



# START LIST

## 3000 Metres Steeplechase Men - Round 1

First 4 in each heat and the next 4 fastest advance to the Final

	RESULT	NAME	AGE	VENUE	DATE
<b>World Junior Record</b>	7:58.66	Saif Saaeed SHAHEEN (QAT)	19	Bruxelles	24 Aug 01
<b>Championship Record</b>	8:14.00	Willy Rutto KOMEN (KEN)	19	Beijing (Chaoyang Sport Center)	19 Aug 06
<b>World Junior Leading</b>	8:19.25	Jonathan Muia NDIKU (KEN)	19	Nairobi	26 Jun 10

### HEAT 1/2 23 JUL 2010 - 10:45

ORDER	BIB	NAME	COUNTRY	DATE OF BIRTH	PERSONAL BEST	SEASON BEST
1	425	<b>Martin GRAU</b>	GER	26 MAR 92	8:56.77	8:56.77
2	111	<b>Mohamed ZEGHBA</b>	ALG	26 FEB 91	9:08.48	9:08.48
3	766	<b>Ilgizar SAFIULLIN</b>	RUS	9 DEC 92	8:49.28	8:49.28
4	341	<b>Afewerk MESFIN</b>	ETH	12 OCT 92	8:54.46	8:54.46
5	558	<b>Kosei YAMAGUCHI</b>	JPN	19 AUG 91	8:47.94	8:47.94
6	898	<b>Dakota PEACHEE</b>	USA	20 JUL 91	8:58.72	8:58.72
7	194	<b>Isaac Kemboi CHELIMO</b>	BRN	11 DEC 92	9:06.43	9:06.43
8	505	<b>Giuseppe GERRATANA</b>	ITA	8 NOV 92	8:53.25	8:53.25
9	578	<b>Albert Kiptoo YATOR</b>	KEN	6 SEP 93	8:38.2	8:38.2
10	236	<b>Mattias WOLTER</b>	CAN	27 MAR 91	8:59.86	8:59.86
11	362	<b>Romain COLLENOT-SPRIET</b>	FRA	9 JAN 92	8:54.36	8:54.36
12	833	<b>Taha GOURRIDA</b>	TUN	13 FEB 92	9:02.0	9:02.0
13	160	<b>Erwin LEYSEN</b>	BEL	15 NOV 91	8:59.95	8:59.95
14	325	<b>Kaur KIVISTIK</b>	EST	29 APR 91	9:05.58	9:05.58
15	319	<b>Abdelaziz MERZOUGUI</b>	ESP	30 AUG 91	8:33.29	8:33.29

### HEAT 2/2 23 JUL 2010 - 11:00

ORDER	BIB	NAME	COUNTRY	DATE OF BIRTH	PERSONAL BEST	SEASON BEST
1	332	<b>Desta ALEMU</b>	ETH	18 FEB 92	8:44.40	
2	850	<b>Yuriy KISHCHENKO</b>	UKR	4 AUG 91	8:54.99	8:55.30
3	299	<b>Daniel ARCE</b>	ESP	22 APR 92	9:05.37	9:05.37
4	507	<b>Francois MARZETTA</b>	ITA	22 NOV 91	8:46.60	8:46.60
5	796	<b>Jonas LEGERNES</b>	SWE	4 SEP 91	8:56.30	
6	393	<b>Matthew GRAHAM</b>	GBR	2 FEB 91	8:51.48	8:51.48
7	208	<b>Ryan CASSIDY</b>	CAN	13 JAN 93	9:02.27	9:02.27
8	841	<b>Emin TAN</b>	TUR	20 JUL 92	9:01.0	9:01.0
9	374	<b>Tanguy PEPIOT</b>	FRA	6 JUL 91	8:53.93	8:53.93
10	572	<b>Jonathan Muia NDIKU</b>	KEN	18 SEP 91	8:17.28	8:19.25
11	861	<b>Jared BERMAN</b>	USA	9 FEB 91	9:04.76	9:04.76
12	843	<b>Jacob ARAPTANY</b>	UGA	11 FEB 92	8:44.7	8:44.7
13	488	<b>Emmet JENNINGS</b>	IRL	28 AUG 91	9:09.15	9:09.15
14	412	<b>Stephan ABISCH</b>	GER	3 AUG 92	8:58.79	8:58.79
15	104	<b>Issam BOUCHACHE</b>	ALG	19 FEB 91	8:59.85	8:59.85





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### ALL-TIME TOP LIST

7:58.66	Saif Saaeed SHAHEEN (QAT)	Bruxelles	24 Aug 01
8:03.74	Raymond YATOR (KEN)	Monaco	18 Aug 00
8:05.52	Brimin Kiprop KIPRUTO (KEN)	Hengelo	31 May 04
8:07.18	Musa Amer OBAID (QAT)	Athina (Olympic Stadium)	24 Aug 04
8:07.69	Paul Malakwen KOSGEI (KEN)	Stockholm	7 Jul 97
8:09.37	Abel Yagout JAWHER (BRN)	Heusden-Zolder	2 Aug 03
8:11.36	Tareq Mubarak TAHER (BRN)	Huelva	20 Jun 06
8:12.91	Thomas KIPLITANY (KEN)	Doha	15 May 02
8:14.00	Willy Rutto KOMEN (KEN)	Beijing (Chaoyang Sport Center)	19 Aug 06
8:14.29	Benjamin KIPLAGAT (UGA)	Hengelo	24 May 08

### SEASON TOP LIST

8:19.25	Jonathan Muia NDIKU (KEN)	Nairobi	26 Jun 10
8:19.50	Hillary Kipsang YEGO (KEN)	Heusden-Zolder	10 Jul 10
8:21.20	Birhan GETAHUN (ETH)	Praha	14 Jun 10
8:33.29	Abdelaziz MERZOUGUI (ESP)	Barakaldo	23 Jun 10
8:34.48	Abdellah DACHA (MAR)	Casablanca	12 Jun 10
8:38.2	Albert Kiptoo YATOR (KEN)	Nairobi	17 Jun 10
8:40.29	Alemu DESTA (ETH)	Sapporo	14 Jun 10
8:44.7	Jacob ARAPTANY (UGA)	Kampala	5 Jun 10
8:46.60	Francois MARZETTA (ITA)	Grosseto	1 Jul 10
8:47.94	Kosei YAMAGUCHI (JPN)	Tokyo	22 May 10

