



**Athletics Competitions - 17-23 August 2014  
TIMETABLE**

<b>DAY 1 - Stage 1 - Wednesday Evening, 20 August</b>			
18:30	Discus Throw	G	Q
18:35	3000m	G	R1
18:40	High Jump	B	Q
18:55	3000m	B	R1
19:00	Pole Vault	G	Q
19:20	100m H	G	R1 1/3
19:27	100m H	G	R1 2/3
19:34	100m H	G	R1 3/3
19:45	110m H	B	R1 1/3
19:52	110m H	B	R1 2/3
19:59	110m H	B	R1 3/3
20:00	Long Jump	G	Q
20:15	400m	G	R1 1/3
20:20	Discus Throw	B	Q
20:22	400m	G	R1 2/3
20:29	400m	G	R1 3/3
20:45	400m	B	R1 1/4
20:52	400m	B	R1 2/4
20:59	400m	B	R1 3/4
21:06	400m	B	R1 4/4
21:15	800m	G	R1 1/3
21:24	800m	G	R1 2/3
21:33	800m	G	R1 3/3

<b>DAY 2 - Stage 1 - Thursday Evening, 21 August</b>			
18:30	Hammer Throw	G	Q
18:35	Shot Put	B	Q
18:50	High Jump	G	Q
19:00	2000m SC	B	R1
19:20	2000m SC	G	R1
19:35	Long Jump	B	Q
19:40	1500m	B	R1 1/2
19:50	1500m	B	R1 2/2
20:05	100m	G	R1 1/5
20:12	100m	G	R1 2/5
20:15	Hammer Throw	B	Q
20:19	100m	G	R1 3/5
20:20	Shot Put	G	Q
20:26	100m	G	R1 4/5
20:33	100m	G	R1 5/5
20:45	100m	B	R1 1/5
20:52	100m	B	R1 2/5
20:59	100m	B	R1 3/5
21:06	100m	B	R1 4/5
21:13	100m	B	R1 5/5

<b>DAY 3 - Stage 1 - Friday Evening, 22 August</b>			
18:30	Triple Jump	B	Q
18:35	Javelin Throw	G	Q
18:55	400m H	G	R1 1/2
19:00	Pole Vault	B	Q
19:01	400m H	G	R1 2/2
19:15	400m H	B	R1 1/3
19:22	400m H	B	R1 2/3
19:29	400m H	B	R1 3/3
19:40	1500m	G	R1 1/2
19:50	1500m	G	R1 2/2
20:05	200m	B	R1 1/4
20:12	200m	B	R1 2/4
20:19	200m	B	R1 3/4
20:20	Javelin Throw	B	Q
20:25	Triple Jump	G	Q
20:26	200m	B	R1 4/4
20:35	200m	G	R1 1/3
20:42	200m	G	R1 2/3
20:49	200m	G	R1 3/3
21:00	800m	B	R1 1/3
21:09	800m	B	R1 2/3
21:18	800m	B	R1 3/3

DAY 4 am - Stage 2 - Saturday Morning, 23 August			
09:00	Discus Throw	G	F B
09:05	100m H	G	F C
09:10	High Jump	B	F B
09:15	Pole Vault	G	F B
09:16	100m H	G	F B
09:24	100m H	G	F A
09:35	800m	G	F C
09:45	400m	B	F D
09:52	400m	B	F C
09:59	400m	B	F B
10:06	400m	B	F A
10:08	100m H	G	MC
10:15	Discus Throw	B	F B
10:20	100m	G	F E
10:27	100m	G	F D
10:34	100m	G	F C
10:36	400m	B	MC
10:46	100m	B	F E
10:53	100m	B	F D
11:00	100m	B	F C

DAY 5 am - Stage 2 - Sunday Morning, 24 August			
09:00	Hammer Throw	G	F B
09:05	Shot Put	B	F B
09:10	High Jump	G	F B
09:15	3000m	G	F B
09:27	Discus Throw	G	MC
09:35	Long Jump	B	F AB
09:40	3000m	B	F B
10:00	1500m	B	F B
10:10	Hammer Throw	B	F B
10:15	Shot Put	G	F B
10:20	1500m	B	F A
10:25	800m	G	MC
10:35	200m	G	F C
10:42	200m	G	F B
10:49	200m	G	F A
10:55	Long Jump	B	MC
11:00	1500m	B	MC

DAY 6 am - Stage 2 - Monday Morning, 25 August			
09:00	Javelin Throw	G	F B
09:10	2000m SC	G	F B
09:20	Pole Vault	B	F B
09:25	Hammer Throw	B	MC
09:35	Triple Jump	G	F AB
09:40	2000m SC	B	F B
09:49	Shot Put	G	MC
10:00	1500m	G	F B
10:10	Javelin Throw	B	F B
10:15	1500m	G	F A
10:21	200m	B	MC
10:30	800m	B	F D
10:40	400m H	B	F C
10:47	400m H	B	F B
10:49	Triple Jump	G	MC
11:00	400m H	B	F A
11:02	1500m	G	MC

