



IAAF Continental Cup **OSTRAVA 2018**

08–09 September

City Stadium

www.ostrava2018.org



EVENT BULLETIN

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IAAF President's Message



“It is with great pleasure that I write this greeting for the bulletin of the IAAF Continental Cup Ostrava 2018.

The Czech Republic has a rich history of track and field athletics which dates back to the days when Emil Zatopek dominated distance running. The ‘Czech Locomotive’ won his country’s first ever Olympic gold medals in athletics and is quite rightly considered one of the greatest athletes of all time.

Many other Czech athletes have since gone on to achieve great things, including the likes of Jan Zelezny, Roman Sebrle and Barbora Spotakova. But it’s not just the athletes who have put the Czech Republic on the world map.

From global events such as the 2007 World U18 Championships to one-day competitions such as the Golden Spike IAAF World Challenge meeting, the Czech Republic – and Ostrava in particular – has developed a strong reputation for successfully hosting major athletics competitions.

Formerly known as the IAAF World Cup, the IAAF Continental Cup is the only athletics competition in which athletes represent entire continents. The event has evolved over the years and the 2018 edition will bring with it some exciting changes to the competition format. And with no senior outdoor global championships taking place this year, the IAAF Continental Cup Ostrava 2018 will be one of the highlights of the athletics calendar.

The combination of a strong athletics tradition, significant hosting experience and all-star line-ups on all four of the teams will ensure that the IAAF Continental Cup Ostrava 2018 will be one of the best editions yet.

Sebastian Coe, IAAF President

Local Organising Committee Welcome

Holding the IAAF Continental Cup in Ostrava will take the Czech Republic's record of hosting international events to a new level.



“We in the LOC believe we are preparing an event that will draw people in, an event that will offer the best of team competitions in our otherwise individual sport.”

In recent years, our country has welcomed the 2007 IAAF World U18 Championships and 2011 European U23 Championships, both held in Ostrava, the 1997 IAAF World Race Walking Cup and 2017 European Race Walking Cup, both held in Poděbrady, and, three years ago in Prague, the European Athletics Indoor Championships.

The IAAF Continental Cup, however, is the largest and most important athletic event yet offered to a Czech audience. Which is a great honour, as well as a considerable responsibility.

With that in mind, we are preparing an unforgettable athletic festival. The key to every successful sporting event is a filled stadium with fans cheering from the stands. A major part of the tickets for this event were sold out by the end of May and I am sure the rest will disappear in the next weeks.

To support the team spirit and dedication that will be shown by the continents taking part, both in the field and in the stands, we – in cooperation with IAAF – have developed specific rules for a more thrilling match. Uniquely, there will be team captains who will put jokers on their “horses” a concept that may decide the final result.

To increase the atmosphere even more we are working hard to promote the event, especially among young people. The year-long “Ostrava supports continents” project involves students, pupils and children in athletic clubs in various activities (not only sporting ones) prior to the Cup competition. This work will serve to connect them with particular continents, which they will then be able to support at the event.

We in the LOC believe we are preparing an event that will draw people in, an event that will offer the best of team competitions in our otherwise individual sport. I personally hope the IAAF Continental Cup in Ostrava will stay in the hearts and memories of all athletic fans.

Libor Varhaník, LOC & Czech Athletic Federation President

Regional Government Welcome

Our region has become hooked on sport and high-quality sporting events.



“The IAAF Continental Cup is a prestigious event showcasing the Moravian and Silesian Region as an active and dynamic area with boundless opportunities.

Active relaxation is incredibly powerful. Anyone who has ever worked hard and felt the endorphins coursing through their veins afterwards knows what I am talking about. Healthy movement is extremely important, not only for individuals but also for the whole of society. This is why the Moravian and Silesian Region support top sportspersons, children and youth and handicapped sportspersons.

Supporting major sporting events is also important because they are a source of entertainment and can be highly motivating. After every important championship, you can see for yourself more people in sportsgrounds, parks, swimming pools and fitness centres because they simply feel like moving.

The IAAF Continental Cup is a prestigious event showcasing the Moravian and Silesian Region as an active and dynamic area with boundless opportunities. We are also looking forward to welcoming all the guests visiting our region for this latest sporting contest. They will experience the beauty of our region and perhaps return to us not only for sport, but to savour the magnificent mountains, delicious cuisine and unique atmosphere.

Ivo Vondrák, Governor of the Moravian and Silesian Region

City Hall Welcome

On 8–9 September 2018 Ostrava is hosting the world's top athletes, who will display their breath-taking skills at the IAAF Continental Cup.



“I am confident that this project – and of course the IAAF Continental Cup itself – will help encourage young people to become actively involved in athletics and other sports.

We are honoured to be the first Eastern European city chosen to host this prestigious global event – the third biggest athletics competition in the world after the Olympic Games and the IAAF World Championships. The occasion is even more special because this year we are celebrating 100 years since Czechoslovakia's independence.

The choice of Ostrava as the venue for the IAAF Continental Cup 2018 is a reward for our many years of experience as a host city for top international sporting events such as the Golden Spike athletics meeting, the Ice Hockey World Championship, the European Figure Skating Championships, and many more. Ostrava is truly passionate about sport. The city's sports fans are renowned for being both knowledgeable and enthusiastic, and we are also home to a wide range of amateur sports clubs for all age groups – clubs that have produced generations of talented athletes.

I am looking forward to a wonderful atmosphere at Ostrava's City Stadium. I am also particularly pleased that children from local schools have become involved in this great festival of sport through the year-long project "Ostrava Supports Continents", whose Ambassadors include some of the greatest names in world athletics. I am confident that this project – and of course the IAAF Continental Cup itself – will help encourage young people to become actively involved in athletics and other sports. Who knows – perhaps in a few years' time, some of these young people will be performing here at our City Stadium, competing against the world's top athletes...

Tomáš Macura, Mayor of Ostrava

IAAF Council

PRESIDENT	Sebastian COE (GBR)
SENIOR VICE-PRESIDENT	Sergey BUBKA (UKR)
VICE-PRESIDENTS	Dahlan AL HAMAD (QAT)
	Hamad KALKABA MALBOUM (CMR)
	Alberto JUANTORENA DANGER (CUB)
TREASURER	José María ODRIÓZOLA (ESP)
INDIVIDUAL MEMBERS	Roberto GESTA DE MELO (BRA) – South America*
	Nawal EL MOUTAWAKEL (MAR)
	Abby HOFFMAN (CAN)
	Anna RICCARDI (ITA)
	Pauline DAVIS-THOMPSON (BAH)
	Geoff GARDNER (NFI) – Oceania*
	Sylvia BARLAG (NED)
	Ahmad AL KAMALI (UAE)
	Frank FREDERICKS (NAM)**
	Bernard AMSALEM (FRA)
	Zhaocai DU (CHN)
	Victor LOPEZ (PUR) – NACAC*
	Stephanie HIGHTOWER (USA)
	Hiroshi YOKOKAWA (JPN)
	Antti PIHLAKOSKI (FIN)
	Mikhail BUTOV (RUS)
	Adille SUMARIWALLA (IND)
	Nawaf AL SAUD (KSA)
	Svein Arne HANSEN (NOR) – Europe*
	Karim IBRAHIM (MAS) – Asia*
	Vivian GUNGARAM (MRI) – Africa*

*Area Group Representative

**Provisionally suspended

Local Organising Committee

LOC President	Mr. Libor Varhaník Czech Athletic Federation, President
LOC Vice Presidents	Mr. Tomáš Macura City of Ostrava, Lord Mayor
	Mr. Oldřich Zvolánek Czech Athletic Federation, 1st Vice President
LOC Executive Committee Members	Mr. Stanislav Folwarczny Moravian-Silesian Region, Deputy Governor
	Mr. Michal Mariánek City of Ostrava, Vice Mayor
	Mr. Vladimír Cigánek City of Ostrava, Vice Mayor
	Mr. Tomáš Janků Czech Athletic Federation, Director
	Mr. František Fojt Czech Athletic Federation, Event Department
	Mr. David Bor Czech Athletic Federation, Committee Member
	Mr. Jiří Topinka Czech Athletic Federation, Committee Member
	Mr. Alfonz Juck Athletic Manager
	Mr. Paul Hardy IAAF, Competition and Events Director
	Mr. Valter Boček Organising Committee, Executive Director

Operative Organising Committee

Executive Director	Mr. Valter Boček
General Coordinator	Ms. Marta Feiková
Administration & Finance	Mr. Tomáš Taubr
Communication	Ms. Karolína Farská
Media Operations	Ms. Martina Kučerová
Promotion	Ms. Šárka Mokrá
Logistics & Team Services	Ms. Zuzana Nováková
VIP Services & Integrated Rescue System	Ms. Irena Šašková
Sport & Competition	Mr. David Bor
Head of Ambassadors' Program	Mr. Alfonz Juck
Ticketing	Ms. Michaela Kafková Lásková
Venues & Facilities	Mr. Oldřich Zvolánek
Visa Manager	Ms. Taťána Boháčová
Moravian-Silesian Region Liaison	Ms. Petra Solanská
Statutory City of Ostrava Liaison	Ms. Markéta Nogolová

Kontinentální pohár IAAF 2018 s. r. o.

Diskařská 2431/4, 169 00 Praha 6, Czech Republic | E-mail: info@ostrava2018.org

Czech Athletic Federation | Diskařská 2431/4, 169 00 Praha 6, Czech Republic

Phone: +420 233 014 400 | Fax: +420 233 014 450 | E-mail: atletika@atletika.cz

Competition Delegates

Technical Delegate	Klaus HARTZ (GER)
Medical and Anti-Doping Delegate	Paolo Emilio ADAMI (ITA)
Press	Anna LEGNANI (ITA)
TV Delegate	Mark FULTON (GBR)
Announcer English	Paul SWANGARD (USA)
Photo Finish Judge	Krisztina HORVATH (HUN)
International Starter	Ubiratan MARTINS (BRA)
Jury of Appeal	Stephanie HIGHTOWER (USA)
	Helen ROBERTS (AUS)
	Jorge SALCEDO (POR)
International Technical Officials	Niels VAN DER AAR (NED) – Chief
	Chris COHEN (GBR)
	Amit NE'EMAN (ISR)
	Vadim NIGMATOV (TJK)
	Daniel MICHAUD (CAN)
	Brian ROE (AUS)

Fact Sheet

Name of the competition venue:	Městský stadion, Ostrava – Vítkovice
Date:	8–9 September 2018
Deadline for athlete entries:	29 August 2018
Participants:	Approximately 400
Stadium capacity:	15 000 seats
Currency:	CZK / Czech crown
Electricity:	230 V 50 Hz Power sockets type E
Website:	www.ostrava2018.org
Social Facebook • Twitter • Instagram:	@iaafostrava2018 _ #iaafostrava2018
Weather:	20–21 degrees Celsius (average temperature)
Altitude:	236 m (above sea level)

#iaafostrava2018

About Ostrava

Ostrava is the third largest city in the Czech Republic with approximately 290,000 inhabitants, located only a few kilometres from the borders with Poland and Slovakia. Ostrava is 280 km east of the Czech capital city of Prague, 230 km northeast of the Austrian metropolis of Vienna and 330 km southeast of the Polish capital, Warsaw. The rivers Odra, Ostravice, Opava, and Lučina flow through the city.

Ostrava is a university city with a vibrant cultural life. It is also central to a region with a rich tradition of coal-mining and steel-making. Four theatres are based permanently in Ostrava, including the highly successful National Moravian-Silesian Theatre, and the city is also home to the internationally renowned Janáček Philharmonic Orchestra. Cultural events include the Colours of Ostrava multi-genre music festival, which attracts tens of thousands of visitors, as well as two prestigious classical music festivals – Janáček May and the St Wenceslas Music Festival. The summer Shakespeare Festival is a must for theatre-lovers, and NATO Days is a major military and aviation show held annually at Ostrava's Mošnov airport.

Ostrava is home to high profile team sport clubs. In football we have FC Baník Ostrava (the name is based on word "bánský" which means "mining"), the seven-times Intertoto Cup winners and former European Cup quarter-finalists. The Městský stadion, traditional home of MFK Vítkovice, has also hosted FC Baník since 2015. In ice hockey, the city boasts HC Vítkovice Ridera, who play across the road from the stadium in the Ostravar arena.

Ostrava also has the region's key athletic club, SSK Vítkovice, which is based at the Městský stadion which will be the venue for the IAAF Continental Cup. This club is central to the organisation of one of the highlights of the sporting year in Ostrava – the Golden Spike, an IAAF World Challenge meeting with more than a half-century of tradition, at which Usain Bolt was a regular competitor.

Ostrava is a great place to visit all year round – and the Indian summer is no exception. Discover the region's proud industrial history and marvel at the wonders of modern science and technology – take a trip to Blast furnace No 1, with its panoramic café, Karolina Triple Hall, or Michal Mine. Visit the city's popular zoo, experience the authentic environment of a coal mine at a mining museum (Landek Park), or travel into space at the planetarium.

For a different perspective, walk up Ostrava's very own "volcano" – the Ema slag-heap, an artificial hill made of coal-mining waste which is still burning deep beneath the surface, producing clouds of mysterious smoke and steam... For an evening to remember you can try out Ostrava's unique beer spa (Klimkovice), take in some culture at one of the city's excellent theatres or at House of Arts, one of Ostrava's architectural gems, or party all night on the legendary Stodolní Street – the street that never sleeps. And if that's still not quite enough, just 30 minutes' drive away from Ostrava you'll find the beautiful Beskydy mountains, a true paradise for lovers of sports.

To find out more go to www.visitostrava.eu



Competition Timetable

IAAF CONTINENTAL CUP Ostrava, CZE 8–9 September 2018

	DAY 1 – Saturday, 8 September			DAY 2 – Sunday, 9 September		
01	14:30	Opening Ceremony		14:30	Kids Relay	
02	14:40	Hammer Throw	W	14:40	Hammer Throw	M
03	14:45	High Jump	M	14:45	High Jump	W
04	14:50	100 m H	W	15:02	Triple Jump	M
05	15:02	200 m	M	15:05	110 m H	M
06	15:10	Triple Jump	W	15:11	Hammer Throw	M
07	15:25	100 m	W	15:26	800 m	W
08	15:35	1500 m	W	15:34	Pole Vault	M
09	15:55	400 m	W	15:35	Triple Jump	M
10	16:00	Discus Throw	M	16:05	Javelin Throw	M
11	16:05	Pole Vault	W	16:10	3000 m SC	W
12	16:07	3000 m SC	M	16:25	Long Jump	W
13	16:22	400 m H	M	16:30	400 m H	W
14	16:30	Long Jump	M	16:48	1500 m	M
15	16:43	3000 m	W	16:58	Shot Put	W
16	16:56	Shot Put	M	17:10	Javelin Throw	W
17	17:14	Discus Throw	W	17:12	3000 m	M
18	17:16	800 m	M	17:36	100 m	M
19	17:38	4 x 100 m R	W	17:53	4 x 400 m Mixed R	X
20	17:55	4 x 100 m R	M	18:00	CUP	

Specific Rules for Team Spirit & Thrilling Competition

The IAAF Continental Cup is a team competition that involves Europe, Africa, Americas and Asia-Pacific. Two athletes represent each continent in every event, earning points towards an overall combined ranking which determines the winners. But this year there is new competition format in Ostrava.

“New competition rules support the team spirit and dedication to the particular continent,” says LOC Chairman Libor Varhaník. “This should bring more drama not only in single events but also in the development of the continuous ranking of teams. Last but not least, it should also bring more fun for spectators at the venue as well as for TV viewers.”

So what specific changes are we talking about?

Team captains will play jokers

Although team captains – or Ambassadors – do not compete, they may actively influence the final score – and not only by giving athletes useful pieces of advice or encouragement. “The captains will have two jokers to put on one male and one female athlete on each day of the competition. If that nominated athlete wins, the team will gain a double number of points,” says Varhaník. The Ambassadors are: Colin Jackson (Europe), Mike Powell (Americas), Jana Pittman (Asia-Pacific), Nezha Bidouane (Africa). See later for more details on these four.

Event scoring

Team ranking is determined according to the ranking of both athletes representing each continent in individual events. Teams receive points in 8–6–4–2 format for each event.

Throwers and horizontal jumpers must earn fourth or fifth attempts

Each athlete in the long jump, triple jump, shot put, discus throws, hammer throw or javelin throw

has three attempts. Only the best representative from each continent will go on for a fourth effort. Depending on the fourth attempt result, only the two best athletes will make a fifth (and final) attempt, which will decide the overall winner.

Elimination races on the track

Both the 3000 metres and the 3000 metres steeplechase will be an elimination race. All eight competitors run the first 1400 metres (three and half laps) together. After that, the last runner through each lap will be eliminated. As a result, only four runners will reach the last lap. Having said that, eliminated runners also score points, depending on which lap they are knocked out.

“Gender tactics” in the mixed relay

Two men and two women will represent each continent in 4 x 400 metres mixed relay. They can be selected in any order, which means captain’s decisions may prove critical.

“I believe IAAF Continental Cup in this new form will meet expectations and will be a magnificent spectacle for all,” said Varhaník. “We are delighted to be part of the ongoing changes in athletics and also to see that the IAAF agreed on some of our suggested competition rules changes.”



Stadium

The Městský stadion (City Stadium) is athletic and football ground opened in summer of 1938 in the Vítkovice district of Ostrava. After recent renovation, the modern venue consists of the stadium, which has a capacity of 15,000 seats, a training football pitch with artificial grass, a warm-up athletics track, a throwing area and a gym.

Since 1961, Městský stadion has been the venue for the prestigious Ostrava Golden Spike meeting. The stadium has also successfully hosted two other international athletic events – the IAAF World Youth Championships 2007, and the European Athletics U23 Championships in 2011. It is a key venue where national championships are regularly held.

From 2010 to 2015, Městský stadion underwent extensive reconstruction. New tribunes were built on the site of the concrete gallery and together with the main stand they created a “closed ring” around the stadium. With modern facilities, standard 400 m

long, eight-lane track and IAAF certification, Městský stadion is the top venue in the Czech Republic. Additionally, there is permanent athletic hall with standard 200 m track plus warm-up area across the street (part of multipurpose Ostravar arena).

Several world records have been broken at the stadium, including two at 10,000 metres by the most famous Czech distance runner, 1952 triple Olympic champion Emil Zátopek, and, more recently, the 110 m hurdles, in which Cuba's Dayron Robles clocked 12.87 sec in 2008. Several international football matches have been held in the stadium.

Location: 49.80432N – 18.25464E

Address:

Městský stadion Ostrava

Závodní 2992 / 86D

703 00 Ostrava-Vítkovice



Ticketing

Prices vary from 150 to 500 CZK per ticket per day (approx. 6–20 EUR). Tickets available at www.ticketportal.cz
75 % tickets sold (half of May).

Categories: I: A1–A9
II: C1–C2; D1–D3
III: B1–B10; C3–C8; D4–D8 (green)
IV: B1–B10; C4–C8; D6–D8 (yellow)

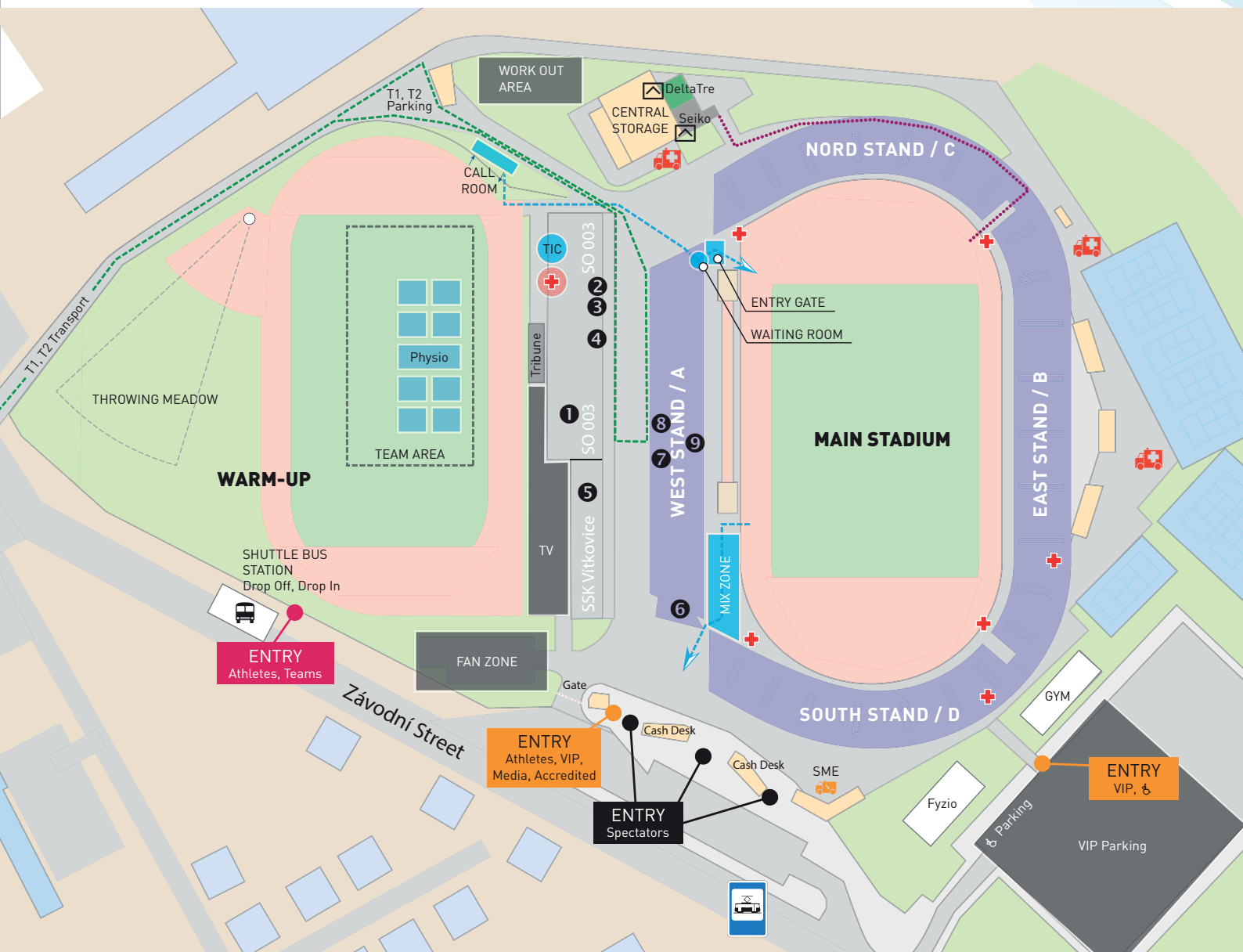
SATURDAY 8 September 2018	Price / Day (CZK)
Category I	500.00
Category II	350.00
Category III	250.00
Category IV	150.00

SUNDAY 9 September 2018	Price / Day (CZK)
Category I	500.00
Category II	350.00
Category III	250.00
Category IV	150.00

Prices include VAT.



Area Map

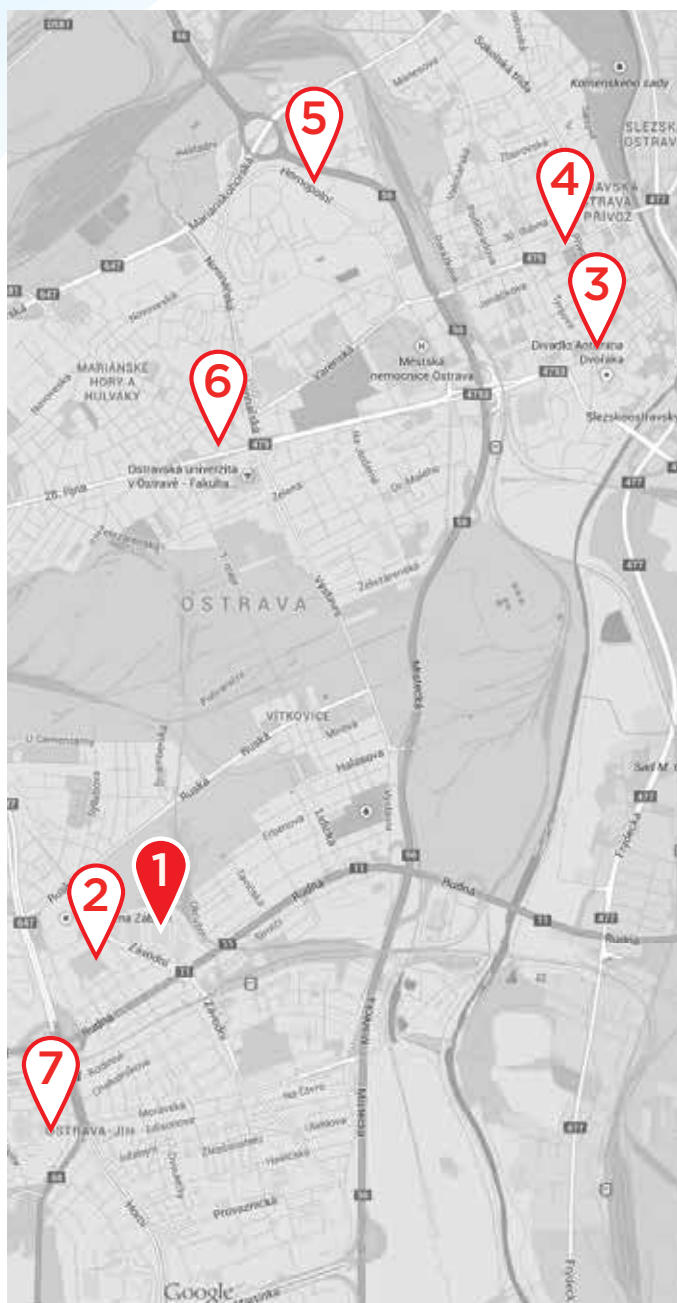


OSTRAVA CITY STADIUM – BASIC PLAN

- | | |
|-----------------------|----------------------------|
| ① Dressing Rooms | ⑥ Press Centre |
| ② IAAF Office | ⑦ IAAF Club |
| ③ DENTSU / AMS Office | ⑧ IAAF Lounge |
| ④ LOC Office | ⑨ Doping + Emergency Room |
| ⑤ Administrative | ☒ Deltatre + SEIKO Storage |

- Athletes Way
- ... from Storage to Infield
- T1, T2 Transport

Hotel Accommodation



- 1 Main, Training, Warm-Up Stadium
- 2 Clarion Congress Hotel Ostrava
- 3 Mamaison Hotel Imperial Ostrava
- 4 Mercure Ostrava Centre Hotel
- 5 Park Inn by Radisson Ostrava
- 6 Harmony Club Hotel Ostrava
- 7 Best Western Hotel Vista Ostrava

IAAF Family

Mamaison Hotel Imperial Ostrava (4*-5*)

Address: Tyršova 6, 702 00 Ostrava 2

Web: www.imperialhotelostrava.com

Distance to the stadium: 5.1 km

Travel time to the stadium: 15-minute drive

Mercure Ostrava Center (4*)

Address: Československá 18/1742, 702 00 Ostrava

Web: www.mercureostrava.cz

Distance to the stadium: 7 km

Travel time to the stadium: 15-minute drive

Teams: Americas & Asia-Pacific

Park Inn by Radisson Ostrava (4*)

Address: Hornopolní 3313/42, 702 00 Ostrava

Web: www.parkinn.com/hotel-ostrava

Distance to the stadium: 6.2 km

Travel time to the stadium: 9-minute drive

Teams: Europe & Africa

Clarion Congress Hotel Ostrava (4*)

Address: Zkrácená 2703, 700 30 Ostrava-Vítkovice

Web: www.clarioncogresshotelostrava.com

Distance to the stadium: 150 m

Travel time to the stadium: 5-minute walk

Media

Harmony club hotel Ostrava (3*)

Address: 28. října 170,

709 00 Ostrava-Mariánské Hory

Web: www.harmonyclub.cz/hotel-ostrava-ubytovani.html

Distance to the stadium: 5 km

Travel time to the stadium: 10-minute drive

Technical Staff

Best western vista hotel (4*, 3*)

Address: Kpt. Vajdy 3046/2, 700 30 Ostrava-Vítkovice

Web: www.hotelvista.cz

Distance to the stadium: 4 km

Travel time to the stadium: 8-minute drive,
25-minute walk

Entry Procedure

Each team shall enter two athletes for each individual event and one team for each Relay.

The detailed notification of the selected teams, athletes and officials, must reach the IAAF (events@iaaf.org) and the Local Organising Committee (mfeikova@ostrava2018.org) no later than ten days prior to the first day of the Competition, i.e. **29 August 2018**.

<https://www.iaaf.org/about-iaaf/documents/rules-regulations>



Continental Cup Trophy & Prize Money

Trophy

For the first time in the history of this competition, each member of the winning team will be awarded with his or her own trophy.

The chosen material is Czech handmade crystal glass, which has been formed in the shape of batons. Every athlete in the winning continental team will receive a unique, handmade baton – with its own glass cut decoration and event wordmarking – as a symbol of their successful teamwork.

A total of 110 crystal award batons will create an athletic oval in the form of the Ostrava Městský stadion, as an outer part of the 80 cm long and 40 cm high trophy. The inner part, which will be awarded to the winning Area federation, comprises a world map with continents in the shades of team colours (yellow, blue, violet, and red). Smaller squeezed glass batons will be fixed in three rows in the metal base.

Inspiration and motivation:

This trophy will be show-cased so that every athlete arriving via the stadium tunnel will pass it. Its image will also be on display throughout the competition to spectators in the stadium.

Pure Czech crystal baton → Team cooperation & spirit symbol

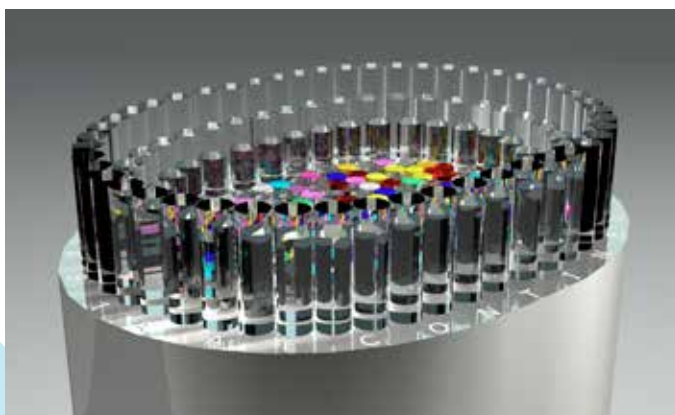
Authors:

doc. Jaroslav Kolář ArtD. (jaroslavkolesek.blogspot.cz)

MgA. Josef Divín (www.josefdivin.cz)

Prize Money

Prize money will be paid by the IAAF as follows:



Position	Individual	Relays
1st	30 000 USD	30 000 USD
2nd	15 000 USD	20 000 USD
3rd	10 000 USD	10 000 USD
4th	7 000 USD	8 000 USD
5th	5 000 USD	
6th	3 000 USD	
7th	2 000 USD	
8th	1 000 USD	

Visa Information & Procedures

The list of states and their visa obligations is provided by the Ministry of Foreign Affairs of the Czech Republic. The list has been in force since January 2018 and may be subject to changes by the Ministry of Foreign Affairs of the Czech Republic.

Visas should be obtained from either an Embassy or Consulate well in advance of you leaving your country in order to ensure all the procedures are completed in due time. Participants who require a visa should contact the LOC as soon as possible with their request and LOC will send them a special form to fill in to obtain a special invitation letter and visa application information.

List of IAAF Member Federations whose nationals **do not need visa** to enter the Czech Republic:

*ALBANIA, ANDORRA, ANTIGUA & BARBUDA, ARGENTINA, AUSTRALIA, BAHAMAS, BARBADOS, BELGIUM, *BOSNIA-HERZEGOVINA, BRAZIL, BRUNEI, BULGARIA, CANADA, CAYMAN ISLANDS, CHILE, COLOMBIA, COOK ISLANDS, COSTA RICA, CYPRUS (Cyprus passports), DENMARK, DOMINICA, EAST TIMOR/TIMOR-LESTE, EL SALVADOR, ESTONIA, FINLAND, FRANCE, FRENCH POLYNESIA, GEORGIA, GERMANY, GREAT BRITAIN, GRENADA, GUAM, GUATEMALA, HONDURAS, HUNGARY, ICELAND, IRELAND, ISRAEL, ITALY, JAPAN, KIRIBATI REPUBLIC OF, LATVIA, LIECHTENSTEIN, LITHUANIA, *MACEDONIA, MALTA, MALAYSIA, MARSHALL ISLANDS, MAURITIUS, MEXICO, MICRONESIA, *MOLDOVA, MONACO, MONTENEGRO, NAURU, NEW ZEALAND, NETHERLANDS, NICARAGUA, NORFOLK ISLAND, NORTHERN MARIANA ISLANDS, NORWAY, PALAU, PANAMA, PARAGUAY, PERU, POLAND, PORTUGAL, PUERTO RICO, ROMANIA, SAINT KITTS AND NEVIS, SAMOA, SAINT LUCIA, SAINT VINCENT AND THE GRENADINES, SAN MARINO, *SERBIA, SEYCHELLES, SLOVAK REPUBLIC, SLOVENIA, SINGAPORE, SOLOMON ISLANDS, SOUTH KOREA, SPAIN, SWEDEN, SWITZERLAND, **TAIWAN, TONGA, TRINIDAD AND TOBAGO, TUVALU, TURKS AND CAICOS ISLANDS, UKRAINE, UNITED ARAB EMIRATES, UNITED STATES OF AMERICA, URUGUAY, VANUATU, VATICAN, VENEZUELA, VIRGIN ISLANDS

Notes:

* Visa-free regime applies to citizens of Albania, Bosnia and Herzegovina, Macedonia, Moldova, Montenegro and Serbia only if they are holders of biometric passports.

** Visa-free regime applies to holders of passports issued by Taiwan only if their passport contains an identity card number.

Other IAAF Member Federations whose nationals **need visa** to enter the Czech Republic, see information at:

- Ministry of Foreign Affairs (https://www.mzv.cz/jnp/en/information_for_aliens/index.html),
- Ministry of the Interior (<http://www.mvcr.cz/mvcren/article/third-country-nationals-entering-the-czech-republic.aspx>)

For any visa matters please contact,

Mrs. Taťána Boháčová, gsm: +420 736 539 923, e-mail: visa@ostrava2018.org.

Travel

Official Transport via Airport, Discounts & Group Booking Offer

Leoš Janáček International Airport Ostrava (OSR) is the only official airport for the IAAF Continental Cup. The LOC will organise transport only from the official airport to the official hotels according to the provided travel details (arrival and departure).

We are pleased to inform you that the LOC together with Czech Airlines has created a special booking code IAAFOSTRAVA2018 which allows flights to be booked with discounts of 10% (Economy class) and 15% (Business class). Discount applies to all flights operated by Czech Airlines (not flights of other partners) to the final destination Ostrava (OSR) and applies for flights reserved for the period of 1 to 10 September 2018.

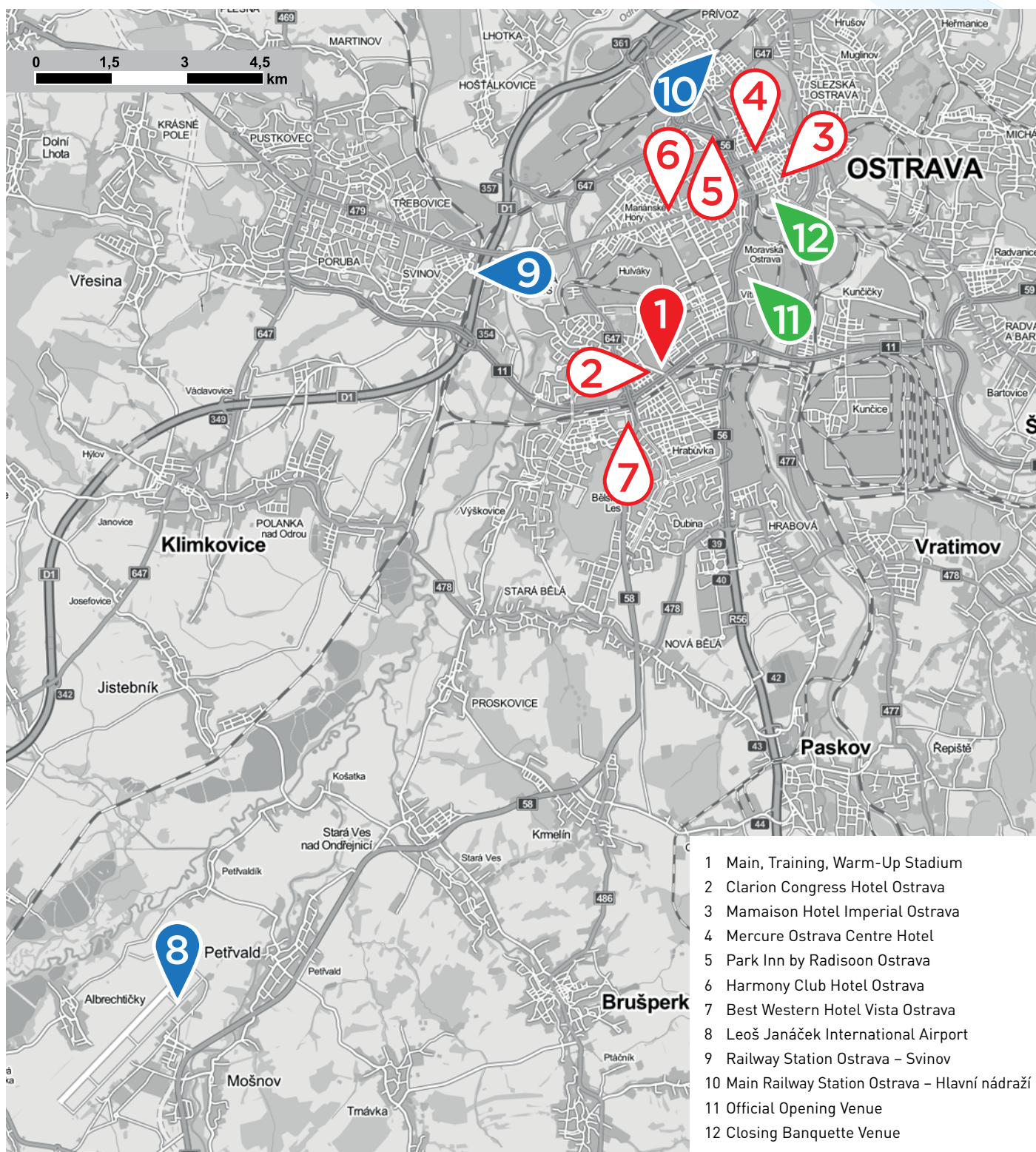
The Continental Areas can also benefit from a special Group Booking Offer outside regularly scheduled flights (3 flights per day). This offer can be used either for incoming one-way route flight on 6 September 2018 (evening flight) and/or outgoing one-way flight (Ostrava-Prague) on 10 September 2018 (morning flight) and/or for roundtrip on these respected days. Exact timing is to be confirmed upon the requests. This group reservation must be made directly via Czech Airlines Customer Service on e-mail: groups.ocr@czechairlines.com.

The following conditions will apply for Group Booking Offer:

- Minimum of 65 passengers, maximum of 140 passengers;
- Free baggage allowance: checked baggage 1 piece (23kg max.) & hand baggage 1 piece (8 kg max.);
- Non-refundable deposit of 10% from the fare amount to be paid 7 days following the booking confirmation (IATA BSP agencies through EMD, non-IATA agencies through bank transfer or credit card);
- Payment of 100% of the ticket price no later than 21 days prior to departure (IATA BSP agencies through EMD, non-IATA agencies through bank transfer or credit card);
- Seats are non-refundable less than 21 days prior to departure;
- Passenger names to be provided no later than 3 days prior to departure;
- Ticketing no later than 48 hours prior to departure (IATA BSP agencies via BSP, non-IATA agencies through Czech Airlines CTO).

Should you choose to arrive into any other airport or train station, you will be required to make your own transport arrangements to reach your hotel and bear any relevant expenses.

Free public transportation in Ostrava will be available for all accredited persons during the official period of the event.



- 1 Main, Training, Warm-Up Stadium
- 2 Clarion Congress Hotel Ostrava
- 3 Mamaison Hotel Imperial Ostrava
- 4 Mercure Ostrava Centre Hotel
- 5 Park Inn by Radisson Ostrava
- 6 Harmony Club Hotel Ostrava
- 7 Best Western Hotel Vista Ostrava
- 8 Leoš Janáček International Airport
- 9 Railway Station Ostrava – Svinov
- 10 Main Railway Station Ostrava – Hlavní nádraží
- 11 Official Opening Venue
- 12 Closing Banquette Venue

Ambassadors & Patrons

Ambassadors

Four Cup teams, four stellar Ambassadors coming from respective continents. BUT – not only have they all been promoting the IAAF Continental Cup, they will also play important role directly in Ostrava as Team Captains (see earlier notes on Specific Rules).



Jana Pittman | ASIA-PACIFIC (violet)

Pittman was a two-time 400m hurdles winner at the IAAF World Championships, taking gold in 2003 and 2007.

The Australian is one of only a handful of athletes who have won individual gold medals on a global stage at U18, U20 and senior level and she also won the 400 m hurdles titles at the 2002 and 2006 Commonwealth Games.

At the time of writing, Pittman is second on the Oceania 400m hurdles all-time list with her personal best of 53.22, which she ran to win the first of her world titles.

After a series of injuries in the latter years of her athletics career, she retired from the sport in 2012 but took up bobsleigh and represented Australia in the two-person event at the 2014 Winter Olympics in Sochi.

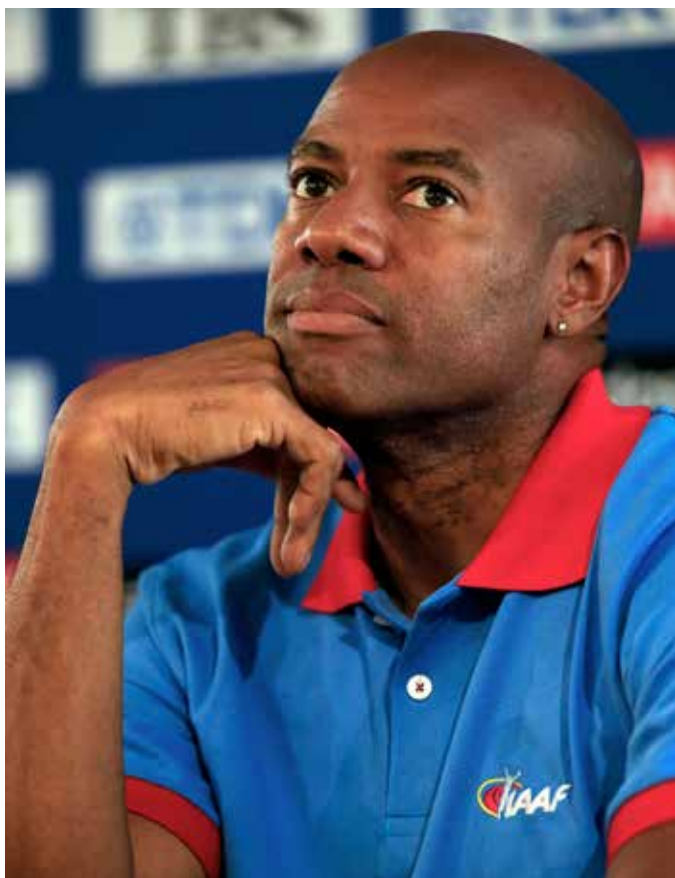


Nezha Bidouane | AFRICA (yellow)

Bidouane won the 400m hurdles titles at both the 1997 and 2001 IAAF World Championships and also took the silver medal over the barriers in 1999.

However, it was when finishing second in Seville that the Moroccan ran her best time of 52.90 and that mark remains the African record almost two decades later.

In addition to her IAAF World Championships medals, and a win in an African vest at the 1998 IAAF World Cup, she also won the bronze medal at the 2000 Olympics and took a plethora of continental and regional titles including winning twice at the African Championships and three times at the Mediterranean Games. Since retiring, Bidouane has become a prominent advocate of sporting opportunities for women and gender equality. She founded the annual Women's Race to Victory in her home city of Rabat, which sees an estimated 30,000 women take to the roads every year.



Mike Powell | AMERICAS (red)

Powell will be forever remembered by athletics fans for one iconic moment when he leapt to a world record of 8.95 m in Tokyo to win the 1991 IAAF World Championships long jump title in an epic competition with his US compatriot Carl Lewis.

It broke Bob Beamon's world record of 8.90 m which had stood for almost 23 years and it still stands today.

However, Powell's career is defined by much more than one solitary jump.

He was a world-class performer for a decade and successfully defended his world title in Stuttgart two years later. In addition, he took successive silver medals at the 1988 and 1992 Olympic Games and was a six-time US champion in his specialist event.



Colin Jackson | EUROPE (blue)

Jackson is one of the most successful hurdlers in history, having won the 110 m hurdles gold medal at the 1993 and 1999 IAAF World Championships. The world record of 12.91 he set when winning his first world title in Stuttgart stood for nearly 13 years.

In addition to his two world titles, the Briton also won four consecutive European Championships crowns, from 1990 to 2002, Commonwealth titles in 1990 and 1994, and silver at the 1988 Olympic Games. He first came to global attention when winning at the 1986 IAAF World U20 – then Junior – Championships.

Jackson was equally formidable in the 60 m hurdles indoors, winning the 1999 world indoor title and four world indoor silver medals. He set the 60 m hurdles world indoor record of 7.30 in 1994, a mark which still stands. Jackson also won the European indoor 60m hurdles title on three occasions. After retiring in 2003, Jackson has become a successful coach and broadcaster.

Patrons

Four Cup teams, four Czech Patrons, four links between them and their respective continents. Meet Barbora, Pavel, Jan, and Michaela and learn why they picked up their team colour.



Barbora Špotáková | ASIA-PACIFIC (violet)

Špotáková is one of the all-time greats of women's javelin throwing, having won twice at both the Olympic Games and the IAAF World Championships as well as being the current holder of the world record in her event with 72.28m, which she threw in the 2008 IAAF World Athletics Final.

Her impressive career statistics also include one European title, one Olympic bronze medal and two IAAF World Championships silver medals. She has been the IAAF Diamond League winner of her event on five occasions as well as winning at the last edition of the IAAF Continental Cup in 2014.

Barbora's link to continent: "I have always been successful in Asia (Olympic and World titles) and violet is my most favourite colour!"



Pavel Maslák | AFRICA (yellow)

Maslák has won three consecutive IAAF World Indoor Championships 400 m titles. After victories in 2014 and 2016 he achieved his hat trick of global triumphs over two laps of the indoor track earlier this year in Birmingham. Maslák has also won three consecutive European indoor 400 m titles, European outdoor gold in Helsinki, and holds a variety of national indoor and outdoor records.

Pavel's link to continent: "Africa is my third home (regular training camps in South Africa) and I like joyful colours such as yellow."



Jan Kudlička | AMERICAS (red)

Kudlička has been one of Europe's top pole vaulters for more than a decade after breaking through with a series of national U20 records in 2007.

He has gone on to win European medals, both indoors and outdoors, as well as earning bronze at the 2014 IAAF World Indoor Championships. Kudlička has also been a finalist at the last three Olympic Games. Jan's link to continent: "I like Americas, they have many talented pole vaulters. And my T-shirt? Red colour is the best!"



Michaela Hrubá | EUROPE (blue)

Hrubá is one of the rising stars of women's high jumping having won at the 2015 IAAF World U18 Championships and at the IAAF World U20 Championships the following year. In 2017, she was crowned European U20 champion and showed her maturity last year by also reaching the final of the IAAF World Championships in London.

Michaela's link to continent: "That is clear as blue sky is. I was born here, and our country is in the heart of Europe."

17,000 Children Involved In “Ostrava Supports Continents” Project

#OstravaSupportsContinents

Although the IAAF Continental Cup takes place in early September, the event has been alive in the city, the region, and even nationwide since autumn last year thanks to the “Ostrava supports continents” project led by Czech Athletic Federation together with the City of Ostrava and the Moravian-Silesian Region.

A total of 30 elementary schools in Ostrava, 27 secondary schools in the region, and 120 athletic clubs in the country signed into the project, with some 17,000 children being involved.



"The project is supported by the Ambassadors and Patrons, who are former international and recent Czech athletics stars," explains Libor Varhaník, chairman of the Czech Athletic Federation. "The goal of the Ostrava supports continents project is to involve children in regular physical activity, because athletics is the basis of all sports and this offers the chance of a vital connection. To be interesting for children, it is certainly important they have their patrons in the project – so we are working with four leading Czech athletes who have become faces of the school project, engaging in various roles throughout the year.

"At the same time we are making the best use of athletes from all over the world who are coming to Ostrava. Our Ambassadors are former leading athletic stars from each continent who are connected directly with the schools. We would like children to learn about culture, habits, or life of athletes in different parts of the world and other aspects just in conjunction with our Ambassadors."

With the assistance of the IAAF, the best young athletes from the long-term project will compete in a special pre-programme of the IAAF Continental Cup on 8 & 9 September at the City Stadium in Ostrava. Representatives of schools involved in the

project will have booked seats in the audience as well. Children are being motivated to take up physical activities, to learn about the continents, and to make a fan connection when they are signed for the teams and can cheer them on at the competition.

The unique concept of a long-term competition for primary and secondary schools in the region started on 16 November 2017, when the draw ceremony took place at the Town Hall of Ostrava and all schools involved were allocated to particular continent and team.

In March and April, there were the first (but not last) events in the campaign. Patrons Barbora Špotáková in Ostrava and Pavel Maslák in Opava supported hundreds of enthusiastic children at these legs of the roadshow.

Czech patrons of the Cup engaged in the project*:

- Michaela Hrubá / Europe
- Barbora Špotáková / Asia-Pacific
- Pavel Maslák / Africa
- Jan Kudlička / Americas

*) For more, see "Ambassadors & Patrons" earlier.



PUBLIC INSTITUTIONS



NATIONAL PARTNERS



NATIONAL SUPPLIERS





www.ostrava2018.org

OFFICIAL IAAF PARTNERS



OFFICIAL IAAF SUPPLIER

