

# RACE ANALYSIS

## Senior Race Men



26 March 2017 16:54 START TIME  
17:56 END TIME

26° C TEMPERATURE  
65 % HUMIDITY  
26° C 65 %

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	RESULT
		<b>1st Lap</b>			
		<b>2nd Lap</b>			
		<b>3rd Lap</b>			
		<b>4th Lap</b>			
<b>1</b>	258	<b>Geoffrey Kipsang KAMWOROR</b>	KEN	22 Nov 92	<b>28:24</b>
		5:12 (8) 11:02 (2) 16:48 (2) 22:33 (2) 5:51 (1)			
<b>2</b>	255	<b>Leonard Kiplimo BARSOTON</b>	KEN	21 Oct 94	<b>28:36</b> + 12
		5:12 (9) 11:02 (3) 16:50 (3) 22:42 (3) 5:54 (4)			
<b>3</b>	219	<b>Abadi HADIS</b>	ETH	6 Nov 97	<b>28:43</b> + 19
		5:13 (23) 11:03 (9) 16:53 (8) 22:51 (7) 5:52 (2)			
<b>4</b>	226	<b>Jemal YIMER</b>	ETH	11 Sep 96	<b>28:46</b> + 22
		5:13 (27) 11:03 (15) 16:53 (9) 22:50 (6) 5:56 (5)			
<b>5</b>	188	<b>Aron KIFLE</b>	ERI	20 Feb 98	<b>28:49</b> + 25
		5:13 (12) 11:02 (8) 16:52 (6) 22:50 (5) 5:59 (8)			
<b>6</b>	212	<b>Muktar EDRIS</b>	ETH	14 Jan 94	<b>28:56</b> + 32
		5:13 (18) 11:04 (16) 16:55 (11) 22:55 (8) 6:01 (12)			
<b>7</b>	271	<b>Vincent Kipsang RONO</b>	KEN	22 Dec 90	<b>29:00</b> + 36
		<b>5:12</b> (1) 11:02 (1) 16:52 (7) 22:50 (4) 6:10 (25)			
<b>8</b>	220	<b>Ibrahim JEILAN</b>	ETH	12 Jun 89	<b>29:07</b> + 43
		5:14 (33) 11:03 (11) 16:53 (10) 22:59 (10) 6:08 (17)			
<b>9</b>	182	<b>Timothy TOROITICH</b>	UGA	10 Oct 91	<b>29:10</b> + 46
		5:12 (7) 11:03 (12) 17:00 (13) 23:09 (11) 6:01 (12)			
<b>10</b>	211	<b>Bonsa DIDA</b>	ETH	21 Jan 95	<b>29:10</b> + 46
		5:14 (31) 11:03 (14) 16:50 (4) 23:11 (13) 5:59 (8)			
<b>11</b>	183	<b>Samuel Kiprono CHELANGA</b>	USA	23 Feb 85	<b>29:13</b> + 49
		5:13 (26) 11:08 (22) 17:06 (18) 23:13 (14) 6:00 (11)			
<b>12</b>	266	<b>Leonard Patrick KOMON</b>	KEN	10 Jan 88	<b>29:16</b> + 52
		5:18 (42) 11:12 (29) 17:05 (15) 23:15 (16) 6:01 (12)			
<b>13</b>	121	<b>Patrick TIERNAN</b>	AUS	11 Sep 94	<b>29:17</b> + 53
		5:14 (35) 11:10 (26) 17:13 (23) 23:24 (19) 5:53 (3)			
<b>14</b>	128	<b>Onesphore NZIKWINKUNDA</b>	BDI	8 Jul 97	<b>29:21</b> + 57
		5:13 (16) 11:07 (20) 17:05 (14) 23:13 (15) 6:08 (17)			
<b>15</b>	267	<b>Nicholas Mboroto KOSIMBEI</b>	KEN	1 Oct 96	<b>29:23</b> + 59
		5:13 (17) 11:02 (6) 17:00 (12) 23:17 (17) 6:06 (15)			
<b>16</b>	144	<b>Abdallah Kibet MANDE</b>	UGA	10 May 95	<b>29:25</b> + 1:01
		5:13 (15) 11:03 (10) 17:05 (16) 23:11 (12) 6:14 (34)			
<b>17</b>	141	<b>Stephen KIPROTICH</b>	UGA	27 Feb 89	<b>29:27</b> + 1:03
		5:14 (34) 11:08 (23) 17:09 (19) 23:19 (18) 6:08 (17)			



RACE ANALYSIS  
Senior Race Men

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	RESULT	
<b>1st Lap</b>	<b>2nd Lap</b>	<b>3rd Lap</b>	<b>4th Lap</b>			
<b>18</b>	221	Getaneh MOLLA	ETH	10 Jan 94	<b>29:34</b>	+ 1:10
5:13 (20)	11:04 (17) 5:51 (15)	17:19 (24) 6:15 (29)	23:37 (24) 6:18 (23)	5:57 (6)		
<b>19</b>	180	Afewerki BERHANE	ERI	6 May 96	<b>29:35</b>	+ 1:11
5:16 (37)	11:08 (21) 5:52 (18)	17:09 (20) 6:01 (17)	23:25 (20) 6:16 (20)	6:10 (25)		
<b>20</b>	208	Leonard Essau KORIR	USA	10 Dec 86	<b>29:36</b>	+ 1:12
5:12 (6)	11:11 (27) 5:59 (28)	17:21 (25) 6:10 (24)	23:37 (23) 6:16 (20)	5:59 (8)		
<b>21</b>	207	Shadrack KIPCHIRCHIR	USA	22 Feb 89	<b>29:44</b>	+ 1:20
5:13 (19)	11:08 (25) 5:55 (24)	17:21 (26) 6:13 (27)	23:34 (22) 6:13 (19)	6:10 (25)		
<b>22</b>	371	Gabriel Gerald GEAY	TAN	10 Sep 96	<b>29:47</b>	+ 1:23
5:13 (13)	11:03 (13) 5:50 (5)	17:06 (17) 6:03 (20)	23:28 (21) 6:22 (35)	6:19 (42)		
<b>23</b>	189	Goitom KIFLE	ERI	3 Dec 93	<b>29:56</b>	+ 1:32
5:14 (32)	11:13 (31) 5:59 (28)	17:25 (27) 6:12 (26)	23:43 (26) 6:18 (23)	6:13 (31)		
<b>24</b>	127	Jean-Marie Vianney NIYOMUKIZA	BDI	10 Dec 98	<b>30:01</b>	+ 1:37
5:14 (29)	11:15 (34) 6:01 (33)	17:42 (33) 6:27 (56)	24:03 (34) 6:21 (31)	5:58 (7)		
<b>25</b>	140	Aweke AYALEW	BRN	23 Feb 93	<b>30:01</b>	+ 1:37
5:13 (24)	11:05 (18) 5:52 (18)	17:11 (21) 6:06 (22)	23:39 (25) 6:28 (47)	6:22 (48)		
<b>26</b>	206	Stanley Kipkoech KEBENEI	USA	6 Nov 89	<b>30:03</b>	+ 1:39
5:12 (3)	11:12 (28) 6:00 (31)	17:35 (30) 6:23 (48)	23:56 (29) 6:21 (31)	6:07 (16)		
<b>27</b>	145	Birhanu BALEW	BRN	27 Feb 96	<b>30:04</b>	+ 1:40
5:13 (25)	11:14 (33) 6:01 (33)	17:32 (29) 6:18 (35)	23:56 (30) 6:24 (37)	6:08 (17)		
<b>28</b>	190	Mogos SHUMAY	ERI	1 Jan 97	<b>30:06</b>	+ 1:42
5:15 (36)	11:14 (32) 5:59 (28)	17:29 (28) 6:15 (29)	23:55 (27) 6:26 (42)	6:11 (29)		
<b>29</b>	268	Leonard LANGAT	KEN	2 Aug 96	<b>30:07</b>	+ 1:43
5:21 (49)	11:26 (38) 6:05 (35)	17:37 (31) 6:11 (25)	23:55 (28) 6:18 (23)	6:12 (30)		
<b>30</b>	397	Joshua Kiprui CHEPTEGEI	UGA	12 Sep 96	<b>30:08</b>	+ 1:44
5:12 (5)	11:02 (4) 5:50 (5)	<b>16:47 (1)</b> 5:45 (1)	<b>22:21 (1)</b> 5:34 (1)	7:47 (120)		
<b>31</b>	142	Phillip KIPYEKO	UGA	1 Jan 95	<b>30:11</b>	+ 1:47
5:12 (11)	11:20 (37) 6:08 (45)	17:45 (39) 6:25 (49)	24:03 (35) 6:18 (23)	6:08 (17)		
<b>32</b>	185	Samsom GEBREYOHANNES	ERI	7 Feb 92	<b>30:12</b>	+ 1:48
5:22 (52)	11:33 (50) 6:11 (47)	17:52 (45) 6:19 (36)	24:04 (36) 6:12 (18)	6:08 (17)		
<b>33</b>	146	Hassan CHANI	BRN	5 May 88	<b>30:13</b>	+ 1:49
5:13 (21)	11:19 (36) 6:06 (37)	17:41 (32) 6:22 (42)	24:05 (37) 6:24 (37)	6:08 (17)		
<b>34</b>	325	David MANJA	RSA	8 Jun 91	<b>30:16</b>	+ 1:52
5:21 (51)	11:28 (43) 6:07 (40)	17:45 (38) 6:17 (32)	24:03 (33) 6:18 (23)	6:13 (31)		
<b>35</b>	178	Berhane AMANUEL	ERI	27 Jan 96	<b>30:19</b>	+ 1:55
5:21 (50)	11:27 (42) 6:06 (37)	17:44 (35) 6:17 (32)	24:03 (32) 6:19 (29)	6:16 (38)		
<b>36</b>	205	Scott FAUBLE	USA	5 Nov 91	<b>30:20</b>	+ 1:56
5:28 (69)	11:37 (52) 6:09 (46)	17:53 (46) 6:16 (31)	24:11 (39) 6:18 (23)	6:09 (24)		





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**Senior Race Men**

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	RESULT	
		<b>1st Lap</b>				
		<b>2nd Lap</b>				
		<b>3rd Lap</b>				
		<b>4th Lap</b>				
<b>37</b>	327	<b>Joel MMONE</b>	RSA	29 Mar 91	<b>30:28</b>	+ 2:04
		5:16 (38)				
		11:28 (44)				
		17:48 (42)				
		24:12 (40)				
		6:12 (50)				6:16 (38)
<b>38</b>	369	<b>John Bazili BAYNIT</b>	TAN	26 Sep 93	<b>30:28</b>	+ 2:04
		5:14 (30)				
		11:27 (40)				
		17:47 (40)				
		24:13 (41)				
		6:13 (51)				6:15 (36)
<b>39</b>	124	<b>Rodrigue KWIZERA</b>	BDI	10 Dec 99	<b>30:28</b>	+ 2:04
		5:23 (55)				
		11:28 (46)				
		17:45 (37)				
		24:09 (38)				
		6:05 (35)				6:19 (42)
<b>40</b>	118	<b>Jack RAYNER</b>	AUS	19 Dec 95	<b>30:30</b>	+ 2:06
		5:30 (73)				
		11:41 (54)				
		17:55 (49)				
		24:15 (42)				
		6:11 (47)				6:15 (36)
<b>41</b>	372	<b>Emmanuel Giniki GISAMODA</b>	TAN	18 May 88	<b>30:32</b>	+ 2:08
		5:12 (4)				
		11:02 (7)				
		17:11 (22)				
		23:58 (31)				
		5:50 (5)				6:34 (67)
<b>42</b>	125	<b>Léonce NDAYIKUNDA</b>	BDI	12 Aug 93	<b>30:37</b>	+ 2:13
		5:25 (60)				
		11:40 (53)				
		18:02 (51)				
		24:23 (49)				
		6:15 (55)				6:14 (34)
<b>43</b>	200	<b>Adel MECHAAL</b>	ESP	5 Dec 90	<b>30:40</b>	+ 2:16
		5:26 (65)				
		11:32 (48)				
		17:54 (47)				
		6:06 (37)				12:46 (125)
<b>44</b>	322	<b>Elroy GELANT</b>	RSA	25 Aug 86	<b>30:45</b>	+ 2:21
		5:17 (39)				
		11:28 (45)				
		17:54 (48)				
		24:23 (48)				
		6:11 (47)				6:22 (48)
<b>45</b>	101	<b>Rabah ABOUD</b>	ALG	1 Jan 81	<b>30:48</b>	+ 2:24
		5:32 (80)				
		11:46 (59)				
		18:08 (53)				
		24:35 (51)				
		6:14 (54)				6:13 (31)
<b>46</b>	373	<b>Josephat Joshua GISEMO</b>	TAN	13 Apr 92	<b>30:48</b>	+ 2:24
		5:19 (44)				
		11:26 (39)				
		17:47 (41)				
		24:16 (43)				
		6:07 (40)				6:32 (63)
<b>47</b>	328	<b>Thabang MOSIAKO</b>	RSA	23 Feb 95	<b>30:49</b>	+ 2:25
		5:20 (47)				
		11:41 (56)				
		18:09 (54)				
		24:39 (53)				
		6:21 (67)				6:10 (25)
<b>48</b>	375	<b>Fabiano JOSEPH</b>	TAN	24 Dec 85	<b>30:53</b>	+ 2:29
		5:40 (101)				
		11:53 (72)				
		18:13 (57)				
		24:36 (52)				
		6:13 (51)				6:17 (41)
<b>49</b>	337	<b>James SUGIRA</b>	RWA	2 Feb 97	<b>30:54</b>	+ 2:30
		5:13 (28)				
		11:13 (30)				
		17:44 (34)				
		24:17 (44)				
		6:00 (31)				6:37 (74)
<b>50</b>	115	<b>Sam MCENTEE</b>	AUS	3 Feb 92	<b>30:59</b>	+ 2:35
		5:29 (70)				
		11:45 (58)				
		18:13 (56)				
		24:39 (54)				
		6:16 (57)				6:20 (44)
<b>51</b>	203	<b>Sergio SÁNCHEZ</b>	ESP	1 Oct 82	<b>31:00</b>	+ 2:36
		5:30 (74)				
		11:48 (63)				
		18:14 (58)				
		24:39 (55)				
		6:18 (60)				6:21 (45)
<b>52</b>	143	<b>Stephen KISSA</b>	UGA	1 Dec 95	<b>31:04</b>	+ 2:40
		5:12 (10)				
		11:19 (35)				
		17:44 (36)				
		24:21 (46)				
		6:07 (40)				6:43 (83)
<b>53</b>	116	<b>Stewart MCSWEYN</b>	AUS	1 Jun 95	<b>31:05</b>	+ 2:41
		5:34 (84)				
		11:49 (69)				
		18:11 (55)				
		24:40 (56)				
		6:15 (55)				6:25 (52)
<b>54</b>	123	<b>Olivier IRABARUTA</b>	BDI	25 Aug 90	<b>31:06</b>	+ 2:42
		5:19 (43)				
		11:32 (49)				
		18:02 (50)				
		24:35 (50)				
		6:13 (51)				6:31 (62)
<b>55</b>	335	<b>Alexis NIZEYIMANA</b>	RWA	1 Oct 90	<b>31:11</b>	+ 2:47
		5:25 (64)				
		11:49 (65)				
		18:14 (59)				
		24:41 (57)				
		6:24 (79)				6:30 (61)





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**Senior Race Men**

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	RESULT	
		<b>1st Lap</b>				
		<b>2nd Lap</b>				
		<b>3rd Lap</b>				
		<b>4th Lap</b>				
<b>56</b>	300	<b>Kefasi CHITSALA</b>	MAW	24 Jun 94	<b>31:16</b>	+ 2:52
		5:28 (68)				
		11:49 (67)				
		18:15 (62)				
		24:55 (60)				
		6:21 (45)				
<b>57</b>	326	<b>Lesiba MASHELE</b>	RSA	13 Oct 90	<b>31:17</b>	+ 2:53
		5:24 (56)				
		11:31 (47)				
		17:50 (44)				
		24:20 (45)				
		6:07 (40)				
		6:19 (36)				
		6:30 (51)				
		6:57 (101)				
<b>58</b>	334	<b>Primien MANIRAFASHA</b>	RWA	4 Nov 89	<b>31:19</b>	+ 2:55
		5:20 (45)				
		11:27 (41)				
		17:49 (43)				
		24:23 (47)				
		6:07 (40)				
		6:22 (42)				
		6:34 (58)				
		6:56 (100)				
<b>59</b>	377	<b>Silvester Simon NAALI</b>	TAN	24 Mar 92	<b>31:23</b>	+ 2:59
		5:24 (59)				
		11:45 (57)				
		18:15 (61)				
		24:49 (59)				
		6:21 (67)				
		6:30 (63)				
		6:34 (58)				
		6:34 (67)				
<b>60</b>	239	<b>Wellington VAREVI</b>	ZIM	9 Aug 94	<b>31:24</b>	+ 3:00
		5:17 (40)				
		11:48 (64)				
		18:27 (69)				
		25:01 (62)				
		6:31 (93)				
		6:39 (79)				
		6:34 (58)				
		6:23 (50)				
<b>61</b>	195	<b>Fernando CARRO</b>	ESP	1 Apr 92	<b>31:24</b>	+ 3:00
		5:36 (89)				
		25:48 (142)				
<b>62</b>	332	<b>David GAKURU</b>	RWA	1 Jan 97	<b>31:26</b>	+ 3:02
		5:18 (41)				
		11:35 (51)				
		18:03 (52)				
		24:44 (58)				
		6:17 (58)				
		6:28 (59)				
		6:41 (74)				
		6:42 (82)				
<b>63</b>	111	<b>Liam ADAMS</b>	AUS	4 Sep 86	<b>31:27</b>	+ 3:03
		5:39 (96)				
		11:56 (78)				
		18:22 (64)				
		24:58 (61)				
		6:17 (58)				
		6:26 (52)				
		6:36 (63)				
		6:29 (59)				
<b>64</b>	131	<b>Rapula DIPHOKO</b>	BOT	15 Apr 89	<b>31:28</b>	+ 3:04
		5:25 (63)				
		11:52 (71)				
		18:24 (67)				
		25:03 (64)				
		6:27 (86)				
		6:32 (68)				
		6:39 (67)				
		6:25 (52)				
<b>65</b>	245	<b>Yuma HIGASHI</b>	JPN	29 Nov 95	<b>31:31</b>	+ 3:07
		5:44 (108)				
		12:04 (86)				
		18:31 (73)				
		25:04 (68)				
		6:20 (65)				
		6:27 (56)				
		6:33 (54)				
		6:27 (57)				
<b>66</b>	196	<b>José ESPAÑA</b>	ESP	5 May 86	<b>31:35</b>	+ 3:11
		5:36 (88)				
		11:54 (74)				
		18:24 (66)				
		25:03 (66)				
		6:18 (60)				
		6:30 (63)				
		6:39 (67)				
		6:32 (63)				
<b>67</b>	318	<b>Walter NINA</b>	PER	15 Feb 94	<b>31:36</b>	+ 3:12
		5:39 (99)				
		11:57 (80)				
		18:30 (71)				
		25:03 (67)				
		6:18 (60)				
		6:33 (69)				
		6:33 (54)				
		6:33 (66)				
<b>68</b>	333	<b>Jean Marie MYASIRO</b>	RWA	1 Jan 97	<b>31:37</b>	+ 3:13
		5:20 (46)				
		11:41 (55)				
		18:14 (60)				
		25:03 (65)				
		6:21 (67)				
		6:33 (69)				
		6:49 (85)				
		6:34 (67)				
<b>69</b>	315	<b>José Luis CHECCO</b>	PER	13 Jul 91	<b>31:37</b>	+ 3:13
		5:47 (113)				
		12:10 (92)				
		18:37 (80)				
		25:11 (69)				
		6:23 (72)				
		6:27 (56)				
		6:34 (58)				
		6:26 (54)				
<b>70</b>	162	<b>- DANMUZHENCIWANG</b>	CHN	8 Oct 96	<b>31:39</b>	+ 3:15
		5:33 (83)				
		11:53 (73)				
		18:38 (81)				
		25:18 (75)				
		6:20 (65)				
		6:45 (90)				
		6:40 (70)				
		6:21 (45)				
<b>71</b>	156	<b>Trevor HOFBAUER</b>	CAN	8 Mar 92	<b>31:43</b>	+ 3:19
		5:33 (81)				
		11:55 (77)				
		18:32 (74)				
		25:17 (73)				
		6:22 (71)				
		6:37 (74)				
		6:45 (77)				
		6:26 (54)				
<b>72</b>	228	<b>Freddy GUIMARD</b>	FRA	26 Dec 86	<b>31:45</b>	+ 3:21
		5:39 (95)				
		12:02 (83)				
		18:40 (82)				
		25:18 (74)				
		6:23 (72)				
		6:38 (77)				
		6:38 (65)				
		6:27 (57)				
<b>73</b>	253	<b>Kosei YAMAGUCHI</b>	JPN	19 Aug 91	<b>31:49</b>	+ 3:25
		5:30 (72)				
		12:08 (90)				
		18:51 (88)				
		25:23 (79)				
		6:38 (100)				
		6:43 (88)				
		6:32 (53)				
		6:26 (54)				
<b>74</b>	302	<b>Chauncy MASTER</b>	MAW	2 Jun 85	<b>31:49</b>	+ 3:25
		5:32 (78)				
		11:57 (81)				
		18:34 (75)				
		25:13 (70)				
		6:25 (81)				
		6:37 (74)				
		6:39 (67)				
		6:36 (72)				





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**Senior Race Men**

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	RESULT	
		<b>1st Lap</b>				
		<b>2nd Lap</b>				
		<b>3rd Lap</b>				
		<b>4th Lap</b>				
<b>75</b>	164	- MIJUENIMA	CHN	8 Jun 95	<b>31:50</b>	+ 3:26
	5:35 (86)	12:04 (84) 6:29 (91)		18:48 (85) 6:44 (89)	25:26 (81) 6:38 (65)	6:24 (51)
<b>76</b>	158	Rory LINKLETTER	CAN	12 Aug 96	<b>31:54</b>	+ 3:30
	5:32 (77)	11:55 (76) 6:23 (72)		18:30 (72) 6:35 (72)	25:14 (71) 6:44 (75)	6:40 (81)
<b>77</b>	353	Yach WOL	SSD	18 Apr 96	<b>31:57</b>	+ 3:33
	5:24 (58)	11:49 (66) 6:25 (81)		18:27 (68) 6:38 (77)	25:21 (76) 6:54 (92)	6:36 (72)
<b>78</b>	177	Ahmed MOHARRAM	EGY	2 May 83	<b>31:59</b>	+ 3:35
	5:46 (111)	12:11 (93) 6:25 (81)		18:46 (83) 6:35 (72)	25:21 (77) 6:35 (62)	6:38 (78)
<b>79</b>	307	Kondjashili KEFAS	NAM	13 Aug 92	<b>32:01</b>	+ 3:37
	5:25 (62)	11:48 (62) 6:23 (72)		18:28 (70) 6:40 (81)	25:17 (72) 6:49 (85)	6:44 (85)
<b>80</b>	157	Sami JIBRIL	CAN	8 Nov 89	<b>32:02</b>	+ 3:38
	5:31 (75)	11:54 (75) 6:23 (72)		18:23 (65) 6:29 (62)	25:03 (63) 6:40 (70)	6:59 (102)
<b>81</b>	314	Rene CHAMPI	PER	27 Jan 91	<b>32:04</b>	+ 3:40
	5:38 (94)	11:57 (79) 6:19 (64)		18:36 (78) 6:39 (79)	25:25 (80) 6:49 (85)	6:39 (80)
<b>82</b>	303	Grevazio MPANI	MAW	1 Apr 93	<b>32:05</b>	+ 3:41
	5:33 (82)	11:59 (82) 6:26 (84)		18:36 (79) 6:37 (74)	25:22 (78) 6:46 (78)	6:43 (83)
<b>83</b>	347	David KULANG	SSD	22 Sep 95	<b>32:07</b>	+ 3:43
	5:50 (118)	12:18 (100) 6:28 (88)		18:51 (87) 6:33 (69)	25:38 (86) 6:47 (81)	6:29 (59)
<b>84</b>	343	Lional DON	SRI	20 Apr 86	<b>32:10</b>	+ 3:46
	5:37 (91)	12:06 (89) 6:29 (91)		18:47 (84) 6:41 (82)	25:33 (82) 6:46 (78)	6:37 (74)
<b>85</b>	175	Peter GLANS	DEN	5 Jan 93	<b>32:13</b>	+ 3:49
	5:39 (97)	12:06 (88) 6:27 (86)		18:48 (86) 6:42 (85)	25:36 (84) 6:48 (83)	6:37 (74)
<b>86</b>	216	Costern CHIYABA	ZAM	15 Jun 94	<b>32:19</b>	+ 3:55
	5:20 (48)	11:48 (61) 6:28 (88)		18:36 (77) 6:48 (95)	25:34 (83) 6:58 (94)	6:45 (86)
<b>87</b>	163	DUOBUJIE	CHN	16 Feb 94	<b>32:22</b>	+ 3:58
	5:23 (54)	11:46 (60) 6:23 (72)		18:17 (63) 6:31 (66)	26:06 (95) 7:49 (122)	6:16 (38)
<b>88</b>	154	Evan ESSELINK	CAN	28 Feb 92	<b>32:24</b>	+ 4:00
	5:40 (100)	12:04 (85) 6:24 (79)		25:44 (137) 13:40 (137)	32:24 (124) 6:40 (70)	
<b>89</b>	176	Andreas SCHONBERG LOMMER	DEN	7 Nov 91	<b>32:25</b>	+ 4:01
	5:50 (120)	12:21 (106) 6:31 (93)		19:06 (94) 6:45 (90)	25:50 (88) 6:44 (75)	6:35 (70)
<b>90</b>	174	Jesper FAURSCHOU	DEN	1 Jul 83	<b>32:28</b>	+ 4:04
	5:50 (119)	12:25 (109) 6:35 (96)		19:07 (96) 6:42 (85)	25:53 (91) 6:46 (78)	6:35 (70)
<b>91</b>	354	Abdelmunaim Yahya ADAM	SUD	1 Jan 93	<b>32:28</b>	+ 4:04
	5:48 (114)	12:21 (104) 6:33 (95)		19:02 (92) 6:41 (82)	25:51 (89) 6:49 (85)	6:37 (74)
<b>92</b>	249	Yamato OTSUKA	JPN	18 Mar 96	<b>32:28</b>	+ 4:04
	5:35 (85)	12:16 (96) 6:41 (103)		19:08 (97) 6:52 (99)	25:56 (92) 6:48 (83)	6:32 (63)
<b>93</b>	356	Adam HAROON	SUD	1 Jan 92	<b>32:29</b>	+ 4:05
	5:37 (93)	12:17 (98) 6:40 (102)		19:02 (91) 6:45 (90)	25:51 (90) 6:49 (85)	6:38 (78)





**RACE ANALYSIS**  
**Senior Race Men**

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	RESULT	
		<b>1st Lap</b>				
		<b>2nd Lap</b>				
		<b>3rd Lap</b>				
		<b>4th Lap</b>				
<b>94</b>	204	<b>Ricardo SERRANO</b>	ESP	29 Oct 80	<b>32:50</b>	+ 4:26
	5:48 (115)	12:14 (94) 6:26 (84)	18:56 (89) 6:42 (85)	25:46 (87) 6:50 (90)	7:04 (107)	
<b>95</b>	126	<b>Thiery NDIKUMWENAYO</b>	BDI	26 Mar 97	<b>32:55</b>	+ 4:31
	5:23 (53)	12:05 (87) 6:42 (105)	19:04 (93) 6:59 (104)	26:04 (94) 7:00 (96)	6:51 (93)	
<b>96</b>	342	<b>Mohamed Daud MOHAMED</b>	SOM	1 Mar 96	<b>33:01</b>	+ 4:37
	5:36 (87)	12:15 (95) 6:39 (101)	19:07 (95) 6:52 (99)	26:15 (98) 7:08 (107)	6:46 (88)	
<b>97</b>	243	<b>Ahmad SMOUR</b>	JOR	12 Jan 93	<b>33:05</b>	+ 4:41
	5:48 (116)	12:16 (97) 6:28 (88)	18:57 (90) 6:41 (82)	26:03 (93) 7:06 (100)	7:02 (105)	
<b>98</b>	338	<b>Christian MANGA</b>	SEN	1 Jan 93	<b>33:05</b>	+ 4:41
	5:26 (66)	12:25 (107) 6:59 (119)	19:25 (106) 7:00 (106)	26:17 (100) 6:52 (91)	6:48 (89)	
<b>99</b>	290	<b>Fulgence RAKOTONDRAISOA</b>	MAD	8 Jan 76	<b>33:06</b>	+ 4:42
	5:43 (105)	12:28 (112) 6:45 (109)	19:14 (99) 6:46 (94)	26:13 (97) 6:59 (95)	6:53 (96)	
<b>100</b>	167	<b>Emmanuel BAKATUKONKA</b>	COD	21 Apr 84	<b>33:09</b>	+ 4:45
	5:45 (109)	12:29 (114) 6:44 (107)	19:20 (103) 6:51 (97)	26:17 (99) 6:57 (93)	6:52 (94)	
<b>101</b>	155	<b>Nicholas FALK</b>	CAN	21 Jan 91	<b>33:12</b>	+ 4:48
	5:44 (106)	12:20 (103) 6:36 (97)	19:09 (98) 6:49 (96)	26:13 (96) 7:04 (99)	6:59 (102)	
<b>102</b>	173	<b>Mikkel DAHL-JESSEN</b>	DEN	20 Dec 94	<b>33:14</b>	+ 4:50
	5:48 (117)	12:25 (110) 6:37 (99)	19:16 (102) 6:51 (97)	13:58 (126)		
<b>103</b>	230	<b>Emmanuel ROUDOLFF-LÉVISSÉ</b>	FRA	30 Jul 95	<b>33:14</b>	+ 4:50
	5:29 (71)	12:19 (101) 6:50 (116)	19:23 (105) 7:04 (111)	26:29 (104) 7:06 (100)	6:45 (86)	
<b>104</b>	317	<b>Zendio DAZA</b>	PER	28 Mar 94	<b>33:15</b>	+ 4:51
	5:44 (107)	12:20 (102) 6:36 (97)	19:16 (101) 6:56 (103)	26:23 (101) 7:07 (105)	6:52 (94)	
<b>105</b>	345	<b>Abraham GUEM</b>	SSD	29 Apr 99	<b>33:22</b>	+ 4:58
	5:31 (76)	12:18 (99) 6:47 (112)	19:23 (104) 7:05 (114)	26:29 (103) 7:06 (100)	6:53 (96)	
<b>106</b>	134	<b>Mphoyamodino KEKGANETSWE</b>	BOT	6 Feb 94	<b>33:26</b>	+ 5:02
	5:37 (92)	12:25 (108) 6:48 (115)	19:29 (108) 7:04 (111)	26:36 (105) 7:07 (105)	6:50 (92)	
<b>107</b>	304	<b>Harry SICHALY</b>	MAW	6 Nov 96	<b>33:26</b>	+ 5:02
	5:55 (126)	12:42 (120) 6:47 (112)	19:36 (111) 6:54 (101)	26:37 (106) 7:01 (97)	6:49 (90)	
<b>108</b>	248	<b>Haruki ONO</b>	JPN	5 Dec 95	<b>33:31</b>	+ 5:07
	5:47 (112)	12:32 (116) 6:45 (109)	19:33 (109) 7:01 (107)	26:42 (108) 7:09 (108)	6:49 (90)	
<b>109</b>	160	<b>Thomas TOTH</b>	CAN	6 Oct 91	<b>33:41</b>	+ 5:17
	5:45 (110)	12:27 (111) 6:42 (105)	19:28 (107) 7:01 (107)	26:40 (107) 7:12 (109)	7:01 (104)	
<b>110</b>	336	<b>Siragi RUBAYITA</b>	RWA	27 Jul 89	<b>33:54</b>	+ 5:30
	5:24 (57)	12:08 (91) 6:44 (107)	19:15 (100) 7:07 (115)	26:28 (102) 7:13 (110)	7:26 (116)	
<b>111</b>	358	<b>Hamid Eysa IBRAHIM</b>	SUD	1 Jan 83	<b>34:00</b>	+ 5:36
	5:42 (104)	12:41 (118) 6:59 (119)	19:43 (115) 7:02 (110)	26:49 (109) 7:06 (100)	7:11 (108)	
<b>112</b>	340	<b>Iven MOISE</b>	SEY	18 Oct 90	<b>34:06</b>	+ 5:42
	5:57 (130)	13:07 (128) 7:10 (125)	20:06 (118) 6:59 (104)	27:12 (115) 7:06 (100)	6:54 (98)	




**RACE ANALYSIS**  
**Senior Race Men**

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	RESULT	
		<b>1st Lap</b>				
		<b>2nd Lap</b>				
		<b>3rd Lap</b>				
		<b>4th Lap</b>				
<b>113</b>	<b>130</b>	<b>Daouda KORONGOU</b>	BEN	1 Jan 91	<b>34:07</b>	+ 5:43
	5:56 (129)	12:51 (122) 6:55 (117)	19:52 (116) 7:01 (107)	27:05 (113) 7:13 (110)		7:02 (105)
<b>114</b>	<b>136</b>	<b>Dikgakgamatso MODISAGAPE</b>	BOT	16 Jul 98	<b>34:07</b>	+ 5:43
	5:51 (125)	12:32 (115) 6:41 (103)	19:36 (110) 7:04 (111)	26:55 (110) 7:19 (113)		7:12 (109)
<b>115</b>	<b>246</b>	<b>Shota MAEDA</b>	JPN	30 Jul 95	<b>34:07</b>	+ 5:43
	5:42 (103)	12:42 (119) 7:00 (122)	19:57 (117) 7:15 (117)	27:12 (114) 7:15 (112)		6:55 (99)
<b>116</b>	<b>348</b>	<b>Akech NGOR</b>	SSD	22 Jun 94	<b>34:11</b>	+ 5:47
	5:42 (102)	12:29 (113) 6:47 (112)	19:37 (114) 7:08 (116)	26:59 (112) 7:22 (114)		7:12 (109)
<b>117</b>	<b>346</b>	<b>Santino KENYI</b>	SSD	14 Aug 93	<b>34:38</b>	+ 6:14
	5:25 (61)	12:21 (105) 6:56 (118)	19:36 (112) 7:15 (117)	26:59 (111) 7:23 (115)		7:39 (118)
<b>118</b>	<b>359</b>	<b>Hassan ISMAIL</b>	SUD	1 Jan 91	<b>34:54</b>	+ 6:30
	5:56 (127)	12:42 (121) 6:46 (111)	19:37 (113) 6:55 (102)	27:35 (116) 7:58 (123)		7:19 (112)
<b>119</b>	<b>135</b>	<b>Sylvester KOKO</b>	BOT	2 Dec 95	<b>35:03</b>	+ 6:39
	5:39 (98)	12:54 (123) 7:15 (129)	20:21 (120) 7:27 (124)	27:50 (117) 7:29 (117)		7:13 (111)
<b>120</b>	<b>311</b>	<b>Husamatu SANUSI</b>	NGR	16 Jul 91	<b>35:13</b>	+ 6:49
	5:51 (124)	12:55 (124) 7:04 (123)	20:14 (119) 7:19 (120)	27:50 (118) 7:36 (119)		7:23 (114)
<b>121</b>	<b>344</b>	<b>Marko AKOON</b>	SSD	1 Jan 90	<b>35:23</b>	+ 6:59
	6:08 (135)	13:24 (132) 7:16 (130)	20:39 (124) 7:15 (117)	28:03 (119) 7:24 (116)		7:20 (113)
<b>122</b>	<b>227</b>	<b>Avikash LAL</b>	FIJ	18 Jun 95	<b>35:35</b>	+ 7:11
	5:51 (122)	13:05 (126) 7:14 (127)	20:32 (123) 7:27 (124)	28:12 (122) 7:40 (121)		7:23 (114)
<b>123</b>	<b>357</b>	<b>Ahmed HAWLI</b>	SUD	25 Dec 86	<b>35:39</b>	+ 7:15
	5:56 (128)	13:07 (127) 7:11 (126)	20:31 (122) 7:24 (122)	28:06 (121) 7:35 (118)		7:33 (117)
<b>124</b>	<b>286</b>	<b>Moussa HUDROG</b>	LBN	1 Jan 84	<b>35:39</b>	+ 7:15
	6:10 (139)	13:29 (134) 7:19 (131)	21:05 (128) 7:36 (128)			14:34 (127)
<b>125</b>	<b>166</b>	<b>Mohamadou UMAROU</b>	CMR	15 Jun 90	<b>35:46</b>	+ 7:22
	5:51 (123)	13:05 (125) 7:14 (127)	20:28 (121) 7:23 (121)	28:05 (120) 7:37 (120)		7:41 (119)
<b>126</b>	<b>170</b>	<b>Wakidou ANTOISSE</b>	COM	30 Jan 87	<b>35:55</b>	+ 7:31
	6:04 (133)	13:24 (133) 7:20 (132)	20:50 (125) 7:26 (123)			15:05 (128)
<b>127</b>	<b>310</b>	<b>Nanribet RAYMOND</b>	NGR	25 Apr 95	<b>36:19</b>	+ 7:55
	5:50 (121)	13:15 (129) 7:25 (134)	21:03 (127) 7:48 (132)			15:16 (129)
<b>128</b>	<b>341</b>	<b>Alusine GBAO</b>	SLE	12 Dec 95	<b>36:27</b>	+ 8:03
	6:04 (132)	13:30 (135) 7:26 (135)	21:09 (129) 7:39 (129)			15:18 (132)
<b>129</b>	<b>312</b>	<b>Danjuma STEPHEN</b>	NGR	1 Oct 93	<b>36:40</b>	+ 8:16
	6:07 (134)	13:50 (139) 7:43 (139)	21:24 (131) 7:34 (127)			15:16 (129)
<b>130</b>	<b>150</b>	<b>Calvin DEYAGUENDE</b>	CAF	27 Nov 89	<b>36:46</b>	+ 8:22
	6:15 (140)	13:49 (137) 7:34 (137)	21:30 (133) 7:41 (130)			15:16 (129)
<b>131</b>	<b>172</b>	<b>Zile SOILIH</b>	COM	31 Dec 81	<b>37:00</b>	+ 8:36
	6:15 (141)	13:43 (136) 7:28 (136)	21:26 (132) 7:43 (131)			15:34 (133)



**RACE ANALYSIS**  
**Senior Race Men**

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	RESULT
		<b>1st Lap</b>			
		<b>2nd Lap</b>			
		<b>3rd Lap</b>			
		<b>4th Lap</b>			
<b>132</b>	339	<b>Yanick MAGNAN</b>	SEY	15 Sep 96	<b>37:56</b> + 9:32
	5:57 (131)	13:19 (131) 7:22 (133)		21:21 (130) 8:02 (134)	16:35 (135)
<b>133</b>	308	<b>Awal GOCHIN</b>	NGR	11 Oct 94	<b>38:18</b> + 9:54
	6:10 (138)	14:14 (140) 8:04 (141)		22:15 (135) 8:01 (133)	30:18 (123) 8:03 (124) 8:00 (121)
<b>134</b>	281	<b>Mohammad HASHEM</b>	KUW	21 Jan 87	<b>38:29</b> + 10:05
	6:27 (142)	14:14 (141) 7:47 (140)		22:19 (136) 8:05 (135)	16:10 (134)
<b>135</b>	282	<b>Hussain KAMAL</b>	KUW	6 Dec 93	<b>38:55</b> + 10:31
	6:09 (136)	13:18 (130) 7:09 (124)		20:51 (126) 7:33 (126)	18:04 (137)
<b>136</b>	386	<b>Mehrubon SHAMSIDINOV</b>	TJK	16 Nov 95	<b>39:26</b> + 11:02
	6:09 (137)	13:50 (138) 7:41 (138)		22:01 (134) 8:11 (136)	17:25 (136)
	289	<b>Jobo KHATOANE</b>	LES	8 Jun 91	<b>DNF</b>
	5:32 (79)	11:50 (70) 6:18 (60)		18:35 (76) 6:45 (90)	25:37 (85) 7:02 (98)
	149	<b>Albert Kibichii ROP</b>	BRN	17 Jul 92	<b>DNF</b>
	5:12 (2)	11:02 (5) 5:50 (5)		16:51 (5) 5:49 (5)	22:57 (9) 6:06 (9)
	387	<b>Polat Kemboi ARIKAN</b>	TUR	12 Dec 90	<b>DNF</b>
	5:13 (14)	11:08 (24) 5:55 (24)			
	147	<b>Abraham Naibei CHEROBEN</b>	BRN	11 Oct 92	<b>DNF</b>
	5:13 (22)	11:06 (19) 5:53 (20)			
	368	<b>Veli DLAMINI</b>	SWZ	3 Sep 90	<b>DNF</b>
	5:37 (90)	12:36 (117) 6:59 (119)			
	129	<b>Isaac Kipruto KIMELI</b>	BEL	9 Mar 94	<b>DNF</b>
	5:26 (67)	11:49 (68) 6:23 (72)			
	276	<b>Omer ALFAILAKAWI</b>	KUW	7 Dec 83	<b>DNF</b>
	7:03 (143)				
	184	<b>Trevor DUNBAR</b>	USA	29 Apr 91	<b>DNS</b>
	168	<b>Samuel MPOYO LUKONDA</b>	COD	16 Jan 80	<b>DNS</b>
	119	<b>Brett ROBINSON</b>	AUS	8 May 91	<b>DNS</b>

