

# Summary of the Foundation projects since 1986

(not including the Galas/Awards)

## **1987.2.1 – International Photographic Competition**

As part of the 75-year anniversary celebrations of the IAAF, the IAF held an International Photographic Competition for amateur and professional photographers. An exhibition of the entries was on view to guests of the formal viewing of the official film of the 1987 World Championships in Rome 1987. In the amateur section, the best photograph was adjudged to Penuel Mauuso of Swaziland and in the professional section, the panel judged Michael King of London as having the best portfolio.

## **1987.2.2 – ‘Progression of World Best Performances and IAAF World Records’**

The published fruits of more than a decade's labour by German ATFS statistician Ekkehard zur Megede. No detailed world record book had been published in English prior to this book. The text charts the infinite details of every world best performance and accepted IAAF records over the past 75 years. An update was made in 1991 (project 1991.2.1)

## **1987.3.1 – World Symposium on Doping in Sport, Florence 1987**

Florence was the setting for the first World Symposium on Doping in Sport, staged under the auspices of the International Athletic Foundation. The most experienced professionals from all over the world were invited to share their knowledge. The audience (more than 200 people), was composed of representatives of the IAAF Medical Committee, IAAF/IOC accredited laboratories, International Sports federations, IOC and IAAF area associations. A 244-page official proceeding book was published and distributed to all people concerned (project 87.3.2 as well as a reprint: project 88.3.1 -1000 copies reprint)

## **1987.3.3 – Television Seminar – Beijing, PR China**

The TV workshop was jointly supported by the International Athletic Foundation, the Chinese Athletic Association and the Chinese Press Association, and was attended by 62 delegates from all over China, ranging from commentators to editors, producers, engineers and directors. The importance of the sport of track and field athletics has been strongly emphasised, and there will be a considerable desire now to push for a large number of viewing hours of our sport on Chinese TV. The good relationships established with the three host organisations and the face-to-face contact which has been achieved will certainly be important for the future, especially with the Asian Games staged in 1990 and the wish of PR China to bid for the Olympic Games in the year 2000.

## **1987.3.4 – Biomechanical Research, Rome 1987**

Following the biomechanical research undertaken at the 1986 World Junior Championships by a combined team from FRG, TVH and Greece, approval was given for a similar exercise in Rome at the 1987 World Championships. The service provided was as follows:

- A video service between qualifying rounds and finals
- The film and report were sent to all IAAF Members who had a finalist at the championships.
- Biomechanical analysis of finalists (four weeks after the championships)
- A video tape (three hours) with a comprehensive report was given to all members with an athlete in the final.

## **1987.3.5 – Support of South American Junior Championships, Chile 1987**

The Foundation gave its assistance to the South American Athletic Confederation in order to hold this event, as, following a landslide, considerable damage was done to the stadium, and athletics equipment was lost.

## **1987.3.6 – ‘New Studies in Athletics’ Magazine**

Following a request from the IAAF Scientific Working Group, the Foundation undertook to provide major support for the IAAF publication. NSA has an established editorial board with representatives from all over the world of the highest reputation. This was in fact a pluri-annual support: projects 1988.3.7, 1989.3.4 and 1990.3.7.

#### **1987.4.1 – ‘Save the Future, Save Yourself’ – drug awareness booklet, 1987**

This anti-doping campaign booklet for young people was produced to coincide with the opening of the first IAF World Symposium on Doping in Sport. ‘Save the Future, Save Yourself’ is a drug awareness booklet for young people, and copies were made available to all participants at the IAAF World Junior Championships in Sudbury, Canada, in 1988.

#### **1987.4.2 – Women’s Athletics Seminar, Nairobi, Kenya**

Thanks to the generosity of the IAF and IOC, the IAAF Women’s Committee conducted Africa’s first seminar to study the specific problems facing female participation in our sport throughout the African continent. Not only did the seminar attract 40 participants from all four corners of the African continent, but also from all levels of athletics. The main objectives of the seminar were to study obstacles preventing the progress of women’s athletics and factors affecting attitudes to female involvement in the sport, whether as an athlete, coach, official or top administrator.

#### **1987.4.3 – South American Women’s Coaching Tour**

The purpose of this tour – scheduled to be held over nearly three months in Brazil, Argentina, Chile, Peru, Colombia and Venezuela – was to draw the attention of the government and sporting authorities to the needs of women athletes, and to improve the technical and spiritual awareness of student coaches, with the long-term aim of improving the performances of women athletes in the continent. Several themes were developed, including:

- The analysis of social and cultural problems facing sports for women and in particular athletics
- Medical aspects of women’s athletics from training/coaching to competition
- Production of a development strategy for women’s athletics in Africa

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#### **1988.2.1 – ATFS ‘Track and Field Performances Through the Years’ Vol.2 (1937-1944)**

This series of books is primarily the brainchild of Roberto Quercetani of Italy, the ‘doyen’ of athletics statisticians, who produced his first athletics world all-time list in 1948 (with USA’s Don Potts). These volumes are the first serious attempts to chronicle world athletics in the period prior to 1950. Volume 1 covered the period 1929-1936, and the new work (400 pages), supported by the Foundation, covers the 1937-1944 seasons.

#### **1988.3.2 – Biomechanical Research – Olympic Games, Seoul, 1988**

Following the successful research undertaken at the 1986 World Junior Championships and the World Championships in 1987, the IAAF wished to continue its biomechanical analysis of the track and field events of the 1988 Olympic Games in Seoul. The experience of the previous year’s project in Rome was used to enhance the service onsite to coaches and the media. Analysis was made of the sprints, hurdles and jumping events as well as women’s javelin. As in Rome, 20h00 provided a fast information service on the day of competition to coaches/team leaders between rounds of the competition, and a simplified version for the media. There was also a video service in the athletes’ village giving information to the athletes. A video and report were produced in spring 1989.

#### **1988.3.3 – Development of Accredited Doping Laboratories – Lima, Peru**

The South American Athletic Confederation have identified the Peruvian University – ‘Cayetano Heredia’ in Lima – as the potential site for the first doping analysis laboratory in the continent. The Foundation partly supported the purchase of specialist equipment.

#### **1988.3.4 – Study of standards for the construction of stadia and all-weather surfaces**

Considerable discussion has taken place within the IAAF, and with outside agencies, as to the creation of standards for the construction of athletics stadia and all-weather surfaces. The Foundation supported this project in order to enable a round-table meeting between representatives of the IAAF, IAKS (International Working Group for the Construction of Sports and Leisure Facilities) and ISSS (International Association of Sports Surfaces Sciences).

### **1988.3.5 – First Luso-Spanish Scientific Congress in Athletics – Lisbon, Portugal**

The Foundation supported the organisation of this inaugural scientific congress, which was held in Lisbon, with 130 people in attendance from Portugal and Spain, as well as Angola, Guinea, Cap Verde, St Thomas and Prince. The main subjects were: training of women, training of the youngster, medical aspects and anti-doping control.

### **1988.3.6 – All-weather surface for the National Stadium in Brazzaville, Congo**

Recognising the unique difficulties faced by the continent of Africa, the Foundation joined forces with the International Olympic Committee to pledge a 50/50 share in financial responsibility for providing an all-weather surface for an African track. Brazzaville, Congo, was chosen by the African Athletic Confederation as the site to receive the surface.

### **1988.4.1 – Educational booklet on eating disorders, anorexia ('Too thin to win')**

The concept of the booklet arose from considerable concern within the IAAF's Women's Committee and Medical Committee as to the growing problem of anorexia nervosa and bulimia within athletics. It is known that this serious problem exists, that its diagnosis is difficult, and its treatment requires mental and physical relief. Further research was not really necessary for the level of information that the IAAF wished to supply. The basic facts were known, and the members should be warned and guided. This simple booklet introduces the problem, identifies the causes and the symptoms, proposes treatment, and give sources for further help. This English version was followed by French and Spanish versions (projects 1989.4.6 and 1993.4.3).

### **1988.4.2 – 'Sports Women Towards 2000' – Adelaide, Australia**

The conference was staged at the time of the 1988 IAAF World 15 km Road Race Championship for Women. Members of the IAAF Women's Committee gave lectures and were in attendance. The convention was entitled 'Sportswomen Towards 2000' with the main theme being increasing female participation in sport. It became part of 'Women's Week' – a concept sponsored by the South Australian government, through the department of recreation and sport.

### **1988.4.3 – Study Archives Library Hall of Fame (and 1989.4.2)**

After more than 75 years of existence, the IAAF has yet to adopt a comprehensive, long-term plan for its archives and library. The Foundation's support provided an adequate archive/library service for five years.

### **1989.2.1 – 2nd World Television Seminar, Tokyo 1989**

The seminar was co-hosted by the IAAF organising of the 1991 IAAF World Championships and Nippon Television (NTV), the host broadcaster of the championships. The programme consisted of a presentation by NTV of the plans for the host broadcasting of the 1991 World Championships, together with details of production, graphics, unilateral, coverage of the marathon and race walks. More than 120 participants from 28 networks and 19 countries attended to hear presentations from the invited speakers. An opportunity was also taken to examine the impact of high-definition television on future track and field broadcasting.

### **1989.3.1 – Booklet on simple construction of equipment and implements**

A basic advisory booklet was created for use in the developing world where the renewal of expensive top-level equipment is financially and logistically impossible. Emphasis was on the use of indigenous raw materials, simple technique and minimal engineering tools. A definitive list of simple equipment/implements for coaching, training and competition was prepared by the IAAF Development Department. In 1991, the foundation approved the extension of new chapters on strength, training and conditioning implements, teaching media, miscellaneous, further installations and implements (project 1991.3.3).

### **1989.3.2 – 2nd World Symposium on Doping in Sport**

The symposium addressed itself to the problem of doping in sport with serious intent by assembling some of the most internationally recognised experts in the various fields of anti-doping and was another step taken by the IAF and the IAAF in their on-going struggle against doping in sport. IAAF Council, Committees and member federations, the IOC Medical Committee, accredited anti-doping laboratories attended a series of lectures over three days with speakers noticeably willing to talk to delegates and members of the world's press between sessions in order to clarify points and answer questions.

### **1989.3.3 – Biomechanical study of race walking**

A biomechanical/scientific investigation by the Cologne Institute in the judgement of race walking was presented on the occasion of the 1989 IAAF World Race Walking Cup, in Barcelona, Spain. The purpose was to study the technique of race walking by biomechanical methods to determine adherence to the rules, and evaluate the reliability of human judgement. Filming the opportunity was created at the International Race Walk in Laval, France.

### **1989.3.5 – Technical Directory Coaching terms (and 91.3.4)**

The vast difference in coaching terminology created considerable problems in communication and could severely dilute the impact of coaching within the development programme. There is a need to define terminology and definitions of the key coaching words of track and field athletics, contained within a directory. A full report was delivered end of 1990.

### **1989.4.1 – Media Workshop on Doping in Sport**

The massive coverage given by the media to doping matters, in which serious errors were made due to lack of comprehension, encouraged the foundation to stage an educational workshop for the media on doping in sport. Taking advantage of the media's presence in Barcelona for the 1989 World Cup, the workshop was staged in the morning. 100 people attended.

### **1989.4.2 – Regional Administration Workshops**

The IAF supported 10 itinerant regional administration workshops involving all IAAF area groups. In the past decade, the activities of the IAAF have multiplied extensively, placing an ever-increasing burden on the administration of the IAAF member federations. The dramatic rise in the sport's profile has brought with it an increased responsibility, particularly in new fields such as legal, financial, media, for which few federations have been prepared (see also 1990.4.2 and 1991.4.7).

### **1989.4.3 – High Level Coaching Textbook**

A middle/high level coaching textbook was required for use on IAAF development courses. A text in original German existed already. It was translated into English, French and Spanish.

### **1989.4.4 – Instructional video – doping control**

An instructional film was produced on the correct staging of doping control, and its subsequent conversion to a video.

### **1989.4.7 – Women's Distance Running Workshop, Rio**

The workshop held in Rio just prior to the IAAF World 15 km Road Race for Women discussed the problems related to women's distance running. 35 participants attended (coaches, athletes, doctors) from 13 countries. The basic agenda focused on: The effects of high performance sport on the hormonal system and health of women (with special reference running), performance and the menstrual cycle, eating disorders associated with distance runners (anorexia and bulimia nervosa), physiological aspects of high level distance running for women (cardiovascular responses, endocrine responses, blood chemistry profiles).

### **1990.1.1 – Bikila Commemoration, Rome 1990**

In honour of the great contribution given by the continent of Africa to the sports of athletics, and despite so many difficulties and the dignified way in which their athletes have enhanced the traditions and culture of present day track and field, the Foundation supported on the 30th anniversary of Africa's first Olympic gold medallist, the Bikila Commemoration. In his memory, the marathon was named the 'Bikila Marathon'. 250 attended the commemoration during which a film on the life of Abebe Bikila and the official Seoul Olympic Games video were shown.

### **1990.3.1 – Biomechanical symposium – 'Techniques in Athletics'**

Nearly 400 coaches and scientific researchers from more than 30 countries gathered in Cologne from 7-9 June for the first international conference on techniques in athletics. The purpose of this symposium was to provide an opportunity for an in-depth, high-level assessment of the biomechanical work carried out in recent years. Top researchers from each discipline lectured on the present state of biomechanical knowledge in athletics. These lectures were followed by free communication sessions where about 100 coaches presented their practical experience with advanced scientific research projects were evaluated. The official proceedings of the conference were published and distributed at the end of December 1990.

### **1990.3.2 – Grant for synthesising metabolites of anabolic steroids**

The goal of the project was to provide chemically pure reference compounds of anabolic steroid metabolites in a quantity of up to 50 mg per accredited laboratory for analytical purposes. These metabolites are not commercially available and must be synthesised in a sequence of chemical reactions. The priority was to synthesise metabolites of the anabolic steroids most frequently detected according to the statistics of the accredited laboratories. It has been stressed that this project should be regarded as a service to laboratories. This project produced reference material for accredited laboratories with which they can check existing screening/identification procedures. (see also 91.3.6)

### **1990.3.3 – Research into confirmatory test in connection with testosterone doping**

This project was carried out at the Huddinge Laboratory in Stockholm. A progress report was received at the end of 1990, detailing how the project has involved testing on two healthy volunteers in order to find new mechanical markers in urine or serum that may provide evidence of testosterone doping. The final report was completed in 1991.

### **1990.3.4 – Grant for training of Brazilian chemist in Barcelona laboratory**

The Institute of Chemistry of the University of Rio de Janeiro worked towards full accreditation of its laboratory. The Foundation provided the necessary funds to help a chemist from this institute to spend five weeks training period at the anti-doping laboratory in Barcelona. The training period was successfully completed, and a full report provided to the Foundation.

### **1990.3.5 – Manual: ‘Planning and Construction of Track and Field Facilities’**

The IAAF Technical Committee stated that considerable work was done and that a joint venture in collaboration with ICSSPE and IAKS was feasible for the creation of the envisaged manual. The first full edition was published in summer 1993 (see also projects 1991.3.5).

### **1990.3.6 – Provision of track and field facilities at sports centre, Sudan**

Due to the enormous difficulties facing Sudan, the Foundation supported the project of a Sports Centre in this country (athletics all-weather surface and equipment). The project was presented as a joint venture between the Foundation and other organisations found by the Sudanese authorities. Eight years later (project 1998.3.2), the Foundation purchased technical equipment for this synthetic track.

### **1990.4.1 – International Symposium on Sport & Law – Monaco, January 1991**

Recognising the growing importance of legal principles and boundaries, the Foundation agreed to support the creation of an international symposium on sport and law. The content and level debate was balanced between the informed expertise of lawyers and the practical needs of sports administrators. The topics were as follows:

- Evolution of involvement in sport and law
- Individual legal liabilities
- Issues, natural justice, eligibility, restraint of trade
- Financial matters, contracts, trust funds, television, advertising
- Enforceability of judgement, appeal, superior appeal, interchange between sports

The proceedings were published in 1993 (project 1993.4.1).

### **1990.4.3 – Workshop on the approved methods of femininity verification**

A conference staged in London on improved methods of femininity control, in light of the fact that scientists felt the system was unacceptable from a scientific, medical and human point of view. This issue was under debate by the IOC Medical Commission, but it had failed to act. As the IAAF faced this problem all the year around, and in view of the IAAF's intent always to lead, the Foundation provided this conference for 20 scientists. The recommendations of the assembled group were formalised and subsequently presented for consideration to the relevant bodies of the IOC and IAAF.

### **1990.4.4 – Workshop on women's distance running**

A workshop on women's distance running was staged at the time of the IAAF World 15 km Road Race for Women in Dublin. 55 people from 18 countries attended the workshop. As on previous occasions, the presentations were printed in New Studies in Athletics.



### **1991.1.1 – ‘World Athletics History’ by Roberto Quercetani**

Following the human support of the IAAF to the production of this authoritative history book by author Roberto Quercetani and his publisher Robert Vallardi, copies of this prestigious volume were given as commemorative/promotional gifts in Tokyo at the time of the 1991 World Championships. The Foundation’s aim in adopting and promoting this book was to re-emphasise the long, dramatic and colourful history of the sport of athletics, paying tribute to many athletes, leaders, officials and coaches who have contributed to its growth and status. An updated version was printed in 1999 (project 1999.1.1).

### **1991.3.1 – Technical Equipment for the new all-weather surface – Addis Ababa, Ethiopia**

The Foundation supported the purchase of technical equipment (including an automatic timing system) for the synthetic track of Addis Ababa and organised its delivery to the site. (Sent from Cantabrian, UK to Ethiopia through Djibouti).

### **1991.4.1 – Definition of doping and its ethical principles**

This project covered the history of doping definitions, a summary of international doping definitions 1933-1990, and the ethical definitions of doping. The text was published in September 1991.

### **1991.4.2 – Research into methods of testing for EPO**

The Foundation supported the view that urgent research was required into methods testing EPO. A one-year research grant was provided to a Swedish team from the Hospital of Uppsala and the Karolinska Institute of Stockholm to investigate the possibility of detecting the administration of EPO in man.

### **1991.4.3 – Research into sprint start kinetic and kinematic factors**

Encouraged by the interest generated by their project at the Foundation symposium on technique in athletics (Cologne, June 1990), a research proposal into sprint start analysis and its positive and practical aid to coaches and athletes was presented and conducted by a Canadian team of University of Saskatchewan.

### **1991.4.4 – Documentation on women’s athletics in Africa**

This project arose from discussions at the IAF/Olympic Solidarity Conference on women’s athletics at the Nairobi Regional Development Centre. The documentation provided the necessary background data for the construction and implementation of a strategy for the development of women’s athletics in Africa. The research was conducted throughout 1991, and documentation published in 1992.

### **1991.4.6 – Biomechanical research, Tokyo, Japan 1991**

Since the 1986 World Junior Championships in Athens, the IAAF (often supported by the Foundation), conducted biomechanical research projects at its major competitions. This work is broadly divided into two parts:

1. Fast analysis, which was a swift analysis provided to coaches, media and television within 24 hours of the event taking place.
2. In-depth analysis which made heavy use of super slow film speeds to analyse movement with the aid of computer. Such analysis was carefully documented in film and book form, with copies being provided to those member federations with a finalist within one year of the relevant championship.

### **1992.1.1 – ‘IAAF 80 Years Commemorative Celebration’**

The 80 years commemorative book and medals were produced and distributed to the World Athletics Family. The 80-year jubilee celebrations took place in Turin, on 3 September 1992, on the occasion of the IAAF Grand Prix Final.

### **1992.3.1 – Research into the effect of wind on athletic performance**

This project intended to analyse the adequacy of the wind speed rules laid down at the 1936 Congress. The work schedule was based as follows on:

- a) Elaboration of a catalogue of specifications in conjunction
- b) Studies involving different specialised institutes like the Institute of Thermal-Fluid Dynamics
- c) Studies involving experts from electronics and mechanical industries

- d) Scientific work at the Institute of Thermal-Fluid Dynamics
- e) Consultation between the different bodies conducting the project

The IAAF Technical Committee, from the various reports and studies of phase I of the project, concluded that this ambitious research would be drawn out. Due to the fact each athlete's physique would have to be considered and consequently numerous sets of control apparatus would be required for each important competition, without the results being 100% reliable, it was agreed that the project be discontinued.

### **1992.3.2 – Scientific research into race walking**

The Walking Association of the Norwegian Amateur Athletics Federation conducted this project in cooperation with the University of Sports in Oslo, where 270 laboratory experiments were conducted on video, at different speeds (walking and running). The studies showed that the body's centre of gravity moved differently when walking and running, but it still remains to be proved whether these assumptions and conclusions are in fact valid. The project leaders submitted proposals for rule changes to the Stuttgart Congress based on the research entitled 'The possible transition from fast walking to running'. A final report was sent to the IAAF Race Walking Committee for further studies and comments.

### **1992.3.5 – Evaluation programme of IAAF Coaches Curriculum – level I**

Following the implementation of the IAAF Coaches Education and Certification System, it was proposed that an evaluation be carried out on its suitability and effectiveness. Questionnaires from more than 130 level I courses were sent to more than 90 federations, and 120 lecturers evaluated the content, structure and effectiveness of level I courses. A first report was published in December 1994 and a second one in August 1996.

### **1992.4.1 – Provision of a basic guidebook on sports injury and illness**

It was deemed necessary to publish a basic guidebook incorporating information on preventive medicine and first aid as well as nutrition. Seven hundred copies were published.

### **1992.4.2 – Gender Verification Workshop, London, May 1992**

Following a Council decision and the recommendations of the first IAF Seminar (November 1990) on this subject, a new system of gender verification was introduced from January 1991. A number of events, including the Tokyo World Championships, were selected for testing the procedure. The objective of the seminar was to evaluate this experience. It was recommended that:

- as cases of men competing as women are practically non-existent, gender control is not necessary
- chromosome screening processes should be discontinued due to their scientific inaccuracy
- non-compulsory health checks should be continued

The IAAF Council accepted these recommendations at its Toronto Meeting in May 1992. As chairman of the IAAF Medical Committee, Prof Arne Ljungqvist contacted the IOC regarding the possibility of changing its procedures (the abolition of sex testing in athletics competitions).

### **1992.4.3 – IAAF Development Symposium, Stuttgart**

The Congress 'Athletics for All' was held in Stuttgart, attended by delegates from 49 countries. The aim of this Congress was to promote communication and understanding of the development of athletics and other sports, with special reference to 'Athletics for All', in the spirit of the most positive characteristics of sport. The official report was printed in 1993 (project 1993.4.4).

### **1993.1.1 & 1994.1.1 – Support to the IAAF HQ in Monaco**

The IAAF Congress in August 1993 in Stuttgart decided that the location of the IAAF HQ should be moved from London to Monaco into premises provided by the Principality. The IAF Council agreed to help the IAAF in this move and purchased several pieces of equipment (August & November 1993 and June & December 1994)

### **1993.1.11 – Track in Cayman Islands**

In order to help the Cayman Islands Federation in the preparation of the 1995 CARIFTA Games, the Foundation gave its contribution for the building of a synthetic track surface on the running track at the George Town Sports Complex.

### **1993.3.2 to 7 – TOECS (ATOS/ITOS) seminars**

These seminars were organised and planned through the IAAF Technical Committee and Development Commission as pilot courses in order to implement the new structure to educate and certify area technical officials. Seminars were held in Jakarta in November 1993, Lisbon in May 1994, Puerto Rico in June 1994 and again in Lisbon in 1994.

### **1993.3.10 – Course measurement in road racing, Nice**

This seminar took place in an effort to redress the recognised shortage of approved course measurers in southern Europe. Participants from 10 countries attended the seminar: Algeria, Belgium, Finland, France, Italy, Morocco, Portugal, Spain, Switzerland and Tunisia. The Federations of the participants were asked to cooperate in setting up seminars in their own countries in order that the number of measurers can be increased.

### **1993.4.2 – Seminar on marketing management for eastern European countries**

The Foundation decided to support this 2nd IAAF Seminar on Marketing Management, which was held in Budapest, Hungary on 25 February 1993. It was part of an IAAF Development project to assist many of the eastern European member federations to face the political changes and upheavals which cut off their main sources of funding.

### **1994.2.1 – Pan American Games Statistics Book**

The innovators of this project were Cuban ATFS member Basilio Fuentes and Severo Nieto. Its objectives were to print the history of track and field of the Pan American Games 1951-1991. The book was published in Spanish and English. 200 copies were distributed in Mar del Plata Argentina at the occasion of the Pan American Games in March 1995.

### **1994.3.2 – South America timing device**

The Foundation supported this project requested by the Latin America Athletics Confederation regarding the purchase of an athletics timing system equipment. With the collaboration of Seiko, the material was delivered at the end of September 1994.

### **1994.3.3 – Detection of chronic use of anabolic steroids, Montreal Laboratory**

The aim of this project was the detection of chronic users of exogenous androgens. The objectives were to evaluate if the pulse and/or the level of circulating luteinising hormone (LH) molecules are significantly modified by chronic use exposure to relatively elevated and stabilised blood testosterone concentrations. Trials were made to determine 1) which testosterone ester to use and 2) the most pertinent dosage to apply. Permission from the appropriate University ethics committee was granted for this investigation on human beings. The project was completed by the time of the Atlanta Council Meeting in August 1996.

### **1994.3.4 – Paris Seminar: international federations doping policies**

This seminar on the 'Harmonisation of Doping Issues in the IAAF' was organised as part of the World Calendar Conference in Paris mid-October 1995. 120 participants attended it, including eminent speakers from all over the world (scientists, barristers and judges). IAAF/IOC laboratories, several international federations, IAAF advisers, IOC medical authorities, sports ministry delegates, etc. The official proceedings were published in December 1996.

### **1994.4.1 – Women Seminar in Kyoto**

This seminar was staged in Kyoto, Japan in March 1994, with the joint effort of the Japanese Amateur Athletics Federation, the Asian Amateur Athletics Association and the IAAF Women's Committee. The major themes were the significance of development of women's athletics in Asia and Africa, the search for the object of development of women towards 21st century, the present situation and problems for Asian women athletes, and fostering method and problems for Asian women athletes.

### **1994.4.2 – Coaching Seminar in Cologne**

This International Coaching Seminar staged in Cologne, Germany in October 1994, was organised under the joint collaboration of the IAAF Development Department and the Trainerakademie of Köln. The topics were of general interest, as indicated by the positive reaction of the 200 participants from all over the world. The main focal point was the standardisation of coaching qualifications and the development of a standard curriculum. A 400-page report was published.



### **1994.4.3 – Women’s brochures**

Three booklets were published on women’s athletics in South America, Africa, North and Central America and the Caribbean, in three appropriate languages (Spanish, English and French). The booklets were produced in collaboration with eminent experts including scientists, gynaecologists, journalist and directors of the IAAF RDCs.

### **1995.1.1 – Athletics museum in Mauritius**

The museum is located at the Sir Anerood Jugnauth Stadium, the most modern stadium in the Indian Ocean. This first ever museum in Africa was inaugurated in December 1995, in the presence of the Foundation President, Dr Primo Nebiolo and the Mauritius Prime Minister.

### **1995.3.2 – Restoration of tracks in Romania**

The Foundation was approached by the Romanian Athletics Federation for financial assistance in order to refurbish tracks in Bucharest, Cluj-Napoca, Covasna and Brasov. Consecutive supports were provided under projects 1996.3.1 and 1997.3.5. In total, the Romanian Federation has built and refurbished a total of nine synthetic tracks including one indoor, and a detailed list was given to the Foundation with photographs and reports.

### **1995.4.1 – Research for a new judging system for race walking**

Following some well-publicised controversies experienced in the quality of judging for international race walking, the Foundation agreed to support a research project, based on discussions by a special working group set up by the IAAF. Four countries participated in conducting test research for a new judging system for race walking: Sweden, Norway, China and Mexico. The main objective of this project was to evaluate the adoption of a new rule, as a matter of urgency, for the IAAF Council’s consideration. A video was produced in Sweden during the testing of the new rule of race walking. China provided a written report and video after a test in Beijing. Norway did the same, while Mexico sent an interim report on the first of their six testing events proposed. This educational project has proven to have a positive effect in creating a less controversial, more consistent and uniform system for judging in race walking.

### **1995.4.2 – Educational items for anti-doping campaign**

This educational project was based on the obvious need to better inform athletes, officials and the public of the health hazards related to the use of performance enhancing substances, particularly anabolic steroids. The aim of this project was to increase athletes’ awareness, to inform parents, coaches and others in the athletes’ entourage, and to help them identify any misuses of banned substances as well as deterring the athletes from using anabolic steroids. A film was produced and shown on Swedish television in November 1996.

### **1995.4.4 – International Congress in Sports Medicine and Social Science in Athletics, Gothenburg, Sweden**

This seminar was held in Gothenburg just prior to the IAAF World Championships held there. 350 participants from 28 countries attended the congress. The scientific programme was multi-disciplinary and based on all branches of sports medicine like sports trauma, medicine, physiology, psychology and behaviour science. The official proceedings of the congress were published in the spring of 1996.

### **1995.4.5 – Youth training in East Africa**

This educational project was intended to stimulate and develop athletics opportunities for school children in Tanzania, Kenya and Ethiopia. The grant allowed was used for the purchase of athletics technical equipment for different schools within these four countries, and especially special orthopaedic material for handicapped boys of the Assela Catholic Church in Ethiopia.

### **1996.1.1 – ‘A Foundation for Athletics’ commemorative book**

In order to celebrate and promote 10 years of existence and intensive work, the Foundation decided to produce a special commemorative book. The intention was to evoke and record, not only all the activities carried out during the first decade of activity, but also highlight some of the most important athletics events taking place during the decade. Totalling 160 pages with 196 colour photographs, ‘A Foundation for Athletics’ provided details of the 120 cultural, scientific, educational, media and social projects carried out between 1986 and 1996.

### **1996.2.1 – History of the Central American and Caribbean Games**

Cuban ATFS Statistician Basilio Fuentes requested the financial help of the Foundation in order to publish a book on the CAC Games, recalling all the history of athletics in NACAC from Mexico City 1926 to Ponce 1993. 600 copies of this book were printed and distributed to CAC and NACAC member federations.

### **1996.2.2 – All-Time World List of Best Performances (Roberto Quercetani)**

The Foundation published the work of Mr Roberto Quercetani, a statistics book entitled 'All Time World List – 1000 Best Performances'. 1500 copies were printed and distributed world wide to the IAAF Family. An update was made in 1998 (project 1998.2.1) and 2001 (2001.2.1).

### **1996.3.2 – Time-keeping equipment for developing countries**

In athletics, where the result is given by measuring the time taken, timing has become a central element of the modern organisation. As a result, the training of timekeepers is fundamental. The 'Fédération Internationale des Chronomètres' (FICr) provided in 1996 and 1997 a helpful support to developing countries with a seminar in Puerto Rico for the Caribbean Federations and courses in Africa to train African photofinish judges (see 1997.4.6). The Foundation continued to support FICRs in 1998 (1998.4.6) for the upgrade of key hardware in its systems, particularly for television graphics.

### **1996.3.3 – Indoor athletics equipment for Belarus**

The support to this technical project was again based on the economic difficulties experienced by some IAAF member federations in eastern Europe following the geographical and political changes in the early 1990s. The Foundation provided a grant to the Belarus Athletics Federation for the purchase of two sets of athletics equipment, as well as an electronic timing system that were badly lacking in the country.

### **1996.3.4 – Restoration of athletics facilities in the Caribbean**

In 1996, many athletics facilities in the Caribbean Area were badly damaged by the hurricane season, particularly the track facilities in Antigua and Barbuda. The Foundation then agreed to support the installation of a new synthetic surface and to purchase a landing area for Nicaragua. The fruits of this support have been clearly evident in recent years following the outstanding results and rising talent throughout the Caribbean and Central America.

### **1996.3.5 – Restoration of tracks in Hungary**

The Foundation assisted the Hungarian Federation for the refurbishment of two tracks: one in Veszprém and the second for the Csepel Club in Budapest. Both tracks continue to be used for daily training by university students, for competitive sports and for Hungarian athletics national and international competitions.

### **1996.4.1 – Development seminar in Dublin**

This seminar, titled 'Development Co-operation in Athletics', was a part of the World Calendar Conference in Dublin. To ensure a wide-ranging and interesting discussion, a questionnaire was sent to all IAAF member federations before the event, and a summary of the replies was later distributed to the members. About 120 participants attended it. The seminar booklet was also made available.

### **1996.4.2 – Techniques and teaching progressions**

This educational project was intended as an important reference work for participants in CECS level I coaches courses and to assist IAAF lecturers. The work became a basic educational material for event-specific practical and theory sessions. The 100-page final report was printed and a video was also produced to complement the book.

### **1996.4.3 – Montreal Laboratory research**

Dr Christiane Ayotte, chief of INRS/Santé laboratory Montreal, conducted a study project on the 'effects of bacterial contamination of the urine samples', with the contribution of the professional and technical staff of the INRS/Santé. This aspect was indeed the key problem of an important doping controversy (the Modahl case). The results of this study were presented in part to the IOC/IAAF-accredited laboratories during the 15th Cologne Workshop on dope analysis in 1996 and during the USOC International Research Symposium and Consensus Conference held in January 1997. This study has become a subject of a masters degree thesis and was published in peer-reviewed scientific literature.

### **1997.1.1 – 1st International Marathon of Monaco**

Under the auspices of the IAF, the first ever marathon took place in Monaco as part of the commemorative festivities for the 700th anniversary of the Grimaldis. The Fédération Monégasque d'Athlétisme, who was the organiser, received nearly 5000 entry forms but had to limit the participation to only 2000 due to logistical and organisational reasons. The 42,195km course covered sea and mountain across three countries: the Principality of Monaco, France and Italy. The departure, given by HSH Prince Albert and President Nebiolo, placed in front of the IAAF headquarters and the arrival in Fontvieille.

### **1997.2.1 – Media development project**

Following a proposal from the European branch of AIPS, the foundation sponsored a programme to assist a number of journalists from under-developed countries to attend the World Championships in Athens 1997. By offering to cover travel and accommodation expenses, the Foundation enabled these journalists to be exposed to the premier athletics event in the world.

### **1997.2.2 – Track and Field Performances Through the Years – Vol IV**

Aiming to fill in the gaps in athletics history preceding World War II, ATFS asked for financial support from the Foundation for the printing of a book on 'Track and Field Best Performances Through the Years – Volume IV (1921-1928)'. The Foundation felt this was an invaluable contribution to athletics history, and the grant allocated was used for the purchase of 500 copies of this 400-page book.

### **1997.3.1 – Biomechanical research project, Athens 1997**

The German Sports University of Cologne conducted a scientific research project at the 1997 World Championships in Athens. The main points of this study were based on video service, fast information and biomechanical analysis (later information). The final report of the project was published, together with a video.

### **1997.3.2 – Track in Bamako, Mali**

It was the third project that the Foundation agreed to support financially in conjunction with the IOC, for the construction of a track. The track was finished in May 1999 and was the first synthetic surface of its kind in Mali, providing an essential stimulus for the development of the sport in a country and region, which are in dire need of such facilities.

### **1997.3.3 – Madagascar – Educational support**

The Foundation agreed to support the humanitarian association 'Akamasoa' by sending books and booklets on track and field facilities and purchasing basic implements for four schools.

### **1997.3.6 – Athletics equipment for Namibia**

Four-time Olympic medallist and 1993 world 200m champion Frank Fredericks made an exceptional appeal to the Foundation for the purchase of equipment for Windhoek, the only synthetic track in Namibia. In view of Fredericks' outstanding performances and exemplary behaviour both on and off the track, the Foundation felt that such success should be rewarded, also as a signal to young and aspiring athletes in Namibia that athletes should not just think of themselves. This approach was considered as humanitarian in helping athletics develop in his country. It was hoped that all-world-class athletes would have such a sense of responsibility towards the countries where they start.

### **1997.3.7 – Biomechanical equipment in Boulouris, France**

The Foundation agreed to allocate a grant for the purchase of biomechanical equipment at the Regional Physical and Sports Education Centre in Boulouris (80km from Monaco) which gives immediate information to the coaches, and these facilities are ideal for training aspects. The full operation of the technical structure permits today to assess all the kinematic and biomechanical parameters of the race and jumps.

### **1997.4.1 – 'Human Performances in Athletics: Limits and Possibilities' seminar, Budapest**

An educational seminar during the World Calendar Conference in Budapest under the theme 'Human Performances in Athletics: Limits and Possibilities'. The proceedings of this seminar were published and distributed to the IAAF Family, to people in attendance, and upon request.

#### **1997.4.4 – The Beginner’s Guide to Athletics**

The IAF decided to print and distributed a booklet to beginners in athletics as considered as being a valuable educational and promotional tool for school programmes around the world.

This booklet was published in 12 different languages: English, German, French, Spanish, Portuguese, Italian, Hindu, Swahili, Russian, Korean, Japanese and Arabic.

#### **1997.4.5 – Race walking judges education and certification system**

The Foundation agreed to finance the organisation of Level III courses in support of the race walking judges education and certification system. The first one was held in Bangkok in November 1997.

The second course was held in March 1998 in Toluca (MEX) and the third in April 1998 in Dudince (SVK). A fourth course (not funded by the Foundation) was held in Laval (FRA) in September 1998 for French-speaking European judges. Videos produced for educational and examination purposes were distributed to all IAAF member federations.

#### **1997.4.7 – Special scholarship for Sarajevo University student**

Following the emotional and public success of the IAAF Meeting of Solidarity in Sarajevo, the Foundation allocated a special grant to Ms Dijana Satara, who was an interpreter of the IAAF for the meetings in Sarajevo, to be admitted at Darwin College Cambridge, a graduate college, for a one-year course in international relations.

It was reported that the grant covered university fees, books and living expenses, and that Ms Satara obtained a place on a postgraduate course at Cambridge University where she had a reputation as a model student.

#### **1998.1.1 – 2nd Marathon of Monaco**

The second edition of the Monaco Marathon was as successful as the first one with 2381 participants, making it one of the most popular marathons in the region.

#### **1998.3.3 – Technical training equipment for Cuban athletes**

The Cuban Athletics Federation approached the Foundation with a small request for assistance in the purchase of some technical training equipment.

#### **1998.4.3- IAF/ZEPTER masterclass**

The IAF was proud of the success of this educational project, which provided an interesting insight into future such training seminars or ‘clinics’ for young athletes, together with top stars.

The basic concept was to stage an international gathering of 32 young athletes from all over the world for a ‘lesson of a life-time’ over two days in the Principality. Four of the world’s best athletes were called in as patrons (Merlene Ottey, Stéphane Diagana, Sergey Bubka, Wilson Kipketer).

The athletes had courses, seminars, and practical training sessions in the Stade Louis II, video presentations and lectures, and a question-and-answer session. A report was published, as well as a video souvenir and photos, and distributed to the youngsters as well as their federations.

#### **1998.4.2 – Athletics teaching videos**

The Foundation contributed to the production of four teaching videos on sprints, hurdles, jumps, throws and middle/long distances, providing a strategic and an educational support to the IAAF and its development programme.

#### **1998.4.4 – International seminar on women’s athletics – Granada, Spain**

The IAAF declared 1998 ‘The Year of Women in Athletics’, creating a series of promotional programmes and initiatives in order to encourage and to advance the cause of women.

Wishing to support fully this worthy idea, the Foundation organised its annual educational seminar on the theme ‘From a great past to an even brighter future – women in athletics on the eve of the new millennium’.

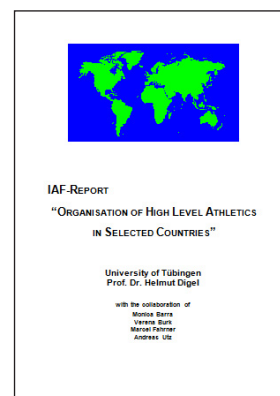
Staged in Granada, Spain, on the occasion of the IAAF World Calendar Conference, the seminar attracted more than 90 participants from 38 countries.

### **1998.4.7 – Organisation of High Level Athletics**

This study was realised by the Institute of Sport Science at the University in Darmstadt, Germany.

The goal of the analysis was mainly to go beyond the performances by examining in depth the organisation, structures, internal procedures, financing and more on a national and international level.

The research was carried out for Australia, China, France, Germany, Great Britain, Italy, Russia and the United States.



### **1998.4.8 – Basic competition manual**

The Foundation approved the production of a 130-page book entitled 'Basic Competition Management Manual'. The chapter headings of the manual include: competition management, planning and management systems, organisational structures, organising the competition, organising the support structures, finance, sponsorship and related matters, marketing and communication tools, and dealings with the media and on the day of the event.

### **1998.4.9 – Training for the Marathon: A Scientific Approach**

A highly authoritative manual 'Training for the Marathon: A Scientific Approach', written by renowned Italian professors Enrico Arcelli and Renato Canova, was published.

### **1999.1.2 – Foundation activity report book**

It was felt that a comprehensive, illustrated report on the Foundation activities since the memorabilia book should be prepared. The report compiled summaries of all the projects from 1996 to 2000 with abstracts and photos, serving as a promotion for the myriad projects that the Foundation has undertaken in recent years.

### **1999.1.3 – Publication of 'History of Athletics in Bosnia and Herzegovina'**

Thanks to the support of the Foundation, the historical review of the Athletics Federation of Bosnia-Herzegovina at the occasion of its 50th anniversary was published.

### **1999.1.4 – 3rd International Marathon of Monaco**

Following the outstanding technical and promotional success of the first and the second editions of the Monaco Marathon, the Foundation decided again to support this event. More than 2000 runners took part in the race and both course records were broken.

### **1999.2.1 – IAAF Publication '100 Golden Moments'**

The IAAF produced a unique publication to celebrate the best athletics moments of the 20th century entitled 'The Magic of Athletics – A Century of Great Moments', a 220 page-magazine that contained more than 100 classic photographs.

### **1999.2.2 – Media Development Project – Seville 1999**

The Foundation financed the 'IAAF Media Development Project, Seville 1999', providing a special opportunity to athletics media representatives from developing countries to attend the IAAF World Championships in Seville.

### **1999.3.2 – Central America and Caribbean area hurricane devastation athletics relief**

Following the devastation caused by Hurricane Midge, the IAF Council decided to help four countries of the NACAC area – Nicaragua, Honduras, Guatemala and El Salvador – to purchase new equipment and material for their tracks.

### **1999.4.2 – 'Organisational Techniques of Top-Level One-Day Events' Seminar, Funchal**

The proposed theme of this seminar was the 'Organisational Techniques of Top-Level One-Day Events, Eight Golden League, Grand Prix 1, Grand Prix 2, Outdoor Permits, IAAF Cross Country, IAAF Meetings and IAAF Indoor Meetings'. The seminar provided the impetus for expanded themes in the future (eg television, marketing, athletes, management, etc.) A publication of the proceedings was published few months later.



### **1999.4.3 & 2000.4.3 – Fun in athletics**

Following the success of the first ever activity for children called 'Fun in Athletics' in Soweto, South Africa in September 1998, another event was organised in Belfast on the occasion of the 1999 World Cross Country Championships. Originally created to allow British schoolchildren to simulate large-scale athletics indoors in warmth and safety during the winter, the concept has been developed over the years into a more organised system. Rather than completely funding a single IAAF-specific project (eg Soweto, Belfast), the Foundation provided a grant to assist the organisers in the continuation and positive development of existing programmes, primarily in needy countries. The Council felt this approach was more effective (especially in terms of costs) and this has proved to be the case. Indeed, the organisers presented what happened in several venues including South Africa, Iceland, the Middle East and Oceania with the Foundation and IAAF receiving significant publicity and recognition through the use of logos on the equipment and children's uniforms.

### **1999.4.4 – 'Legal Problems of the International Doping Cases – Solutions of the Arbitration Panel of the IAAF 1985-1999'**

The final text of this above-mentioned historical account was prepared and written by Lauri Tarasti from Finland and published in July 2000. This book is considered a useful tool for the athletics family, and sporting movement in general.

### **1999.4.5 – Kenyan runners (Copenhagen University)**

The Foundation Council decided to help the Copenhagen University for a research project on the physiological attributes of Kenyan runners. A book was published.

### **2000.1.1 – Special Promotional Race for Juniors '1000m – Africa 2000'**

The CONFEJES (French-Speaking Sport Ministries Association), supported by the French government, initiated a project to encourage, in all African countries, youngsters of 15 to 21 year old to run 1000m through with an international phase to which 36 boys and 36 girls were invited to two European meetings: Herculis in Monaco and Golden Gala in Rome.

### **2000.1.4 – Monaco Marathon 2000**

Due to the bad weather conditions at the time of the 4th Marathon of Monaco, the route was deemed dangerous on the French and Italian roads, and became a 10km race around the Principality with the participation of 3766 runners.

### **2000.1.5 – Commemoration for the late Foundation President – CUS Torino**

The Foundation agreed to make a general grant to the organisation of a special commemoration to the late President Primo Nebiolo as part of Torino's traditional athletics meeting on June 10th. Organised by the University Sport Club in Turin of which Primo Nebiolo had been President for more than 50 years, the celebration was called 'Nebiolo Day' and included a solemn ceremony to rename the city stadium after Nebiolo. The ceremony included remarks by the IAAF President, the IOC President Juan Antonio Samaranch, the ASOIF President, Denis Oswald and was attended by numerous other local and international sport dignitaries. The dignified and prestigious celebration provided a unique opportunity for the IAAF and the Foundation to honour and to recognise the work of the late President in his native city.

### **2000.3.1 – IAAF/Rome Millennium Marathon (and 99.3.1)**

The IAAF/Rome Millennium Marathon was held on 1 January 2000, starting in St Peter's Square and finishing in front of the Coliseum. During his traditional New Year's blessing, His Holiness Pope John Paul II spoke about the fundamental values of athletics in the new millennium and gave his blessing to the athletes ready for the start. Runners from more than 70 countries participated and the technical results of the race were outstanding, thanks especially to the exceptional Foundation support for the elite participation. The race was considered a great overall success, particularly in terms of the world-wide publicity generated for the sport and the IAAF, through TV (graphics and coverage), media, the start bridge in St Peter's Square, the IAAF identification on the bibs, and on signage along the route. The men's race was won by Josephat Kiprono and the women's by Tegla Loroupe, both from Kenya.

### **2000.3.2 – Technical equipment for Barbados**

The new track in the National Stadium in Barbados was entirely paid for through local funding; the IAF helped the purchase of the technical athletics equipment.

### **2000.3.3 – Purchase of athletics equipment in Albania**

The Foundation partially supported the purchase of technical equipment for the Athletics Federation of Albania. The equipment was provided by French company Dima Sports and dedicated especially to hammer throw, high jump and pole vault.

### **2000.3.4 – Technical equipment for Lebanon**

The technical material required (equipment for pole vault, relays, shot put and hammer) was delivered in July 2000.

### **2000.3.5 – Publication project for Yugoslavia**

The Council agreed to provide financial assistance to the Athletics Federation of Yugoslavia for their project 'Revitalisation of Yugoslav Athletics'.

### **2000.3.7 – Albanian hammer thrower**

In an exceptional gesture, taking into consideration the difficult circumstances of the country, the Foundation agreed to provide a grant of US\$5,000 for the training expenses of Albanian hammer thrower Dorian Collaku.

### **2000.3.8 – African Regional Youth Championships – Mozambique**

Following an urgent appeal for assistance from the president of the Mozambique Athletics Federation, the President decided to make an exceptional organisational grant to the organisers of this event on 1-2 July in Maputo. He travelled personally to Maputo to oversee the organisation and to meet with all the local authorities in order to promote the competition.

### **2000.4.2 – 'Organisational techniques of championship events – from national, continental and world level' seminar, Gothenburg**

Approximately 150 participants attended the seminar which was an outstanding success in terms of the quality of speakers and the number of participants. Every effort was made to take advantage of the issues raised and discussed and the positive response reflects the importance of finding a theme of particular and contemporary relevance. The official proceedings booklet was sent to the Council members, speakers, participants, member federations and other Athletics Family members. The seminar was held in conjunction with the 55th EAA Calendar Conference and the 8th IAAF World Calendar Conference

### **2000.4.4 – Media seminar, Mali**

The Foundation allocated US\$7,000 for this seminar, which was held in Bamako, 28-30 July with the participation of 30 journalists.

### **2000.4.5 – Best of Running, Finland**

Finnish author Seppo Luhtala compiled biographies and interviews of top runners, all included in a book. The English version was published in March 2002 by Meyer & Meyer.

### **2001.1.4 – Monaco Marathon 2001**

The 5th Marathon of Monaco was held on 25 November. The Monégasque Athletics Federation achieved their goal: thanks to a good promotion and ideal weather conditions, there was a record for participation with 3600 athletes. The winners were Wilson Kibet (KEN) 2:13.54 and Judith Nagy (HUN) 2:38.23.

### **2001.2.2 – Commemorative book on President Nebiolo's life**

Thanks to an initiative by Giovanna Nebiolo and other members from CUS Torino, a commemorative book on the life of President Nebiolo was published in Italian in 2001. The editorial direction was carried out by the IAAF media and PR director Giorgio Reineri together with the director of the Turin-based daily newspaper, La Stampa. The Foundation agreed to contribute to the publication of the English version, which included contributions from leading international and Italian journalists. Copies of this book were distributed to all the guests at the end of the 2001 Gala.

### **2001.2.3 – Prof Alphonse Juilland’s book, ‘Track and Field For The Millennium’**

The Foundation grant supported the publication of this innovative and occasionally provocative analysis of ways to revitalise athletics in the new millennium by the late Prof Alphonse Juilland. The title has been revised to ‘Rethinking Track and Field: The Future of the World’s Oldest Sport’.

### **2001.2.4 – IAF website**

Under the recommendation of a specific working group, the Council in Edmonton decided to create a separate Foundation website, which could provide more comprehensive information on the Foundation (history, structure, activities, policies and procedures). A tender was prepared with the help of IAAF experts, with four offers received. The offer from a Monaco-based company, 21 IMCN, was judged the best and most cost effective.

### **2001.3.1 – Olympafrica – basic equipment for Africa**

“Olympafrica”, a non-profit organisation recognised by the IOC and chaired by HE Juan Antonio Samaranch obtained support from the Foundation in order to run a multi-year programme (2001-2004) to help the development of Athletics in Africa by building sport centres with technical equipment (Senegal, Guinea, Ivory Coast, Mali, Niger, Gambia). In fact, the financial support of the Foundation was repeated six times (02.3.1, 03.3.1, 04.3.1, 10.4.1 and 11.4.1)

### **2001.3.2 – Technical equipment for Malta**

The Malta Athletics Federation requested financial support from the Foundation to help them for a project of converting two small aluminium rooms into two larger and useful rooms on the stands of the only athletics stadium in Malta

### **2001.3.4 – Jumping centre in Salgotarjan, Hungary**

The Foundation grant was used to refurbish the facilities of this yearly pole vault meeting.

### **2001.3.5 – Technical equipment for Tuzla, Bosnia-Herzegovina**

The Foundation grant helped this federation to buy technical equipment for the stadium of Tuzla. This material was provided by German company BENZ and was dedicated for running (100m and 110m hurdles), pole vault, jumping and throwing events.

### **2001.3.6 – Track in Tirana, Albania**

In 2001, the Council agreed to provide a grant of US\$60,000 to build the only synthetic track in this country (IAAF provided a further 100,000 US\$ for this project). There were some concerns about the completion of this project. After a meeting in Moscow attended by the IAF and the Albanian President, the project was finalised according to the announced plan.

### **2001.3.7 – Technical equipment for Georgia**

On the request of the federation, IAF provided technical equipment dedicated to running (including hurdles), javelin and discus. Photos and a report were presented to the Council.

### **2001.3.10 – Technology pilot project**

The Foundation agreed to allocate funding to help the IAAF and its national federations to establish a network of email addresses. 160 IAAF members currently have an email address and the remaining have been encouraged to obtain access to this service by receiving an additional administration grant from the IAAF. The phase 1 (funded by the IAAF) gave a headquarters-managed and uniform platform. The Foundation grant was used to develop the IAAF World Network Project (WNP) phase 2 – connection to the internet pilot project. The Pilot project was implemented at the RDC Puerto Rico.

### **2001.3.11 – Track re-surfacing in Donetsk, Ukraine**

The Foundation grant was used for the re-surfacing the Donetsk Stadium track by providing a modern synthetic covering. The Council reviewed some impressive photos provided by Sergey Bubka. The Mayor of Donetsk sent a warm letter of thanks.

### **2001.3.13 – Memorial Nebiolo Athletics Meeting – Turin, June 2001**

The Foundation grant was allocated to support top athletes' participation as well as a special international race for juniors at this meeting which was re-named 'Memorial Nebiolo' by CUS Torino.

### **2001.4.1 – 'Executive Athletics Administration – A Modern Approach to Federation Management and Structure' seminar, Moscow**

The Seminar was a great success with more than 150 participants representing 76 countries. The quality of the speakers and interventions was also excellent and interesting questions were raised by the participants. A book including all the interventions was printed and circulated.

### **2001.4.2 – Women's seminar in Armenia**

A grant of \$20,000 was allocated to this International Women's Seminar which was held in Armenia in May, 2001.

### **2001.4.3 – Seminar on mountain racing, Innsbruck**

22 delegates from 16 countries took part in this seminar which focused on the world mountain running development.

The participants were asked to behave as 'ambassadors' of mountain racing activities. A proceedings booklet was produced and distributed.



### **2002.1.1 – Athletes 2001 photo book**

The US\$10,000 of the Foundation grant helped the IAAF media department in publishing a beautiful book which includes about 110 athletes' photos portraits. A photo exhibition was organised in Berlin 2001 and during the Gala in Monaco. Copies were distributed to all 2001 Gala guests, IAAF member federations, RDCs, athletes and sponsors.

### **2002.1.2 – IAAF Cross Country Championships statistics book**

This 400-page book on the 100 years of International Cross and 30 years of the IAAF World Cross Country Championships history was published in March 2003 and launched during the World Cross Country Championships in Lausanne where it obtained a great success.

It was distributed as usual to the whole IAAF Family, but also to some legendary cross-country athletes (Alain Mimoun, Gaston Roelands, Ingrid Kristiansen, John Ngugi). It will remain as the 'bible' for the information regarding these events and congratulations were sent to author Mark Butler.

### **2002.1.3 – History book of Lithuanian athletics**

The Foundation helped the Athletics Federation of Lithuania to publish a book on the history of its athletics at the occasion of the 80th anniversary of athletics in the country (Vilnius 15 November 2001).

### **2002.1.4 – Quercetani: history book on long distances**

Roberto Quercetani wrote a 400-page book on the history of long-distance running, completed in May 2002.

### **2002.1.5 – Monaco Marathon 2002**

The 2002 edition of the Monaco Marathon was a great success with nearly 2500 participants. The start was given, once again, at the front of the IAAF office, in presence of HSH Prince Albert, IAAF/IAF President Lamine Diack and AIMS President Hiroaki Chosa. The winners were Tadesse Hailemariam (ETH) 2:14:09 and Maria Fedoseeva (RUS) 2:37:24.

### **2002.1.6 – Memorial Primo Nebiolo Torino 2002**

The Torino Memorial Primo Nebiolo Meeting was held on 7 June 2002 with great success with athletes from 30 nations and five continents. The best performances were achieved by Igor Astapkovich (81.09m in the hammer) and Yuriy Borzakovsky (1:44.25 in the 800m).

### **2002.1.7 – IPC World Championships**

The IPC (International Paralympic Committee) World Championships were held in July in Lille, Northern France. The project focused on resource development, educational conferences and seminars, athletes equipment, start up, kit distribution and world games legacy programme. IAF/IAAF President Diack attended the event.

### **2002.3.2 – Track in Addis Ababa, Ethiopia**

It was a very complicated project as the material had to transit through Djibouti Port and was transported by road to Addis Ababa. IAF/IAAF President paid a visit to the stadium at the beginning of the work.

### **2002.3.4 – Track in North Korea**

The IAF help the North Korean Athletics Federation to renovate the existing track in Kim Il Sung Stadium. Report and photos were received after completion of the work.

### **2002.3.6 – Training center facilities in Eldoret, Kenya**

The Foundation supported a training camp project at the Kip Keino Training Centre in Eldoret, Kenya. The funds will help to provide training facilities and therapeutic support to allow athletes the best opportunity to enhance their athletic performance. The centre was operational in August 2002.

### **2002.4.1 – ‘YAADIS’**

This project is an educational programme with the aim of alerting young athletes on the negative aspects of doping. The initiative was first implemented during the clinic held in conjunction with the IAAF World Youth Championships in Sherbrooke in July 2003, and followed by a second edition in Marrakech at the 2005 World Youth Championships. A third operation was conducted in Ostrava as part of the clinic and outreach activities on the occasion of the 2007 IAAF World Youth Championships with the participation of two former champions: Marie Jose Perec and Wilson Kipketer. The remaining funds were used in Bressanone 2009.

### **2002.4.2 – IAAF 90th Jubilee**

The Foundation agreed to provide the subsidies to cover 50% of the costs for this initiative which included the production and the distribution of pins, posters and the commemorative book at the exit of the Gala. The following past champions accepted the IAF/IAAF invitation: Donovan Bailey (CAN), Lee Evans (USA), Dick Fosbury (USA), Mohamed Gammoudi (TUN), Noureddine Morceli (ALG), Kipchoge Keino (KEN), Al Oerter (USA), Mike Powell (USA), Paul Ereng (KEN), Moses Kiptanui (KEN), Tommie Smith (USA), Alain Mimoun (FRA), Gyulai Zsivotski (HUN).

### **2002.4.3 – Madrid workshop on youth programme**

The workshop was held in Madrid right after the IAAF World Cup. 15 lecturers were gathered to take part in this high-quality workshop, which concentrated on the youth programme in athletics world-wide. A proceedings booklet was published.

### **2002.4.4 – Seminar on endurance running, Bristol**

During the IAAF World Half Marathon Championships in Bristol in October 2002, UK Athletics held a seminar on endurance running. Several key road-running figures, including Ingrid Kristiansen, attended the seminar.

### **2002.4.5 – ‘Sports Against Drugs’, Russia**

IAAF/IAF Council member Igor Ter Ovanesian was the initiator for five years in his country of an overall project on ‘Sports Against Drugs’ including a series of TV programmes involving sports stars. The Ministry of Press and the Foundation shared the costs.

### **2002.4.6 – Foundation for young athletes, Bosnia**

Mehmed Sokolovic, President of the Athletics Federation of Bosnia and Herzegovina, requested the moral support and patronage from the Foundation in order to establish a foundation for young athletes in his country. The IAF Council agreed to provide its patronage. Similar support was also given on 2004 (04.2.1), 2006 (06.2.1) and 2008 (08.2.2).



#### **2002.4.7 – Educational grant for Anthony Davies**

In August 2002, at the end of the IAAF World Junior Championships, the Foundation was contacted by both the Jamaican Federation and the Kingston LOC in order to help the technical director of the event, Anthony Davies, to continue his studies at the Sports Technology University of Massachusetts. IAF agreed to allocate half of the total expenses of the scholarships for Davies. The IAF was regularly informed on the progress of Davies at Springfield University.

#### **2003.1.1 – ‘How to help children find the champion within themselves’ book**

350 copies of the booklet written by David Hemery were distributed.

#### **2003.1.2 – Monaco Marathon 2003**

The 2003 edition of the Monaco Marathon was a great success with 1633 participants. The start was given, once again, at the front of the IAAF office, in presence of HSH Prince Albert, IAAF/IAF President Lamine Diack. The winners were Francis Kemboi (KEN) 2:20:08 and Elena Kaledine (RUS) 2:44:39.

#### **2003.1.3 – Memorial Primo Nebiolo 2003, Turin**

The IAF Council decided to continue his support for the organisation in Turin of the Nebiolo Meeting. The meeting was held on 6 June and an important press book was received.

#### **2003.3.2 – Technical equipment for Lebanon**

A financial support of US\$10,000 was allocated to the Lebanese Federation to purchase technical equipment: starting blocks, javelin, discus, pole vault, high jump, hammer, relays, shot put, hurdles.

#### **2003.3.3 – Technical equipment for Uzbekistan**

The Foundation agreed to allocate US\$20,000 to the Federation of Uzbekistan to purchase technical equipment: pole vault and high jump landing areas, steeplechase barriers, stop watches, megaphones. The equipment was ordered through Chinese company Jin Ling.

#### **2003.3.9 – Track in Nicaragua**

This project received financial support from both IAF (US\$60,000) and IAAF (US\$100,000). The new synthetic Managua track was inaugurated on 25 September 2004, in the presence of IAF/IAAF President Lamine Diack, and IAAF Vice-President/IAF Council Member Amadeo Francis on the eve of the Central American Senior Championships.

#### **2003.4.1 – Volunteers programme, Sweden and Great Britain**

The goal of this project was to organise two common international seminars for key strategic club leaders of non-coaching-nature in Great Britain and Sweden. The first seminar took place in Stockholm in January 2004 and the second in London in March 2004. In each seminar, 15 club leaders from each country participated – a total of 30. These seminars focused not only on larger clubs but also medium/small and running/jogging specialised clubs. The first seminar had ‘club structures’ as its theme and the second seminar had ‘competition system’ as its theme. The final report was sent to the IAF Council members.

#### **2003.4.2 – Seminar in Armenia**

A seminar on ‘athletics events and IAAF new technical rules’ was held in Yerevan, Armenia in February 2003, conducted by IAAF Technical Committee Chairman Jorge Salcedo in collaboration with AAF President Sargis Khachatryan. Delegates from Iran, Georgia, Turkey, Russia and Bulgaria took part, as well as some local delegates. A detailed report was provided.

#### **2003.4.3 – Maturation within young athletes, R Malina**

The theme focused on the ‘educational and scientific aspects of growth and maturation of child/adolescent track and field athlete’. The objectives of this project were to provide an overview of basic principles of physical and biological maturation during childhood and especially adolescence, and to provide a comprehensive summary of presently available information on the growth and maturity status of youth who specialize in track and field athletics. Dr Malina’s final report was distributed to the Council members.

#### **2003.4.5 – African Athletics Association seminar**

This seminar on coaching, administration, media relations, marketing and sponsorship issues, physiotherapy and doping issues was held on 27-29 November in Accra, Ghana. A 15-page final report was received and distributed.

#### **2003.4.6 – IAAF Area Coaches Association conference**

The conference was held in May 2003 in the Training Centre of Boulouris, South France. IAAF/IAF President Lamine Diack opened this seminar, which provided a stimulating forum for discussion and concluded with a communiqué issued on behalf of the delegates by the presidents of six area coaches associations. The purpose of the proposed Coaches Commission would be to advise the IAAF on matters relevant to coaching and the development of the sport.

#### **2004.1.1 – Women's race in Casablanca**

This fifth edition of the women-only 'Courir pour le Plaisir' (Run for Fun) race was held on 23 May 2004 in Casablanca. More than 14,000 runners (98% Moroccan) took part in the event of which a detailed report was forwarded to all Council members in addition to a press book that Nawal El Moutawakel distributed during the meeting, including a video.

#### **2004.1.2 – Memorial Primo Nebiolo 2004, Turin**

The fifth edition of the Memorial Primo Nebiolo was successful. The Foundation grant has helped to renovate the stadium. IAF/IAAF President Lamine Diack honoured the meeting with his presence. A report and photos were received.

#### **2004.1.3 – Monaco Marathon 2004**

This competition was held on 14 November. More than 3000 runners took part in the marathon and 1000 in the 10km.

#### **2004.1.4 – Race walking booklet**

This project was conducted over a one-year period.

This monthly booklet was distributed to 120 people and federations.



#### **2004.1.5 – Book on 400m by Roberto Quercetani**

This book was delivered in spring 2005 and distributed to IAF/IAAF Council members as well as the athletics family.

#### **2004.3.2 – Track in Eritrea**

This project started in 2003 as an IAAF/IAF/IOC joint operation. After a long period of difficulties, this project was completed and the new track was inaugurated on 7 February 2010.

#### **2004.3.3 – Track refurbishment of Iasi University Stadium, Romania**

Part of the grant was used to build the infrastructure within the Iasi Stadium. After the renewal of the football field (changing the old grass with new turf), a new Polytan synthetic track was laid. Work was completed at the end of October.



#### **2004.3.5 – Cook Islands**

The IAF grant contributed to the refurbishment of a grass track in the Cook Islands. This facility was used in October 2004 for several national championships and regional veteran championships.

#### **2004.3.6 – Technical Material for Niger**

Niger hosted the 2005 edition of the Francophonie Games but needed help to purchase the athletics technical equipment for which the IAF contributed partly: hurdles, starting blocks, stop watches as well as equipment for triple jump, high jump, javelin, pole vault.

### **2004.3.7 – Electronic timing system for Africa**

The African Athletics Confederation (AAC) had developed a circuit of African meetings, but none of the stadiums were equipped with an electronic timing system. This was done and this equipment has been used in about 12 meetings during the summer season. In addition, AAC educated several photo finish judges.

### **2005.1.1 – Tegla Loroupe Peace Race 2005**

The IAF agreed to give support to the third edition of the Tegla Loroupe Peace Race in Kapenguria, Kenya.

### **2005.1.2 – Memorial Primo Nebiolo 2005, Turin**

The meeting was held on 3 June 2005 in the presence of IAF/IAAF President Lamine Diack. The stadium has been refurbished; it will be dedicated only for athletics events and trainings for youth. A press book was circulated.

### **2005.1.3 – Monaco Marathon 2005**

The eighth edition of the Marathon of Monaco was held on Sunday 13 November 2005. More than 3000 participants participated in this attractive event held across three countries.

### **2005.1.4 – ‘Paris-Colmar’ race walking event, 2005**

The oldest, longest and most famous race walking race in the world was held from 8-11 June between Paris and Colmar. The 440km course was covered by the race walkers with an average speed of 8km/hour. This help was renewed in 2006 (2006.1.6).

### **2005.4.1 – Mountain running seminar in Asia**

The seminar took place in Guiyang, China on 11 March 2005, on the occasion of the Asian Cross Country Championships. 25 people from 13 federations attended.



### **2006.1.1 – Book on athletics in Oceania**

This grant was used by the OAA to publish a book about the history of athletics in Oceania on the occasion of its 35th anniversary.

### **2006.1.2 – Book on sprints (Quercetani and Pallica)**

Roberto Quercetani is one of the IAAF's most famous statisticians and historians. With the financial support of the IAF and the help of Mr Pallica, he wrote a book entitled 'Sprint Racing History – Men and Women' which contains 367 pages including photos.

### **2006.1.3 – IAAF archiving project**

Thanks to valuable documentation found in the library of the Swedish Parliament, Jan Lindroth, Professor of Sports History at Stockholm University, has conducted and finished an interesting research on the creation of the IAAF. This first report in Swedish has been translated into English and French. They will be part of the commemoration of the 100 years of the IAAF in 2012.

### **2006.1.4 – Carifta Games archiving**

The book relating to the history of the CARIFTA Games has been completed. Each member received a copy on site.

### **2006.1.5 – Monaco Marathon 2006**

The 2006 edition was held on Sunday 12 November, on the morning of the Gala, starting, once again, in front of the Miraflores office. A total of 1831 runners were registered and 1589 finished the race. More than 2000 runners took part in the 10km event. The winners were Wilfried Cheserek (KEN) 2:17:21 and Lena Gavelin (SWE) 2:39:28.

### **2006.1.7 – Memorial Primo Nebiolo 2006, Turin**

The Foundation gave its financial support for the 2006 edition of this event. Tatyana Lebedeva (15.00m in the triple jump) and Andrew Howe (8.26m in the long jump) achieved the best results.

### **2006.3.1 – Track in Algeria**

The Algerian Olympic Committee addressed a grant request regarding the creation of a synthetic track in the altitude (1500m) Olympic Center of Tikjda (150km from Alger). The IAF was one of the contributors but the promised grant was reduced by half as the track was never IAAF certified.

### **2006.3.2 – Construction of a track in Silven, Bulgaria**

The Bulgarian Athletics Federation asked the Foundation for financial support in order to build facilities at the H Dimitar stadium in Sliven (270km East from Sofia). It is an impressive project composed of a main track (eight lanes) and a warm-up track (four lanes). Photos and a report were sent to the IAF.

### **2006.4.1 – Pilot project: athletics development officers**

The IAF Council agreed to allocated the sum of US\$20,000 for the employment and training of two athletics development officers in Oceania. The goal was to provide assistance to member federations so that they can organise appropriate athletics activities and conduct athletics programmes in their own countries, and at the same time more efficiently meet the obligations of IAAF membership. The OAA's report was circulated.

### **2007.1.2 – Book on athletics in Cuba and CAC**

The Cuban Federation supported Cuban journalist Enrique Montesinos's project to print an English version of a book on the promotion of athletics in the CAC region. It was important for the CAC countries, as it includes the major sporting events in which they participate, as well as the results of the IAAF World Athletics Series.

### **2007.2.1 – Memorial Primo Nebiolo 2007, Turin**

The IAF once again helped the Memorial Primo Nebiolo Meeting of Turin. The meeting was held on 11 June 2007 in front of a good crowd, providing good performances, especially the Italian high jump record of 2.02m for Antonietta Di Martino, beating Sara Simeoni's national record.

### **2007.3.1 – Track in Benin**

The IAF helped the Fédération Béninoise d'Athlétisme to refurbish the Complexe Sportif of the Charles de Gaulle Stadium in Porto Novo. The huge works were realised by TOPSOL and were used in 2012 to host the African Championships.

### **2007.3.2 – Track in Cuba**

A first project (in 2003) was later cancelled. In 2007, the Cuban Federation sent a new request for the renovation of the Estadium Panamericano Cuba in La Havana (venue of the 1992 IAAF World Cup). The financial contribution (US\$160,000 in total) from the IAF and the IAAF was not enough to cover all the costs but MONDO agreed to pay the difference. The track is now finished.



### **2007.3.3 – Track in Saint Kitts and Nevis**

St Kitts and Nevis is one of the several small island nations in the Caribbean whose population and government are fervently fans of athletics, despite the limited infrastructure. The works were finished for the 37th Carifta Games in March 2008 which were attended by IAAF/IAF President Diack. These facilities obtained an IAAF class 2 certificate.

### **2007.3.4 – Track in Turks and Caicos**

The IAF/IAAF President attended the inauguration of the new track on 9 April 2007 on the occasion of the 36th CARIFTA Games 2007. This track has a class 2 IAAF certificate.

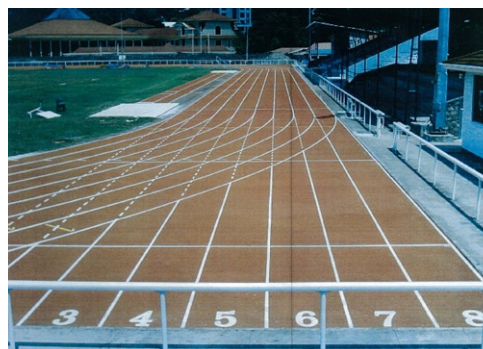


### **2007.3.6 – Track in Seychelles**

The track was laid down at the end of July. An impressive book with photographs was produced. The track certification was never obtained and the grant therefore was not paid.

### **2007.3.7 – Technical equipment, British Virgin Islands**

This Federation found the way to build a track subsidised by third parties; IAF contributed to the project with the purchase of the technical equipment. A letter of appreciation was received and circulated.



### **2007.3.8 – Construction of a synthetic track, Ohrid**

The IAAF/IAF was approached in October 2006 by the European Olympic Committee (EOC) regarding a joint project for a synthetic track in Macedonia. EOC, IAAF/IAF and MONDO paid one third each for the construction and the installation of the track, while the local authorities and the NOC were responsible for the civil works. The original location (Skopje – six-lane) has been changed to a more appropriate place, called Ohrid (eight-lane). The facilities were inaugurated in the presence of IAAF Vice President Sergey Bubka.

In 2013, the IAF agreed to allocate a US\$30,000 financial support for the purchase of technical equipment: full high jump and pole vault landing areas, 10 starting blocks, shots, discuses, hammers and javelins (project 541).

### **2007.4.1 – Small States Games in Monaco**

This multi-sport competition gathers the eight European countries with fewer than one million inhabitants: Andorra, Cyprus, Iceland, Liechtenstein, Luxembourg, Malta, San Marino and of course Monaco. The IAF/IAAF President attended the opening ceremony on 4 June. The athletics events were dominated by Cyprus. The IAF contributed financially to the environmental programme; Mr. Bernard Fautrier presented the interim report showing that this competition generated the equivalent of 1395 tonnes of CO<sup>2</sup>. The environmental project will compensate for this additional pollution through two actions: planting 10ha of trees in a forest above Monaco, compensating already 1000 tonnes and creating facilities for recyclable energy.

### **2008.1.1 – Book on the 40-year activities of CACAC**

In 2007 the CACAC was commemorating their 40 years of existence. IAF allocated a grant for the publication of a commemorative book. The book was distributed during the IAF Council meeting of November 2007.

### **2008.1.2 – Arne Ljungqvist's book**

The Biography Book of Prof. Arne Ljungqvist (which includes the history of the IAAF anti-doping history) has been published in spring 2011; copies have been distributed to the IAAF Member Federations, the Members of the IAF&IAAF Councils as well as those of Medical, Past Medical and Juridical Commissions

### **2008.2.1 – Memorial Primo Nebiolo 2008, Turin**

The 2008 edition of the Memorial Primo Nebiolo meeting was held on 6 June. A report and a press book were received and circulated.

### **2008.2.2 – Athletics foundation, Bosnia**

For the fourth time (see projects 02.4.6, 04.2.1 and 06.2.1), the IAF agreed to provide scholarships to several Bosnian athletes.

### **2008.3.2 – Synthetic track in Timphe, Bhutan**

Mr Dorji, President of the Bhutan Athletics Federation, wrote recently: "It is my pleasure to inform you that the track installation is now finished. I want to convey our humble gratitude to the IAF Council for their assistance in making it possible to have a track in Bhutan. The whole nation is happy with it."



### **2008.3.4 – Warm-up track in Addis Ababa, Ethiopia**

The main track was built some years ago; the four-lane 200m warm-up track was just completed in time for the African Championships which took place in May 2008, in the presence of President Lamine Diack.

### **2008.3.5 – Track in Lima, Peru**

The IAF agreed to give a financial contribution of US\$60,000 to help with the construction of a track in La Videna in Lima. This track obtained an IAAF class 2 certificate.

### **2008.3.7 – Construction of a synthetic Track in Lusaka**

The project of a 'Sports Complex/Sports For Hope' in Lusaka, Zambia was inaugurated on 11 May 2010, in the presence of IOC President Jacques Rogge, President of the Republic of Zambia Rupiah Banda and IAAF/IAF President Lamine Diack and some 2000 people including 600 youngsters who used the state-of-the-art facilities for the first time.

### **2009.1.1 – Belgrade race**

The race was held on 14 October 2009. A DVD and photos on the race have been provided to IAF.

### **2009.1.2 – Pan American Junior Championships book 1980-2007**

This book was a joint effort between Amadeo Francis and Cecil Smith; it has been circulated widely in the Americas.

### **2009.1.3 – Quercetani book on hurdles and steeplechase**

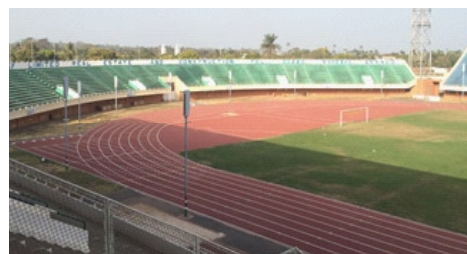
Roberto Quercetani, together with Mr Vallardi, published a new book called 'A World History of Hurdles and Steeplechase Racing (1860-2009) Men and Women'. IAF received 300 copies which were distributed to the IAAF Family.

### **2009.1.4 – Statistics book 1880-1900**

The Council provided funds for the translation from German to English of a 500-page research on the 1880-1900 athletics competitions. After having subsidised its translation, the Foundation financially supported its printing (project 11.1.1)

### **2009.3.1 – Track in Banjul, Gambia**

The old and important track (more than 7000 m<sup>2</sup>) was built in 1984 and needed to be refurbished; all together the IAF, the IAAF & the IOC helped financially the Gambian Federation for this project which was completed and 2016 with an IAAF Certificate issued on time.



### **2009.3.2 – Santa Lucia national track**

The track of the National Stadium in Santa Lucia was completed in time to host the 2009 Carifta Games in April. Photos of this blue and gray track were circulated.

### **2009.3.3 – Track renovation in Sarajevo**

This track was laid down in 1996 as part of the Solidarity Games project and is now 13 years old. The Bosnian Federation obtained from the EAA the right to organise the second League of the European Cup in June 2009 but refurbishment works had to be conducted. The IAF agreed to be part of the project of the renovation of the track.

### **2009.3.4 – Memorial Primo Nebiolo Torino 2009**

The meeting was held on 4 June and good results were achieved; an exhaustive report was received.

### **2009.3.5 – Technical equipment for Cook Islands**

The IAF/IAAF President agreed to give financial support to the Federation of Cook Islands in order to help them to purchase technical equipment for the Mini Pacific Games to be held in Rarotonga Cook Islands in autumn 2009. The material was provided by Nordic Sport



Australia and included shots, hammers, discuses, javelins and starting blocks.

#### **2009.4.1 – Marathon seminar in Marathon, Greece**

The third AIMS-IAAF Marathon Symposium was held on 7 November 2009 in Marathon, Greece. It was a great success with the participation of representatives of 50 of the biggest marathons in the world.

The 2010 seminar was held in conjunction with the commemoration of the 2500 years of the Marathon battle.

#### **2009.4.2 – Mountain running seminar, Bulgaria**

76 participants from 18 countries attended this seminar in Sapareva Banya (80km from Sofia), venue for the 2010 European Mountain Running Championships. A full report was received.

#### **2010.1.1 – Memorial Primo Nebiolo 2010, Turin**

The 2010 Primo Nebiolo Memorial was held on 13 June. A report and photos were received.

#### **2010.3.1 – Track in Pyonyang, DPR Korea**

After some problems due to the delayed shipment of the material by vessels, the track in Pyonyang was at last completed at the end of March 2011 and was available for athletes beginning of April 2011.

#### **2010.3.2 – Construction of a track in Panama City, Panama**

There was no track in Panama. Therefore the Council agreed to devote US\$60,000 to this project. There are two javelin runways, two pole vault runways as well as discus, hammer and shot put facilities. It is an eight-lane MONDO track of a blue and grey colour.



#### **2010.3.4 – Purchase of technical equipment for Malta**

The IAF granted the Malta Athletics Association for the purchase of a pole vault mat needed to host the European Championships in Malta in June 2010.

#### **2010.3.5 – Purchase of technical equipment for the Carifta Games in the Cayman Islands**

The IAF contributed to a level of US\$30,000 in order to help the Cayman Islands Federation purchase technical equipment as they were hosting the 2010 Carifta Games. The Games were held on 3-5 April in the presence of IAAF/ IAF President Lamine Diack.

#### **2010.4.1 – Olympafrica**

This was a four-year project (2008-2012) financially supported by the IAF, Daimler, IOC, other donators and the Foundation Olympafrica. Several African countries are involved in this four-year programme. The 2010 IAF support referred to support for:

- competitions in Niger (10 in Banifandou) and Burundi (three in Kanyosha primary schools)
- purchase of technical equipment in Angola, Burundi, Central African Republic, Ivory Coast, Gambia, Guinea-Bissau, Ghana, Liberia, Lesotho, Mali, Mozambique, Senegal, Sao Tome and Principe, Sudan and Zambia. See also 11.4.1



#### **2010.4.2 – Development of athletics for kids, Tanzania**

Athletics Tanzania organised training courses in the whole country during 2010 and 2011. The main objective was to build the capacity of trainers in the different regions of the country and enable the identification, promotion and development of talented grassroots athletes. See also 2011.4.5.

### 2010.4.3 – Gender conference in Miami January 2010

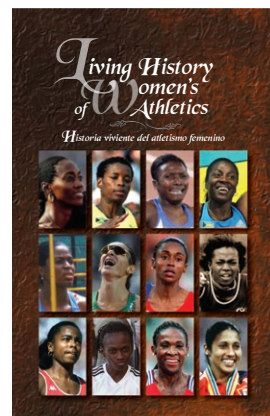
The IOC Medical Commission organised a conference on gender issues in Miami, on 17-18 January 2010, with world experts. The aim of the symposium was to attempt to identify the most up-to date medical and biological science with regard to the gender issue that may be of relevance to sport and which will help sports bodies to deal with potential cases.

### 2010.4.4 – Coaching development project, Moncton 2010

US\$20,000 was allocated to a coaching development project which was held in July 2010 during the IAAF World Junior Championships in Moncton, organised by Athletics Canada. The detailed report was circulated to the Council Members.

### 2011.1.2 – Book on jumps, Roberto Quercetani

Roberto Quercetani is a respected Italian statistician who has devoted his life to write many books on the history of athletics. This year his book reported on 'Jumping Events 1860-2010 – Men and Women'.

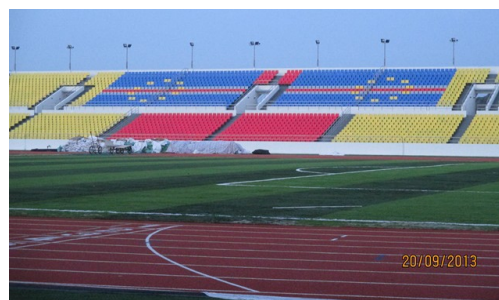


### 2011.1.3 – History book on women in NACAC

The booklet on the 'NACAC Women Living History Documentary' was distributed in Moscow to all national IAAF members as well as to the IAAF and IAF Councils members.

### 2011.1.4 – Memorial Primo Nebiolo 2011, Turin

The meeting was held on 11 of June. As usual, a report and photos were received.



### 2011.2.1 – Romanian Federation magazine

The Council supported the request of the Romanian Federation. For several years, the recession in Romania, as well as the loss of a sponsor, has prevented this federation to implement several projects such as the editing, printing and distribution of the 'Romanian Athletics' review which appears every three months with a minimum of 1000 copies and is the unique official periodical of the athletics area in this country.

### 2011.3.2 – Track in Sal, Cape Verde Islands

The Federação Caboverdiana de Atletismo reported on the completion of the refurbishment of the synthetic track at the Leitão Municipal Stadium in Sal, which is now the only synthetic track in the country.

### 2011.4.2 – Neuromuscular research on Kenyan athletes, Finland

The department of biology and physical activity of Jyväskylä, Finland, requested a financial support for a research/study on neuromuscular system of Kenyan athletes, with the involvement of IAAF Training Centre of Eldoret, Kenya.

### 2011.4.4 – IAAF anti-doping project in Daegu 2011

The IAAF Daegu project was a new tool in the fight against doping, consisting of measuring and monitoring an individual's biological markers to complement the traditional anti-doping tests. The report of the IAAF medical and anti-doping department was circulated. Arne Ljungqvist confirmed that this project (jointly conducted and funded by IAAF/IAF/IOC/WADA/Lausanne Laboratory) was unique and is a milestone in this field, helping to start an impressive database of information.

### 2012.1.1 – Memorial Primo Nebiolo 2012, Turin

The 2012 edition of the Memorial Primo Nebiolo Meeting in Turin, held on 8 June, was a success. An exhaustive report of 23 pages with a lot of photos was received.

### **2012.2.1 – Book on Throwing Events by Roberto Quercetani**

The last book of the series on athletics that Roberto Quercetani started 10 years ago has been published and circulated under the title: 'World History of the Throwing Events'.

### **2012.2.2 – Book on Maurice Nicholas**

On the occasion of his 80th birthday, Asia AA decided to publish a book on former IAF Council member Maurice Nicholas and his involvement in athletics. The book was distributed in Moscow.

### **2012.3.2 – Indoor arena in Belgrade, Serbia**

The IAF agreed to provide funds for an important project costing more than €30m for the building of the first indoor arena with athletics facilities in the territory of former Yugoslavia. The facility will host the 2017 European Indoor Championships.

### **2012.3.4 – Purchase of technical equipment, People's Republic of Korea**

The IAF agreed to purchase technical equipment for the Pyonyang Kim Il Sung Stadium which was delivered in spring. It comprised: five landing areas for pole vault, 30 800g Feilu javelins, 30 600g Feilu javelins and 50 7.26kg Feilu hammers.

### **2012.4.1 – Scholarship at the Lomé Training Centre, Togo**

The Athletics Regional Centre of Lomé sent a detailed report related to the \$20,000 obtained from the IAF, stating that the funds were used to pay for one year full-board accommodation for three youngsters chosen by the AAC: Aminata Diakité (Mali), Arthur Epsilon Boulai (Ivory Coast) and Lanré Tchinde (Togo).

### **2012.4.2 – Historical development of women's athletics, Prof Emrich/Ilse Bechthold**

The aims of this project are to conduct research on the historical development of women's athletics, to identify preconditions of the future promotion of women's athletics at all levels (athletes, administration, etc) and finally to develop concepts for such a substantial, worldwide development of women's athletics. A huge work has been done by the University of Saarland and a questionnaire sent out to all 212 IAAF national federations asking for their contribution.

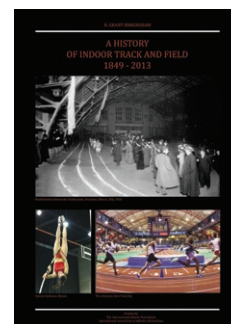
### **2012.4.3 – Peace and Sport project, Burundi and Colombia**

The office received a request from 'Peace and Sport' proposing to get together an athletics national federation with Youth Centers/ONG, promoting peace through athletics in two countries who suffered from several crisis. This has been studied by the IAAF development department; their opinion is that this project should focus on the distribution of Kids's Athletics sets: six to Burundi and four for Colombia. The project for both countries was completed in 2014 and reports and photos were provided.



### **2012.4.4 – Youth Seminar as part of the IAAF Centenary Commemoration**

This international youth seminar funded jointly by the IAAF and the IAF was conducted by the IAAF Youth Department on the Monday and Tuesday following the IAAF World Junior Championships in Barcelona. The attendance was 64 coaches representing 52 national federations.



### **357 (540) - Mongolia – Track in Ulaan Baator**

A difficult project which finally was completed in 2016 and obtained an IAAF Class 2 Certification





### **359 (542) – Timing system, Oceania**

The IAF supported the purchase a Lynx photo-finish system as well as a field scoreboard for Fiji, Oceania. The scoreboard was used for the first time at the National School Championships in mid May 2013.



### **360 (543) – Indoor history book 1869-2012, Grant Birkinshaw**

The objective of this project was to record the 144-year history of indoor track and field and to elevate the awareness and status of indoor track and field. Financial support had been requested for typing, editing, formatting and publishing the book. This project was completed in time for the 2014 IAAF World Indoor Championships in Sopot, Poland, where several copies were distributed. 300 additional copies were mailed out from Monaco.

### **361 (544) – ‘Inside the Five Rings Circus’ book, Ollan Cassell**

IAF executive board member Ollan Cassell has written a book on his experience as US (he was the CEO of US Track and Field for years) and world administrator (he has been IAAF Vice President). Council agreed to support this project and 300 copies were received and distributed.

### **363 (546) – Memorial Primo Nebiolo Torino 2013**

The CUS Torino Memorial Primo Nebiolo was held on 8 June 2013. A 30-page report was received.

### **365 - Historical Book - Roberto Quercetani**

With the help of the Foundation, Roberto Quercetani, one of the founder of ATFS published nine historical books. One of them, printed in 2000, was called “A history of modern track and field athletics 1860-2000 ». This project was to publish an update of this book which was issued in July 2016 and sent to the IAAF Family.

### **366 - World History of Relays**

This book was a home-made book and has been realised jointly by the IAF, IAAF and several contributors: Mark Butler, Ottavio Castellini, Imre Matrahazi, David Mil-ler, Roberto Quercetani, Mel Watman. The 450 copies were mailed to the IAAF Family and 150 copies given on site in Nassau in May 2014 during the first IAAF World Relays.

### **367 - Anti Doping Seminar for the Balkan Countries in Bulgaria**

The seminar was held from 7-10 May 2014 in Pravets, a small city located 65 km from Sofia. 30 participants representing 14 countries attended this seminar.

The head table: Thomas Capdevielle – Dobromir Karamarinov – Dr Giuseppe Fischetto – Galia Puhaleva



### **368 - The research to inform doping prevention (Leeds University)**

The final report (78 pages) of this Doping Research project conducted by the Leeds Metropolitan University was forwarded to the IAAF for consideration.

### **369 - Moldova - Track in Chisinau**

With the financial support of the IAF, the IAAF and the IOC, the renovation of the athletics facilities of the Dynamo Stadium in Chisinau was completed end of December 2017 with the attribution of an IAAF Class 2 Facility Certificate.





### 371 – Technical equipment for Micronesia

Micronesia had a synthetic track but needed basic technical equipment ahead of hosting the Micronesian Games in July 2014. Thanks to the financial support of the IAF and with the help of the Athletics Association of Oceania, this equipment was purchased and delivered in Pohnpei.



### 376 – Technical equipment in Nicaragua

The IAF grant helped to purchase technical equipment such as photo finish, windgauge and hurdles.



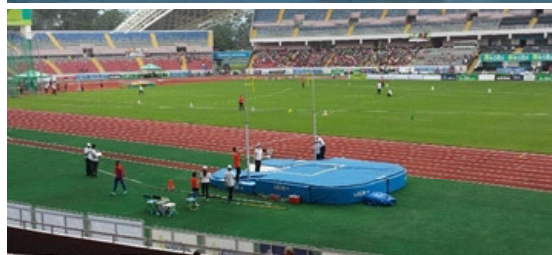
### 377 – Technical equipment in El Salvador

The IAF grant helped to purchase technical equipment including a pole vault landing area, pole vault cross bar; pole vault standard, high jump pit and high jump standards.



### 378 – Technical equipment in Costa Rica

The IAF paid for several items of technical equipment: pole vault landing area, cross bars...



### 379 – Technical equipment in Cuba

The IAF paid for technical equipment (pole vault, hurdles, high jump ...). Alberto Juantorena wrote: "You can inform to the Council that the equipment is in Cuba and has not yet been installed. The proof is that we will install it soon in my country, this process here sometimes is difficult but you and the Council can be sure that we will use this equipment properly."

### 380 - Great Britain & Northern Ireland – Study into the long throws on synthetic surface

This project is, on the IAF side, completed. As report the minutes of the meeting of the IAAF Technical Committee, more work has to be done by the IAAF.

"The IAAF Technical Committee recommends, if such material is suitable, it can be used according to the rule but these surfaces should be included in certified lists. To be studied and discussed at the meeting next year. Sports Labs started a study with UK Athletics supported by IAF. In their latest update, they are not too optimistic, particularly because the hammer on landing is smashing the yarn beyond repair. It is now becoming urgent and the question should not be postponed every year. The TC expressed its wish for the study on synthetic grass infields be both clarified and expedited".

### 381 - Brasil - Institut Adhemar Ferreira da Silva

This Institute held an exhibition entitled "The Strength of Athletics Sport" touring over 6 different areas. 30,000 direct public attended this project through neighbouring schools and communities and about 2,000,000 through spontaneous media and social media.

### 383 – Paris-Colmar race walk

This 90-year legendary race was held from 1-4 of June 2015. Russian athletes won both the men's and women's races (the man at an amazing average speed of 8 km/h).

### 384 – Translation of a book in Portuguese, Jung-Ki-Park

Mr Park wrote a book on education of youngsters to our sport. This Portuguese version was distributed in Brazil and all Portuguese speaking countries.

### **385 – ‘Asides of Athletics’ book, Roberto Quercetani**

The IAF contributed to the publication of a book on ‘Intriguing Facts and Figures from Athletics History 1860-2016 Men and Women’ written by statistician Roberto Quercetani.

### **386 – Istvan Gyulai’s book**

Istvan Gyulai’s son wished to publish a book on his father called ‘A Life Serving the Queen of Sports’ and the IAF contributed to this project. 300 copies were given and distributed.

### **387 – Challenges in athletics, Helmut Digel**

Helmut Digel asked for financial help in order to publish a book entitled ‘Athletics – Challenges and Solutions’.

### **388 - Book on Women’s structure in the NACAC Area**

Evelyn Claudio Lopez requested the financial support from the IAF to help the publication of a bilingual book of a “Manual for the organisation of a Women Structure in the NACAC Area Member Federations.

### **390 - Austria: Programme for promising athletes**

The IAF Council agreed a 2 year-project (2015-2016) for Austria to help eleven promising athletes under 18 with a special programme by organising weekends training camps for the selected athletes and their personal coaches. “Our athletes in the IAF Project performed well during this season, some of them obtaining medals at the World Youth Championships and the European Youth Olympic Festival!”

### **391 – Congo – “Relaunching and energisation of the school athletics”**

The goal for this project was to develop athletics over the country as the Federation was not satisfied with the performances of their athletes during the African and World Competitions. The cause seemed to be the lack of fundamental training to the young athletes. This education programme for 72 teachers was managed by the federation, the police, the army and physical education teachers.

### **392 - Czech Athletics Federation – Road Running Races**

Czech Athletic Federation took the initiative to develop a programme that would bring 1300 road races held annually in the country under the wings of the national federation. The program included the education and certification of commissioners, a website on which are posted the annual calendar, rules definition, certification and rating of all races, uniform results format for all races, unique registration number and database entry for runners

### **394 - Greece – seminar for administrators**

Greece organised a seminar on good governance practices for 200 people who run athletics clubs throughout the country as well as a workshop on practices of good governance for 25 SEGAS staff members.

### **395 – Guinea – Creation of an “Athletics Centre of Excellence”**

Through this Centre, the Federation tried to give a possibility to the best young talents discovered in the various schools, to carry on learning and participating in the best educational projects. Several events were organised as well as an upgrade of the technicians. The organisers are very satisfied with all the acquired results and profits.

### **396 - Ireland – specific course for coaches and runners**

Ireland launched a nationwide road running / recreational/endurance course targeted at coaches and runners engaged in these activities which would increase the knowledge levels of the coaches while encouraging the recreational runners to engage with clubs

### **397 – Lithuania – Education of Technical Officials**

The Seminar was held in Vilnius in September; 39 persons took part. The aim was to review officiating in the outdoor competitions (jumps, throws sprint, middle & long distances), more than 50 held annually for various age groups.

### **399 - Nicaragua – Ethnical & Cultural programme for youth**

Nicaragua proposed to reach out to the so far neglected Caribbean coast of the country with a program which would contribute to creating an athletics culture amongst that area's youth, eliminate ethnic barriers between the Pacific and Atlantic communities and incorporate the potential of "Creoles" and "Garifunda" that reside in that area of the country into the development of their national athletics competitions.

### **400 - New Zealand – Online data base**

This project focused on the conversion of its online coach and official's development platform, which would be aligned with the databases used by the Federation with the ultimate goal to increase the number, retention rate and quality of coaches and officials. The report says: "The Coaching and Officiating Development Managers are very excited with the feedback they have received from the trial that has been undertaken and we are looking forward to increasing the number of coaches and officials that use the online education as an option for their learning."

### **407 - Lithuania – Education of young coaches**

This project focused on the organisation of gathering in 2016 and 2017 several groups of young coaches from different regions in order to share their knowledge with experienced coaches (theory and practice):

- Fastness, jumping abilities, elasticity, co-ordinations features development
- Nutrition features, health issues;
- Competition rules for beginners in athletics,
- Child protection

### **408 – Moldova – Coaches Education for young athletes**

"Having accomplished all these activities, we hope that this event will have a positive outcome for coaches' self-improvement, will allow them to implement new methods in the preparation of their athletes which will better their results, and is a contribution to the development of the Queen of Sports"

### **409 – Papua New Guinea – Athletics Development Programme – Recruitment of a coach (over three years)**

The 3 year project focusing on recruitment of a coach was successful and their foreign coach helped to develop the skill of their own coaches and technical officers.

### **410 – Mexico - Athletics Portal Coaching Programme 2016/2018 (over three years)**

The final report says that more than 1000 people followed this program and obtained a certificate issued by the Federation. This program is already implemented in Honduras, El Salvador, Guatemala and Peru and it is anticipated to extend it to Costa Rica, Colombia and Panama.

### **411- Great Britain & Northern Ireland - Athletics for Social Change 2016/2017 - Track Academy**

The IAF supported the Connie Henry "Track Academy" who intended to implement of a project called "Athletics for Social Change". The organisers expected to achieve several sessions, organisation of seminars, workshops, social educational activities, organised competitions for young athletes, coaching sessions, supplementary school classes. The project was completed end of 2017.

### **412 – Angola - Coaches education**

The Athletics Federation of Angola needed to educate the Coaches in the country. Two phases were set up in two provinces : in Lubango and in Cabinda. Half of the costs were supported by the Angolan Minister of Sports.

### **413 - TV Broadcast programme (Canada) (over three years)**

The IAF helped Athletics Canada to achieve the objectives of this project as follows:

- Provide all content, both live and archival, free to users

- Create additional value-add opportunities for sponsors and partners
- Improve production value at live stream events
- Increase number of events on production schedule
- Create original content

They closed the final report saying “it now serves as a very important communication channel within our arsenal to help increase the profile of athletics across Canada”.

#### **414 - IAAF - Hyperandrogenism Regulations**

The objective of this project was on “Effects of moderate oral testosterone supplementation on physical performance and behaviour in healthy women – a double-blind, randomized, placebo-controlled study is a clinical trial to be conducted at the Karolinska Hospital in Stockholm. The principal Investigator is Professor Angelica Linden Hirschberg with several specialists around her. This project received an Ethical Approval by the Ethical Committee of the Stockholm Region”.

#### **415 - USA/Henning - Campaign on risks of using supplement substances**

The final report was forwarded to the IAAF for consideration and implementation, as well as to Pr. Arne Ljungqvist.

#### **416 - Arne Ljungqvist Foundation - The Online Academy**

The final report has been received. The last step is to establish a link between the Arne Ljungqvist Foundation and the IAAF, in order to determine how the IAAF can use this education tool.

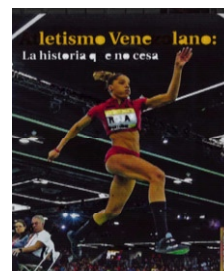
#### **417 - Estonia - Research on metabolic testing on Female Athlete Triad**

The project of the Tartu University was on

1. investigate the prevalence of Triad for female and RED-S components/risk factors in male adult elite level East African distance runners
2. provide individual feedback to the athlete about her/his presence of the Triad and RED-s components and information materials according to “The IOC statement: beyond the Female Athlete Triad - Relative Energy Deficiency in Sport (RED-S).
3. produce high level scientific publications in this RED-S providing insight to other investigators and sports organisations (e.g., IOC, IAAF) as to steps and necessary actions to aid in the care and development of African athletes.

#### **418 - Book on Venezuelan Athletics History**

“On behalf of the entire Venezuelan athletics family, I want to express our full appreciation for your help and management to achieve this historic first book containing the history of our discipline. I hope you liked the design data and photos, even when read in Spanish hope. The exploits since 1908 are reflected by this great work of our journalists Andrea Herrera and Candido Perez. Our eternal gratitude for your contribution to this historic book”.



#### **419 – Book on History of Latvian Athletics (over three years)**

The IAF helped financially the Latvian Athletics Association who published three books on its history:

- . in 2016: “19th century and early 20th century”
- . in 2017: “Latvia part of the USSR”
- . in 2018: “Latvian independence time (1991-2017)”

#### **423 - Monaco – ‘The Race’ (US\$20,288)**

The launching for Europe of this film dedicated to the life of Jesse Owens was organised on Friday 11 March 2016 in the Forum Grimaldi of Monaco. About 1000 guests (including Prince Albert, the IAF President Arne Ljungqvist, the IAAF Council and its President Sebastian Coe...) enjoyed these very emotional two hours!

IAAF Press release: HSH Prince Albert II, the Honorary President of the International Athletics





Foundation, and IAAF President Sebastian Coe attended the European premiere of Jesse Owens biopic *Race* alongside the film's producers Luc Dayan and Jean Charles Levy at the Salle des Princes in Monaco's Grimaldi Forum. Held after the conclusion of the IAAF Council Meeting earlier that day, the premiere was a joint venture between the film, the IAAF and the IAF.

*Race* tells the story of Jesse Owens. The legendary US athlete shot to fame in 1935 when he set four world records within the space of an hour at a college competition in Michigan, making him an overwhelming favourite for the 1936 Olympic Games in Berlin. Owens more than lived up to expectations in the German capital, winning gold in four events and setting world records in two of them. More importantly, though, he was the leading figure of what the Germans called 'America's black auxiliaries' and his dominance made a mockery of Hitler's theories of Aryan supremacy.

The film, which was released in US cinemas last month, stars Stephan James in the lead role alongside Jeremy Irons, William Hurt and Jason Sudeikis.

IAAF President Sebastian Coe commented: "The IAAF is extremely proud to be associated with the film *Race* and to have assisted with its promotion. Our support, which began two years ago, culminates here in Monaco with the film's European premiere. "Jesse Owens' life is the stuff of legend. Four world records within the space of an hour. First man to jump beyond eight metres in the long jump. Four golds at the 1936 Olympics. Given his success at those Games, he was credited with 'single-handedly crushing Hitler's myth of Aryan supremacy; when Owens died in 1980 at the age of 66, the world lost an inspirational figure. We are proud to gather here tonight to celebrate his remarkable legacy".

#### **424 - Austria - Kira Grünberg (US\$10,000)**

This Austrian pole vaulter, 21 year old (finalist of the Zurich 2014 European Championships) had a terrible accident during a training and it is now established that she will not be able to recover. She will be, for the rest of her life, in a wheelchair. The request of her federation was to allocate a grant in order to help her to cover the costs of her treatment and to modify the layout of her house.

#### **425 - IAAF Athletes Awards Ceremony 2016**

#### **439 - IAAF Athletes Awards Ceremony 2017**

#### **455 - IAAF Athletes Awards Ceremony 2018**

The celebration of the best athletes of the year has been organised by the IAAF with a new name. IAF provided a financial contribution towards the costs of these three evenings.

#### **426 – Bosnia – Track in Sarajevo**

This project was mainly funded by HSH Prince Nawaf who attended the inauguration. President Coe and European Athletics President Svein Arne Hansen paid a visit one month later. These facilities have obtained an IAAF Certificate Class 2.

#### **427 - Brazil – Book on the South American Olympic Medallists in Athletics**

This book shows the success of the South American athletes, through their medals in the Olympic Games.



#### **428 – New Zealand - Rebuilding of the Christchurch stadium after earthquake**

#### **429 - Croatia - Track construction in Vukovar**

"I am very pleased to inform you that the track in Vukovar has been fully completed





inclusive the line marking despite the “difficult” weather condition and many raining days that delay the works. We are now processing the track certification”.

#### **430 – Track in Sao Tome and Principe**

IAAF, IAF and IOC granted funding.

#### **432 - Oceania Athletics Association – Purchase of photofinish equipment**

#### **433 - Purchase of technical equipment in Suva, Fiji**

The material was delivered on time and used during the 2017 Oceania Championships.



#### **435 – IAAF/Geoff Gardner - International Executive Training Courses in Sport Management - Educational Programme**

This project was a personal one from Geoff Gardner (OAA President). This Masters’ Program run over one year and focused on” the Governance Review of the IAAF”. The final report says: ”My Masters’ Degree is now completed. The attachments are my Thesis, a copy of my graduation certificate and a photography taken at the final presentation in Lausanne with Thomas Bach, the IOC President.”



#### **436 - UK Brian Hanley - Scientific & Educational programme for Race Walk Judges**

This project conducted by Leeds University was to provide educational support to the IAAF for race walk judges, including measure and analyse judging decisions in race walking. The office received a report end of October saying:” The project has been conducted in line with the planned schedule. Three data collection periods took place in the biomechanics laboratory at Leeds Beckett University. Twenty-six athletes from 12 nations took part across all abilities (from juniors to top-10 World Championship competitors). The videos have been uploaded to the online survey software (20 for the actual test and 6 for practice / adjustment of settings)”. The IAAF Walking Committee was involved

#### **440 – Bulgaria - Technical officials Seminar in the Balkan**

Balkan Association organises every year several Balkan Championships and they needed to develop an education system for their NTO. IAF, IAAF and EAA shared the costs of this project.

#### **441 - Cuba – Havana track renovation**

The warmup track of the main Havana Stadium is in fact the place of the training for the Cuban athletes. The old surface was really in a bad shape and had been renovated

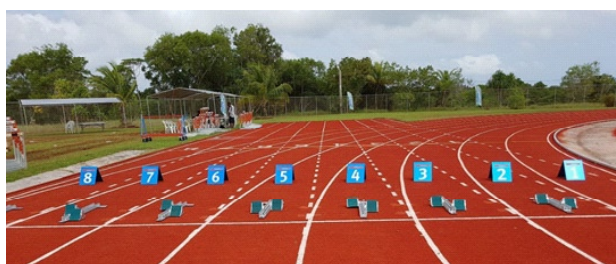
#### **443 - Caribbean Solidarity Funds**

The Solidarity Fund was created by the IAAF, with supporting contributions of the IAAF, the IAF and Seiko, to assist its Member Federations affected by hurricanes Harvey, Irma, Maria and José in 2017. The core aims of the fund are to help

- . ensure athletes can continue to train/ compete;
- . ensure the Federations can continue to communicate and operate;
- . Federations with the repair of athletics infrastructure and equipment.

#### **446 - Micronesia (FSM) - Technical equipment**

OAA’ report says: “The Equipment is ready for the Micronesian Games”



#### **447 - El Salvador – purchase of photo finish equipment**

#### **448 - IAAF Heritage project (2018)**

#### **463 - IAAF Heritage project (2019)**

Using athletics' past to promote its present and inspire the future. Athletics Museum (Monaco and online), Travelling Exhibitions, Historic Archive (Collection) and Walk of Fame (Monaco).

Following the huge success of the ongoing exhibition in Ostrava, we have plans underway for a six-months historic exhibition in Doha next year ahead of the World Championships

This IAF grant support was used to fund the exhibition "IAAF Heritage World Athletics Championships 1983-2019" which is taking place in Doha.



#### **449 - Athletics Integrity Unit (AIU) – Laboratory in Kenya for blood analysis**

Athletics Integrity Unit (AIU) was setting up a WADA-approved laboratory for blood analysis for East-Africa according to the following schedule. An Interim progress report said: "these funds are intended to cover a part of expenses relative to the implantation of a laboratory in Kenya approved by the AMA for the analysis of blood samples within the framework of the Program of Biological Passport.

The AIU called on to a team stemming from the Anti-Doping Research Centre in Sciences (REDs) within the University of Lausanne of which Prof. Martial Saugy has already participated in similar projects in other countries. Anti-Doping Laboratories accredited by Lausanne and Montreal also assisted the ADL in the phase of staff training. The first analyses have begun. A second phase of follow-up of quality and maintenances is for the study to insure the sustainability of the project".

#### **450 - Balkan – Seminar for administration and event organisation**

IAF agreed to support partly the 6-day Workshop organised in Sofia: one aspect was the improvement of the IT knowledge for the staff of the federations and the second concentrated on how to organise an athletics event. The costs were shared between ABAF, ABAF sponsors, IAF, IAAF and EAA

#### **451 - Uruguay - Commemorative Book on its history**

"A pleasure to say hello! and more with good news! After a great job we are finishing the phases for the printing of the Centennial Book of the Athletic Confederation of Uruguay. It is the first time in 100 years that a data collection is done, and a story is written. Undoubtedly, this work will be part of the cultural, sports and patrimonial heritage of the CAU. And all this, thanks in large part to the IAF, to whom we are very grateful"

#### **452 - Book – Great Figures in Ibero-American Athletics**

The book has been printed and promoted at the Ibero American Championships in Peru in August 2018.

#### **453 - Book – 2018 African Athletics**

For the 40th time, Yves Pinaud published this annual statistics book which is the yearly memory of our sport in Africa.

#### **454 - Greg Foster – Fund request for incurable cardiac disease**

Greg Foster is affected by a severe and expensive disease. The IAF agreed to contribute at 1/3 level of these costs.

"It is with great honor and respect that I write this email to say thank you for your kind donation to my health fund. I am honored that you and the council felt the need to respond to my son's email. I have always loved and respected the sport of Athletics for what it and the people of the sport have done for me and my family but your kind gesture has given me even more respect for our sport and the people of it. (If that's at all possible). Although I still have a long way to go to reach my medical fund goal this IAF contribution will makes my life a lot easier until we can reach our full goal. I don't know where this rare incurable disease called Amyloidosis will take me. I am very optimistic

and praying that I make a full recovery very soon. My hope is to become an ambassador of the sport or a world youth coach and travel the globe to give back to the sport that has done so much for me. If ever a position comes available please keep me in mind. The words Thank You are never enough but they are so powerful. Thank You My Friends on the IAF Council. I will never forget you nor your wonderful act of kindness.”

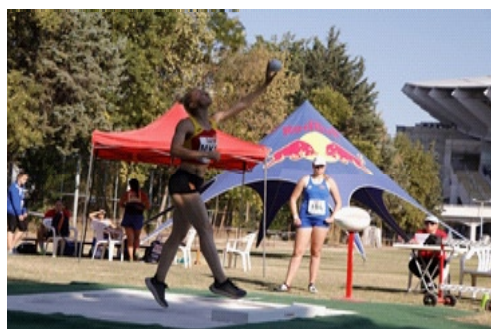
#### **456 - Honduras – Purchase of technical equipment**

The Federation received the equipment and wrote: “It is one of the most modern electrical time outlets of the area thanks to the International Athletics Foundation which paid for it”.



#### **457 - North Macedonia – Purchase of technical equipment**

This project was a key element in this federation’s plan to stage the European Team Championships. The material (steeplechase barriers, wind gauges, throw circles...) arrived on time for the competition.



#### **459 - Venezuela – IAAF Level I Training Courses Plan**

“The IAAF Course Plan Level I has been successfully completed. The IAAF two interveners and the local coordinator confirmed the good results to the exams and we are proud to announce that we now have 24 new coaches IAAF and 12 new students able to successfully complete the IAAF Course Level II. Thank you to the International Athletics Foundation who helped us to continue to work to strengthen our athletics from the ground up.”

#### **460 - Jarvis Hayes Ffoundation – Grassroots Programme**

“Our final report illustrates the number of kids we facilitated as well as the activities each child participated in. This season was a great success!”

#### **461 - Sweden – mentorship programme**

The purpose of this project was “to organise an ongoing mentorship programme through private meetings between the mentor and the athlete at least 3 times per year. The idea is that the athlete could achieve guidance in all aspects of becoming a top class athlete and also getting help in the post athletic carrier.” The final report says: “The funding grant from the IAF was of course a necessity for running the project and is very much appreciated by the Mentor Group, the Swedish Federation as well as the athletes and coaches”.

#### **464 - Brazil/Consudatle – Museum in Manaus**

On 25 February 2019, the International Sports Museum was inaugurated in Manaus, the headquarters of the South American Athletics Organisation. The Museum is located inside the “Arena da Amazônia”.

#### **474 - Costa Rica – Purchase of a high jump pit**

