

IAAF/BTC WORLD RELAYS

NASSAU 2015

BIOGRAPHICAL SUMMARIES



Men.....	1
Women	16
Major Team Honours	29

BIOGRAPHICAL SUMMARIES

Here, in country code order, are summarised biographies of the 681 athletes initially entered for Nassau 2015 (385 men, 296 women from 46 countries). The information has been based on a preliminary entry list, so there may well be additional or adjusted information appearing on final start lists. Name, birthdate, age country and principal events are shown along with tpersonal bests, their most significant achievements (international then domestic) and other data. This listing with include reserves and other athletes who were initially entered but will not compete.

Meeting Abbreviations		WJC World Junior Championships	
COM	Commonwealth Games	WSG	World Student Games
ECH	European Championships	WXC	World Cross Country Championships
ECP	European Cup	Additional Abbreviations	
EIC	European Indoor Championships	Dec	decathlon
ETCh	European Team Championships	dnq	did not qualify
EXC	European Cross Country Championships	h	hurdles
NCAA	National Collegiate Athletic Association Championships	Half Mar	half marathon
OLY	Olympic Games	Mar	marathon
WCH	World Championships	pb	personal best
WCP	World Cup	XC	cross-country
WIC	World Indoor Championships		

MEN

BAILEY Daniel (ANT) 9/9/1986 (28y) 4x100/200 Metres

Fourth at the 2009 World Championship 100m, then fifth in 2011 100 pb: 9.91 -09. 200 pb: 20.40 -14. 4 World Youth 200 2003 (sf 100); 4 WJC 100 2004; 3 Pan-American junior 200 2005 (4 100); qf COM 100 2006; dq ht WIC 60 2008; 2 Central American & Caribbean Champs 100 2009/2011 & Games 100 2010; 4 WCH 100 2009 (2005-ht, 2011-5, 2013-qf); 3 WIC 60 2010; 2 IAAF Continental Cup 100 2010; sf OLY 100 2012 (2008-qf); 6 COM 200 2014 (sf 100). Member of Racers Track Club (with Usain Bolt, Yohan Blake, etc)

BENJAMIN Rai (ANT) 27/7/1997 (17y) 4x100/200 Metres

Antiguan & Barbudan record holder at 400m hurdles (at age 17) 200 pb: 20.88 -14. 400 pb: 46.19 -15. 400H pb: 51.29 -15. sf World Youth 400H 2013; 2 Carifta junior 400 2015

FRANCIS Miguel (ANT) 28/2/1995 (20y) 4x100/200 Metres

100 pb: 10.48 -14. 200 pb: 20.54 -15. 3 Central American & Caribbean junior 200 2014; sf WJC 200 2014

GRAHAM Coull (ANT) 29/10/1998 (16y) 4x200 Metres

200 pb: 21.24 -15. 100 pb: 10.58w, 10.80 -15. 4 Carifta Games youth 200 2015

GREENE Cejhae (ANT) 6/10/1995 (19y) 4x100/200 Metres

100 pb: 10.20w/10.27 -14. 200 pb: 20.90 -12. ht World Youth 100/200 2011; 3 Central American & Caribbean youth 100/200 2012; sf WJC 100/200 2012; 5 WJC 100 2014. Attends Florida State University

WALSH Chevaughn (ANT) 29/12/1987 (27y) 4x100/200 Metres

He is a cousin of fellow Antiguan international sprinter Tahir Walsh 100 pb: 10.31 -15. 200 pb: 20.86w -15, 21.00 -14. ht COM 100 2010/2014

WALSH Tahir (ANT) 24/2/1994 (21y) 4x100 Metres

Full name-Tahir Jelani Walsh
2011 Commonwealth Youth Champion at 100m
He is a cousin of fellow Antiguan international sprinter Chevaughn Walsh
100 pb: 10.38w, 10.45 -13. 200 pb: 21.02w, 21.07 -14. 4 Youth Olympic Games 100 2010; 1 Commonwealth Youth Games 100 2011 (2 200); sf World Youth 100 2011 (ht 200); ht WJC 100/200 2012; dq ht COM 100 2014 (false start)

BAIRD Sam (AUS) 3/2/1996 (19y) 4x400m/Distance Medley

400 pb: 46.78 -14. sf World Youth 400 2013. 5 Australian 400 2015

BECK Alex (AUS) 7/2/1992 (23y) 4x400m/Distance Medley

400 pb: 46.07 -12. sf World Youth 2009; 6 COM 4x400 2014. 1 Australian 2013 (2015-2)

BIRMINGHAM Collis (AUS) 27/12/1984 (30y) Distance Medley

Eighth at 2013 World Cross Country Championships

1500 pb: 3:35.50 -10. 3000 pb: 7:35.45 -12. 5000 pb: 13:09.57 -12. 10,000 pb: 27:29.73 -09. Half Mar pb: 60:56 -13. ht OLY 5000 2008/2012; 6 IAAF Continental Cup 5000 2010; 6 COM 5000 2010 (9 10,000); 24 WCH 10,000 2013 (2009-dnf, 2011-ht); 10 WIC 3000 2014; 12 COM 5000 2014. 1 Australian 5000 2009/2014; 1 Scottish 1500 2007/2008/2009. At WXC: 2003-83J, 2007-67, 2008-73, 2009-29, 2010-81, 2013-8

BURNS Craig (AUS) 7/10/1988 (26y) 4x100/400 Metres

2015 Australian Champion at 400m
400 pb: 45.94 -15. 100 pb: 10.65 -15. 200 pb: 20.76 -13. 8 WCH 4x400 2013; 6 COM 4x400 2014. 1 Australian 400 2015

DOUGLAS Iain (AUS) 20/1/1992 (23y) 4x400 Metres

400 pb: 46.76 -15. 3 Australian 400 2015

GAMBLE Tom (AUS) 25/11/1991 (23y) 4x100 Metres

100 pb: 10.34 -15. 200 pb: 21.34 -15. 2 Queensland State 100 2015

GREGSON Ryan (AUS) 26/4/1990 (25y) 4x800m/Distance Medley

Australian record holder at 1500m
800 pb: 1:46.04 -10. 1500 pb: 3:31.06 -10. Mile pb: 3:52.24 -10. 3000 pb: 7:49.53 -11. 5 World Youth 1500 2007; 4 WSG 1500 2009; ht WCH 1500 2009; sf OLY 1500 2012; ht COM 1500 2014. 1 Australian 1500 2010 (2015-2). At WXC: 2009-24J. Australian Junior Mountain Running Champion 2007

HARIK Timas (AUS) 1/1/1994 (21y) 4x800 Metres

800 pb: 1:47.45 -15. 2 Victorian State 800 2015. Arrived in Australia as a refugee from Sudan in 1995

HARTMANN Alex (AUS) 7/3/1993 (22y) 4x100 Metres

100 pb: 10.30 -15. 200 pb: 20.59 -15. 2 Australian 200 2013 (3 100)

JAWORSKI Ben (AUS) 14/10/1993 (21y) 4x100 Metres

100 pb: 10.34 -15. 200 pb: 20.85 -15. sf WJC 100 2012 (ht 200). 4 Australian 200 2015 (61 00)

JUNG Jin Su (AUS) 16/11/1993 (21y) 4x100 Metres

100 pb: 10.34 -15. 200 pb: 21.48 -13. 1 Australian University Games 100/200 2013

MATHEWS Luke (AUS) 21/6/1995 (19y) 4x800 Metres

800 pb: 1:47.60 -15. 1500 pb: 3:43.28 -15. sf WJC 800 2014. 6 Australian 800 2105

RALPH Joshua (AUS) 27/10/1991 (23y) 4x400/800 Metres

2014 Australian Champion at 800m
400 pb: 46.34 -13. 800 pb: 1:45.80 -14. ht COM 800 2014. 1 Australian 800 2014 (2015-3). Physiotherapy student, also works part-time in Sydney in the bakery franchise owned by his parents

STENSON Dylan (AUS) 30/9/1988 (26y) 4x800 Metres

800 pb: 1:47.73 -15. 400 pb: 47.87 -14. 1 South Australia State 400/800 2015; 5 Australian 800 2015

- STEVENS Luke (AUS) 8/6/1994 (20y)** **4x400 Metres**
400 pb: 46.48 -15. 200 pb: 20.98 -15. 4 Australian 400 2015 (8 200)
- WEST Jared (AUS) 14/7/1988 (26y)** **4x800m/Distance Medley**
800 pb: 1:46.90 -15. 3 Australian 800 2013 (2014-6, 2015-4)
- WILLIAMS Trae (AUS) 5/5/1997 (17y)** **4x100 Metres**
100 pb: 10.32 -15. 200 pb: 21.66 -14. 3 Youth Olympic Games 100 2014. 1 Australian junior 200 2015
- WILLIAMSZ Jordan (AUS) 21/8/1992 (22y)** **Distance Medley**
800 pb: 1:46.77 -14. 1500 pb: 3:36.74 -12. sf World Youth 800 2009. 5 NCAA 1500 2014. Attends Villanova University
- BAIN Andretti (BAH) 1/12/1985 (29y)** **4x200 Metres**
Ran first leg for Bahamian relay team which won 2008 Olympic silver. 2008 US Collegiate Champion indoors & out, representing Oral Roberts University (at Tulsa, Oklahoma)
200 pb: 21.15 -08. 400 pb: 44.62 -08. sf WJC 400 2004; 2 OLY 4x400 2008; sf COM 2010; 4 WIC 4x400 2014; silver COM 4x400 2014 (ran heat). 1 NCAA 400 indoor/out 2008. He was named after the former World Motor Racing Champion Mario Andretti
- BARTLETT Blake (BAH) 3/2/1993 (22y)** **4x100/200 Metres**
Led off Bahamian team which set a national record at 4x200m in the heats at Nassau 2014
100 pb: 10.30w, 10.38 -14. 200 pb: 20.74 -14. 6 WJC 4x100 2012
- BROWN Chris (BAH) 15/10/1978 (36y)** **4x400 Metres**
"The Fireman". First leg for Bahamas relay team which beat the Americans at the London Olympics (he said waiting for the race to finish was the longest two minutes of his life)
400 pb: 44.40 -08. 200 pb: 20.56w -06, 21.05 -02. 100 pb: 10.26 -14. ht COM 800 98; qf OLY 2000 (3 4x400); 1 WCH 4x400 2001 (2003-3, 2005/2007-2); 7 COM 2002 (3 4x400); sf OLY 2004; 4 WCH 2005/2007 (2001-ht, 2003-sf, 2009-5, 2011/2013-sf); 4 COM 2006; 1 Pan-Am Games 2007 (2011-7); 4 OLY 2008 (2 4x400); 1 WIC 2010 (2003-sf, 2006/2008/2012-3, 2014-2); 4 OLY 2012 (1 4x400); 2 COM 4x400 2014. Bahamas record holder at 400m & 800m (1:49.54 -98). Youngest of seven children. His parents Nola & Harcourt were both sprinter. Based-Atlanta
On April 24, 2015 at the Drake Relays in Des Moines, he was third in a world age-36 best of 44.36
- BROWN Deneko (BAH) 15/6/1990 (24y)** **4x100/200 Metres**
100 pb: 10.41 -13. 200 pb: 21.33 -15
- GARDINER Steven (BAH) 12/9/1995 (19y)** **4x400 Metres**
Down from 47.78 to 45.24 already in 2015
400 pb: 45.24 -15. 200 pb: 20.66 -14. sf WJC 200 2014 (6 4x400)
- HIGGS Alfred (BAH) 31/12/1991 (23y)** **4x100/200 Metres**
100 pb: 10.25w, 10.40 -12. 200 pb: 20.72w -12, 21.33 -10
- JONES Shane (BAH) 23/5/1993 (21y)** **4x100 Metres**
100 pb: 10.41w -12, 10.43 -13. 6 WJC 4x100 2012
- MACKEY Trevorvano (BAH) 5/1/1992 (23y)** **4x200 Metres**
Third leg for winning Bahamian sprint relay team at 2013 Central American & Caribbean Championships
200 pb: 20.46 -14. 100 pb: 10.10w -13, 10.21 -14. sf WJC 200 2010; ht OLY 200 2012; 1 Central American & Caribbean Champs 4x100 2013; 3 North/Central American & Caribbean under-23 100 2014. 1 Bahamian 100 2011 & 200 2012
- MARTIN Javan (BAH) 15/4/1998 (17y)** **4x100 Metres**
100 pb: 10.39w -14, 10.41 -15. 200 pb: 21.15w -14, 21.16 -15. 1 Carifta youth 100 2015 (2 200)
- MATHIEU Michael (BAH) 24/6/1984 (30y)** **4x400 Metres**
Bahamian record holder at 200m. Third leg for relay team which won 2012 Olympic gold
400 pb: 45.06 -12. 200 pb: 20.16 -12. 100 pb: 10.18 -15. 4 Pan-American Games 200 2007/2011 (1 4x400 2007); 2 WCH 4x400 2007; sf OLY 400 2008 (2 4x400); dq ht WCH 400 2009 (out of lane); sf WIC 400 2010 (2008-ht); 4 COM 400 2010; 1 Central American & Caribbean Champs 200/4x400 2011; dnf sf WCH 200 2011; dq sf OLY 200 2012 (false start); 1 OLY 4x400 2012; 4 WIC 4x400 2014; sf COM 200/2014 (2 4x400)
- MILLER Ramon (BAH) 17/2/1987 (28y)** **4x400 Metres**
Anchored Bahamas to 2012 Olympic relay gold
400 pb: 44.87 -12. 200 pb: 20.29w, 20.50 -12. sf WCH 2009; 3 COM 2010; 2 Central American & Caribbean Champs 2011; sf WCH 2011; 3 Pan-Am Games 2011; sf OLY 2012, then a 44.01 anchor in 4x400 final to overtake Angelo Taylor to win the first Olympic gold by Bahamian men; 4 WIC 4x400 2014. 1 Bahamian 800 2005 & 400 2013
- PINDER Demetrius (BAH) 13/2/1989 (26y)** **4x100/200 Metres**
Ran the fastest leg of the 2012 Olympic 4x400m final (43.3) which his team won. 2012 World indoor silver
200 pb: 20.23 -12. 400 pb: 44.77 -12. sf WCH 400 2011; 2 WIC 400 2012; 7 OLY 400 2012 (1 4x400). 1 NCAA indoor 400 2011. 1 Bahamian 400 2011/2012. Studied Theatre at Texas A&M University
In 2013 his Olympic gold medal was stolen from his truck in Florida, but police managed to recover it nine days later
- RUSSELL Alonzo (BAH) 8/2/1992 (23y)** **4x400 Metres**
2014 Commonwealth relay silver
400 pb: 46.14 -13. 2 COM 4x400 2014 (3rd leg)
- WILLIAMS Latoy (BAH) 28/5/1988 (26y)** **4x400 Metres**
Led off team which won 2014 Commonwealth relay silver
400 pb: 44.73 -09. 1 Central American & Caribbean Champs 4x400 2011 (2013-2); ht WCH 2013; 5 COM 2014 (2 4x400). 1 Bahamian 2014
- BURKE Mario (BAR) 18/3/1997 (18y)** **4x100/200 Metres**
Won the sprint double at the prestigious Caribbean Free Trade Association Junior Games in 2015 (previous winners include Usain Bolt)
100 pb: 10.21 -15. 200 pb: 21.08w -13, 21.17 -14. 5 World Youth 100 2013; 1 Carifta junior 100/200 2015
- CADOGAN Levi (BAR) 8/11/1995 (19y)** **4x100/200 Metres**
Fourth at 2014 World Junior Championships 100m
100 pb: 10.24w, 10.25 -14. 200 pb: 20.67 -14. 6 Pan-Am junior 100 2013; 4 WJC 100 2014
- DESHONG Nicholas (BAR) 24/4/1992 (23y)** **4x100/200 Metres**
100 pb: 10.54 -14. 200 pb: 20.71 -15. 400 pb: 47.09 -15. sf World Youth 200 2009; 4 8 North/Central American & Caribbean under-23 200 2014
- FORDE Fallon (BAR) 6/6/1990 (24y)** **4x100/200 Metres**
100 pb: 10.63 -15. 200 pb: 20.89 -15. 1 Barbadian 200 2014
- GITTENS Ramon (BAR) 20/7/1987 (27y)** **4x100/200 Metres**
2014 Commonwealth Games finalist 1t 100m
100 pb: 10.02 -13. 200 pb: 20.44 -14. ht World Youth 100/200 2003; 5 WJC 200 2006; ht WCH 100/200 2009; ht OLY 100 2012; 3 Central American & Caribbean Champs 100 2013 (2011-5); sf WCH 100 2013 (2011-ht)
- SWIFT Greggmar (BAR) 16/2/1991 (24y)** **4x100/200 Metres**
Sixth at 2014 Commonwealth Games 110m Hurdles
110H pb: 13.35 -14. (at 110mH) 8 WJC 2010 (2008-ht); 6 Central American & Caribbean Champs 2011; 3 North/Central American & Caribbean under-23; ht OLY 2012; dnf WSG 2013; ht WCH 2013; 6 COM 2014. 4 NCAA 2014 (2013-7)
- BORLÉE Dylan (BEL) 20/9/1992 (22y)** **4x400 Metres**
2015 European indoor silver then relay gold
He is the third Borlée brother, there are two further (much younger) half-brothers (as well as three sisters)
400 pb: 45.80 -13. 2 under-23 ECH 4x400 2013; 5 WCH 4x400 2013; 2 EIC 2015 (1 4x400). 1 Belgian indoor 2015. Younger brother of Jonathan & Kevin. 1.90 tall
- BORLÉE Jonathan (BEL) 22/2/1988 (27y)** **4x400 Metres**
Belgian record holder at 400m, supplanting twin brother Kevin
400 pb: 44.43 -12. 200 pb: 20.31 -12. 5 World Youth 400 2005; 4 WJC 400 2006; sf OLY 400 2008 (5 4x400 with 43.6 split); 2 WIC 4x400 2010; 7 ECH 400 2010 (3 4x400); 3 EIC 4x400 2011; 4 ECH 200 2012 (1 4x400); 6 OLY 400/4x400 2012; 4 WCH 400 2013 (2011-5); 1 EIC 4x400 2015. 1 NCAA 400 2009. 1 Belgian 400 2006/2011. His mother Mother-Edith De Martelaere was an international sprinter and he has a twin brother Kevin and younger brother Dylan who are also international 400m runners, while their elder sister Olivia ran the first leg for the Belgian 4x100m relay team which won 2008 Olympic silver

- BORLÉE Kevin (BEL) 22/2/1988 (27y) 4x400 Metres**
Surprise European Champion in 2010 when he went from fifth to first in the last 50m. 2011 world bronze
400 pb: 44.56 -12. 200 pb: 20.72 -11. sf World Youth 200 2005; sf WJC 2006; 6 ECP 2007; sf OLY 2008 (5 4x400); sf WCH 2009 (4 4x400); 1 ECH 2010 (3 4x400); 4 IAAF Continental Cup 2010; 3 EIC 4x400 2011; 3 WCH 2011 (2013-sf); 1 ECH 4x400 2012; 5 OLY 2012; sf ECH 2014 (7 4x400 with 43.6 split); 1 EIC 4x400 2015. 1 Belgian 2013/2014 & 2007/2011. His father/coach Jacques was an international 400m runner as his twin brother Jonathan and younger brother Dylan, while their elder sister Olivia ran the first leg for the Belgian 4x100m relay team which won 2007 world bronze & 2008 Olympic silver. Kevin is the younger of the twins by five minutes
Wonderful anchor leg by him of 44.99 to catch Poland in the 2015 European Indoor Championships at set a European indoor record of 3:02.87
- GILLET Antoine (BEL) 22/3/1988 (27y) 4x400 Metres**
2010 World indoor relay silver after loads of fourth places at championships
400 pb: 45.98 -13. 200 pb: 21.01 -14. 4 EJC 4x400 2007; 4 WSG 4x400 2009; 4 under-23 ECH 400/4x400 2009; 4 WCH 4x400 2009 (2011-5); 2 WIC 4x400 2010; 3 EIC 4x400 2011; sf ECH 2012 (1 4x400)
- WATRIN Julien (BEL) 27/6/1992 (22y) 4x400 Metres**
2015 European Indoor relay gold (along with three Borlées)
400 pb: 45.64 -14. 200 pb: 20.80 -13. 100 pb: 10.31w, 10.39 -10. 7 WJC 100 2010 (sf 200); 4 Francophone Games 200 2013; 7 ECH 4x400 2014; 1 EIC 4x400 2015. 1 Belgian 100 2012
- AMOS Nijel (BOT) 15/3/1994 (21y) 4x400 Metres**
Full name-Nijel Carlos Amilfitano Amos
World #1 at 800m in 2014 with three Diamond League wins and golds at the Commonwealth Games & African Championships
400 pb: 45.56 -14. 800 pb: 1:41.73 -13. (at 800m) 5 World Youth 2011; 3 Commonwealth Youth Games 2011; 1 WJC 2012; 2 OLY 2012; 1 WSG 2013; 1 COM 2014; 1 African Champs 2014
- KAMBERUKA Zacharia (BOT) 28/12/1987 (27y) 4x400 Metres**
400 pb: 45.71 -10. 1 African Games 4x400 2007; sf COM 2010 (5 4x400); 6 African Games 2011
- MAKWALA Isaac (BOT) 29/9/1986 (28y) 4x400 Metres**
African record holder & twice African Champion
400 pb: 44.01 -14. 200 pb: 19.96 -14, 100 pb: 10.20 -14. ht WCH 2009; sf COM 2010 (5 4x400); 7 African Games 2011; 1 African Champs 2012/2014 (2008-2); ht OLY 2012; ht WCH 200 2013; sf COM 2014; 2 African Champs 200 2014
- MAOTOANONG Leaname (BOT) 9/5/1991 (23) 4x400 Metres**
(aka Gaone Maotoanong)
400 pb: 45.70 -15. 1 African Champs 4x400 2014
- NKOBLO Onkabetse (BOT) 22/7/1993 (21y) 4x400 Metres**
400 pb: 46.21 -14. sf African Champs 2014
- SERIBE Pako (BOT) 7/4/1991 (24y) 4x400 Metres**
Dramatic improvement at 200m in 2015 from 20.57 to 20.17
400 pb: 45.04 -14. 200 pb: 20.17 -15. sf World Youth 2007; 1 African junior 2009; 8 WJC 2010; 2 African Champs 4x400 2010; ht WCH 2011; 8 African Games 2011; sf COM 2014; 6 African Champs 2014 (1 4x400)
- CARDOSO Wagner (BRA) 20/3/1989 (26y) 4x400 Metres**
Full name-Wagner Francisco Cardoso
400 pb: 45.69 -14. 200 pb: 20.98 -13. 2 South American 2013; 7 WCH 4x400 2013. 3 Brazilian 2011/2013/2014
- da SILVA Aldemir (BRA) 8/6/1992 (22y) 4x100 Metres**
Full name-Aldemir Gomes da Silva Junior
100 pb: 10.29 -13. 200 pb: 20.32 -14. 1 South American junior 100 2011; sf OLY 200 2012; ht WCH 200 2013; 4 IAAF Relays 4x100 2014. 1 Brazilian under-23 100/200 2014
- da SILVA Jonathan (BRA) 17/8/1990 (24y) 4x400 Metres**
400 pb: 45.79 -15. 200 pb: 20.94 -11. sf World Youth 2007; 7 South American 2013 (3 4x400)
- de BARROS Bruno (BRA) 7/1/1987 (28y) 4x100 Metres**
Full name-Bruno Lins Tenorio de Barros
2011 Pan-American Games bronze at 200m
100 pb: 10.16 -09. 200 pb: 20.16 -11. 2 Ibero-American 200 2008; ht OLY 200 2008 (4 4x100); 6 WCH 200 2011; 3 Pan-Am Games 200 2011; sf OLY 200 2012; 2 South American 100 2013; ht WCH 200 2013. 1 Brazilian 100/200 2011 (1 200 2012/2013, 1 100 2014). Served two-year doping suspension to June 14, 2011
- de OLIVEIRA Pedro Luis (BRA) 17/2/1992 (23y) 4x400 Metres**
400 pb: 45.52 -12. 200 pb: 20.81 -13. 1 South American under-23 2012; 6 WSG 2013; 7 WCH 4x400 2013; 2 Ibero-American 2014. 1 Brazilian under-23 2014
- dos SANTOS Gustavo (BRA) 21/2/1991 (24y) 4x100 Metres**
100 pb: 10.26w -12, 10.31 -15. 200 pb: 21.13 -12
- dos SANTOS Vitor (BRA) 1/2/1996 (19y) 4x100 Metres**
Full name-Vitor Hugo dos Santos
2013 World Youth silver at 200m
100 pb: 10.30w, 10.36 -13. 200 pb: 20.67 -13. 2 World Youth 200 2013 (6 100); sf WJC 100/200 2014
- ESTEFANI Hederson (BRA) 11/9/1991 (23y) 4x400 Metres**
400H pb: 45.25 -12. 400H pb: 49.59 -14. sf WJC 400H 2010; 1 South American under-23 400H 2012; 3 South American 4x400 2013. 1 Brazilian 400 2010/2012 & 400H 2014
- HENRIQUES Anderson (BRA) 3/3/1992 (23y) 4x400 Metres**
2013 World Championship finalist
400 pb: 44.95 -13. 8 Pan-American Games 2011; 1 Ibero-American 2012/2014; 2 WSG 2013 (2011-7); 8 WCH 2013; ht WIC 2014. 1 Brazilian 2011/2013. Lost 2013 World Student Games title by 0.01 to to Vladimir Krasnov RUS
- RODRIGUES Antonio César (BRA) 12/1/1993 (22y) 4x100 Metres**
100 pb: 10.28 -14. 200 pb: 20.66 -11. ht WJC 200 2010; 4 South American under-23 200 2014
- SOUZA Hugo (BRA) 5/3/1987 (28y) 4x400 Metres**
2014 Brazilian Champion
400 pb: 45.09 -14. 200 pb: 20.68 -09. 2 South American 200 2009; 7 WCH 4x400 2013; 2 South American Games 2014. 1 Brazilian 2014
- VIDES Jorge Henrique (BRA) 24/11/1992 (22y) 4x100 Metres**
Second leg for winning Brazilian sprint relay team at 2013 South American Championships
100 pb: 10.28 -14. 200 pb: 20.38 -14. 3 South American 200 2013 (1 4x100); 1 Ibero-American 200 2014 (2 100)
- ABUBAKER Abbas (BRN) 17/5/1996 (18y) Distance Medley**
TRANSFEREE, Nigerian origin
400 pb: 45.17 -14. 3 WJC 400 2014; 2 Asian Games 2014. Cross the line third in the 2013 World Youth final, but was disqualified for running out of his lane
- ALI Belal Mansoor (BRN) 17/10/1988 (26y) 4x800 Metres**
TRANSFEREE – Formerly: John Yego KEN
Twice Olympic finalist at 1500m
1500 pb: 3:31.49 -07. 800 pb: 1:44.02 -07. 1 World Youth 1500 2005; 7 WCH 800 2005 (ht 1500); 3 WJC 1500 2006 (7 800); 11 WCH 1500 2007 (ht 800); ht WIC 1500 2008 & 800 2010; 7 OLY 1500 2008 (sf 800); 9 WCH 1500 2009 (sf 800); 3 IAAF Continental Cup 800 2010; 3 Asian Games 1500 2010 (7 800); 10 OLY 1500 2012. At WXC: 2005-10J, 2006-21J. Holds World Youth bests at 800m & 1500m. Before his transfer from Kenya he apparently clocked 1:46.8 for 800m at altitude in 2004 at age 15. He was investigated by the IAAF for alleged age manipulation, but cleared in November 2006
- KAMEL Youssef Saäd (BRN) 29/3/1983 (32y) 4x800m/Distance Medley**
TRANSFEREE – Formerly: Gregory Konchellah KEN
2009 World Champion at 1500m & bronze at 800m
800 pb: 1:42.79 -08. 1000 pb: 2:14.72 -08. 1500 pb: 3:31.56 -09. sf WCH 800 2005/2007; 1 WCP 800 2006; 1 Asian Games 800 2006 (2014-dnf); 1 Asian indoor 800 2008; 3 WIC 800 2008 (2004-sf); 5 OLY 800 2008 (2004-ht); 1 WCH 1500 2009 (3 800); sf WCH 1500 2011; 6 Asian Champs 800 2013. The IAAF approved his transfer from November 23, 2003. His father is twice World 800m Champion Billy Konchellah

ROTICH Abraham (BRN) 26/9/1993 (21y) 4x800m/Distance Medley TRANSFEREE – Formerly of Kenya, cleared by the IAAF to represent Bahrain from April 1, 2014

Full name-Abraham Kipchirchir Rotich

800 pb: 1:43.13 -12. 1000 pb: 2:17.08 -12. 1500 pb: 3:49.5 -14. Set a short-lived Kenyan junior 800m record of 1:43.13 in 2012. 2 Arab Champs 800 2013; dq Asian Games 800 2014 (originally finished third but had run out his lane on the first bend)

SEUREI Benson (BRN) 27/3/1984 (31y) Distance Medley TRANSFEREE - Ex-Kenya, acquired Bahraini citizenship on April 2, 2013 and cleared by the IAAF to compete for Bahrain from April 1, 2014 (even though he competed for Bahrain at the Arab Championships in 2013)

Full name-Benson Kiplagat Seurei

800 pb: 1:45.67 -12. 1500 pb: 3:31.61 -12. 10 Kenyan Olympic Trial 1500 2012; 2 Arab Champs 1500 2013; 5 IAAF Continental Cup 1500 2014; 4 Asian Games 1500 2014

TIOUALI Mohammed Ayoub (BRN) 26/5/1991 (23y) 4x800 Metres TRANSFEREE - Ex-Morocco, acquired Bahraini citizenship on September 15, 2013 and cleared by the IAAF to compete for Bahrain from September 14, 2014

800 pb: 1:46.32 -13. 1500 pb: 3:34.52 -12. 4 Moroccan 800 2013

BROWN Aaron (CAN) 27/5/1992 (22y) 4x100/200 Metres Second leg for Canadian team which won relay bronze at 2013 World Championships (following Britain's disqualification). Canadian record holder at 200m

100 pb: 10.01w, 10.05 -13. 200 pb: 20.02w, 20.16 -14. 2 World Youth 100 2009; 3 WJC 200 2010 (5 100); 3 Pan-American junior 100 2011; sf OLY 200 2012; sf WCH 100 100 2013; sf COM 100 2014. 1 Canadian 100 2013. Attends the University of Southern California

HARPER Daniel (CAN) 28/8/1989 (25y) 4x400 Metres 2009 World Student Games bronze
400 pb: 45.60 -12. 6 WJC 2008; 3 WSG 2009 (2013-8); 2 WSG 4x400 2013. 1 Canadian 2010

HARRIS Tremaine (CAN) 10/2/1992 (23y) 4x200/400 Metres 2012 North/Central American & Caribbean Champion at 200m
200 pb: 20.22 -12. 400 pb: 46.22 -11. 100 pb: 10.38 -13. ht WJC 400 2010; 1 North/Central American & Caribbean under-23 200 2012. 1 Canadian 200 2012/2013 & 400 2011; ht OLY 200 2012; ht WCH 200 2013

HAYNES Akeem (CAN) 3/11/1992 (22y) 4x100 Metres
100 pb: 10.18w, 10.23 -12. 200 pb: 20.83 -12. 6 Pan-American junior 100 2011. 2 NCAA 4x100 2013 (University of Alabama)

MAKINDE Segun (CAN) 6/7/1991 (23y) 4x100/200 Metres Full name-Oluwasegun Makinde (Segun is short for Oluwasegun)
2013 Francophone Games Champion at 200m
100 pb: 10.22w -14, 10.35 -12. 200 pb: 20.48 -13. sf World Youth 200 2007; sf WJC 200/110H 2010; 4 WSG 2013 (2011-5); 1 Francophone Games 200 2013

OSEI Philip (CAN) 30/10/1990 (24y) 4x400 Metres
400 pb: 45.51 -12. 2 North/Central American & Caribbean under-23 2012; 4 Francophone Games 2013; sf COM 2014. 1 Canadian 2013

RICHARDS-KWOK Dontae (CAN) 1/3/1989 (26y) 4x100/200/400 Metres
2013 World sprint relay bronze (third leg)
100 pb: 10.12 -13. 200 pb: 20.74 -12. 400 pb: 47.70 -11. 8 WSG 100 2011; 3 WCH 4x100 2013; 2 Francophone Games 100 2013; sf COM 100 2014

ROBERTSON Michael (CAN) 18/6/1989 (25y) 4x400 Metres
400 pb: 46.32 -13. 2 WSG 4x400 2013; sf COM 2014. 2 Canadian 2014

SMELLIE Gavin (CAN) 26/6/1986 (28y) 4x100/200 Metres Led off the ill-fated Canadian sprint relay squad at the London Olympics who finished third, but were then disqualified because of a lane infringement; One year later in Moscow he led off the team which originally placed fourth, but were then promoted to bronze following Britain's disqualification
100 pb: 10.11w -11, 10.14 -12. 200 pb: 20.33w -14, 20.45 -09. 6 Pan-

American junior 200 2005; 5 WSG 200 2007 (2009-6); qf WCH 200 2009; sf WCH 100 2013 (3 4x100); sf WIC 60 2014; 8 COM 200 2014. 5 NCAA 200 2009. Born-Jamaica. Studied Business at the University of Western Kentucky

WARNER Justyn (CAN) 28/6/1987 (27y) 4x100 Metres 2013 World relay bronze, he also anchored Canada to third place at the London Olympics before his team were disqualified for a marginal lane infringement

100 pb: 10.08w -15, 10.09 -12. 200 pb: 20.95 -11. 2 Pan-American junior 100 2005; 2 WJC 100 2006; sf WCH 100 2011; 7 WIC 60 2012; sf OLY 100 2012; 3 WCH 4x100 2013. 1 Canadian 100 2012. Based-Toronto. Graduate of Kinesiology from Texas Christian University. Wife-Nikkita Holder (2011 World Championship finalist at 100m hurdles)

BODDEN Gerome (CAY) 20/2/1995 (20y) 4x200 Metres
100 pb: 11.05 -13

CUFFY Tyrell (CAY) 6/9/1988 (26y) 4x200 Metres
200 pb: 20.83 -07. 100 pb: 10.26w -07, 10.33 -08. sf World Youth 100/200 2005; ht WJC 100/200 2006; 5 Central American & Caribbean Champs 100 2008 & 200 2009; ht COM 200 2014

HYMAN Kemar (CAY) 11/10/1989 (25y) 4x200 Metres Caymanian record holder at 60m & 100m
200 pb: 20.89 -09, 21.06 -07. 100 pb: 9.95 -12. sf World Youth 200 2005 (ht 100); sf WJC 100/200 2006; 8 WJC 100 2008; ht WCH 100 2009/2013; sf OLY 100 2012; sf COM 100 2014. Ran first leg for Florida State sprint relay team which won at 2011 NCAA Championships

ROBINSON Isaiah (CAY) 16/11/1999 (15y) 4x200 Metres
200 pb: 21.88 -14

CHEN Shiwei (CHN) 2/8/1991 (23y) 4x100/200 Metres First leg for Chinese sprint relay team which won at 2014 Asian Games (in Asian record 37.99)
100 pb: 10.40 -14. 200 pb: 21.50i -12. 7 IAAF Relays 4x200 2014; 1 Asian Games 4x100 2014

MO Youxue (CHN) 10/2/1996 (19y) 4x100/200 Metres 2013 World Youth Champion at 100m
100 pb: 10.30w -14, 10.35 -13. 200 pb: 21.39 -13. 1 World Youth 100 2013 (7 200); sf WJC 100 2014 (4 4x100). 1 Chinese youth 100/200 2013

WU Zhiqiang (CHN) 10/4/1994 (21y) 4x100/200 Metres
100 pb: 10.45 -13. 200 pb: 21.95i -15

XIE Zhenye (CHN) 17/8/1993 (21y) 4x100/200 Metres 2012 Youth Olympic Champion at 200m. Second leg for Chinese sprint relay team which won at 2014 Asian Games (in Asian record 37.99)
100 pb: 10.24w -14, 10.31 -13. 200 pb: 20.44 -14. 1 Youth Olympic Games 200 2010; 1 Asian junior 200 2012 (2 100); 5 WJC 200 2012 (8 100); ht WCH 200 2013; 1 Asian Games 4x100 2014. 1 Chinese 200 2014 (when he broke the Chinese record with 20.44)

YANG Yang (CHN) 26/6/1991 (23y) 4x100/200 Metres
100 pb: 10.26 -14. 2 WSG 4x100 2011; 7 IAAF Relays 4x200 2014. 3 Chinese 100 2014

BALOYES Bernardo (COL) 6/1/1994 (21y) 4x400 Metres Colombian record holder at 200m
400 pb: 45.68 -14. 200 pb: 20.35w, 20.43 -14. 100 pb: 10.38 -15. sf WYC 200 2011; 2 South American under-23 200 2012 & 400 2014; 2 South American (senior) 200 2013; ht WCH 200 2013; 2 Ibero-American 200 2014. 1 Colombian 200 2013 & 400 2014

LEMONS Carlos Andrés (COL) 3/6/1988 (26y) 4x400 Metres
400 pb: 45.71 -14. 6 Central American & Caribbean Games 2014. 3 Colombian 2014

PALOMEQUE Diego Armando (COL) 5/12/1993 (21y) 4x400 Metres Colombian record holder (then banned for doping) while still a junior. He now shares the record with Rafith Rodriguez
400 pb: 45.62 -12. 200 pb: 20.69 -12. =1 South American junior 200 2011; ht WJC 2012. Served two year doping ban 2012-2014

PERLAZA Jhon (COL) 26/8/1994 (20y) 4x400 Metres Full name-Alejandro Jhon Perlaza
400 pb: 45.96 -14. 3 Pan-Am junior 2013; 5 South American 2013; 5 South American Games 2014

- RODRIGUEZ Rafith (COL) 1/6/1989 (25y) 4x400 Metres**
Full name-Rafith Rodriguez Lleneres
Twice South American Champion & Colombian record holder at 800m, 1500m & co-holder at 400m
400 pb: 45.62 -14. 800 pb: 1:44.31 -11. 1500 pb: 3:42.75 -14. ht WJC 800 2008; 5 Central American & Caribbean Games 800 2010; 1 South American 800 2011/2013 (2014-2); sf WCH 800 2011; 9 Pan-American Games 800 2011; sf WIC 800 2012; ht OLY 800 2012; sf WCH 800 2013; 1 Ibero-American 800 2014; 3 South American 1500 2014. 1 Colombian 800 2010/2011/2013/2014 (1 400 2011)
- ACEA Raidel (CUB) 31/10/1990 (24y) 4x400 Metres**
2014 Central American & Caribbean Games Champion
400 pb: 45.36 -14. 800 pb: 1:45.62 -11. 1 Pan-American junior 800 2009; 3 Pan-American 800 Games 2011; 1 Central American & Caribbean Games 400 2014. 1 Cuban 800 2011
- CARRERO Yaniel (CUB) 17/8/1995 (19y) 4x100 Metres**
100 pb: 10.28 -14. 200 pb: 20.81 -13. 1 Cuban 100 2014
- CHACÓN Adrián (CUB) 10/12/1988 (26y) 4x400 Metres**
400 pb: 46.97 -10. 4 Cuban 2014
- COLLAZO William (CUB) 31/8/1986 (28y) 4x400 Metres**
2010 World indoor silver
400 pb: 44.93 -09. 4 Pan-Am Games 2007/2011; sf WCH 2007/2009/2011; sf OLY 2008; 1 Central American & Caribbean Champs 2009; 2 WIC 2010; 2 Ibero-American 2010/2012
- LESCAY Yoandys (CUB) 5/1/1994 (21y) 4x400 Metres**
400 pb: 45.29 -13. 200 pb: 20.83 -14. sf WJC 200 2012; 2 Central American & Caribbean Games 2014. 1 Cuban 2014
- LUIS Yadier (CUB) 1/3/1989 (26y) 4x100 Metres**
100 pb: 10.17 -14. 200 pb: 21.27 -14. 7 Central American & Caribbean Games 100 2014. 2 Cuban 100 2011
- MENA Reynier (CUB) 21/11/1996 (18y) 4x100 Metres**
Sprint double bronze at 2013 World Youth Championships
100 pb: 10.30 -12. 200 pb: 20.50 -14. 3 World Youth 100/200 2013; sf WJC 200 2014; 2 Central American & Caribbean Games 200 2014
- PELLICIER Osmaidel (CUB) 30/3/1992 (23y) 4x400 Metres**
400 pb: 46.15 -14. 200 pb: 21.18 -12. ht WCH 4x400 2013. 3 Cuban 2014
- RAMOS Reidis (CUB) 21/7/1996 (18y) 4x100 Metres**
100 pb: 10.49w, 10.58 -15. 1 Cuban youth 100 2014
- SKYERS Roberto (CUB) 12/11/1991 (23y) 4x100 Metres**
2011 Pan-American Champion at 200m
100 pb: 10.29 -10. 200 pb: 20.24 -09. 4 Ibero-American 100 2010; 1 Pan-Am Games 200 2011; ht OLY 200 2012; 1 Central American & Caribbean Games 200 2014. Nickname-"La Bala de Minas" [The Minas Bullet], Minas being a city in the Camagüey Province of Cuba
- ANDÚJAR Yoandry (DOM) 5/7/1990 (24y) 4x100 Metres**
100 pb: 10.29 -14. 200 pb: 20.78w -14, 20.93 -14. 6 Central American & Caribbean Games 100 2014
- CUESTA Gustavo (DOM) 14/11/1988 (26y) 4x100/400 Metres**
400 pb: 45.33 -15. 200 pb: 20.85 -13. 100 pb: 10.55 -15. 3 Central American & Caribbean Champs 2012; sf WCH 2013; ht WIC 2014
- CUEVAS Winder (DOM) 1/8/1988 (26y) 4x400 Metres**
Dominican Republic #2 at 400m Hurdles after Félix Sanchez
400 pb: 46.84 -11. 400H pb: 49.20 -11. 4 Pan-American Games 400H 2011; ht OLY 400H 2012; 7 Central American & Caribbean Games 2014 (2013-8)
- del CARMEN Stanly (DOM) 20/9/1995 (19y) 4x100 Metres**
100 pb: 10.43 -15. 200 pb: 20.76w -15, 21.19 -14. 6 Central American & Caribbean junior 100 2014; sf WJC 100 2014 (ht 200)
- MARTINEZ Yancarlos (DOM) 8/7/1992 (22y) 4x100 Metres**
100 pb: 10.29 -14
- MONTAS Deidi (DOM) 21/8/1990 (24y) 4x100 Metres**
100 pb: 10.4 -14
- SANTOS Juander (DOM) 7/5/1995 (19y) 4x400 Metres**
400 pb: 45.93 -14. 200 pb: 21.17 -14. 4 Central American & Caribbean junior 400 2014 (6 200); sf WJC 400 2014 (ht 200); 4 Central American & Caribbean Games 400 2014
- SANTOS Luguelín (DOM) 12/11/1993 (21y) 4x400 Metres**
Olympic silver & World Championship bronze while still a teenager
400 pb: 44.45 -12. 200 pb: 20.55 -13. 1 Youth Olympic Games 2010; 2 Pan-Am Games 2011; sf WIC 2012/2014; 1 WJC 2012 (2010-6); 2 OLY 2012; 3 WCH 2013; 5 IAAF Continental Cup 2014. 1.73/61kg
- SORIANO Yon (DOM) 2/1/1987 (28y) 4x400 Metres**
400 pb: 46.05 -14. 6 WCH 4x400 2009; 6 Ibero-American 2012; 7 Central American & Caribbean Games 2014
- AWAD Ahmad Saber (EGY) 1/1/1992 (23y) 4x200 Metres**
pbs in Decathlon events:
100: 10.71; LJ: 6.49; SP: 13.65; HJ: 1.89; 400: 49.88; 110H: 16.39; DT: 40.53; PV: 4.00; JT: 61.36; 1500: 4:42.72
Decathlon pb: 6972 -14. 1 African junior Decathlon 2011; dnf African Champs Decathlon 2014
- BESHR Anas (EGY) 19/7/1993 (21y) 4x200 Metres**
Egyptian record holder at 400m
400 pb: 45.59 -14. 2 Mediterranean Games 2013
- EL KHAIR Mohamed Sayed Abou (EGY) 20/6/1992 (22y) 4x200 Metres**
(aka Ibrahim Mohamed El Sayed A)
200 pb: 21.33 -11. 400 pb: 47.13 -11. sf WJC 400 2010; 4 African junior 200 2011 (5 400)
- HAMADA Mohamed Ahmed (EGY) 22/10/1992 (22y) 4x200 Metres**
Egyptian record holder at 800m & 1500m
800 pb: 1:44.98 -12. 1500 pb: 3:38.16 -11. ht WJC 1500 2010; 4 African junior 800 2011; 2 Pan-Arab 1500 2011 (5 800); sf OLY 800 2012; 3 Mediterranean Games 800 2013; ht WCH 800 2013
- MOSTAFA Sherif (EGY) 5/6/1999 (15y) 4x400 Metres**
- SEOUD Amr Ibrahim Mostafa (EGY) 10/6/1986 (28y) 4x200 Metres**
2007 World Student Games Champion & 2010 African Champion at 200m. Egyptian record holder at 60m, 100m & 200m
200 pb: 20.36 -10. 100 pb: 10.13 -11. sf World Youth 200 2003 (ht 100); 4 African Games 200 2006; 1 WSG 200 2007 (7 100); qf OLY 200 2008; 1 African Champs 200 2010 (4 100); 6 IAAF Continental Cup 200 2010; sf WCH 200 2011 (2007-qf, 2009-ht); 2 African Champs 100/200 2012; sf WIC 60 2012 (2003-ht); 2 African Champs 100/200 2012; ht OLY 100/200 2012; 6 Mediterranean Games 100/200 2013. At the 2007 World Student Games he was fifth in the initial staging of the 100m final which was annulled because of a false start by another athlete. Therefore he forfeited a personal best of 10.40 from that race. He went on to place seventh in the re-run before winning the 200m final
- ALCARAZ Bertrán (ESP) 22/1/1992 (23y) 4x400 Metres**
400 pb: 46.90 -13. 7 EJC 2011. 1 Spanish Universities 2013
- BUA Lucas (ESP) 12/1/1994 (21y) 4x400 Metres**
400 pb: 46.56 -14. ht World Youth 2011; ht WJC 2012
- FRADERA Pau (ESP) 8/4/1987 (28y) 4x400 Metres**
400 pb: 46.60 -14. ht EIC 2015. 1 Spanish under-23 2009
- GARCÍA Samuel (ESP) 4/12/1991 (23y) 4x400 Metres**
2014 European finalist
400 pb: 45.50 -14. 4 WIC 4x400 2012; 8 ETCh 2013/2014; 7 ECH 2014; sf EIC 2015 (2013-ht). 1 Spanish 2012/2014 (1 indoor 2013/2015)
- PÉREZ Iñigo (ESP) 21/1/1992 (23y) 4x400 Metres**
400 pb: 47.32i -15, 47.35 -14. 6 Spanish indoor 2015
- UJAKPOR Mark (ESP) 18/1/1987 (28y) 4x400 Metres**
Full name-Mark Ujakpor Sánchez
400 pb: 46.15 -14. ht WIC 2008/2014; 8 ECP 2008; ht ECH 2010; sf EIC 2011/2013 (2009-ht); sf WIC 2012 (4 4x400); 5 Mediterranean Games 2013; 8 ETCh 2014. 1 Spanish 2007/2009 & indoor 2012/2014

- ANNE Mame-Ibra (FRA) 7/11/1989 (25y) 4x400 Metres**
2014 European Team Championships winner
400 pb: 45.44 -14. 3 under-23 ECH 4x400 2009; 5 under-23 ECH 2011; 3 Mediterranean Games 2013; 1 ETCh 2014; sf ECH 2014 (4 4x400). 1 French 2013/2014. In 2006 he was selected by France for the World Junior Championships but withdrew after suffering a pulmonary embolism
- ATINE-VENEL Teddy (FRA) 16/3/1985 (30y) 4x400 Metres**
44.82 split at 2008 European Cup relay
400 pb: 45.54 -08. ht WJC 2004; 1 ECP 4x400 2008; 2 Mediterranean Games 2009; sf WCH 2009 (2011-ht); sf ECH 2010; 6 ETCh 2011. 1 French under-23 2006. His elder brother Didier is also a 400m runner (47.23 -10). Heavily tattooed, including a necklace of blood & tears
- BASSAW Ben (FRA) 9/7/1989 (25y) 4x200 Metres**
(Bassaw pronounced 'Basso')
200 pb: 20.43 -14. 100 pb: 10.20w, 10.31 -12/14. sf ECH 200 2012/2014; 3 ECH 4x100 2014. 1 French under-23 100 2010
- BIRON Emmanuel (FRA) 29/7/1988 (26y) 4x100 Metres**
2012 World indoor finalist at 60m
100 pb: 10.22 -13. 200 pb: 21.21 -12. LJ pb: 7.96 -09. sf World Youth 110H 2005 (dnq LJ); dnq WJC LJ 2006; 2 under-23 ECH 4x100 2009; 6 Francophone Games LJ 2009; 6 WIC 60 2012; 3 ECH 4x100 2012 (sf 100); 7 EIC 60 2015 (2013-8)
- DÉCIMUS Yoan (FRA) 30/11/1987 (27y) 4x400 Metres**
Anchored France to European indoor relay gold in Paris 2011, now switched to hurdles
400 pb: 46.04 -11. 400H pb: 49.52 -13. ht WJC 400 2006; sf EIC 400 2009; 5 under-23 ECH 400 2009 (3 4x400); 7 WCH 4x400 2009; 6 EIC 400 2011 (1 4x400); ht WCH 2013; 2 Francophone Games 400H 2013; 4 ETCH 400H 2014. 1 French indoor 400 2008
- HANNE Mamoudou (FRA) 6/3/1988 (27y) 4x400 Metres**
Ex-Mali, ran vital third leg for winning French relay team at 2011 European Indoor Championships, putting France into the lead
400 pb: 46.09 -13. ht WJC 2006; 7 African junior 2007; ht WIC 2008; 1 EIC 4x400 2011; sf EIC 2013; 4 ECH 4x400 2014. 1 French indoor 2013
- JORDIER Thomas (FRA) 12/8/1994 (20y) 4x400 Metres**
Set a French junior record of 46.21 in 2013 at age 18, to break the previous mark of 46.31 which had stood to Gilles Bertouled since 1968
400 pb: 46.00 -14. 3 World Youth Medley Relay 2011 (sf 400); dq/ht EIC 2013; 3 EJC 2013; 2 ETCh 2014. 3 French 2014
- LEMAITRE Christophe (FRA) 11/6/1990 (24y) 4x100/200 Metres**
In Barcelona 2010 became the first man to win the sprint treble at the European Championships (but now he has lost all those titles)
100 pb: 9.92 -11. 200 pb: 19.80 -11. 4 World Youth 100 2007 (5 200); 1 WJC 200 2008; 1 EJC 100 2009; dq qf WCH 100 2009 (false start); 2 ETCh 100 2010; 1 ECH 100/200/4x100 2010; 1 IAAF Continental Cup 100 2010; 3 EIC 60 2011 (2009-sf); 1 ETCh 100/200 2011; 3 WCH 200 2011 (4 100); 2 WCH 4x100 2011; 1 ECH 100 2012; 6 OLY 200 2012; 1 ETCh 200 2013; 7 WCH 100 2013 (injured); 2 ECH 100/200 2014 (3 4x100); 4 IAAF Continental Cup 200 2014 (5 100). 1 French 100/200 2010/2011/2012/2014, 200 2013 & indoor 60 2011/2014. 1.91/82kg
- PESSONNEAUX Pierre-Alexis (FRA) 25/11/1987 (27y) 4x100/200 Metres**
Ran third leg for victorious French sprint relay team at the 2010 European Championships
100 pb: 10.29w -09, 10.39 -12. 200 pb: 20.65w -11, 20.73 -12. 4 Mediterranean Games 200 2009; 8 under-23 ECH 200 2009 (2 4x100); 1 ECH 4x100 2010 (2012-3). 1 French indoor 200 2015
- RENÉ Marvin (FRA) 11/4/1995 (20y) 4x200 Metres**
200 pb: 21.18 -13. 100 pb: 10.46 -13. sf EJC 100 2013
- TINMAR Teddy (FRA) 30/3/1987 (28y) 4x100/200 Metres**
2014 European relay bronze
100 pb: 10.30 -11. 200 pb: 20.62w -11, 20.70 -14. 8 under-23 ECH 100 2009 (2 4x100); ht WIC 60 2010; 3 ECH 4x100 2014
- VICAUT Jimmy (FRA) 27/2/1992 (23y) 4x100 Metres**
2013 European Indoor Champion at 60m. Anchored France to 2011 World relay silvers
100 pb: 9.89w -14, 9.95 -13/14. 200 pb: 20.30 -13. 7 World Youth 100 2009; 3 WJC 100 2010; 1 ECH 4x100 2010; 1 EJC 100/4x100 2011; 6 WCH 100 2011 (2 4x100); sf OLY 100 2012 (4 4x100); 1 EIC 60 2013; 1 ETCh 100 2013/2014; sf WCH 100/200 2013; sf ECH 100 2014 (scratched with hamstring injury). 1 French indoor 60 2013 & 100 2013. His mother is Ivorian. His younger brother Willy Vicaut was 2013 French Junior Champion at Shot Put
(Jimmy may yet get an Olympic relay bronze from London 2012 if the IOC disqualifies the United States from that race due to Tyson Gay's doping transgression, then upgrades the other teams)
- VINCENT Pierre (FRA) 20/2/1992 (23y) 4x100/200 Metres**
2014 European 4x100m bronze
100 pb: 10.42 -12. 200 pb: 20.47w, 20.54 -14. 2 EJC 200 2011; 3 ECH 4x100 2014. 3 French 200 2014 (4 100)
- CADDICK George (GBR) 29/7/1994 (20y) 4x400 Metres**
400 pb: 46.10 -15. 3 EJC 4x400 2013. 1 English Schools 2011/2012; 1 English junior 2012
- EJIAKUEKWU Roy (GBR) 2/2/1995 (20y) 4x100 Metres**
Former English Schools Champion at 100m
100 pb: 10.22w -15, 10.53 -13. 200 pb: 21.17 -14. sf EJC 100 2013. 1 English under-17 200 2011; 1 English Schools under-17 200 2011; 1 English Schools 100 2013
- ELLINGTON James (GBR) 6/9/1985 (29y) 4x100 Metres**
2014 European 4x100m gold
100 pb: 10.10w -15, 10.13 -14. 200 pb: 20.42 -13. 6 EJC 200 2003; 7 WJC 100 2004; 5 under-23 ECH 100 2005 (4 4x100); 1 under-23 ECH 4x100 2007; 1 ETCh 4x100 2011/2013; ht OLY 200 2012; sf WCH 200 2013 (2011-ht); sf COM 200 2014; 1 ECH 4x100 2014 (sf 200). 1 UK 200 2012/2013 (2014-3). Once played rugby for Kent (outside centre position). Born-Catford, studied sports science at Lewisham College. His motto (tattooed on his arm) is "Victory Loves Preparation"
- GREEN Jack (GBR) 6/10/1991 (23y) 4x400 Metres**
2011 European under-23 Champion at 400m hurdles. Excellent in relays (44.42 split in the 2012 Olympic heats)
400 pb: 45.99 -12. 400H pb: 48.60 -12. 5 WJC 400H 2010 (3 4x400); 1 under-23 ECH 400H 2011; sf OLY 400H 2012 (fell) (4 4x400). 1 English Schools 400H 2008. Born-Maidstone, grew up in Folkestone
After his seasons in 2012 & 2013 were ruined with injury, he took a break from athletics in 2014
Has made a promising return in 2015 with a 45.5 relay split & 49.55 at 400m Hurdles
- KILTY Richard (GBR) 2/9/1989 (25y) 4x100 Metres**
2014 World Indoor Champion & 2015 European Indoor Champion at 60m
100 pb: 10.10 -13. 200 pb: 20.34 -13. sf WJC 200 2008 (5 4x100); 7 under-23 ECH 200 2009; 2 under-23 ECH 4x100 2011; 6 ETCh 100 2013; 1 WIC 60 2014; sf COM 100 2014 (2 4x100); 1 ECH 4x100 2014. 1 English Schools 100 2007; 1 English junior 200 2008. Father Kevin was a 10.8 100m sprinter and a professional bodybuilder, his sister Heidi is also an athlete
- ROBERTSON Andrew (GBR) 17/12/1990 (24y) 4x100 Metres**
2011 European under-23 100m bronze & relay silver
100 pb: 10.10 -14. 200 pb: 20.76 -13. 3 EJC 100/4x100 2009; 3 under-23 ECH 100 2011 (2 4x100); silver COM 4x100 2014 (ran heat). 1 North of England 100 2010/2011; 2 UK indoor 60 2012; 3 UK 100 2013
- ROONEY Martyn (GBR) 3/4/1987 (28y) 4x400 Metres**
2014 European Champion. Terrific in relays, a 43.73 split in Beijing 2008, 43.93 in Zürich 2014
400 pb: 44.60 -08. 200 pb: 20.87w -11, 21.33 -07. 2 EJC 2005 (1 4x400); 3 WJC 2006 (3 4x400); 1 ECP 2008; 6 OLY 2008 (4 4x400); sf WCH 2009/2011 (2007-ht); 2 WCH 4x400 2009 (2011-7, 2013-4); 1 ETCh 2010; 3 ECH 2010 (2 4x400); sf OLY 2012 (4 4x400); 4 COM 2014 (2006-5); 1 ECH 400/4x400 2014. 1 UK 2008/2010/2011/2012/2014. Married former British pole vault record holder Kate Dennison on September 19, 2014. 1.98 tall
- SAFO-ANTWI Sean (GBR) 31/10/1990 (24y) 4x100 Metres**
100 pb: 10.07w, 10.14 -14. 200 pb: 21.33 -12. sf EIC 60 2015. 1 UK Inter-Counties 100 2014. 2 UK indoor 60 2015. Ghanaian parents

- TALBOT Danny (GBR) 1/5/1991 (24y on May 1) 4x100 Metres**
2012 European bronze medalist at 200m
100 pb: 10.14 -14. 200 pb: 20.36 -14. sf WJC 200 2010; 3 ECH 200 2012 (2014-sf); 4 ETCh 200 2013 (2011-6); 2 under-23 ECH 200 2013 (2011-4); 2 ETCh 100 2014; 7 COM 200 2014 (2 4x100); sf ECH 200 2014 (gold 4x100 having run in heats). 1 UK 200 2014 & indoor 2011; 1 English under-23 200 2011/2012. Two of his uncles competed for Wales as schoolboys, one as a javelin thrower and another as a rugby player
- WILLIAMS Conrad (GBR) 20/3/1982 (33y) 4x400 Metres**
Now nine relay medals from major championships, including two golds in 2014
400 pb: 45.08 -12. 200 pb: 20.96 -11. 1 ETCh 4x400 2009; 2 WCH 4x400 2009; 6 COM 400 2010 (3 4x400); 2 WIC 4x400 2012/2014 (2010-3); sf OLY 2012 (4 4x400); 1 COM 4x400 2014; 5 ECH 2014; 1 ECH 4x400 2014 (2010/2012-2); 5 EIC 4x400 2015. 1 UK 2012/2013
- WILLIAMS Delano (GBR) 23/12/1993 (21y) 4x400 Metres**
Turks & Caicos record holder at 100m, 200m & 400m. 2012 World Junior Champion at 200m. Cleared to compete internationally for Britain from June 6, 2013
400 pb: 46.20 -15. 100 pb: 10.28 -13. 200 pb: 20.27 -13. ht WJC 100/200 2010; 1 Carifta Games junior 200 2011 (a title won in previous years by Usain Bolt); 1 WJC 200 2013; sf WCH 200 2013. 3 UK 200 2013 (2012-7)
As Turks & Caicos is a British Overseas territory, he holds a British passport and because that country is not a member of the IOC, he could in theory compete in the Olympics for Great Britain. He carried the flag for Turks & Caicos at the 2010 Commonwealth Games
His name is wrongly reported as "Delanno" because of a spelling error on his passport (he confirmed in Moscow 2013)
- YOUSIF Rabah (GBR) 11/12/1986 (28y) 4x400 Metres**
Full name-Rabah Yousif Bkheit (ex-Sudan)
2011 African Games Champion. Relay gold at 2014 European Championships after running in heats
400 pb: 45.13 -11/12. LJ pb: 7.61 -07. HJ pb: 2.05i -07. sf WCH 2009/2011; 1 Arab 2010; ht WIC 2010; 2 African Champs 2010; 5 IAAF Continental Cup 2010; 1 African Games 2011; sf OLY 2012. Born-Khartoum, came to Britain in 2002. Acquired British citizenship on January 23, 2013 and cleared by the IAAF to compete for Britain from June 13, 2013
- BLUM Christian (GER) 10/3/1987 (28y) 4x100 Metres**
2015 European indoor silver at 60m
100 pb: 10.20 -14. 200 pb: 20.85 -07. sf EJC 100 2005 (1 4x100); sf WJC 100 2006; sf EIC 60 2007 (2011-ht); 3 ECP 100 2007; 7 under-23 ECH 100 2007; sf ECH 100 2010; sf WIC 60 2012; 3 EIC 60 2015. 1 German indoor 60 2007/2011/2012/2014/2015
- DOMOGALA Patrick (GER) 14/3/1993 (22y) 4x100/200 Metres**
100 pb: 10.24w, 10.32 -14. 200 pb: 20.64 -14. 3 Youth Olympic Games 200 2010; sf WJC 100/200 2012
- EREWA Robin (GER) 24/6/1991 (23y) 4x200 Metres**
Reigning German 200m Champion indoors & out
200 pb: 20.46 -14. 100 pb: 10.31 -14. 5 WJC 200 2010; 3 under-23 ECH 4x100 2011; sf ECH 200 2014. 1 German 200 2011/2014 (1 indoor 2014/2015)
- FLEISCHHAUER Georg (GER) 21/10/1988 (26y) Distance Medley**
Second (to David Greene GBR) over 400m Hurdles at 2011 European Team Championships
400 pb: 4770 -11. 400H pb: 48.72 -11. 2 ETCh 400H 2011; sf WCH 400H 2011; 6 ECH 400H 2012. 1 German 400H 2012
- GABA Kamghe (GER) 13/1/1984 (31y) 4x400 Metres**
(Kamghe pronounced "Kamga")
2012 European relay bronze
400 pb: 45.47 -06. HJ pb: 2.05 -02. 5 World Youth Octathlon 2001; 2 EJC 2003 (1 4x400); sf WJC 2004; 7 OLY 4x400 2004; 2 under-23 ECH 2005 (2 4x400); 6 ECP 2008; 3 ETCh 2009 (2014-6); 3 ECH 4x400 2012; 6 ECH 2014. 1 German 2010/2014. Former Judo player. 2.02 tall
- JAKUBCZYK Lucas (GER) 28/4/1985 (30y) 4x100/200 Metres**
Ran anchor for German team which won sprint relay silvers at 2012 & 2014 European Championships
- 100 pb: 10.01w, 10.07 -14. 200 pb: 20.76i -15, 20.77 -12. dnq WJC LJ 2004; 8 under-23 ECH LJ 2007; 2 European Police LJ 2012; sf ECH 100 2012 (2 4x100); 4 WCH 4x100 2013; sf WIC 60 2104; 5 ECH 100 2014 (2 4x100); 6 EIC 60 2015. 1 German 100 2012. He was in the Sports Unit of the German Federal Police (Bundespolizei) in 2004-2011. His twin brother is the international drum & bass DJ and producer Tobias Jakubczyk, who performs as part of the duo 'Neonlight'
- KEINER Sebastian (GER) 22/8/1989 (25y) Distance Medley**
800 pb: 1:45.98 -08. 1500 pb: 3:37.75 -13. 5 EJC 800 2007; sf WJC 800 2008 (2006-ht); 7 ETCh 800 2009; 8 under-23 ECH 800 2009; ht EIC 800 2011; sf ECH 800 2012. 1 German indoor 800 2009
- KNIPPHALS Sven (GER) 20/9/1985 (29y) 4x100 Metres**
2014 European relay silver
100 pb: 10.10w -15, 10.20 -13. 200 pb: 20.48 -14. 4 WCH 4x100 2013; sf ECH 100 2014 (2 4x100). 1 British Universities indoor 200 2010 & 60 2011, representing Bournemouth University where he was a student of Chiropractic; 1 UK indoor 200 2012; 2 German 200 2013
His father Jens was an 8.14 long jumper in the 80s (3 EIC 83), his grandfather Hans Jürgen Knippahls played handball for Germany
- KOSENKOW Alexander (GER) 14/3/1977 (38y) 4x100 Metres**
European sprint relay silvers in 2012 & 2014 & bronzes in 2002 & 2010
100 pb: 10.14 -03. 200 pb: 20.43 -09. 5 EJC 100 95 (3 4x100); 3 under-23 ECH 4x100 99; sf EIC 60 2000; qf WCH 200 2001 (2009-ht); qf ECH 100 2002 (2 4x100); qf OLY 200 2004; sf EIC 200 2005; 6 ECP 200 2007; 5 OLY 4x100 2008; sf ECH 100 2010 (3 4x100); 2 ECH 4x100 2012/2014. 1 German 100 2003/2007/2010. Born-Kyrgyzstan
- KRÜGER Eric (GER) 21/3/1988 (27y) 4x400 Metres**
2012 European relay bronze
400 pb: 45.77 -13. 3 EJC 2007 (2 4x400); 4 ECH 4x400 2010. 1 European Police 2010; 3 ECH 4x400 2012. 1 German 2012 & indoor 2014. His motto: "If you fight you can lose, if you are not fighting you already lost"
- MENGA Alex-Platini (GER) 29/9/1987 (27y) 4x200 Metres**
2009 European under-23 silver at 200m
200 pb: 20.33 -12. 100 pb: 10.16w -12, 10.19 -14. 2 under-23 ECH 200 2009; qf WCH 200 2009; sf ECH 200 2014
- ORTH Florian (GER) 24/7/1989 (25y) Distance Medley**
Twice tenth in European Championship 1500m finals
3000 pb: 7:44.65 -14. 1500 pb: 3:34.54 -14. ht WJC 1500 2008; ht EIC 1500 2011/2013; 10 ECH 1500 2012/2014; 8 EIC 3000 2015. 1 German junior 1500 2008 & under-23 1500 2010 & indoor 1500 2011. At EXC: 2007-13J. 2008-9J, 2010-10u23, 2011-22u23. 1 German indoor 2013
- PLASS Jonas (GER) 1/8/1986 (28y) 4x400 Metres**
2012 European relay bronze
Outdoor pb: 46.00 -09. 3 under-23 ECH 4x400 2007; 8 WCH 4x400 2011; 3 ECH 4x400 2012. 1 German 2011
- SCHEMBERA Robin (GER) 1/10/1988 (26y) Distance Medley**
7x German 800m Champion (4 in + 3 out)
800 pb: 1:45.63 -09. 6 World Youth 800 2005; sf WJC 800 2006; 3 ECP 800 2007 (2008-4); 1 EJC 800 2007; 3 under-23 ECH 800 2009; ht WCH 800 2009; 4 ETCh 800 2010; dnf EIC 800 2011 (injured when another runner fell); 5 EIC 800 2015. 1 German 800 2008/2009/2013 (1 indoor 2008/2010/2013/2015). Son of former East German 800m runner Katrin Wuhn (4 EIC 1500 1987)
- SCHMIDT Roy (GER) 30/9/1991 (23y) 4x200 Metres**
200 pb: 20.85 -14. 100 pb: 10.26w, 10.30 -14. 7 EJC 200 2009 (1 4x100); sf WJC 200 2010
- SCHNEIDER Thomas (GER) 7/11/1988 (26y) 4x400 Metres**
2011 European indoor silver
400 pb: 45.56 -11. 2 EJC 4x400 2007; 4 EIC 4x400 2009; 4 ECH 4x400 2010; 2 EIC 2011; 2 ETCh 2011 (2010-4); 3 ECH 4x400 2012. 1 German indoor 2011/2013. He is a "Sportsoldat" (Soldier free to practise sport)
- TESFAYE Homiyu (GER) 23/6/1993 (21y) Distance Medley**
Ethiopian origin, gained German citizenship on June 28, 2013 after having lived in that country for more than one year and so cleared by the IAAF to represent Germany from that date

1500 pb: 3:31.98 -14. Mile pb: 3:49.86 -14. 800 pb: 1:46.40 -13. 5000 pb: 13:58.73 -13. 10,000 pb: 29:08.44 -13. 5 WCH 1500 2013; 7 WIC 1500 2014; 2 ETCh 1500 2014; 5 ECH 1500 2014; 4 EIC 1500 2015. 1 German indoor 1500 2012/2015 & 10,000 2013. 1 Great North CityGames Mile 2014

According to transponder timings he had the quickest last lap, 53.16, in the 2013 World Championship 1500m

TREFZ Johannes (GER) 7/6/1992 (22y) **4x400 Metres**
400 pb: 46.50 -14. 3 EJC 4x400 2011. 1 German under-23 2014

WIESEND Benedikt (GER) 4/6/1991 (23y) **4x400 Metres**
400 pb: 46.78 -13

LI Lut Yin (HKG) 14/3/1994 (21y) **4x100 Metres**
100 pb: 10.54w, 10.58 -15

NG Ka Fung (HKG) 27/10/1992 (22y) **4x100 Metres**
Third leg for Hong Kong relay team which won at the 2013 Asian Championships
100 pb: 10.28w -12, 10.39 -15. 200 pb: 20.98 -11. qf World Youth 100 2009 (ht 200); 1 Asian Champs 4x100 2013; 3 Asian Games 4x100 2014. 1 Chinese junior 100 2011

SO Chun Hong (HKG) 20/4/1993 (22y) **4x100 Metres**
100 pb: 10.44 -14. 3 Asian Games 4x100 2014 (2nd leg)

TANG Yik Chun (HKG) 23/6/1986 (28y) **4x100 Metres**
Twice fourth in Asian Championship 200s. Hong Kong record holder at 200m
100 pb: 10.44 -05. 200 pb: 20.94 -05. 4 Asian Champs 200 2005/2007; 1 Asian Indoor Games 60 2005; ht WIC 60 2006; 1 Asian Champs 4x100 2013 (1st leg); 3 Asian Games 2x100 2014

TSUI Chi Ho (HKG) 17/2/1990 (25y) **4x100 Metres**
Hong Kong record holder at 100m
100 pb: 10.28 -10. 200 pb: 21.80 -08. ht World Youth 100/200 2007; 3 Asian junior 100 2008; sf WJC 100 2008; ht WCH 100 2009; 8 Asian Games 100 2010; qf WCH 100 2011; 1 Asian Champs 4x100 2013 (4th leg); 3 Asian Games 4x100 2014

BARR Thomas (IRL) 24/7/1992 (22y) **4x400 Metres**
Irish record holder at 400m Hurdles
400 pb: 46.97i -14, 49.21 -12. 400H pb: 48.90 -14. 6 EJC 400H 2011; sf ECH 400H 2012/2014; 8 under-23 ECH 400H 2013. 1 Irish 400H 2011-2014. Engineering graduate from the University of Limerick
On May 28, 2014 in Namur with 49.61 he broke the Irish record of 49.73 which had stood to Thomas McGuirk since 1996; then on June 1, 2014 in Geneva he improved again to 48.90

GREGAN Brian (IRL) 31/12/1989 (25y) **4x400 Metres**
Sixth at 2012 European Championships
400 pb: 45.53 -13. 200 pb: 21.05 -13. dq WJC final 2008 (out of lane); ht WIC 2010; 6 ECH 2012 (2010-ht, 2014-sf); sf EIC 2013 (2011-ht); 5 WSG 2013; sf WCH 2013. 1 Irish 2009/2014 & indoor 2011 (1 indoor 200 2013). Attends Dublin City University

KERVICK Dara (IRL) 5/6/1991 (23y) **4x400 Metres**
400 pb: 46.53i -15, 47.28 -13. ht under-23 ECH 2013; sf EIC 2015. 1 Northern Ireland 2010; 5 Irish 2014; 1 Irish indoor 2015. Third-year sports science student at Dublin City University

LYNCH Craig (IRL) 9/2/1990 (25y) **4x400 Metres**
400 pb: 47.35 -15. 2 Irish 2014

MORRISSEY Richard (IRL) 11/1/1991 (24y) **4x400 Metres**
2013 European under-23 finalist
400 pb: 46.20 -14. 200 pb: 21.47 -14. 7 under-23 ECH 2013; sf ECH 2014; 3 Irish 2012. Member of British Club Shaftesbury Barnet H

MURPHY Brian (IRL) 16/9/1982 (32y) **4x400 Metres**
400 pb: 46.41 -11. 1 Irish 2013

HENRY Tabarie (ISV) 1/12/1987 (27y) **4x200 Metres**
Fourth in World Championships indoors (2012) and out (2009) ... US Virgin Islands record holder at 200m & 400m
200 pb: 20.71 -09. 400 pb: 44.77 -09. sf OLY 400 2008/2012; 4 WCH 400 2009 (2011-7); 4 WIC 400 2012 (2014-ht). Born in the US Virgin

islands, moved to Miami at age 4. He has "MIA" (the airport code for Miami) tattooed on his right bicep and "305" (the area telephone dialling code for Miami) on the left

HUNT Leon (ISV) 17/5/1987 (27y) **4x200 Metres**
US Virgin Islands Record holder at long jump
200 pb: 21.81w, 22.11 -11. 100 pb: 10.67 -11. LJ pb: 8.11 -11. 8 Central American & Caribbean Games LJ 2014

MURRAY Leslie (ISV) 24/1/1991 (24y) **4x200 Metres**
US Virgin Islands record holder at 400m hurdles
200 pb: 21.85 -11. 400 pb: 46.41 -09. 400H pb: 49.83 -09. 3 WJC 400H 2010 (2008-sf); 3 Central American & Caribbean Games 400H 2014

SLATER Brian (ISV) 26/7/1989 (25y) **4x200 Metres**
200 pb: 22.26 -12

WALTERS David (ISV) 5/4/1989 (26y) **4x200 Metres**
US Virgin Island record holder at indoor 60m (6.66 in 2013)
200 pb: 21.78 -07. 100 pb: 10.45 -09. sf WJC 100 2008

CERUTTI Fabio (ITA) 26/9/1985 (29y) **4x100 Metres**
2009 European Indoor silver at 60m
100 pb: 10.13 -08. LJ pb: 7.38 -02. 4 under-23 ECH 100 2007; sf WIC 60 2008/2014; ht OLY 100 2008; 2 EIC 60 2009 (2007-6); 3 Mediterranean Games 100 2009; qf WCH 100 2009; sf WIC 60 2014; sf ECH 100 2010/2014; sf EIC 60 2015. 1 Italian 100 2008/2012 & indoor 60 2104

DEMONTE Enrico (ITA) 25/9/1988 (26y) **4x200 Metres**
200 pb: 20.45 -13. 100 pb: 10.28 -14. 6 EJC 200 2007; ht WCH 200 2013; ht ECH 200 2014

DESALU Eseosa (ITA) 19/2/1994 (21y) **4x100/200 Metres**
Ex-Nigeria, cleared by the IAAF to compete for Italy from May 2, 2012
100 pb: 10.49 -14. 200 pb: 20.55 -14. ht WJC 200 2012; 5 EJC 200 2013; sf ECH 200 2014

GALBIERI Giovanni (ITA) 8/1/1993 (22y) **4x100/200 Metres**
100 pb: 10.45 -14. 3 World Youth 100 2009; 7 EJC 100 2011; sf WJC 100 2012. 6 Italian 100 2013

GALVAN Matteo (ITA) 24/8/1988 (26y) **4x200/400 Metres**
2013 Mediterranean Games Champion
200 pb: 20.50 -13. 400 pb: 45.35 -13. sf World Youth 200 2005; dq WJC 200 final 2006 (out of lane); 7 EJC 200 2007; 6 EIC 400 2009 (1 4x400); 4 under-23 ECH 200 2009 (2 4x400); sf WCH 400 2009; ht ECH 100 2010; 5 ETCh 200 2011 & 400 2013/2014; 1 Mediterranean Games 400 2013; sf ECH 400 2014; 6 EIC 400 2015. 1 Italian 100 2011, 200 2008 & 400 2009/2013/2014 (1 indoor 400 2014/2015)
At the 2014 European Team Championships 4x400m, his team was disqualified after he shoved aside the Dutch anchorman Terrence Agard, with whom he had been contesting the lead on the final bend

MARANI Diego (ITA) 27/4/1990 (25y) **4x100/200 Metres**
2012 European 200m finalist
100 pb: 10.37w -14, 10.46 -14. 200 pb: 20.36 -14. sf WJC 200 2008; 3 EJC 200 2009; 4 Mediterranean Games 200 2013; 6 ETCh 200 2014; 5 ECH 200 2014 (2012-7). 1 Italian 200 2013/2014

OBOU Delmas (ITA) 25/10/1991 (23y) **4x100/200 Metres**
Twice Italian Champion at 100m
100 pb: 10.27 -13. 200 pb: 21.04 -14. 6 EJC 100; sf WJC 100 2010; 5 under-23 ECH 100 2011 (1 4x100); 8 ETCh 100 2014; sf ECH 100 2014; sf EIC 60 2015. 1 Italian 100 2013/2014 (1 indoor 60 2015). Born-Ivory Coast, moved to Italy at age 7

RE Davide (ITA) 16/3/1993 (22y) **4x200 Metres**
200 pb: 21.47 -14. 400 pb: 46.00 -14. sf World Youth 400 2009; ht ECH 400 2014. 1 Italian under-23 400 2014

ALLEN Nathon (JAM) 28/10/1995 (19y) **4x400 Metres**
2014 World junior relay bronze
400 pb: 45.30 -15. 200 pb: 20.73 -14. sf WJC 2014 (3 4x400). 1 Jamaican Schools 2015

ASHMEADE Nickel (JAM) 7/4/1990 (25y) **4x200 Metres**
Top five in both sprints at Moscow 2013, then relay gold when he passed to Usain Bolt

200 pb: 19.85 -12. 100 pb: 9.90 -13. 2 World Youth 100 2007 (3 200); 2 WJC 200 2008 (2 4x100); 1 Central American & Caribbean Champs 200 2009; 4 WCH 200 2013 (2011-5); 5 WCH 100 2013 (1 WCH 4x100); 1 IAAF Relays 4x100/4x200 2014; 3 COM 100 2014 (1 4x100). 1 Jamaican 200 2011 & 100 2014. He plans to become a professional chef and says "cooking is my passion"

BAILEY-COLE Kemar (JAM) 10/1/1992 (23y) 4x100 Metres
Double gold at 2014 Commonwealth Games, then wins at Birmingham, Zurich & Zagreb; he was the Jamaican #1 at 100m last year
100 pb: 9.93 -13. 200 pb: 20.83 -12. sf World Youth 100/200 2009; 7 Central American & Caribbean junior 100 2010; Gold OLY 4x100 2012; 4 WCH 100 2013 (1 4x100); 1 COM 100/4x100 2014. Bailey is his mother's name, Cole is his father's. 1.95 tall (6-5, same as Usain Bolt)

BELL Javere (JAM) 20/9/1992 (22y) 4x400 Metres
400 pb: 45.08 -03. 6 World Youth 2009; 4 WJC 4x400 2010; sf WCH 2013. 1 Jamaican 2013. Ran in heats of 2013 World 4x400, so awarded silver medal won by team in final (where he was replaced by Omar Johnson)

BOLT Usain (JAM) 21/8/1986 (28y) 4x100/200 Metres
Now eight World Championship and six Olympic golds. World record holder at both 100m & 200m since 2008
100 pb: 9.58 -09. 200 pb: 19.19 -09. 150 pb: 14.35 -09. 400 pb: 45.28 -07 (46.44 -13). 1 Central American Youth 200/400 2002; 1 WJC 200 2002 (2 4x100/4x400); 1 World Youth 200 2003 (2001-sf); ht OLY 200 2004; 8 WCH 200 2005 (injured); 2 WCP 200 2006; 2 WCH 200/4x100 2007; 1 OLY 100/200/4x100 2008/2012; 1 WCH 100/200/4x100 2009/2013; 1 WCH 200/4x100 2011 (dq WCH 100 final with a false start – "I lost focus"); 1 COM 4x100 2014. 1 Jamaican 200 2003 (at age 17)/2007/2008/2009 (1 100 2008/2009/2013). 1.95 tall (6-5)
In 2014: Three wins from three races – heat & final of 4x100 at Commonwealth Games, then 9.98 100m in Warsaw
In 2015: 2 Gibson Relays 4x100; 1 Kingston 400 (46.38); 1 Kingston 200 (20.20 – his first 200m since 2013). Also met Barack Obama during the US President's visit to Jamaica on April 10

BROWN Jermaine (JAM) 4/7/1991 (23y) 4x200 Metres
Third leg for Jamaican team which set world 4x200m record at 2014 IAAF World Relays
200 pb: 20.28 -14. 400 pb: 46.24i, 46.64 -14. 8 Central American & Caribbean Champs 200 2013; 3 WIC 4x400 2014

BROWN Kemarley (JAM) 20/7/1992 (22y) 4x100 Metres
100 pb: 9.93 -14. 200 pb: 20.29w, 20.38 -14

CARTER Nesta (JAM) 11/10/1985 (29y) 4x100 Metres
2013 World 100m bronze. Relay golds from Beijing 2008, Daegu 2011, London 2012 & Moscow 2013
100 pb: 9.78 -11. 200 pb: 20.25 -10. sf WJC 200 2004; 2 WCH 4x100 2007 (sf 100); 1 OLY 4x100 2008/2012; 7 WCH 100 2011 (cramp); 1 WCH 4x100 2011; 2 WIC 60 2012 (2010/2014-7); 3 WCH 100 2103 (1 4x100). Ran in heats of 2004 World Junior 4x100, so awarded silver won by Jamaica in final. He enjoys enjoys skeet shooting. Born in Banana Ground, Manchester, Jamaica

CHAMBERS Ricardo (JAM) 7/10/1984 (30y) 4x800 Metres
800 pb: 1:53.34i -07, 1:55.71 -14. 400 pb: 44.54 -10. sf WCH 400 2007/2009; sf OLY 400 2008; sf WIC 400 2010; 2 IAAF Continental Cup 400 2010. 1 NCAA 400 2007 (2006-2, 2005-4); 1 NCAA indoor 400 2007. 1 Jamaican 400 2006/2008/2009

CROOKS Twayne (JAM) 25/9/1995 (19y) 4x800 Metres
400 pb: 45.93 -15. 2 Central American & Caribbean junior 400 2014; 3 WJC 4x400 2014. 800m split of 1:52.71 at 2015 Penn Relays in Philadelphia

CUNNINGHAM Ricardo (JAM) 3/10/1980 (34y) 4x800 Metres
Twice Jamaican Champion, though not until into his 30s
800 pb: 1:47.26 -13. 400 pb: 46.83 -12. 2 Central American & Caribbean Champs 2013; sf COM 2014 (2010-ht). 1 Jamaican 2012/2014

DWYER Rasheed (JAM) 29/1/1989 (26y) 4x200 Metres
2014 Commonwealth Games Champion at 200m ahead of the favourite Warren Weir
200 pb: 19.98 -15. 100 pb: 10.20 -13. 2 Central American & Caribbean Games 200 2010; sf COM 200 2010 (2 4x100); 2 WSG 200 2013; 1 COM 200 2014; 2 IAAF Continental Cup 200 2014

FISHER Andrew (JAM) 15/12/1991 (23y) 4x100 Metres
100 pb: 10.07 -13. 200 pb: 21.02 -15. 1 Central American & Caribbean Champs 100 2013. 1 Jamaican Collegiate 100 2014. Attends Kingston University of Technology

FORTE Julian (JAM) 1/7/1993 (21y) 4x100 Metres
Ran in heat of 2014 Commonwealth Games relay, so awarded gold won by Jamaica in final
100 pb: 10.03 -14. 200 pb: 20.19 -15. 8 WJC 200 2012. 1 Jamaican Schools 100/200 2010. Attends Kingston University of Technology

FRANCIS Javon (JAM) 14/12/1994 (20y) 4x400 Metres
Brilliant 44.05 anchor in 2013 World Champs at age 18 to move Jamaica up from 5th to 2nd, and then hold off Vladimir Krasnov for the silver
400 pb: 45.00 -14. 200 pb: 20.58 -14. 9 WJC 2012; sf WCH 2013 (2 4x400). 1 Jamaican junior 2012. They called him "baby Bolt" after he broke Usain Bolt's Jamaican schools record for 400m with 45.00 in 2014

HIBBERT Jo-Wayne (JAM) 1/8/1991 (23y) 4x800 Metres
800 pb: 1:47.76 -13. 400 pb: 47.10 -13. 1 Jamaican 2013 (2014-2)

LIVERMORE Jason (JAM) 25/4/1988 (27y) 4x200 Metres
2014 Commonwealth 200m bronze to complete a Jamaican sweep of the medals
200 pb: 20.13 -13. 100 pb: 10.05 -14. sf WCH 200 2013; 3 COM 200 2014 (6 100, 1 4x100). 3 Central American & Caribbean Champs 200 2013
Won two medals at the Glasgow Commonwealth Games despite remarking "It's like I'm in a freezer. I can't wait to get out of the freezer and get back to the Caribbean and soak up some of the Caribbean sun"

MCDONALD Jonia (JAM) 4x400 Metres
400 pb: 46.17 -15

MCDONALD Rusheen (JAM) 17/8/1992 (22y) 4x400 Metres
First leg for Jamaican team which won World 4x4 silver in Moscow 2013
400 pb: 45.10 -12. 200 pb: 20.68 -15. ht OLY 2012; 2 WCH 4x400 2013; sf COM 2014 (4 4x400). 2 Jamaican 2014

RILEY Jeromia (JAM) 30/6/1989 (25y) 4x800 Metres
800 pb: 1:49.50 -14

STEELE Edino (JAM) 6/1/1987 (28y) 4x400 Metres
2008 World indoor relay silver. 2013 World outdoor relay silver
400 pb: 45.38 -12. 200 pb: 20.39 -13. 5 WJC 2006; ht WIC 2008 (2 4x400); sf WIC 2010/2014; 2 WCH 4x400 2013 (44.3 split); 3 WIC 4x400 2014; 4 COM 4x400 2014. 1 Jamaican junior 2006

THOMAS Andre (JAM) 8/8/1989 (25y) 4x800 Metres
800 pb: 1:49.97 -10. ht World Youth 2005; 2 Central American & Caribbean junior 2006. 1 Jamaican junior 2006/2007

WEIR Warren (JAM) 31/10/1989 (25y) 4x200 Metres
(The "Weir - Wolf")
2012 Olympic bronze, 2013 World silver, 2014 Commonwealth Games silver
200 pb: 19.79 -13. 100 pb: 10.02 -13. Junior 110H pb: 13.45w -08, 13.65 -07/08. sf WJC 110H 2008 (was leading, but hit hurdles); 3 OLY 200 2012; 3 WCH 200 2013 (gold 4x100); 1 IAAF Relays 4x200 (world record, he ran second leg); 2 COM 200 2014. 1 Jamaican 200 2013. At home in Kingston he has two pet turtles, (Timid & Turks). He is an avid supporter of Chelsea FC

FUJIMITSU Kenji (JPN) 1/5/1986 (29y on May 1) 4x100 Metres
Asian record holder at 300m (32.25 in 2014)
100 pb: 10.35 -12. 200 pb: 20.38 -10. 400 pb: 46.80 -09. 3 World Youth Medley Relay 2003 (sf 200); 1 Asian Champs 200 2007; 4 WCH 4x100 2009 (qf 200); 1 East Asian Games 200 2009; 5 IAAF Continental Cup 200 2010; 6 WCH 4x400 2013; 1 Asian Games 4x400 2014. 1 Japanese 200 2010

KATO Nobuya (JPN) 16/4/1995 (20y) 4x400 Metres
Led off victorious Japanese 4x400m relay team at 2014 Asian Games
400 pb: 45.88 -14. 2 WJC 2014 (3 4x400); 5 Asian Games 2014 (1 4x400)

- KIRYU Yoshihide (JPN) 15/12/1995 (19y) 4x100 Metres**
World Youth record holder at 100m with 10.19 in 2012, the fastest-ever by a 16 year-old
100 pb: 9.87w -15. 10.01 -13. 200 pb: 20.70 -12. ht WCH 100 2013; sf WIC 60 2014; 3 WJC 100 2014 (2 4x100). 1 Japanese 100 2014. Ex-footballer. Fom-Kyoto. They call him "Jet Kiryu"
Great start to 2015 for him: windy 9.87 at the Texas relays then matched strides with Justin Gatlin on the anchor leg f the sprint relay at the same meeting
- KITAGAWA Takamasa (JPN) 5/9/1996 (18y) 4x400 Metres**
400 pb: 46.46 -14. 4 IAAF Continental Cup 4x400 2014
- KOBAYASHI Naoki (JPN) 20/12/1990 (24y) 4x400 Metres**
400 pb: 45.79 -14. 3 East Asian Games 2013. 3 Japanese 2014
- OSETO Kazuma (JPN) 5/8/1994 (20y) 4x100 Metres**
100 pb: 10.20w -14, 10.23 -12. 200 pb: 20.64 -14. 2 World Youth 100 2011; 3 WJC 4x100 2012 (sf 100); 2 Asian Champs 4x100 2013
- SATO Kentaro (JPN) 16/11/1994 (20y) 4x400 Metres**
400 pb: 46.21 -15. 200 pb: 21.19 -14
- TANIGUCHI Kotaro (JPN) 3/11/1994 (20y) 4x100 Metres**
100 pb: 10.45 -14. 200 pb: 20.45 -14
- TSUKAHARA Naoki (JPN) 10/5/1985 (29y) 4x100 Metres**
Ran first leg for Japanese sprint team which won 2008 Olympic bronze. 3x Japanese Champion at 100m
100 pb: 10.09 -09. 200 pb: 20.35 -06. 3 WJC 4x100 2004 (sf 100); 3 WCP 4x100 2006; 2 Asian Games 100 2006; sf OLY 100 2008 (3 4x100); sf WCH 100 2009 (2007-qf); 7 Asian Champs 100 2013. 1 Japanese 100 2006/2007/2008
- WALSH Julian Jrummi (JPN) 18/9/1996 (18y) 4x400 Metres**
2014 World junior relay silver
400 pb: 46.98 -14. 2 WJC 4x400 2014; 4 IAAF Continental Cup 2014. Born-Jamaica. Father-Jamaican, mother-Japanese. His father is International Reggae artist Imanuel Walsh
- CHERUIYOT Ferguson (KEN) 30/11/1989 (25y) Distance Medley**
Full name-Ferguson Rotich Cheruiyot
800 pb: 1:42.84 -14. sf WCH 2013; 1 IAAF Relays 4x800 2014; 4 COM 2014; 4 African Champs 2014. 2 Kenyan 2013. Ex-high jumper (pb 2.01 -10), started running seriously only in 2013. Disqualified after he ran out of his lane in 2013 World Championship semi-final (but wouldn't have qualified anyway). At age 12 (he says), he changed his first name from Simon to Ferguson in honour of Alex Ferguson, the former manager of Manchester United (an English professional football club) – "they cannot stop winning and that is why I chose to be known as Ferguson"
- CHERUIYOT Timothy (KEN) 20/11/1995 (19y) Distance Medley**
800 pb: 1:45.92 -14. 1500 pb: 3:36.3 -15. 3 Kenyan junior 800 2014
- CHESEBE Abednego (KEN) 20/6/1982 (32y) Distance Medley**
Full name-Abednego Chesebe Miti
800 pb: 1:45.49 -13. 1500 pb: 3:35.02 -12. 4 African Champs 1500 2012. 3 Kenyan 1500 2012
- KIBET Raymond (KEN) 4/2/1996 (19y) 4x400 Metres**
400 pb: 47.45 -08. ht WJC 2014
- KIPKETER Alfred (KEN) 26/12/1996 (18y) 4x800 Metres**
2013 World Youth Champion, 2014 World Junior Champion
800 pb: 1:43.95 -14. 1 World Youth 2013; 1 IAAF Relays 4x800 2014; 1 WJC 2014. 1 Kenyan youth 2013 & junior 2014
- KIPKOECH Nicholas (KEN) 22/10/1992 (22y) 4x800 Metres**
Full name-Nicholas Kiplangat Kipkoech
800 pb: 1:45.01 -12. 1500 pb: 3:44.07 -12. 3 World Youth 800 2009
- KIPROP Asbel (KEN) 30/6/1989 (25y) Distance Medley**
Full name-Asbel Kiprop Kebenei
Twice World Champion at 1500m. 2008 Olympic gold, but last in London 2012 when he was nursing a hamstring injury
800 pb: 1:43.15 -11. 1500 pb: 3:27.72 -13. Mile pb: 3:48.50 -09. 1 African Games 1500 2007; 1 OLY 1500 2008 (2012-12); sf WCH 800 2009; 1 African Champs 1500 2010 (2014-2); 2 IAAF Continental Cup 1500 2014 (2010-6); 1 WCH 1500 2011/2013 (2007/2009-4); 1 IAAF Relays 4x1500 2014 (world record). 1 Kenyan 1500 2007/2010. Son Emmanuel born July 8, 2009. Asbel is 1.91 (6-3) tall
As in 2013 both he (as defending World Champion) or Silas Kiplangat (as Diamond League Champion) can have Kenyan wildcard entries for the World Championships; Asbel says he'll still run in the Kenyan Trials to try and guarantee his place
Already 1:44.4 for 800m so far in 2015
- KIPROTICH Geoffrey (KEN) 23/11/1997 (17y) 4x200 Metres**
200 pb: 21.28 -13. 400 pb: 47.79 -13. 4 African junior 400 2013 (5 200); ht WJC 200 2014. 1 Kenyan youth 200 2013
- KIPIEGON Bernard (KEN) 19/12/1990 (24y) 4x800 Metres**
Full name-Bernard Kirui Kipyegon
800 pb: 1:46.0 -13. 6 Kenyan 2013
- KISHOYAN Alphas (KEN) 12/10/1994 (20y) 4x400 Metres**
Full name-Alphas (aka Alfas) Leken Kishoyan (aka Kishoyian)
400 pb: 45.64 -12. 3 Youth Olympic Games 2010; 3 African junior 2011; 2 World Youth 2011; 2 Commonwealth Youth Games 2011; 6 WJC 2012; ht WCH 4x400 2013. 1 Kenyan 2013
- KITUM Timothy (KEN) 20/11/1994 (20y) 4x800 Metres**
2012 Olympic bronze 800m in 1:42.53 at age 17
800 pb: 1:42.53 -12. 3 World Youth 2011; 1 Commonwealth Youth Games 2011; sf WIC 2012; 2 WJC 2012; 3 OLY 2012
- LOSHANGAR Joseph Poghishio (KEN) 2/7/1990 (24y) Distance Medley**
- MAKAN Michael (KEN) 18/12/1984 (30y) 4x400 Metres**
Full name-Michael Cheren Makan
400 pb: 46.77 -14. 4 Kenyan 2014
- MUIYA Pius (KEN) 2/7/1997 (17y) 4x200 Metres**
Full name-Pius Muiya Musyoki
200 pb: 21.1 -13. 2 Kenyan junior 200 2013
- MUTAI Jeremiah (KEN) 27/12/1992 (22y) 4x800 Metres**
Full name-Jeremiah Kipkorir Mutai
Former 400m hurdler who improved at 800m from 1:48.1 to 1:43.9 in 2013 but then tore his Achilles in the first lap of his 800m heat at the World Championships and was eliminated in (1:50.17)
800 pb: 1:43.9 -13. 400 pb: 46.43 -11. 400H pb: 51.12 -10. 2 World Youth 400H 2009; sf WJC 400H 2010; 2 African junior 400H 2011; ht WCH 800 2013; ht WIC 800 2014. He is a member of the Kenyan Police Presidential Escort Unit
- MWERESA Boniface (KEN) 13/11/1993 (21y) 4x400 Metres**
Full name-Boniface Ontuga Mweresa
400 pb: 46.00 -12. 7 WJC 2012. 2 Kenyan 2012 (2013-3)
- NKANATA Carvin (KEN) 6/5/1991 (23y) 4x200 Metres**
Kenyan record holder at 200m
200 pb: 20.14 -15. 400 pb: 46.36i -14, 46.50 -13. 100 pb: 10.28w, 10.39 -14. sf COM 200 2014; 3 African Champs 200 2014; 3 NCAA indoor 200 2014. Science student at the University of Pittsburg. Born-Summerville, South Carolina
- NYANGAU Mike (KEN) 28/8/1994 (20y) 4x200 Metres**
Full name-Mike Mokamba Nyangau
200 pb: 20.69 -13. 100 pb: 10.56 -12. sf World Youth 200 2011; ht WJC 100 2012; ht WCH 4x400 2013. 1 Kenyan 200 2013
- OMAE Collins (KEN) 9/4/1989 (26y) 4x200 Metres**
Full name-Collins Omae Gichana
Former international rugby sevens player, he was a winger for Kenya at the 2009 Junior World Rugby Trophy
200 pb: 21.32 -14. 400 pb: 46.55 -12. ht COM 200 2014; sf African Champs 2014. 3 Kenyan 400 2012; 1 Kenyan 200 2014
- OTIENO Mark (KEN) 11/5/1993 (21y) 4x200 Metres**
Full name-Mark Otieno Odhiambo
100 pb: 10.2 -15
- SAMPAO Alex (KEN) 31/12/1996 (18y) 4x400 Metres**
Full name-Alexander Lerionka Sampao
400 pb: 46.21 -14. 3 World Youth 2013; 4 WJC 2014

- AL-BARAKATI Basheer Atiah (KSA) 16/1/1994 (21y) 4x400 Metres**
400 pb: 47.07 -12. ht World Youth 2011; sf WJC 2014 (6 4x400)
- AL-DARAN Ali Saad (KSA) 17/4/1990 (25y) 4x400 Metres**
Second in 2007 World Youth Championship 800m
400 pb: 47.11 -08. 800 pb: 1:45.59 -15. sf WJC 800 2008 (ht 2006); 2 World Youth 800 2007; 4 Asian Champs 800 2007; 1 Asian Indoor Champs 4x400 2008; sf WJC 800 2008
- AL-SALHI Mohammed (KSA) 22/3/1985 (30y) 4x400 Metres**
TRANSFEREE – Kenyan origin
Saudi Arabian record holder at 800m. Full name-Mohammed Obaid Al-Salhi
800 pb: 1:43.66 -09. 400 pb: 45.75 -03. 1 World Youth 800 2003; 1 Asian junior 400 2004; 6 Asian Games 800 2006; 1 Asian Champs 800 2007 (2005-4); 8 WCH 800 2007 (2003/2005-sf, 2009-ht); sf OLY 800 2008 (2004-ht); 1 Asian Champs 4x400 2013
- AL-SUBAIE Fahad Mohamed (KSA) 4/2/1994 (21y) 4x400 Metres**
200m silvers at both the Asian Games & Asian Championships
200 pb: 22.55w, 20.74 -13. 100 pb: 10.37 -13. ht World Youth 200 2011; 2 Asian Champs 200 2013; 2 Asian Games 200 2014
- AL-YASSIN Mazen (KSA) 8/7/1996 (18y) 4x400 Metres**
400 pb: 46.98 -15. sf World Youth 2013; 2 Asian junior 2014; ht WJC 2014; 1 Gulf 2015
- MASRAHI Youssef (KSA) 31/12/1987 (27y) 4x400 Metres**
Asian record holder
400 pb: 44.43 -14. 200 pb: 21.09 -14. 2 Asian Indoor Games 2009; 3 Asian Games 2010; 1 Asian Champs 2011/2013; sf OLY 2012; 6 WCH 2013 (2009-ht); 3 IAAF Continental Cup 2014; 1 Asian Games 2014 (3 4x400). Has lived and trained in the USA since 2011. His younger brother Abdou Mashari is a 400m hurdler. Lives-Marina del Rey, Los Angeles
Already 44.70 in 2015 for second place at Drake Relays (Des Moines) to Kirani James – and ahead of Chris Brown, Tony McQuay, LaShawn Merritt, Luguélin Santos etc
- GONDWE Pachalo (MAW) 2/11/1982 (32y) 4x200 Metres**
- GUNDE Golden (MAW) 7/1/1993 (22y) 4x200 Metres**
Malawian record holder at 400m
200 pb: 22.39 -14. 400 pb: 47.85 -14. ht World Youth 400 2009; ht WJC 400 2010; ht COM 400 2010/2014; ht COM 200 2014
- MAKWAKWA Khumbo (MAW) 22/5/1991 (23y) 4x200 Metres**
- PHIRI Boniface (MAW) 23/11/1980 (34y) 4x200 Metres**
- BELMAN César Daniel (MEX) 11/12/1993 (21y) 4x800 Metres**
800 pb: 1:48.31 -15. 400 pb: 48.00 -14. 6 IAAF Relays 4x800 2014; 7 Central American & Caribbean Champs 2013
- LÓPEZ Jesús Tonatíu (MEX) 2/8/1997 (17y) 4x800 Metres**
800 pb: 1:54.40 -13. ht World Youth 2013
- MARTÍNEZ Bryan Antonio (MEX) 1/8/1994 (20y) 4x800 Metres**
800 pb: 1:47.18 -15. 1 Pan-Am junior 2013; 1 North/Central American & Caribbean under-23 2014; 6 IAAF Relays 4x800 2014
- MOCTEZUMA Gamaliel (MEX) 14/4/1992 (23y) 4x800 Metres**
800 pb: 1:49.72 -14
- ROSALES Omar Uriel (MEX) 14/1/1995 (20y) 4x800 Metres**
800 pb: 1:50.16 -14. dq/ht WJC 2014 (out of lane)
- GURIRAB Dantago (NAM) 9/3/1990 (25y) 4x200 Metres**
Namibian record holder at 60m (6.68 in 2015)
200 pb: 21.18 -11. 100 pb: 10.47 -14. ht World Youth 200 2007; sf African Games 100/200 2011
- HAINUCA Gilbert (NAM) 12/3/1994 (21y) 4x200 Metres**
100 pb: 10.78w -12, 10.80 -15
- KAANJUKA Hitjivirue (NAM) 29/12/1987 (27y) 4x200 Metres**
200 pb: 20.69 -13. 100 pb: 10.36 -07/12. dq ht COM 200 2006; ht WCH 200 2007/2013; 5 African Champs 100 2008 (7 200)
- URI-KHOB Jesse Devin (NAM) 19/3/1991 (24y) 4x200 Metres**
200 pb: 20.87 -14. 100 pb: 10.33w -14, 10.42 -11. sf African Champs 100/200 2010; sf African Games 100/200 2011
- VAN WYK Adiel (NAM) 6/4/1993 (22y) 4x200 Metres**
200 pb: 21.25 -13
- AGARD Terrence (NED) 16/4/1990 (25y) 4x400 Metres**
Ex-Netherlands Antilles (country now dissolved)
400 pb: 45.94 -14. ht World Youth 2007; 6 North/Central American & Caribbean under-23 200 2010; 4 South American Games under-23 2010; 7 ETCh 2014; ht EIC 2015. 1 Venezuelan 2011; 2 Dutch 2013
At the 2014 European Team Championships 4x400m he was shoved aside by the Italian Matteo Galvan as the two contested the lead on the last bend of the 'B' final. Galvan was later disqualified
- ARTS Jesper (NED) 2/4/1992 (23y) 4x400 Metres**
400 pb: 46.91i -14, 48.23 -15. 400H pb: 50.23 -13. 1 Dutch 400H 2013 (1 indoor 400 2013)
- BLAUWHOF Bjorn (NED) 10/12/1990 (24y) 4x400 Metres**
400 pb: 46.48 -14. sf EIC 2015. 2 Dutch 2011 (2 indoor 2011/2015). 1.95 tall
- BONEVACIA Lee-Marvin (NED) 5/4/1989 (26y) 4x400 Metres**
New Dutch record holder
400 pb: 45.40 -15. 200 pb: 20.82 -12. sf OLY 2012 (competed as an Independent Olympic Athlete); 5 WCH 4x100 2013; sf ECH 2014; ht EIC 2015. 1 Dutch 2014 & indoor 2015
From Curaçao (who are not a member of the IAAF or IOC), he formerly competed with Netherlands Antilles before that country was dissolved
- BRUS Wouter (NED) 30/9/1991 (23y) 4x100 Metres**
100 pb: 10.39 -14. 200 pb: 21.20w -14, 21.52 -12. 5 ECH 4x100 2014
- CODRINGTON Giovanni (NED) 17/7/1988 (26y) 4x100 Metres**
Ran third leg for Dutch team which won 2012 European 4x100m title
100 pb: 10.19w -15, 10.29 -14. 200 pb: 21.02 -12. 2 European Youth Olympic Festival 100 2005; ht WJC 100 2006; 7 EJC 100 2007; 6 under-23 ECH 100 2009; 1 ECH 4x100 2012 (2014-5); 6 OLY 4x100 2012; 7 ETCh 100 2014
- MARIANO Brian (NED) 22/1/1985 (30y) 4x100 Metres**
Led off the Dutch relay team which won the 2012 European title. Dutch indoor record holder at 60m (6.60 in 2011)
100 pb: 10.23 -10. 200 pb: 20.81 -10. sf WJC 100 2004; 6 EIC 60 2011 (2015-sf); 1 ECH 4x100 2012; 6 OLY 4x100 2012; 5 WCH 4x100 2013. 1 Dutch indoor 60 2009/2010/2011/2012. Until 2011 he represented the Netherlands Antilles, but that country was dissolved in October 2010 and has become part of the Netherlands
- MARTINA Churandy (NED) 3/7/1984 (30y) 4x100 Metres**
Ex-Netherlands Antilles (country now dissolved)
He and Usain Bolt were the only men to have contested both Olympic sprint finals in Beijing and London
100 pb: 9.91 -12. 200 pb: 19.85 -12. 400 pb: 46.13 -07. sf World Youth 100 99; qf WJC 100 2002 (2000-ht); 1 South American Games 100 2002 (2 200); qf OLY 100 2004; qf WCH 100 2005/2009 (2003-ht); 1 Central American & Caribbean Games 100 2006/2010 & 200 2010; 1 Pan-Am Games 100 2007; 5 WCH 100/200 2007; 4 OLY 100 2008 (200-dq for running out of lane, he would otherwise have won silver behind Bolt with 19.82); sf WIC 60 2010; 2 IAAF Continental Cup 200 2010; sf WCH 100 2011 (2009-qf); 1 ECH 200/4x100 2012; 5 OLY 100/200 2012; 7 WCH 200 2013 (sf 100); dq ETCh 200 2014 (lane); 4 ECH 200 2104 (sf 100, 5 4x100). 1 Dutch 100/200 2011 (1 100 2012/2013)
- MARTIS Obed (NED) 13/4/1987 (28y) 4x400 Metres**
400 pb: 46.40 -14. 3 Dutch 2014. 1 Dutch 200/400 2010 (1 indoor 2009)
- PAULINA Hensley (NED) 26/6/1993 (21y) 4x100 Metres**
Ex-Netherlands Antilles (country now dissolved)
100 pb: 10.26 -14. 200 pb: 21.00 -14. qf World Youth 100 2009; 4 South American Games under-23 100 2010; ht WJC 100 2012; 3 under-23 ECH 100 2013; 5 ECH 4x100 2014
- PETERS Bram (NED) 6/2/1992 (23y) 4x400 Metres**
At the 2014 Dutch Indoor Championships he broke the Dutch indoor record of Arjen Vissermann which had stood since 1987
400 pb: 45.94 -13. 4 under-23 ECH 2013; ht WIC 2014. 1 Dutch 2011 & indoor 2014

- van LUIJK Patrick (NED) 17/9/1984 (30y) 4x100 Metres**
Anchored the Netherlands to European sprint relay gold in 2012
100 pb: 10.20w, 10.25 -08. 200 pb: 20.47 -12. qf ECH 200 2006; ht WCH 200 2009; sf EIC 60 2011 (2009-ht); 2 ECH 200 2012 (1 4x100); 6 OLY 4x100 2012. 1 Dutch 100/200 2008/2009 & indoor 60 2007
- EGWERO Ogho-Ogene (NGR) 26/11/1988 (26y) 4x100 Metres**
2013 Nigerian Champion at 100m, then only third in 2014 behind two Americo-Nigerians (Mark Jelks & Rae Edwards)
100 pb: 10.06 -11. 200 pb: 21.20 -09. 2 West African 100 2009; qf WCH 100 2009/2013; sf WIC 60 2010; 5 African Championships 100 2010 (2012-7); sf COM 100 2010 (2014-ht); 6 WSG 100 2011; ht WCH 100 2011; ht OLY 100 2012; 5 African Champs 100 2014 (1 4x100). 1 Nigerian 100 2013
- ERAYOKAN Orukpe (NGR) 20/12/1993 (21y) 4x400 Metres**
(aka Orukpe Joseph Erayokan)
400 pb: 46.38 -15. ht COM 4x400 2014. 4 Nigerian 2014
- FASSAI Adekunle Rilwan (NGR) 23/6/1996 (18y) 4x400 Metres**
400 pb: 46.21 -14. dq/ht WJC 2014 (out of lane). 5 Nigerian 2014
- IMHOAPERAMHE Nicholas (NGR) 18/4/1992 (23y) 4x100 Metres**
100 pb: 10.30 -13. 8 Nigerian 100 2012
- JELKS Mark (NGR) 10/4/1984 (31y) 4x100/200 Metres**
2009 US Indoor Champion at 60m
His connection with Nigeria first became apparent when he appeared at the 2014 Nigerian Championships
100 pb: 9.96w -15, 9.99 -08. 200 pb: 20.28 -09. ht WCH 100 2009 (injured); 5 COM 100 2014 (6 4x100); 2 African Champs 100 2014 (1 4x100); 4 IAAF Continental Cup 100 2014. Can play the piano, trumpet, tuba & drums. His first sport was wrestling. 1.70 tall
Served a two-year suspension in 2010-2012 (as punishment for three whereabouts failures)
Former US international, he apparently has held dual citizenship with Nigeria since birth (his grandfather is Nigerian) and was declared eligible by the IAAF to compete for Nigeria from July 23, 2014
- NMAJU Jonathan (NGR) 9/1/1993 (22y) 4x100 Metres**
Jonathan Okeudo Nmaju
2012 World Junior 4x400m silver
100 pb: 10.38 -12. 200 pb: 21.20 -14. 400 pb: 47.82 -10. 2 WJC 4x400 2010; 6 Youth Olympic Games 200 2010; 3 African junior 200 2011; sf WJC 200 2012 (6 4x100)
- ODUDURU Divine (NGR) 14/5/1996 (18y) 4x100/200 Metres**
Full name-Ejowvokoghene Divine Oduduru
2014 World junior silver at 200m
100 pb: 10.39 -14. 200 pb: 20.25w, 20.66 -14. 6 World Youth 200 2013; 1 African junior 200 2013; 2 WJC 200 2012; 6 COM 4x100 2014; 6 African Champs 200 2014; 1 African junior 100/200 2015
- OGUNMOLA Tobi (NGR) 20/6/1992 (22y) 4x400 Metres**
Second at 2011 African Games
400 pb: 45.82 -11. sf WJC 2010 (2 4x400); 3 African Champs 4x400 2010; 2 African Games 2011; ht WIC 4x400 2014
- ONAKOYA Abiola (NGR) 10/10/1990 (24y) 4x200 Metres**
Third leg for Nigerian relay team which won at 2012 African Championships
200 pb: 20.83 -13. 400 pb: 45.79 -13. 2 African junior 400 2009; 2 African Champs 400 2012 (1 4x400); ht WCH 4x400 2013. 2 Nigerian 400 2013
- SIMMONS Robert (NGR) 18/7/1989 (25y) 4x200/400 Metres**
Americo-Nigerian. Former US junior international, he has apparently had dual citizenship since birth and was cleared by the IAAF to represent Nigeria from June 26, 2014
200 pb: 21.11 -07. 400 pb: 45.02 -14. 4 Pan-American junior 400 2007; 2 African Champs 4x400 2014 (dq individual heat for a false start). 2 NCAA 4x400 2011 (2012-3). Was at Louisiana State University
- TEGA Odele (NGR) 6/12/1995 (19y) 4x100/200 Metres**
100 pb: 10.61 -14. 200 pb: 21.01 -15. 4 African junior 200 2013; 5 WJC 4x100 2014. 2 Nigerian 200 2014
- UKAOMA Miles (NGR) 21/7/1992 (22y) 4x400 Metres**
Full name-Miles Arthur Onwubiko Ukaoma
Ukaoma pronounced 'you-coma'
400 pb: 47.14i -12, 47.95 -09. 400H pb: 49.23 -14. 110H pb: 13.85 -14. 7 COM 4x400 2014; 6 African Champs 400H 2014 (2 4x400); 1 NCAA 400H 2014. Student of advertising at the University of Nebraska. Born in USA to Nigerian parents, he has had dual citizenship since birth
- GEORASI Andipas (PNG) 5/12/1992 (22y) Distance Medley**
1500 pb: 4:05.30 -14. ht COM 1500 2014
- GIME Wala (PNG) 31/7/1985 (29y) 4x200m/Distance Medley**
Papua New Guinean record holder at 110m Hurdles
200 pb: 22.03 -10. 400 pb: 48.39 -10. 110H pb: 14.04 -14. 400H pb: 51.71 -09. ht WIC 400 2010/2012; 3 Oceanian 400/400H 2010; ht COM 400H 2010; ht COM 110H/400H 2014. 5 NCAA div 2 110H 2014, representing Angelo State University n San Angelo, Texas
- KAPMATANA Kevin (PNG) 19/9/1988 (26y) 4x200m/Distance Medley**
200 pb: 22.15 -14. 800 pb: 1:53.92 -09. ht COM 800 2014
- PINIAU Theo (PNG) 8/6/1993 (21y) 4x200m/Distance Medley**
2014 Oceanian Champion at 200m
200 pb: 21.74 -14. 400 pb: 47.68 -14. 1 Oceanian 400/4x400 2014 (2 200); ht COM 200/400 2014
- POKANA Paul (PNG) 17/4/1992 (23y) 4x200 Metres**
200 pb: 22.13 -12
- YAMAK George (PNG) 30/12/1985 (29y) Distance Medley**
1 Papua New Guinea Games 1500 2014
- ADAMSKI Jakub (POL) 11/11/1987 (27y) 4x100/200 Metres**
100 pb: 10.42w -14, 10.45 -12. 200 pb: 20.92 -12. 3 under-23 ECH 4x100 2009; 3 WSG 4x100 2013
- DEM CZYSZAK Mateusz (POL) 18/1/1986 (29y) 4x800m/Distance Medley**
3000 pb: 7:48.30 -12. 1500 pb: 3:36.15 -12. 3000SC pb: 8:22.38 -14. 5 EJC 2005; 9 under-23 ECH 2007; 4 ETCh 1500 2010; 8 ECH 1500 2010; ht EIC 1500 2011; ht ECH 1500 2012; ht EIC 3000 2013; ht WCH 3000SC 2013; 10 ETCh 3000 2014; 10 ECH 3000SC 2014; ht EIC 3000 2015. 1 Polish 3000SC 2013 & indoor 3000 2015. At EXC: 2005-74J, 2008-25u23
- FÓRMAŃSKI Mateusz (POL) 22/2/1991 (24y) 4x400 Metres**
400 pb: 46.17 -11. sf WJC 2010; 6 under-23 ECH 2011 (2 4x400). 1 Polish junior 2010 & under-23 2011
- GURDAK Kamil (POL) 17/10/1990 (24y) 4x800m/Distance Medley**
800 pb: 1:47.53 -14. ht EIC 800 2015; 1 Polish Universities 800 2013/2014
- KONIECZNY Karol (POL) 5/5/1993 (21y) 4x800 Metres**
800 pb: 1:47.29 -14. 2 IAAF Relays 4x800 2014; sf EIC 2015. 3 Polish indoor 2015
- KOZŁOWSKI Kacper (POL) 7/12/1986 (28y) 4x400 Metres**
Anchored Poland to 2007 World bronze when he overtook the Jamaicans
400 pb: 45.24 -10. 3 under-23 ECH 2007 (2 4x400); 3 WCH 4x400 2007; 4 WSG 2009; 8 ECH 2010 (2012-sf); 4 ETCh 2013; 1 European Military Games 2013; 4 WIC 4x400 2014; 3 ECH 4x400 2014
- KRAWCZUK Łukasz (POL) 15/6/1989 (25y) 4x400m/Distance Medley**
2014 European relay bronze & 2015 European indoor relay silver
400 pb: 45.65 -14. 5 ETCh 2014; sf ECH 2014 (3 4x400); 4 EIC 2015 (2 4x400). 1 Polish junior 200 2008
- KSZCZOT Adam (POL) 2/9/1989 (25y) 4x800m/Distance Medley**
2014 European Champion by a large margin (0.74)
800 pb: 1:43.30 -11. 1500 pb: 3:46.53 -10. 1000 pb: 2:15.72 -14. 400 pb: 46.51 -11. 3 EJC 2007; 4 WJC 2008; 4 EIC 2009; 1 under-23 ECH 2009/2011; 1 EIC 2011/2013; 1 ETCh 2011/2013 (2009-9, 2014-2); 6 WCH 2011 (2009/2013-sf); sf OLY 2012; 2 WIC 2014 (2010-3); 2 IAAF Relays 4x800 2014 (1:44.8 anchor, the fastest of the race – he nearly caught the Kenyan winners); 1 ECH 2014 (201-3); 3 IAAF Continental Cup 2014. 1 Polish 2010/2012/2014 (1 indoors 2009/2010/2011/2012/2014)

KUC Dariusz (POL) 24/4/1986 (29y) 4x100 Metres

Sixth in European finals indoors (2009) & out (2006)
100 pb: 10.15 -11. 200 pb: 20.46w -09, 20.59 -12. sf World Youth 100 2003 (2 Medley relay); ht WJC 100 2004; 6 EJC 100 2005; sf WIC 60 2006/2014; 6 ECH 100 2006; 5 ECP 100 2007 (2006-7); qf WCH 100 2007/2009; qf OLY 100 2008; 6 EIC 60 2009; sf ECH 100 2010/2012; sf WCH 100 2011. 1 Polish 60 2006/2009/2012/2014

LEWANDOWSKI Marcin (POL) 13/6/1987 (27y) 4x800m/Distance Medley

Fourth in the last two World Championship 800m finals. European Champion outdoors in 2010 & indoors in 2015
800 pb: 1:43.79 -13. 1500 pb: 3:37.37i, 3:38.19 -14. 7 EJC 1500 2005; 4 WJC 800 2006; 8 WSG 800 2007; 2 ECP 800 2008; sf OLY 800 2008/2012; 3 ETCh 800 2010; 1 ECH 800 2010 (2014-5); 1 World Military Games 800 2011; 4 WCH 800 2011/2013 (2009-8); dnf WIC 800 sf 2012; 4 EIC 1500 2013; dq WIC 800 2014; 3 ETCh 1500 2014; 1 EIC 800 2015 (2009-6, 2011-2). At WXC: 2006-90 short. 1 Polish 2011 & indoor 2015 (1 1500 2008/2010)

MASZTAK Kamil (POL) 16/7/1984 (30y) 4x100/200 Metres

100 pb: 10.21w -07, 10.38 -08. 200 pb: 20.85 -07. 2 WSG 4x100 2009. 1 Polish under-23 100/200 2006; 1 Israeli 100/200 2006

OLSZEWSKI Remigiusz (POL) 20/9/1992 (22y) 4x100/200 Metres

100 pb: 10.38 -13. 200 pb: 21.26 -13. sf WJC 200 2010; 4 under-23 ECH 100 2013 (2 4x100); sf WIC 60 2014; sf EIC 60 2015. 1 Polish indoor 60 2015

OMELKO Rafa (POL) 16/1/1989 (26y) 4x200/400m/Distance Medley

Relay silver & individual bronze at 2015 European Indoor Championships
200 pb: 21.18 -14. 400 pb: 45.66 -14. 400H pb: 51.09 -10. ht ECH 400H 2010; 4 WSG 400 2013; sf WIC 400 2014 (4 4x400); sf ECH 400 2014 (3 4x400); 3 EIC 400 2015 (2 4x400). 1 Polish indoor 400 2014

PAWLOWSKI Adam (POL) 22/3/1992 (23y) 4x100/200 Metres

100 pb: 10.55 -14. 200 pb: 21.21w, 21.27 -14. sf World Youth 200 2009

PIETRZAK Micha (POL) 3/4/1989 (26y) 4x400 Metres

400 pb: 46.21 -12. 400H pb: 50.84 -13. sf WJC 400H 2008; 1 under-23 ECH 4x400 2009 (2011-2); ht OLY 4x400 2012; 6 ETCh 400H 2013; 4 WIC 4x400 2014

ZALEWSKI Karol (POL) 7/8/1993 (21y) 4x100/200/400 Metres

2013 European under-23 Champion at 200m (where he defeated 400m star Pavel Maslak and the British favourites Talbot & Gemili)
100 pb: 10.24w, 10.25 -13. 200 pb: 20.41 -13. 400 pb: 46.05 -14. 4 WJC 200 2012 (4 4x100, 2 4x400); dq ETCh 200 2013; 1 under-23 ECH 200 2013 (2 4x100); sf WCH 200 2013; 1 ETCh 200 2014 (7 100); 8 ECH 200 2014; sf EIC 400 2015 (2 4x400). 1 Polish 100/200 2013/2014 (1 indoor 200 2014/2015 & 400 2015)
He qualified for the the 2014 European 200m final by a manual draw between him and James Ellington (GBR), as they each clocked identical times (20.518) in their semi-finals

ABRANTES Arnaldo (POR) 27/11/1986 (28y) 4x100 Metres

3x Portuguese Indoor Champion at 60m
100 pb: 10.13w, 10.19 -09. 200 pb: 20.48 -07. ht WJC 100 2004; sf EJC 200 2005; 6 WSG 100 2007; qf WCH 200 2007 (2011-ht); ht OLY 200 2008; 2 ETCh 200 2009 (2011-10); sf ECH 200 2010; sf EIC 60 2011 (2009-ht). 1 Portuguese 100 2007. 1 Portuguese indoor 60 2007/2008.2011

ANTUNES Diogo (POR) 2/11/1992 (22y) 4x100 Metres

100 pb: 10.38 -14. ht EIC 60 2013; ht ECH 100 2014. 1 Portuguese indoor 60 2013; 3 Portuguese 100 2013/2014

LIMA David (POR) 6/9/1990 (24y) 4x100 Metres

Former Portuguese 200m Champion, based in Britain and a member of the Birmingham Running, Athletics & Triathlon Club
100 pb: 10.42w -15, 10.55 -14. 200 pb: 20.60w, 20.72 -12. ht ECH 200 2014. 1 Portuguese 200 2012; 4 English Schools 200 2009

NASCIMENTO Yazaldes (POR) 17/4/1986 (29y) 4x100 Metres

2014 European 100m finalist
100 pb: 10.15w -11, 10.21 -14. 200 pb: 20.87 -11. 2 under-23 ECH 4x100 2007; 3 Ibero-American 200 2010; 8 ECH 100 2014; sf EIC 60 2015. 1 Portuguese 100/200 2011/2014. Originally from São Tomé and Príncipe

OBIKWELU Francis (POR) 22/11/1978 (36y) 4x100 Metres

2004 Olympic silver at 100m – one hundredth behind Justin Gatlin. semi-retired in 2009, but made great comeback to win 2011 European Indoor title

100 pb: 9.84w -06, 9.86 -04. 200 pb: 19.84 -99. 400 pb: 46.29 -98. sf OLY 200 96/2000; 1 WJC 100/200 96; 3 WIC 200 97 (99-4); 2 WCH 4x100 97; 3 WCH 200 99 (2003-ht, 2007-sf); 1 ECH 100 2002 (2 200); 1 WCP 200 2002; 6 WIC 60 2004 (2008-sf); 2 OLY 100 2004 (5 200); 4 WCH 100 2005 (2007-dq ht); 1 ECH 100/200 2006; sf OLY 100 2008; 4 ECH 100 2010; 1 EIC 60 2011. Born-Nigeria, lived in Portugal from 1994 until November 2003, when he moved to Madrid. 1.95 tall

SOARES Victor (POR) 18/12/1994 (20y) 4x100 Metres

Full name-Victor-Ricardo dos Santos Soares (aka Ricardo dos Santos)
At the 2014 European Championships he became the first Portuguese man to break 46 seconds for 400m

100 pb: 10.60 -15. 200 pb: 20.93w -15, 20.95 -14. 400 pb: 45.74 -14. sf ECH 400 2014. 1 Portuguese 2014. Member of British Club Thames Valley Harriers

ADAMS Antoine (SKN) 31/8/1988 (26y) 4x100/200 Metres

Kittian and Nevisian record holder at 200m (replacing Kim Collins). Fourth at 2014 Commonwealth Games 100m

100 pb: 10.00w -14, 10.01 -13/14. 200 pb: 20.08 -14. qf COM 200 2010; 3 WCH 4x100 2011; 2 Pan-Am Games 4x100 2011 (sf 200); sf OLY 100/200 2012; 1 Central American & Caribbean Champs 200 2013; 4 COM 100 2014 (sf 200)

CLARKE Allistar (SKN) 3/3/1990 (25y) 4x100/200 Metres

100 pb: 10.48w -08, 10.58 -07. 200 pb: 21.47w, 21.67 -07. sf World Youth 100/200 2007; 5 Commonwealth Youth Games 100 2008 (8 200)

HAZEL Warren (SKN) 10/1/1996 (19y) 4x200 Metres

200 pb: 21.27 -15. 400 pb: 46.72 -14. sf World Youth 400 2013; 3 Central American & Caribbean junior 400 2104; sf WJC 400 2014

HUGGINS Hakeem (SKN) 21/1/1997 (18y) 4x100 Metres

100 pb: 10.61 -15. 200 pb: 21.68 -15. 2 Carifta junior 200 2015 (5 100)

LAWRENCE BJ (SKN) 27/12/1989 (25y) 4x100/200 Metres

Full name-Brijesh Sharmari Lawrence
Anchored St Kitts & Nevis relay team to surprise bronze medals at 2011 World Championships

100 pb: 10.11w -14, 10.12 -12. 200 pb: 20.34 -14. qf COM 100 2010; 4 Central American & Caribbean Champs 200 2011; ht WCH 200 2011 (3 4x100); sf WIC 60 2012/2014; sf COM 100 2014 (ht 200). Moved to USA in 1998. Former (American) footballer

ROGERS Jason (SKN) 31/8/1991 (23y) 4x100/200 Metres

2012 NACAC under-23 Champion at 100m (NACAC = North/Central American & Caribbean)

100 pb: 10.01 -13. 200 pb: 20.84 -14. 3 Commonwealth Youth Games 100 2008 (4 200); 6 WJC 100 2010; ht COM 100 2010; 3 WCH 4x100 2011 (first leg); 1 North/Central American & Caribbean under-23 100 2012; ht OLY 100 2012; 5 Central American & Caribbean Champs 100 2013; sf WCH 100 2013; sf WIC 60 2014; sf COM 100 2014

ROLAND Lestrod (SKN) 5/9/1992 (22y) 4x100/200 Metres

200 pb: 20.19w -14, 20.60 -13. 100 pb: 10.28 -14. 400 pb: 46.41 -14. sf World Youth 400 2009; 6 North/Central American & Caribbean under-23 200 2012 (8 100); ht WCH 200 2013; ht COM 200/400 2014. 1 Kittian & Nevisian 400 2014

FONGUÉ Rolf (SUI) 25/11/1987 (27y) 4x100/200 Metres

3x Swiss Champion at 100m
100 pb: 10.25 -12. 200 pb: 21.55 -13. dq/ht WIC 60 2010; sf ECH 100 2012. 1 Swiss 100 2010/2011/2012 & indoor 60 2013

GUGERLI Steven (SUI) 6/8/1985 (29y) 4x100/200 Metres

100 pb: 10.41 -13. 200 pb: 21.40 -14. 2 Swiss 100 2012. 2 Swiss indoor 60 2012/2013/2015 (2 indoor 200 2013/2015)

MANCINI Pascal (SUI) 18/4/1989 (26y) 4x100/200 Metres

4x Swiss Indoor Champion at 60m
100 pb: 10.28 -14. 200 pb: 21.18 -10. sf WJC 100 2008; 4 ECH 4x100 2010/2014; sf WIC 60 2010; sf ECH 100 2014; 5 EIC 60 2015 (2009/2011-sf). 1 Swiss indoor 60 2008/2010/2011/2015 & 100 2014. Two-year doping ban in 2012-2014, and an earlier public reprimand resulted in the annulment of the Swiss 4x100m record of 38.62 from the 2011 Zurich Diamond League

- SCHENKEL Reto (SUI) 28/4/1988 (27y) 4x100 Metres**
Full name-Reto Amaru Schenkel
100 pb: 10.19 -11. 200 pb: 20.48 -12. 2 European Youth Olympic Festival 200 2005 (4 100); 4 EJC 4x100 2005; ht WJC 100/200 2006; 5 EJC 100 2007 (4 4x100); ht WCH 200 2011; sf ECH 100/200 2012; ht ECH 100 2014 (4 4x100). 1 Swiss 200 2010 & indoor 60 2012/2014
- SOMASUNDARAN Suganthan (SUI) 11/2/1992 (23y) 4x100/200 Metres**
Ex-Sri-Lanka
100 pb: 10.51 -14. 200 pb: 21.31 -14. 4 ECH 4x100 2014. 4 Swiss 100 2014
- WILSON Alex (SUI) 19/9/1990 (24y) 4x100/200 Metres**
Born Jamaica, has been resident in Switzerland since 2004, was granted Swiss citizenship on May 30, 2010 and cleared to compete for his new country on June 18, 2010
200 pb: 20.43w -12, 20.51 -11. 100 pb: 10.12 -13. 7 under-23 ECH 200 2011; sf OLY 200 2012; ht WCH 200 2013; sf ECH 200 2014 (2010/2012-ht); 4 ECH 4x100 2014. 1 Swiss 200 2011/2012/2014
- BLEDMAN Keston (TTO) 8/3/1988 (27y) 4x100/200 Metres**
Ran opening leg for Trinidad team which won Olympic sprint relay silver in 2008 & bronze in 2012
100 pb: 9.86 -12. 200 pb: 20.73 -08. 3 World Youth 100 2005; 7 WJC 100 2006; 1 Pan-American junior 100 2007; 2 OLY 4x100 2008 (2012-3); 1 Central American & Caribbean Champs 100 2011; sf OLY 100 2012; sf WCH 100 2013 (2007-ht); sf COM 100 2014 (3 4x100). 1 Trinidadian 100 2012/2013. Ran 4x100 heat at 2009 World Championships, so awarded silver medal won by Trinidad in final
Fast start to 2015: 10.01 to win at Gainesville on April 24
- BURNS Marc (TTO) 7/1/1983 (32y) 4x100 Metres**
7th-8th-7th at three World 100m finals & 7th also in Beijing 2008
100 pb: 9.96 -05. 200 pb: 20.57 -05. sf OLY 4x100 2000; 2 WCH 4x100 2001/2005/2009; 2 WJC 100 2002 (2000-3); dq ht OLY 100 2004 (false starts); 7 WCH 100 2005 (2003-ht, 2007-8); 3 COM 100 2006; 3 WCP 100 2006; 7 OLY 100 2008 (2 4x100); 7 WCH 100 2009; 5 WIC 60 2012; 3 OLY 4x100 2012; 3 COM 4x100 2014. Father-Alec Burns once played cricket for Trinidad
- CALLENDER Emmanuel (TTO) 10/5/1984 (30y) 4x100/200 Metres**
Came in at short notice for third leg of sprint relay team which won Olympic silver in Beijing 2008
100 pb: 10.05 -09. 200 pb: 20.40 -09. 2 OLY 4x100 2008; 1 Central American & Caribbean Champs 100 2009; 2 WCH 4x100 2009 (sf 200, qf 100); 4 COM 100 2010 (7 200); ht WCH 200 2011; 3 Pan-American Games 100 2011. 1 Trinidad 200 2007
- CEDENIO Machel (TTO) 9/6/1995 (19y) 4x400 Metres**
2014 World Junior Champion
400 pb: 45.09 -15. 4 World Youth 2011; 5 WJC 2012; 1 Central American & Caribbean youth 2012 & junior 2014; 3 IAAF Relays 4x400 2014 (44.4 split); 1 WJC 2014
- DUNCAN Marcus (TTO) 4/4/1986 (29y) 4x100/200 Metres**
100 pb: 10.18w -04, 10.26 -10. 200 pb: 20.67 -04. ht World Youth 100 2003; 1 Central American junior 200 2004; sf WJC 200 2004; 4 North, Central American & Caribbean under-23 100 2006; qf COM 100 2010
- GORDON Lalonde (TTO) 25/11/1988 (26y) 4x400 Metres**
(Lalonde is pranced with two syllables)
Two bronzes from London 2012 & Glasgow 2014
400 pb: 44.52 -12. 200 pb: 20.26 -13. sf COM 400 2010; 3 WIC 4x400 2012; 3 OLY 400/4x400 2012; 2 Central American Champs 200 2013; sf WCH 200 2013; 5 WIC 400 2014; 3 COM 400/4x400 2014. 1 Trinidadian 400 2012 & 200 2013/2014. Born-Tobago, moved to New York aged eight, he did not run seriously until age 19, having previously tried to make it in volleyball and basketball
- GREAUX Kyle (TTO) 26/4/1988 (27y) 4x200 Metres**
200 pb: 20.57 -13. 100 pb: 10.39 -14.400 pb: 47.14 -13. 5 Central American & Caribbean Champs 200 2013; ht WCH 200 2013; sf COM 200 2014; 5 Central American & Caribbean Games 200 2014
- QUOW Rennie (TTO) 25/8/1987 (27y) 4x400 Metres**
He had the slowest first 100m but the quickest last 100m at the 2009 World Championships to come through for bronze
- 400 pb: 44.53 -09. 200 pb: 20.39 -14. 1 WJC 2006 (2004-dq sf); sf Pan-Am Games 2007; ht WCH 2007; 1 Central American & Caribbean Champs 2008/2010; 7 OLY 2008; 3 WCH 2009 (Last at halfway, seventh to third in homestraight); dnf ht WIC 2010; sf WCH 2011; dnf COM final 2014 (then 3 4x400). 1 Trinidadian 2014. He is a Tobagonian
- SOLOMON Jarrin (TTO) 11/1/1986 (29y) 4x400 Metres**
2012 Olympic relay bronze
400 pb: 44.98 -14. 200 pb: 20.90 -13. 2 WIC 4x400 2012; 3 OLY 4x400 2012; sf WCH 2013; ht WIC 2014; 3 IAAF Relays 4x400 2014; 6 COM 2014 (3 4x400). 1 Central American & Caribbean Champs 2013. Graduate of criminology from University of New Mexico. Son of Mike Solomon (pb 45.55), who ran in two Olympics and was sixth at 400m in Moscow 1980
- SORRILLO Rondell (TTO) 21/1/1986 (29y) 4x100/200 Metres**
World 200m finalist in 2011
100 pb: 9.99w -13, 10.03 -12. 200 pb: 20.16 -11. 2 Central American & Caribbean Champs 200 2008/2009; qf OLY 200 2008; 7 WCH 200 2011; sf OLY 100 2012 (ht 200); 2 IAAF Relays 4x100 2014; sf COM 200 2014. 1 NCAA 200 2010 (2 100). 1 Trinidad 200 2009
- St. CLAIR Jacob (TTO) 1/1/1998 (17y) 4x400 Metres**
400 pb: 46.73 -15. 2 Carifta youth 2015
- THOMPSON Richard (TTO) 7/6/1985 (29y) 4x100/200 Metres**
Two Olympic silvers from Beijing 2008
100 pb: 9.74w, 9.82 -14. 200 pb: 20.18 -08. 1 North & Central American & Caribbean 100 2007; qf WCH 100 2007; 2 OLY 100/4x100 2008; 5 WCH 100 2009 (2 4x100); 6 OLY 100 2012 (3 4x100); sf WCH 100 2013; 3 COM 4x100 2014; 8 IAAF Continental Cup 100 2014. 1 Trinidad 100 2009/2011/2014. 1 NCAA indoor 60 & outdoor 100 2008. Graduate in Sociology & Business Studies from Louisiana State University. Based-Baton Rouge
- AKTA Fatih (TUR) 26/1/1995 (20y) 4x200 Metres**
200 pb: 21.02w, 21.06 -14. 4 Mediterranean under-23 200 2014; ht WJC 200 2014
- CAN Yavuz (TUR) 23/2/1987 (28y) 4x200 Metres**
(Can is pronounced "Jan")
2014 Balkan Champion
200 pb: 20.99 -14. 400 pb: 46.30 -12. sf WSG 400 2011; sf EIC 400 2013; 6 Mediterranean Games 400 2013; 8 ETCh 400 2014; 1 Balkan 400 2014; ht ECH 400 2014; sf EIC 400 2015. 1 Turkish 400 2012/2013/2014 & indoor 400 2012/2014
- GULIYEV Ramil (TUR) 29/5/1990 (24y) 4x200 Metres**
TRANSFEREE – Formerly Azerbaijan, in whose colours he was a World 200m finalist in 2009 – but then his career then stalled while his transfer to Turkey was processed
200 pb: 20.04 -09. 100 pb: 10.09 -09. ht WJC 100 2006; 2 World Youth 200 2007; ht WIC 60 2008; 5 WJC 200 2008; qf OLY 200 2008; 7 EIC 60 2009; 1 WSG 200 2009; 1 EJC 200 2009 (2 100); 7 WCH 200 2009; 2 Mediterranean Games 100 2013; 1 Balkan 100/200 2014; 2 ETCh 200 2014 (3 100); 6 ECH 200 2014 (dq ht 100 with false start)
Became a Turkish citizen on April 5, 2011 and cleared by the IAAF to compete for that country in from April 4, 2013
- GÜZEL Mehmet (TUR) 20/8/1991 (23y) 4x200 Metres**
Turkish record holder at 400m
200 pb: 21.70i -13. 400 pb: 46.18 -11. 400H pb: 51.66 -13. ht WJC 400 2010; 4 WSG 4x400 2013; ht EIC 400 2015. 1 Turkish indoor 200 2013
- KAYA Ali Ekber (TUR) 5/4/1987 (28y) 4x200 Metres**
Turkish record holder indoors ... ran first leg for Turkish 4x400m squad which won at the 2012 Balkan Indoor Champions at the Ataköy Athletics Arena on February 18
200 pb: 21.30w, 21.32 -09. 400 pb: 46.34 -11. ht EIC 400 2009; sf WIC 400 2012. 1 Turkish 200 2011. Two-year doping suspension 2012-2014
- ANDREWS Robby (USA) 29/3/1991 (24y) 4x800 Metres**
800 pb: 1:44.71 -11. 1500 pb: 3:34.78 -12. 3 WJC 2010; 3 IAAF Relays 4x800 2014. 1 NCAA 2011 & indoor 2010. 2 US indoor 2014. Attended the University of Virginia
- BAILEY Ryan (USA) 13/4/1989 (26y) 4x100/200 Metres**
9.88 for 100m twice at the London Olympics where he was fifth, then on the relay anchor he was timed in 8.9 compared with Usain Bolt 8.8

100 pb: 9.88 -12. 200 pb: 20.10 -10. 400 pb: 47.05 -08. 4 OLY 100 2012 (2 4x100). Ran in heat of 2008 World Junior 4x400m, so awarded gold medal won by USA in final. Hobby-working on cars "I can make them go faster". At college he picked up the nickname "Zeus" because of his impressive physique
His London Olympic relay silver is at risk now that his team-mate Tyson Gay has admitted to doping at the times of the Games

BLANKENSHIP Ben (USA) 15/12/1988 (26y) **Distance Medley**
1500 pb: 3:35.28i -15, 3:37.03 -13. 2 NCAA indoor 3000 2011; 2 US indoor Mile & 2M 2015

CLEMONS Kyle (USA) 27/12/1990 (24y) **4x400 Metres**
2014 World indoor bronze & relay gold with world indoor record 3:02.13
400 pb: 45.00 -14. 3 WIC 2014 (1 4x400). 1 US indoor 2014; 3 US 2014. Attends University of Kansas

FLEET Mac (USA) 17/10/1990 (24y) **Distance Medley**
Twice US Collegiate Champion at 1500m, representing the University of Oregon
800 pb: 1:46.32 -13. 1500 pb: 3:38.35 -13. 1 US junior 1500 2009; 1 NCAA 1500 2013/2014

GATLIN Justin (USA) 10/2/1982 (33y) **4x100/200 Metres**
100 pb: 9.76w -14, 9.77 disqualified -06, 9.79 -12. 200 pb: 19.68 -14. 1 WIC 60 2003/2012; 1 OLY 100 2004 (2 4x100, 3 200); 1 WCH 100/200 2005; sf WCH 100 2011 (dnf 4x100); 3 OLY 100 2012 (2 4x100); 2 WCH 100/4x100 2013. 1 NCAA 100/200 2001/2002. 1 US 100/200 2005 & 100 2012/2013. Suspended for two years after testing positive for amphetamines at the 2001 US Junior Championships, the the IAAF agreed to early reinstatement in July 2002. In 2006 before equalling world 100m record of 9.77 he failed a doping control for Testosterone and was then banned for four years to July 2010
Unbeaten in 19 races in 2014 (including one heat)
So far 2015: 1 Tampa 200 (20.10w), plus involvement in three 4x100m victories: Texas Relays, Florida Relays, Penn Relays

GAY Tyson (USA) 9/8/1982 (32y) **4x100 Metres**
100 pb: 9.68w -08, 9.69 -09. 200 pb: 19.58 -09. 400 pb: 44.89 -10. 4 WCH 200 2005; 1 WCP 100/4x100 2006; 1 WCH 100/200/4x100 2007; sf OLY 100 2008 (dnf/ht 4x100); 2 WCH 100 2009; dq OLY 100/4x100 2012

Failed three doping control tests up to June 23, 2013 but then provided confidential "substantial assistance" to the US Anti-Doping Agency. Therefore under the World Anti-Doping Agency's Code he became eligible for a reduction of the otherwise applicable two-year suspension and so was declared ineligible for one year to June 22, 2014. Having further admitted using a prohibited substance from July 15, 2012, all his results from that date were annulled including his performances at the London Olympics (though yet to be confirmed by the IOC), and wins that summer in Monaco, Lausanne, Birmingham and Zurich

JOHNSON Brandon (USA) 6/3/1985 (30y) **4x800m/Distance Medley**
Former 400m hurdler, he won 2004 World junior silver behind Kerron Clement, he took up the 800m seriously in 2012 "for fun"
800 pb: 1:43.84 -13. 400H pb: 48.59 -05. 400 pb: 46.34 -05. 2 WJC 400H 2004 (1 4x400); sf WCH 800 2013. 2 NCAA 400H 2007; 6 US Olympic Trials 400H 2008; 3 US 800 2013. English Literature graduate from UCLA

LEER Will (USA) 15/4/1985 (30y) **Distance Medley**
Double US Champion indoors in 2013
1500 pb: 3:34.26 -14. Mile pb: 3:51.82 -14. 3000 pb: 7:39.38 -13. 800 pb: 1:47.69 -08. 6 WIC 2014 (2010-ht). 4 US Olympic Trials 2008. 1 US indoor 1500/3000 2013. 1 NCAA div 3 1500/5000 2007 (representing Pomona College, Claremont, California)

LOXSOM Casimir (USA) 17/3/1991 (24y) **4x800 Metres**
Second at 2014 US Championships
800 pb: 1:45.28 -11. 2 WJC 2010; 4 WSG 2011; 3 North/Central American & Caribbean under-23 2012. 2 NCAA indoors & out 2013; 2 US 2014. Studied Communication, Arts and Science at Pennsylvania State University. Lithuanian heritage

MARTIN Ryan (USA) 23/3/1989 (26y) **4x800 Metres**
800 pb: 1:44.77 -12. 8 WSG 2011. 4 NCAA 2010/2012 (2011-8); 4 US Olympic Trial 2012

McQUAY Tony (USA) 16/4/1990 (25y) **4x400 Metres**
(McQuay pronounced "McKway"). 2013 World Championship silver
400 pb: 44.40 -13. 200 pb: 20.60 -12. 100 pb: 10.22 -13. sf OLY 2012 (2 4x400 after a 43.41 split); 2 WCH 2013 (2011-ht); 1 WCH 4x400 2013. 1 US 2011 (2013-2). 1 NCAA indoors & out 2012. Student of Social and Behavioural Sciences at the University of Florida

MERBER Kyle (USA) 19/11/1990 (24y) **Distance Medley**
800 pb: 1:47.23 -15. 1500 pb: 3:35.59 -12. 10 NCAA 1500 2010

MERRITT Lashawn (USA) 27/6/1986 (28y) **4x400 Metres**
Reigning World Champion, former Olympic Champion
400 pb: 43.74 -13. 200 pb; 19.80w -08, 19.98 -07. 1 WJC 400 & relays 2004; 1 WIC 4x400 2006 (dq individual ht); 1 WCP 2006; 2 WCH 2007 (1 4x400); 1 OLY 400/4x400 2008; 1 WCH 2009 (1 4x400); 2 WCH 2011 (1 4x400); 1 WCH 2013 (1 4x400); 1 IAAF Continental Cup 2014. 1 US 400 2008/2009/2013

Served a 21-month doping suspension to July 27, 2011. Later he successfully challenged the IOC's ruling which had barred any athlete who has received a doping suspension of more than six months from competing in the next Games
He has lost his first clash in 2015 to Kirani James, at the Drake relays in Des Moines (James 1st 44.22, Merritt 5th 45.27)

MITCHELL Curtis (USA) 11/3/1989 (26y) **4x200 Metres**
2013 World bronze at 200m
200 pb: 19.97 -13. 100 pb: 10.23w -08, 10.25 -10. 4 WJC 200 2008; 3 WCH 200 2013. 1 NCAA indoor 200 2010; 1 US 200 2014. Lives-Claremont, Florida

MORRIS Joe (USA) 4/10/1989 (25y) **4x200 Metres**
200 pb: 20.43 -15. 100 pb: 9.99w, 10.20 -15. 3 US indoor 60 2014

RODGERS Mike (USA) 24/4/1985 (30y) **4x100 Metres**
2010 World indoor silver at 60m. Twice US Champion at 100m
100 pb: 9.80w -14, 9.85 -11. 200 pb: 20.24 -09. sf WCH 100 2009; 2 WIC 60 2010 (2008-4); 6 WCH 100 2013 (2 4x100); 2 IAAF Continental Cup 100 2014. 1 US 100 2009/2014; 1 US indoor 60 2008/2010/2011. His younger sister Alishea Usery was 2009 US Junior Champion at 400m

He has been wearing his trademark headbands since college, when he needed them to keep his dreadlocks in place. He also owns more than 200 baseball caps

SILMON Charles (USA) 4/7/1991 (23y) **4x100 Metres**
2013 US Collegiate Champion at 100m, representing Texas Christian University
100 pb: 9.85w -13, 9.98 -13. 200 pb: 20.23 -13. 2 WJC 100 2010 (1 4x100); qf WCH 100 2013. 1. NCAA 100 2013

SOLOMON Duane (USA) 28/12/1984 (30y) **4x800 Metres**
Fourth at 2012 Olympics 800m final in 1:42.82 (no-one has ever ran that fast and not won a medal)
800 pb: 1:42.82 -12. 400 pb: 45.98 -12. 1 North/Central American & Caribbean under-23 2006; sf WIC 2010; 4 OLY 2012; 6 WCH 2013 (2007-ht); 6 IAAF Continental Cup 2014. 1 US 2013/2014 (1 indoors 2011/2012). On July 1, 2013 in Burnaby he clocked 1:13.28 for 600m, the second fastest ever time for the distance after the 1:12.81 by his coach Johnny Gray in 1986. Graduate of Sociology from the University of Southern California. 1.91 tall

SOWINSKI Erik (USA) 21/12/1989 (25y) **4x800 Metres**
Twice US Indoor Champion, holds US indoor best at 600m
800 pb: 1:44.58 -14. ht WIC 2014. 1 US indoor 2013/2014; 3 US 2014

SPEARMON Wallace (USA) 24/12/1984 (30y) **4x200 Metres**
2005 World silver at 200m and bronze in 2007 & 2009
200 pb: 19.65 -06. 100 pb: 9.96 -07. 400 pb: 45.22 -06. 2 WCH 200 2005 (2007/2009-3, 2013-sf); 1 WCP 200 2006; 1 WCH 4x100 2007; dq OLY 200 final 2008 for running out of his lane (originally third in 19.95 – "I learned my lesson, but I could have picked a better place to do that"); 4 OLY 200 2012. 1 US 200 2006/2012; 1 NCAA 200 2004/2005 (1 indoor 200 2005). His father Wallace Spearmon senior was 20.27 200m runner who reached the semi-finals of the US Olympic Trials in 1984 & 1988

SPRATLING Brycen (USA) 10/3/1992 (23y) **4x400 Metres**
400 pb: 45.09 -14. 2 NCAA indoor 2012; 4 NCAA 2014; 7 US 2014

VERBURG David (USA) 14/5/1991 (23y) 4x400 Metres

World relay champion indoors, outdoors and as a junior
400 pb: 44.75 -13. 200 pb: 20.63 -15. 1 WJC 4x400 2010; 1 North/Central American & Caribbean under-23 2012; 1 WCH 4x400 2013; 4 WIC 2014 (1 4x400). He took up athletics after being told he was he was told he was too small for college football (he's 1.67m tall or 5-6). Studied sports marketing at George Mason University (Fairfax, Virginia)

Never races in socks but says he must always wear some sort of bracelet when competing

WALKER Justin (USA) 30/11/1990 (24y) 4x200 Metres

200 pb: 20.13w, 20.47 -14. 100 pb: 9.95w, 10.12 -14. 5 US 100 2014; 3 NCAA 200 2014 (4 100), representing Northwestern State University of Louisiana. Heavily tattooed

WARINER Jeremy (USA) 31/1/1984 (31y) 4x400 Metres

Two golds each from Athens 2004, Helsinki 2005 & Osaka 2007. Individual silver & relay gold in Beijing 2008 & Berlin 2009
400 pb: 43.45 -07. 200 pb: 20.19 -06. 2 Pan-Am Junior 400 2003; 1 OLY 400/4x400 2004; 1 WCH 400/4x400 2005/2007; 2 OLY 2008 (1 4x400); 2 WCH 2009 (1 4x400); 1 IAAF Continental Cup 2010. 1 US 2004/2005 & indoor 2013

Surgery on right knee in December 2009, then left knee in August 2011. He returned for sixth place in the 2012 US Olympic Trials but could not take his place in the US relay squad because of a torn hamstring. Married Sarah Nichols in 2011, their son born 2012

He has not bettered 45 seconds since 2012 (45.98 so far in 2015)

WHEATING Andrew (USA) 21/11/1987 (27y) Distance Medley

He did middle distance double at 2010 US Collegiate Championships, representing the University of Oregon from where he is a graduate in Sociology

800 pb: 1:44.62 -10. 1500 pb: 3:30.90 -10. Mile pb: 3:51.74 -10. ht OLY 800 2008; ht WCH 1500 2011; sf OLY 1500 2012. 1 NCAA 800 2009/2008 (1 1500 2010); 1 New Zealand 800 2015. Former soccer player. His British father Justin was a junior international hockey player 1.96 tall

YOUNG Isiah (USA) 5/1/1990 (25y) 4x100 Metres

200 pb: 19.86 -13. 100 pb: 9.93w, 9.99 -13. sf OLY 200 2012; sf WCH 200 2013. 1 US 200 2013 (originally second to Tyson Gay, but Gay's results in that period are annulled)

BRAVO Albert (VEN) 29/8/1987 (27y) 4x400 Metres

Venezuelan record holder at 400m. Second leg for team which won at 2013 South American Championships

400 pb: 45.21 -14. 110H pb: 13.89 -09. HJ pb: 2.22 -06/09. 3 Ibero-American 400 2010 (2012-4); sf OLY 2012 (7 4x400); 1 South American 4x400 2013; 6 IAAF Relays 4x400 2014; 3 Central American & Caribbean Games 2014. 1 Venezuelan 400 2012, HJ 2010/2013 & 110H 2009/2010/2011/2013

CAMPOS Noel (VEN) 8/10/1993 (21y) 4x400 Metres

400 pb: 46.31 -15. 3 Venezuelan 2015

LONGART Omar (VEN) 18/5/1991 (23y) 4x400 Metres

Anchored Venezuelan team which won bronze at 2011 Pan-American Games (in big new national record 3:00.82)

400 pb: 46.09 -10. 1 South American Games under-23 Games 2010; sf WJC 2010; 7 OLY 4x400 2012

MELÉNDEZ José (VEN) 19/5/1993 (21y) 4x400 Metres

2013 South American Champion, individually and in the relay
400 pb: 45.82 -12. 200 pb: 20.94 -12. sf WJC 2012; 1 South American 2013 (1 4x400); sf WCH 2013; 6 IAAF Relays 4x400 2014. 1 Venezuelan 2014

MEZONES Freddy (VEN) 24/9/1987 (27y) 4x400 Metres

Anchored Venezuela to relay victory at 2013 South American Championships

400 pb: 45.53 -15. 2 South American 2009; 6 Central American & Caribbean Games 2010; 1 South American 4x400 2013; 6 IAAF Relays 4x400 2014. 1 Venezuelan 400 2009/2015 & 800 2010

WOMEN**BEAHAN Brianna (AUS) 1/11/1991 (23y) 4x100 Metres**

100 pb: 11.56w, 11.63 -15. 100H pb: 13.18 -15. 3 Commonwealth Youth Games 100H 2008. 2 Australian 100H 2013

BUCKMAN Zoe (AUS) 21/12/1988 (26y) 4x800m/Distance Medley

3x Australian Champion at 1500m

800 pb: 2:00.93 -13. 1500 pb: 4:04.09 -14. 3000 pb: 8:56.29 -15. 11 WJC 1500 2006 (sf 800); sf OLY 1500 2012; 7 WCH 1500 2013; 3 IAAF Relays 4x1500 2014 (4 4x800); ht COM 1500 2014. 1 Australian 1500 2011/2013/2014

BUTLER Hayley (AUS) 21/4/1984 (31y) 4x100 Metres

(Née Cameron)

100 pb: 11.62 -15. 200 pb: 23.72 -10. 100H pb: 13.25 -10. 1 Australian 100H 2010

de la MOTTE Abbey (AUS) 24/2/1994 (21y) 4x800 Metres

800 pb: 2:03.52 -15. 400 pb: 53.90 -12. sf WJC 400 2012. 2 Australian 800 2015

DUNCAN Melissa (AUS) 30/1/1990 (25y) Distance Medley

800 pb: 2:04.2 -14. 1500 pb: 4:05.76 -14. 4 World Youth 1500 2007; 3 IAAF Relays 4x1500 2014 (4 4x800); 10 COM 1500 2014

GEDDES Sam (AUS) 4/6/1997 (17y) 4x100 Metres

2014 Youth Olympic 100m bronze

100 pb: 11.59w -13, 11.66 -15. 200 pb: 24.12 -15. 3 Youth Olympic Games 100 2014. 1 Australian junior 100 2015

GRAF Eily (AUS) 25/6/1991 (23y) 4x100 Metres

100 pb: 11.64 -15. 200 pb: 24.49w, 24.51 -07. 2 Commonwealth Youth Games 100 2008

GULLI Jess (AUS) 19/3/1988 (27y) 4x400 Metres

400 pb: 53.22 -15. 400H pb: 57.30 -14. 7 World Youth 100H 2005. 1 Australian under-23 400 2009; 2 Australian 400H 2013 (2014-3)

HETHERINGTON Kelly (AUS) 10/3/1989 (26y) 4x800 Metres

2013 Australian Champion

800 pb: 2:01.22 -13. 1500 pb: 4:10.55 -13. ht WCH 2013. 1 Australian 2013 (2011-2)

KAJAN Selma (AUS) 30/7/1991 (23y) 4x800m/Distance Medley

Her mother Biba Kajan holds the Bosnian record at 800m (2:03.02 -85)

800 pb: 2:01.96 -14. 1500 pb: 4:13.16 -14. ht World Youth 800 2007; 4 IAAF Relays 4x800 2014; 8 IAAF Continental Cup 1500 2014

KATSANEVAKIS Katherine (AUS) 11/6/1988 (26y) 4x800 Metres

2005 World Youth bronze

800 pb: 2:01.75 -14. ht WJC 2004; 2 Commonwealth Youth Games 2004; 3 World Youth 2005; ht COM 2014. 1 Australian 2005/2010

LIND Samantha (AUS) 15/1/1996 (19y) 4x400m/Distance Medley

400 pb: 53.67 -15. 3 Australian junior 400 2014

McGOWAN Brittany (AUS) 24/4/1991 (24y) 4x800m/Distance Medley

Twice Australian Champion at 800m

800 pb: 2:01.26 -14. 1500 pb: 4:12.54 -15. 3 IAAF Relays 4x1500 2014 (4 4x800); sf COM 800 2014. 1 Australian 800 2014/2015. Attends University of Queensland

MITCHELL Morgan (AUS) 3/10/1994 (20y) 4x400 Metres

2014 Australian Champion

400 pb: 52.22 -14. 200 pb: 24.33 -14. sf WJC 2014 (8 4x400); sf COM 2014. 1 Australian 2014. She has African-American and Australian heritage. Former International netball player

PEKIN Lyndsay (AUS) 13/6/1986 (28y) 4x400 Metres

400 pb: 53.55 -12. 400H pb: 57.11 -14. ht COM 400H 2014. 2 Australian 400H 2007/2008/2011/2012/2014. Daughter of Colleen Beasley/Pekin (3 COM 200 1978 & 100 1982)

RUBIE Anneliese (AUS) 22/4/1992 (23y) 4x400 Metres

400 pb: 52.35 -14. 800 pb: 2:03.93 -15. 200 pb: 23.54 -13. sf WJC 2010; sf COM 2014; 7 IAAF Continental Cup 2014. 1 Australian 400 2015

- SARGENT Caitlin (AUS) 14/6/1992 (22y) 4x100/400 Metres**
Twice sixth at World Student Games
400 pb: 52.16 -13. 200 pb: 23.67 -09. 100 pb: 11.71 -13. sf WJC 100 2010; 6 WSG 2011/2013; 4 COM 4x400 2014. 1 Australian junior 200/400 2011
- SEE Heidi (AUS) 8/9/1989 (25y) Distance Medley**
800 pb: 2:05.04 -13. 1500 pb: 4:09.60 -15. 3000 pb: 8:55.20i -15. 1 Australian 1500 2014
- TADDEO Abbie (AUS) 8/2/1994 (21y) 4x100 Metres**
100 pb: 11.68w, 11.72 -15. 100H pb: 13.32 -15. 2 Commonwealth Youth Games 100H 2011; ht WJC 100H 2012
- AMERTIL Christine (BAH) 18/8/1979 (35y) 4x400 Metres**
2003 World Indoor silver & 2006 bronze at 400m, then world sprint relay silver in 2009
400 pb: 50.09 -05. 200 pb: 22.58 -05. 100 pb: 11.49 -05. 2 WIC 400 2003 (2006-3); sf WCH 400 2003/2005/2007 (2009-dq for running out of lane); 7 OLY 400 2004 (2008-sf); 2 Pan-Am Games 400 2007; 2 WCH 4x100 2009; 1 Central American & Caribbean Games 400 2010; 3 COM 400 2010 (2002-8, 2006-4). Started as a middle distance runner
- BETHEL Brianne (BAH) 5/7/1998 (16y) 4x100/200 Metres**
100 pb: 11.49w, 11.63 -15. 200 pb: 23.47 -15. 1 Central American & Caribbean youth 200 2014 (4 100); ht WJC 100 2014; 2 Carifta youth 200 2015 (3 100)
- BODIE Krystal (BAH) 3/1/1990 (25y) 4x100 Metres**
100 pb: 11.63 -07. 100H pb: 13.32w -12, 13.41 -10. qf World Youth 100 2007; 7 WJC 100H 2008 (4 4x100); ht COM 100H 2014. 1 Bahamian 100H 2013
- BROWN Adanaca (BAH) 23/10/1993 (21y) 4x100/200 Metres**
100 pb: 11.58 -15. 200 pb: 23.64 -15. 100H pb: 13.32 -15
- CARTER Tayla (BAH) 29/1/1994 (21y) 4x100 Metres**
100 pb: 11.42w -14, 11.57 -13. 200 pb: 23.50 -14. sf WJC 100 2012; 3 Central American & Caribbean Champs 4x100 2013
- CLARKE Laniece (BAH) 4/11/1987 (27y) 4x200/400 Metres**
200 pb: 23.41w -14, 23.48 -13. 400 pb: 52.43 -14. 3 Central American & Caribbean Champs 4x400 2013; ht COM 400 2014. 1 Bahamian 400 2013
- DORSETT Shaquania (BAH) 16/9/1997 (17y) 4x400 Metres**
400 pb: 53.40 -15. ht WJC 2014; 6 Youth Olympic Games 'B' 2014; 1 Carifta junior 400/800 2015
- FARRINGTON Brianca (BAH) 21/3/1994 (21y) 4x400 Metres**
400 pb: 53.06 -15
- FERGUSON McKENZIE Debbie (BAH) 16/1/1976 (39y) 4x100 Metres**
2001 World Champion at 200m in place of the disgraced Marion Jones. She has had a lane in all six Olympic sprint finals in 2000-2004-2008
100 pb: 10.91 -02. 200 pb: 22.19 -19. 400 pb: 53.30 -01
In Olympic finals: 100m: 2000-7; 2004-7; 2008-7; 200m: 2000-5; 2004-3; 2008-7. In World finals: 100: 2001-6, 2009-6; 200: 99-5, 2001-1, 2009-3, 2011-6. In Relays: 1 OLY 2000 (96-silver, 2004-4); 1 WCH 99 (2009-2)
1 Pan-Am Games 200 99; 1 COM 100/200/4x100 2002. Appointed a UN Ambassador for Food & Agriculture in October 2002. Married Adrian McKenzie on December 23, 2005
In 2015: First leg for 'Caribbean All-Stars' team which placed third in Penn Relays 4x200m
- FERGUSON Sheniqua (BAH) 24/11/1989 (25y) 4x200 Metres**
2008 World Junior Champion at 200m ... led off Bahamas silver-winning sprint relay team at the 2009 World Championships
200 pb: 22.64 -12. 100 pb: 11.07 -12. sf World Youth 100 2005 (ht 200); 2 Central American & Caribbean junior 100 2006; 1 WJC 200 2008 (2006-8); qf OLY 200 2008; 2 WCH 4x100 2009 (sf 200, qf 100); sf WCH 200 2011; sf OLY 100 2012; sf WCH 100 2013; sf WIC 60 2014; 4 IAAF Relays 4x200 2014; sf COM 100 2014. 1 Bahamian 100 2013. No relation to Debbie Ferguson
- FREEMAN D'Nia (BAH) 1/1/1999 (16y) 4x400 Metres**
400 pb: 55.76 -15. 5 Carifta youth 2015 (2 4x400)
- MILLER Shaunae (BAH) 15/4/1994 (21y) 4x200 Metres**
Former World Youth & World Junior Champion at 400m. Fourth at 200m in Moscow 2013
200 pb: 22.41w, 22.45 -13. 400 pb: 50.17 -15. 100 pb: 11.40 -14. 1 WJC 400 2010 (2012-4); 1 World Youth 2011; dnf ht OLY 400 2012 (hamstring); 4 WCH 200 2013; 3 WIC 400 2014; 7 COM 400 2014. 1 NCAA indoor 400 2013. 1 Bahamian 400 2014. Her great uncle Leslie Miller ran in the Mexico Olympics and though eliminated in his 400m heat, became the first Bahamian to break 47 seconds with a time of 46.99. 1.85 tall (6-1)
Great start to 2015 for her: 22.50 200m & pb 50.17 400m on successive weekends in April
- ROBINSON V'Alonee (BAH) 6/5/1992 (22y) 4x100 Metres**
100 pb: 11.34w, 11.53 -14. 200 pb: 23.84w -10, 23.93 -12. 100H pb: 13.74 -13. qf World Youth 100 2009; sf WJC 100 2010
- SEYMOUR Katrina (BAH) 7/1/1993 (22y) 4x400 Metres**
400 pb: 54.54 -11. 400H pb: 57.24 -11. 4 WJC 4x400 2010; sf World Youth 400H 2009; 3 Central American & Caribbean Champs 400H 2011; ht COM 400H 2014. 1 Bahamian 400H 2014
- STRACHAN Anthonique (BAH) 22/8/1993 (21y) 200 Metres**
(Strachan pronounced "Strawn", rhyming with yawn). Double world Junior sprint Champion in 2012
200 pb: 22.32 -13. 100 pb: 11.20 -12.1 Pan-American junior 200 2011 (3 100); 1 WJC 100/200 2012; sf OLY 200 2012; sf WCH 200 2013; 4 IAAF Continental Cup 200 2014
- BABOLAYI Oarabile (BOT) 8/3/1992 (23y) 4x400 Metres**
400 pb: 55.35 -14. 400H pb: 58.09 -11. ht World Youth 400H 2009; 3 African junior 100H/400H 2011; 2 African Champs 4x400 2012
- BOTLOGETSWE Christine (BOT) 1/10/1995 (19y) 4x400 Metres**
400 pb: 54.58 -12. ht WJC 2012; 3 African Champs 4x400 2014
- MASHILA Lydia (BOT) 22/6/1990 (24y) 4x400 Metres**
(aka Lydia Jele)
She was the Botswanan #2 after Amantle Montsho
400 pb: 52.65 -12. 200 pb: 23.76 -13. 100 pb: 11.68 -14. sf WSG 2011/2013; 2 African Champs 4x400 2012; 7 African Champs 200 2014 (3 4x400). 1 Botswanan 2012/2014
- MATHLAKU Leungo (BOT) 24/3/1995 (20y) 4x400 Metres**
100 pb: 11.67 -13. 200 pb: 23.84w -13, 24.06 -12. 4 Commonwealth Youth Games 100 2011; sf World Youth 200 2011 (ht 100); ht WJC 100/200 2014; 3 African Champs 4x400 2014
- SELEKA Goitseome (BOT) 10/8/1988 (26y) 4x400 Metres**
400 pb: 53.89 -14. 2 African Champs 4x400 2012 (2014-3)
- BARBOSA Liliane Cristina (BRA) 8/10/1987 (27y) 4x400 Metres**
Full name-Liliane Cristina Barbosa Fernandes
400 pb: 52.55 -13. 400H pb: 57.38 -13. 1 South American 400H/4x400 2013. 1 Brazilian 400H 2013
- COUTINHO Geisa (BRA) 1/6/1980 (34y) 4x400 Metres**
Full name-Geisa Aparecida Coutinho
6x Brazilian Champion
400 pb: 51.08 -11. 100 pb: 11.55 -11. 200 pb: 23.07 -11. 1 South American 2003; ht WIC 2003/2012; 4; ht OLY 2004/2012; 1 World Military Games 2011; sf WCH 2011 (2003-ht); 3 Pan-American Games 2011; ht WIC 2012; 2 Ibero-American 2012; 1 South American Games 2014. 1 Brazilian 2002/2003/2004/ 2010/2011/2012
- da SILVA Natalia (BRA) 15/12/1992 (22y) 4x400 Metres**
400 pb: 52.42 -14. 2 South American under-23 2014
- de LIMA Jailma (BRA) 31/12/1986 (28y) 4x400 Metres**
Full name-Jailma Sales de Lima
400 pb: 51.66 -11. 400H pb: 56.00 -11. Heptathlon pb: 5601 -06. 4 World Youth Heptathlon 2003; 3 South American 400 2009; 3 Ibero-American 400H 2010; ht WCH 400H 2011; 5 Pan-Am Games 400H 2011; ht OLY 400H 2012. 1 Brazilian 400H 2011/2012 & Heptathlon 2006
- dos SANTOS Evelyn (BRA) 11/4/1985 (30y) 4x100 Metres**
100 pb: 11.33w, 11.35 -13. 200 pb: 22.82 -12. 1 South American junior

100 2003; qf OLY 200 2008; 1 Ibero-American 200 2012; 7 OLY 4x100 2012; 1 South American 4x100/4x400 2013. 1 Brazilian 200 2008

dos SANTOS Vanusa (BRA) 22/1/1990 (25y) **4x100 Metres**
100 pb: 11.34w -09, 11.42 -15. 200 pb: 23.47 -14. 1 South American under-23 100 2012

KRASUCKI Franciela (BRA) 26/4/1988 (27y) **4x100 Metres**
South American record holder at 60m
100 pb: 10.99w -14. 11.13 -13. 200 pb: 22.76 -13. sf WJC 100/200 2004; 4 World Youth 100 2003/2005; 7 WJC 100 2006 (ht 200); 1 Ibero-American 100 2006; 2 South American 100 2013; sf WCH 100 2013 (ht 200); sf WIC 60 2014. 1 Brazilian 200 2013

PRESTI Thaïssa (BRA) 7/11/1985 (29y) **4x100 Metres**
100 pb: 11.45w -07, 11.46 -14. 200 pb: 23.13 -08. 3 South American 100/200 2007; 3 Central American & Caribbean Champs 4x100 2008; 4 OLY 4x100 2008; 5 WCH 4x100 2009; 2 South American 200 2009 (3 100). 1 Brazilian 200 2007

SANTOS Rosângela (BRA) 20/12/1990 (24y) **4x100 Metres**
Anchored Brazil to fourth place in the 2008 Olympic 4x100 (at age 17)
100 pb: 11.07w -12, 11.17 -12/15. 200 pb: 22.92 -12. 1 South American junior 100 2007; 4 World Youth 200 2007; 3 WJC 4x100 2008 (4 100); 4 OLY 4x100 2008; 5 WSG 100 2011; sf WCH 100 2011; 1 Ibero-American 100 2012; sf OLY 100 2012. 1 Brazilian 100 2008/2012 (1 200 2012)

SILVA Ana Cláudia (BRA) 6/11/1988 (26y) **4x100 Metres**
Full name-Ana Cláudia Lemos Silva
South American Champion & record holder at 100m & 200m
100 pb: 10.93w -13, 11.01 -15. 200 pb: 22.48 -11. 1 Ibero-American 100 2010; 1 South American 100/200 2011/2013; 1 World Military Games 200/4x100 2011; sf WCH 100/200 2011; sf WCH 100 2013 (ht 200). 1 Brazilian 100/200 2010/2011 (1 100 2013) 1 Pan-American Games 200 2011 (4 100). She started playing football but because of her speed was asked to try athletics at age 13
Lowered her South American 100m record to 11.01 at the Mt. Sac Relays on April 18, 2015

SILVA Cristiane (BRA) 4/4/1988 (27y) **4x400 Metres**
400 pb: 53.05 -13. 5 South American 2013

SOUSA Joelma (BRA) 13/7/1984 (30y) **4x400 Metres**
2013 South American Champion
400 pb: 51.54 -12. 3 Ibero-American 2012; 1 South American 2013; ht WCH 2013; 3 South American Games 2014. 1 Brazilian 2013

ADEKOYA Kemi (BRN) 16/1/1993 (22y) **Distance Medley**
TRANSFEREE – Ex-Nigeria, gained Bahraini citizenship in August 2013 and cleared by the IAAF to represent that country from September 10, 2014
Full name-Oluwakemi Mujidat Adekoya
400 pb: 51.32 -14. 400H pb: 54.59 -14. 3 IAAF Continental Cup 400H 2014; 1 Asian Games 400/400H 2014. Accountancy graduate from the University of Lagos. She divides her time between Bahrain, Bulgaria and Nigeria where her cousin Akeem Oyewolen is one of her coaches
She was the only woman to defeat Kaliese Spencer at 400m hurdles in 2014

BELETE Mimi (BRN) 9/6/1988 (26y) **Distance Medley**
TRANSFEREE – Ethiopian origin, now resident in Belgium with her younger sister Almensch Belete, who is also a world-class distance runner
2010 Asian Games Champion at 5000m
1500 pb: 4:00.08 -14. 3000 pb: 8:30.00 -14. 5000 pb: 15:15.59 -11. 2 Asian XC 2009; 2 Asian Indoor Games 1500 2009; 4 IAAF Continental Cup 1500 2010; 1 Asian Games 5000 2010 (3 1500); 7 WCH 1500 2011 (2009/2013-sf); sf OLY 1500 2012; 2 Asian Champs 1500 2013 (2009-6); ht WIC 1500 2014; 5 IAAF Continental Cup 3000 2014 (6 1500). At WXC: 2009-28. Her younger sister Almensch Belete (5 EIC 3000 2013 for Belgium)

JAMAL Maryam (BRN) 16/9/1984 (30y) **Distance Medley**
TRANSFEREE – originally known as Zenebech Tola ETH, she moved to Lausanne in 2002 and had been seeking Swiss citizenship but could not travel outside the country while waiting for that so opted for Bahrain
Full name-Maryam Yusuf Jamal

3000 pb: 8:28.87 -05. 1500 pb: 3:56.18 -06. 800 pb: 1:57.80 -08. 5000 pb: 14:51.68 -05. Half Mar pb: 71:43 -04. 1 WCP 1500 2006; 1 Asian Games 800/1500 2006; 1 WCH 1500 2007/2009 (2005-5, 2011-11); 2 WIC 1500 2008 (2006/2014-3); 1 Asian Games 1500 2010; 3 OLY 1500 2012 (2008-5); 1 Asian Indoor Champs 1500/3000 2014; 3 WIC 3000 2014. At WXC: 2005-33 short, 2006-37 short, 2009-9, 2011-23

SHUMI Genzebe (BRN) 29/1/1991 (24y) **Distance Medley**
TRANSFEREE – Ethiopian origin
2011 Asian Champion at 1500m
Full name-Genzeb Shumi Regasa (aka Genzebe Shami)
1500 pb: 4:05.16 -12. 800 pb: 2:01.18 -12. 1 Asian junior 1500 2010 (2 3000); 10 WJC 1500 2010; 8 Asian Games 800 2010; 1 Asian Champs 1500 2011 (5 800); 1 Asian Indoor Champs 1500 2012 (2 800); sf OLY 800 2012 (ht 1500); 5 Asian Games 200 2014. At WXC: 2010-17J, 2011-30, 2013-41

AUBRY Rachel (CAN) 18/5/1990 (24y) **4x800 Metres**
800 pb: 2:02.05 -14. 4 Pan-American junior 2009

BELLEAU-BÉLIVEAU Karine (CAN) 29/12/1983 (31y) **4x800 Metres**
800 pb: 2:01.13 -13. ht WCH 2013; 7 Francophone Games 2013 (2009-6); ht COM 2014. 2 Canadian 2013/2014

BINGHAM Khamica (CAN) 15/6/1994 (20y) **4x100 Metres**
100 pb: 11.32 -14. 200 pb: 23.46 -11. 3 World Youth Medley Relay 2011; 4 WJC 100 2012; 6 WCH 4x100 2013

DAVIS Shai (CAN) 4/12/1993 (21y) **4x100 Metres**
100 pb: 11.28w -14, 11.33 -13. 200 pb: 23.12 -13. sf WJC 200 2012; 6 WCH 4x100 2013; 3 Francophone Games 100 2013; sf OLY 100 2014; sf COM 100/200 2014

DORR Fawn (CAN) 19/4/1987 (28y) **4x400 Metres**
Ex-USA, she never represented that country in global events so so was cleared by the IAAF to compete for Canada from June 20, 2012
400 pb: 52.51 -10. 400H pb: 55.57 -10. ht COM 400 2014. 4 NCAA 400H 2010 (2009-6); 3 US 400H 2010; 6 US indoor 400 2011. Was at Pennsylvania State University

EMMANUEL Crystal (CAN) 27/11/1991 (23y) **4x100 Metres**
100 pb: 11.16w -13, 11.34 -12. 200 pb: 22.89 -13. sf WJC 200 2010; sf OLY 200 2012; ht WCH 200 2013; 1 Francophone Games 200 2013; sf COM 100/200 2014 (4 4x100). 1 Canadian 100/200 2011 (1 200 2012). Ex-Barbados

FRANÇOIS Rachel (CAN) 14/11/1992 (22y) **4x800 Metres**
800 pb: 2:02.18 -14. 2 North/Central American & Caribbean under-23 2014

GEORGE Phylicia (CAN) 16/11/1987 (27y) **4x100 Metres**
2011 World finalist, & 2012 Olympic finalist at 100m Hurdles
100 pb: 11.25 -12. 100H pb: 12.65 -12. ht WJC 200 2006; 7 WCH 100H 2011 (cramp); 6 OLY 100H 2012; ht COM 100H 2014. 1 Canadian 100H 2014. Studied Physiology and Neurobiology from the University of Connecticut

HYACINTHE Kimberly (CAN) 28/3/1989 (26y) **4x100 Metres**
2013 World Student Games Champion at 200m
100 pb: 11.41 -14. 200 pb: 22.78 -13. sf World Youth 100/200 2005; sf WJC 200 2006/2008; 1 WSG 4x400 2009; 2 Francophone Games 200 2009; 2 North/Central American & Caribbean under-23 200 2010; sf WCH 200 2013; 7 COM 200 2014 (4 4x100)

JACQUES Farah (CAN) 8/2/1990 (25y) **4x100/400 Metres**
100 pb: 11.55 -14. 200 pb: 23.50 -14. 400 pb: 55.29 -15

JEAN-BAPTISTE Audrey (CAN) 15/7/1991 (23y) **4x400 Metres**
400 pb: 52.82i -15, 53.07 -14. sf COM 2014 (5 4x400). 2 Canadian 2014 (2011-3). Business student at the University of Tulsa

MONTCALM Noelle (CAN) 3/4/1988 (27y) **4x400 Metres**
Twice Canadian Champion at 400m Hurdles
400 pb: 54.92 -12. 400H pb: 55.81 -14. 100H pb: 13.25w, 13.39 -10. 2 WSG 4x400 2013; ht WCH 400H 2013; 5 COM 400H 2014 (5 4x400). 1 Canadian 400H 2013/2014

- MUIR Carline (CAN) 1/10/1987 (27y)** **4x400 Metres**
3x Canadian Champion
400 pb: 51.55 -08. sf WJC 2006; sf OLY 2008; 3 WSG 2009 (1 4x400); 6 COM 2010 (3 4x400). 1 Canadian 2008/2010/2014. Born-St. Catherine, Jamaica, lives-Edmonton
- SASSINE Nicole (CAN) 24/11/1989 (25y)** **4x400 Metres**
400 pb: 53.74 -14. 200 pb: 23.69 -15
- WHELAN Elizabeth (CAN) 5/10/1993 (21y)** **4x800 Metres**
800 pb: 2:05.13 -13. 1500 pb: 4:15.20 -14. 6 NCAA indoor 2015. Student of art and communications at University of North Carolina
- KONG Lingwei (CHN) 28/7/1995 (19y)** **4x100/200 Metres**
Second leg for Chinese sprint relay team which won at the 2014 Asian Games
100 pb: 11.65 -13. 200 pb: 23.44 -13. 1 Asian Games 4x100 2014. 3 Chinese 200 2014
- LIANG Xiaojing (CHN) 7/4/1997 (18y)** **4x100/200 Metres**
2014 Youth Olympic Champion at 100m
100 pb: 11.58w, 11.59 -14. 200 pb: 23.78 -14. sf World Youth 400 2013; ht WCH 4x100 2013; 1 Asian junior 100 2014; 1 Youth Olympic Games 100 2014. 1 Chinese youth 100/200 2014; 2 Chinese 100/200 2014
- LIN Huijun (CHN) 1/2/1993 (22y)** **4x100/200 Metres**
Third leg for Chinese sprint relay team which won at the 2013 Asian Championships & 2014 Asian Games
100 pb: 11.65 -13. 200 pb: 23.35 -14. sf World Youth 100/200 2009; 1 Asian junior 200 2012 (2 100); 1 Asian Champs 4x100 2013; 4 Asian Games 200 2014 (1 4x100). 1 Chinese 200 2014
- TAO Yujia (CHN) 16/2/1987 (28y)** **4x100/200 Metres**
Reigning Asian Indoor Champion at 60m. First leg for Chinese sprint relay team which won at the 2013 Asian Championships & 2014 Asian Games
100 pb: 11.37 -11. 200 pb: 24.22 -03. ht WCH 4x100 2007/2013; ht OLY 4x100 2008; 1 East Asian Games 100 2009; 5 Asian Games 100 2010; 3 Asian Champs 100 2011/2013 (2009-4); 2 Asian Indoor Champs 60 2012; ht WIC 60 2012; 1 Asian Champs 4x100 2013; 1 Asian Indoor Champs 60 2014. 1 Chinese 100 2009/2014
- YUAN Qiqi (CHN) 26/10/1995 (19y)** **4x100/200 Metres**
100 pb: 11.51 -14. 200 pb: 23.71 -13. 6 Asian Games 100 2014. 1 Chinese youth 100/200 2012; 1 Chinese junior 100/200 2013
- ALMANZA Rose Mary (CUB) 13/7/1992 (22y)** **4x800 Metres**
2012 Olympic & 2013 World Championship semi-finalist
800 pb: 1:59.4 -13. 4 World Youth 2009; 2 Ibero-American 2010/2012; 4 WJC 2010; 2 Central American & Caribbean Champs 2011 (2013-3); sf OLY 2012. 1 Cuban 1500 2013
- BONNE Daysurami (CUB) 9/3/1988 (27y)** **4x400 Metres**
2010 Ibero-American Champion
400 pb: 51.69 -11. 3 Central American & Caribbean Champs 2009; 8 WCH 4x400 2009; 1 Ibero-American 2010; 1 Ibero-American 2012; ht OLY 4x400 2012; 2 Central American & Caribbean Games 2014
- BORLOT Yaneisi (CUB) 18/2/1991 (24y)** **4x400 Metres**
400 pb: 52.49 -12. ht OLY 4x400 2012. 2 Cuban 2013/2014
- CASANOVA Gilda (CUB) 19/12/1995 (19y)** **4x800 Metres**
800 pb: 2:02.50 -14. 400 pb: 52.28 -14. 2 WJC 400 2014. 1 Cuban 400 2014 (3 800)
- DIAGO Sahily (CUB) 26/8/1995 (19y)** **4x800 Metres**
2014 World junior silver
800 pb: 1:57.74 -14. 1500 pb: 4:14.73 -14. 400 pb: 53.87 -14. sf World Youth 2011; 2 WJC 2014; 6 IAAF Continental Cup 2014. 1 Cuban 2013
- GÓMEZ Roxana (CUB) 7/1/1999 (16y)** **4x400 Metres**
400 pb: 54.05 -15
- HECHAVARRÍA Zurian (CUB) 10/8/1995 (19y)** **4x400 Metres**
400 pb: 55.02 -14. 400H pb: 56.54 -14. 3 Central American & Caribbean Games 400H 2014; 4 WJC 400H 2014. 1 Cuban 400H 2014
- MUÑOZ Adriana (CUB) 16/3/1982 (33y)** **4x800 Metres**
Won 800m & 1500m double at the last two Pan-American Games. Cuban record holder at 1500m
800 pb: 2:00.10 -04. 1500 pb: 4:09.57 -03. 1 Pan-Am Junior 1500 2001; 1 Pan-Am Games 800/1500 2003/2011; 5 Central American & Caribbean Champs 800 2005; 1 Ibero-American 2012 (3 800); 2 Central American & Caribbean Champs 1500 2013; 3 Central American & Caribbean Games 1500 2014. 1 Cuban 800/1500 2002/2003
- THAUREAUX Arletis (CUB) 16/1/1997 (18y)** **4x800 Metres**
800 pb: 2:06.90 -14. 1500 pb: 4:20.9 -14. 4 Central American & Caribbean Games 1500 2014. 1 Cuban 1500 2014
- VEITÍA Lisneidy (CUB) 29/4/1994 (21y)** **4x400 Metres**
400 pb: 51.72 -14. 1 Central American & Caribbean Games 2014
- ANGULO Yuliana (ECU) 6/7/1994 (20y)** **4x100 Metres**
Ecuadorian record holder at long jump
100 pb: 11.50 -15. 100H pb: 13.95 -13. LJ pb: 6.38 -15. ht World Youth 100H 2011
- de la CRUZ Viviana (ECU) 1/1/1991 (24y)** **4x100 Metres**
100 pb: 11.78 -15. TJ pb: 12.66 -14. 4 Ecuadorian 100 2015
- LANDAZURI Narcisa (ECU) 14/7/1993 (21y)** **4x100 Metres**
100 pb: 11.40 -15. 200 pb: 23.60 -14. 2 Ibero-American 200 2014 (5 100). 2 Ecuadorian 100/200 2015
- TENORIO Ángela (ECU) 27/1/1996 (19y)** **4x100 Metres**
Ecuadorian record holder at 100m & 200m
100 pb: 11.09 -15. 200 pb: 22.82w -14, 23.08 -15. 2 World Youth 200 2013 (3 100); ht WCH 100 2013; 2 WJC 100 2014 (3 200); 2 South American Games 100/200 2014. 1 Ecuadorian 100/200 2015
Fabulous start to 2015: Her 100m pb down from 11.25 to 11.17 then 11.09
- AKAKPO Stella (FRA) 28/2/1994 (21y)** **4x100 Metres**
2013 European Junior Champion at 100m
100 pb: 11.21w, 11.24 -14. 200 pb: 23.54 -13. sf World Youth 100 2011; 1 EJC 100 2013 (2 4x100); 2 ECH 4x100 2014. 1 French indoor 60 2014. She anchored France to third place in the 2013 World 4x100m, but after the medal ceremony, the team disqualified for an illegal exchange
- DIARRA Elea Mariama (FRA) 8/3/1990 (25y)** **4x200m/400m/Distance Medley**
Second leg for French team which won at 2015 European Indoor Championships
200 pb: 23.65i -15, 23.69w -14, 23.71 -12. 400 pb: 52.58 -12. 3 EJC 4x400 2009; 3 under-23 ECH 4x400 2011. Silver ECH 4x400 2012 (ran heat); 1 EIC 4x400 2015. 1 French 2011
- DISTEL-BONNET Céline (FRA) 25/7/1987 (27y)** **4x100/200 Metres**
2014 European relay silver
100 pb: 11.18w, 11.24 -14. 200 pb: 23.37w -14, 23.41 -11. 3 EJC 4x100 2005; 8 WJC 100 2006 (2 4x100); 6 ECH 100 2014 (2 4x100); sf EIC 60 2015. 1 French indoor 60 2015. She led off the ill-fated team at the 2013 World Championships, who were awarded bronze medals, then disqualified
- GALAIS Jennifer (FRA) 7/3/1992 (23y)** **4x100/200 Metres**
200 pb: 23.06 -14. 100 pb: 11.40 -14. sf WJC 200 2010; 3 EJC 200 2011; 7 under-23 ECH 200 2012; 1 Mediterranean under-23 200 2014; 4 ETCh 200 2014; dq/ht ECH 200 2014 (false start)
- GAYOT Marie (FRA) 18/12/1989 (25y)** **4x400 Metres**
Led off team which won European gold in 2014, then anchored team which won European indoor gold in 2015
400 pb: 51.54 -13. 5 EJC 2007; 3 EIC 4x400 2011; 6 under-23 ECH 2011 (3 4x400); sf ECH 2012 (2 4x400); 6 OLY 4x400 2012; sf EIC 2013; 3 ETCh 2013; sf WCH 2013 (4 4x400); 2 Francophone Games 2013; 7 ECH 2104 (1 4x400); 5 EIC 2015 (1 4x400). 1 French 2014 (1 indoor 2012/2013/2015)
- GUEÏ Floria (FRA) 2/5/1990 (25y on May 2)** **4x400 Metres**
(Geuï pronounced Gay as in Tyson)
Miraculous anchor leg (in 49.71) to take her team from distant fourth to gold at the 2014 European Championships. Fist leg for team which won 2015 European indoor title

400 pb: 51.42 -13. 4 European Youth 200 2007; ht WJC 2008; 3 EIC 4x400 2011; 6 OLY 4x400 2012; 2 ECH 4x400 2012; sf WCH 2013 (4 4x400); 5 ETCh 2014; sf ECH 2014 (1 4x400); sf EIC 2015 (1 4x400). 1 French 2013

GUION-FIRMIN Lenora (FRA) 7/8/1991 (23y) 4x400 Metres
They're calling her "the new Pérec"

2013 European under-23 Champion at 400m and then nearly at 200m just one hour later

400 pb: 51.68 -13. 200 pb: 22.91 -13. 2 ECH 4x400 2012; 1 under-23 ECH 400 2013 (2 200, 3 4x400); sf WCH 200 2013 (4 4x400); 4 IAAF Relays 4x400 2014. 7 NCAA 400 2013 (2012-8). Attends University of Maryland. Born-Martinique

IKUESAN Ayodele (FRA) 15/5/1985 (29y) 4x100 Metres

Second leg for team which won silver at 2014 European Championships

100 pb: 11.16w -14, 11.22 -14. 200 pb: 23.83 -05. ht WJC 100 2004; 1 under-23 ECH 4x100 2005; 7 World Student Games 100 2009 (3 4x100); 3 Mediterranean Games 100 2009; sf EIC 60 2011; 8 ECH 100 2014 (2 4x100). 1 French indoor 60 2009

LAMOTE Renelle (FRA) 26/12/1993 (21y) Distance Medley

800 pb: 2:00.06 -14. 400 pb: 55.36 -14. sf WJC 2012; 2 ETCh 2014; sf ECH 2014; sf EIC 2015. 1 French 2014 & indoor 2015

MANG Véronique (FRA) 15/12/1984 (30y) 4x100 Metres

2010 European silver at 100m. Led off French relay team which won 2004 Olympic bronze

100 pb: 11.11 -10/11. 200 pb: 22.92 -04. 1 EJC 4x100 2003 (2 100); 1 ECP 4x100 2004; 3 OLY 4x100 2004; 1 Mediterranean Games 100 2005; sf ECH 100 2006; sf WIC 60 2010; 1 ETCh 100 2010/2011; 2 ECH 100/4x100 2010 (dq 200 final); 6 EIC 60 2001; sf WCH 100 2011; ht OLY 100/2012. 1 French 100 2006/2010. Born-Cameroon. Collector of postcards

MOH Clarisse (FRA) 6/12/1986 (28y) Distance Medley

800 pb: 2:01.43 -13. 8 ETCh 800 2011; 6 ETCh 800 2013. 1 French 800 2011 & indoor 800 2012

NTIAMOAH Brigitte (FRA) 5/3/1994 (21y) 4x200/400 Metres

200 pb: 23.57i -15, 23.67 -12. 400 pb: 55.31 -13. 23.57isf World Youth 400 2011; 5 EJC 200 2013 (2 4x100, 7 4x400). 1 French indoor 200 2015

PERRAUX Claire (FRA) 6/10/1987 (27y) Distance Medley

(Formerly Navez)

1500 pb: 4:12.21 -14. 3000 pb: 9:08.27 -11. 3000SC pb: 9:43.70 -13. 6 ETCh 3000SC 2014 (2013-8). At EXC: 2007-42u23, 2009-14u23, 2010-43, 2013-50. 1 French 3000SC 2012. 1 French indoor 1500 2008/2012/2013/2015

RAHAROLAHY Agnes (FRA) 7/11/1992 (22y) 4x400m/Distance Medley

Third leg for victorious relay team at 2014 European Championship (kept Floria Gueï in touch). Third leg for victorious relay team at 2015 European Indoor Championships (gained vital lead before handing to Marie Gayot)

400 pb: 52.48 -14. 3 Mediterranean Games 2013; 3 under-23 ECH 4x400 2013; 1 Mediterranean under-23 2014; 1 ECH 4x400 2014; 1 EIC 4x400 2015

SANANES Deborah (FRA) 26/10/1995 (19y) 4x200m/Distance Medley

200 pb: 23.79 -13. 400 pb: 53.96 -17. ht EJC 400 2013 (2 4x100). 1 French youth 400 2012; 1 French indoor 400 2014 (as a junior)

ADEOYE Margaret (GBR) 27/4/1985 (30y) 4x100/400 Metres

Adeoye pronounced with four syllables "A - Day - O - Yay"

World relay bronzes indoors & out

100 pb: 11.28 -14. 400 pb: 51.93 -13. 200 pb: 22.88 -13. 6 WSG 200 2011; sf OLY 200 2012; 3 WCH 4x400 2013; sf WIC 2014 (3 4x400); ht COM 400 2014 (bronze 4x400); 3 ECH 4x400 2014. 1 British Universities 100/200 2010; 1 UK Inter-Counties 200 2011; 1 UK indoor 200 2012/2013 & 400 2014; 1 UK 200 2012 (2014-4). Graduate of Business Management. Coach-Linford Christie (since November 2009), formerly Allan Wells

BUNDY-DAVIES Seren (GBR) 30/12/1994 (20y) 4x400 Metres

European indoor brinze & relay silver in 2015

400 pb: 51.72i -15, 52.50 -14. 800 pb: 2:03.73 -14. 4 ETCh 4x400 2014; 3 EIC 2015 (2 4x400). 1 Welsh indoors & out 2014

CHILD Eilidh (GBR) 20/2/1987 (28y) 4x400 Metres

(Eilidh is pronounced "A - Lee"). 2014 European Champion

400 pb: 51.45i, 51.83 -13. 400H pb: 54.22 -13. 2 under-23 ECH 2009 (2007-5); sf WCH 2009/2011; 2 COM 2010/2014; sf OLY 2012; 2 EIC 2013 (1 4x400); 1 ETCh 2013 (2009-4, 2010/2014-2); 5 WCH 2013 (3 4x400); 3 WIC 4x400 2014; 1 ECH 2014 (2010-8); 3 ECH 4x400 2014. 1 Scottish 2004/2007/2008 & 400 2011. 1 UK 2014. Former Scottish Schools Champion at swimming. Coach-Malcolm Arnold, though she was first taught to hurdle by her older sister Iona

COX Shana (GBR) 22/1/1985 (30y) 4x400 Metres

(Shana pronounced Shay-na). Dual citizenship with USA, became eligible to compete in championships for Britain from September 29, 2011

Relay bronzes from the World Championships, European Championships and Commonwealth Games

400 pb: 50.84 -08. 100 pb: 11.65 -14. 200 pb: 22.92w, 23.15 -08. 3 Pan-Am junior 200 2003; 5 WJC 200 2004 (for USA); 3 ETCh 400 2011; 5 WIC 400 2012 (1 4x400); sf OLY 400 2012; 6 EIC 400 2013 (1 4x400); 3 WCH 4x400 2013; ht WIC 400 2014 (3 4x400); 3 COM 4x400 2014; 3 ECH 4x400 2014. 1 NCAA 400 2008 (representing Penn State University where she was a student of Psychology). Her parents were both born in Britain. Married international athlete Michael Bingham on November 9, 2013

MASSEY Kelly (GBR) 11/1/1985 (30y) 4x400 Metres

Relay medals from two Commonwealth games and European Championships, indoors & out

400 pb: 51.96 -14. sf COM 2010 (2 4x400); ht ECH 2012; 7 COM 2014 (3 4x100); 3 ECH 4x400 2014.; 2 EIC 4x400 2015 1 British Universities 2006; 1 English under-23 2007; 1 English 2010 & UK 2014. Graduate in Sports Science from Liverpool John Moores University, won works as a PE Teacher in Greater Manchester. She can play the violin

NELSON Ashleigh (GBR) 20/2/1991 (24y) 4x100 Metres

European 100m bronze in 2014 – Britain's first medal at that event since 1974 – then sprint relay gold

100 pb: 11.15w, 11.19 -14. 200 pb: 23.34 -13. 3 World Youth 100 2007; 1 EJC 4x100 2007; 2 WJC 100 2008; sf ECH 100 2012; 4 under-23 ECH 200 2013; 3 WCH 4x100 2013; 3 COM 4x100 2014; 1 ECH 4x100 2014. 1 English Schools 100 2004/2005/2006; 1 English junior 100 2008; 1 English under-23 100 2012; 1 UK 100 2012. Older brother is 2007 European Junior 200m Champion Alex Nelson (now retired)

ONUORA Anyika (GBR) 28/10/1984 (30y) 4x100/400 Metres

(Name pronounced Ann-ika Oh-nora)

Relay silvers at 2006 Commonwealth Games & European Championships and two more relay medals from Glasgow 2014

100 pb: 11.81 -11. 200 pb: 22.64 -14. 400 pb: 51.38 -13. 2 EJC 4x100 2003; 2 COM 4x100 2006 (sf 100); sf ECH 100 2006 (2 4x100); 5 ETCh 100 2011; sf WCH 200 2011 (ht 100); ht OLY 100/200 2012; 3 ETCh 200 2013/2014; ht WCH 200 2013. 1 English Schools 100 2001/2002; 1 UK 200 2013. Studied Economics at Liverpool John Moores University

PHILIP Asha (GBR) 25/10/1990 (24y) 4x100 Metres

First leg for British relay team which broke the 34 year-old British record when winning at Zürich 2014, and then again at the Zürich Diamond League

100 pb: 11.11w, 11.18 -14. 200 pb: 23.07w , 23.34 -13. 4 WJC 100 2006; 1 World Youth 100 2007; 1 EJC 4x100 2007; 3 under-23 ECH 4x100 2011; 5 EIC 60 2013; 5 ETCh 100 2013; sf WCH 100 2013; 4 WIC 60 2014 (2012-sf); 4 COM 100 2014 (3 4x100); 1 ECH 4x100 2014 (sf 100). 1 AAA under-15 indoor 60 2005 & under-17 indoor 2006; 1 UK junior 100 2007; 1 UK 100 2013/2014. She studied Drama at Kingston University. She is still a coach for Mini Trampolining but has not competed at that sport since she ruptured her knee in 2007

WILLIAMS Bianca (GBR) 18/12/1993 (21y) 4x100 Metres

2014 Commonwealth bronzes at 200m & 4x100m

100 pb: 11.17 -14. 200 pb: 22.58 -14. 3 EJC 4x100 2011; 3 COM 200 2014 (6 100, 3 4x100); 4 ECH 200 2014. 1 English under-17 100 2010; 2 UK 200 2014. Attends University of East London

WILLIAMS Jodie (GBR) 28/9/1993 (21y) 4x100 Metres

Commonwealth Games & European silvers at 200m

100 pb: 11.13w -14, 11.18 -11. 200 pb: 22.46 -14. 400 pb: 52.55 -14. 1

World Youth 100/200 2009; 1 WJC 100 2010 (2 200); 1 World Youth 100/200 2009; 1 WJC 100 2010 (2 200); 4 EIC 60 2011; 1 EJC 100/200 2011; ht WIC 60 2012; 1 under-23 ECH 200 2013 (2 100/4x100); sf WCH 200 2013; 2 COM 200 2014 (3 4x100), 1 UK 200 2014. Unbeaten in 151 races until her second place in the 2010 World Junior 200m final

DIX Maike (GER) 2/7/1986 (28y) **4x200 Metres**
200 pb: 23.26 -09. 100 pb: 11.52 -13. sf World Youth 200 2003; 6 WJC 200 2004. 2 German 2009/2011/2013

ELSLER Josefina (GER) 7/6/1991 (23y) **4x200 Metres**
200 pb: 23.33 -14. 100 pb: 11.33 -14. 4 German 100/200 2014

GONSKA Nadine (GER) 23/1/1990 (25y) **4x200 Metres**
200 pb: 23.09w, 23.27 -14. 100 pb: 11.53 -14. 2 German 200 2014 & indoor 200 2015

HAACK Christina (GER) 15/4/1987 (28y) **4x200 Metres**
German Champion at 200m indoors & out in 2011
200 pb: 23.36 -11. 100 pb: 11.41 -11. 1 German 200 2011 (1 indoor 2011)

HAASE Rebekka (GER) 2/1/1993 (22y) **4x200 Metres**
Twice German Champion at 200m indoors
200 pb: 23.01 -14. 100 pb: 11.21w, 11.32 -14. 8 Youth Olympic Games 100 2010; 6 ETCh 200 2014; sf ECH 100 2014; sf EIC 60 2015. 1 German 200 2014 (1 indoor 200 2014/2015)

HERING Christina (GER) 9/10/1994 (20y) **Distance Medley**
800 pb: 2:01.25 -14. 3 EJC 800/4x400 2013. 1 German under-23 400 2013; 2 German indoor 800 2014; 1 German indoor 800 2015

KRAUSE Gesa-Felicitas (GER) 3/8/1992 (22y) **Distance Medley**
2013 European under-23 Steeplechase Champion. Finalist in Daegu 2011, London 2012 & Moscow 2013
1500 pb: 4:11.94 -12. 800 pb: 2:05.25 -11. 3000SC pb: 9:23.52 -12. 7 World Youth 2000SC 2009; 4 WJC 3000SC 2010; 1 EJC 3000SC 2011; 8 WCH 3000SC 2011 (2013-9); 4 ECH 3000SC 2012 (2014-5); 8 OLY 3000SC 2012; 1 under-23 ECH 3000SC 2013; 5 EIC 1500 2015. At EXC: 2009-26J, 2010-11J, 2011-9J, 2013-15u23

KWADWO Yasmin (GER) 9/11/1990 (24y) **4x100 Metres**
2009 European Junior Champion at 100m
100 pb: 11.22w, 11.29 -11. 200 pb: 23.84 -11. sf WJC 100 2008; 1 EJC 100/4x100 2009; sf WIC 60 2010/2014; ht ECH 100 2010; sf WCH 100 2011. 1 German junior indoor 60 2008/2009; 1 German junior & under-23 100 2009; 1 German indoor 60 2010

LINDENBERG Janin (GER) 20/1/1987 (28y) **Distance Medley**
Ran third leg (in 50.90) for German team which won European 4x400 silver in 2010
400 pb: 51.97 -11. 200 pb: 23.47 -12. 2 EJC 4x400 2005; sf WJC 2006; 2 ECH 4x400 2010; 2 European Police 2010 (1 LJ); 5 EIC 2011; 6 ETCh 2011. 1 German 2010 & indoor 2011. Police Officer

PINTO Tatjana (GER) 2/7/1992 (22y) **4x100 Metres**
Full name-Tatjana Lofamakanda Pinto
Third leg for victorious German sprint relay team at 2012 European Championships
100 pb: 11.07w -15, 11.19 -12. 6 WJC 100 2010 (2 4x100); 3 EJC 100 2011 (1 4x100); 8 ECH 100 2012 (1 4x100); ht OLY 100 2012; ht EIC 60 2013; 3 ETCh 100 2013; 3 under-23 ECH 100 2013 (1 4x100); sf WCH 100 2013 (4 4x100); sf ECH 100 2014. 1 German 100 2014. Father-Portuguese, mother-Angolan

SAILER Verena (GER) 16/10/1985 (29y) **4x100 Metres**
(Sailer is pronounced like "Sigh-La")
2012 European Champion at 100m
100 pb: 11.02 -13. 6 EJC 100 2003; 5 WJC 100 2004; 1 under-23 ECH 100 2007 (2005-3); sf WIC 60 2008; 8 ECP 100 2008; 5 OLY 4x100 2008; 3 EIC 60 2009/2015 (2007-sf, 2013-7); sf WCH 100 2009/2013 (2007-qf); 3 WCH 4x100 2009 (2013-4); 1 ECH 100 2010 (2006-sf, 2012-6); 1 ECH 4x100 2012; sf OLY 100 2012; 8 WIC 60 2014; 3 ETCh 100 2014 (2010-7). 1 German 100 2006/2007/2008/2009/2010/2013 & indoor 60 2011/2012/2013/2014/2015. Former gymnast
Her partner is the world class pole vaulter Tobias Scherbarth

SUJEW Diana (GER) 2/11/1990 (24y) **Distance Medley**
(Sujew is pronounced "Sue - Yev")

1500 pb: 4:05.62 -13. 3000 pb: 8:47.68 -13. 800 pb: 2:02.29 -12. 7 World Youth 2000SC 2007; ht WJC 1500/3000SC 2008; 6 EJC 1500 2009; 5 under-23 ECH 1500 2011; 5 ECH 1500 2012 (2014-8); ht WCH 1500 2013; ht EIC 1500 2013; 8 ETCh 3000 2014. Her twin sister Elina (five minutes older) is also a world-class middle-distance runner

SUJEW Elina (GER) 2/11/1990 (24y) **Distance Medley**
2009 European junior bronze at 1500m
1500 pb: 4:07.36 -12. 800 pb: 2:03.01 -12. sf World Youth 800 2007; 3 EJC 1500 2009; 7 under-23 ECH 1500 2011; ht EIC 1500 2013; 7 ETCh 1500 2013 (2014-11). Her twin sister Diana (five minutes younger) is also a world-class middle-distance runner

WEIT Inna (GER) 5/8/1988 (26y) **4x100 Metres**
100 pb: 11.39 -13/14. 200 pb: 23.08 -12. sf ECH 200 2012; 4 WCH 4x100 2013. 1 German 200 2012 & indoor 2013

CREANER Steffi (IRL) 18/11/1991 (23y) **4x100/200 Metres**
100 pb: 11.79w, 11.92 -13. 200 pb: 23.58w -12, 23.72 -13. 3 Irish 200 2009/2011/2012 (2 indoor 2013/2015)

FOSTER Amy (IRL) 2/10/1988 (26y) **4x100/200 Metres**
Multiple Irish & Northern Ireland Champion at sprints, now Irish record holder at 100m
100 pb: 11.32w -10, 11.40 -14. 200 pb: 23.40w -11, 23.53 -11. sf WJC 200 2006; sf COM 100/200 2010; ht ECH 100/200 2012; sf EIC 60 2013; 5 WSG 100 2013; sf COM 100 2014; sf ECH 100 2014. 1 Northern Ireland 100 2007/2010; 1 Irish 100 2008/2011/2012/2014 (1 200 2011, 1 indoor 60 2012/2014); 1 English 100 2010. Born/lives-Newtownards

HEALY Phil (IRL) 19/11/1994 (20y) **4x100/200 Metres**
Fourth at 2013 European Junior Championships
100 pb: 11.49 -14. 200 pb: 23.95 -13/14. 4 EJC 100 2013; ht ECH 100 2014. 1 Irish 100 2014

LAVIN Sarah (IRL) 28/5/1994 (20y) **4x100/200 Metres**
2013 European junior silver
100 pb: 11.75 -13. 200 pb: 23.65 -14. 100H pb: 13.23 -14. sf WJC 100H 2012; 2 EJC 100H 2013. 1 Irish indoor 60H & out 100H 2013/2014

McMANUS Catherine (IRL) 9/5/1992 (22y) **4x100/200 Metres**
100 pb: 11.74 -12. 200 pb: 24.85 -14. 100H pb: 13.88 -14. 1 Irish indoor 60H 2015

ALLOH Audrey (ITA) 21/7/1987 (27y) **4x100 Metres**
4x Italian Indoor Champion at 60m
100 pb: 11.29w, 11.42 -14. 200 pb: 24.06 -12. 1 WSG 4x100 2009; sf WIC 60 2012 (2014-ht); sf EIC 60 2013; 8 WSG 100 2013; ht WIC 60 2014; 8 ETCh 100 2014; sf ECH 100 2014; sf EIC 60 2015. 1 Italian indoor 60 2012/2013/2014/2015. Born-Ivory Coast, moved to Italy in 1998 and gained Italian citizenship in 2005

AMIDEI Martina (ITA) 8/4/1991 (24y) **4x100 Metres**
European under-23 sprint relay bronze in 2013
100 pb: 11.42 -12. 200 pb: 23.39 -14. sf WJC 100 2010; ht ECH 100 2012; 3 under-23 ECH 4x100 2013; ht WCH 4x100 2013; sf ECH 200 2014 (4 4x400)

BAZZONI Chiara (ITA) 5/7/1984 (30y) **4x400 Metres**
2013 Mediterranean Games Champion
400 pb: 52.06 -13. 200 pb: 23.74 -13. 4 ECH 4x400 2010; 4 EIC 4x400 2011; ht EIC 2013; 1 Mediterranean Games 2013; sf WCH 2013; sf ECH 2014 (2012-ht); ht EIC 2015. 1 Italian 2013 (1 indoor 2013/2014/2015)

BONFANTI Elena (ITA) 9/7/1988 (26y) **4x400 Metres**
Full name-Elena Maria Bonfanti
400 pb: 52.61 -12. 7 WSG 2013. 2 Italian indoor 2014

CHIGBOLU Maria Benedict (ITA) 27/7/1989 (25y) **4x400 Metres**
400 pb: 52.39 -14. 2 Mediterranean Games 2013; ht EIC 2015. 2 Italian 2013

DRAISCI Ilenia (ITA) 13/7/1989 (25y) **4x100 Metres**
2013 1 Mediterranean Games Champion
100 pb: 11.53 -13. 200 pb: 23.73 -13. ht WJC 100 2008; ht EIC 60 2013; 11 ETCh 100 2013; 1 Mediterranean Games 100 2013. 1 Italian 100 2011

- GIOVANETTI Martina (ITA) 10/8/1987 (27y) 4x100 Metres**
100 pb: 11.44 -12. 200 pb: 23.61 -11. sf WJC 100 2006; sf EIC 60 2009. 2 Italian indoor 60 2015
- GRENOT Libania (ITA) 12/7/1983 (31y) 4x400 Metres**
Full name-Libania Grenot Martinez Scafetti
2014 European Champion
400 pb: 50.30 -09. 200 pb: 22.45w, 22.85 -12. 5 World Youth 400 99; 4 Pan-Am Games 400 2003; 3 Central American & Caribbean Champs 400 2005; sf OLY 400 2008/2012; 1 ETCh 400 2009; 1 Mediterranean Games 400 2009; sf WCH 400 2009/2013 (2005-ht); 4 ETCh 200/400 2013/2014; 1 ECH 400 2014 (2010-4, 2012-6); 3 IAAF Continental Cup 400 2014 (2010-6). 1 Cuban 400 2003/2004/2005. 1 Italian 2009/2010/2014 & 200 2012
Last competed for Cuba at the 2005 World Championships, married an Italian man (now separated) and moved to Italy in 2006, obtained Italian citizenship on March 18, 2011 and declared eligible for Italy by the IAAF from that date
- HOOPER Gloria (ITA) 3/3/1992 (23y) 4x100 Metres**
2013 European under-23 bronze at 200m
100 pb: 11.45 -13. 200 pb: 22.95 -12. ht WJC 200 2010; 7 EJC 200 2011 (2 4x100); dq/sf ECH 200 2012; ht OLY 200 2012; ht EIC 60 2013; 3 under-23 ECH 200/4x100 2013; ht WCH 200 2013. 1 Italian 100 2013. Parents from Ghana
- MILANI Marta (ITA) 9/3/1987 (28y) 4x400 Metres**
European finalist indoors & out
400 pb: 51.86 -11. 800 pb: 2:01.35 -12. sf WJC 400 2006; 6 under-23 ECH 400 2009; 7 ECH 400 2010; 6 EIC 400 2011; 8 ETCh 400 2011; ht EIC 800 2013; 7 ETCh 800 2013; ht WCH 800 2013; ht ECH 800 2014. 1 Italian 400 2011 & 800 2012/2013/2014 (1 indoor 400 2010/2011 & 800 2014)
- SIRAGUSA Irene (ITA) 23/6/1993 (21y) 4x100 Metres**
Won sprint double at 2014 Italian Championships
100 pb: 11.36w -14, 11.43 -14/15. 200 pb: 23.27 -14. 2 EJC 4x100 2011; sf WJC 200 2012; 7 under-23 ECH 100 2013 (3 4x100); 10 ETCh 200 2014; 2 Mediterranean under-23 100/200 2014; sf ECH 100/200 2014 (4 4x100). 1 Italian 100/200 2014
- VITALE Ylenia (ITA) 10/4/1995 (20y) 4x400 Metres**
400 pb: 54.14 -14. sf World Youth 2011; sf WJC 2014; ht EIC 2015. 2 Italian indoor 2015
- CALVERT Schillonie (JAM) 27/7/1988 (26y) 4x200 Metres**
Third leg for winning Jamaican relay team at Moscow 2013 (passing to Shelly-Ann Fraser-Pryce)
200 pb: 22.55 -11. 100 pb: 11.05 -11/12. 2 WJC 4x100 2004 (7 100); 3 World Youth 100 2005; 2 Pan-American junior 100 2005; 1 Central American & Caribbean junior 100/200 2006; 3 WJC 4x100 2006 (sf 100); 2 Pan-American junior 200 2007 (3 100); 1 North, Central America & Caribbean under-23 100 2008 (2 200); sf WCH 100 2013 (1 4x100); 5 COM 100 (6 200, 1 4x100)
- CAMPBELL Simoya (JAM) 1/3/1994 (21y) 4x800 Metres**
800 pb: 2:02.43 -14. 400 pb: 53.22 -15. sf World Youth 2011; sf WJC 2012; 2 Central American & Caribbean Champs 2013; ht COM 2014. 2 Jamaican 2013/2014
- CAMPBELL-BROWN Veronica (JAM) 15/5/1982 (32y) 4x100/200 Metres**
Seven medals across four Olympic Games including three golds
100 pb: 10.76 -11. 200 pb: 21.74 -08. 2 OLY 4x100 2000; 1 WJC 100/200 2000 (2 4x100); 2 COM 100/4x100 2002; 1 OLY 200/4x100 2004 (3 100); 2 WCH 100/4x100 2005 (4 200); 2 COM 200 2006; 1 WCH 100 2007 (2 200/4x100); 1 OLY 200 2008; 2 WCH 200 2009 (4 100); 1 WIC 60 2010; 1 WCH 200 2011 (2 100/4x100); 3 OLY 100 2012 (4 200, 2 4x100); 5 WIC 60 2014; 2 COM 100 2014 (1 4x100). 1 Jamaican 100 2002/2004/2005/2007 (1 200 2004/2005/2007). Studied Marketing & Management at the University of Arkansas. Married Omar Brown (2006 Commonwealth Champion at 200m) on November 3, 2007
- DAY Christine (JAM) 23/8/1986 (28y) 4x800 Metres**
Led off the Jamaican team which won 2012 Olympic relay bronze
800 pb: 2:10.9 -15. 400 pb: 50.16 -14. sf WCH 400 2009; 3 OLY 4x400 2012; 3 COM 400 2014 (1 4x400). 2 Jamaican 400 2014, where she suddenly cut her best from 50.85 to 50.51 in the heats then 50.16 in the final to almost catch Novlene Williams-Mills
- FACEY Simone (JAM) 7/5/1985 (29y) 4x100 Metres**
Ran first leg for Jamaican team which won World relay gold in 2009
100 pb: 10.95 -08. 200 pb: 22.25 -08. 4 World Youth 100 2001; 2 WJC 100 2002 (1 4x100); 6 WCH 200 2009 (1 4x100); 3 Central American & Caribbean Champs 100 2011 (2 4x100); 3 IAAF Relays 4x200 2014. 1 NCAA 200 2008 indoors & out, representing Texas A&M (Agricultural and Mechanical) University
- FRASER-PRYCE Shelly-Ann (JAM) 27/12/1986 (28y) 4x200 Metres**
Twice Olympic Champion at 100m ... reigning World Champion at 60m, 100m, 200m & 4x100m
200 pb: 22.09 -12. 100 pb: 10.70 -12. 400 pb: 54.93 -11. 1 OLY 100 2008/2012; 1 WCH 100/4x100 2009; 4 WCH 100 2011 (2 4x100); 2 OLY 200/4x100 2012; 1 WCH 100/200/4x100 2013; 1 COM 4x100 2014. Ran in heat of 2007 World 4x100, so awarded a silver medal won by Jamaica in the final. Her mother Maxine was a sprinter and long jumper . Married Jason Pryce on January 7, 2011
- GOULE Natoya (JAM) 30/3/1991 (24y) 4x800 Metres**
Twice Jamaican Champion
800 pb: 1:59.93 -13. 400 pb: 51.52 -11. 1500 pb: 4:18.74 -14. 1 Central American & Caribbean junior 2006/2010; sf World Youth 2007; ht WJC 2008; sf WJC 2010 (3 4x400); 1 Central American & Caribbean Champs 2013; ht WCH 2013; ht WIC 2014; sf COM 2014. 1 Jamaican 2013/2014. 1 NCAA indoor 2015. Student of sport administration at Louisiana State University
Ran in relay heat at 2014 World Indoor Championships, so awarded silver medal won by Jamaica in final
More than 20 races already in 2015 including a full US Collegiate season indoors
- HALL Patricia (JAM) 16/10/1982 (32y) 4x400 Metres**
World relay medals as a junior, senior and indoors
400 pb: 50.71 -12. 200 pb: 22.51 -13. 400H pb: 57.65 -99. 1 WJC 4x400 98; 3 WYC 400H 99; 2 Central American & Caribbean Champs 400 2011; 7 Pan-American Games 400 2011; sf WIC 400 2012; sf WCH 200/400 2013; 5 WIC 2014 (2 4x400). Ran in heat of 2011 World 4x400, so awarded silver won by Jamaica in final
- HENRY-ROBINSON Samantha (JAM) 25/9/1988 (26y) 4x200 Metres**
Awarded Olympic relay silver in London 2012 when he led off the Jamaican team in the heats (though replaced by Shelly-Ann Fraser-Pryce for the final)
200 pb: 22.50w, 22.77 -12. 100 pb: 10.94w -12, 11.00 -14. 2 World Youth Medley Relay 2003 (sf 100); 3 Pan-American junior 200 2007; 2 North/Central American & Caribbean under-23 200 2008 (3 100); Silver OLY 4x100 2012; 2 IAAF Relays 4x100 2014; 8 COM 200 2014
- JACKSON Shericka (JAM) 15/7/1994 (20y) 4x400 Metres**
400 pb: 51.32 -14. 200 pb: 22.84 -13. 4 Youth Olympic Games 200 2010; 3 World Youth 200 2011 (1 Medley Relay); 8 WJC 200 2012 (2 4x400); 2 IAAF Relays 4x400 2014
- JAMES Samantha (JAM) 12/8/1994 (20y) 4x800 Metres**
800 pb: 2:07.46 -14. 400 pb: 55.64 -13. 6 Jamaican 2014
- LE-ROY Anastasia (JAM) 11/9/1987 (27y) 4x400 Metres**
Third leg for Jamaican team which won 2014 Commonwealth Games gold
400 pb: 50.84 -14. 200 pb: 23.08 -08. 100 pb: 11.27w -09, 11.41 -07. 200 pb: 23.08 -08. 6 WJC 200 2006 (3 4x100); ht WCH 4x400 2007; 3 Central American & Caribbean Champs 200 2011; 3 WSG 2013; 2 IAAF Relays 4x400 2014; 1 COM 4x400 2014. 4 Jamaican 2014
- McDONALD Kimarra (JAM) 14/8/1987 (27y) 4x800 Metres**
800 pb: 2:02.20 -12. ht COM 2014. 3 Jamaican 2012/2014
- McPHERSON Stephenie Ann (JAM) 25/11/1988 (26y) 4x400 Metres**
2014 Commonwealth Games Champion
400 pb: 49.92 -13. 800 pb: 2:10.2 -15. 400H pb: 57.46 -12. 4 WCH 2013; 2 WIC 4x400 2014; 1 COM 400/4x100 2014. 2 Jamaican 2013. Student of Hospitality & Tourism at Kingston University of Technology. Affectionately known as "chicken foot" (she explains) because of her slender frame (52kg). Her first sport was football, she was team captain at her primary and junior high schools
- MORRISON Natasha (JAM) 17/11/1992 (22y) 4x100 Metres**
100 pb: 11.06 -14. 200 pb: 23.08 -13. 5 Pan-American junior 100 2011. 4 Jamaican 100 2014

- RUSSELL Janeive (JAM) 14/11/1993 (21y) 4x400 Metres**
Former World Junior Champion & Commonwealth bronze at 400m Hurdles
pbs in Heptathlon events:
100H: 13.80; HJ: 1.80; SP: 10.86; 200: 24.10; LJ: 6.26w/6.20; JT: 26.53; 800: 2:11.5
Heptathlon pb: 5361 -11. 400H pb: 54.75 -14. 400 pb: 51.49 -14. 9 World Youth LJ 2009; 7 Youth Olympic Games LJ 2010; 3 WJC 4x400 2010 (sf 400); 2 Pan-American junior Heptathlon 2011; 1 WJC 400H 2012 (2 4x400); 3 COM 400H 2014 (gold 4x400 after running in heat). 1 Jamaican Heptathlon 2011 (while still a junior)
- SIMPSON Sherone (JAM) 12/8/1984 (30y) 4x200 Metres**
Medals at three successive Olympic Games. 2006 Commonwealth Champion at 200m when she defeated Veronica Campbell
200 pb: 22.00 -06. 100 pb: 10.82 -06. 400 pb: 51.25 -08. 2 Pan-Am Junior 100 2003; 2 Central American junior 100 2003; 1 WJC 4x100 2002; 6 OLY 100 2004 (1 4x100); 6 WCH 100 2005 (2 4x100); 1 COM 200/4x100 2006; 1 WCP 100/4x100 2006; =2 OLY 100 2008 (6 200); 8 WCH 200 2011 (2 4x100); 2 OLY 4x100 2012 (sf 200). 1 Jamaican 100 2010. Born-Manchester, Jamaica
Failed a doping control test for an amphetamine in 2013 and banned by Jamaica for 18 months. She successfully appealed the length of the ban to the Court of Arbitration for Sport, who agreed to reduce her period of ineligibility to six months on the basis that a contaminated food supplement was to blame
- STEWART Kerron (JAM) 16/4/1984 (31y) 4x100 Metres**
World & Olympic silvers at 100m
100 pb: 10.75 -09. 200 pb: 21.99 -88. 400 pb: 51.83 -13. 2 World Youth 100 2001; 4 WJC 100 2002; 7 WCH 100 2007 (2 4x100); =2 OLY 100 2008 (3 200); 2 WCH 100 2009 (1 4x100); 5 WCH 200 2011 (6 100, 2 4x100); 2 OLY 4x100 2012 (sf 100); 5 WCH 100 2013 (1 4x100); 3 COM 100 2014 (1 4x100). 1 Jamaican 100 2013. Walked into a plate glass window at 2003 Pan-American Games, needed 39 stitches & missed Games
- THOMPSON Elaine (JAM) 28/6/1992 (22y) 4x100 Metres**
Substituted for Schillonie Calvert in heats of 2014 Commonwealth Games 4x100, so awarded gold won by team in final
100 pb: 10.92 -15. 200 pb: 23.09 -15. 1 Central American & Caribbean Champs 4x100 2013; gold COM 4x100 2014. 5 Jamaican 100 2014
Already down from 11.17 to 10.92 so far in 2015. Cadence reminiscent of Merlene Ottey. Attends Kingston University of Technology
- WILLIAMS Christania (JAM) 17/10/1994 (20y) 4x100 Metres**
2011 World Youth Medley relay gold
100 pb: 11.18 -15. 200 pb: 23.22w -14, 23.48 -15. 3 World Youth 100 2011 (1 Medley Relay); 3 Central American & Caribbean junior 100 2012. 1 Jamaican youth 100 2011
- WILLIAMS Shericka (JAM) 17/9/1985 (29y) 4x400 Metres**
2008 Olympic silver. 2009 World silver. Four successive World Championship relay silvers
400 pb: 49.32 -09. 200 pb: 22.50 -08. 2 WCH 4x400 2005/2007/2009/2011; 5 COM 2006; 2 OLY 2008 (3 4x400); 2 WCH 2009 (2005/2007-sf, 2011-6); 4 IAAF Continental Cup 2010; 3 OLY 4x400 2012; gold COM 4x400 2014. 1 Jamaican 2005. Business graduate from Kingston University of Technology
- WILLIAMS-MILLS Novlene (JAM) 26/4/1982 (33y) 4x400 Metres**
8x Jamaican Champion
400 pb: 49.63 -06. 6 Pan-Am Games 2003; 3 OLY 4x400 2004/2008/2012 2 WCH 4x400 2005; 5 WIC 2006 (2010-dnf final); 3 COM 2006; 3 WCH 2007 (2 4x400); 4 WCH 2009 (2 4x400); 8 WCH 2011 (2 4x400); 5 OLY 2012; 8 WCH 2013; 2 IAAF Continental Cup 2014. 1 Jamaican 2006/2007/2009/2010/2011/2012/2013/2014. Studied Recreation at the University of Florida. Won 2014 Diamond Race, so she has a wildcard for the 2015 World Championships
- AOKI Sayaka (JPN) 15/12/1986 (28y) 4x400 Metres**
400 pb: 53.34 -14. 400H pb: 55.94 -08. 5 Asian Champs 400H 2007 (2009-7); ht WCH 400H 2009; 4 Asian Champs 400 2011 (1 4x400); 3 Asian Champs 4x400 2013. 1 Japanese 400/400H 2008
- AOYAMA Seika (JPN) 1/5/1996 (19y on May 1) 4x100/400 Metres**
200 pb: 23.78 -13. 400 pb: 52.99 -14. sf World Youth 200 2013 (3 Medley Relay); 5 Asian Games 400 2014
- CHIBA Asami (JPN) 25/9/1985 (29y) 4x400 Metres**
(Née Tanno). 2010 Asian Champion
400 pb: 51.75 -08. 200 pb: 23.55w -06, 23.64 -07/08. 2 Asian junior 2002/2004; 6 WJC 2002; ht WCH 2005/2009; 4 WSG 2005; 3 Asian Games 2006; ht OLY 2008; 1 Asian Champs 2009 (2005/2007-2); 8 IAAF Continental Cup 2010; 2 Asian Games 4x400 2014. 1 Japanese 2004/2005/2006/2007/2008/2009. In 2008, she became the first woman from her country to run faster than 52 seconds
- DOI Anna (JPN) 24/8/1995 (19y) 4x100 Metres**
100 pb: 11.47w -12, 11.50 -12/14. 200 pb: 23.63 -14. sf World Youth 100 2011; sf WJC 100 2014 (ht 200, 6 4x100). 2 Japanese 100 2014
- FUKUSHIMA Chisato (JPN) 27/6/1988 (26y) 4x100 Metres**
Japanese record holder and former Asian Games Champion in both sprints
100 pb: 11.16w -11, 11.21 -10. 200 pb: 22.89 -10. sf World Youth 100/200 2005; sf WJC 100 2006; ht OLY 100 2008; qf WCH 100 2009 (ht 200); 1 Asian Champs 100 2009 & 200 2011; 6 IAAF Continental Cup 100 2010; 1 Asian Games 100/200 2010; sf WIC 60 2012; ht OLY 100/200 2012; 2 Asian Champs 100 2013; ht WCH 200 2013; 2 Asian Games 100 2014 (3 200/4x100). 1 Japanese 100 2008/2010/2011/2012/2013/2014 (6x) & 200 2009/2011/2012/2013/2014 (5x)
- ICHIKAWA Kana (JPN) 14/1/1991 (24y) 4x100 Metres**
Two relay medals at 2014 Asian Games
100 pb: 11.28w, 11.43 -11. 200 pb: 23.51 -12. 400 pb: 54.14 -14. 8 WJC 200 2010; 3 Asian Games 4x100 2014 (2 4x400). 2 Japanese 200 2012/2014
- KIRA Manami (JPN) 23/10/1991 (23y) 4x400 Metres**
400 pb: 54.71 -14. 400H pb: 56.63 -14. 2 Asian Champs 400H 2013 (3 4x400). 2 Japanese 400H 2013/2014
- KITAKAZE Saori (JPN) 3/4/1985 (30y) 4x100 Metres**
100 pb: 11.40w -11, 11.42 -08. sf WJC 100 2004; 7 Asian Games 100 2006; 8 Asian Champs 100 2007 (2 4x100); 2 Asian Champs 4x100 2013. 3 Japanese 100 2013
- WATANABE Mayumi (JPN) 6/6/1983 (31y) 4x100 Metres**
100 pb: 11.31w, 11.44 -09. 200 pb: 23.35 -13. 2 East Asian Games 100 2009; 4 Asian Champs 100 2013 (2009-5); 2 Asian Champs 4x100 2013. 2 Japanese 100 2009/2013 (2 200 2013)
- IVANCHUKOVA Svetlana (KAZ) 25/7/1993 (21y) 4x100 Metres**
100 pb: 11.59 -13. 200 pb: 23.50 -13. 5 Asian Champs 100 2013; 2 Asian Games 4x100 2014 (1st leg)
- KASHAFUTDINOVA Rima (KAZ) 22/10/1995 (19y) 4x100 Metres**
100 pb: 11.78 -14. 200 pb: 24.18 -14. ht World Youth 100/200 2011; 6 Asian junior 200 2014 (8 100)
- SAFRONOVA Olga (KAZ) 5/11/1991 (23y) 4x100 Metres**
(Née Bludova). 2014 Asian Games Champion at 200m
100 pb: 11.12 -12. 200 pb: 22.85 -14. ht WJC 100/200 2008; 4 Asian Champs 200 2011 (7 100); ht WCH 100 2011; sf OLY 100 2012; 7 WSG 100 2013; ht WCH 200 2013; 2 Asian Indoor Champs 60 2014 (2010-3); 6 IAAF Continental Cup 200 2014 (7 100); 1 Asian Games 200 2014 (3 100, 2 4x100)
- TULAPINA Anastasiya (KAZ) 5/3/1990 (25y) 4x100 Metres**
100 pb: 11.54 -12. 200 pb: 23.38 -12. 2 Asian Games 4x100 2014 (3rd leg). 1 Kazakh 200 2012
- ZYABKINA Viktoriya (KAZ) 4/9/1992 (22y) 4x100 Metres**
2013 Asian Champion at 200m
100 pb: 11.42 -11. 200 pb: 22.92 -12. 400 pb: 51.67 -12. ht World Youth 100 2009; 3 Asian junior 200 2010; ht WCH 200 2011; 3 Asian Indoor Champs 60 2012; ht WIC 60 2012; ht OLY 200 2012; 1 Asian Champs 200 2013; ht WCH 200 2013; 4 Asian Games 100 2014 (7 200, 2 4x100). 1 Kazakh 100/200 2011
- BUSIENEI Selah (KEN) 27/12/1991 (23y) Distance Medley**
Full name-Selah Jepleting Busienei
800 pb: 2:01.17 -13. 1500 pb: 4:08.85 -14. 12 COM 1500 2014; 8 African Champs 1500 2014

- CHEROP Sylvia (KEN) 15/9/1988 (26y)** **4x800 Metres**
800 pb: 2:08.8 -15. 8 Kenyan Prisons XC 2013
- CHESANG Sheila (KEN) 17/7/1986 (28y)** **4x800 Metres**
Full name-Sheila Jepkosgei Chesang
800 pb: 2:03.62 -11. 7 Kenyan 800 2010
- CHESEBE Sylvia (KEN) 17/5/1987 (27y)** **Distance Medley**
Full name- Sylvia Chematui Chesebe
800 pb: 2:00.76 -13. 3 African Games 800 2011; 4 African Champs 800 2012; 2 IAAF Relays 4x800 2014. 3 Kenyan 800 2013. Member of Kenyan Prisons team
- KIRUI Purity (KEN) 13/8/1991 (23y)** **4x800 Metres**
Full name-Purity Cherotich Kirui
Commonwealth Games Steeplechase Champion
800 pb: 2:07.6 -14. 5000 pb: 16:13.42 -11. 3000 pb: 9:19.42 -13. 1 WJC 3000SC 2010; 1 COM 3000SC 2014; 6 African Champs 3000SC 2014
- KOKI Francisca (KEN) 1/1/1992 (22/23y)** **Distance Medley**
Kenyan record holder at 400m Hurdles
400 pb: 54.8 -13. 400H pb: 55.84 -14. 3 African Champs 400H 2014 (2 4x400). 1 Kenyan 400H 2014. Member of Kenyan Police team
- MWANZI Annet (KEN) 21/7/1987 (27y)** **4x800 Metres**
Full name-Annet Mwanzi Lukhuyi
800 pb: 2:00.96 -11. 400 pb: 53.23 -05. 1500 pb: 4:19.03 -12. 2 Kenyan 400 2002/2004; 1 Kenyan Prisons 800 2009
- NALYANYA Eglay (KEN) 28/5/1996 (18y)** **4x800 Metres**
Full name-Eglay Nafuna Nalyanya
800 pb: 2:07.4 -15. 400 pb: 54.78 -14. dq/ht WJC 400 2014 (out of lane)
- NYAMBURA Virginia (KEN) 20/7/1993 (21y)** **Distance Medley**
Full name-Nyambura Nganga
2010 Youth Olympic Champion at 2000m Steeplechase
1500 pb: 4:10.0 -15. 5000 pb: 16:38.6 -13. 3000SC pb: 9:58.08 -14. 1 Youth Olympic Games 2000SC 2010. Best known as a pacemaker on the Diamond League circuit (in 2014 paced at Shanghai, Paris & Glasgow)
Two good wins at 1500m in Nairobi so far in 2015: 4:11.8 & 4:10.0, both pbs
- SAKARI Joy (KEN) 6/6/1986 (28y)** **Distance Medley**
Full name-Joyce Nakhumicha Sakari (aka Zakari)
Co-holder of Kenyan record (with Ruth Waithera)
400 pb: 51.56 -09. 6 African Champs 200 2008 & 400 2012; sf WCH 2009; 5 African Games 2011; sf OLY 2012. 1 Kenyan 100/200 2007 & 400 2009/2011/2012
- GUEVARA Cristina (MEX) 12/12/1987 (27y)** **4x800 Metres**
800 pb: 2:01.68 -14. 1500 pb: 4:15.14 -14. ht WJC 800 2006; 3 Central American & Caribbean Champs 2008; 9 WSG 1500 2013; 2 Central American & Caribbean Games 800/1500 2014. 1 Mexican 800 2008 & 1500 2013/2014
- HERNANDEZ Arantza (MEX) 6/6/1995 (19y)** **4x800 Metres**
800 pb: 2:06.49 -14. 8 IAAF Relays 4x800 2014; sf WJC 800 2014
- MEDINA Gabriela (MEX) 3/3/1985 (30y)** **4x400/800 Metres**
2011 Central American & Caribbean Champion at 800m
400 pb: 51.25 -07. 800 pb: 2:01.50 -11. sf World Youth 400 2001 (ht 800); ht WJC 400 2002/2004; 3 Central American & Caribbean Games 800 2006/2014; ht WCH 400 2007; 2 Central American & Caribbean Champs 400 2008; sf OLY 400 2008; 1 Central American & Caribbean Champs 800 2011; 2 Pan-American Games 800 2011; 8 IAAF Relays 4x800 2014
- PALAFIX Hannia Michelle (MEX) 10/12/1996 (18y)** **4x800 Metres**
800 pb: 2:11.19 -12. 400 pb: 56.92 -15. ht WJC 800 2014
- POZAS Alejandra (MEX) 8/4/1992 (23y)** **4x800 Metres**
800 pb: 2:08.21 -10. ht World Youth 2009; ht WJC 2010
- VÁZQUEZ Paola (MEX) 16/2/1996 (19y)** **4x800 Metres**
800 pb: 2:13.06 -14. 400 pb: 55.12 -14. ht WJC 400 2014
- HERUNGA Tjipekapora (NAM) 1/1/1988 (27y)** **4x400 Metres**
Namibian record holder
400 pb: 51.24 -12. 200 pb: 23.40 -12. 800 pb: 2:19.93 -05. ht World Youth 800 2005; ht WIC 2010; ht WCH 2011; 3 African Games 2011 (2007-7) 6 African Champs 200 2012; sf OLY 2012; sf WCH 2013
- KANDOVASU Mberihonga (NAM) 26/6/1991 (23y)** **4x400 Metres**
400 pb: 61.40 -14. ht African Champs 2014
- KLAASMAN Lilanne (NAM) 29/3/1987 (28y)** **4x400 Metres**
400 pb: 56.97 -14. 400H pb: 60.12 -14. 100H: 14.50 -13. 4 Jamaican Collegiate 400H 2014
- MAYOVA Globine (NAM) 29/2/1988 (27y)** **4x400 Metres**
Namibian record holder at 100m & 200m
400 pb: 54.66 -13. 100 pb: 11.38 -13. 200 pb: 23.34 -13. ht World Youth 100/200 2005; ht WJC 200 2006; ht WIC 60 2012; 7 African Champs 200 2012
- ADELOYE Tosin (NGR) 7/2/1996 (19y)** **4x400 Metres**
2015 African Junior Champion
400 pb: 53.14 -12. 1 African junior 2015. Two-year doping suspension 2013-2015, at the start of it she was only 16
- ASUMNU Gloria (NGR) 22/5/1985 (29y)** **4x100 Metres**
2012 African Champion at 200m
100 pb: 10.95w -09. 11.03 -08. 200 pb: 22.70 -07. 3 African Games 100 2011 (5 200); 6 WIC 60 2012 (2014-7); sf OLY 100 2012 (ht 200, 4 4x100); 1 African Champs 200 2012 (3 100); sf WCH 100 2013; 8 COM 100 2014 (2 4x100); 4 African Champs 100 2014 (5 200, 1 4x100). Holds dual citizenship with Nigeria and the USA and having expressed an interest in competing for Nigeria she was immediately cleared to do so by the IAAF (on August 30, 2011) as she never had competed internationally for the USA
Led off Nigerian team which set an African record for 4x200m (1:32.53) at the 2015 Penn Relays in Philadelphia
- DUNCAN Dominique (NGR) 7/5/1990 (24y)** **4x200 Metres**
She has competed in past US Championships, but has apparently held dual citizenship with Nigeria since birth, and was cleared by the IAAF to compete for Nigeria from May 23, 2014
200 pb: 22.70w -12. 22.82 -14. 100 pb: 11.05w -11, 11.30 -12. sf COM 200 2014 (2 4x100); 3 African Champs 200 2014 (1 4x100); 4 IAAF Relays 4x100 2014 (7 4x200); 7 IAAF Continental Cup 200 2014. Leopard spot tattoos on left shoulder
Second leg for Nigerian team which set an African record for 4x200m (1:32.53) at the 2015 Penn Relays in Philadelphia
- GEORGE Patience (NGR) 25/11/1991 (23y)** **4x200/400 Metres**
Full name-Patience Okon George
(She's not related to Regina George)
200 pb: 23.73 -12. 400 pb: 51.29 -14. 6 WCH 4x400 2013; 6 WIC 4x400 2014; 3 IAAF Relays 4x400 2014; 2 COM 4x400 2014; 3 African Champs 400 2014 (1 4x400)
- GEORGE Regina (NGR) 17/2/1991 (24y)** **4x200/400 Metres**
World Junior relay competitor for USA in 2010, she has dual citizenship with Nigeria and was cleared by the IAAF to compete for that country from June 27, 2012
200 pb: 23.20w -12, 23.38 -13. 400 pb: 50.84 -13. sf WJC 400 2010 (1 4x400) (for USA); 2 African Champs 400 2012 (for Nigeria); sf OLY 400 2012; sf WCH 400 2013; sf WIC 400 2014 (though did not start due to injury); 3 IAAF Relays 4x400 2014; sf COM 400 2014 (2 4x400); 6 African Champs 200 2014 (1 4x400). 1 Nigerian 400 2012/2013. Studied Psychology at the University of Arkansas. 49.67 relay split at Moscow World Championships, then 49.6 at the 2014 IAAF Relays
- IGBINOSUN Gladys (NGR) 23/7/1993 (21y)** **4x100 Metres**
(Gladys aka Isokan)
100 pb: 11.63 -15. 200 pb: 23.94 -14. 4 Nigerian 200 2013 (2014-7)
- LINDLEY Lindsay (NGR) 6/10/1989 (25y)** **4x100 Metres**
Full name-Lindsay Weyinmi Lindley
100 pb: 12.04 -11. 100H pb: 12.97 -15. 4 African Champs 100H 2014. 6 US indoor 60H 2014. She reportedly gained a Nigerian passport through her uncle who married someone from that country

OKAGBARE Blessing (NGR) 9/10/1988 (26y) 4x100/200 Metres
Commonwealth Games Champion at both sprints, also high world class at long jump (which she says is her favourite event)
100 pb: 10.75w, 10.79 -13. 200 pb: 22.23 -14. LJ pb: 7.14w, 7.00 -13. TJ pb: 14.13 -08. dnq WJC LJ/TJ 2006; 3 OLY LJ 2008 (2012-dnq); dnq WCH LJ 2009; 1 African 100/LJ/4x100 2010; 3 IAAF Continental Cup 100 (6 LJ) 2010; 5 WCH 100 2011 (dnq LJ); 1 African Games LJ 2011 (2 100); 8 OLY 100 2012; 2 WCH LJ 2013 (3 200, 6 100); 1 COM 100/200 2014 (2 4x100); 1 African Champs 100 2014. 1 Nigerian 100 2009/2010/2011/2014, 200 2014, LJ 2007/2008/2009/2011, TJ 2007. 1 NCAA 100/LJ & indoor 60/LJ 2010. 1.80 tall
She married Nigerian international footballer Igho Otegheri in Sapele (southern Nigeria) on November 7, 2014

OMOTOSO Omolara (NGR) 25/5/1993 (21y) 4x400 Metres
Ran in heats of 2014 Commonwealth Games 4x400m, so awarded silver won by team in final
400 pb: 51.28 -12. 8 African Games 2011; 1 African Champs 4x400 2012; sf OLY 2012; sf WCH 2013; 6 WIC 4x400 2014; 3 IAAF Relays 4x400 2014; ht COM 2014 (silver 4x400). Two-year doping suspension 2009-2011, at the start of it she was only 15

ONWUMERE Ngozi (NGR) 23/1/1992 (23y) 4x200 Metres
Full name-Ngozi Whitney Onwumere
200 pb: 23.36w, 23.42 -14. 100 pb: 11.70w -15, 11.71 -14. 400 pb: 53.24 -13. Third leg for Nigerian team which set an African record for 4x200m (1:32.53) at the 2015 Penn Relays in Philadelphia. Attends University of Houston

OSSAI Rita (NGR) 21/10/1995 (19y) 4x400 Metres
400 pb: 52.43 -13. 400H pb: 58.72 -15. sf World Youth 2011; 2 African junior 2013

UDOH Christy (NGR) 30/9/1991 (23y) 4x200 Metres
Led off Nigerian sprint relay team which won the 2012 African Championships title
200 pb: 22.72 -12. 100 pb: 11.34w, 11.47 -12. 1 African Champs 4x100 2012; ht OLY 200 2012. Anchored Nigerian team which set an African record for 4x200m (1:32.53) at the 2015 Penn Relays in Philadelphia. Student of Education at the University of Texas

UKO Peace (NGR) 26/12/1995 (19y) 4x100 Metres
Full name-Alphonsus Peace Uko
100 pb: 11.38w -13, 11.39 -12. 200 pb: 23.53 -12. 3 Nigerian 100 2013

UWAKWE Florence (NGR) 28/7/1994 (20y) 4x100/400 Metres
Full name- Florence Nkiruka Uwakwe (aka Nwanke)
2010 Youth Olympic Champion at 200m
100 pb: 11.84 -09. 200 pb: 23.46 -10. 400 pb: 51.94 -14. sf WJC 200 2010 (2 4x400); 1 Youth Olympic Games 200 2010; 3 African junior 200 2011 (4 400); 5 World Youth 200 2011 (sf 400); 1 African junior 200 2013. Student of Psychology at the University of Texas at El Paso

JOHN Priscilla (PNG) 10/4/1992 (23y) Distance Medley
400 pb: 61.39 -14. Attends North Iowa Area Community College

KUMALALAMENE Cecelia (PNG) 15/5/1988 (26y) Distance Medley
800 pb: 2:13.56 -07. 1500 pb: 4:49.4 -07. 400 pb: 57.45 -07. ht COM 400 2006

MONAGI Adrine (PNG) 8/6/1995 (19y) Distance Medley
2014 Oceanian Junior Champion at javelin throw
100 pb: 12.59 -13. 200 pb: 26.42 -15. 400 pb: 57.42 -15. 800 pb: 2:34.70i -15, 2:35.82 -14. JT pb: 40.11 -14. Heptathlon pb: 4341 -15. 1 Oceanian junior JT 2014 (2 Heptathlon, ht 200); ht COM 100/200 2014

TINE Tuna (PNG) 26/10/1994 (20y) Distance Medley
1500 pb: 4:50.19 -12. 800 pb: 2:15.18 -12. 1 Oceanian junior 1500 2010; 2 Oceanian 800/1500 2012

BRONIATOWSKA Katarzyna (POL) 22/2/1990 (25y) 4x800m/Distance Medley
2013 European indoor bronze at 1500m, then fourth in 2015
800 pb: 2:02.84 -13. 1500 pb: 4:08.79 -14. 11 EJC 1500 2009; 3 under-23 ECH 1500 2011; 3 EIC 1500 2013 (2015-4); 7 WSG 1500 2013 (2011-8); ht WIC 1500 2014. At WXC: 2009-91J. At EXC: 2007-55J, 2008-46J, 2009-22J. 1 Polish indoor 1500 2012/2014 & 3000 2013

CIBA Kamila (POL) 29/3/1995 (20y) 4x100 Metres
100 pb: 11.78 -14. 200 pb: 24.24 -13. 8 World Youth 100 2011; 4 WJC 4x100 2012. 1 Polish junior 100 2014

CICHOCKA Angelika (POL) 15/3/1988 (27y) 4x800m/Distance Medley
(Cichocka = "Hick - ot - ska")
2014 World indoor silver at 800m
800 pb: 2:00.20 -11. 1500 pb: 4:06.44i -15, 4:06.50 -11. 8 under-23 ECH 1500 2009; dq ht WIC 800 2010; ht ECH 800 2010; 6 WIC 1500 2012; ht ECH 1500 2012; ht EIC 1500 2013; 5 ETCh 800 2013 (2011-7); 3 Francophone Games 1500 2013 (6 800); 2 WIC 800 2014; 6 ETCh 800 2014. At EXC: 2007-17J, 2010-dnf/u23. 1 Polish 800 2011/2012 (1 1500 2011). 1 Polish indoor 800 2014/2015. At WXC: 2013-71 (8x sub-2:01 for 800m in her career, but no sub-2)

ELLWARD Syntia (POL) 3/3/1993 (22y) 4x800m/Distance Medley
800 pb: 2:02.94i -15, 2:03.82 -14. ht WJC 800 2012; ht EIC 800 2015. 3 Polish indoor 800 2015

ENNAOUI Sofia (POL) 30/8/1995 (19y) 4x800m/Distance Medley
Second at 2013 European Cross Country Championships
800 pb: 2:02.72 -13. 1500 pb: 4:07.34 -14. 3000 pb: 8:53.22i -15, 8:59.44 -14. ht World Youth 800 2011; 10 WJC 1500 2012; 6 EIC 3000 2015. At WXC: 2013-26J. At EXC: 2013-2J. 1 Polish indoor 1500 2015. Born-Morocco (father-Moroccan, mother-Polish), then moved to Poland with her mother aged 2

HOLUB Małgorzata (POL) 30/10/1992 (22y) 4x400/800 Metres
Fifth at 2014 European Championships
400 pb: 51.84 -14. 800 pb: 2:06.26 -12. 2 EJC 4x400 2011; 4 under-23 ECH 400 2013 (1 4x400); ht WIC 2014 (4 4x400); 5 ECH 400 2014; 3 EIC 4x400 2015. 1 Polish 2014

JESCHKE Marta (POL) 2/6/1986 (28y) 4x100 Metres
2014 Polish Indoor Champion at 60m ... ran third leg of Polish team which won European 4x100 bronzes in Barcelona 2010 & Helsinki 2012
100 pb: 11.33 -11. 200 pb: 23.19 -08. 1 EJC 4x100 2005; ht OLY 200 2008; 2 ETCh 200 2009; 5 WSG 200 2009; sf ECH 200 2010 (3 4x100); ht WCH 100 2011; 3 ECH 4x100 2012; ht OLY 100 2012; sf WIC 60 2014. 1 Polish indoor 60 2014

KIEŁBASIŃSKA Anna (POL) 26/6/1990 (24y) 4x100/400 Metres
Declared 2011 European under-23 200m Champion after original winner (Darya Pizhankova UKR) was disqualified for doping
100 pb: 11.50 -14. 200 pb: 23.23 -11. 400 pb: 53.73 -09. 100H pb: 13.50 -14. 3 EJC 200 2009 (2 4x100); 1 under-23 ECH 200 2011 (4 100); ht WCH 200 2011; ht OLY 200 2012; sf WIC 60 2014. 1 Polish 100 2014. 1 Polish indoor 200 2014

LINKIEWICZ Joanna (POL) 2/5/1990 (25y on May 2) 4x400 Metres
2015 European indoor relay bronze
400 pb: 53.72 -13. 55.89 -14. 6 ETCh 400H 2013 (2011-9); 6 ETCh 400H 2013/2014; 4 Francophone Games 400H 2013; 8 ECH 400H 2014; 3 EIC 4x400 2015. 1 Polish 400H 2013 & indoor 400 2011

POPOWICZ Marika (POL) 28/4/1988 (27y) 4x100 Metres
Led off Polish team which won European 4x100 bronze in Barcelona 2010
100 pb: 11.29 -13. 200 pb: 23.15 -09. 1 EJC 4x100 2005 (2007-3); 6 World Youth 200 2005; sf WJC 100/200 2006; 5 EJC 100 2007; 3 under-23 ECH 100/200 2009 (2 4x100); ht ECH 100 2010; 8 ETCh 200 2011; 6 ETCh 100/200 2013; ht WCH 200 2013; sf EIC 60 2015. 1 Polish 100 2009/2011/2013 (1 200 2009/2011/2012/2013)

POPOWSKA Ewelina (POL) 8/5/1991 (23y) 4x100 Metres
100 pb: 11.73 -14. 200 pb: 24.15 -13. 4 Polish 100 2014

PTAK Ewelina (POL) 20/3/1987 (28y) 4x400m/Distance Medley
(Née Klocek)
2006 World junior bronze at 200m
400 pb: 53.38i, 53.39 -14. 100 pb: 11.38w, 11.45 -10. 00 pb: 23.07 -09. 3 WJC 200 2006; 5 ECP 200 2008; 2 WSG 4x100 2009 (2013-3); sf ECH 200 2010; 2 ECH 4x100 2012; 4 WIC 4x400 2014

ŚWIĘTY Justyna (POL) 3/12/1992 (22y) 4x400 Metres
Fourth at 2014 World Indoor Championships
400 pb: 52.13i -14, 52.22 -13/14. 2 EJC 4x400 2011; 3 under-23 ECH 2013 (1 4x400); 4 WIC 2014 (5 4x400); 9 ETCh 2014; sf ECH 2014; 3 EIC 2015. 1 Polish 2013 & indoor 2012/2014/2015

- SZCZĘSNA Monika (POL) 20/12/1987 (27y) 4x400m/Distance Medley**
400 pb: 53.76 -14. 3 EIC 4x400 2015
- ZAGAJEWSKA Karolina (POL) 5/4/1993 (22y) 4x100 Metres**
100 pb: 11.62 -14. 200 pb: 23.94 -14. 4 Polish 200 2014
- CANCEL Genoiska (PUR) 21/11/1988 (26y) 4x100 Metres**
100 pb: 11.45 -15. 200 pb: 23.70 -15. 400 pb: 55.38 -11. ht World Youth 400 2005. 1 Puerto Rican 200 2014
- CRUZ Beatriz (PUR) 15/6/1980 (34y) 4x100 Metres**
100 pb: 11.66 -08. 200 pb: 23.99 -12. 400 pb: 53.50 -02. ht OLY 4x400 2000; 4 Pan-American 4x100 2007
- DIAZ Yarimar (PUR) 6/4/1993 (22y) 4x100 Metres**
100 pb: 12.01 -15. 200 pb: 24.68 -14
- RODRIGUEZ Carol (PUR) 16/12/1985 (29y) 4x100 Metres**
Puerto Rican record holder at 100m, 200m & 400m
100 pb: 11.28 -09. 200 pb: 22.23 -06. 400 pb: 51.39 -08. ht OLY 200/400 2008; 3 Central American & Caribbean Champs 100 2009; 6sf OLY 400 2012; 6 Central American & Caribbean Champs 200 2013 (7 400)
- SANTANA Dayleen (PUR) 29/10/1996 (18y) 4x100 Metres**
100 pb: 11.80 -14. 200 pb: 24.76 -15. ht WJC 100 2014
- ATCHO Sarah (SUI) 1/6/1995 (19y) 4x100/200 Metres**
100 pb: 11.72w, 11.86 -14. 200 pb: 23.82w -14, 23.83 -13. sf WJC 200 2014 (2012-ht); 8 EJC 200 2013; 8 Francophone Games 200 2013
- HUMAIR Fanette (SUI) 8/10/1991 (23y) 4x100/200 Metres**
100 pb 11.59 -14. 200 pb: 23.64 -14. 5 IAAF Relays 4x200 2014. 1 Swiss indoor 200 2015. She is the younger sister of sprinter Aurélie Humair
- KAMBUNDJI Mujinga (SUI) 17/6/1992 (22y) 4x100/200 Metres**
Swiss record holder at 60m, 100m & 200m
100 pb: 11.20 -14. 200 pb: 22.83 -14. 6 World Youth 200 2009; sf WJC 100/200 2010; 5 EJC 100/200 2011; ht ECH 100 2012; ht OLY 200 2012; ht WCH 200 2013; 4 ECH 100 2014 (5 200 but in the relay she lost grip of the baton as she came out of the blocks on leg 1); 5 EIC 60 2015 (2013-ht). 1 Swiss 100/200 2009/2012/2013/2014 (1 100 2011/2014). 1 Swiss indoor 200 2011 & 60 2014/2015. Swiss/Congolese heritage
- KORA Salomé (SUI) 8/6/1994 (20y) 4x100/200 Metres**
100 pb: 11.76w, 11.83 -15. 200 pb: 24.69i -15, 24.79 -14. 4 Swiss indoor 60 2015
- LAVANCHY Marisa (SUI) 4/1/1990 (25y) 4x100/200 Metres**
100 pb: 11.42 -14. 200 pb: 23.60w -13, 23.93i -13/14, 23.99 -12. 8 WJC 4x100 2008; ht ECH 100 2014. 3 Swiss 100 2008/2011/2012 (2 200 2010 & 2 2011/2012); 1 Swiss indoor 200 2012
- SPRUNGER Léa (SUI) 5/3/1990 (25y) 4x100/200 Metres**
With her older sister Ellen they are one half for Switzerland's 'A' sprint relay team
100 pb: 11.34 -14. 200 pb: 23.08 -12
pbs in Heptathlon events:
100H: 14.31; HJ: 1.81; SP: 12.63; 200: 23.08; LJ: 6.14; JT: 38.73; 800: 2:23.94. Heptathlon pb: 5651 -11. 400 pb: 53.49 -14. 13 World Youth Heptathlon 2007; 10 WJC Heptathlon 3 EJC Heptathlon 2009; 16 under-23 ECH Heptathlon 2011; ht OLY 200 2012; ht EIC 400 2013/2015; sf ECH 200 2014. Her older sister Ellen Sprunger is an international Heptathlete (pb 6124 -12) 19th in London 2012 Olympics
- BUSK Daniella (SWE) 11/8/1993 (21y) 4x100 Metres**
100 pb: 11.53w, 11.58 -14. 200 pb: 23.74 -13. 8 under-23 ECH 100 2013; 7 ETCh 100 2014; t ECH 100 2014. 2 Swedish 100 2013/2014; 1 Nordic under-23 100/200 2014
- EKELUND Irene (SWE) 8/3/1997 (18y) 4x100 Metres**
Full name-Irene Michelle Ekelund
2013 World Youth Champion at 200m
100 pb: 11.35 -13. 200 pb: 22.92 -13. 1 World Youth 200 2013; 5 ETCh 200 2014; 2 WJC 200 2014 (6 100); sf ECH 200 2014; sf EIC 60 2015. 1 Swedish 100 2013; 1 Swedish indoor 60/200 2013/2015 & 200 2014. Born-Islamabad, Pakistan (her father worked there at the time)
- EURENIUS Isabelle (SWE) 8/10/1989 (25y) 4x100 Metres**
100 pb: 11.77 -14. 200 pb: 23.89 -14. ht WJC 100 2008; 6 ECH 4x100 2014. 3 Swedish 200 2014
- HJELMER Moa (SWE) 19/6/1990 (24y) 4x100 Metres**
2012 European Champion outdoors when she improved by 1.58 seconds despite bad weather
100 pb: 11.66 -12. 200 pb: 23.19 -13. 400 pb: 51.13 -12. sf World Youth 200 2007; sf WJC 400 2008; 12 ETCh 400 2009; 3 EJC 400 2009; 9 ETCh 200 2011; 2 under-23 ECH 200 2011; sf WCH 400 2011 (ht 200); sf WIC 400 2012; 1 ECH 400 2012; ht OLY 400 2012; 3 EIC 400 2013; ht WCH 200 2013. Daughter Wilma born May 22, 2014
- KJELLBERG Emilia (SWE) 3/4/1996 (19y) 4x100 Metres**
100 pb: 11.59w, 11.79 -14. 200 pb: 24.06w, 24.45 -14. dnq World Youth LJ 2013; ht WJC 100 2014. 1 Swedish junior indoor 60 2014
- NILSSON Pernilla (SWE) 11/2/1992 (23y) 4x100 Metres**
100 pb: 11.61w -14, 11.79 -12. 200 pb: 23.94 -14. 6 ECH 4x400 2014. 1 Swedish indoor 200 2011/2012/2014
- AHYE Michelle Lee (TTO) 10/4/1992 (23y) 4x100 Metres**
(Ahye is pronounced like Eye - E, therefore rhyming with Bayi as in Filbert Bayi)
100 pb: 10.85 -14. 200 pb: 22.01w -15, 22.77 -14. 1 Carifta Games under-17 100/200 2007; sf World Youth 100 2007; sf WCH 100 2011; sf OLY 100 2012; 6 WIC 60 2014; ht COM 100 2014 with leg strapped, then withdrew from semi-finals; 2 IAAF Continental Cup 100 2014. Her mother Raquel was an athlete and Michelle Lee's great great grandfather on her mother's side was Chinese
She has 12 tattoos including "smile now, cry later" on her left arm
Good start to 2015 for her: 10.87w at Texas Relays, 10.97 at Florida Relays (jnto a 2.5 wind), then a marginally windy 22.01 200m at San Marcos
- BAPTISTE Kelly-Ann (TTO) 14/10/1986 (28y) 4x100 Metres**
2011 World bronze at 100m. Trinidadian record holder at 60m, 100m & 200m
100 pb: 10.83 -13. 200 pb: 22.23w -12, 22.36 -13. sf WJC 100 2002; 3 World Youth 100 2003; 4 WJC 200/4x100 2004; 1 Central American junior 200 2004; qf WCH 100 2005; sf WCH 100/200 2009; 1 IAAF Continental Cup 100 2010; 3 WCH 100 2011; 6 OLY 100 2012 (2008-qf). 1 NCAA indoor 60 & outdoor 100 2008. Two-year doping ban 2013-2015. She clocked 10.98 for her first 100m race in two years at Gainesville on April 24, 2015
- BELLILLE Janeil (TTO) 18/6/1989 (25y) 4x400 Metres**
Trinidadian record holder at 400m
400 pb: 51.83 -14. 400H pb: 55.41 -14. 100H pb: 13.47 -12. ht World Youth 400 2005; 7 Pan-Am Games 400H 2007; 2 WJC 400H 2008; 3 Central American & Caribbean Games 400H 2010; ht OLY 400H 2012; ht COM 400H 2014. 1 Trinidadian 400H 2007/2010/2011/2012 (1 400 2014); 3 NCAA 400H 2014
- BROOKS Alena (TTO) 14/11/1991 (23y) 4x400 Metres**
400 pb: 53.55 -11. 800 pb: 2:04.90i -14, 2:05.25 -13. 1 Central American & Caribbean Champs 4x400 2013. 1 Trinidadian 800 2013/2014; 7 NCAA indoor 800 2014
- DURANT Kamaria (TTO) 24/2/1991 (24y) 4x100 Metres**
100 pb: 11.37 -14. 200 pb: 23.35 -13. sf COM 100 2014
- HOWELL Magnolia (TTO) 11/3/1983 (32y) 4x400 Metres**
400 pb: 53.45 -13. 200 pb: 23.88w -10, 23.89 -13. 1 Central American & Caribbean Champs 4x100 2011
- LUCAS Josanne (TTO) 14/5/1984 (30y) 4x400 Metres**
2009 World bronze at 400m Hurdles, after making a vast improvement from a best of 55.24 in 2008 to 53.20 – but not near that level since then
400 pb: 53.59 -05 (slower than her hurdles best). 400H pb: 53.20 -09. 100H pb: 12.99 -09. 2 Pan-Am junior 400H 2003; ht OLY 400H 2008; 3 WCH 400H 2009 (2005-ht); 5 Central American & Caribbean Champs 400H 2011; 7 COM 100H 2014 (dq ht 400H); 4 Central American & Caribbean Games 100H 2014. Graduate of Biomedical Sciences at Auburn University. She is a Tobagonian (from Tobago rather than Trinidad)

MODESTE Romona (TTO) 21/11/1983 (31y) 4x400 Metres

400 pb: 53.24 -14. 200 pb: 23.69 -14. 1 Central American & Caribbean Champs 4x400 2013; 6 COM 4x400 2014. 1 Trinidadian 400 2000 Metres

SELVON Kai (TTO) 13/4/1992 (23y) 4x100 Metres

2012 Olympic semi-finalist at 200m
100 pb: 11.19w -11, 11.21 -12. 200 pb: 22.65w -13, 22.85 -12. 400 pb: 54.00 -12. ht WJC 100 2008; qf World Youth 100 2009; 2 Central American & Caribbean junior 200 2010; 4 WJC 200 2010; sf WCH 200 2011; sf OLY 200 2012; sf COM 100 2014. 1 Trinidadian 100 2011 & 200 2011/2012/2013

THOMAS Rezare (TTO) 23/11/1987 (27y) 4x100 Metres

100 pb: 11.16w -14, 11.30 -12. 200 pb: 22.57w, 23.17 -14. 3 Central American & Caribbean Champs 200 2009; sf COM 200 2014

WICKHAM Lisa (TTO) 13/8/1994 (20y) 4x100 Metres

100 pb: 11.44w, 11.56 -13. 4 Central American & Caribbean junior 100 2012; sf WJC 100 2012; 8 COM 4x100 2014

BARTOLETTA Tianna (USA) 30/8/1985 (29y) 4x100 Metres

(Née Madison). World Long Jump Champion in 2005 (outdoors) & 2006 (indoors). Led off the USA's world record sprint relay team at the London Olympics

100 pb: 10.85 -12. 200 pb: 22.37w, 22.50 -12. 4 Pan-Am junior LJ 2003; 1 WCH LJ 2005 (2007-10); 1 WIC LJ 2006; 3 WIC 60 2012/2014; 4 OLY 100 2012 (1 4x100); 3 IAAF Continental Cup LJ 2014. 1 US indoor 60 2014. 1 US 100 2014

BEARD Jessica (USA) 8/1/1989 (26y) 4x400 Metres

World Championship relay gold medallist in 2009 & 2011. Ran a 49.13 relay split in 2011

400 pb: 50.56 -09. 200 pb: 22.81 -13. 5 WJC 2006 (1 4x400); 3 Pan-American junior 2007; 2 WJC 2008 (1 4x400); sf WCH 2009 2009 (ran in heat of 4x400, so awarded gold medal won by USA in final); sf WCH 2011 (1 4x400); 2 WCH 4x400 2013. 1 NCAA indoors & out 2011. Studied Psychology at Texas A & M University

BECKWITH-LUDLOW Molly (USA) 4/8/1987 (27y) 4x800 Metres

800 pb: 1:59.12 -11. 2 NCAA 2010, representing Indiana University; 3 US 2014 indoors & out

DUNCAN Kimberlyn (USA) 2/8/1991 (23y) 4x200 Metres

Multiple US Collegiate Champion, representing Louisiana State University

200 pb: 21.80w -13, 22.19 -12. 100 pb: 10.94w -12, 10.96 -12. sf WCH 200 2013; 1 IAAF Relays 4x200 2014. 1 NCAA 200 2011/2012/2013; 1 NCAA indoor 200 2011/2012/2013. 1 US 200 2013 (2014-2)

FELIX Allyson (USA) 18/11/1985 (29y) 4x100 Metres

Three Olympic golds from London 2012. Winner of a record of eight World Championship golds outdoors (three at 200m, five in relays)

100 pb: 10.89 -12. 200 pb: 21.69 -12. 400 pb: 49.59 -11. 1 World Youth 100 2001; 5 WJC 200 2002; sf WIC 200 2003; 3 Pan-Am Games 200 2003; 2 OLY 200 2004/2008; 1 WCH 200 2005 (2003-qf); 1 WCH 200/4x100/4x400 2007; 1 OLY 4x400 2008; 1 WCH 200/4x400 2009; 1 WCH 4x100/4x400 2011 (2 400, 3 200); 1 OLY 200/4x100/4x400 2012 (5 100); dnf WCH 200 2013 (tear in her right hamstring). 1 US 200 2004/2005/2007/2008/2009/2012, 100 2010 & 400 2011. Graduate of Elementary Education from the University of Southern California. Coach-Bob Kersee (likens her running to that of a gazelle). Manager/brother Wes Felix

She made a great comeback from her Moscow injury to end up as world #1 at 200m in 2014

FRANCIS Phyllis (USA) 4/5/1992 (22y) 4x400 Metres

Wonderful at 2014 US Collegiate Championships indoors where she broke the US indoor record (with 50.46) and anchored the University of Oregon to victory in the 4x400m and overall

400 pb: 50.46i, 50.59 -14. 200 pb: 22.70 -15. 1 NCAA indoor 2014. Disqualified for a lane violation after originally placing fourth at the 2014 US Championships. Her younger sister Claudia competed in the 2010 Youth Olympic Games and has an 800m best of 2:03.72 (2015)

GRUNEWALD Gabe (USA) 25/6/1986 (28y) 4x800m/Distance Medley

(Née Anderson, her full first name is Gabriele)

Gabe is pronounced to rhyme with 'babe'

800 pb: 2:01.38 -13. 1500 pb: 4:01.48 -13. 3000 pb: 8:42.64 -13. 5000 pb: 15:19.01 -15. 10 WIC 3000 2014; 6 IAAF Continental Cup 3000 2014. 1 US indoor 3000 2014. She has twice (in 2009 & 2011) come back from battles with cancer and was told she would not be able to run again. Already in 2015 a big pb at 5000m (15:19, down from 15:33)

HASTINGS Natasha (USA) 23/7/1986 (28y) 4x400 Metres

Winner of nine gold medals across various World Championships as a youth, junior, senior and indoors

400 pb: 49.84 -07. 200 pb: 22.55w -14, 22.61 -07. 1 World Youth 400/Medley Relay 2003; 1 WJC 400/4x400 2004; sf WCH 2007 (ht 4x400 2007/2009/2011 – awarded gold); 1 WIC 4x400 2010; 3 WIC 2012 (2 4x400); 5 WCH 2013 (2 4x400); 1 WIC 4x400 2014. Ran in relay heats at 2008 Olympics, so awarded gold medal won by USA in final. 1 NCAA in/out 400 2007. 1 US indoor 400 2011 & outdoor 400 2013. Born-New York, father Charles-Jamaican, mother Joanne Gardner was British Junior Girls 100m Champion in 1977

JETER Carmelita (USA) 24/11/1979 (35y) 4x100 Metres

The fastest living woman in the 100 Metres. Won a complete set of medals at the London Olympics, capped by gold in the relay where she anchored the US team to a world record

100 pb: 10.64 -09. 200 pb: 22.11 -12. 400 pb: 53.08 -09. 3 WCH 100 2007, also ran heat of 4x100 so awarded gold medal won by USA in final; 3 WCH 100 2009; 2 WIC 60 2010; 1 WCH 100/4x100 2011 (2 200); 1 OLY 4x100 2012 (2 100, 3 200); 3 WCH 100 2013. 1 US 100 2011/2012 (1 indoor 60 2010)

In 2014 she came back quietly from a 10-month break following hamstring/quadriceps injuries in 2013; She had a 100m best of 11.24

In 2015: Two reasonable runs at 400m: 54.41 & 54.50

McCORORY Francena (USA) 20/10/1988 (26y) 4x400 Metres

2014 World Indoor Champion

400 pb: 49.48 -14. 200 pb: 22.92 -10. 4 WCH 2011 (1 4x400); 7 OLY 2012 (1 4x400); 6 WCH 2013 (2 4x400 – almost caught Russia with her split of 49.25); 1 WIC 400/4x400 2014. 1 NCAA 2010 & indoors 2009/2010. Psychology graduate from Hampton University in Virginia
So far in 2015: 50.13 to win at the Drake Relays in Des Moines (Sanya Richards-Ross 2nd 51.09)

McGRONE Candyce (USA) 24/3/1989 (26y) 4x200 Metres

2011 US Collegiate Champion at 100m, representing Oklahoma University

200 pb: 22.56 -15. 100 pb: 11.07w, 11.08 -11. 1 NCAA 100 2011

MEADOWS Tawanna (USA) 4/8/1986 (28y) 4x200 Metres

200 pb: 22.90w, 22.91 -14. 100 pb: 11.11 -14. 2 North, Central America & Caribbean under-23 100 2008. 5 US indoor 60 2015

MONTAÑO Alysia (USA) 26/4/1986 (29y) 4x800 Metres

(Née Johnson). Five times US Champion

800 pb: 1:57.34 -10. 6 Pan-Am Games 2007; 3 WIC 2010; 8 IAAF Continental Cup 2010; 4 WCH 2011/2013 (2007-ht); 5 OLY 2012 (led at bell). 1 US 2007/2010/2011/2012/2013. 1 US indoor 600 2015. 1 NCAA 2007. Always races with a flower in her hair, a habit she started (she explains) because she wanted to look feminine while training with mainly boys as a youngster. Coach/husband-Louis Montaña, their daughter Linnea Dori born August 15, 2014

To great publicity she raced 800m (clocking 2:32.13) in the heats of the US Championships on June 26, 2014 while eight months pregnant – "Exercising during pregnancy is actually much better for the mum and the baby ... I think it was important for people to see that"

MOSER Treniere (USA) 27/10/1981 (33y) Distance Medley

(Née Clement). 5x US Champion at 1500m (4 out + 1 in)

1500 pb: 4:02.85 -13. 5000 pb: 15:11.00 -13. 800 pb: 1:59.15 -07. sf WCH 1500 2007 (2005-ht); 5 WIC 1500 2014 (2006-7). 1 US 1500 2005/2006/2007/2013 & indoor 2006

PRICE Chanelle (USA) 22/8/1990 (24y) 4x800 Metres

World Indoor Champion. Put the US into a winning lead (v Kenya) at 2014 IAAF Relays 4x800m

800 pb: 1:59.75 -14. 6 World Youth 2007; 2 Pan-American junior 2009; 1 North/Central American & Caribbean under-23 2012; 1 WIC 2014; 1 IAAF Relays 4x800 2014. 3 NCAA 2011; 2 US indoor 2013/2014. Studied journalism and electronic media at the University of Tennessee

RICHARDS ROSS Sanya (USA) 26/2/1985 (30y) 4x400 Metres
 Individual Olympic gold at last in London 2012. She is the world's most prolific sub-50 second woman 400m runner (48 times up to 49.98 in Brussels on September 5, 2014)
 400 pb: 48.70 -06. 200 pb: 22.09 -12. 100 pb: 10.97 -07. 2 WJC 400 2002 (3 200, 1 4x400); 1 WCH 4x400 2003 (sf individual); 6 OLY 400 2004 (1 4x400); 2 WCH 400 2005; sf WIC 400 2006; 1 WCP 200/400 2006; 5 WCH 200 2007 (1 4x400); 3 OLY 400 2008 (1 4x400); 1 WCH 400/4x400 2009; 7 WCH 400 2011 (1 4x400); 1 WIC 2012 (2 4x400); 1 OLY 400/4x400 2012 (5 200). Born in Kingston, Jamaica, family left that country at age 12 and granted US citizenship on May 20, 2002. Married US National Football League star Aaron Ross on February 26, 2010
 She has been suffering from arthritis in her right big toe and has surgery in 2012 to ease the problem; that operation did not work (she raced the 2013 US Championships in flats) and she had another operation in 2013 to reshape the bone and this has been more successful and she says she surprised herself with her 2014 best of 49.66. So far in 2015: 51.09 for 2nd place at Drake Relays in Des Moines (to Francena McCoroy 50.13)

ROWBURY Shannon (USA) 19/9/1984 (30y) Distance Medley
 2009 World 1500m bronze. Sixth & seventh at the last two Olympics
 1500 pb: 3:59.49 -14. Mile pb: 4:20.34 -08. 3000 pb: 8:29.93 -14. 5000 pb: 14:48.68 -14. 800 pb: 2:00.47 -10. 3 WCH 1500 2009 (2011-sf, 2013-7); 2 IAAF Continental Cup 3000 2010 & 1500 2014; 6 OLY 1500 2012 (2008-7); 7 WCH 5000 2013; 8 WIC 3000 2014. 1 US 1500 & indoor 3000 2008; 1 US indoor Mile/2M 2015. 1 NCAA indoor mile 2007

SOLOMON Shalonda (USA) 19/12/1985 (29y) 4x200 Metres
 2011 US Champion at 200m. Former World Junior Champion at 200m
 200 pb: 22.15 -11. 100 pb: 10.90 -10. 400 pb: 53.47 -08. 2 WJC 4x100 2002; 1 WJC 200/4x100 2004; 1 North, Central American & Caribbean under-23 200 2006; 2 IAAF Continental Cup 100 2010; 4 WCH 200 2011 (ran in heat of 4x100, so awarded gold medal won by USA in final); 1 IAAF Relays 4x200 2014. 1 US 200 2011. Studied Nursing at the University of South Carolina

TARMOH Jeneba (USA) 27/9/1989 (25y) 4x100 Metres
 100 pb: 10.93 -13. 200 pb: 22.06w -14, 22.28 -11. 7 WJC 200 2006 (1 4x100); 1 WJC 100 2008 (1 4x100); 1 North/Central American & Caribbean under-23 100 2010; 5 WCH 200 2013 (2 4x100). Ran second leg in heat of 2012 Olympic 4x100, so awarded gold won by USA in final where she was replaced by Allyson Felix. Parents from Sierre Leone
 Tied for third place with Allyson Felix in 2012 US Olympic Trial 100m; the two were due to have a run-off to break the tie, but she opted out and so the place went to Felix

TOWNSEND Tiffany (USA) 14/6/1989 (25y) 4x100 Metres
 2008 World Junior relay gold
 100 pb: 11.09w -11, 11.11 -15. 200 pb: 22.26 -13. 1 WJC 4x100 2008 (5 200); 1 North/Central American & Caribbean under-23 200 2010. 3 NCAA 200 2011. Studied Exercise Physiology at Baylor University. Her cousin (her paternal grandmother's niece) Dannelle Young substituted for Flo-Jo in the 1988 Olympic 4x100m heats, so was awarded a gold medal won by USA in the final

TROTTER Deedee (USA) 8/12/1982 (32y) 4x400 Metres
 Wonderful comeback in 2012 to take Olympic 400m bronze with her quickest time in five years
 400 pb: 49.64 -07. 200 pb: 22.83w, 22.85 -13. 5 OLY 2004 (1 4x400); 5 WCH 2005/2007 (2003-sf); 1 WCH 4x400 2007; sf OLY 2008; 1 WIC 4x400 2010; 3 OLY 2012 (1 4x400); 1 IAAF Relays 4x400 2014. 1 NCAA 2004; 1 US in/out 2007. Ran in heats of 2003 World 4x400m relay, so awarded gold medal won in final by the USA. Full name-De'Hashia Tonnek Trotter. Her maternal great-grandfather was a native American

VESSEY Maggie (USA) 23/12/1981 (33y) 4x800 Metres
 2011 World finalist
 800 pb: 1:57.84 -09. 400 pb: 52.82 -14. 1500 pb: 4:17.87 -11. 2 World Athletics Final 2009; 5 WCH 2011 (2009-sf). 2 NCAA 2005; 2 US 2011. After being dropped by a kit sponsor in 2014, she became known for her unconventional racing outfits (bold patterns, big bows, crystals, cut-outs etc) "When you look good, you feel good"

WHITNEY Kaylin (USA) 9/3/1998 (17y) 4x200 Metres
 Holds world youth bests in both sprints, and remains a youth athlete throughout 2015. 2014 World Junior Champion at 200m
 200 pb: 22.49 -14. 100 pb: 11.10 -14. 1 WJC 200 2014 (3 100). 1 US junior 100/200 2014. In 2015 at age 17 she turned professional after signing a contract with one of the world's largest suppliers of athletic shoes and apparel. Coach (since age 12)-Dennis Mitchell
 Was at East Ridge High School in Clermont, Florida. Last weekend (April 25) she missed her school's prom (a formal dance in celebration of graduation) in order to compete in the Penn Relays at Philadelphia where she anchored the US team to second place in the 4x100m

WILLIAMS Charonda (USA) 27/3/1987 (28y) 4x100 Metres
 100 pb: 10.95w -12, 11.07 -13. 200 pb: 22.39w -10, 22.52 -12. 6 WCH 200 2013. Won 2012 'Diamond Race' at 200m. 1 NCAA indoor 200 2009. Was at Arizona State University

WILSON Ajee' (USA) 8/5/1994 (20y) Distance Medley
 (Ajee' is pronounced "ahh-jay" – she was named after a brand of perfume)
 800 pb: 1:57.67 -14. 1500 pb: 4:12.10 -14. 1 World Youth 800 2011; 1 WJC 800 2012 (2010-5); 6 WCH 800 2013; ht WIC 800 2014; 1 IAAF Relays 4x800 2014; 2 IAAF Continental Cup 800 2014. 1 US 2014 (1 indoor 2013/2014). Student of Kinesiology at Temple University, Philadelphia. Her older sister Jade Wilson is a 59.90 400m hurdler. She has a yellow belt in the Japanese martial art of Aikido

YOUNG Jessica (USA) 6/4/1987 (28y) 4x100 Metres
 100 pb: 11.06w -09, 11.14 -11. 200 pb: 22.99 -11. 400 pb: 52.25 -08. 3 NCAA 100 2011; 2 US indoor 60 2015

ALVAREZ Wilmary (VEN) 13/5/1984 (30y) 4x100/400 Metres
 100 pb: 11.59 -03. 200 pb: 23.14w -05, 23.39 -03. 400 pb: 53.33 -08. sf WJC 200 2000; sf World Youth 100/200 2001; 1 South American Games 200 2002 (2 100); 3 South American 100 2003 & 200 2003/2005; 3 South American 400 2005. 1 Venezuelan 100 2003, 200 2006/2008/2009/2013, 400 2009

HIDALGO Lexabeth (VEN) 14/9/1991 (23y) 4x100 Metres
 100 pb: 11.69 -13. 200 pb: 24.45 -13. 8 South American 100 2013

MENDOZA Magdalena (VEN) 20/10/1990 (24y) 4x400 Metres
 Multi Venezuelan Champion at 400m flat & hurdles
 400 pb: 54.14 -15. 400H pb: 56.87 -14. 2 Central American & Caribbean Games 400H 2014. 1 Venezuelan 400H 2009/2010/2013/2014/2015 (1 400 2010/2013/2015)

PURICA Andrea (VEN) 21/11/1995 (19y) 4x100 Metres
 2014 Central American & Caribbean Games Champion at 100m
 100 pb: 11.29 -14. 200 pb: 24.13 -14. 8 WJC 100 2014; 1 South American under-23 100 2014; 1 Central American & Caribbean Games 100 2014. 1 Venezuelan 100 2013/2014

SIMANCAS Maria (VEN) 13/1/1997 (18y) 4x400 Metres
 400 pb: 54.32 -13. ht World Youth 2013; sf WJC 2014; 3 Youth Olympic Games 'B' 2014. 1 Venezuelan youth & junior 2014

SOTO Nercely (VEN) 23/8/1990 (24y) 4x100/400 Metres
 Venezuelan record holder at 200m & 400m
 100 pb: 11.54 -14. 200 pb: 22.53 -12. 400 pb: 51.94 -13. 4 Ibero-American 200 2012; 2 South American 200 2013; 1 South American Games 200 2014; 1 Central American & Caribbean Games 200 2014. 1 Venezuelan 100 2012/2015 & 200 2010/2012/2014/2015

VALDEZ Maryuri (VEN) 25/8/1995 (19y) 4x400 Metres
 400 pb: 55.17 -15. 7 South American Games 2014. 1 Venezuelan under-23 2014

VARGAS Nedian (VEN) 5/9/1994 (20y) 4x100 Metres
 100 pb: 11.43 -14. 200 pb: 23.51 -14. ht World Youth 100 2011; 2 Central American & Caribbean Games 100 2014 (6 200)

MAJOR TEAM HONOURS

For quick reference, here is a simple list of reigning relay champions, world leaders and new record holders.
The team members who were entered for Nassau 2015 are in bold

MEN		
4 x 100 Metres		
BAH	2013 CAC Champions	Adrian Griffith, Jamial Rolle, Trevorvano Mackey , Shavez Hart
BRA	2013 South American Champions	José Carlos Moreira, Jorge Henrique Vides , Jefferson Lucindo, Rebert Firmiano
CHN	2014 Asian Games Champions	Chen Shiwei, Xie Zhenye , Su Bingtian, Zhang Peimeng
GBR	2014 European Champions	James Ellington , Harry Aikines-Aryeetey, Richard Kilty , Adam Gemili
HKG	2013 Asian Champions	Tang Yik Chun , Lai Chun Ho, Ng Ka Fung, Tsui Chi Ho
JAM	2012 Olympic Champions	Nesta Carter , Michael Frater, Yohan Blake, Usain Bolt
	2013 World Champions	Nesta Carter, Kemar Bailey Cole, Nickel Ashmeade, Usain Bolt
	2014 IWR Winners	Nesta Carter, Nickel Ashmeade , Julian Forte, Yohan Blake
	2014 Commonwealth Champions	Jason Livermore, Kemar Bailey-Cole, Nickel Ashmeade, Usain Bolt
NGR	2014 African Champions	Egwero Ogho-Ogene , Rae Edwards, Obinna Metu, Mark Jelks
USA	2015 World Lead (38.18)	Charles Silmon, Mike Rodgers, Isiah Young, Justin Gatlin
4 x 200 Metres		
JAM	2014 IWR Winners	Nickel Ashmeade, Warren Weir, Jermaine Brown , Yohan Blake
USA	2015 World Lead (1:20.64)	Joe Morris , Maurice Mitchell, Ameer Webb, Wallace Spearmon
4 x 400 Metres		
BAH	2012 Olympic Champions	(“The Golden Knights”) Chris Brown, Demetrius Pinder, Michael Mathieu, Ramon Miller
BEL	2015 European Indoor Champions	Julien Watrin, Dylan Borlée, Jonathan Borlée, Kevin Borlée
BOT	2014 African Champions	Pako Seribe, Nijel Amos, Leaname Maotoanong, Isaac Makwala
GBR/ENG	2014 Commonwealth Champions	Conrad Williams , Michael Bingham, Daniel Awde, Matthew Hudson-Smith
GBR	2014 European Champions	Conrad Williams , Matthew Hudson-Smith, Michael Bingham, Martyn Rooney
JPN	2014 Asian Games Champions	Yuzo Kanemaru, Kenji Fujimitsu , Shota Iizuka, Nobuya Kato
KSA	2013 Asian Champions	Ismail Al-Sabani, Mohamed Ali Al-Bishi, Mohammed Al-Salhi, Youssef Masrahi
TTO	2013 CAC Champions	Rennie Quow , Emanuel Mayers, Machel Cedenio, Jarrin Solomon
USA	2013 World Champions	David Verburg, Tony McQuay , Arman Hall, LaShawn Merritt
	2014 World Indoor Champions	Kyle Clemons, David Verburg , Kind Butler, Calvin Smith
	2014 IWR Winners	David Verburg, Tony McQuay, Christian Taylor, LaShawn Merritt
	2015 World Lead (3:00.86)	Bryshon Nellum, Brycen Spratling , Clayton Parros, Pat Feeney
VEN	2013 South American Champions	Arturo Ramirez, Albert Bravo, José Meléndez, Freddy Mezones
4 x 800 Metres		
KEN	2014 IWR Winners	Ferguson Cheruiyot , Sammy Kironko, Job Kinyor, Alfred Kipketer
	2015 World Lead (7:09.1)	Nicholas Kiplangat, Jeremiah Mutai, Timothy Kitum, Alfred Kipketer
WOMEN		
4 x 100 Metres		
BRA	2013 South American Champion	Ana Cláudia Silva, Francieli Krasucki, Jailma de Lima, Evelyn dos Santos
CHN	2013 Asian Champions	Tao Yujia , Li Manyuan, Lin Huijun, Wei Yongli
	2014 Asian Games Champions	Tao Yujia, Kong Lingwei, Lin Huijun, Wei Yongli
GBR	2014 European Champions	Asha Philip, Ashleigh Nelson, Jodie Williams , Desiree Henry
JAM	2013 CAC Champions	Elaine Thompson , Nadine Palmer, Aleen Bailey, Sheri-Ann Brooks
	2013 World Champions	Carrie Russell, Kerron Stewart, Schillonie Calvert, Shelly-Ann Fraser-Pryce
	2014 Commonwealth Champions	Kerron Stewart, Veronica Campbell-Brown, Schillonie Calvert, Shelly-Ann Fraser-Pryce
NGR	2014 African Champions	Gloria Asumnu, Lauretta Ozoh, Dominique Duncan, Blessing Okagbare
USA	2012 Olympic Champions	Tianna Bartoletta, Allyson Felix , Bianca Knight, Carmelita Jeter
	2014 IWR Winners	Tianna Bartoletta, Alexandria Anderson, Jeneba Tarmoh, Lekeisha Lawson
Mixed	2015 World Lead (42.98)	Carmelita Jeter , English Gardner, Kimberlyn Duncan (all US) , Blessing Okagbare NGR
4 x 200 Metres		
JAM	2015 World Lead (1:30.80)	Shimayra Williams, Chanice Bonner, Elaine Thompson, Shericka Jackson
NGR	2015 New African record holders	Gloria Asumnu, Dominique Duncan, Ngozi Onwumere, Christy Udoh
USA	2014 IWR Winners	Shalonda Solomon, Tawanna Meadows, Bianca Knight, Kimberlyn Duncan
4 x 400 Metres		
BRA	2013 South American Champions	Joelma Sousa, Evelyn dos Santos, Liliane Cristina Barbosa, Jailma de Lima
FRA	2014 European Champions	Marie Gayot, Muriel Hurtis, Agnes Raharolahy, Floria Gueï
	2014 European Indoor Champions	Floria Gueï, Elea Mariama Diarra, Agnes Raharolahy, Marie Gayot
IND	2013 Asian Champions	Nirmala Sheoran, Tintu Luka, Anu Mariam Jose, Machettira Raju Poovamma
	2014 Asian Games Champions	Priyanka Panwar, Tintu Luka, Mandeep Kaur, Machettira Raju Poovamma
JAM	2014 Commonwealth Champions	Christine Day, Novlene Williams-Mills, Anastasia Le-Roy, Stephenie Ann McPherson
	2015 World Lead (3:26.58)	Christine Day, Patricia Hall, Anastasia Le-Roy, Stephenie Ann McPherson
NGR	2014 African Champions	Patience George, Regina George , Ada Benjamin, Sade Abugan
RUS	2013 World Champions	Yuliya Gushchina, Tatyana Firova, Kseniya Ryzhova, Antonina Krivoschapka
TTO	2013 CAC Champions	Shawna Fermin, Sparkle McKnight, Romona Modeste, Alena Brooks
USA	2012 Olympic Champions	Deedee Trotter, Allyson Felix, Francena McCorory, Sanya Richards Ross
	2014 World Indoor Champions	Natasha Hastings, Joanna Atkins, Francena McCorory , Cassandra Tate
	2014 IWR Winners	Deedee Trotter, Sanya Richards Ross, Natasha Hastings, Joanna Atkins
4 x 800 Metres		
USA	2014 IWR Winners	Chanelle Price , Geena Lara, Ajee' Wilson , Brenda Martinez