



IOC WORLD CONFERENCE PREVENTION OF INJURY & ILLNESS IN SPORT



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MONACO 16-18 MARCH 2017 Preliminary Programme Overview

IN COLLABORATION WITH



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Programme at a Glance

Wednesday 15 March

16.00 Registrations

18.30 WELCOME RECEPTION

Thursday 16 March

08.00 Registrations

09.00-09.30 **OPENING CEREMONY**
Room Prince Pierre

09.30-10.30 **KEYNOTE 1**

Room Prince Pierre

25 years after: The sequence of prevention revisited

Speaker: Willem van Mechelen (Netherlands)

10.30-11.00 *Coffee Break*

11.00-12.30

SESSION A - Room Prince Pierre

Symposium 1

Hamstring injury prevention that works! - From basic mechanisms to international implementation

Chairs: Roald Bahr (Norway), Kristian Thorborg (Denmark)

Speakers: David Opar (Australia), Nicol van Dyk (South Africa), Anthony Shield (Australia), Gustaaf Reurink (Netherlands)

11.00-12.30

SESSION B - Room Camille Blanc

Symposium 2

How to prevent secondary meniscal injuries after ACL injury in our youngest athletes; the skeletally immature?

Chair: Lars Engebretsen (Norway)

Speakers: Guri Ekås (Norway), Romain Seil (Luxembourg), Håvard Moksnes (Norway), Hege Grindem (Norway), Kristian Samuelson (Sweden)

12.30-14.00 *Lunch*

14.00-15.00

SESSION A - Room Prince Pierre

Head-to-head debate 1:

Assessing where we are at after 20 years of research in sports injury prevention

Chair : Karim Khan (Canada)

Speakers: Erik Witvrouw (Belgium), Evert Verhagen (Netherlands)

14.00-15.00

SESSION B - Room Camille Blanc

Symposium 3

Equipment designed to reduce risk of injuries in elite alpine skiing

Chair: Erich Müller (Austria)

Speakers: Sophie Steenstrup (Norway), Matthias Gilgien (Norway/Switzerland), Josef Kröll (Austria), Jörg Spörri (Austria)

15.00-16.00

SESSION A - Room Prince Pierre

Symposium 4

Sports-specific ACL injury mechanisms and its implication for prevention

Chairs: Takeshi Muneta (Japan), Roald Bahr (Norway)

Speakers: Markus Waldén (Sweden), Hideyuki Koga (Japan), Tone Bere (Norway/Qatar), Eiichi Tsuda (Japan)

15.00-16.00

SESSION B - Room Camille Blanc

Symposium 5

Citius, Altius, Fortius - Ensuring sports safety messages have maximal impact

Chair: Caroline Finch (Australia)

Speakers: Ross Tucker (South Africa), Evert Verhagen (Netherlands), Jiri Dvorak (Switzerland)

16.00-16.30 *Coffee Break*

16.30-17.30

SESSION A - Room Prince Pierre

Symposium 6

The brain's role in ACL injury prevention

Chair: Eva Ageberg (Sweden)

Speakers: Charles Buz Swanik (USA), Anne Benjaminse (Netherlands), Jochen Baumeister (Germany)

16.30-17.30

SESSION B - Room Camille Blanc

Symposium 7

Team Handball - Time to reduce the injuries!

Chair: Grethe Myklebust (Norway)

Speakers: Martin Asker (Sweden), Stig H. Andersson (Norway), Merete Möller (Denmark)

16.30-17.30

SESSION C - Salle Auric

Symposium 8

Protecting the health and performance of the traveling athlete

Chair: Sebastien Racinais (Qatar)

Speakers: Peter Fowler (Qatar), Martin Schwellnus (South Africa), Wayne Derman (South Africa)

17.30-18.30

SESSION A - Room Prince Pierre

Symposium 9

Tendon pain: How to direct prevention strategies by understanding the local and central contributions

Chair: Jill Cook (Australia)

Speakers: Sean Docking (Australia), Michel Coppieters (Netherlands), Jeremy Lewis (United Kingdom), Ebonie Rio (Australia)

17.30-18.30

SESSION B - Room Camille Blanc

Symposium 10

Postcard from the Third World - Prevention of illness and injury in athletes from developing countries

Chair: Robin Mitchell (Fiji)

Speakers: Jegathesan Manikavasagam Tan Sri (Malaysia), Chris Milne (New Zealand), Martin Schwellnus (South Africa)

17.30-18.30

SESSION C - Salle Auric

Symposium 11

Tweeting, liking, following, sharing: enhancing the protection of athletes' health now and in the future

Chair: Evert Verhagen (Netherlands)

Speakers: Claire Bower (United Kingdom), Karim Khan (Canada), Osman Ahmed (United Kingdom)



Programme at a Glance

Friday 17 March

08.30-09.15 KEYNOTE 2

Room Prince Pierre

Why screening to predict injury does not work - and probably never will...

Speaker: Roald Bahr (Norway/Qatar)

09.30-11.00

SESSION A - Room Prince Pierre

Symposium 12

Prevention of tendinopathy; how to play the game?

Chair: Johannes Zwerver (Netherlands)

Speakers: Katja Heinemeier (Denmark), Sean Docking (Australia), Hazel Screen (United Kingdom), Ebonie Rio (Australia), Jill Cook (Australia)

09.30-11.00

SESSION B - Room Camille Blanc

Symposium 13

Injury prevention in youth sport: Time to "Get on with it!"

Chair: Carolyn Emery (Canada)

Speakers: Carly McKay (United Kingdom), Grethe Myklebust (Norway), Brent Hagel (Canada), Evert Verhagen (Netherlands)

09.30-11.00

SESSION C - Salle Auric

Symposium 14

Go big or Go home: Is injury prevention among competitive and recreational snowboarders and freestyle skiers possible?

Chairs: Erich Müller (Austria), Torbjørn Soligard (Norway/Switzerland)

Speakers: Sophie Steenstrup (Norway), Matthias Gilgien (Norway/Switzerland), Irving Scher (USA), James McNeil (USA)

11.00-11.30 Coffee Break

11.30-13.00

SESSION A - Room Prince Pierre

Symposium 15

ACL injury prevention works - but not in the real world?

Chair: Tron Krosshaug (Norway)

Speakers: Kati Pasanen (Finland), Kathrin Steffen (Norway), Kam-Ming Mok (Hong Kong), Jesper Bencke (Denmark), Mette Kreutzfeldt Zebis (Denmark)

11.30-13.00

SESSION B - Room Camille Blanc

Symposium 16

The end of collision and contact sports as we know it? The prevention of concussion in sport

Chair: Cindy Chang (USA)

Speakers: Kimberly G. Harmon (USA), Margot Putukian (USA), Jon Patricios (South Africa), Laurence Gant (United Kingdom), Jiri Dvorak (Switzerland)

13.00-14.30 Lunch

14.30-15.15 KEYNOTE 3

Room Prince Pierre

Protecting the health of the athlete - The IOC Injury & Illness Prevention Programme

Speaker: To be announced

15.30-16.30 THEMATIC POSTER SESSION

16.30-17.00 Coffee Break

17.00-18.00

SESSION A - Room Prince Pierre

Symposium 17

Preventing groin injuries in football - beyond the "time-loss" approach

Chairs: Per Hölmich (Denmark), Thor Einar Andersen (Norway)

Speakers: Kristian Thorborg (Denmark), Joar Harøy (Norway)

17.00-18.00

SESSION B - Room Camille Blanc

Symposium 18

Preventing psychological injury

Chair: Margo Mountjoy (Canada)

Speakers: Tricia Leahy (Hong Kong), Kari Fasting (Norway), Kathy Martin (Australia/United Kingdom)

17.00-18.00

SESSION C - Room Auric

Symposium 19

Optimizing your Injury Surveillance system: Strategies to maximize prevention

Chair: Ian Shrier (Canada)

Speakers: Evert Verhagen (Netherlands), Caroline Finch (Australia)

18.00-19.00

SESSION A - Room Prince Pierre

Head-to-head debate 2:

Enough is enough - or is it? Can we stop conducting RCTs and accept we have enough evidence to fully inform sports injury prevention?

Chair: Ian Shrier (Canada)

Speakers: Carolyn Emery (Canada), Caroline Finch (Australia)

18.00-19.00

SESSION B - Room Camille Blanc

Symposium 20

Leadership: A vital ingredient in the recipe for implementing health protection and injury prevention interventions in sport

Chairs: Alex Donaldson (Australia), Mario Bizzini (Switzerland)

Speakers: Margo Mountjoy (Canada), Wayne Viljoen (South Africa)

18.00-19.00

SESSION C - Salle Auric

Symposium 21

Bodies of gods, teeth of yobs - preventing poor oral health in sport

Chair: Ian Needleman (United Kingdom)

Speakers: Adrian Lussi (Switzerland), Paul Ashley (United Kingdom), Julie Gallagher (United Kingdom)

20.00 SPORTS CELEBRATION NIGHT



Programme at a Glance

Saturday 18 March

08.30-09.15 **KEYNOTE 4**

Room Prince Pierre

Monitoring training load in team sports: Should athletes be training smarter and harder? The training-injury prevention paradox

Speaker: Tim Gabbett (Australia)

09.30-11.00

SESSION A - Room Prince Pierre

Symposium 22

How to prevent the painful shoulder among the overhead athletes

Chair: Grethe Myklebust (Norway)

Speakers: Ann Cools (Belgium), Martin Asker (Sweden), Stig H. Andersson (Norway), Kevin E. Wilk (USA), Rod Whiteley (Qatar)

09.30-11.00

SESSION B - Room Camille Blanc

Symposium 23

Screening to prevent sudden cardiac death: Evidence, knowledge gaps, and new directions

Chair: Jonathan Drezner (USA)

Speakers: Stephen Targett (Qatar), Kimberly G. Harmon (USA), Irfan Asif (USA), Sanjay Sharma (United Kingdom)

09.30-11.00

SESSION C - Salle Auric

Symposium 24

Overload in the elite youth athlete: Challenges and solutions

Chairs: Roald Bahr (Norway), Michael F. Bergeron (USA)

Speakers: Christine Holm Moseid (Norway), Amanda Johnson (Qatar/United Kingdom), Neeru A. Jayanthi (USA), Babette Pluim (Netherlands), Håvard Visnes (Norway)

11.00-11.30 *Coffee Break*

11.30-13.00

SESSION A - Room Prince Pierre

Symposium 25

From the research lab to the sporting pitch - efficacy to effectiveness of preventive interventions in team sports

Chairs: Martin Hägglund (Sweden), Caroline Finch (Australia)

Speakers: Alex Donaldson (Australia), Grethe Myklebust (Norway), Mario Bizzini (Switzerland), Hanna Lindblom (Sweden)

11.30-13.00

SESSION B - Room Camille Blanc

Symposium 26

Preventing illness and injury in athletes - Is the periodic health examination (PHE) a valuable tool?

Chairs: Stephen Targett (Qatar), Håvard Moksnes (Norway)

Speakers: Andrea Mosler (Qatar), Arnhild Bakken (Qatar), Ben Clarsen (Norway), Christopher Skazalski (Qatar)

11.30-13.00

SESSION C - Salle Auric

Symposium 27

Concussion prevention in child and adolescent sport: Are our children's brains different?

Chair: Carolyn Emery (Canada)

Speakers: Michael Makdissi (Australia), Kevin Guskiewicz (USA), Andrew McIntosh (Australia), Kathryn Schneider (Canada)

13.00-14.30 *Lunch*

14.30-15.30

SESSION A - Room Prince Pierre

Symposium 28

Preventing football injuries: Innovative approaches for getting the most from prospective injury data

Chair: Caroline Finch (Australia)

Speakers: Martin Hägglund (Sweden), Tim Gabbett (Australia), Simon Kemp (United Kingdom)

14.30-15.30

SESSION B - Room Camille Blanc

Symposium 29

As the Vicar said to the Actress - "Anyone for tennis?" The impact of intense training on the adolescent, overhead athlete

Chair: Michael Turner (United Kingdom)

Speakers: W. Ben Kibler (USA), Babette Pluim (Netherlands), Todd Ellenbecker (USA)

14.30-15.30

SESSION C - Room Auric

Symposium 30

Preventing exertional heat illness in youth, Paralympic and elite Olympic athletes

Chair: Julien Périard (Qatar)

Speakers: Ollie Jay (Australia), Michael F. Bergeron (USA), Nick Webb (United Kingdom)

15.30-16.30

SESSION A - Room Prince Pierre

Symposium 31

Evidence-based injury prevention in paralympic sport

Chair: Wayne Derman (South Africa)

Speakers: Nick Webb (United Kingdom), Cheri Blauwet (USA), Peter Van de Vliet (Germany)

15.30-16.30

SESSION B - Room Camille Blanc

Symposium 32

Proactive versus reactive: Monitoring athletes' health to optimise sport performance through prevention

Chair: Evert Verhagen (Netherlands)

Speakers: Margo Mountjoy (Canada), Martin Schwelunus (South Africa), Ben Clarsen (Norway)

15.30-16.30

SESSION C - Salle Auric

Symposium 33

Implementing a national Injury Prevention Programme

Chair: Mark Fulcher (New Zealand)

Speakers: Jiri Dvorak (Switzerland), Cam Mitchell (New Zealand), Isaac Carlson (New Zealand)

16.30-17.00 *Coffee Break*

17.00-17.45 **KEYNOTE 5**

Room Prince Pierre

Preventing sudden cardiac death: The Good, the Bad, and the Ugly

Speaker: Jonathan Drezner (USA)

17.45-18.15 **CLOSING CEREMONY**

Room Prince Pierre

20.00 **FACULTY EVENT (by invitation)**



33 symposia

5 keynote lectures

2 head-to-head debates

122 speakers

19 scientific committee members

24 countries

Eva Ageberg	Kevin Guskiewicz	David Opar
Osman Ahmed	Brent Hagel	Kati Pasanen
Thor Einar Andersen	Martin Häggglund	Jon Patricios
Stig H. Andersson	Kimberly G. Harmon	Julien Périard
Paul Ashley	Joar Harøy	Babette Pluim
Irfan Asif	Katja Heinemeier	Margot Putukian
Martin Asker	Per Hölmich	Sebastien Racinais
Roald Bahr	Ollie Jay	Gustaaf Reurink
Arnhold Bakken	Neeru A. Jayanthi	Ebonie Rio
Jochen Baumeister	Lewis Jeremy	Kristian Samuelson
Jesper Bencke	Amanda Johnson	Irving Scher
Anne Benjaminse	Simon Kemp	Kathryn Schneider
Tone Bere	Karim Khan	Martin Schweltnus
Michael F. Bergeron	Ben Kibler	Hazel Screen
Mario Bizzini	Hideyuki Koga	Romain Seil
Cheri Blauwet	Mette Kreuzfeldt Zebis	Sanjay Sharma
Claire Bower	Josef Kröll	Anthony Shield
Isaac Carlson	Tron Krosshaug	Ian Shrier
Cindy Chang	Tricia Leahy	Christopher Skazalski
Ben Clarsen	Hanna Lindblom	Torbjørn Soligard
Jill Cook	Adrian Lussi	Jörg Spörri
Ann Cools	Michael Makdissi	Sophie Steenstrup
Michel Coppieters	Jegathesan	Kathrin Steffen
Wayne Derman	Manikavasagam Tan Sri	Charles Buz Swanic
Sean Docking	Kathy Martin	Stephen Targett
Alex Donaldson	Andrew McIntosh	Kristian Thorborg
Jonathan Drezner	Carly McKay	Eiichi Tsuda
Jiri Dvorak	James McNeil	Ross Tucker
Guri Ekås	Chris Milne	Michael Turner
Todd Ellenbecker	Robin Mitchell	Peter Van de Vliet
Carolyn Emery	Cam Mitchell	Nicol van Dyk
Lars Engebretsen	Kam-Ming Mok	Willem van Mechelen
Kari Fasting	Håvard Moksnes	Evert Verhagen
Caroline Finch	Merete Möller	Wayne Viljoen
Peter Fowler	Christine Holm Moseid	Haavard Visnes
Mark Fulcher	Andrea Mosler	Markus Waldén
Tim Gabbett	Margo Mountjoy	Nick Webborn
Julie Gallagher	Erich Müller	Rod Whiteley
Laurence Gant	Takeshi Muneta	Kevin E. Wilk
Matthias Gilgien	Grethe Myklebust	Erik Witvrouw
Hege Grindem	Ian Needleman	Johannes Zwerver



Opening of the 2nd Call for Workshop
& Call for Abstract

Conference Venue

Grimaldi Forum

22, Avenue Princesse Grace - 98000 - Monaco

Registrations, hotel bookings available on the website:

www.ioc-preventionconference.org





Organising Committee

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