Mar 2000
5	2:23:14	Sydney (OG)	1	24 Sept 2000
Average	<b>2:21:47</b>			

### Tegla Loroupe

	Time	Race	Place	Date
1	2:20:43	Berlin	1	26 Sept 1999
2	2:20:47	Rotterdam	1	19 Apr 1998
3	2:22:07	Rotterdam	1	20 Apr 1997
4	2:22:48	Rotterdam	1	18 Apr 1999
5	2:23:46	Osaka	2	31 Jan 1999
Average	<b>2:22:02</b>			

### Sun Yingjie

	Time	Race	Place	Date
1	2:19:39	Beijing	1	19 Oct 2003
2	2:21:01	Beijing	1	16 Oct 2005
3	2:21:21	Beijing	2	20 Oct 2002
4	2:24:11	Beijing	1	17 Oct 2004
5	2:25:33	Tianjin	1	19 Apr 2003
Average	<b>2:22:21</b>			

### Mizuki Noguchi

	Time	Race	Place	Date
1	2:19:12	Berlin	1	25 Sept 2005
2	2:21:18	Osaka	1	26 Jan 2003
3	2:21:37	Tokyo	1	18 Nov 2007
4	2:24:14	Saint-Denis (WC)	2	31 Aug 2003
5	2:25:35	Nagoya	1	10 Mar 2002
Average	<b>2:22:23</b>			

### Yoko Shibui

	Time	Race	Place	Date
1	2:19:41	Berlin	1 <sup>st</sup>	26 Sept 2004
2	2:21:22	Chicago	3 <sup>rd</sup>	13 Oct 2002
3	2:23:11	Osaka	1 <sup>st</sup>	28 Jan 2001
4	2:23:42	Osaka	1 <sup>st</sup>	25 Jan 2009
5	2:23:58	Nagoya	2 <sup>nd</sup>	12 Mar 2006
Average	<b>2:22:23</b>			

### Gete Wami

	Time	Race	Place	Date
1	2:21:34	Berlin	1	24 Sept 2006
2	2:21:45	London	2	21 Apr 2007
3	2:22:20	Amsterdam	1	20 Oct 2002
4	2:23:17	Berlin	1	30 Sept 2007
5	2:23:32	New York	2	4 Nov 2007
Average	<b>2:22:30</b>			

### Constantina Tomescu

	Time	Race	Place	Date
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1	2:21:30	Chicago	2	9 Oct 2005
2	2:22:50	London	2	17 Apr 2005
3	2:23:19	Helsinki (WC)	3	14 Aug 2005
4	2:23:35	Chicago	2	12 Oct 2003
5	2:23:43	London	6	13 Apr 2003
Average	<b>2:22:59</b>			

### Fastest marathon runners based on the average of top three performances since 2008

#### Irina Mikićenko

	Time	Race	Place	Date
1	2:19:19	Berlin	1 <sup>st</sup>	28 Sept 2008
2	2:22:11	London	1 <sup>st</sup>	26 Apr 2009
3	2:24:14	London	1 <sup>st</sup>	13 Apr 2008
Average	<b>2:21:55</b>			

#### Liliya Shobukhova

	Time	Race	Place	Date
1	2:20:25	Chicago	1	10 Oct 2010
2	2:22:00	London	1	25 Apr 2010
3	2:24:24	London	3	26 Apr 2009
Average	<b>2:22:16</b>			

#### Askale Magarsa Tafa

	Time	Race	Place	Date
1	2:21:31	Berlin	2 <sup>nd</sup>	28 Sept 2008
2	2:23:23	Dubai	3 <sup>rd</sup>	18 Jan 2008
3	2:24:39	London	5 <sup>th</sup>	25 Apr 2010
Average	<b>2:23:11</b>			

#### Mergia Aselefech

	Time	Race	Place	Date
1	2:22:38	London	3 <sup>rd</sup>	25 Apr 2010
2	2:22:45	Dubai	1 <sup>st</sup>	21 Jan 2011
3	2:25:02	Paris	2 <sup>nd</sup>	5 Apr 2009
Average	<b>2:23:28</b>			

#### Bezunesh Bekele

	Time	Race	Place	Date
1	2:23:09	Dubai	2 <sup>nd</sup>	18 Jan 2008
2	2:23:17	London	4 <sup>th</sup>	25 Apr 2010
3	2:24:02	Dubai	1 <sup>st</sup>	16 Jan 2009
Average	<b>2:23:29</b>			

#### Atsede Bayisa

	Time	Race	Place	Date
1	2:22:04	Paris	1 <sup>st</sup>	11 Apr 2010
2	2:23:40	Chicago	2 <sup>nd</sup>	10 Oct 2010
3	2:24:42	Paris	1 <sup>st</sup>	5 Apr 2010
Average	<b>2:23:29</b>			

#### Yoshimi Ozaki

	Time	Race	Place	Date
1	2:23:30	Tokyo Women	1 <sup>st</sup>	16 Nov 2008
2	2:23:56	Yokohama Women	1 <sup>st</sup>	20 Feb 2010

3	2:25:25	WC – Berlin	2 <sup>nd</sup>	23 Aug 2009
Average	<b>2:24:17</b>			

### Mara Yamauchi

	Time	Race	Place	Date
1	2:23:12	London	2 <sup>nd</sup>	26 Apr 2009
2	2:25:03	Tokyo	3 <sup>rd</sup>	16 Nov 2008
3	2:25:10	Osaka	1 <sup>st</sup>	27 Jan 2008
Average	<b>2:24:28</b>			

### Dire Tune

	Time	Race	Place	Date
1	2:23:44	Frankfurt	2 <sup>nd</sup>	31 Oct 2010
2	2:24:40	Houston	1 <sup>st</sup>	13 Jan 2008
3	2:25:25	Boston	1 <sup>st</sup>	21 Apr 2008
Average	<b>2:24:36</b>			

### Aberu Kebede

	Time	Race	Place	Date
1	2:23:58	Berlin	1 <sup>st</sup>	26 Sept 2010
2	2:24:26	Dubai	2 <sup>nd</sup>	22 Jan 2010
3	2:25:29	Rotterdam	1 <sup>st</sup>	11 Apr 2010
Average	<b>2:24:38</b>			

### Bai Xue

	Time	Race	Place	Date
1	2:23:27	Xiamen	2 <sup>nd</sup>	5 Jan 2008
2	2:25:15	Berlin – WC	1 <sup>st</sup>	23 Aug 2009
3	2:25:18	London	7 <sup>th</sup>	25 Apr 2010
Average	<b>2:24:40</b>			

### Teyeba Erkesso

	Time	Race	Place	Date
1	2:23:53	Houston	1 <sup>st</sup>	17 Jan 2010
2	2:24:18	Houston	1 <sup>st</sup>	18 Jan 2009
3	2:26:11	Boston	1 <sup>st</sup>	19 Apr 2010
Average	<b>2:24:47</b>			

### Atsede Habtamu

	Time	Race	Place	Date
1	2:24:26	Dubai	4 <sup>th</sup>	21 Jan 2011
2	2:24:47	Berlin	1 <sup>st</sup>	20 Sept 2009
3	2:25:17	Dubai	2 <sup>nd</sup>	16 Jan 2009
Average	<b>2:24:50</b>			

### Helena Loshanyang Kirop

	Time	Race	Place	Date
1	2:24:54	Dubai	3 <sup>rd</sup>	22 Jan 2010
2	2:25:01	Berlin	3 <sup>rd</sup>	28 Sept 2008
3	2:25:29	Praha	1 <sup>st</sup>	10 May 2010
Average	<b>2:25:08</b>			

### Fastest Marathon by Age

Age	Time	Name	Nat	DOB	place	Race	Date
18	2:22:38	Zhang Yingying	CHN	4 Jan 1990	1	Xiamen	5 Jan 2008
19	2:23:27	Bai Xue	CHN	13 Dec 1988	2	Xiamen	5 Jan 2008
21	2:23:11	Yoko Shibui	JPN	14 Mar 1979	1	Osaka	28 Jan 2001
22	2:21:51	Naoko Sakamoto	JPN	14 Nov 1980	3	Osaka	26 Jan 2003
23	2:21:21	Sun Yingjie	CHN	19 Jan 1979	2	Beijing	20 Oct 2002
24	2:19:39	Sun Yingjie	CHN	19 Jan 1979	1	Beijing	19 Oct 2003
25	2:19:41	Yoko Shibui	JPN	14 Mar 1979	1	Berlin	26 Sept 2004
26	2:20:43	Tegla Loroupe	KEN	9 May 1973	1	Berlin	26 Sept 1999
27	2:19:12	Mizuki Noguchi	JPN	3 July 1978	1	Berlin	25 Sept 2005
28	2:17:18	Paula Radcliffe	GBR	17 Dec 1973	1	Chicago	13 Oct 2002
29	2:15:25	Paula Radcliffe	GBR	17 Dec 1973	1	London	13 Apr 2003
30	2:19:26	Catherine Ndereba	KEN	21 July 1972	2	Chicago	13 Oct 2002
31	2:17:42	Paula Radcliffe	GBR	17 Dec 1973	1	London	17 Apr 2005
32	2:20:25	Liliya Shobukhova	RUS	13 Nov 1977	1	Chicago	10 Oct 2010
33	2:19:36	Deena Kastor	USA	14 Feb 1973	1	London	23 Apr 2006
34	2:22:42	Berhane Adere	ETH	21 July 1973	1	Dubai	18 Jan 2008
35	2:21:30	Constantina Dita	ROU	23 Jan 1979	2	Chicago	9 Oct 2005
36	2:19:19	Irina Mikitenko	GER	23 Aug 1972	1	Berlin	28 Sept 2008
37	2:21:29	Lyudmila Petrova	RUS	7 Oct 1968	2	London	23 Apr 2006
38	2:24:14	Irina Timofeyeva	RUS	5 Apr 1970	1	Hamburg	29 Apr 2008

### Fastest Marathon for the month

Month	Time	Name	Nat	Race	Date
January	2:21:18	Mizuki Noguchi	JPN	Osaka	26 Jan 2003
February	2:23:56	Yoshimi Ozaki	JPN	Yokohama	20 Feb 2011
March	2:19:51	Zhou Chunxiu	CHN	Seoul	12 Mar 2006
April	2:15:25	Paula Radcliffe	GBR	London	13 Apr 2003
May	2:22:48	Ingrid Kristiansen	NOR	London	10 May 1987
June	2:25:05	Margaret Okayo	KEN	San Diego	3 June 2001
July	2:26:05	Fatuma Roba	ETH	OG – Atlanta	28 July 1996
August	2:20:57	Paula Radcliffe	GBR	WC – Helsinki	14 Aug 2005
September	2:19:12	Mizuki Noguchi	JPN	Berlin	25 Sept 2005
October	2:17:18	Paula Radcliffe	GBR	Chicago	13 Oct 2002
November	2:21:37	Mizuki Noguchi	JPN	Tokyo	18 Nov 2007
December	2:21:47	Naoko Takahashi	JPN	Asian G- Bangkok	6 Dec 1998

### Fastest Debut Marathon

#### World Women

	Time	Name	Nationality	Place	Venue	Date
1	2:18:56	Paula Radcliffe	GBR	1	London	14 Apr 2002
2	2:21:51	Naoko Sakamoto	JPN	3	Osaka	26 Jan 2003
3	2:22:19	Gete Wami	ETH	1	Amsterdam	20 Oct 2002
4	2:23:09	Bezunesh Bekele	ETH	2	Dubai	18 Jan 2008
5	2:23:11	Yoko Shibui	JPN	1	Osaka	28 Jan 2001
6	2:23:30	Mari Ozaki	JPN	5	Osaka	26 Jan 2003

### JPN Women

	Time	Name	Place	Venue	Date
1	2:21:51	Naoko Sakamoto	3 <sup>rd</sup>	Osaka	2003
2	2:23:11	Yoko Shibui	1 <sup>st</sup>	Osaka	2001
3	2:23:30	Mari Ozaki	5 <sup>th</sup>	Osaka	2003
4	2:24:19	Yumiko Hara	1 <sup>st</sup>	Nagoya	2005
5	2:24:43	Yuri Kano	3 <sup>rd</sup>	Osaka	2007

### National records

	Time	Nation	Name	Place	Venue	Date
1	2:15:25	GBR	Paula Radcliffe	1	London	13 Apr 2003
2	2:18:47	KEN	Catherine Ndereba	1	Chicago	7 Oct 2001
3	2:19:12	JPN	Mizuki Noguchi	1	Berlin	25 Sept 2005
4	2:19:19	GER	Irina Mikitenko	1	Berlin	28 Sept 2008
5	2:19:36	USA	Deena Kastor	1	London	23 Apr 2006
6	2:19:39	CHN	Sun Yingjie	1	Beijing	19 Oct 2003
7	2:20:25	RUS	Liliya Shobukhova	1	Chicago	10 Oct 2010
8	2:20:42	ETH	Berhane Adere	1	Chicago	22 Oct 2006
9	2:21:06	NOR	Ingrid Kristiansen	1	London	21 Apr 1985
10	2:21:30	ROU	Constantina Dita	2	Chicago	9 Oct 2005
11	2:22:23	IRL	Catherine McKiernan	1	Amsterdam	1 Nov 1998
12	2:22:36	AUS	Benita Johnson	3	Chicago	22 Oct 2006
13	2:22:56	LAT	Jelena Prokopcuka	1	Osaka	30 Jan 2005
14	2:22:59	MEX	Madai Perez	4	Chicago	22 Oct 2006
15	2:23:05	BEL	Marleen Renders	1	Paris	7 Apr 2002
16	2:23:29	POR	Rosa Mota	3	Chicago	20 Oct 1985
17	2:23:43	NED	Lornah Kiplagat	3	New York	2 Nov 2003
18	2:23:47	ITA	Maura Viceconte	1	Wien	21 May 2000
19	2:24:18	POL	Wanda Panfil	1	Boston	15 Apr 1991
20	2:24:22	FRA	Christelle Daunay	2	Paris	11 Apr 2010

## Elite Runners:

### Tatyana Petrova (RUS)

DOB: 8 Apr 1983; Height: 154cm, Weight: 46Kg

**Personal Bests:** 10000m: 32:17.49, 3000mSC: 9:09.19 (2007); Marathon: 2:25:53 (2009)

### International Championships Highlights:

3000mSC: 4<sup>th</sup> in 2008 Olympics, 2<sup>nd</sup> in 2007 World Championships, 2<sup>nd</sup> in 2006 European Championships

10000m: 1<sup>st</sup> in 2005 European under 23 Championships

5000m: 2<sup>nd</sup> in 2003 and 2005 European under 23 Championships

### Progressions:

Year	3000mSC	10000m	Half Marathon	Marathon
2010				
2009	10:00.36			2:25:53
2008	9:12.33			
2007	9:09.19			2:35:56

### Marathon career

	Time	Race	Place	Date
	2:25:59	Los Angeles	1 <sup>st</sup>	25 May 2009
Personal Best	<b>2:25:53</b>	Dubai	4 <sup>th</sup>	16 Jan 2009
	2:35:56	Honolulu	3 <sup>rd</sup>	10 Dec 2007
	DNF(pace)	Tokyo Women	DNF (pace)	21 Nov 2005
	2:31:03	Chicago	8 <sup>th</sup>	9 Oct 2005
	2:36:44	Honolulu	5 <sup>th</sup>	12 Dec 2004

### 2010 Results

None:

### 2009 Results

Date	Race	Distance	Place	Time
23 July	Russian Athletics Championships – Cheboksary	3000mSC	5 <sup>th</sup>	10:00.36
25 May	Los Angeles Marathon	Marathon	1 <sup>st</sup>	2:25:59
1 Feb	European Champion Club Cross Country Cup - Istanbul	6Km	3 <sup>rd</sup>	21:02
16 Jan	Dubai Marathon	Marathon	4 <sup>th</sup>	2:25:53

### 2008 Results

Date	Race	Distance	Place	Time
17 Aug	Olympic Games – Beijing	3000mSC	4 <sup>th</sup>	9:12.33
15 Aug	Olympic Games – Beijing	3000mSC	1h2	9:28.85
18 July	Russian Athletics Championships - Kazan	3000mSC	2 <sup>nd</sup>	9:15.84
6 June	Bislett Games – Oslo	3000mSC	8 <sup>th</sup>	9:35.09

### Tatyana Aryasova (RUS) (formerly Khmeleva)

DOB: 2 April 1979

### Personal Bests:

5000m: 15:15.40 (2003); 10000m: 31:04.88 (2008); Half marathon: 70:20 (2003); Marathon: 2:26:13 (2010)

### International Championships Highlights:

10000m: 19<sup>th</sup> in 2008 Olympic Games;

Half Marathon: 43<sup>rd</sup> in 2008 World Half Marathon Championships

### Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2010	15:44.38		1:12:13	2:26:13
2009		32:36.75		2:32:17
2008		31:04.88	1:14:04	2:29:09
2007		33:32.96	1:16:30	

### Marathon career

	Time	Race	Place	Date
Personal Best	<b>2:26:13</b>	Dublin	1 <sup>st</sup>	25 Oct 2010
	2:41:03	Nagoya Women	19 <sup>th</sup>	14 Mar 2010
	2:32:17	Berlin	7 <sup>th</sup>	20 Sept 2009
	2:34:32	Nagano	5	19 Apr 2009
	2:29:09	Los Angeles	1	2 Mar 2008
debut	2:44:42	Honolulu	10	8 Dec 2002

### 2010 Results

Date	Race	Distance	Place	Time
25 Oct	Dublin Marathon	Marathon	1 <sup>st</sup>	2:26:13
4 Sept	Russian Championships – Cheboksary	Half Marathon	3 <sup>rd</sup>	1:12:13
1 Aug	Media Maraton Internacional Bogota	Half marathon	3 <sup>rd</sup>	1:14:22
14 July	Russian Athletics Championships - Saransk	5000m	7 <sup>th</sup> r2	15:44.38
20 June	Jakarta International 10K	10Km	2 <sup>nd</sup>	33:52
3 June	Regional Champ – Cheboksary	5000m	3 <sup>rd</sup>	16:04.41
23 May	Sunfeast World 10K - Bangalore	10Km	17 <sup>th</sup>	34:45
14 Mar	Nagoya Women's Marathon	Marathon	19 <sup>th</sup>	2:41:03

### 2009 Results

Date	Race	Distance	Place	Time
20 Sept	Berlin Marathon	Marathon	7 <sup>th</sup>	2:32:17
23 July	Russian Athletics Champ – Cheboksary	10000m	11	32:36.75
19 Apr	Nagano Marathon	Marathon	5	2:34:32
22 Feb	Yokohama Women's Ekiden	Stage 5 – 10Km	12	34:53

### 2008 Results

Date	Race	Distance	Place	Time
12 Oct	World Half Marathon Champ – Rio de Janeiro	Half marathon	43	1:20:06
13 Sept	Russian Half Marathon Champ – Novosibirsk	Half marathon	8	1:14:04
15 Aug	Olympic Games – Beijing	10000m	19	31:45.57
17 July	Russian Athletics champ - Kazan	10000m	3	31:04.88
2 Mar	Los Angeles Marathon	Marathon	1	2:29:09

### Nuta Olaru (ROU)

DOB: 28 Aug 1970; Height: 161cm; Weight: 40Kg

### Personal Bests:

Half marathon: 1:09:00 (2002); Marathon: 2:24:33 (2004)

### International Championships Highlights:

World Half Marathon Championships: 49<sup>th</sup> in 2009, 8<sup>th</sup> in 2005, 23<sup>rd</sup> in 2003, 11<sup>th</sup> in 2001, 41<sup>st</sup> in 2000, 5<sup>th</sup> in 1997, 4<sup>th</sup> in 1996

Marathon: 60<sup>th</sup> in 2009, 11<sup>th</sup> in 2008, 15<sup>th</sup> in 2001 and 30<sup>th</sup> in 1997 World Championships;  
13<sup>th</sup> in 2004 Olympic Games;

#### Progressions (since 2006):

Year	5000m	10000m	Half Marathon	Marathon
2010			1:16:31	2:36:42
2009			1:11:43	2:27:25
2008			1:11:32	2:28:54
2007			1:11:46	2:25:37
2006			1:10:35	2:31:57

#### Marathon career

	Time	Race	Place	Date
	2:36:42	Tokyo	3 <sup>rd</sup>	28 Feb 2010
	3:00:59	WC – Berlin	60 <sup>th</sup>	23 Aug 2009
	2:30:40	Rock n Roll - San Diego	3 <sup>rd</sup>	31 May 2009
	DNF	Los Angeles	DNF	25 May 2009
	DNF	Seoul	DNF	15 Mar 2009
	2:27:25	Houston Marathon	2 <sup>nd</sup>	18 Jan 2009
	2:28:54	Rock n Roll - San Antonio	1 <sup>st</sup>	16 Nov 2008
	2:42:22	Denver	1 <sup>st</sup>	19 Oct 2008
	2:30:54	Rock n Roll – San Diego	3 <sup>rd</sup>	1 June 2008
	2:33:56	Boston	7 <sup>th</sup>	21 Apr 2008
	2:39:04	Chicago	6 <sup>th</sup>	7 Oct 2007
	DNF	WC – Osaka	DNF	2 Sept 2007
	2:33:47	Osaka Ladies	7 <sup>th</sup>	28 Jan 2007
	2:25:37	Chicago	6 <sup>th</sup>	22 Oct 2006
	2:43:10	Boulder Backroads	1 <sup>st</sup>	24 Sept 2006
	2:30:30	Los Angeles	4 <sup>th</sup>	19 Mar 2006
	2:31:57	Las Vegas	4 <sup>th</sup>	4 Dec 2005
	2:33:49	New York	15 <sup>th</sup>	6 Nov 2005
	DNF	WC – Helsinki	DNF	14 Aug 2005
	2:37:37	Boston	10 <sup>th</sup>	18 Apr 2005
Personal Best	<b>2:24:33</b>	Chicago	2 <sup>nd</sup>	10 Oct 2004
	2:34:45	Olympic Game – Athinai	13 <sup>th</sup>	22 Aug 2004
	2:30:44	Boston	5 <sup>th</sup>	19 Apr 2004
	2:29:00	Chicago	9 <sup>th</sup>	12 Oct 2003
	2:28:24	WC – Paris	11 <sup>th</sup>	31 Aug 2003
	DNF	Los Angeles	DNF	2 Mar 2003
	2:31:37	Chicago	8 <sup>th</sup>	13 Oct 2002
	DNF	EC – München	DNF	10 Aug 2002
	2:30:26	Boston	7 <sup>th</sup>	15 Apr 2002
	2:33:05	WC – Edmonton	15 <sup>th</sup>	12 Aug 2001
	2:25:18	London	6 <sup>th</sup>	22 Apr 2001
	2:37:22	Los Angeles	2 <sup>nd</sup>	4 Mar 2001
	2:39:00	Mazatlan	2 <sup>nd</sup>	3 Dec 2000
	2:35:14	Los Angles	2 <sup>nd</sup>	5 Mar 2000
	2:37:39	Nagano	7 <sup>th</sup>	19 Apr 1999
	2:42:44	European Champ - Budapest	34 <sup>th</sup>	23 Aug 1998
	2:47:12	World Champ - Athinai	30 <sup>th</sup>	9 Aug 1997
	2:34:25	Paris	7 <sup>th</sup>	6 Apr 1997

#### 2010 Results

Date	Race	Distance	Place	Time
17 Oct	Rock n Roll Denver Marathon/Half marathon	Half Marathon	3 <sup>rd</sup>	1:24:45

26 June	Rock n Roll Seattle Marathon/Half marathon	Half marathon	6 <sup>th</sup>	1:16:31
12 June	Sunrise Stampede 10K – Longmont	10Km	1 <sup>st</sup>	35:52
28 Feb	Tokyo Marathon	Marathon	3 <sup>rd</sup>	2:36:42

### 2009 Results

Date	Race	Distance	Place	Time
26 Nov	Fort Collins Thanksgiving 4 Mile	4 Mile	2 <sup>nd</sup>	21:59
11 Oct	World Half Marathon Champ – Birmingham	Half Marathon	49 <sup>th</sup>	1:16:56
23 Aug	World Championships – Berlin	Marathon	60 <sup>th</sup>	3:00:59
27 June	Rock n Roll – Seattle	Half marathon	2 <sup>nd</sup>	1:11:43
31 May	Rock n Roll - San Diego	Marathon	3 <sup>rd</sup>	2:30:40
25 May	Los Angeles Marathon	Marathon	DNF	DNF
15 Mar	Seoul International Marathon	Marathon	DNF	DNF
18 Jan	Houston Marathon	Marathon	2 <sup>nd</sup>	2:27:25

### 2008 Results

Date	Race	Distance	Place	Time
14 Dec	Dallas White Rock half marathon	Half marathon	1 <sup>st</sup>	1:11:32
27 Nov	Fort Collins Thanksgiving Day 4 mile	4 mile	1 <sup>st</sup>	21:25
16 Nov	Rock n Roll Marathon – San Antonio	Marathon	1 <sup>st</sup>	2:28:54
19 Oct	Denver Marathon	Marathon	1 <sup>st</sup>	2:42:22
31 Aug	Rock n Roll half marathon – Virginia Beach	Half Marathon	8 <sup>th</sup>	1:15:17
26 July	Quad-City Bix 7	7 Mile	8 <sup>th</sup>	38:24
12 July	Crazy 8Km	8Km	7 <sup>th</sup>	27:27
1 June	Rock n Roll Marathon – San Diego	Marathon	3 <sup>rd</sup>	2:30:54
21 Apr	Boston Marathon	Marathon	7 <sup>th</sup>	2:33:56

### Asmae Leghzaoui (MAR)

DOB: 30 August 1976

**Personal Bests:** 5000m: 14:48.31 (2000); 31:16.94 (2001);  
Half marathon: 1:08:34 (1999); Marathon: 2:27:41 (2009)

### International Championships Highlights:

3000m: 10<sup>th</sup> in 2001 World Indoor Championships

10000m: 16<sup>th</sup> in 2007, 7<sup>th</sup> in 2001 World Championships; 18<sup>th</sup> in 2000 Olympic Games

Half Marathon: 10<sup>th</sup> in 2002 World Half Marathon Championships

World Cross Country Championships: 13<sup>th</sup> in 2008; Short: 9<sup>th</sup> in 2001, 27<sup>th</sup> in 2000, 7<sup>th</sup> in 1999

Long: 78<sup>th</sup> in 1998

### Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2011			1:10:47	
2010			1:08:59	2:31:03
2009			1:10:28	2:27:41
2008			1:10:26	2:28:44
2007		31:36.56	1:12:12	2:52:51

### Marathon career

	Time	Race	Place	Date
	2:31:03	Seoul	7 <sup>th</sup>	21 Mar 2010
Personal Best	<b>2:27:41</b>	Ottawa	1 <sup>st</sup>	24 May 2009
	2:34:42	Casablanca	2 <sup>nd</sup>	26 Oct 2008

	2:28:44	Ottawa	1 <sup>st</sup>	25 May 2008
	2:52:51	Roma	14 <sup>th</sup>	18 Mar 2007

### 2011 Results

Date	Race	Distance	Place	Time
30 Jan	Marrakech half marathon	Half marathon	1 <sup>st</sup>	1:10:47

### 2010 Results

Date	Race	Distance	Place	Time
1 Aug	Media Maraton International Bogota	Half marathon	7 <sup>th</sup>	1:17:01
28 Feb	Koyang	Half marathon	2 <sup>nd</sup>	1:08:59
21 Mar	Seoul International Marathon	Marathon	7 <sup>th</sup>	2:31:03
31 Jan	Marrakech Marathon/half marathon	Half Marathon	2 <sup>nd</sup>	1:12:45

### 2009 Results

Date	Race	Distance	Place	Time
3 July	Mediterranean Games – Pescara	Half marathon	7 <sup>th</sup>	1:16:53
24 May	Ottawa Marathon	Marathon	1 <sup>st</sup>	2:27:41
10 May	Rabat Half marathon	Half marathon	1 <sup>st</sup>	1:10:28
25 Jan	Marrakech Marathon	Half marathon	2 <sup>nd</sup>	1:11:11

### 2008 Results

Date	Race	Distance	Place	Time
21 Dec	Agadir half marathon	Half marathon	3 <sup>rd</sup>	1:16:48
26 Oct	Casablanca Marathon	Marathon	2 <sup>nd</sup>	2:34:42
15 Aug	Olympic Games – Beijing	10000m	DNF	DNF
22 June	10Km de Ouezzane	10Km	1 <sup>st</sup>	33:45
25 May	Ottawa Marathon	Marathon	1 <sup>st</sup>	2:28:44
20 Apr	Rabat Half Marathon	Half Marathon	1 <sup>st</sup>	1:10:26
30 Mar	World Cross Country Championships - Edinburgh	7.905K	13 <sup>th</sup>	26:06
2 Mar	Moroccan Cross Country Champ – Khouribga	8Km	DNF	DNF

## Olena Burkovska (UKR)

DOB: 9 Aug 1981

**Personal Bests:** Half Marathon: 1:15:06 (2008); Marathon: 2:28:31 (2010)

### International Championships Highlights:

#### Progressions:

Year	5000m	10000m	Half Marathon	Marathon
2010				2:28:31
2009			1:17:23	2:30:50
2008			1:15:06	
2007	16:38.55		1:16:32	

### Marathon career

	Time	Race	Place	Date
Personal Best	<b>2:28:31</b>	Berlin	5 <sup>th</sup>	26 Sept 2010
	2:31:53	Nagano	2 <sup>nd</sup>	18 Apr 2010
	2:30:50	Kosice	1 <sup>st</sup>	4 Oct 2009

## 2010 Results

Date	Race	Distance	Place	Time
26 Sept	Berlin Marathon	Marathon	5 <sup>th</sup>	2:28:31
18 Apr	Nagano Marathon	Marathon	2 <sup>nd</sup>	2:31:53

## 2009 Results

Date	Race	Distance	Place	Time
31 Dec	Sylvester - Gorlice POL	10Km	3 <sup>rd</sup>	35:31
25 Oct	Taule Morlaix Semi-Marathon – Morlaix	Half marathon	3 <sup>rd</sup>	1:17:23
18 Oct	Semi-Marathon National de la Voie Royale – St Denis	Half Marathon	2 <sup>nd</sup>	1:20:12
4 Oct	Kosice Peace Marathon	Marathon	1 <sup>st</sup>	2:30:50

## 2008 Results

Date	Race	Distance	Place	Time
11 Nov	Goleniow	10Km	1 <sup>st</sup>	35:38
21 Sept	Katowice	Half marathon	1 <sup>st</sup>	1:16:35
7 Sept	Philips Pila Half marathon	Half marathon	4 <sup>th</sup>	1:15:06
3 July	UKR Athletics Championships – Kiev	5000m	DNF	DNF
1 July	UKR Athletics Championships – Kiev	1500m	1 <sup>st</sup>	4:32.50
18 May	Piastowski Half Marathon – Inowroclaw	Half marathon	3 <sup>rd</sup>	1:20:32
24 Feb	UKR Indoor Championships - Sumy	3000m	6 <sup>th</sup>	9:38.74
27 Jan	Zaporozhye UKR Cup	3000m	6 <sup>th</sup>	9:49.41

## Shibui, Yoko (JPN)

DOB: 14 Mar 1979; Born in Tochigi Prefecture;

Team: Mitsui Sumitomo Kaijyo (since 1997);

### Personal Bests:

5000m: 15:18.92 (2002); 10000m: **30:48.89** (2002) **National Record**;

Half marathon: 1:09:31 (2000); Marathon **2:19:41** (2004) **Former National Record**

### International Championships Highlights:

Marathon: 4<sup>th</sup> in 2001 World Championships;

10000m: 17<sup>th</sup> in 2008 Olympics; 14<sup>th</sup> in 2003 World Championships

World Cross Country Championships: 28<sup>th</sup> in 1998

### Progressions (since 2006):

Year	5000m	10000m	Half Marathon	Marathon
2009			1:14:09	2:23:42
2008	15:19.29	31:15:07	1:10:27	2:25:51
2007	15:30.71	31:48.87	1:10:24 (en route to marathon)	2:34:15
2006	16:03.73	32:39.42	1:10:24 (en route to marathon)	2:23:58

### Marathon career

	Time	Venue	Place	Date
	2:46:34	San Francisco	1 <sup>st</sup>	26 July 2009
	2:23:42	Osaka Ladies Marathon	1 <sup>st</sup>	25 Jan 2009
	2:25:51	Tokyo Women's Marathon	4 <sup>th</sup>	16 Nov 2008
	2:34:19	Tokyo Women's Marathon	7 <sup>th</sup>	18 Nov 2007
	2:34:15	Osaka Ladies Marathon	10 <sup>th</sup>	28 Jan 2007
	2:23:58	Nagoya Women's Marathon	2 <sup>nd</sup>	12 Mar 2006
	2:27:40	Nagoya Women's Marathon	7 <sup>th</sup>	13 Mar 2005
Personal Best	<b>2:19:41</b>	Berlin Marathon	1 <sup>st</sup>	26 Sept 2004

	2:33:02	Osaka Ladies Marathon	9 <sup>th</sup>	25 Jan 2004
	2:21:22	Chicago Marathon	3 <sup>rd</sup>	13 Oct 2002
	2:26:33	WC – Edmonton	4 <sup>th</sup>	12 Aug 2001
Debut record	2:23:11	Osaka Ladies Marathon	1 <sup>st</sup>	28 Jan 2001

### 2011 Results

Date	Race	Distance	Place	Time
23 Jan	Kita Kyushu Women's Ekiden	Stage 5 – 11.7Km	1 <sup>st</sup>	37:12

### 2010 Results

Date	Race	Distance	Place	Time
19 Dec	JPN Corporate team women's Ekiden – Gifu	Stage 3 – 10Km	5 <sup>th</sup>	32:06
3 Nov	East JPN Corporate team Women's Ekiden	Stage 6 – 6.3Km	3 <sup>rd</sup>	21:26
6 June	JPN Day 4 mile	4 mile	2 <sup>nd</sup>	23:23

### 2009 Results

Date	Race	Distance	Place	Time
13 Dec	JPN Corporate team Women's Ekiden – Gifu	Stage 3 – 10Km	4 <sup>th</sup>	32:12
26 July	San Francisco Marathon	Marathon	1 <sup>st</sup>	2:46:34
5 July	Sapporo Half Marathon	Half marathon	23 <sup>rd</sup>	1:14:09
31 May	JPN Day 4 miles	4 miles	1 <sup>st</sup>	22:57
22 Feb	Yokohama Women's Ekiden	Stage 6 – 5.195Km	1 <sup>st</sup>	16:29
25 Jan	Osaka Ladies Marathon	Marathon	1 <sup>st</sup>	2:23:42

### 2008 Results

Date	Race	Distance	Place	Time
14 Dec	JPN Corporate team women's ekiden Champ-Gifu	Stage 3 -10Km	1 <sup>st</sup>	31:41
16 Nov	Tokyo Women's Marathon	Marathon	4 <sup>th</sup>	2:25:51
3 Nov	East JPN Corporate team Ekiden Champ	Stage 3-11.95Km	1 <sup>st</sup>	37:06
15 Aug	Olympic Games – Beijing	10000m	17 <sup>th</sup>	31:31.13
29 June	JPN National Championships – Kawasaki	5000m	4 <sup>th</sup>	15:19.29
27 June	JPN National Championships – Kawasaki	10000m	1 <sup>st</sup>	31:15.07
18 May	East JPN Corporate T&F Champ-Kumagaya	5000m	1 <sup>st</sup>	15:20.13
17 May	East JPN Corporate T&F Champ-Kumagaya	10000m	1 <sup>st</sup>	31:21.92
5 May	Nittai University distance meet - Yokohama	5000m	3 <sup>rd</sup>	15:32.21
27 Apr	Hyogo Relays – Kobe	10000m	2 <sup>nd</sup>	31:19.73
16 Mar	All JPN Corporate team HM Champ - Yamaguchi	Half marathon	4 <sup>th</sup>	1:10:27

### Kiyoko Shimahara

DOB: 22 Dec 1976; Height: 153cm; Weight: 43Kg;  
Team: Second Wind AC

#### Personal Bests:

5000m: 15:54.09 (2003); 10000m: 32:54.03 (2004);  
Half marathon: 1:10:16 (2006); Marathon: 2:25:10 (2009)

#### International Championships Highlights:

Marathon: 6<sup>th</sup> in 2007 World Championships; 2<sup>nd</sup> in 2006 & 5<sup>th</sup> in 2010 Asian Games;

#### Progressions (since 2005):

Year	5000m	10000m	Half Marathon	Marathon

2010	16:08.80		1:12:41	2:32:11
2009			1:11:32	2:25:10
2008			1:12:10	2:30:19
2007			1:11:00	2:31:40
2006			1:10:16	2:26:47
2005				2:26:14

### Marathon Career

	Time	Race	Place	Date
	2:32:11	Asian Games - Guangzhou	5 <sup>th</sup>	27 Nov 2010
	2:34:46	Nagano	4 <sup>th</sup>	18 Apr 2010
	2:28:51	Yokohama	2 <sup>nd</sup>	15 Nov 2009
Personal Best	<b>2:25:10</b>	Sapporo (Hokkaido)	1 <sup>st</sup>	30 Aug 2009
	2:31:57	Tokyo	6 <sup>th</sup>	22 Mar 2009
	2:32:36	Honolulu	1 <sup>st</sup>	14 Dec 2008
	2:30:19	Chicago	3 <sup>rd</sup>	12 Oct 2008
	2:30:30	Nagoya	11 <sup>th</sup>	9 Mar 2008
	2:35:41	Shanghai	2 <sup>nd</sup>	25 Nov 2007
	2:31:40	WC – Osaka	6 <sup>th</sup>	2 Sept 2007
	DNF	London	DNF	22 Apr 2007
	2:30:34	Asian Games – Doha	2 <sup>nd</sup>	9 Dec 2006
	2:26:52	Boston	5 <sup>th</sup>	17 Apr 2006
	2:26:47	Osaka	3 <sup>rd</sup>	29 Jan 2006
	2:26:14	Hokkaido – Sapporo	2 <sup>nd</sup>	28 Aug 2005
	2:26:43	Tokyo Women	2 <sup>nd</sup>	21 Nov 2004
	2:31:10	Tokyo Women	3 <sup>rd</sup>	16 Nov 2003
	2:28:17	Katsuta	1 <sup>st</sup>	11 Feb 2003
	2:58:39	Sasayama (College Champ)	14 <sup>th</sup>	2 Mar 1998

### 2011 Results

Date	Race	Distance	Place	Time
23 Jan	Kita Kyushu Women's Ekiden	Stage 2 – 5.9Km	9 <sup>th</sup>	20:20

### 2010 Results

Date	Race	Distance	Place	Time
27 Nov	Asian Games - Guangzhou	Marathon	5 <sup>th</sup>	2:32:11
14 July	Hokuren Distance Challenge - Kitami	5000m	4 <sup>th</sup> B	16:08.80
4 July	Sapporo Half Marathon	Half Marathon	10 <sup>th</sup>	1:13:42
25 May	Bolder Boulder	10Km	21 <sup>st</sup>	36:04
18 Apr	Nagano Marathon	Marathon	4 <sup>th</sup>	2:34:46
21 Mar	NYC Half Marathon	Half marathon	5 <sup>th</sup>	1:12:41
21 Feb	Ohme Road Race	30Km	3 <sup>rd</sup>	1:49:14
24 Jan	Kita-Kyushu Women's Ekiden	Stage 4 – 5.9Km	7 <sup>th</sup>	20:15

### 2009 Results

Date	Race	Distance	Place	Time
15 Nov	Yokohama Women's Marathon	Marathon	2 <sup>nd</sup>	2:28:51
30 Aug	Hokkaido marathon – Sapporo	Marathon	1 <sup>st</sup>	2:25:10
5 July	Sapporo Half Marathon	Half marathon	6 <sup>th</sup>	1:11:32
22 Mar	Tokyo Marathon	Marathon	6 <sup>th</sup>	2:31:57

15 Feb	Chiba Cross Country	6Km	17 <sup>th</sup>	20:15
25 Jan	Osaka Half Marathon	Half marathon	1 <sup>st</sup>	1:13:15
18 Jan	KitaKyushu Women's Ekiden	Stage 3 – 5.1Km	5 <sup>th</sup>	16:45

### 2008 Results

Date	Race	Distance	Place	Time
14 Dec	Honolulu marathon	Marathon	1 <sup>st</sup>	2:32:36
30 Nov	Tsukuba	10Km	2 <sup>nd</sup>	33:39
12 Oct	Chicago marathon	Marathon	3 <sup>rd</sup>	2:30:19
2 Aug	Cape Elizabeth	10Km	9 <sup>th</sup>	33:31.4
28 July	New York City Half marathon	Half marathon	10 <sup>th</sup>	1:13:41
15 June	Sapporo Half marathon	Half marathon	8 <sup>th</sup>	1:12:10
26 May	Bolder Boulder	10Km	19 <sup>th</sup>	35:58
9 Mar	Nagoya Women's Marathon	Marathon	11 <sup>th</sup>	2:30:30
27 Jan	Osaka half marathon	Half marathon	2 <sup>nd</sup>	1:12:39

### Misaki Katsumata (JPN)

DOB: 26 Dec 1985; Shizuoka Prefecture; Height: 164cm, Weight: 47Kg

Team: Dai-Ichi Life;

### Personal Bests:

5000m: 15:34.13 (2009); 10000m: 33:03.93 (2008); Half marathon: 1:10:27 (2010);

### International Championships Highlights:

World Cross Country Championships: Junior race: 33<sup>rd</sup> in 2004, 49<sup>th</sup> in 2002

### Progressions (since 2006):

Year	5000m	10000m	Half Marathon	Marathon
2010	16:14.44	32:54.78	1:10:27	
2009	15:34.13			
2008		33:03.93		
2007	15:35.37	33:39.42		
2006	15:35.45			

### Making Marathon Debut

### 2010 Results

Date	Race	Distance	Place	Time
19 Dec	JPN Corporate team Women's Ekiden – Gifu	Stage 3 – 10Km	8 <sup>th</sup>	32:09
3 Nov	East JPN Corporate team Women's Ekiden	Stage 1 – 6.795Km	1 <sup>st</sup>	21:13
4 July	Sapporo Half Marathon	Half Marathon	5 <sup>th</sup>	1:12:42
6 June	JPN National Championships - Marugame	5000m	12 <sup>th</sup>	16:14.44
24 Apr	Hyogo Relays – Kobe	10000m	10 <sup>th</sup>	32:54.78
21 Mar	JPN Corporate team half Marathon – Yamaguchi	Half marathon	9 <sup>th</sup>	1:10:58
14 Feb	Chiba Cross Country	6K	1 <sup>st</sup>	19:39
17 Jan	Inter-Prefectural Women's Ekiden - Kyoto	Stage 9 – 10Km	2 <sup>nd</sup>	31:58
6 Jan	Miyazaki women's road race	Half marathon	1 <sup>st</sup>	1:10:27

### 2009 Results

Date	Race	Distance	Place	Time
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23 Dec	Nittai University Distance - Yokohama	5000m	1r3	15:35.37
13 Dec	JPN Corporate team Women's Ekiden - Gifu	Stage 3 – 10Km	3 <sup>rd</sup>	32:11
3 Nov	East JPN Corporate team Women's Ekiden	Stage 1 – 6.795Km	3 <sup>rd</sup>	21:58
24 Oct	Nittai University Distance – Yokohama	5000m	6r19	15:54.96
27 Sept	JPN Corporate team T&F Champ – Okayama	5000m	7 <sup>th</sup>	15:34.13
27 Sept	JPN Corporate team T&F Champ – Okayama	5000m	7h2	15:50.98

### 2008 Results

Date	Race	Distance	Place	Time
11 Oct	Kobe Women's Distance	5000m	6r4	16:00.63
26 Sept	JPN Corporate team T&F Champ – Tendo	10000m	8r1	33:03.93
24 Feb	Yokohama Women's Ekiden	Stage 5 – 10Km	1 <sup>st</sup>	32:39

### Noriko Higuchi (JPN)

DOB: 23 May 1985; Kyoto Prefecture

Team: Wacoal; College: Ritsumeikan University

#### Personal Bests:

5000m: 16:00.51 (2010); 10000m: 32:37.72 (2010); Half marathon: 1:10:51 (2010)

#### International Championships Highlights:

Half Marathon: 29<sup>th</sup> in 2010 World Half Marathon Championships

#### Progressions (since 2005):

Year	5000m	10000m	Half Marathon	Marathon
2010	16:00.51	32:37.72	1:10:51	
2009	16:09.57	32:46.41	1:12:19	
2008	16:20.16	33:27.18	1:13:52	
2007		33:36.34	1:14:13	
2006		34:04.16	1:13:14	
2005		34:30.09	1:14:10	

#### Marathon Career

	Time	Race	Place	Date
	DNF (pace maker)	Osaka Women	DNF (pace Maker)	30 Jan 2011

#### 2011 Results

Date	Race	Distance	Place	Time
30 Jan	Osaka Women's Marathon	Marathon	DNF (pacer)	DNF (pacer)

#### 2010 Results

Date	Race	Distance	Place	Time
19 Dec	JPN Corporate team Women's Ekiden	Stage 6 – 6.5095Km	10 <sup>th</sup>	21:43
27 Nov	Kumamoto Distance Champ	5000m	4 <sup>th</sup>	16:30.64
24 Oct	West JPN Corporate team Ekiden – Munakata	Stage 5 – 10.9Km	2 <sup>nd</sup>	37:05
16 Oct	World Half Marathon Championships – Nanning	Half marathon	29 <sup>th</sup>	1:14:56
9 Oct	Night Trials in Marugame	5000m	9r4	16:22.53
24 Sept	JPN Corporate team T&F Champ – Niigata	10000m	12 <sup>th</sup>	32:45.22
28 Aug	Kinki district Championships – Nara	10000m	2 <sup>nd</sup>	35:06.06
17 July	Hokuren Distance Challenge – Abashiri	10000m	9 <sup>th</sup>	33:11.42

11 July	Kyoto Championships	3000m	4r3	9:20.52
10 July	Kyoto Championships	10000m	2 <sup>nd</sup>	33:21.95
4 June	JPN National championships – Marugame	10000m	10 <sup>th</sup>	34:30.62
15 May	Kansai Corporate team T&F Champ – Marugame	5000m	10 <sup>th</sup>	16:00.51
14 May	Kansai Corporate team T&F Champ – Marugame	10000m	8 <sup>th</sup>	32:59.36
9 May	Sendai Half Marathon	Half marathon	1 <sup>st</sup>	1:12:51
25 Apr	Hyogo Relays – Kobe	10000m	7 <sup>th</sup>	32:37.72
21 Mar	JPN Corporate team Half Marathon - Yamaguchi	Half marathon	24 <sup>th</sup>	1:13:48
7 Feb	Marugame Half Marathon	Half marathon	7 <sup>th</sup>	1:10:51
6 Jan	Miyazaki Road Race	Half marathon	13 <sup>th</sup>	1:13:10

### 2009 Results

Date	Race	Distance	Place	Time
23 Dec	Sanyo Road Race	10Km	10 <sup>th</sup>	33:08
13 Dec	JPN Corporate team Women's Ekiden - Gifu	Stage 5 – 11.6Km	10 <sup>th</sup>	38:51
8 Nov	Super Ladies Ekiden – Fukui	Stage 5 – 5Km	2 <sup>nd</sup>	16:15
25 Oct	West JPN Corporate team Women's Ekiden - Munakara	Stage 3 – 10.5Km	6 <sup>th</sup>	34:28
3 Oct	Chugoku district Corporate team Distance – Kure	5000m	6 <sup>th</sup>	16:11.7
25 Sept	JPN Corporate team T&F Champ – Okayama	10000m	23 <sup>rd</sup>	33:39.28
6 Sept	Kinki district Championships – Otsu	5000m	2 <sup>nd</sup>	16:09.57
5 Sept	Kinki district Championships – Otsu	10000m	1 <sup>st</sup>	34:18.83
11 July	Hokuren Distance Challenge – Kushiro	10000m	3 <sup>rd</sup>	32:46.41
4 July	Kyoto Championships	10000m	1 <sup>st</sup>	33:10.15
3 July	Kyoto Championships	5000m	1r1	16:13.77
14 June	Hokuren Distance Challenge – Shibetsu	5000m	6rB	16:22.57
10 June	Hokuren Distance Challenge – Fukagawa	10000m	7 <sup>th</sup>	33:48.87
30 May	Golden Games in Nobeoka	5000m	19rB	16:25.77
16 May	Kansai district Corporate team T&F Champ – Amagasaki	5000m	14 <sup>th</sup>	16:34.04
15 May	Kansai district Corporate team T&F Champ - Amagasaki	5000m	5 <sup>th</sup>	33:49.81
15 Mar	JPN Corporate team Half marathon – Yamaguchi	Half marathon	33 <sup>rd</sup>	1:14:54
1 Feb	Marugame half Marathon	Half marathon	11 <sup>th</sup>	1:12:19
18 Jan	Kita-Kyushu Women's Ekiden	Stage 5 – 11.7Km	8 <sup>th</sup>	39:04
6 Jan	Miyazaki Women's Road race	Half marathon	14 <sup>th</sup>	1:14:28

### 2008 Results

Date	Race	Distance	Place	Time
23 Dec	Sanyo Road Race - Okayama	10Km	13 <sup>th</sup>	34:07
14 Dec	JPN Corporate team Women's Ekiden – Gifu	Stage 4 – 4.1Km	13 <sup>th</sup>	13:22
3 Nov	Awajishima Ekiden	Stage 4 – 5.5Km	1 <sup>st</sup>	18:32
20 July	Shibetsu Half marathon	Half marathon	1 <sup>st</sup>	1:13:52
14 June	Kansai Corporate team T&F Champ – Amagasaki	3000m	3r4	9:26.21
11 June	Hokuren Distance Challenge – Fukagawa	5000m	17 <sup>th</sup>	16:21.96
8 June	Hokuren Distance Challenge – Shibetsu	10000m	5 <sup>th</sup>	33:27.18
31 May	Golden Games in Nobeoka	5000m	24rB	16:33.05
17 May	Kansai Corporate team T&F Champ – Amagasaki	5000m	9 <sup>th</sup>	16:20.16
16 May	Kansai Corporate team T&F Champ – Amagasaki	10000m	2 <sup>nd</sup>	33:43.91
5 May	Nittai University Distance – Yokohama	3000m	5 <sup>th</sup>	9:33.58
26 Apr	Hyogo Relays Asics Challenge – Kobe	5000m	20 <sup>th</sup>	16:27.55

## Yumi Hirata (JPN)

DOB: 22 June 1981; Shizuoka Prefecture; Height: 159cm; Weight: 43Kg;  
Team: Shiseido (since 2004); College: Nihon Science University

### Personal Bests:

5000m: 15:45.1 (2007); 10000m: 32:50.03 (2009);  
Half marathon: 1:11:13 (2009); Marathon: 2:29:23 (2008)

### International Championships Highlights:

#### Progressions (since 2005):

Year	5000m	10000m	Half Marathon	Marathon
2011			1:15:20	
2010	16:43.37	34:29.98		
2009	15:59.27	32:50.03	1:11:13	2:30:16
2008	16:02.47	33:01.75	1:12:21	2:29:23
2007	15:45.1	33:13.51		
2006	15:52.01			
2005	15:59.47			

### Marathon Career

	Time	Race	Place	Date
	2:30:16	Nagoya Women's Marathon	6 <sup>th</sup>	7 Mar 2009
Personal Best	<b>2:29:23</b>	Nagoya Women's Marathon	7 <sup>th</sup>	9 Mar 2008

### 2011 Results

Date	Race	Distance	Place	Time
6 Feb	Marugame Half Marathon	Half Marathon	41 <sup>st</sup>	1:20:00
23 Jan	Chiba Marine Half Marathon	Half marathon	1 <sup>st</sup>	1:15:20
16 Jan	Inter-Prefectural Women's Ekiden – Kyoto	Stage 5 – 4.1075Km	24 <sup>th</sup>	14:09

### 2010 Results

Date	Race	Distance	Place	Time
14 Nov	East JPN Women's Ekiden – Fukushima	Stage 5 – 5.0875K	5 <sup>th</sup>	17:08
9 Oct	Night Trials in Marugame	5000m	17r4	16:53.41
25 Sept	Nittai University Distance - Yokohama	3000m	10r7	9:36.89
1 May	Tokyo Championships	10000m	1 <sup>st</sup>	34:29.98
24 Apr	Hyogo Relays – Kobe, Asics Challenge	5000m	17 <sup>th</sup>	16:43.37

### 2009 Results

Date	Race	Distance	Place	Time
23 Dec	Sanyo Women's Road Race – Okayama	Half marathon	1 <sup>st</sup>	1:11:13
13 Dec	JPN Corporate team Women's Ekiden – Gifu	Section 5 – 11.6Km	4 <sup>th</sup>	37:57
3 Nov	East JPN Corporate team Women's Ekiden	Section 5 -10Km	8 <sup>th</sup>	34:43
17 Oct	Shizuoka – Fukuroi	5000m	4r2	15:59.45
10 Oct	Kobe women's distance	5000m	16 <sup>th</sup>	16:16:61
25 Sept	JPN Corporate team T&F Champ - Okayama	10000m	17 <sup>th</sup>	33:28.94
6 Sept	Rock n Roll Half marathon – Virginia Beach	Half marathon	7 <sup>th</sup>	1:14:27
20 July	Hokuren distance Challenge – Abashiri	10000m	7 <sup>th</sup> mix	32:50.03
15 July	Hokuren Distance Challenge – Kitami	5000m	9 <sup>th</sup> mix	15:59.27

10 June	Hokuren Distance Challenge – Shibetsu	3000m	5 <sup>th</sup>	9:38.43
17 May	East JPN corporate team T&F Champ - Tendo	5000m	5 <sup>th</sup> r1	16:19.42
16 May	East JPN corporate team T&F Champ –Tendo	1500m	7h3	4:35.43
2 May	Tokyo Championships	5000m	4 <sup>th</sup>	16:22.63
25 Apr	Hyogo Relays – Asics Challenge	5000m	12 <sup>th</sup>	16:36.12
7 Mar	Nagoya Women's Marathon	Marathon	6 <sup>th</sup>	2:30:16
1 Feb	Marugame Half Marathon	Half marathon	5 <sup>th</sup>	1:11:18
11 Jan	Inter-Prefectural Women's Ekiden – Kyoto	Stage 1 – 6Km	19 <sup>th</sup>	19:50

### 2008 Results

Date	Race	Distance	Place	Time
13 Dec	JPN Corporate team Women's Ekiden – Gifu	Stage 5 – 11.6Km	7 <sup>th</sup>	37:36
3 Nov	East JPN Corporate Women's Ekiden	Stage 5 – 10Km	6 <sup>th</sup>	33:32
18 Oct	Fukuroi	5000m	7 <sup>th</sup>	16:02.47
26 Sept	JPN Corporate team T&F Champ – Tendo	10000m	9r2	33:01.75
3 May	Shizuoka International – Fukuroi	10000m	9 <sup>th</sup>	33:16.40
27 Apr	Hyogo Relays – Kobe	3000m	8 <sup>th</sup>	9:30.48
9 Mar	Nagoya Women's Marathon	Marathon	7 <sup>th</sup>	2:29:23
3 Feb	Marugame half marathon	Half marathon	5 <sup>th</sup>	1:12:21
13 Jan	Inter-Prefectural Women's Ekiden – Kyoto	Stage 9 – 10Km	12 <sup>th</sup>	32:40
6 Jan	Miyazaki Women's Road Race	5Km	7 <sup>th</sup>	15:57

## Current Women's Marathon All Time Performance List

Performances	Time	Performers	Name		Nat	Place	Venue	Date
1	2:15:25	1	Paula Radcliffe	1	GBR	1	London	13 Apr 03
2	2:17:18		Paula Radcliffe	2	GBR	1	Chicago	13 Oct 02
3	2:17:42		Paula Radcliffe	3		1	London	17 Apr 05
4	2:18:47	2	Catherine Ndereba	1	KEN	1	Chicago	7 Oct 01
5	2:18:56		Paula Radcliffe	4	GBR	1	London	14 Apr 02
6	2:19:12	3	Mizuki Noguchi	1	JPN	1	Berlin	25 Sept 05
7	2:19:19	4	Irina Mikitenko	1	GER	1	Berlin	28 Sept 08
8	2:19:26		Catherine Ndereba	2	KEN	2	Chicago	13 Oct 02
9	2:19:36	5	Deena Kastor	1	USA	1	London	23 Apr 06
10	2:19:39	6	Sun Yingjie	1	CHN	1	Beijing	19 Oct 03
11	2:19:41	7	Yoko Shibui	1	JPN	1	Berlin	26 Sept 04
12	2:19:46	8	Naoko Takahashi	1	JPN	1	Berlin	30 Sept 01
13	2:19:51	9	Zhou Chunxiu	1	CHN	1	Seoul	12 Mar 06
14	2:19:55		Catherine Ndereba	3		2	London	13 Apr 03
15	2:20:25	10	Liliya Shobukhova	1	RUS	1	Chicago	10 Oct 10
16	2:20:38		Zhou Chunxiu	2		1	London	22 Apr 07
17	2:20:42	11	Berhane Adere	1	ETH	1	Chicago	22 Oct 06
18	2:20:43	12	Tegla Loroupe	1	KEN	1	Berlin	26 Sept 99
19	2:20:43	13	Margaret Okayo	1	KEN	1	Boston	15 Apr 02
20	2:20:47		Tegla Loroupe	2		1	Rotterdam	19 Apr 98
21	2:20:47	14	Galina Bogomolova	1	RUS	2	Chicago	22 Oct 06
22	2:20:57		Paula Radcliffe	5		1	Helsinki (WC)	14 Aug 05
23	2:21:01		Sun Yingjie	2		1	Beijing	16 Oct 05
24	2:21:06	15	Ingrid Kristiansen	1	NOR	1	London	21 Apr 85
25	2:21:11		Zhou Chunxiu	3		2	Beijing	16 Oct 05
26	2:21:12		Catherine Ndereba	4		2	Boston	15 Apr 02
27	2:21:16		Deena Drossin	2		3	London	13 Apr 03
28	2:21:18		Mizuki Noguchi	2		1	Osaka	26 Jan 03
29	2:21:21	16	Joan Benoit	1	USA	1	Chicago	20 Oct 85
30	2:21:21		Sun Yingjie	3		2	Beijing	20 Oct 02
31	2:21:22		Yoko Shibui	2		3	Chicago	13 Oct 02
32	2:21:25		Deena Kastor	3		1	Chicago	9 Oct 05
33	2:21:29	17	Lyudmilla Petrova	1	RUS	2	London	23 Apr 06
34	2:21:30	18	Constantina Tomescu-Dita	1	ROM	2	Chicago	9 Oct 05
35	2:21:31	19	Svetlana Zakharova	1	RUS	4	Chicago	13 Oct 02
36	2:21:31	20	Askale Magarsa Tafa	1	ETH	2	Berlin	28 Sept 08
37	2:21:33		Catherine Ndereba	5		1	Chicago	22 Oct 00
38	2:21:34	21	Gete Wami	1	ETH	1	Berlin	24 Sept 06
39	2:21:37		Mizuki Noguchi	3		1	Tokyo	18 Nov 07
40	2:21:45	22	Uta Pippig	1	GER	1	Boston	18 Apr 94
41	2:21:45	23	Masako Chiba	1	JPN	2	Osaka	26 Jan 03
42	2:21:45		Gete Wami	2		2	London	22 Apr 07
43	2:21:46	24	Susan Chepkemei	1	KEN	3	London	23 Apr 06
44	2:21:47		Naoko Takahashi	2		1	Bangkok (Asian G)	6 Dec 98
45	2:21:49		Naoko Takahashi	3		1	Berlin	29 Sept 02
46	2:21:51	25	Naoko Sakamoto	1	JPN	3	Osaka	26 Jan 03
47	2:21:52		Berhane Adere	2		4	London	23 Apr 06
48	2:21:58		Galina Bogomolova	2		5	London	23 Apr 06
49	2:22:00		Liliya Shobukhova	2		1	London	25 Apr 10
50	2:22:01		Catherine Ndereba	6		2	Helsinki (WC)	14 Aug 05
51	2:22:04	26	Atsede Bayisa	1	ETH	1	Paris	11 Apr 10
52	2:22:07		Tegla Loroupe	3		1	Rotterdam	20 Apr 97
53	2:22:11		Irina Mikitenko	2		1	London	26 Apr 09

54	2:22:12	27	Eri Yamaguchi	1	JPN	1	Tokyo	21 Nov 99
55	2:22:19		Naoko Takahashi	4		1	Nagoya	12 Mar 00
56	2:22:19	28	Inga Abitova	1	RUS	2	London	25 Apr 10
57	2:22:20		Gete Wami	3		1	Amsterdam	20 Oct 02
58	2:22:22	29	Lornah Kiplagat	1	KEN	4	Osaka	26 Jan 03
59	2:22:23	30	Catherina McKiernan	1	IRL	1	Amsterdam	1 Nov 98
60	2:22:31		Svetlana Zakharova	2		2	London	14 Apr 02
61	2:22:31		Margaret Okayo	2		1	New York	2 Nov 03
62	2:22:33		Lyudmila Petrova	2		3	London	14 Apr 02
63	2:22:35		Margaret Okayo	3		1	London	18 Apr 04
64	2:22:36		Lornah Kiplagat	2	KEN	2	Chicago	22 Oct 00
65	2:22:36	31	Benita Johnson	1	AUS	3	Chicago	22 Oct 06
66	2:22:38	32	Zhang Yingying	1	CHN	1	Xiamen	5 Jan 08
67	2:22:38	33	Aselefech Mergia	1	ETH	3	London	25 Apr 10
68	2:22:42		Berhane Adere	3		1	Dubai	18 Jan 08
69	2:22:43		Joan Benoit	2		1	Boston	18 Apr 83
70	2:22:43	34	Sharon Cherop	1	KEN	1	Toronto	26 Sept 10
71	2:22:44	35	Tsegaye Tirfi Beyene	1	ETH	2	Toronto	26 Sept 10
72	2:22:45		Aselefech Mergia	2	ETH	1	Dubai	21 Jan 11
73	2:22:46	36	Reiko Tosa	1	JPN	4	London	14 Apr 02
74	2:22:48		Ingrid Kristiansen	2		1	London	10 May 87
75	2:22:48		Tegla Loroupe	4		1	Rotterdam	18 Apr 99
76	2:22:50		Constantina Tomescu-Dita	2		2	London	17 Apr 05
77	2:22:53		Galina Bogomolova	3		1	Roma	16 Mar 08
78	2:22:54	37	Lidia Simon	1	ROM	1	Osaka	30 Jan 00
79	2:22:56	38	Harumi Hiroyama	1	JPN	2	Osaka	30 Jan 00
80	2:22:56	39	Jelena Prokopcuka	1	LAT	1	Osaka	30 Jan 05
81	2:22:59	40	Madai Perez	1	MEX	4	Chicago	22 Oct 06
82	2:23:01	41	Lydia Cheromei	1	KEN	2	Dubai	21 Jan 11
83	2:23:03		Catherine Ndereba	7		2	New York	2 Nov 03
84	2:23:05		Ingrid Kristiansen	3		2	Chicago	20 Oct 85
85	2:23:05	42	Marleen Renders	1	BEL	1	Paris	7 Apr 02
86	2:23:06	43	Merima Mohammed Hasen	1	ETH	3	Toronto	26 Sept 10
87	2:23:07		Svetlana Zakharova	3		1	Chicago	12 Oct 03
88	2:23:09		Paula Radcliffe	6		1	New York	5 Nov 07
89	2:23:09	44	Bezunesh Bekele	1	ETH	2	Dubai	18 Jan 08
90	2:23:10		Paula Radcliffe	7		1	New York	7 Nov 04
91	2:23:11		Yoko Shibui	3		1	Osaka	28 Jan 01
92	2:23:12		Susan Chepkemei	2		4	London	13 Apr 03
93	2:23:12	45	Wei Yanan	1	CHN	1	Seoul	18 Mar 07
94	2:23:12	46	Mara Yamauchi	1	GBR	2	London	26 Apr 09
95	2:23:13		Susan Chepkemei	3		2	New York	7 Nov 04
96	2:23:14		Naoko Takahashi	5		1	Sydney (OG)	24 Sep 00
97	2:23:14		Ludmilla Petrova	3		5	London	13 Apr 03
98	2:23:17	47	Zhang Shujing	1	CHN	3	Beijing	20 Oct 02
99	2:23:17		Gete Wami	4		1	Berlin	30 Sept 07
100	2:23:17		Bezunesh Bekele	2		4	London	25 Apr 10
101	2:23:18		Zhang Shuijing	2		1	Seoul (Dong-A)	16 Mar 03
102	2:23:19		Susan Chepkemei	4		5	London	14 Apr 02
103	2:23:19		Constantina Tomescu-Dita	3		3	Helsinki (WC)	14 Aug 05
104	2:23:21	48	Fatuma Roba	1	ETH	1	Boston	20 Apr 98
105	2:23:22	49	Joyce Chepchumba	1	KEN	1	London	18 Apr 99
106	2:23:22		Lidia Simon	2		2	Sydney (OG)	24 Sep 00
107	2:23:22	50	Salina Kosgei	1	KEN	2	Berlin	24 Sept 06
108	2:23:23		Magarsa Askale Tafa	2		3	Dubai	18Jan 08

109	2:23:24		Lidia Slavuteanu-Simon	3		1	Osaka	31 Jan 99
110	2:23:24		Zhou Chunxiu	4		1	Seoul	13 Mr 05
111	2:23:25		Fatuma Roba	2		1	Boston	19 Apr 99
112	2:23:25	51	Caroline Cheptonui Kilel	1	KEN	1	Frankfurt	31 Oct 10
113	2:23:26	52	Hiromi Ominami	1	JPN	2	Berlin	26 Sept 04
114	2:23:26		Harumi Hiroyama	2		1	Nagoya	12 Mar 06
115	2:23:27	53	Bai Xue	1	CHN	2	Xiamen	5 Jan 08
116	2:23:28		Zhou Chunxiu	5		1	Xiamen	27 Mar 04
117	2:23:29	54	Rosa Mota	1	POR	3	Chicago	20 Oct 85
118	2:23:30	55	Mari Ozaki	1	JPN	5	Osaka	26 Jan 03
119	2:23:30	56	Derartu Tulu	1	ETH	4	Helsinki (WC)	14 Aug 05
120	2:23:30	57	Yoshimi Ozaki	1	JPN	1	Tokyo	16 Nov 08
121	2:23:31	58	Esther Wanjiru	1	KEN	3	Osaka	30 Jan 00
122	2:23:31		Salina Kosgei	2		2	Tokyo	18 Nov 07
123	2:23:32		Gete Wami	5		2	New York	5 Nov 07
124	2:23:33	59	Valentina Yegorova	1	RUS	2	Boston	18 Apr 94
125	2:23:35		Constantina Tomescu-Dita	4		2	Chicago	12 Oct 03
126	2:23:37	60	Liu Min	1	CHN	1	Beijing	14 Oct 01
127	2:23:38	61	Rita Jeptoo	1	KEN	1	Boston	17 Apr 06
128	2:23:40		Atsede Bayisa Tesema	2		2	Chicago	10 Oct 10
129	2:23:41		Zhou Chunxiu	6		2	Beijing	19 Oct 03
130	2:23:41	62	Isabella Andersson	1	SWE	3	Dubai	21 Jan 11
131	2:23:42		Yoko Shibui	4		1	Osaka	25 Jan 09
132	2:23:43	63	Olga Markova	1	RUS	1	Boston	20 Apr 92
133	2:23:43		Marleen Renders	2		1	Paris	9 Apr 00
134	2:23:43	64	Takami Ominami	1	JPN	1	Rotterdam	21 Apr 02
135	2:23:43		Constantina Tomescu-Dita	5		6	London	13 Apr 03
136	2:23:43		Lornah Kiplagat	3		3	New York	2 Nov 03
137	2:23:44		Catherina McKiernan	2		1	Berlin	28 Sept 97
138	2:23:44	65	Dire Tune	1	ETH	2	Frankfurt	31 Oct 10
139	2:23:45		Constantina Tomescu-Dita	6		1	Chicago	10 Oct 04
140	2:23:46		Tegla Loroupe	5		2	Osaka	31 Jan 99
141	2:23:47	66	Maura Viceconte	1	ITA	1	Wien	21 May 00
142	2:23:48		Jelena Prokopcuka	2		2	Boston	17 Apr 06
143	2:23:48	67	Yumiko Hara	1	JPN	1	Osaka	28 Jan 07
144	2:23:50	68	Mariya Konovalova	1	RUS	3	Chicago	10 Oct 10
145	2:23:51	69	Lisa Ondieki	1	AUS	1	Osaka	31 Jan 88
146	2:23:53		Catherine Ndereba	8		1	Boston	16 Apr 01
147	2:23:53	70	TeybaErkesso	1	ETH	1	Houston	17 Jan 10
148	2:23:54		Constantina Tomescu Dita	7		2	Amsterdam	20 Oct 02
149	2:23:55		Lornah Kiplagat	4		1	Osaka	27 Jan 02
150	2:23:55		Catherine Ndereba	9		1	Paris (WC)	31 Aug 03
151	2:23:55		Constantina Tomescu-Dita	8		3	London	22 Apr 07
152	2:23:56		Paula Radcliffe	8		1	New York	2 Nov 08
153	2:23:56		Yoshimi Ozaki	2		1	Yokohama	20 Feb 11
154	2:23:57		Joyce Chepchumba	2		1	Chicago	11 Oct 98
155	2:23:57		Derartu Tulu	2		1	London	22 Apr 01
156	2:23:57	71	Zhu Xiaolin	1	CHN	4	Beijing	20 Oct 02
157	2:23:57		Reiko Tosa	2		1	Nagoya	14 Mar 04
158	2:23:58		Marleen Renders	3		2	Berlin	26 Sept 99
159	2:23:58		Yoko Shibui	5		2	Nagoya	12 Mar 06
160	2:23:58	72	Aberu Kebede	1	ETH	1	Berlin	26 Sept 10
161	2:23:59		Mari Ozaki	2		2	Osaka	30 Jan 05
162	2:24:00		Susan Chepkemei	5		3	London	17 Apr 05
163	2:24:01		Jelena Prokopcuka	3		7	London	13 Apr 03

164	2:24:02		Joyce Chepchumba	3		1	Tokyo	19 Nov 00
165	2:24:02		Wei Yanan	2		2	Beijing	14 Oct 01
166	2:24:02		Bezunesh Bekele	3		1	Dubai	16 Jan 09
167	2:24:04		Svetlana Zakharova	4		2	London	22 Apr 01
168	2:24:06	73	Adriana Fernandez	1	MEX	2	London	18 Apr 99
169	2:24:07	74	Wang Junxia	1	CHN	1	Tianjin	4 Apr 93
170	2:24:07	75	Agnes Kiprop	1	KEN	3	Frankfurt	31 Oct 10
171	2:24:11		Adriana Fernandez	2		2	Berlin	29 Sept 02
172	2:24:11		Sun Yingjie	4		1	Beijing	17 Oct 04
173	2:24:11		Reiko Tosa	3		3	Boston	23 Apr 06
174	2:24:12		Joyce Chepchumba	4		3	London	22 Apr 01
175	2:24:12		Zhou Chunxiu	7		5	Helsinki (WC)	14 Aug 05
176	2:24:13		Salina Kosgei	3		4	London	22 Apr 07
177	2:24:13	76	Amane Gobena	1	ETH	1	Seoul	21 Mar 10
178	2:24:14		Mizuki Noguchi	4		2	Paris (WC)	31 Aug 03
179	2:24:14		Irina Mikitenko	3		1	London	13 Apr 08
180	2:24:14	77	Irina Timofeyeva	1	RUS	1	Hamburg	27 Apr 08
181	2:24:15		Lidia Simon	4		4	London	22 Apr 01
182	2:24:18	78	Wanda Panfil	1	POL	1	Boston	15 Apr 91
183	2:24:18		Teyba Erkesso	2		1	Houston	18 Jan 09
184	2:24:19		Yumiko Hara	2		1	Nagoya	13 Mar 05
185	2:24:19	79	Mamitu Daska Molisa	1	ETH	1	Dubai	22 Jan 10
186	2:24:20		Yumiko Hara	3		6	Helsinki (WC)	14 Aug 05
187	2:24:21		Margaret Okayo	4		1	New York	4 Nov 01
188	2:24:22	80	Ren Xiujuan	1	CHN	3	Beijing	14 Oct 01
189	2:24:22		Rita Jeptoo	2		7	Helsinki (WC)	14 Aug 05
190	2:24:22	81	Christelle Daunay	1	FRA	2	Paris	11 Apr 10
191	2:24:24		Liliya Shobukhova	3		3	London	26 Apr 09
192	2:24:25	82	Megumi Oshima	1	JPN	2	Nagoya	13 Mar 05
193	2:24:25		Constantina Tomescu-Dita	9		5	Chicago	22 Oct 06
194	2:24:26		Ingrid Kristiansen	4		1	London	13 May 84
195	2:24:26		Aberu Kebede Shewaye	2		2	Dubai	22 Jan 10
196	2:24:26	83	Atsede Habtamu	1	ETH	4	Dubai	21 Jan 11
197	2:24:27		Catherie Ndereba	10		1	Boston	19 Apr 04
198	2:24:27	84	Yuri Kano	1		2	Tokyo	16 Nov 08
199	2:24:29	85	Elfenesh Alemu	1	ETH	5	London	22 Apr 01
200	2:24:29	86	Remi Nakazato	1	JPN	2	Yokohama	20 Feb 11
201	2:24:30		Rosa Mota	2		1	Boston	18 Apr 88
202	2:24:32	87	Qu Yunxia	1	CHN	2	Tianjin	4 Apr 93
203	2:24:32		Salina Kosgei	4		1	Paris	4 Apr 04
204	2:24:33		Ingrid Kristiansen	5		1	Boston	17 Apr 89
205	2:24:33		Tegla Loroupe	6		1	London	16 Apr 00
206	2:24:33	88	Rie Matsuoka	1	JPN	2	Paris	7 Apr 02
207	2:24:33	89	Nuta Olaru	1	ROM	2	Chicago	10 Oct 04
208	2:24:33	90	Tomo Morimoto	1	JPN	1	Wien	7 May 06
209	2:24:33	91	Koren Yal	1	ETH	4	Toronto	26 Sept 10
210	2:24:34		Harumi Hiroshima	3		2	Osaka	27 Jan 02
211	2:24:35	92	Katrin Dörre	1	GER	1	Hamburg	25 Apr 99
212	2:24:35	93	Robe Tola Guta	1	ETH	1	Hamburg	23 Apr 06
213	2:24:36		Reiko Tosa	4		2	Nagoya	12 Mar 00
214	2:24:39	94	Hu Yuanyuan	1	CHN	5	Beijing	20 Oct 02
215	2:24:39		Naoko Takahashi	6		1	Tokyo	20 Nov 05
216	2:24:39		Mari Ozaki	3		2	Osaka	28 Jan 07
217	2:24:39		Svetlana Zakharova	5		2	London	13 Apr 08
218	2:24:39		Askale Tafa Magarsa	3		5	London	25 Apr 10

219	2:24:40		Lisa Ondieki	2		1	New York	1 Nov 92
220	2:24:40		Dire Tune	2		1	Houston	13 Jan 08
221	2:24:41	95	Dai Yanyan	1	CHN	4	Beijing	14 Oct 01
222	2:24:41		Jelena Prokopcuka	4		1	New York	6 Nov 05
223	2:24:42	96	Zhang Linli	1	CHN	3	Tianjin	4 Apr 93
224	2:24:42		Zhang Shujing	3		5	Beijing	14 Oct 01
225	2:24:42		Atsede Bayisa	3		1	Paris	5 Apr 09
226	2:24:43		Elfenesh Alemu	2		2	Boston	19 Apr 04
227	2:24:43		Yuri Kano	2		3	Osaka	28 Jan 07
228	2:24:45		Joyce Chepchumba	5		3	Sydney (OG)	24 Sep 00
229	2:24:46	97	Madina Biktagirova	1	RUS	2	Berlin	28 Sept 97
230	2:24:46		Lidia Simon	5		2	London	16 Apr 00
231	2:24:46		Lornah Kiplagat	5		5	London	22 Apr 07
232	2:24:47		Elfenesh Alemu	3		4	Osaka	30 Jan 00
233	2:24:47		Reiko Tosa	5		2	Tokyo	19 Nov 00
234	2:24:47		Elfenesh Alemu	4		1	Tokyo	16 Nov 03
235	2:24:47		Megumi Tanaka	2		2	Nagoya	14 Mar 04
236	2:24:47		Atsede Habtamu	2	ETH	1	Berlin	20 Sept 09
237	2:24:51		Irina Mikitenko	4		2	Berlin	30 Sept 07
238	2:24:51		Tsegaye Tirfi Beyene	2		3	Paris	11 Apr 10
239	2:24:52		Joan Benoit	3		1	Los Angeles (OG)	5 Aug 84
240	2:24:52	98	Zhang Lirong	1	CHN	4	Tianjin	4 Apr 93
241	2:24:53		Jelena Prokopcuka	5		3	Chicago	12 Oct 03
242	2:24:54	99	Grete Waitz	1	NOR	1	London	20 Apr 86
243	2:24:54		Elfenesh Alemu	5		2	Chicago	7 Oct 01
244	2:24:54	100	Ryoko Eda	1	JPN	3	Nagoya	13 Mar 05
245	2:24:54	101	Helena Loshanyang Kirop	1	KEN	3	Dubai	22 Jan 10
246	2:24:55		Ingrid Kristiansen	6		1	Boston	21 Apr 86
247	2:24:55		Elfenesh Alemu	6		1	Nagano	9 Apr 00
248	2:24:55		Susan Chepkemei	6		2	New York	6 Nov 05
249	2:24:55	102	Yukiko Akaba	1	JPN	6	London	25 Apr 10
250	2:24:56		Elfenesh Alemu	7		8	London	13 Apr 03
251	2:24:57		Joyce Chepchumba	6		3	London	16 Apr 00
252	2:24:58		Bezunesh Bekele	4		2	Berlin	26 Sept 10
253	2:24:59	103	Banuelia Mrashani	1	TAN	1	Tokyo	17 Nov 02
254	2:24:59		Margaret Okayo	5		1	Milano	1 Dec 02
255	2:25:00		Ludmilla Petrova	4		4	New York	2 Nov 03
256	2:25:00		Zhou Chunxiu	8		1	Guangzhou (Asia G)	27 Nov 10
257	2:25:01		Svetlana Zakharova	6		3	Chicago	10 Oct 04
258	2:25:01		Helena Loshanyang Kirop	2		3	Berlin	28 Sept 08
259	2:25:01		Zhou Chunxiu	9		2	Seoul	21 Mar 10
260	2:25:02		Rie Matsuoka	2		2	Tokyo	17 Nov 02
261	2:25:02		Aselefech Mergia	3		2	Paris	5 Apr 09
262	2:25:03		Takami Ominami	2		1	Nagoya	9 Mar 03
263	2:25:03		Mara Yamauchi	2		3	Tokyo	16 Nov 08
264	2:25:03	104	Alice Timbilil	1	KEN	1	Amsterdam	17 Oct 10
265	2:25:04	105	Marisa Barros	1	POR	3	Yokohama	20 Feb 11
266	2:25:05		Margaret Okayo	6		1	San Diego	3 June 01
267	2:25:05		Catherin Ndereba	11		1	Osaka	29 Jan 06
268	2:25:05		Jelena Prokopcuka	6		1	New York	5 Nov 06
269	2:25:06		Adriana Fernandez	3		1	New York	7 Nov 99
270	2:25:06		Wei Yanan	3		1	Seoul (Dong-A)	17 Mar 02
271	2:25:06		Svetlana Zakharova	7		4	London	26 Apr 09

## Combined Women's Marathon Performance List from 2008 to 2011

Performances	Time	Performers	Name		Nat	Pos	Venue	Date
1	2:19:19	1	Irina Mikitenko	1	GER	1	Berlin	28 Sept 08
2	2:20:25	2	Liliya Shobukhova	1	RUS	1	Chicago	10 Oct 10
3	2:21:31	3	Askale Magarsa Tafa	1	ETH	2	Berlin	28 Sept 08
4	2:22:00		Liliya Shobukhova	2		1	London	25 Apr 10
5	2:22:04	4	Atsede Bayisa	1	ETH	1	Paris	11 Apr 10
6	2:22:11		Irina Mikitenko	2		1	London	26 Apr 09
7	2:22:19	5	Inga Abitova	1	RUS	2	London	25 Apr 10
8	2:22:38	6	Zhang Yingying	1	CHN	1	Xiamen	5 Jan 08
9	2:22:38	7	Aselefech Mergia	1	ETH	3	London	25 Apr 10
10	2:22:42	8	Berhane Adere	1	ETH	1	Dubai	18 Jan 08
11	2:22:43	9	Sharon Cherop	1	KEN	1	Toronto	26 Sept 10
12	2:22:44	10	Tsegaye Tirfi Beyene	1	ETH	2	Toronto	26 Sept 10
13	2:22:45		Aselefech Mergia	2		1	Dubai	21 Jan 11
14	2:22:53	11	Galina Bogomolova	1	RUS	1	Roma	16 Mar 08
15	2:23:01	12	Lydia Cheromei	1	KEN	2	Dubai	21 Jan 11
16	2:23:06	13	Merima Mohammed	1	ETH	3	Toronto	26 Sept 10
17	2:23:09	14	Bezunesh Bekele	1	ETH	2	Dubai	18 Jan 08
18	2:23:12	15	Mara Yamauchi	1	GBR	2	London	26 Apr 09
19	2:23:17		Bezunesh Bekele	2	ETH	4	London	25 Apr 10
20	2:23:23		Magarsa Askale Tafa	2		3	Dubai	18 Jan 08
21	2:23:25	16	Caroline Cheptonui Kilel	1	KEN	1	Frankfurt	31 Oct 10
22	2:23:27	17	Bai Xue	1	CHN	2	Xiamen	5 Jan 08
23	2:23:30	18	Yoshimi Ozaki	1	JPN	1	Tokyo	16 Nov 08
24	2:23:40		Atsede Bayisa	2		2	Chicago	10 Oct 10
25	2:23:41	19	Isabella Andersson	1	SWE	3	Dubai	21 Jan 11
26	2:23:42	20	Yoko Shibui	1	JPN	1	Osaka	25 Jan 09
27	2:23:44	21	Dire Tune	1	ETH	2	Frankfurt	31 Oct 10
28	2:23:50	22	Mariya Konovalova	1	RUS	3	Chicago	10 Oct 10
29	2:23:53	23	Teyba Erkesso	1	ETH	1	Houston	17 Jan 10
30	2:23:56	24	Paula Radcliffe	1	GBR	1	New York	2 Nov 08
31	2:23:56		Yoshimi Ozaki			1	Yokohama	20 Feb 11
32	2:23:58	25	Aberu Kebede	1	ETH	1	Berlin	26 Sept 10
33	2:24:02		Bezunesh Bekele	3		1	Dubai	16 Jan 09
34	2:24:07	26	Agnes Kiprof	1	KEN	3	Frankfurt	31 Oct 10
35	2:24:13	27	Amane Gobena	1	ETH	1	Seoul	21 Mar 10
36	2:24:14		Irina Mikitenko	3		1	London	13 Apr 08
37	2:24:14	28	Irina Timofeyeva	1	RUS	1	Hamburg	27 Apr 08
38	2:24:18		Teyba Erkesso	2		1	Houston	18 Jan 09
39	2:24:19	29	Mamitu Daska Molisa	1	ETH	1	Dubai	22 Jan 10
40	2:24:22	30	Christelle Daunay	1	FRA	2	Paris	11 Apr 10
41	2:24:24		Liliya Shobukhova	3		3	London	26 Apr 09
42	2:24:26		Aberu Kebede Shewaye	2		2	Dubai	22 Jan 10
43	2:24:26	31	Atsede Habtamu	1	ETH	4	Dubai	21 Jan 11
44	2:24:27	32	Yuri Kano	1	JPN	2	Tokyo	16 Nov 08
45	2:24:29	33	Remi Nakazato	1	JPN	2	Yokohama	20 Feb 11
46	2:24:33	34	Koren Yal	1	ETH	4	Toronto	26 Sept 10
47	2:24:39	35	Svetlana Zakharova	1	RUS	2	London	13 Apr 08
48	2:24:39		Askale Tafa Magarsa	3		5	London	25 Apr 10
49	2:24:40		Dire Tune	2		1	Houston	13 Jan 08
50	2:24:42		Atsede Bayisa	3		1	Paris	5 Apr 09
51	2:24:47		Atsede Habtamu	2	ETH	1	Berlin	20 Sept 09
52	2:24:51		Tsegaye Tirfi Beyene	2		3	Paris	11 Apr 10
53	2:24:54	36	Helena Loshanyang Kirop	1	KEN	3	Dubai	22 Jan 10
54	2:24:55	37	Yukiko Akaba	1	JPN	6	London	25 Apr 10
55	2:24:58		Bezunesh Bekele	4		2	Berlin	26 Sept 10

56	2:25:00	38	Zhou Chunxiu	1	CHN	1	Guangzhou (Asian G)	27 Nov 10
57	2:25:01		Helena Loshanyang Kirop	2		3	Berlin	28 Sept 08
58	2:25:01		Zhou Chunxiu	2		2	Seoul	21 Mar 10
59	2:25:02		Aselefech Mergia	3		2	Paris	5 Apr 09
60	2:25:03		Mara Yamauchi	2		3	Tokyo	16 Nov 08
61	2:25:03	39	Alice Timbilil	1	KEN	1	Amsterdam	17 Oct 10
62	2:25:04	40	Marisa Barros	1	POR	3	Yokohama	20 Feb 11
63	2:25:06		Svetlana Zakharova	2		4	London	26 Apr 09
64	2:25:08		Atsede Bayisa	4	ETH	5	Dubai	21 Jan 11
65	2:25:10	41	Wei Yanan	1		3	Xiamen	5 Jan 08
66	2:25:10		Mara Yamauchi	3		1	Osaka	27 Jan 08
67	2:25:10	42	Kiyoko Shimahara	1	JPN	1	Sapporo (Hokkaido)	30 Aug 09
68	2:25:10		Isabellah Andersson	2	SWE	4	Frankfurt	31 Oct 10
69	2:25:12	43	Lyubov Morgunova	1	RUS	1	Rotterdam	13 Apr 08
70	2:25:14		Amane Gobena	2		1	Osaka	31 Jan 09
71	2:25:15		Bai Xue	2		1	Berlin (WC)	23 Aug 09
72	2:25:17		Atsede Habtamu	3		2	Dubai	16 Jan 09
73	2:25:18		Bai Xue	3		7	London	25 Apr 10
74	2:25:21	44	Kim Smith	1	NZL	8	London	25 Apr 10
75	2:25:24		Caroline Cheptanui Kilel	2		1	Ljubljana	25 Oct 09
76	2:25:25		Dire Tune	3		1	Boston	21 Apr 08
77	2:25:25		Yoshimi Ozaki	2		2	Berlin (WC)	23 Aug 09
78	2:25:27	45	Alvetina Biktimirova	1	RUS	2	Boston	21 Apr 08
79	2:25:27	46	Mare Dibaba	1	ETH	5	Frankfurt	31 Oct 10
80	2:25:28	47	Firehiwot Dado	1	ETH	1	Roma	21 Mar 10
81	2:25:29		Aberu Kebede Shewaye	3		1	Rotterdam	11 Apr 10
82	2:25:29		Helena Loshanyang Kirop	3		1	Praha	9 May 10
83	2:25:30		Berhane Adere	2		5	London	26 Apr 09
84	2:25:31	48	Haile Kebebus	1	ETH	2	Roma	21 Mar 10
85	2:25:32		Aselefech Mergia	4		3	Berlin (WC)	23 Aug 09
86	2:25:33	49	Martha Komu	1	ETH	1	Paris	6 Apr 08
87	2:25:34	50	Tomo Morimoto	1	JPN	2	Osaka	27 Jan 08
88	2:25:34	51	Azalech Woldeeslassie	1	ETH	4	Paris	11 Apr 10
89	2:25:35		Helena Loshanyang Kirop	4		3	Dubai	16 Jan 09
90	2:25:35		Atsede Habtamu Besuye	4		1	Eindhoven	11 Oct 10
91	2:25:37	52	Worknesh Tola	1	ETH	2	Paris	6 Apr 08
92	2:25:37	53	Gete Wami	1		3	London	13 Apr 08
93	2:25:37	54	Robe Tola Guta	1	ETH	1	Seoul	15 Mar 09
94	2:25:38	55	Mizuho Nasukawa	1	JPN	1	Tokyo	22 Mar 09
95	2:25:38		Mare Dibaba	2		3	Roma	21 Mar 10
96	2:25:38	56	Edna Kiplagat	1	KEN	1	Los Angeles	21 Mar 10
97	2:25:39		Zhou Chunxiu	3		4	Berlin (WC)	23 Aug 09
98	2:25:40		Yukiko Akaba	2		2	Osaka	25 Jan 09
99	2:25:43	57	Ludmila Petrova	1	RUS	2	New York	2 Nov 08
100	2:25:43		Christelle Daunay	2		3	Paris	5 Apr 09
101	2:25:43	58	Mari Ozaki	1	JPN	9	London	25 Apr 10
102	2:25:44		Marisa Barros	2	POR	2	Osaka	31 Jan 09
103	2:25:48	59	Rose Cheruiyot	1	KEN	4	Dubai	18 Jan 08
104	2:25:49	60	Ashu Kasim	1	ETH	4	Paris	5 Apr 09
105	2:25:50	61	Asnakech Egigayeh	1	ETH	1	Milano	11 Apr 10
106	2:25:51	62	Yurika Nakamura	1	JPN	1	Nagoya	9 Mar 08
107	2:25:51		Yoko Shibui	2		4	Tokyo	16 Nov 08
108	2:25:53	63	Kara Goucher	1	USA	3	New York	2 Nov 08
109	2:25:53	64	Tatyana Petrova	1	RUS	4	Dubai	16 Jan 09
110	2:25:55		Inga Abitova	2		6	London	26 Apr 09
111	2:25:56		Liliya Shobukhova	4		1	Chicago	11 Oct 09

## 2011 Women's Marathon Performance List

Performance	Time	Performer	Name	Nat	Place	Venue	Date
1	2:22:45	1	Aselefech Mergia	ETH	1	Dubai	21 Jan 2011
2	2:23:01	2	Lydia Cheromei	KEN	2	Dubai	21 Jan 2011
3	2:23:41	3	Isabella Andersson	SWE	3	Dubai	21 Jan 2011
4	2:23:56	4	Yoshimi Ozaki	JPN	1	Yokohama	20 Feb 2011
5	2:24:26	5	Atsede Habtamu	ETH	4	Dubai	21 Jan 2011
6	2:24:29	6	Remi Nakazato	JPN	2	Yokohama	20 Feb 2011
7	2:25:04	7	Marisa Barros	POR	3	Yokohama	20 Feb 2011
8	2:25:08	8	Atsede Bayisa	ETH	5	Dubai	21 Jan 2011
9	2:26:29	9	Yukiko Akaba	JPN	1	Osaka	30 Jan 2011
10	2:26:33	10	Mamitu Daska	ETH	1	Houston	30 Jan 2011
11	2:26:53	11	Diana Chepkemai Sigei	KEN	6	Dubai	21 Jan 2011
12	2:26:55	12	Mai Ito	JPN	2	Osaka	30 Jan 2011
13	2:26:56	13	Koren Jelila Yal	ETH	1	Mumbai	16 Jan 2011
14	2:26:57	14	Merima Mohammed Hasen	ETH	2	Mumbai	16 Jan 2011
15	2:26:58	15	Kaoru Nagao	JPN	4	Yokohama	20 Feb 2011
16	2:27:13	16	Genet Getaneh	ETH	7	Dubai	21 Jan 2011
17	2:27:15	17	Werknesh Kidane	ETH	8	Dubai	21 Jan 2011
18	2:27:16	18	Karolina Jarzynska	POL	5	Yokohama	20 Feb 2011
19	2:27:26	19	Chika Horie	JPN	3	Osaka	30 Jan 2011
20	2:27:33	20	Anna Incerti	ITA	4	Osaka	30 Jan 2011
21	2:27:41	21	Helena Loshanyang Kirop	KEN	9	Dubai	21 Jan 2011
22	2:27:47	22	Ashu Kasim	ETH	2	Houston	30 Jan 2011
23	2:29:00	23	Alevtina Ivanova	RUS	6	Yokohama	20 Feb 2011
24	2:29:04	24	Elfenesh Alemu	ETH	3	Mumbai	16 Jan 2011
25	2:29:35	25	Ryoko Kizaki	JPN	5	Osaka	30 Jan 2011
26	2:29:35	26	Stephanie Rothstein	USA	3	Houston	30 Jan 2011
27	2:30:23	27	Feysa Tadesse Boru	ETH	10	Dubai	21 Jan 2011
28	2:30:36	28	Mika Okunaga	JPN	6	Osaka	30 Jan 2011
29	2:30:42	29	Mayumi Fujita	JPN	7	Yokohama	20 Feb 2011
30	2:31:48	30	Tsega Gelaw Reta	ETH	11	Dubai	21 Jan 2011
31	2:31:49	31	Amane Gobena	ETH	1	Xiamen	2 Jan 2011
32	2:31:54	32	Alemitu Abera	ETH	2	Xiamen	2 Jan 2011
33	2:32:00	33	Wang Jiali	CHN	3	Xiamen	2 Jan 2011
34	2:32:05	34	Meseret Legesse	ETH	4	Mumbai	16 Jan 2011
35	2:32:10	35	Desta Girma	ETH	4	Xiamen	2 Jan 2011
36	2:32:28	36	Bizunesh Urgessa	ETH	5	Mumbai	16 Jan 2011
37	2:32:28	37	Makida Haruna	ETH	6	Mumbai	16 Jan 2011
38	2:32:44	38	Adriana Pirtea	ROU	7	Osaka	30 Jan 2011
39	2:33:05	39	Yuka Izumi	JPN	8	Yokohama	20 Feb 2011
40	2:33:26	40	Alemnesh Eshetu Habtemikael	ETH	1	Sevilla	13 Feb 2011
41	2:33:30	41	Derbe Godana Gebissa	ETH	2	Sevilla	13 Feb 2011
42	2:33:39	42	Fatuma Sabo	ETH	7	Mumbai	16 Jan 2011
43	2:33:42	43	Janet Rono	KEN	1	Hong Kong	20 Feb 2011
44	2:33:51	44	Samira Raif	MAR	2	Hong Kong	20 Feb 2011
45	2:33:57	45	Kaori Yoshida	JPN	9	Yokohama	20 Feb 2011
46	2:34:00	46	Tabitha Tsatsa	ZIM	5	Xiamen	2 Jan 2011
47	2:34:09	47	Asha Gigi	ETH	6	Xiamen	2 Jan 2011
48	2:34:10	48	Jin Lingling	CHN	7	Xiamen	2 Jan 2011
49	2:34:14	49	Bifa Yeshimabet Tadesse	ETH	3	Hong Kong	20 Feb 2011
50	2:34:47	50	Belainesh Gebre	ETH	4	Houston	30 Jan 2011
51	2:35:11	51	Beatrice Toroitich Jepkemboi	KEN	3	Sevilla	13 Feb 2011
52	2:35:17	52	Naoko Sakamoto	JPN	10	Yokohama	20 Feb 2011

## 2010 Women's Marathon Performance List

Performance	Time	Performer	Name	Nat	Place	Venue	Date
1	2:20:25	1	Liliya Shobukhova	RUS	1	Chicago	10 Oct 2010
2	2:22:00		Liliya Shobukhova		1	London	25 Apr 2010
3	2:22:04	2	Atsede Bayisa	ETH	1	Paris	11 Apr 2010
4	2:22:19	3	Inga Abitova	RUS	2	London	25 Apr 2010
5	2:22:38	4	Aselefech Merga	ETH	3	London	25 Apr 2010
6	2:22:43	5	Sharon Cherop	KEN	1	Toronto	26 Sept 2010
7	2:22:44	6	Tsegaye Tirfi Beyene	ETH	2	Toronto	26 Sept 2010
8	2:23:06	7	Merima Mohammed Hasen	ETH	3	Toronto	26 Sept 2010
9	2:23:17	8	Bezunesh Bekele	ETH	4	London	25 Apr 2010
10	2:23:25	9	Caroline Cheptonui Kilel	KEN	1	Frankfurt	31 Oct 2010
11	2:23:40		Atseda Bayisa Tesema		2	Chicago	10 Oct 2010
12	2:23:44	10	Dire Tune	ETH	2	Frankfurt	31 Oct 2010
13	2:23:50	11	Mariya Konovalova	RUS	3	Chicago	10 Oct 2010
14	2:23:53	12	Teyba Erkesso	ETH	1	Houston	17 Jan 2010
15	2:23:58	13	Aberu Kebede Shewaye	ETH	1	Berlin	26 Sept 2010
16	2:24:07	14	Agnes Kiprop	KEN	3	Frankfurt	31 Oct 2010
17	2:24:13	15	Amane Gobena	ETH	1	Seoul	21 Mar 2010
18	2:24:19	16	Mamitu Daska Molisa	ETH	1	Dubai	22 Jan 2010
19	2:24:22	17	Christelle Daunay	FRA	2	Paris	11 Apr 2010
20	2:24:26		Aberu Kebede Shewaye		2	Dubai	22 Jan 2010
21	2:24:33	18	Koren Yal	ETH	4	Toronto	26 Sept 2010
22	2:24:39	19	Askale Tafa Magarsa	ETH	5	London	25 Apr 2010
23	2:24:51		Tsegaye Tirfi Beyene	ETH	3	Paris	11 Apr 2010
24	2:24:54	20	Helena Loshanyang Kirop	KEN	3	Dubai	22 Jan 2010
25	2:24:55	21	Yukiko Akaba	JPN	6	London	25 Apr 2010
26	2:24:58		Bezunesh Bekele		2	Berlin	26 Sept 2010
27	2:25:00	22	Zhou Chunxiu	CHN	1	Guangzhou (Asian Games)	27 Nov 2010
28	2:25:01		Zhou Chunxiu		2	Seoul	21 Mar 2010
29	2:25:03	23	Alice Timbilil	KEN	1	Amsterdam	17 Oct 2010
30	2:25:10	24	Isabellah Andersson	SWE	4	Frankfurt	31 Oct 2010
31	2:25:14		Amane Gobena	ETH	1	Osaka	31 Jan 2010
32	2:25:18	25	Bai Xue	CHN	7	London	25 Apr 2010
33	2:25:21	26	Kim Smith	NZL	8	London	25 Apr 2010
34	2:25:27	27	Mare Dibaba	ETH	5	Frankfurt	31 Oct 2010
35	2:25:28	28	Firehiwot Dado Tufa	ETH	1	Roma	21 Mar 2010
36	2:25:29		Aberu Kebede Shewaye	ETH	1	Rotterdam	11 Apr 2010
37	2:25:29		Helena Loshanyang Kirop	KEN	1	Praha	9 May 2010
38	2:25:31	29	Haile Kebebush	ETH	2	Roma	21 Mar 2010
39	2:25:34	30	Azalech Woldeselassie	ETH	4	Paris	11 Apr 2010
40	2:25:35	31	Atsede Habtamu Besuye	ETH	1	Eindhoven	11 Oct 2010
41	2:25:38		Mare Dibaba	ETH	3	Roma	21 Mar 2010
42	2:25:38	32	Edna Kiplagat	KEN	1	Los Angeles	21 Mar 2010
43	2:25:43	33	Mari Ozaki	JPN	9	London	25 Apr 2010
44	2:25:44	34	Marisa Barros	POR	2	Osaka	31 Jan 2010
45	2:25:50	35	Asnakech Egigayehu	ETH	1	Milano	11 Apr 2010
46	2:26:05		Bezunesh Bekele Sertsu	ETH	4	Dubai	22 Jan 2010

47	2:26:05	36	Nailya Yulmanova	RUS	1	Shanghai	5 Dec 2010
48	2:26:10	37	Tomo Morimoto	JPN	3	Berlin	26 Sept 2010
49	2:26:11		Teyba Erkesso		1	Boston	19 Apr 2010
50	2:26:13	38	Tatyana Aryasova	RUS	1	Dublin	25 Oct 2010
51	2:26:14	39	Tatyana Pushkareva	RUS	2	Boston	19 Apr 2010
52	2:26:16	40	Mara Yamauchi	GBR	10	London	25 Apr 2010
53	2:26:20	41	Teyba Naser	ETH	2	Los Angeles	21 Mar 2010
54	2:26:20	42	Desiree Davila	USA	4	Chicago	10 Oct 2010
55	2:26:21	43	Sabrina Mockenhaupt	GER	4	Berlin	26 Sept 2010
56	2:26:22	44	Magdalena Lewy Boulet	USA	2	Rotterdam	11 Apr 2010
57	2:26:23	45	Hilda Kibet	NED	6	Frankfurt	31 Oct 2010
58	2:26:24	46	Tetyana Filonyuk	UKR	4	Roma	21 Mar 2010
59	2:26:27		Mari Ozaki	JPN	3	Osaka	31 Jan 2010
60	2:26:35	47	Zhu Xiaolin	CHN	2	Guangzhou (Asian Games)	27 Nov 2010
61	2:26:40		Firehiwot Dado	ETH	5	Toronto	26 Sept 2010
62	2:26:40	48	Irina Mikitenko	GER	5	Chicago	10 Oct 2010
63	2:26:52		Isabella Andersson	SWE	5	Dubai	22 Jan 2010
64	2:26:58		Caroline Cheptonui Kilel	KEN	3	Seoul	21 Mar 2010
65	2:27:02	49	Priscah Jeptoo	KEN	1	Torino	14 Nov 2010
66	2:27:04	50	Eyerusalem Kuma	ETH	2	Amsterdam	17 Oct 2010
67	2:27:06	51	Kim Kum Ok	PRK	3	Guangzhou (Asian Games)	27 Nov 2010
68	2:27:08	52	Alevtina Ivanova	RUS	6	Toronto	26 Sept 2010
69	2:27:11	53	Lidia Simon	ROU	4	Osaka	31 Jan 2010
70	2:27:11	54	Yuri Kano	JPN	1	Nagoya	14 Mar 2010
71	2:27:16	55	Hellen Mugo Wajiku	KEN	1	Marnello to Carpi	10 Oct 2010
72	2:27:19	56	Kayoko Obata	JPN	5	Osaka	31 Jan 2010
73	2:27:20	57	Sylvia Skvortsova	RUS	3	Los Angeles	21 Mar 2010
74	2:27:24	58	Bizunesh Deba	ETH	1	St Paul (Twin Cities)	3 Oct 2010
75	2:27:27	59	Ashu Kasim	ETH	1	Istanbul	18 Oct 2010
76	2:27:29		Askale Tafa Magarsa	ETH	6	Dubai	22 Jan 2010
77	2:27:34	60	Ryoko Kizaki	JPN	6	Osaka	31 Jan 2010
78	2:27:34		Kim Kum Ok		1	Pyongyang	11 Apr 2010
79	2:27:36		Alevtina Ivanoa	RUS	2	Praha	9 May 2010
80	2:27:42	61	Yulia Gromova	RUS	1	San Diego (RocknRoll)	6 June 2010
81	2:27:44	62	Robe Guta	ETH	3	Amsterdam	17 Oct 2010
82	2:27:44	63	Yuliya Ruban	UKR	7	Frankfurt	31 Oct 2010
83	2:27:45	64	Yeshimebet Taddesse Bifa	ETH	7	Dubai	22 Jan 2010
84	2:27:51	65	Woynishet Girma Tafa	ETH	4	Amsterdam	17 Oct 2010
85	2:27:51	66	Kateryna Stetsenko	UKR	2	Dublin	25 Oct 2010
86	2:27:56	67	Alemitu Abera	ETH	2	Istanbul	18 Oct 2010
87	2:28:01	68	Yelena Sokolova	RUS	8	Frankfurt	31 Oct 2010
88	2:28:02	69	Elza Kireyeva	RUS	3	Dublin	25 Oct 2010
89	2:28:03	70	Diana Lobacevske	LTU	2	Marnello to Carpi	10 Oct 2010
90	2:28:06	71	Albina Mayorova	RUS	7	Toronto	26 Sept 2010
91	2:28:08	72	Harun Haji Makda	ETH	1	Venezia	24 Oct 2010
92	2:28:13	73	Derartu Tulu	ETH	2	Nagoya	14 Mar 2010
93	2:28:17	74	Wang Xueqin	CHN	4	Seoul	21 Mar 2010

## 2009 Women's Marathon Performance List

Performance	Time	Performer	Name		Nat	Place	Venue	Date
1	2:22:11	1	Irina Mikitenko	1	GER	1	London	26 Apr 2009
2	2:23:12	2	Mara Yamauchi	1	GBR	2	London	26 Apr 2009
3	2:23:42	3	Yoko Shibui	1	JPN	1	Osaka	25 Jan 2009
4	2:24:02	4	Bezunesh Bekele	1	ETH	1	Dubai	16 Jan 2009
5	2:24:18	5	Teyiba Erkesso	1	ETH	1	Houston	18 Jan 2009
6	2:24:24	6	Liliya Shobukhova	1	RUS	3	London	26 Apr 2009
7	2:24:42	7	Atsede Bayisa	1	ETH	1	Paris	5 Apr 2009
8	2:24:47	8	Atsede Habtamu	1	ETH	1	Berlin	20 Sept 2009
9	2:25:02	9	Aselefech Mergia	1	ETH	2	Paris	5 Apr 2009
10	2:25:06	10	Svetlana Zakharova	1	RUS	4	London	26 Apr 2009
11	2:25:10	11	Kiyoko Shimahara	1	JPN	1	Sapporo (Hokkaido)	30 Aug 2009
12	2:25:15	12	Bai Xue	1	CHN	1	Berlin (WC)	23 Aug 2009
13	2:25:17		Atsede Habtamu	2		2	Dubai	16 Jan 2009
14	2:25:24	13	Caroline Cheptanui Kilel	1	KEN	1	Ljubljana	25 Oct 2009
15	2:25:25	14	Yoshimi Ozaki	1	JPN	2	Berlin (WC)	23 Aug 2009
16	2:25:30	15	Berhane Adere	1	ETH	5	London	26 Apr 2009
17	2:25:32		Aselefech Mergia	2		3	Berlin (WC)	23 Aug 2009
18	2:25:35	16	Helena Loshanyang Kirop	1	KEN	3	Dubai	16 Jan 2009
19	2:25:37	17	Robe Tola Guta	1	ETH	1	Seoul	15 Mar 2009
20	2:25:38	18	Mizuho Nasukawa	1	JPN	1	Tokyo	22 Mar 2009
21	2:25:39	19	Zhou Chunxiu	1	CHN	4	Berlin (WC)	23 Aug 2009
22	2:25:40	20	Yukiko Akaba	1	JPN	2	Osaka	25 Jan 2009
23	2:25:43	21	Christelle Daunay	1	FRA	3	Paris	5 Apr 2009
24	2:25:49	22	Ashu Kasim	1	ETH	4	Paris	5 Apr 2009
25	2:25:53	23	Tatyana Petrova	1	RUS	4	Dubai	16 Jan 2009
26	2:25:55	24	Inga Abitova	1	RUS	6	London	26 Apr 2009
27	2:25:56		Liliya Shobukhova	2		1	Chicago	11 Oct 2009
28	2:25:59		Tatyana Petrova	2		1	Los Angeles	25 May 2009
29	2:26:03	25	Marisa Barros	1	POR	1	Sevilla (ESP Champ)	22 Feb 2009
30	2:26:08	26	Zhu Xiaolin	1	CHN	5	Berlin (WC)	23 Aug 2009
31	2:26:22	27	Agnes Kiprof	1	KEN	1	Torino	19 Apr 2009
32	2:26:22	28	Catherine Ndereba	1	KEN	7	London	26 Apr 2009
33	2:26:24	29	Silvia Skvortsova	1	RUS	2	Berlin	20 Sept 2009
34	2:26:29	30	Tomo Morimoto	1	JPN	8	London	26 Apr 2009
35	2:26:30	31	Nailiya Yulamanova	1	RUS	1	Rotterdam	5 Apr 2009
36	2:26:31		Irina Mikitenko	2	GER	2	Chicago	11 Oct 2009
37	2:26:37	32	Genet Getaneh	1	ETH	5	Dubai	16 Jan 2009
38	2:26:38	33	Mamitu Daska	1	ETH	3	Berlin	20 Sept 2009
39	2:26:45	34	Rosaria Console	1	ITA	4	Berlin	20 Sept 2009
40	2:26:47	35	Lidiya Grigoryeva	1	RUS	3	Chicago	11 Oct 2009
41	2:26:50		Marisa Barros	2		6	Berlin (WC)	23 Aug 2009
42	2:26:51	36	Eyerusalem Kuma Mutal	1	ETH	6	Dubai	16 Jan 2009
43	2:26:53	37	Amane Gemede Gobena	1	ETH	2	Los Angeles	25 May 2009
44	2:26:54	38	Gete Wami	1	ETH	9	London	26 Apr 2009
45	2:26:55	39	Tetyana Filonyuk	1	UKR	2	Ljubljana	25 Oct 2009
46	2:26:56		Teyba Erkesso	2		4	Chicago	11 Oct 2009
47	2:26:57	40	Yumiko Hara	1	JPN	3	Osaka	25 Jan 2009