

## Women's Half Marathon

122 Entrants

53 Countries

17:05

Championship Record: 66:25 Lornah Kiplagat NED Udine 14 Oct 07

		Age	(Days)	Born	SB	PB
201	<b>CASANOVA MARTINEZ Dulce</b> AND	48y	193d	1969	1:28:20	1:28:20 -18
202	<b>BORELLI Florencia</b> ARG 10,000 pb: 34:09.29 -16. 5000 pb: 16:04.71 -17. 8 World Youth 2000SC 2009; 2 Ibero-American 5000 (3 3000). 1 Argentinian 5000/10,000 2016	25y	144d	1992	-	71:58 -17 NR
203	<b>DIVER Sinead</b> AUS 20th & 21st in last two World Championship Marathons // Marathon pb: 2:31:37 -17. 10K pb: 32:52 -17. 10,000 pb: 33:55.96 -12. 5000 pb: 16:13.3 -18. 2 Australian XC 2012/2014. Coach-Tim Crosbie Marathons (5): 2 Melbourne 2014, 21 WCH 2015, 2 Melbourne 2016, 10 Nagoya 2017, 20 WCH 2017 In 2018: 2 Melbourne 5000	41y	35d	1977	-	73:19 -17
204	<b>PASHLEY Ellie</b> AUS (Née O'Kane) // Marathon pb: 2:35:55 -17. Coach-Julian Spence Marathons (2): 4 Melbourne 2016, 13 Berlin 2017 In 2018: 4 Hobart 10K	29y	103d	1988	-	73:47 -17
205	<b>IVANOVA Nastassia</b> BLR (Née Staravoitava) 2017 Warsaw Marathon winner // Marathon pb: 2:27:24 -12. 10,000 pb: 33:21.97 -12. 5000 pb: 15:36.69 -08 (16:18.28 -16). 1500 pb: 4:12.11 -06. 4 EJC 1500 2001; 13 ECH 5000 2006; 6 ECP 1500 2007 (8 3000); 11 ETCh 5000 2010; 21 ECP 10,000 2012 (2011-24); 11 ETCh 3000 2013; 32 ECH Half Mar 2016. 1 Belarusian 10,000 2011. At WXC: 2000-56J, 2006-48 short. At EXC: 2000-22J Marathons (9): 2 Kraków 2011, 2 Düsseldorf 2012, 32 OLY 2012, 8 Tokyo 2013, 7 Saitama 2015, 3 Łódź 2016, dnf OLY 2016, 3 Florence 2016, 1 Warsaw 2017 In 2018: 4 Belarusian indoor 3000; 10 Roma to Ostia Half Mar	35y	140d	1982	79:32	73:59 -16
206	<b>KUDZELICH Svetlana</b> BLR 2015 European indoor silver at 3000m // 3000SC pb: 9:27.95 -14. 3000 pb: 8:46.83 -15. 1500 pb: 4:10.76 -14. 5000 pb: 15:50.57 -16. 2 WJC 5000 2006; 2 under-23 ECH 5000 2009 (5 10,000); 5 ETCh 3000 2010 (2011-6); 8 ECH 10,000 2010 (2012-dq/ht); 7 ECP 10,000 2011; ht OLY 3000SC 2012/2016; 7 ETCh 3000SC 2013; 4 ECH 3000SC 2014; 4 IAAF Continental Cup 3000SC 2014; 2 EIC 3000 2015; 11 WIC 3000 2016. 1 Belarusian 1500 2014, 5000 2009, 3000SC 2014 (1 indoor 2009-2012); 1 Belarusian indoor 3000 2015/2016 Marathon (1); dnf Beirut 2017 In 2018: 8 European Clubs Cup XC	30y	321d	1987	-	71:49 -14
207	<b>MAZURONAK Volha</b> BLR Former junior race walk international. Fifth at 2016 Olympic Marathon Marathon pb: 2:23:54 -16. 10,000 pb: 32:31.15 -14. 5000 pb: 15:35.21 -15. 10K walk pb: 44:30 -06. dq ECP junior 10K 2005; 4 World Youth 5000 Walk 2005; 5 WJC 10,000 Walk 2005; 7 ECH 10,000 2014; 2 ETCh 5000 2015. At WCP Walk: 2006-4J. At WXC: 2005-100J. At EXC: 2007-35J. 1 Belarusian 10,000 2013/2014 (1 5000 2013). Lives-New York Marathons (10): 1 Debno 2012, 1 Omsk 2012, 4 Baltimore 2012, 2 Łódź 2013, dnf Honolulu 2013, 1 Sacramento 2014, 9 London 2015, 4 London 2016, 5 OLY 2016, 2 Valencia 2017 In 2018: 1 Belarusian indoor 3000	28y	344d	1989	-	71:44 -16
208	<b>SAVINA Nina</b> BLR 3x Belarusian Champion at 5000m // 10,000 pb: 33:19.93 -15. 5000 pb: 15:54.97 -15. 3000 pb: 9:13.90 -17. 6 Youth Olympic Games 3000 2010; 5 under-23 ECH 10,000 2015 (7 5000); 25 ECH Half Mar 2016; 9 ECP 10,000 2017; 7 ETCh 5000 2017. At WXC: 2011-71J. At EXC: 2010-47J, 2011-46J, 2013-35u23, 2014-23u23, 2015-11u23. 1 Belarusian 5000 2014/2015/2016 (1 10,000 2015/2017) In 2018: 3 Belarusian indoor 1500/3000	24y	246d	1993	-	71:50 -16
209	<b>de CARVALHO Tatiele Roberta</b> BRA 10,000 pb: 32:09.14 -16. 5000 pb: 15:48.78 -15. 2 South American 1500 2011 & 5000 2015; 1 Ibero-American 3000 2012; 8 Pan-Am Games 10,000 2015 (9 5000). 1 Brazilian 1500 2010 & 5000/10,000 2015 (1 10,000 2016); 2 South American Games 5000 2014 (3 10,000); 31 OLY 10,000 2016. At WXC: 2011-57, 2013-59 In 2018: 13 Barcelona Half Mar	28y	122d	1989	73:52	73:52 -18
210	<b>ABDELKADIR Dalilah</b> BRN Full name-Dalilah Abdelkadir (aka Abdulkadir) Gosa Allegiance transferee from Ethiopia – cleared by IAAF to compete for Bahrain from July 8, 2014 5000 pb: 15:10.79 -16. 3000 pb: 8:46.42 -16. 1500 pb: 4:09.58 -16. 1 Arab junior 1500 2014; 3 Youth Olympic Games 1500 2014; 2 World Youth 1500 2015; 2 WJC 3000 2016 (7 5000). At WXC: 2017-4R In 2018: 2 Safi Half Mar	19y	270d	1998	73:28	73:28 -18
211	<b>CHELIMO Rose</b> BRN Reigning IAAF World Champion at Marathon // Marathon pb: 2:22:51 -17. 1 Paris 20K 2010/2014, Four big half marathon victories in 2015 prior to her transition to Bahrain: Adana, Coamo, Lisbon & Ceske Budejovice. Then she won in Seoul on her marathon debut. At WXC: 2017-9 Marathons (4): 1 Seoul 2016, 8 OLY 2016, 2 Boston 2017, 1 WCH 2017 Allegiance transferee from Kenya – acquired Bahraini citizenship on August 19, 2015 (having entered the country on August 1, 2015) and cleared by IAAF to compete for Bahrain from August 1, 2016 In 2018: 4 Safi Half Mar; 6 Eldoret XC	28y	255d	1989	73:30	68:08 -16
212	<b>CHUMBA Eunice</b> BRN Full name-Eunice Chebichi Chumba Allegiance transferee from Kenya – acquired Bahraini citizenship on September 15, 2013 and cleared by IAAF to compete for Bahrain from September 14, 2014 Marathon pb: 2:24:27 -17. 10,000 pb: 32:22.29 -15. 6 Asian Games 10,000 2014; 2 Asian Champs 10,000 2015; 1 Asian XC 2016. At WXC: 2017-11 Marathons (8): 9 Nairobi 2012, 6 Hong Kong 2013, 2 Cape Town 2015, 12 Dubai 2016, 1 Dongying 2016, 3 Amsterdam 2016, 2 Rotterdam 2017, 1 Beirut 2017. Also paced London 2014 In 2018: 6 Houston Half Mar; 11 R'as Al Khaimah Half Mar	24y	305d	1993	67:18	66:11 -17

214	<b>ESHETE Shitaye</b> BRN	27y	307d	1990	68:38	68:38 -18
Full name-Shitaye Eshete Habtegebrel Fourth at 2013 World Cross Country Championships, sixth at 10,000m at both London 2012 & Moscow 2013 Marathon pb: 2:25:36 -16. 10,000 pb: 30:47.25 -12. 5000 pb: 15:03.13 -13. 6 IAAF Continental Cup 5000 2010; 1 Asian Champs 10,000 2011/2013 (2 5000 2013); 1 World Military Games 5000 2011; 1 Asian Indoor Champs 3000 2012; 5 WIC 3000 2012; 6 OLY 10,000 2012 (10 5000); 6 WCH 10,000 2013 (2017-12). At WXC: 2009 -24J, 2010-11, 2013-4. Allegiance transferee from Ethiopia (though she never competed for Ethiopia) Marathons (3): 6 Dubai 2016, 5 Osaka 2017, 2 Saitama 2017 In 2018: 1 Naples Half Mar						
215	<b>MOKONIN Desi Jisa</b> BRN	20y	255d	1997	70:09	69:25 -17
Allegiance transferee from Ethiopia – cleared by IAAF to compete for Bahrain from July 8, 2014 Marathon pb: 2:24:05 -18. 10,000 pb: 31:19.00 -17. 5000 pb: 15:58.46 -16. 2 Asian Youth Olympic Trial 800 2014; 2 Asian junior XC 2016; 15 WCH 10,000 2017. At WXC: 2015-8J, 2017-32 Marathon (1): 8 Dubai 2018 In 2018: 8 Dubai Marathon (début, 2:24:05)						
216	<b>COATES Victoria</b> CAN	26y	216d	1991	-	73:45 -17
Half Mar pb: 76:54 -16. 5000 pb:16:12.70i -17. 3000 pb: 9:32.71i -14. 6 NACAC XC 2017; 6 Francophone Games 5000 2017. At WXC: 2017-46 In 2018: 1 Geneva OH 5000; 5 Pan-American XC						
217	<b>GOLLISH Sasha</b> CAN	36y	87d	1981	-	71:05 -16
2015 Pan-American Games 1500m bronze. 2017 North/Central American & Caribbean Cross Country Champion 1500 pb: 4:07.08 -15. 800 pb: 2:02.90 -15. 5000 pb: 16:02.16 -15. 3 Pan-Am Games 1500 2015; 1 NACAC XC 2017. 1 Canadian XC 2016. Works as an Engineering consultant. Started running and training seriously in 2014, previously she's competed at competed at cycling, duathlon (3 World Champs 2013 for age 30-34), triathlon and "Ultimate Frisbee". Coach-Ross Ristuccia						
218	<b>MIDDLETON Kinsey</b> CAN	25y	121d	1992	72:30	72:30 -18
(Née Gomez) // 10,000 pb: 32:34.97 -17. 5000 pb: 15:52.79 -17. 10 NCAA 10,000 2016; 6 Canadian 5000 2017 In 2018: 18 Houston Half Mar; 18 Seattle 5000						
219	<b>SETLACK Emily</b> CAN	37y	294d	1980	73:59	73:28 -17
10K pb: 33:50 -08. 1 Canadian Half Mar 2016; 1 Toronto & Philadelphia Half Mars 2017 In 2018: 19 Houston Half Mar						
220	<b>LI Ruiling</b> CHN	24y	155d	1993	-	-
Marathon pb: 2:40:27 -16. 10,000 pb: 34:36.95 -14. 5000 pb: 16:55.33 -14 Marathons (3): 33 Chongqing 2015, 11 World Military 2015, 15 Chongqing 2016						
221	<b>SHI Liying</b> CHN	20y	142d	1997	-	78:14 -17
3 Chinese junior XC 2016 Marathons (2): 34 Tianjin 2017, 12 Beijing 2017						
222	<b>ZHANG Deshun</b> CHN	22y	31d	1996	-	72:17 -16
10,000 pb: 32:58.17 -15. 5000 pb: 15:45.75 -15. At WXC: 2015-25J. 2 Chinese National Games 10,000 2017 (6 5000). From-Yunnan province						
224	<b>ORJUELA Angie</b> COL	28y	319d	1989	-	72:22 -15
Full name-Angie Rocío Orjuela // Marathon pb: 2:34:58 -15. 30 World Half Mar 2016. Her older brother Yezid Alexander Orjuela is a 2:18:47 marathoner. Coach-Libardo Hoyos Marathons (7): 3 Santander de Quilichao 2012, 3 Medellín 2014, 4 Santiago de Chile 2015, 2 Cali 2015, 12 Hamburg 2016, 43 OLY 2016; 3 Los Angeles 2017						
225	<b>MENDEZ Jenny</b> CRC	37y	203d	1980	-	77:30 -15
Marathon pb: 2:45:56 -15 Marathons (5): 1 Washington 2015, 38 Houston 2016, 6 Torreón 2016, 4 Edinburgh 2016, 19 Rotterdam 2017						
226	<b>BJELJAC Bojana</b> CRO	28y	348d	1989	-	75:46 -17
Marathon pb: 2:40:51 -16. 10,000 pb: 35:29.6 -17. 5000 pb: 17:07.78 -17. At EXC: 2017-62. 2 Croat 5000/10,000 2017 Marathons (5): 3 Zürich 2016, 6 Zagreb 2016, 1 Ferrara 2017, 57 WCH 2017, 3 Zagreb 2017						
227	<b>MATOSEVIC Matea</b> CRO	29y	10d	1989	76:29	75:40 -12
2015 San Sebastian Marathon winner // Marathon pb: 2:42:28 -16. 10,000 pb: 34:28.94 -11. 5000 pb: 16:19.80 -14. ht WJC 1500 2008; 6 under-23 ECH 10,000 2011 (11 5000); 50 World Half Mar 2012. At EXC: 2006-85J, 2008-45J, 2011-23u23, 2012-44, 2013-13. 1 Croat 5000 2017. Coach-Mladen Katalenic Marathons (6): 4 Zagreb 2015, 1 San Sebastian 2015, 104 OLY 2016, 7 Zagreb 2016, 69 WCH 2017, 4 Zagreb 2017						
228	<b>BELMONTE Dailin</b> CUB	32y	160d	1985	78:07	74:11 -09
Full name-Dailin Belmonte Torez Fourth at 2011 Pan-American Games Marathon Marathon pb : 2:38:08 -12. 2 Central American & Caribbean Champs 10,000 2009; 1 NACAC Half Mar 2017. Coach-Rafael McBeath Marathons (15): 2 Havana February 2008, 1 Havana November 2008, 1 Santa Clara 2009, 1 Havana 2010, 2 Panama City 2010, 1 Artemisa 2011, 4 Pan-Am Games 2011, 4 Madrid 2012, 67 OLY 2012, 2 Central American & Caribbean Games 2014, dnf Pan-Am Games 2015, 51 WCH 2015, 3 Milan 2016, 102 OLY 2016, 55 WCH 2017 In 2018: 4 Granollers Half Mar						
229	<b>VRABCOVÁ-NYVLTOVÁ Eva</b> CZE	32y	46d	1986	-	71:06 -16
She's taking a break from a very successful career as a Nordic skier, having competed at three Winter Olympics Marathon pb: 2:29:41 -17. 5000 pb: 16:14.92 -15. 8 ECH Half Mar 2016. At EXC: 2016-15. 1 Czech 5000 2014 (2015-2) Marathons (4): 6 Prague 2016, 26 OLY 2016, 14 WCH 2017, 7 New York 2017 At Winter Olympic in cross-country ski-ing: 2006 – 45th in 10K; 2010 – 33rd in Sprint; 2014 – 5th in 30K						
231	<b>CHACHA Rosalba</b> ECU	35y	106d	1982	-	73:45 -11
100th in the 2016 Olympic Marathon // Marathon pb: 2:35:29 -15. 10,000 pb: 34:51.14 -09. 5000 pb: 16:17.75 -09. 3 South American 5000 2009 (4 10,000). Coach-Freddy Vivanco Marathons (11): 1 Buenos Aires 2010, 5 Santiago de Chile 2011, 8 Pan-Am Games 2011, 10 Duluth 2012, 80 OLY 2012, 3 Buenos Aires 2013, 4 Seville 2015, 6 Pan-Am Games 2015, 100 OLY 2016, 9 Prague 2017, 32 WCH 2017						
232	<b>LANDI Diana Judith</b> ECU	31y	347d	1986	76:53	73:59 -17
10,000 pb: 34:19.34 -14. 6 South American Games 10,000 2014; 2 South American XC 2017; 6 South American 10,000 2017. At WXC: 2017-52 In 2018: 12 Guadalajara Half Mar						
233	<b>ABDELGHANY Nesma</b> EGY	25y	82d	1993	-	-
Fyll name-Nesma Ammar Saad Mohamed Abdelghany						
234	<b>TESFAGABRIEL Kokob</b> ERI					76:35 -25
5000 pb: 15:57.54 -16. 4 African Games Half Mar 2015; 9 African Champs 5000 2016. At WXC: 2017-73						

235	<b>TESFU Dolshi</b> ERI	18y	280d	1999	76:28	76:28 -18
At WXC: 2017-28J. 1 Eritrean Half Mar 2017 In 2018: 2 Eritrean XC; 1 Eritrean Half Mar						
236	<b>TESHOME Kidanu</b> ERI	19y	294d	1998	76:42	76:42 -18
At WXC: 2017-21J. 1 Eritrean junior 5000 2016 In 2018: 2 Eritrean XC; 3 Eritrean Half Mar						
237	<b>WELDEGEBRIEL Luula</b> ERI	18y	362d	1999	76:33	76:33 -18
1500 pb: 4:33.16 -15. 9 African youth 1500 In 2018: 2 Eritrean Half Mar						
238	<b>WELDU Nazret</b> ERI	28y	82d	1990	-	70:51 -14
Full name-Nazret Weldu Ghebrehiwet Eleventh in 2015 World Cross Country Championships 10,000 pb: 33:23.93 -14. 5000 pb: 15:42.71 -13. 1500 pb: 4:09.34 -12. 800 pb: 2:04.26 -08. At WXC: 2009-27J, 2011-44, 2013-19, 2015-11. 10 African XC 2014;24 WCH 10,000 2015. Former Eritrean international at 400m (pb 54.99) In 2018: 1 Eritrean XC						
239	<b>ESTEBAN Marta</b> ESP	35y	138d	1982	74:37	72:08 -17
Full name-Marta Esteban Poveda // Marathon pb: 2:30:47 -16 (2:31:24 -18). 64 World Half Mar 2016. Born-Valencia, coach-Ella Misma Marathons (7): 7 Rotterdam 2009, 2 Valencia 2011, 8 Valencia 2013, 12 Valencia 2015, 5 Valencia 2016, 21 WCH 2017, 7 Seville 2018 In 2018: 4 Spanish Half Mar; 7 Seville Marathon						
241	<b>GBRE Trihas</b> ESP	27y	329d	1990	-	69:57 -17 <b>NR</b>
Full name-Trihas Gebre Anoon First European finisher at 2015 World Cross Country Championships Marathon pb: 2:38:47 -10. 10,000 pb: 32:03.39 -13. 5000 pb: 15:27.94 -15. 1 ECP 10,000 2015; 7 ETCh 5000 2015; 16 WCH 10,000 2015; 10 ECH 10,000 2016; 29 OLY 10,000 2016. At WXC: 2015-15, 2017-20. At EXC: 2014-13, 2015-11, 2016-7, 2017-13. 1 Spanish XC 2014/2015/2016/2017/2018 & 5000 2016. Allegiance transferee from ETH -her husband Aitzol Urruzola is Spanish. She has had continuous residence in Spain since October 31, 2011. Gained Spanish citizenship on July 30, 2014 and cleared by the IAAF to represent Spain from November 14, 2014. Coaches-Juan del Campo / Luis Miguel Martin Marathon (1): 1 San Sebastian 2010 In 2018: 1 Amorebieta XC; 5 Elgóibar XC; 5 Seville XC; 4 European Clubs Cup XC; 1 Spanish XC (5th time)						
242	<b>LOYO Elena</b> ESP	35y	72d	1983	74:00	73:31 -17
Marathon pb: 2:38:45 -17. 5000 pb: 16:18.86 -17. Born-Vitoria, coach-Martin Fiz Marathon (1): 7 Seville 2017 In 2018: 2 Spanish Half Mar; 2 San Sebastián 10K						
244	<b>PELAYO Irene</b> ESP	38y	36d	1980	74:08	72:11 -17
Full name-Irene Pelayo González // 10,000 pb: 34:01.12 -17. 5000 pb: 16:24.87 -10. 3000SC pb: 9:54.14 -06. At WXC: 2017-61. At EXC: 2006-38, 2010-33, 2011-26. Born-Vega de Pas, coach-Carlos Díez In 2018: 3 Spanish Half Mar						
245	<b>URBINA Maria Teresa</b> ESP	33y	4d	1985	73:39	73:39 -18
Full name-Maria Teresa Urbina Gomez 2004 World Junior finalist at Steeplechase 3000SC pb: 9:41.95 -09. 5000 pb: 16:48.42 -05. 11 WJC 3000SC 2004; 2 Ibero-American 3000SC 2006; 5 under-23 ECH 3000SC 2007 (2005-7); 5 WJC 3000SC 2009; ht EIC 3000 2013; ht ECH 3000SC 2014; ht WCH 3000SC 2017. At WXC: 2004-72J, 2013-57, 2017-55. At EXC: 2003-48J, 2004-58J, 2006-24u23, 2007-dnfu23, 2008-51, 2013-29. Born-Cáceres, coach-Eugenio Barrios In 2018: 8 Amorebieta XC; 1 Spanish Half Mar; 4 San Sebastián XC; 5 Cáceres XC; 6 Spanish XC						
246	<b>BELETE Meseret</b> ETH	18y	189d	1999	70:35	70:35 -18
Full name-Meseret Belete // 2 Ethiopian Half Mar 2018 In 2018: 1 Safi Half Mar (beat good field including 2017 World Marathon Champion Rose Chelimo BRN); 2 Ethiopian Half Mar (pb 70:35 at 2355m altitude in Sendafa, Ethiopia)						
247	<b>GUDETA Bekelech</b> ETH	20y	164d	1997	71:19	71:19 -18
Full name-Bekelech Gedeta Borecha // 2 Berkane Half Mar 2017; 3 Paris 20K 2017 In 2018: 3 Ethiopian Half Mar						
248	<b>GUDETA Netsanet</b> ETH	27y	40d	1991	70:08	67:26 -17
Full name-Netsanet Gudeta Kebede Third at 2015 World Cross Country Championships Marathon pb: 2:29:15 -17. 10,000 pb: 30:56.26 16. dnf African Games 10,000 2015; 4 World Half Mar 2016 (2014-6). 1 'Great' Ethiopian Run 10K 2013; 4 Ethiopian Olympic Trial 10,000 2016. At WXC: 2015-3 Marathons (2): 6 Paris 2017, dnf Dubai 2018 She was the first non-Kenyan finisher at the last two World Half Marathon Championships In 2018: dnf Dubai Marathon (after 70:08 at halfway)						
249	<b>MEKONNEN Zinash</b> ETH	21y	193d	1996	71:27	71:27 -18
10K pb: 33:20 -17 // In 2018: 4 Ethiopian Half Mar						
250	<b>YIMER Zeineba</b> ETH	19y	280d	1998	70:24	70:24 -18
Full name-Zeineba Yimer Worku (aka Zeyeneba Yemer) // At WXC: 2017-10J (team gold). 1 Ethiopian Half Mar 2018 In 2018: 1 Egmond Aan Zee Half Mar; 1 Ethiopian Half Mar (pb 70:24 at 2355m altitude in Sendafa, Ethiopia)						
251	<b>CALVIN Clémence</b> FRA	27y	311d	1990	-	71:17 -16
2014 European 10,000m silver after great battle with Joanne Pavey (GBR) 10,000 pb: 31:52.86 -14. 5000 pb: 15:05.78 -14. 3000 pb: 8:53.20 -14. 9 EJC 3000 2009; 3 under-23 ECH 5000 2011; 1 European Cup 10,000 2014; 2 ECH 10,000 2014; 5 IAAF Continental Cup 5000 2014; 3 ETCh 5000 2015 (6 3000). At WXC: 2009-28J, 2011-69. 1 French XC 2013. At EXC: 2006-29J, 2007-28J, 2009-38J, 2010-13u23, 2012-3u23, 2013-12, 2015-7. 1 French XC 2013/2016 In 2018: 7 French XC						
252	<b>DUARTE Sophie</b> FRA	36y	236d	1981	-	74:25 -15
2013 European Cross Country Champion // 10,000 pb: 32:36.32 -14. 5000 pb: 15:14.57 -13. 3000SC pb: 9:25.62 -09. 2 ECP 3000SC 2007; 5 WCH 3000SC 2007 (2009 -14); ht OLY 3000SC 2008; 2 ETCh 3000SC 2009 (2010-5, 2011-6); 5 ECH 3000SC 2010; 9 IAAF Continental Cup 3000SC 2010; 6 ETCh 5000 2013; ht WCH 5000 2013; dnf ECH 10,000 2014; 47 ECH Half Mar 2016. At WXC: 2013-16. At EXC: 2008-15, 2012-6, 2013-1, 2014-5, 2015-49. 1 French 3000SC 2007/2008/2010/2011 & 5000 2013. Born-Guadeloupe In 2018: 2 Nice 10K; 7 Le Mans XC; 4 French XC						

253	<b>GANDAR Jacqueline</b> FRA	23y	280d	1994	-	77:21 -16
10K pb: 33:46 -15. 5000 pb: 16:14.33 -15. At EXC: 2013-51J, 2015-37u23. 3 Mediterranean under-23 5000 2016; 16 ECH Half Mar 2016. 1 French under-23 5000 2015 In 2018: 8 French XC						
254	<b>LEDHEM Fadouwa</b> FRA	30y	177d	1987	74:50	74:50 -18
5000 pb: 16:29.51 -16. At EXC: 2009-36u23. 6 French XC 2015 (2017-9) In 2018: 7 Paris Half Mar						
255	<b>MEZEGHRANE Samira</b> FRA	38y	85d	1979		72:24 -17
5000 pb: 15:43.07 -17. 3000 pb: 9:01.24 -07. 58 World Half Mar 2016. At EXC: 2007-dnf, 2010-30, 2016-32, 2017-43. 1 French 5000 2007						
258	<b>ARTER Charlotte</b> GBR	26y	279d	1991	71:31	71:31 -18
10,000 pb: 32:37.52 -17. 5000 pb: 15:40.15 -17. 1500 pb: 4:14.41 -15. At EXC: 2016-43. 2 UK indoor 1500 2012; 1 British Universities indoor 1500 2012; 2 English under-23 1500 2012; 3 UK 5000 2017. Paced 2017 London Marathon. Coach-James Thie In 2018: 3 London 'Big' Half Mar						
259	<b>BARLOW Tracy</b> GBR	32y	279d	1985	73:36	72:48 -17
Winner of the mass women's race at the 2016 London Marathon (her sixth attempt at the race) Marathon pb: 2:30:42 -17. 10K pb: 34:14 -17. Former sprinter. Worked full-time as a nurse until January 2017. Based-Winchester, coach-Nick Anderson Marathons (12): 1371 London Mass 2011, 510 London Mass 2012, 53 Amsterdam 2012, 50 London Mass 2013, 26 London Mass 2014, 18 Berlin 2014, 4 London Mass 2015; 13 Toronto 2015, 1 London Mass 2016, 9 Frankfurt 2016, 16 London 2017, 43 WCH 2017 In 2018: 22 Houston Half Mar; 16 Barcelona Half Mar; 7 London 'Big' Half Mar						
260	<b>FULLERTON Faye</b> GBR	33y	296d	1984	74:04	74:04 -18
2006 AAA under-23 Champion at 1500m. Six-time winner of London "mini" marathon 10K pb: 33:27 -15. 5000 pb: 15:53.69 -15. 1500 pb: 4:10.24 -15. 3000 pb: 9:07.52 -06. 5000 pb: 16:30.19 -11. ht World Youth 1500 2001; 7 EJC 1500 2003. 1 AAA under-23 1500 2006 At WXC: 2001-48J, 2002-46J, 2003-44J, 2004-66 short, 2010-33. At EXC: 2003-5J, 2004-49, 2006-25u23. 1 English under-20 XC 2004. Coaches-Georgina Fullerton (mother) & Jason Lobo Semi-retired in 2012-2014, she made a good comeback in 2015 with several personal bests In 2018: 2 Telford 10K; 19 Seville XC; 8 St Petersburg 3000; 5 UK indoor 3000; 9 London 'Big' Half Mar						
261	<b>PURDUE Charlotte</b> GBR	26y	287d	1991	70:29	70:29 -18
2010 European Junior Cross Country Champion // Marathon pb: 2:29:23 -17. 10,000 pb: 32:03.55 -12. 5000 pb: 15:23.4 -10. 3000 pb: 9:10.34 -10. 2 EJC 5000 2009 (2007-10); 4 COM 10,000 2010 (6 5000); 6 ECH 10,000 2012; 33 World Half Mar 2016; dnf ECH Half Mar 2016. At WXC: 2007-15J, 2009-14J, 2011-14. At EXC: 2007-3J, 2008-2J, 2010-1J, 2013-3u23. 1 English Schools junior XC 2005 & 3000 2008; 1 English under-15 XC 2006 & under-17 XC 2007; 1 AAA under-17 3000 2006. Her father Nick was once third in British Jet-Ski Championships. Her partner-Adam Clarke (1 English under-23 5000 2013) Knee operations in May 2010 (left) & May 2011 (right), then multiple stress fractures. Coach-Nic Bideau Marathons (4): 16 London 2016 (Olympic qualifying standard 2:32:48, but outside the selection standard set by British Athletics – "I was crying my eyes out in the tent afterwards"), 5 Frankfurt 2016, 15 London 2017, 13 WCH 2017 In 2018: 2 Hobart 10K; 1 London 'Big' Half Mar She is the British Team Captain in Valencia						
262	<b>STEEL Gemma</b> GBR	32y	132d	1985	72:37	68:13 -14
Former European Cross Country Champion // 10,000 pb: 32:34.81 -12. 5000 pb: 15:47.21 -11. 3000 pb: 9:01.86i -12. 9 ECH 10,000 2012; 7 World Half Mar 2012; 10 ECH Half Mar 2016. At WXC: 2011-53, 2015-18. At EXC: 2010-26, 2011-3, 2013-2, 2014-1, 2015-8, 2016-12, 2017-9. 2 'Great' North Run Half Mar 2014/2015; 1 'Great' Ireland 10K 2012/2015/2017 (2011/2013-2). She has a twin sister Louise who is a journalist. Coach-Liz Nuttall (formerly Rob Denmark) In 2018: 2 Doha Half Mar; 6 San Vittore Olona XC; 2 UK Inter-Counties XC						
263	<b>SCHERL Anja</b> GER	31y	346d	1986	-	71:09 -17
(Née Schneider) // Marathon pb: 2:27:50 -16 (2:29:29 -18). 5000 pb: 16:39.62 -15. 17 ECH Half Mar 2016. At EXC: 2016-42. 1 South German 5000 2015. Coach/husband-Marco Scherl Marathons (6): 16 Hamburg 2014, 9 Hamburg 2015, 3 Hamburg 2016, 44 OLY 2016, 5 Valencia 2017, 4 Osaka 2018 In 2018: 4 Osaka Marathon						
264	<b>BAGLIETTO Kim</b> GIB	25y	147d	1992	1:29:34	1:21:35 -15 <b>NR</b>
Gibraltar record holder at Half Marathon // 10,000 pb: 36:23.35 -15. 5000 pb: 18:03.98 -15. 1500 pb: 4:47.0 -08. 800 pb: 2:15.56 -09. ht WJC 800 2008; ht World Youth 800 2009; ht EJC 800 2009; ht EIC 800 2013; ht ECH 800 2014. Was at Loughborough University						
265	<b>EDWARDS Allison</b> GIB	48y	137d	1969	-	1:30:21 -15
Marathon pb: 3:07:09 -14. 10 ETCh 3rd League 3000/5000 2015 (European Games); 80 World Half Mar 2016. She works as a maths teacher Marathons: 15 Seville 2014, dnf COM 2014						
266	<b>MONTIEL Emma</b> GIB	42y	255d	1975	87:00	84:31 -17
Gibraltar record holder at 3000m, 5000m & 10,000m // 10,000 pb: 36:35.0 -14. 5000 pb: 18:21.8 -14. 3000 pb: 10:18.7 -14. 3 Island Games 5000 2013; 13 COM 10,000 2014; 77 World Half Mar 2016. 2 Hampshire 5000 2014. Born-Gibraltar, lives and works in Portsmouth and a member of City of Portsmouth AC In 2018: 4 Farnborough Half Mar; 20 Hampshire XC; 7 Stubbington Green 10K; 89 South of England XC; 1 Southsea parkrun						
267	<b>PERERA Bethan</b> GIB	32y	307d	1985	1:34:34	1:34:34 -18
268	<b>GRAHAM Laura</b> IRL	32y	19d	1986	75:15	75:15 -18
2017 Belfast Marathon winner // Half Mar pb: 76:59 -17 Marathons (9): 15 Belfast 2015, 12 Dublin 2015, 16 London Mass 2016, 2 Belfast 2016, 10 Dublin 2016, 24 London Mass 2017, 1 Belfast 2017, 14 Berlin 2017, 4 Dublin 2017 In 2018: 23 Armagh 3K; 12 London 'Big' Half Mar						
269	<b>LEE Lizzie</b> IRL	37y	305d	1980	73:24	73:24 -18
The vital fourth scorer for the Irish team which won European Cross Country team gold in 2012 Marathon pb: 2:32:51 -15. 5000 pb: 16:54.76 -10. 1 Irish 5000 2011. At WXC: 2013-70. At EXC: 2010-34, 2012-23, 2015-13, 2017-49. 1 Irish indoor 3000 2013. 3 European Sprint Triathlon 2010. She also competes as an aquathlete (swimming & running). She is a graduate in electrical engineering from University College Cork. Former triathlete who decided to prioritise running on the advice of former World 5000m Champion Eamonn Coghlan. Coach-Donie Walsh (Ran in the first eight World Cross Country Championships, winning a team silver in 1979) Marathons (4): 27 Rotterdam 2012, 9 Berlin 2013, 17 Berlin 2015, 57 OLY 2016 In 2018: 17 European Clubs Cup XC; 11 Barcelona Half Mar						
270	<b>McCARTHY Claire</b> IRL	41y	267d	1976	-	74:35 -17
(Née Gibbons, her husband is former Irish international runner Martin McCarthy) Marathon pb: 2:38:00 -16. 48 ECH Half Mar 2016. At EXC: 2011-43. Was at Western Kentucky University Marathons include: 4 Barcelona 2009, 10 Dublin 2009, 11 Rotterdam 2013, 2 Dublin 2013, 12 Prague 2016, 9 Berlin 2016, 33 WCH 2017 In 2018: 38 European Clubs Cup XC						

271	<b>ROSS Fionnuala</b> IRL	27y	139d	1990	-	74:26 -17
Marathon pb: 2:49:00 -17. At EXC: 2017-47 Marathons (5): 31 Berlin 2013, 37 Paris 2015, 21 London Mass 2016, 15 Dublin 2016, 25 Frankfurt 2017 In 2018: 9 Antrim XC; 12 Armagh 3K						
272	<b>SHAUGHNESSY Laura</b> IRL	27y	278d	1990	-	73:59 -17
10K pb: 34L27 -17. At EXC: 2009-55J. 18 European Mountain Running Champs 2016 (2015-50); 31 World Mountain Running Champs 2016						
273	<b>KOLBEINSDOTTIR Andrea</b> ISL	19y	44d	1999	-	-
5000 pb: 17:54.26 -15. 1 Icelandic 1500/3000 2016						
274	<b>SIGURDARDOTTIR Elín Edda</b> ISL	28y	219d	1989	-	1:21:25 -17
275	<b>SALPETER Lonah Chemtai</b> ISR	29y	101d	1988	-	72:48 -17 NR
Full name-Lonah Chemtai Salpeter (Née Korlima) Allegiance transferee from Kenya – has lived in Israeli since 2008, acquired Israeli citizenship on March 17, 2016 and cleared by IAAF to represent Israel from April 23, 2016 Israeli record holder at 10,000m & Half Marathon Marathon pb: 2:40:16 -16. 10,000 pb: 32:43.89 -17. 5000 pb: 16:12.51 -17. 40 ECH Half Mar 2016; 18 ECP 10,000 2017. At EXC: 2017-50. 1 Israeli 10,000 2016 & XC 2017. Coach/husband-Dan Salpeter, who she met while she was working as a nanny for a diplomat at the Kenyan Embassy. Their son Roy Marathons (4): 1 Tel Aviv 2016, dnf OLY 2016, 11 Berlin 2016, 41 WCH 2017 In 2018: 1 Rishon Letzion 15K; 4 Tel Aviv XC; 1 Tel Aviv 3000 (Israeli record 9:06.60)						
276	<b>TIYOURI Maor</b> ISR	27y	223d	1990	75:57	74:54 -17
Israeli record holder at 5000m // 10,000 pb: 34:09:59 -15. 5000 pb: 16:07.77i -16, 16:08.83 -15 (16:16.29 -16). 9 EJC 5000 2009; 11 European under-23 10,000 2011. Was at the University of San Francisco. Lives-Boulder, Colorado. Coach-Lee Troop (ex-Australian international marathoner) Marathons (3): 7 Ottawa 2016, 90 OLY 2016, 63 WCH 2017 In 2018: 2 Carlsbad Half Mar; 6 Edinburg TX 10K						
277	<b>BROGIATO Sara</b> ITA	28y	5d	1990	-	74:48 -17
10,000 pb: 34:45.41 -15. 5000 pb: 16:20.76 -15. 1 Italian Half Mar 2017. At EXC: 2016-53, 2017-63. Coach-Gianni Crepaldi						
278	<b>EPIS Giovanna</b> ITA	29y	285d	1988	-	73:02 -11
Marathon pb: 2:29:41 -18. 10,000 pb: 33:44.01 -11. 5000 pb: 16:27.97 -11. 17 under-23 ECH 10,000 20097 WSG 10,000 2011. At EXC: 2007-64J, 2009-39u23, 2010 -19u23, 2011-39 Marathons (5): 4 Istanbul 2015, dnf Istanbul 2016, 14 Rotterdam 2017, 10 Istanbul 2017, 6 Seville 2018 In 2018: 6 Seville Marathon						
279	<b>HORI Yuka</b> JPN	21y	283d	1996	71:05	71:05 -18
10,000 pb: 31:59.80 -17. 5000 pb:15:23.53 -16. 2 Asian Champs 10,000 2017; 6 Asian XC 2018. Competes for the Panasonic Corporation. At WXC: 2017-24 In 2018: 2 Yamaguchi Half Mar; 6 Asian XC						
280	<b>ICHIYAMA Mao</b> JPN	20y	299d	1997	-	69:14 -17
10,000 pb: 31:49.01 -17. 5000 pb: 15:24.17 -17. 3000 pb: 8:53.54 -17. At WXC: 2017-39. 4 Japanese 10,000 2017 (5 5000); 1 Japanese Corporate 3000 2017. Competes for the Wacoal Corporation (manufacturer of women's lingerie and underwear) In 2018: 31:49 10K leg in Kyoto Inter-Prefectural Ekiden (Anchoring her team to second place)						
281	<b>MAEDA Honami</b> JPN	21y	249d	1996	-	70:22 -17
Secnd at 2018 Osaka Marathon // Marathon pb: 2:23:48 -18. 10,000 pb: 32:43.42 -16. 5000 pb: 15:51.83 -16. Competes for the Sanyo Corporation Marathons (3): 1 Sapporo 2017, 12 Osaka 2017, 2 Osaka 2018 In 2018: 2 Osaka Marathon						
282	<b>MORITA Kaori</b> JPN	22y	186d	1995	70:10	70:10 -18
10K: 32:27 -17. 5000 pb: 15:21.31 -16. 3000 pb: 9:07.08 -16. 1500 pb: 4:17.33 -15. At WXC: 2017-80. 3 Japanese 1500 2015. Competes for the Panasonic Corporation In 2018: 2 Marugame Half Mar						
283	<b>AYDOSOVA Dana</b> KAZ	22y	323d	1995	-	1:33:02 -15
She is primarily a race walker, as is her twin sister Diana Aydosova is also an international walker 20K walk pb: 1:37:54 -17. 31 WCP junior 10K 2014; 3 Asian junior 10,000 2014; 31 WJC 10,000 2014; 85 WTCh 20K 2016 In 2016: 23 Poděbrady 20K						
284	<b>MAMAZHANOVA Zhanna</b> KAZ	24y	57d	1994	-	76:39 -17
Marathon pb: 2:44:37 -17 Marathons (2): 5 Hannover 2017, 3 Astana 2017						
285	<b>NANAZIASHVILI Yelena</b> KAZ	37y	60d	1981	-	78:48 -14
Marathon pb: 2:43:30 -16 Marathons (6): 22 Minneapolis to St. Paul 2013, 30 Boston Mass 2013, 18 Duluth 2014, 10 Duluth 2016, 2 Eugene 2017, 73 WCH 2017 Lives and works in Des Moines, Iowa and has dual citizenship with the USA. She has two older sisters who are both Olympians: Galina Shatnaya competed in synchronised swimming at the 2000 Olympics (22nd duet) and Yekaterina Shatnaya was a triathlete in 2004 (41st)						
288	<b>CHEPNGETICH Ruth</b> KEN	23y	228d	1994	-	66:19 -17
Marathon pb: 2:22:36 -17. 10K pb: 33:09 -18. 1 Adana Half Mar 2017; 1 Paris Half Mar 2017; 1 Milan 'Stramilano' Half Mar 2017; 1 Istanbul Half Mar Marathon (1): 1 Istanbul 2017 In 2018: 2 Kenyan Police XC; 2 Nyahururu 10K; 7 Kenyan XC						
289	<b>JEPKOSGEI Joyciline</b> KEN	24y	106d	1993	66:46	64:51 -17 WR
History's fastest woman at multiple distances between 5Km & Half Marathon. Improved Paula Radcliffe's world 10Km record by a total of 38 seconds in 2017 5000 pb: 15:40.0 -16. 10,000 pb: 31:28.28 -16. 5K pb: 14:32 -17. 10K pb: 29:43 -17, 15K pb: 45:37 -17. 20K pb: 61:25 -17. 3 African Champs 10,000 2016. 1 Kenyan Armed Forces 10,000 2017. Born-Nandi, lives-Iten. Husband / coach Nicholas Koech (1:45.88 800m in 2012), their son Brandon Rotich born July 20, 2012 Her husband tells us "her mileage is around 140 to 150 kilometers (86 to 93 miles) per week, on average." In 2018: 2 Kenyan Armed Forces XC; 5 R'as Al Khaimah Half Mar (ill)						
290	<b>KAMULU Pauline</b> KEN	23y	84d	1994	69:40	68:04 -17
Full name-Pauline Kaveke Kamulu // 10,000 pb: 31:47.13 -17. 5000 pb: 14:58.82 -17. At WXC: 2013-11J. 7 African XC 2016 In 2018: 1 Yamaguchi Half Mar						
292	<b>MARHELE Ilona</b> LAT	31y	353d	1986	-	76:09 -16
Marathon pb: 2:37:40 -17. 10,000 pb: 35:33.30 -16. 1 Latvian 5000 2007. Coach-Leonids Strelakovskis Marathons (8): 16 Vienna 2011, 4 Poznan 2011, 16 Rotterdam 2012, 6 Cologne 2012, 15 Frankfurt 2015, 61 OLY 2016, 21 WCH 2017, 18 Valencia 2017						



293	<b>ZUSINAITE Vaida</b> LTU	30y	70d	1988	-	75:51 -13
Marathon pb: 2:32:50 -16. 10,000 pb: 35:45:22 -17. 5000 pb: 16:09:13 -12. 3000SC pb: 9:54:36 -12. 8 EJC 5000 2007 (11 3000); 9 under-23 ECH 10,000 2009 (10 5000); 9 WSG 10,000 2011 (11 5000); ht ECH 3000SC 2012; 6 WSG 3000SC 2013. 1 Lithuanian 5000 2006-2009/2012/2014 & 3000SC 2006 (1 indoor 1500 2015, 3000 2012/2015). Coach-Romas Sausaičiu Marathons (7): 1 Vilnius 2014, 4 Hannover 2015, 4 Hannover 2016, 38 OLY 2016, 11 Hangzhou 2016, 9 Taipei 2017, 45 WCH 2017 In 2018: 2 Lithuanian indoor 3000						
294	<b>WU Yangyang</b> MAC	27y	53d	1991	-	1:30:24 -17
295	<b>FISCOVICI Lilia</b> MDA	28y	360d	1989	-	73:02 -16
(Née Tozlovanu) // Marathon pb: 2:35:12 -15. 13 EJC 5000 2007 (15 3000). At EXC: 2005-76J, 2017-57. Born/lives in the autonomous territorial area of Transnistria in Eastern Moldova. Coach/husband-Serghei Fisikovici Marathons (3): 2 Warsaw 2015, 7 Łódź 2015, 27 OLY 2016						
296	<b>ABDUL KAREEM Mariyam</b> MDV	42y	177d	1975	-	1:34:48 -17
297	<b>REBOLLO Esmeralda</b> MEX	28y	197d	1989	-	74:18 -17
Full name-Esmeralda Rebollo Salgado // Marathon pb: 2:42:32 -16. 10,000 pb: 33:55:76 -17. 5000 pb: 16:56:19 -14 Marathon (1): 15 Houston 2016						
299	<b>BEZZINA Lisa Marie</b> MLT	38/39y		1979	79:28	79:28 -18
3 Small States of Europe Games 3000 2016 // In 2018: 1 Marsa Half Mar						
300	<b>PERRIER Paule Marie</b> MRI	22y	359d	1995	-	1:21:51 -17
301	<b>NAIGAMBO Beata</b> NAM	38y	12d	1980	-	72:05 -13
Fourth at 2010 Commonwealth Games, then 11th in 2014. Twice winner of the Valencia Marathon Marathon pb: 2:26:57 -15. At WXC: 99-87J. She serves in the Namibian Police Force. Coach-Frans Denissen Marathons (31): 9 COM 2002, 1 Windhoek 2005, dnf COM 2006, 4 Port Elizabeth 2007, 20 Pyongyang 2007, 1 Durban 2008, 3 Pyongyang 2008, 28 OLY 2008, 3 Marrakech 2009, 24 WCH 2009, 1 Eindhoven 2009, 1 Windhoek 2010, 3 Hamburg 2010, 4 COM 2010, 7 Amsterdam 2011, 14 Dubai 2012, 37 OLY 2012, 2 Johannesburg 2012, 9 Dubai 2013, dnf WCH 2013, 3 Valencia 2013, 3 Rotterdam 2014, 11 COM 2014, 1 Valencia 2014, 3 Hamburg 2015, dnf WCH 2015, 1 Valencia 2015, 41 OLY 2016, 12 Seoul 2017, 30 WCH 2017, 3 Istanbul 2017						
302	<b>CABALLERO María</b> PAR	30y	330d	1987	-	78:00 -17
1500 pb: 4:20:93 -13. 5 South American 1500 2015 Marathons (2): 8 Stockholm 2016, 4 Eindhoven 2016						
303	<b>MELCHOR Inés</b> PER	31y	206d	1986	72:32	72:32 -18
Full name-Santa Inés Melchor Twice South American Champion at 10,000m. South American record holder at Marathon Marathon pb: 2:26:48 -14. 10,000 pb: 31:56:62 -15. 5000 pb: 15:30:63 -13. 1 Pan-Am junior 3000 2001 & 5000 2003/2005; 6 World Youth 3000 2003; ht WCH 5000 2003/2009; 11 WJC 3000 2004; ht OLY 5000 2004; 1 South American 5000 2009 & 10,000 2009/2015; 39 World Half Mar 2009; 3 Pan-Am Games 5000 2011. At WXC: 2005-29J, 2006-72 long. Coach-Pedro Kim Marathons (10): 6 Seoul 2012, 24 OLY 2012, 2 Santiago de Chile 2013, 8 Berlin 2014, 1 Santiago de Chile 2015, dnf Pan-Am Games 2015, 2 Daegu 2016, dnf OLY 2016, 1 Santiago de Chile 2017, 26 WCH 2017 In 2018: 2 Miami Half Mar; 3 Guadalajara Half Mar						
304	<b>ROJAS Luz Mery</b> PER	24y	277d	1993	-	75:55 -17
10,000 pb: 34:02:04 -15. 5000 pb: 16:18:10 -17. 4 South American 5000 2017 In 2018: 3 Pan-American XC						
305	<b>TEJEDA Gladys</b> PER	32y	175d	1985	-	70:14 -16 AR
Full name-Gladys Tejada Pucuhuaranga Ninth at 2016 World Half Marathon Championships Marathon pb: 2:28:12 -15 (2:30:44 -18). 10,000 pb: 32:18:49 -15 (33:38:59 -16). 5000 pb: 16:00:91 -13. 2 South American 5000 2013; 1 Bolivarian Games Half Mar 2013; 9 World Half Mar 2016 (2010-21, 2014-26). At WXC: 2015-21. Coach-Rodolfo Gomez Marathons (10): 4 Seoul 2011, 3 Pan-Am Games 2011, 42 OLY 2012, 1 Santiago de Chile 2013, 1 Mexico City 2013, 2 Rotterdam 2015, dq Pan-Am Games 2015, 15 OLY 2016, 8 Valencia 2016, 7 Osaka 2018 Carried the Peruvian flag at the 2012 Olympic Opening Ceremony. Originally won marathon gold at the 2015 Pan-American Games, but stripped of that title after testing positive for a diuretic. Served a six-month doping ban to March 8, 2016 In 2018: 7 Osaka Marathon						
307	<b>BARCA Roxana</b> ROU	29y	274d	1988	-	73:48 -17
Fourth at 2017 European Cross Country Championships // 10,000 pb: 33:46:65 -17. 5000 pb: 15:13:40 -12. 3000 pb: 8:56:79 -11. 1500 pb: 4:10:24 -12. 4 EJC 5000 2007; 9 EIC 3000 2011/2013; 8 WSG 5000 2011; 5 ECH 5000 2012 (2010-13); ht OLY 5000 2012; 1 Francophone Games 10,000 2017 (3 5000); 1 Balkan XC 2017 At EXC: 2005-18J, 2006-66J, 2007-25J, 2009-25u23, 2010-4u23, 2011-7, 2017-4. 1 Romanian 5000 2010/2012/2017 (1 10,000 2017). Served two-year doping ban in 2013-2015 after failing a test for a steroid on winning the 5000m at that year's World Student Games In 2018: 7 'Great' Edinburgh XC; 2 Hannut XC; 1 Romanian indoor 1500/3000						
308	<b>BOBOCEL Ancuța</b> ROU	30y	172d	1987	-	71:42 -17
Former European under-23 Cross Country Champion // 3000SC pb: 9:25:70 -12. 5000 pb: 15:56:00 -15. 3000 pb: 9:10:58 -07. 2 EJC 3000SC 2003/2005; 2 WJC 3000SC 2004/2006; ht OLY 3000SC 2008/2012/2016; 7 EIC 3000 2009 (2013-11); 1 under-23 ECH 3000SC 2009 (2007-2); ht WIC 3000 2010; ht EIC 1500 2011; 4 ECH 3000SC 2012 (2010-7, 2016-ht); 13 WCH 3000SC 2013 (2007/2009-ht); 1 Francophone Games 3000SC 2013; 11 EIC 3000 2017. At EXC: 2004-2J, 2005-1J, 2006-3J, 2007-1u23, 2008-5u23, 2011-41, 2015-5, 2016-4, 2017-11. Coach-Marin Istrate In 2018: 15 'Great' Edinburgh XC; 3 European Clubs Cup XC; 2 Cáceres XC						
309	<b>PISCU Andreea Alina</b> ROU	21y	287d	1996	-	73:14 -17
10,000 pb: 33:51:53 -17. 5000 pb: 16:19:87 -17. 7 World Junior Mountain Running Champs 2014 (2013-9); 66 World Half Mar 2016; 11 ECP 10,000 2016; 45 ECH Half Mar 2016; 7 under-23 ECH 10,000 2017 (9 5000); 6 WSG 10,000 2017 (13 5000). At EXC: 2013-83J, 2014-38J, 2015-69J, 2016-41, 2017-45 In 2018: 4 Romanian indoor 3000 (6 1500)						
310	<b>SIMION Cristina</b> ROU	26y	124d	1991	-	79:37 -12
(Née Negru) // 5000 pb: 16:36:98 -17. 10,000 pb: 35:02:68 -13. 5 World Junior Mountain Running Champs 2010; 19 ECP 10,000 2010; 19 under-23 ECH 10,000 2015; 1 Balkan 5000 2017. At EXC: 2007-68J, 2015-29, 2016-27, 2016-16 In 2018: 14 'Great' Edinburgh XC						
311	<b>TODORAN Paula</b> ROU	32y	288d	1985	-	72:59 -07
Full name-Claudia Paula Todoran // Marathon pb: 2:36:44 -16. 10,000 pb: 33:12:08 -07. 5000 pb: 15:52:99 -07. 14 WJC 5000 2004; 4 under-23 ECH 10,000 2005/2007; 12 WSG Half Mar 2009; 33 World 20K 2006; 33 World Half Mar 2010 (2007-37, 2008-55, 2014-73, 2016-35); 22 ECH Half Mar 2016 At EXC: 2001-47J, 2002-56J, 2003-38J, 2004-18J, 2006-13u23, 2016-37, 2017-70. Coach-Mirel Seisanu Marathons (15): 3 Bucharest 2009, 4 Kavarna 2010, 6 Bucharest 2011, 3 Bucharest 2012, 3 Podgorica 2013, 2 Pisa 2013, 1 Bucharest 2014, 17 Hamburg 2015, dnf WCH 2015, 4 Bucharest 2015, 6 Podgorica 2015, 8 Seville 2016, 101 OLY 2016, 14 Hamburg 2017, dnf WCH 2017						

<b>312</b>	<b>CONRAD Nolene</b> RSA	<b>32y</b>	241d	1985	<b>73:05</b>	<b>72:52 -15</b>
Former South African Champion at Steeplechase // Marathon pb: 2:35:21 -17. 10,000 pb: 34:12.53 -17. 5000 pb: 15:57.92 -12. 3000SC pb: 9:54.42 -12. 10 WSG 3000SC 2005 (2011-9); 13 COM 3000SC 2006; 7 African Champs 3000SC 2012 (2006-8); 37 World Half Mar 2012. At WXC: 2013-79, 2015-36. 1 South African 3000SC 2009/2013, 10,000 2015 & XC 2012 Marathons (3): 4 Hannover 2014, 8 Cape Town 2015, 9 Valencia 2017 In 2018: 1 Cape Town Half Mar; 1 Goodwood 10K						
<b>313</b>	<b>DLAMINI Janet</b> RSA	<b>23y</b>	169d	1994	-	<b>75:06 -17</b>
5000 pb: 16:38.78 -17. 10,000 pb: 35:20.49 -16. 3 South African 10,000 2016						
<b>314</b>	<b>JOUBERT Cornelia</b> RSA	<b>29y</b>	274d	1988	<b>1:21:31</b>	<b>72:31 -17</b>
Marathon pb: 2:39:07 -13. 42 World Half Mar 2016 (2014-65) Marathons (2): 1 Oudtshoorn (South African Champs) 2013, 1 Mont Choisy 2013 In 2018: 1 Johannesburg Half Mar						
<b>315</b>	<b>MAKHANYA Mapaseka</b> RSA	<b>32y</b>	349d	1985	-	<b>72:43 -17</b>
Marathon pb: 2:31:02 -15. 10,000 pb: 35:26.89 -17. 5000 pb: 15:53.61 -13. 1500 pb: 4:08.18 -10. 800 pb: 2:03.36 -10. ht World Youth 1500 2001; ht WJC 3000SC 2004; 6 African Championships 800 2010. 1 South African 800 2010 & 1500 2013. At WXC: 2011-82, 2013-86 Marathons (9): 1 Johannesburg 2013, 2 Johannesburg 2014, 3 Hannover 2015, 4 Shanghai 2015, 1 East London 2016, dnf Daegu 2016, 12 Shanghai 2016, 40 WCH 2017, 2 Soweto 2017						
<b>316</b>	<b>PHALULA Lebogang</b> RSA	<b>34y</b>	105d	1983	-	<b>71:35 -16</b>
Full name-Dinahrose Lebogang Phalula Twin sister of Dina Lebo Phalula (3x South African Champion at 1500m & 5000m) 10,000 pb: 34:01.97 -10. 5000 pb: 16:02.55 -09. 1500 pb: 4:12.34 -06. 800 pb: 2:02.43 -06. ht World Youth 800 99; sf COM 800 2006 (ht 1500); 4 African Games 800 2007; 41 World Half Mar 2016. At WXC: 2001-71J, 2002-58J, 2005-49 short, 2009-29, 2010-15, 2011-78 In 2000 Dinarose was selected for the World Junior Championships but Dina Lebo was sent by mistake In 2018: 1 Benoni 10K						
<b>317</b>	<b>SCHLUMPF Fabienne</b> SUI	<b>27y</b>	127d	1990	-	<b>70:17 -17</b> <b>NR</b>
Swiss record holder at Half Marathon & Steeplechase // 3000SC pb: 9:21.65 -17. 5000 pb: 15:47.29 -17. dq ht WCH 3000SC 2013 (ran inside kerb); 5 ECH 3000SC 2016 (2014-13); 18 OLY 3000SC 2016; ht WCH 3000SC 2017. At EXC: 2011-30u23, 2012-14u23, 2013-37, 2015-31, 2016-8, 2017-7. 1 Swiss 3000SC 2009/2012/2017, 5000 2016 & 1500 2014/2016. Coach/partner-Michi Ruegg						
<b>320</b>	<b>VONGVORACHOTI Jane</b> THA	<b>34y</b>	76d	1984	<b>78:51</b>	<b>75:13 -16</b>
Thai record holder at 10,000m & Marathon // Marathon pb: 2:40:40 -14. 10,000 pb: 34:46.61 -13. 3 South East Asian Games 10,000 2015. Former International footballer. Born/lives-New York. Coach-John Henwood Marathons (7): 5 Pittsburgh 2014, 16 Chicago 2014, dnf Singapore 2015, 42 Berlin 2015, 13 Houston 2016, 91 OLY 2016, 13 Houston 2016 In 2018: 2 Las Palmas Half Mar						
<b>321</b>	<b>HUDAYBERGENOVA Olena</b> TKM	<b>35y</b>	247d	1982	<b>1:35:00</b>	<b>1:35:00 -18</b>
She is an international sprinter & pentathlete // dnf World Military Marathon 2015; 7 Asian Indoor Games Pentathlon 2017 In 2018: 5ht Asian Indoor Champs 60 (8.41)						
<b>322</b>	<b>HSIEH Chien-Ho</b> TPE	<b>30y</b>	119d	1987	<b>72:19</b>	<b>72:19 -18</b> <b>NR</b>
Marathon pb: 2:43:25 -16. 10,000 pb: 35:03.03 -17. 5000 pb: 17:02.26 -07. 1500 pb: 4:27.19 -08. 71 World Half Mar 2016; 12 Asian Champs 1500 2017. 1 Taiwanese National Games 5000/10,000 2016. Coach-Chien Chao-Wang Marathons (9): 7 Taipei 2013, 3 Taipei Feb 2014, 8 Taipei Dec 2014, 7 Xiamen 2015, 52 WCH 2015, 40 Nagoya 2016, 10 Daegu 2016, 113 OLY 2016, 5 Taipei 2016, dnf WCH 2017, 1 Yilan 2017 In 2018: 4 Osaka Half Mar						
<b>323</b>	<b>NERO Tonya</b> TTO	<b>29y</b>	116d	1988	-	<b>75:13 -12</b> <b>NR</b>
Trinidadian record holder at 5000m, 10,000m & Half Marathon // Marathon pb: 2:43:14 -12 (2:47:19 -18). 10,000 pb: 33:11.71 -11. 5000 pb: 16:19.17 -11. 27 World Half Mar 2012 (2014-70); 12 COM 10,000 2014. Studied biological science at Wichita State University Marathon (1): 22 Rotterdam 2012, 18 Dubai 2018 In 2018: 18 Dubai Marathon						
<b>324</b>	<b>BOUSSAID Soumaya</b> TUN	<b>37y</b>	322d	1980	<b>77:47</b>	<b>77:04 -14</b>
(aka Somaya Bousaid) Multiple Paralympic & World Para Athletics Champion at middle distances 10K pb: 35:48 -17. 1500 pb: 4:14.00; 800 pb: 2:03.21 -08. 400 pb: 56.72 -08. 1 Paralympic 800/1500 2008 (4 400). 6 Mediterranean Games 2009; 1 IPC World 1500 2011 (2 400); 2 Paralympic 400 2012; 1 IPC World 1500 2015 (2 400); 1 Paralympic 1500 2016 (8 400); 2 WPA World 1500 2017 She is Legally blind, with 6-10% of "normal" vision in the best eye after correction In 2018: 1 Castellón Half Mar						
<b>325</b>	<b>AYDEMIR Esmâ</b> TUR	<b>26y</b>	82d	1992	<b>73:36</b>	<b>71:49 -16</b>
Team gold at 2016 European Cross Country Championships // Marathon pb: 2:35:22 -16. 10,000 pb: 33:33.38 -16. 5000 pb: 15:50.05 -13. 3000 pb: 9:11.28 -13. 1500 pb: 4:09.06 -12. 20 WJC 3000 2010 (sf 800); 1 EJC 5000 2011 (2 3000); 11 under-23 ECH 2013; 8 ETCh 3000 2013 (9 5000); 10 ETCh 3000 2014; 1 Balkan 3000 2014 & 5000 2015; ht ECH 1500 2014; 1 ECP 10,000 2016 (2017-3); 5 ECH Half Mar 2016; 2 WSG Half Mar 2017. At EXC: 2010-23J, 2011-8J, 2012-31u23, 2013-13u23, 2014 -38u23, 2015-12, 2016-16 (team gold), 2017-27. 1 Turkish 5000 2011/2013 (1 1500 2012) Marathons (4): 10 Rotterdam 2016, 58 OLY 2016, 4 Istanbul 2016, 8 Istanbul 2017 In 2018: 5 Doha Half Mar; 6 European Clubs Cup XC						
<b>326</b>	<b>KOKU Büşra Nur</b> TUR	<b>21y</b>	362d	1996	<b>74:28</b>	<b>74:28 -18</b>
5000 pb: 16:11.64 -17. 11 EJC 5000 2015; 16 WSG Half Mar 2017 (dnf 10,000); 3 under-23 ECH 10,000 2017. At EXC: 2015-21J, 2017-16u23 In 2018: 7 Adana Half Mar						
<b>327</b>	<b>TEMEL Remziye</b> TUR	<b>23y</b>	58d	1995	<b>76:28</b>	<b>76:28 -18</b>
5000 pb: 17:27.73 -17. 52 European Mountain Running Champs 2015 In 2018: 8 Adana Half Mar; 1 Trabzon Half Mar						
<b>328</b>	<b>YILDIZ Şeyma</b> TUR	<b>30y</b>	196d	1987	-	<b>75:42 -16</b>
Marathon pb: 2:47:53 -17. 5000 pb: 16:43.07 -13. 9 WSG Half Mar 2015. At EXC: 2013-62 Marathons (4): 4 Istanbul 2015, dnf Istanbul 2016, 14 Rotterdam 2017, 10 Istanbul 2017						
<b>329</b>	<b>CHEBET Emily</b> UGA	<b>30y</b>	102d	1987	-	<b>77:21 -15</b>
5000 pb: 16:32.97 -16. 10,000 pb: 36:21.46 -14. At WXC: 2007-79, 2015-33, 2017-29. Not to be confused with the Emily Muge Chebet from Kenya with the same name and who was World Cross Country Champion in 2010 & 2013 (but now serving a four-year doping ban). And now there is a third Emily Chebet (9th in 2017 Kenyan junior XC)						

331	<b>CHESANG Doreen</b> UGA	27y	224d	1990	-	79:44	-17
3000 pb: 9:13.70 -08. 11 World Youth 3000 2007; 16 WJC 3000 2008; 2 Commonwealth Youth Games 3000 2008; 20 African XC 2014. At WXC: 2007-dnfJ, 2017-25. 1 Ugandan junior XC 2008							
332	<b>MUNGULEYA Adha</b> UGA	18y	303d	1999	-	74:21	-17
At WXC: 2017-18J. 6 World Junior Mountain Running Champs 2017							
333	<b>YAREMCHUK Sofiya</b> UKR	23y	294d	1994	-	73:14	-17
50 ECH Half Mar 2016. 1 Ukrainian Half Mar 2017 In 2018: 2 Rome 10K							
334	<b>BATES Emma</b> USA	25y	258d	1992	72:52	72:52	-18
2014 US Collegiate Champion at 10,000m // 5000 pb: 15:32.46 -16. 10,000 pb: 32:13.28 -15. 2 NCAA XC 2013 (2014-3); 1 NCAA 10,000 2014 (4 5000), representing Boise State University. 5 US Clubs XC 2015 In 2018: 4 Doha Half Mar							
337	<b>TABB Elaine</b> USA	26y	97d	1991	72:29	72:29	-18
(Née Balouris) // 10,000 pb: 32:27.28 -16. 5000 pb: 15:32.49 -17. At WXC: 2015-64, 2017-47. 5 NCAA 10,000 2014 (2013-10, 2012-19). 7 US Clubs XC 2016. Graduate of mathematics from the College of William & Mary at Williamsburg, Virginia. Coach-Terrence Mahon In 2018: 17 Houston Half Mar							
338	<b>WADE Becky</b> USA	29y	43d	1989	71:15	71:15	-18
Marathon pb: 2:30:41 -13. 1 US junior 3000SC 2008; 8 NCAA 10,000 2012 Marathons (5): 1 Sacramento 2013, 8 Los Angeles 2015, 85 Los Angeles 2016 (US Olympic Trial), 3 Houston 2017, 10 Chicago 2017 In 2018: 12 Houston Half Mar							
339	<b>MUROWE Patience</b> ZIM				1:22:55	78:04	-17

#### WORLD ALL-TIME LIST

1.....	64:51.....	Joyciline Jepkosgei	KEN.....	2017
2.....	64:52.....	Fancy Chemutai	KEN.....	2018
3.....	64:55.....	Mary Keitany	KEN.....	2017
4.....	65:06.....	Peres Jepchirchir	KEN.....	2017
5.....	65:07.....	Caroline Kipkirui	KEN.....	2018
6.....	65:09.....	Florence Kiplagat	KEN.....	2015
7.....	65:22.....	Violah Jepchumba	BRN.....	2017
8.....	65:37.....	Joan Chelimo	KEN.....	2018
9.....	65:40a.....	Paula Radcliffe	GBR.....	2003
10.....	65:44a.....	Susan Chepkemei	KEN.....	2001
(All Kenyan origin except Radcliffe)				

#### 2018 WORLD LIST

1.....	64:52.....	Fancy Chemutai	KEN
2.....	64:55.....	Mary Keitany	KEN
3.....	65:07.....	Caroline Kipkirui	KEN
4.....	65:37.....	Joan Chelimo	KEN
5.....	66:39.....	Ruti Aga	ETH
6.....	66:46.....	Joyciline Jepkosgei	KEN
7.....	66:47.....	Degitu Azmeraw	ETH
8.....	66:49.....	Brigid Kosgei	KEN
=9.....	66:50.....	Mercy Ngugi	KEN
.....	66:50.....	Buze Diriba	ETH