

# START LIST



## 3000 Metres Men - Round 1

First 4 in each heat (Q) and the next 4 fastest (q) advance to the Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Indoor Record	<b>WIR</b>	7:24.90 Daniel KOMEN	KEN	22	Budapest	6 Feb 1998
Championship Record	<b>CR</b>	7:34.71 Haile GEBRSELESSIE	ETH	24	Paris-Bercy	9 Mar 1997
World Leading	<b>WL</b>	7:34.13 Hagos GEBRHIWET	ETH	20	Boston (Roxbury), MA	8 Feb 2014

o = Outdoor performance

<b>Heat 1</b>		7 March 2014 20:25 START TIME				
ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	272	Othmane EL GOURMI	MAR	28 May 92	7:44.73	7:44.73
2	336	Elroy GELANT	RSA	25 Aug 86	7:39.55	7:39.55
3	210	Andrew VERNON	GBR	07 Jan 86	7:49.84	7:50.10
4	375	Ali KAYA	TUR	20 Apr 94	7:43.61	7:43.61
5	182	Dejen GEBREMESKEL	ETH	24 Nov 89	7:34.14	7:34.70
6	315	Lukasz PARSCZYNSKI	POL	04 May 85	7:49.26	7:49.26
7	405	Galen RUPP	USA	08 May 86	7:30.16	7:34.68
8	161	Youssef HISS BACHIR	DJI	87	7:48.32	7:48.32
9	104	Collis BIRMINGHAM	AUS	27 Dec 84		
10	264	Augustine Kiprono CHOGE	KEN	21 Jan 87	7:28.00	7:37.11

<b>Heat 2</b>		7 March 2014 20:38 START TIME				
ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	399	Bernard LAGAT	USA	12 Dec 74	7:32.43	7:38.51
2	183	Hagos GEBRHIWET	ETH	11 May 94	7:32.87	7:34.13
3	267	Caleb Mwangangi NDIKU	KEN	09 Oct 92	7:31.66	7:36.27
4	167	Antonio ABADÍA	ESP	02 Jul 90	7:51.69	7:51.69
5	274	Abdelhadi LABÄLI	MAR	26 Apr 93	7:45.62	7:45.62
6	203	Jonathan MELLOR	GBR	27 Dec 86	7:46.73	7:46.73
7	107	Hayle IBRAHIMOV	AZE	18 Jan 90	7:39.59	7:39.73
8	296	Zane ROBERTSON	NZL	14 Nov 89		
9	187	Yoann KOWAL	FRA	28 May 87	7:44.26	7:49.36
10	130	Cameron LEVINS	CAN	28 Mar 89	7:41.59	7:41.59

ALL-TIME TOP LIST				SEASON TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	DATE
7:24.90	Daniel KOMEN (KEN)	Budapest	6 Feb 98	7:34.13	Hagos GEBRHIWET (ETH)	Boston (Roxbury), MA	8 Feb 14
7:26.15	Haile GEBRSELESSIE (ETH)	Karlsruhe	25 Jan 98	7:34.68	Galen RUPP (USA)	Boston (BU), MA	25 Jan 14
7:27.80	Yenew ALAMIREW (ETH)	Stuttgart	5 Feb 11	7:34.70	Dejen GEBREMESKEL (ETH)	Boston (Roxbury), MA	8 Feb 14
7:28.00	Augustine Kiprono CHOGE (KEN)	Stuttgart	5 Feb 11	7:34.87	Ryan HILL (USA)	Boston (Roxbury), MA	8 Feb 14
7:29.37	Eliud KIPCHOGE (KEN)	Stuttgart	5 Feb 11	7:36.27	Caleb Mwangangi NDIKU (KEN)	Karlsruhe (Europahalle)	1 Feb 14
7:29.94	Edwin Cheruiyot SOI (KEN)	Karlsruhe	12 Feb 12	7:37.10	Yenew ALAMIREW (ETH)	Birmingham (NIA), GBR	15 Feb 14
7:30.16	Galen RUPP (USA)	Stockholm	21 Feb 13	7:37.11	Augustine Kiprono CHOGE (KEN)	Birmingham (NIA), GBR	15 Feb 14
7:30.51	Kenenisa BEKELE (ETH)	Stockholm	20 Feb 07	7:37.17	Bethwell BIRGEN (KEN)	Boston (BU), MA	25 Jan 14
7:31.09	Tariku BEKELE (ETH)	Stuttgart	2 Feb 08	7:37.22	Paul Kipsiele KOECH (KEN)	Birmingham (NIA), GBR	15 Feb 14
7:31.66	Caleb Mwangangi NDIKU (KEN)	Stockholm	21 Feb 13	7:37.40	Garrett HEATH (USA)	Boston (Roxbury), MA	8 Feb 14