



### **MOI INTERNATIONAL SPORTS CENTRE, KASARANI** 12-16 JULY 2017

Nairobi, Kenya



**Official Bulletin** www.wu18nairobi2017.com



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### **MESSAGE FROM THE IAAF PRESIDENT - SEBASTIAN COE**





The IAAF World U18 Championships Nairobi 2017 marks an important milestone for Kenyan and world athletics.

Significantly these championships will be only the second occasion that Kenya has hosted an IAAF World Athletics Series (WAS) event. This is an historic moment for a country which since the late 1960s has been at the forefront of middle and long distance running and one of the top medal winning nations at major championships.

Furthermore this is the first global track championships that the country has ever staged. Its only previous experience as an IAAF WAS host was in 2007 when the port city of Mombasa was the venue for the IAAF World Cross Country Championships.

Nairobi was awarded the IAAF World U18 Championships in November 2014, providing Kenya with the opportunity to showcase the country as the host of one of the world's largest international track and field events which attracts nearly 2000 athletes and officials from 150 countries.

Last summer the IAAF Council decided these would be the very last World U18 Championships. Beyond 2017 the IAAF will work with Area Associations to find a new competition structure for assisting the career development of U18 age group athletes. This was a purely strategic decision for the future of youth development and there should be no doubt that the IAAF remains passionately committed to the success of what will be a marvellous celebration of youth athletics in the Kenyan capital this July.

I look forward to visiting Nairobi for the championships and the wonderful opportunity to meet with so many talented young athletes and their coaches from around the world. It will help me gain a better understanding of how we can best support their aspirations and expectations and so ensure their long term enjoyment of and future in Athletics.

Sebastian Coe IAAF President

## MESSAGE FROM THE PATRON, THE FIRST LADY OF THE REPUBLIC OF KENYA, H.E. MRS. MARGARET KENYATTA



#### Welcome to Kenya!

It is a great honour for Kenya to be hosting the 10th and final edition of the IAAF World U 18 Championships. We are especially proud to be hosting so many young and talented athletes from all over the world to this prestigious event. I applaud the International Association of Athletics Federation (IAAF) for granting Kenya this unique opportunity that is the springboard to the success of future stars.

I wish to pay tribute to all the previous hosts: Bydgoszcz (1999), Debrecen (2001), Sherbrooke (2003), Marrakech (2005), Ostrava (2007), Brixen (2009), Lille (2011), Donetsk (2013) and Cali (2015) – for enabling talented youths lay great foundations for their track and field careers.

The Championships offer an occasion to celebrate, applaud and recognise the diverse talents and abilities of young people across the world who have all worked extremely hard to prepare and participate in this event. Our own celebrated Kenyan athletes have risen to greatness through previous participation in these Championships and I hope they will serve as an inspiration to others.

Dear friends, 2017 is a significant year for African athletics with another World Athletics Series event, the IAAF World Cross Country Championships being

successfully hosted in Kampala, Uganda, in March. In addition, I also wish to pay tribute to the IAAF for granting Africa a leg of the prestigious IAAF Diamond League Series with Morocco hosting the 10th round of the 2017 Series on July 16; the same day we conclude the IAAF World U18 Championships in Nairobi.

Finally, I would like to commend the Government of Kenya through various Ministries led by the Ministry of Sports, Culture and the Arts, the Local Organising Committee, Athletics Kenya, Kenyatta University, all our sponsors, partners, suppliers, officials and, in a most special way, the Volunteers who are working round the clock to ensure Nairobi delivers a memorable final edition of the U18 Championships.

To all our visitors, I would like to encourage you to take time off after these Championships to sample our world famous High Altitude Athletics Training Centres. Our country also boasts amazing flora and fauna and you will certainly leave with lasting memories through visits to our beautiful Coastal Beaches, National Parks, Game Reserves and Historical Sites such as those in Northern Kenya; an archeological haven and the cradle of mankind.

To all participating athletes, I wish you success in your respective events; may these Championships present you with great opportunities as stars and headline makers in the future

# MESSAGE FROM THE CABINET SECRETARY FOR SPORTS CULTURE AND THE ARTS - HON. DR. HASSAN WARIO ARERO



On behalf of the Kenya Government, the Ministry of Sports, Culture and The Arts welcomes all stakeholders to Nairobi for the IAAF World U18 Championships to be held at Moi International Sports Centre Kasarani on 12-16 July 2017.

I wish to commend the IAAF for giving Kenya the opportunity to host this grand international event. Kenya is the second African country to host the IAAF World U18 championships after Morocco in 2005. It is a privilege for us to host this event, which is the last in the history of these Championships. The Local Organizing Committee, in conjunction with the IAAF, has put in place all relevant prerequisites to make this event successful. I assure the more than 1,600 athletes from 160 countries that will be here in Nairobi that necessary arrangements to cater for their well-being have been addressed.

The foresight shown by the IAAF to second a manager to the Local Organizing Committee has gone a long way in delivering great results as we get close to this memorable event. All stakeholders, particularly the participants, will have a reason to smile. I wish to extend the Kenya Government's appreciation and recognition to all those who have come to our country from various countries across the globe.

Our gratitude is further extended to your Governments who have allowed you to come to our beautiful country, which is full of various opportunities of interest. I wish to also recognize Athletics Kenya's role and the Local Organizing Committee. It is encouraging to note that we are on course to accomplishing our target in successfully hosting this significant historical and global competition. As a country, we are proud that in 2007 we successfully

hosted the IAAF World Cross Country Championships event in Mombasa. In 2017, we will be back on the international stage after ten years. We appreciate IAAF recognition of Kenya as a country capable of hosting global events.

Kenya is viewed as a force to reckon with in the world of athletics. It is therefore important to state that Kenya, as the reigning IAAF champions, will be gunning for top honours in the forthcomingchampionships here in Nairobi. During the IAAF World Championships in Beijing, China, in 2015, Kenya wrote history by becoming the first African nation to top the table. Achieving this feat was long overdue, as Kenya has continued to dominate the athletics scene over the years.

Apart from being a giant in athletics, Kenya is full of inexhaustible, diverse opportunities with a rich and priceless cultural heritage. Some interesting aspects in Kenya include the magnificent landscapes, beaches and wildlife. What is also worth noting is that Kenya is considered the cradle of mankind. Kenya has the largest number of human fossils and the most complete skeletons in the world - factors that provide a great wealth of information regarding early human physiology -

Kenyans are a naturally hospitable and social people so make sure that you come ready to interact freely! We welcome all participants to Nairobi as we once again appreciate IAAF's gesture of giving Kenya an opportunity to host a momentous global event. May the best team win!

Hon. Dr. Hassan Wario Arero Cabinet Secretary for Sports, Culture and The Arts

### MESSAGE FROM THE GOVERNOR OF NAIROBI DR. EVANS KIDERO



It gives me profound happiness to extend an invitation and, at the same time, to welcome the athletics world to the 10th IAAF World U18 Championships in our beautiful city of Nairobi.

As the host city, Nairobi County has gone out of its way to work with the Local Organising Committee (LOC) of the global competition to upgrade infrastructure that will make the event a success. The enthusiastic sports fans from Kenya, and more particularly from Nairobi, are remembered for the magnificent atmosphere they created for the 2010 African Athletics Championships that were held at the Nyayo National Stadium.

But these are far bigger championships. That is why we have rolled up our sleeves to ensure everything goes well during the five-day event from July 12 to 16. I commend the International Association of Athletics Federations (IAAF), our national government, Athletics Kenya (AK) and the LOC for pulling out all the stops to

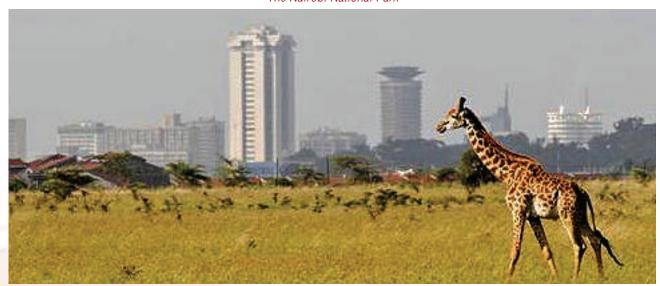
ensure the event becomes a success.

The world can expect a warm welcome from the county government. The youths of the world should explore Nairobi's economic and tourist wealth to share with their people back home. We expect many to keep lasting memories after the event, hoping that they will return to visit us. To our athletes - who have dominated this age group competition since the first edition in Bydgoszcz, Poland, in 1999 to the last one in Cali Colombia two years ago - I wish good luck and hope that they carry our flag high again.

Many of our current stars such as Vivian Cheruiyot, Mercy Cherono, Faith Kipyegon, Abel Mutai and Conseslus Kipruto honed their talent from this event. This is why I am praying that we identify and harness more talent from the event right here in Nairobi.

Karibuni, Welcome, Bienvenu, Willkommen. Governor, Nairobi City County

The Nairobi National Park



### MESSAGE FROM THE CHAIRMAN OF LOC LT. GEN (RTD) JACKSON TUWEI





I wish to take this opportunity to extend my personal invitation, and that of the entire Kenyan athletics fraternity, to the whole world to come to Kenya in July for the IAAF World U18 Championships.

In accepting our bid to host this prestigious global competition, we in Kenya, and especially Athletics Kenya, feel privileged that the world governing body, IAAF, has bestowed its trust on us. Indeed, we are indebted to the IAAF for bringing a second global competition to Kenya, after the 2007 IAAF World Cross Country Championships.

It is incumbent upon all parties involved in this to deliver on their responsibilities. As Athletics Kenya, we are up to the task. As the chairman of the Local Organising Committee (LOC), I also have faith that the Government of Kenya and County of Nairobi will deliver on their part what is expected of them.

The LOC under my leadership is composed of knowledgeable professionals and volunteers who know what hosting a competition of this magnitude entails.

Through this publication, I wish to urge all directorates and their sub-committees to pull out all the stops in ensuring we deliver on all timelines, even if some are already belated.

This is a tournament for posterity, where participants will be the world champions of tomorrow, hence the need to ensure things run impeccably.

May I end by saying 'Karibu Kenya'

Gen (RTD) Jackson Tuwei Chairman LOC

### **MESSAGE FROM THE LOC CEO – MR. MWANGI MUTHEE**



We now have just under 100 days to the start of the IAAF World U18 Championships that will take place in our capital city, Nairobi, between July 12 and 16. With the stamp of authority from the IAAF and their major partners, Nairobi is ready to host the world. Crucially, the Kenya Government, with direct involvement of our President Uhuru Kenyatta and Patron of the Championships, First Lady Margaret Kenyatta, offers support for the preparations.

The Government's inter-ministerial activity has energised the Local Organising Committee to fine-tune its plans for staging a magnificent competition and delivering a warm welcome to the entire world. To us Kenyans, youth competitions are the bedrock of our athletics success. The LOC website, wu18nairobi2017. com, for IAAF WU18 Championships was launched by First Lady, Margaret Kenyatta, in March 2017. Find in there the documentary on David Rudisha, the remarkable 800m world record holder. It exemplifies exactly what we mean that Kenya's base for the sport is formed when the youngsters are mere children, in school, and with the good luck of a mentor coach and available competition, the sky is the limit. Kenya wants to invite the youngsters of the rest of the world to the wonderful experience of seeing, face to face, their idols such as Rudisha and other Olympic champions who also started their careers as juniors, some by competing at the IAAF Championships at both Under 18 and Under 20 levels.

We also call upon the youth of the world not only to join us in celebrating Kenya's athletics history, but also ours and Africa's culture in general. Kenya and Africa also join the world in the important issue of environmental conservation. The youth are crucial in this aspect because if they learn and adopt present good environmental practices, the world will be a better place in the future. A convergence of the world youth in an international sports event such as this offers the right opportunity to focus on the subject. Kenyans are looking forward to the visit by these young athletes and will encourage them, when they are here, to look around and enjoy the rich history of Kenyan Athletics.

We will make sure that the youth of the world will have the opportunity to meet our sporting icons who launched our participation in world athletics, going back to our country's debut at the 1956 Olympic Games in Melbourne, Australia. Some of these athletes, including the great long distance runner Nyandika Maiyoro, will hopefully be around to talk to and inspire the youngsters of today.

Since 1956, Kenya has benefited from the goodwill of many nations around the world that have hosted major athletics competitions. Our athletes have always appreciated the opportunity to compete abroad and the wonderful hospitality accorded them. Our country has previously only been able to host the world at the IAAF World Cross Country Championships in Mombasa in 2007.

We have just witnessed a World Cross Country Championship hosted superbly by our neighbours Uganda. We noted the deep personal commitment of Uganda's President Yoweri Museveni and his Government, as well as the IAAF and its President, Sebastian Coe. In Nairobi, we shall endeavour not only to emulate Uganda but to surpass it. For us, for all the delightful welcomes we have received all round the world, it is, clearly, PAY BACK time! And on behalf of our nation, the (LOC) promises to put its best foot forward and be up to the task. Through this newsletter, on the website, on our twitter and other social media platforms, we shall continue to update everyone with the preparations; giving you useful information on the planning towards the event and about our country and Africa in general.

The LOC, on behalf of the IAAF, the organising member of IAAF Athletics Kenya (AK), the host city, Nairobi, the host institution which is the Government of Kenya through the Ministry of Sports, Culture and Arts, and Kenyatta University, hosts of the Athletes Village, wish to assure the world that preparations are in excellent progress.

We are all working in collaboration with other relevant Government ministries including the Office of the President, The Treasury, Interior, Foreign Affairs, Education, Transport, ICT and Tourism. The LOC also appreciates the support and commitment of the Deputy President, the First Lady of the Republic of Kenya and the President. I say to our young visiting teams: "Come, make friends in our country and carry home awareness about Kenya and Africa." And the parting message will be to register Kenya's sincere thanks to IAAF for giving our capital city, Nairobi, the opportunity to host the world and to express the hope that our country will be able to host more such international events in the near future. Karibuni

Mwangi Muthee The LOC Chief Executive Officer IAAF World U18 Championships, Nairobi 2017



#### **IAAF Council**

President Sebastian Coe (GBR)

Senior Vice President Sergey Bubka (UKR)

Vice Presidents Dahlan Al Hamad (QAT)

Hamad Kalkaba Malboum (CMR) Alberto Juantorena Danger (CUB)

**Treasurer** José Maria Odriozola (ESP)

Individual Members Roberto Gesta De Melo (BRA), South America\*

Nawal El Moutawakel (MAR)

Abby Hoffman (CAN) Anna Riccardi (ITA)

Pauline Davis-Thompson (BAH) Geoff Gardner (NFI), Oceania\*

Sylvia Barlag (NED) Ahmad Al Kamali (UAE) Frank Fredericks (NAM) Bernard Amsalem (FRA)

Zhaocai Du (CHN)

Victor Lopez (PUR), NACAC\*
Stephanie Hightower (USA)
Hiroshi Yokokawa (JPN)
Antti Pihlakoski (FIN)
Mikhail Butov (RUS)
Adille Sumariwalla (IND)

Nawaf Al Saud (KSA)

Svein Arne Hansen (NOR), Europe\*

David Okeyo (KEN), Africa\* Karim Ibrahim (MAS), Asia\*

\*Area Group Representatives



### **IAAF Competition Delegates**

**Organisational Delegate** Frank Fredericks (NAM)

**Technical Delegates** Sylvia Barlag (NED)

Jose Luis De Carlos (ESP)

M&A/D Delegate Dr. Stephane Bermon (FRA)

**Press** Olaf Brockmann (AUT)

**Statisticians TBC** 

Marton Gyulai (HUN) **Announcer - English** 

Ville Aho (FIN) **Photo Finish Judge** 

Ubiratan Martins (BRA) **International Starter** 

Vivian Gungaram (MRI) **Jury of Appeal** 

Jose Maria Odriozola (ESP) Beatrice Ayikoru (UGA)

**International Technical Officials** Frederico Nantes (BRA) - Chief

Giovanni Cardona (COL)

Yrjo Kelha (FIN)

Bob Podkaminer (USA) Niels Van Der Aar (NED) Suren Ayadassen (MRI) Peter De Jager (RSA) Vadim Nigmatov (TJK)

**International Race Walking Judges** Jose Julio Barbosa Dias (POR) - Chief

Zoe Eastwood-Bryson (AUS)

Wang Tak Fung (HKG) Moonkess Jola (MRI)

Hans Van Der Knaap (NED)

#### **NAIROBI FACT FILE**



Nairobi, Kenya, Africa WW: 1899;Nairobi Town Incorporated: 1903

**Location**: 500 km (300 Miles) west of the Indian Ocean in Kenya's Central Highlands

Nairobi Flag: Field divided into yellow and green

quarters, with center circle featuring blue and white waves.



**Motto**: City in the Sun **Flower**: Gloriosa Superba

**Time Zone**: 3:00 pm Universal Coordinated

**Time** (UCT-3) = noon Greenwich Mean Time (GMT)

Official Language: English National Language: Swahili

Elevation: 1,680 meters (5,512 feet)

Latitude and Longitude: 1 ° 16'S, 36 ° 48'E

Climate: Tropical highland with sunny days, mild daily temperatures, and cool nights

**Annual Mean Temperature**: September to April maximum average daytime temperature 24 ° C (75 ° F) and minimum average nighttime temperature 13 ° C (55.4 ° F); May to August maximum average daytime temperature 21 ° C (70 ° F) and minimum average nighttime

temperature 11 ° C (51.8 ° F)

Seasonal Average Rain: Heavy rains March to May; lighter rains November to December

**Government**: Governor County

Weights and Measures: Metric system

Monetary Units: Kenyan Shilling

**Telephone Area Codes**: +254 (Kenya country code); 020 (Nairobi city code)

Main Currency in Circulation: Kenya Shillings (KShs.)

### EAT OUT IN NAIROBI - Thanks to eatout.co.ke

### **EATGUT**

#### The Carnivore Nairobi



The Carnivore is considered 'Africa's Greatest Eating Experience'. Every type of meat imaginable including a selection of meat roasted over charcoal and carved at your table. Delicious side dishes and an exceptional array of sauces complement this fixed price feast that also includes soup, a selection of desserts and Kenyan coffee. Set in attractive tropical gardens, the service and the décor are outstanding...

http://www.tamarind.co.ke/carnivore/

#### **Urban Eatery**



Located at the ground floor of the PWC towers in Westlands, Nairobi, the lavish restaurant with a modern setting seeks to redefine your dining experience. Six different restaurants and bars in one space offer a delectable range of cuisines - from Indian to Mexican to Sushi - in an ultra-modern atmosphere.

http://www.urbaneatery.co.ke/

#### NAIROBI JAVA - TRM



Nestled at the entrance of Thika Road Mall (TRM), off Thika Super Highway, opposite the Moi International Sports Centre Kasarani (Where the IAAF WU18 Championships action will go down), it has ample and secure parking, in and outdoor sitting, and offers free internet. These and the exquisite food you have come to expect are a recipe for a perfect breakfast, lunch or dinner experience.

http://javahouseafrica.com/

#### Artcaffe Garden City Mall



A warm and inviting space filled with fresh cut flowers, an overflowing bookcase, freshly baked breads & patisserie, the heartwarming scent of fresh coffee and relaxing music set within some of Nairobi's most dynamic malls; Artcaffe is a haven from hectic city life.

http://www.artcaffe.co.ke/

#### Big Square Garden City



A casual dining restaurant serving locally sourced, SQUAREMADE burgers, fried chicken, BBQ ribs, beer, wine and delicious desserts and hand-spun shakes. Food so Good you'll have to Hose Yourself Down! It's not fast food; it's Fresh Food. No Frozen Stuff or pre-packed food. Your food is made fresh when you order. A wide variety of products and a warm ambience ensures you can Relax and Enjoy Great Food in the company of both friends and family.

http://bigsquare.co.ke/

### **NAIROBI CITY MAP**



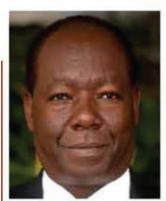


# LOC GAZZETTED MEMBERS

### 



JACKSON TUWEI Lt. Gen. (Rtd) CHAIRMAN LOC



MAINA KAMAU VICE CHAIRMAN



ANN LOKIDOR
VICE CHAIRPERSON



MWANGI MUTHEE
CHIEF EXECUTIVE OFFICER



STEPHEN MUTHUMA HEAD OF FINANCE



IBRAHIM HUSSEIN DIRECTOR TECHNICAL AND COMPETITION



PAUL MUTUWII
ASSISTANT DIRECTOR
TECHNICAL AND COMPETITION



JINARO KIBET DIRECTOR LEGAL



Dr. WARIO GUYO
DIRECTOR ACCOMODATION



PETER AGWENYI
ASSISTANT DIRECTOR
ACCOMODATION



DIANA WAMBUA DIRECTOR VOLUNTEERS



SUSAN KAMAU ASSISTANT DIRECTOR VOLUNTEERS

### **LOC GAZZETTED MEMBERS**



CHRISTOPHER MUTUNGI DIRECTOR MEDIA AND BROADCASTING



NAHUM OKWIYA
ASSISTANT DIRECTOR MEDIA AND
BROADCASTING



JOSEPH LAGAT
DIRECTOR MARKETING AND
COMMERCIAL



SALLY SIA
ASSISTANT DIRECTOR MARKETING
AND COMMERCIAL



Dr. JARED NYAKIBA DIRECTOR MEDICAL AND ANTI - DOPING



Dr. VICTOR BARGORIA
ASSISTANT DIRECTOR MEDICAL
AND ANTI - DOPING



COI. CHARLES OWINO
DIRECTOR PROTOCAL AND
HOSPITALITY



DOUGLAS WAKIIHURI
ASSISTANT DIRECTOR PROTOCAL
AND HOSPITALITY



Eng. KINYUA WAMUGUNDA DIRECTOR TRANSPORT



PAUL EJORE
ASSISTANT DIRECTOR
TRANSPORT



JOSEPH KIGET KIPSANG DIRECTOR SECURITY



LAWRENCE MONDA DIRECTOR ICT



BONIFACE ASILIGWA ASSISTANT DIRECTOR ICT



CHARLOTTE KURGOY
SECRETARIAT

#### LOCAL ORGANISNG COMMITTEE

#### **HEADQUARTERS:**

Moi International Sports Centre Kasarani

Thika Road, Nairobi

Private Bag Kasarani.

Telephone Number: +254 721 283 739

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@wu18nairobi2017

f IAAF World U18 Nairobi 2017



### **Buy Your Ticket to IAAF World U18 NAIROBI 2017**

1) Buy Tickets Online, On Site at the venue or through Authorised Resellers (Location of outlets will be posted here).

Up to 5th July 2017, tickets are being sold at a discounted rate of 10% of the normal rate below.

Ticket Typo	Description of Ticket	Ticket Price
VVIP	Located at 2nd Tier of the Stadium with a Unique vies of all stadium areas of interest with comfortable individual seats with access to premium Hospitality services	Kshs 1000 (10 USD)
VIP	Located at 2nd Tier of the stadium ,Equipped with comfortable seats	Kshs 500 (5 USD)
Ordinary Tickets	Located at the 1st tier and 3nd Tier of the Stadium. 1st tier with Half seats and 3rd tier equipped with Spaced terraces. No individualised seats. Seats reserved on first come basis	KSHS 200 ( 2 USD)

#### 2) Via Mobile Electronic Tickets (ONLY AVAILABLE IN KENYA)

Go to the phone and dial a \*384\*110# code

Then follow the prompts where they will provide details such as name, type of ticket they want and number of tickets among other details.

An SMS will then be sent with instructions on how to make the payments.

Once payment is done using MPESA, Airtel Money or Eazzy Pay, A ticket number(s) is generated and sent to their phone.

Visitors will then present the ticket numbers for validation at the venue entrance during the competitions and get physical tickets.



### **Visa Information**

The list of IAAF Member Federations divided into three Visa categories:

- Category A: The countries whose citizens do not need a visa for Kenya;
- Category B: The countries whose citizens need a visa to enter Kenya and can receive it upon arrival;
- Category C: The countries identified by the Government of Kenya as being in special regions and which are required to meet specific visa procedures in order for the visa to be received upon arrival.

For Category B, arrangements for visa upon arrival will be made based on the information in the Event Entry System so it is essential that, for every athlete

and official, name, family name and date of birth is accurately indicated in the entries.

For category C, it will also be possible to receive the visa on arrival and the LOC Visa coordinator will contact the Member Federations concerned once preliminary entries are submitted to request the specific information. This information will have to be provided no later than 19 June 2017, and shall include the bio page of the applicant's passport.

#### Note:

Children sixteen (16) years and below visiting Kenya do not require visa.

The LOC Visa contact person is Mr. Maxwell Nyamu and can be reached on

#### mnyamu@wu18nairobi2017.com

Code	Member Federation	No visa	Visa upon	Visa in advance
AFG	AFGHANISTAN			Х
AIA	ANGUILLA		х	
ALB	ALBANIA		х	
ALG	ALGERIA		х	
AND	ANDORRA		х	
ANG	ANGOLA		х	
ANT	ANTIGUA		х	
ARG	ARGENTINA		х	
ARM	ARMENIA			Х
ARU	ARUBA		х	
ASA	AMERICAN SAMOA		х	
AUS	AUSTRALIA		х	
AUT	AUSTRIA		х	
AZE	AZERBAIJAN			Х
BAH	BAHAMAS	Х		
BAN	BANGLADESH		х	
BAR	BARBADOS	Х		
BDI	BURUNDI	Х		
BEL	BELGIUM		х	
BEN	BENIN		х	
BER	BERMUDA		х	
BHU	BHUTAN		х	
BIH	BOSNIA & HERZEGOVINA		х	
BIZ	BELIZE	Х		
BLR	BELARUS		Х	
BOL	BOLIVIA		Х	
вот	BOTSWANA	Х		
BRA	BRAZIL		Х	
BRN	BAHRAIN		Х	
BRU	BRUNEI	Х		
BUL	BULGARIA		Х	
BUR	BURKINA FASO		X	

Code	Member Federation	No visa	Visa upon	Visa in advance
CAF	CENTRAL AFRICAN REPUBLIC		Х	
CAM	CAMBODIA		Х	
CAN	CANADA		х	
CAY	CAYMAN ISLANDS		Х	
CGO	CONGO	1	Х	
СНА	CHAD		х	
СНІ	CHILE		х	
CHN	PEOPLES REPUBLIC OF CHINA	No.	х	
CIV	IVORY COAST		х	
CMR	CAMEROON			X
COD	DEM. REP. OF CONGO		Х	
СОК	COOK ISLANDS		X	
COL	COLOMBIA		X	
COM	COMOROS		X	
CPV	CABO VERDE		Х	
CRC	COSTA RICA		X	
CRO	CROATIA		X	
CUB	CUBA		X	
CYP	CYPRUS	Х		
CZE	CZECH REPUBLIC		x	
DEN	DENMARK		X	
DJI	DJIBOUTI		X	
DMA	DOMINICA		X	
DOM	DOMINICAN REPUBLIC	X		
ECU	ECUADOR		Х	
EGY	EGYPT		X	
ERI	ERITREA			Х
ESA	EL SALVADOR		Х	
ESP	SPAIN		Х	
EST	ESTONIA		Х	
ETH	ETHIOPIA		Х	
FIJ	FIJI	X		
FIN	FINLAND		Х	
FRA	FRANCE		Х	
FSM	MICRONESIA		Х	
GAB	GABON		Х	
GAM	GAMBIA		X	
GBR	GB & NI		Х	
GBS	GUINEA-BISSAU		X	
GEO	GEORGIA		Х	
GEQ	EQUATORIAL GUINEA		Х	
GER	GERMANY		X	
GHA	GHANA	X		
GIB	GIBRALTAR		Х	
GRE	GREECE		X	
GRN	GRENADA	X		
GUA	GUATEMALA		X	

Code	Member Federation	No visa	Visa upon	Visa in advance
GUI	GUINEA		х	
GUM	GUAM		х	
GUY	GUYANA		х	
HAI	HAITI		Х	
HKG	HONG KONG - CHINA	1	х	
HON	HONDURAS		Х	
HUN	HUNGARY		х	1
INA	INDONESIA		х	
IND	INDIA		х	
IRI	ISLAMIC REPUBLIC OF IRAN		Х	
IRL	IRELAND		х	
IRQ	IRAQ			Х
ISL	ICELAND		х	
ISR	ISRAEL		х	
ISV	US VIRGIN ISLANDS		х	
ITA	ITALY		х	
IVB	BRITISH VIRGIN ISLANDS		х	
JAM	JAMAICA	х		
JOR	JORDAN		х	
JPN	JAPAN		х	
KAZ	KAZAKHSTAN		х	
KEN	KENYA		х	
KGZ	KYRGHYZSTAN		х	
KIR	KIRIBATI	Х		
KOR	KOREA		х	
KOS	Kosovo		х	
KSA	SAUDI ARABIA		х	
KUW	KUWAIT		х	
LAO	LAOS		х	
LAT	LATVIA		х	
LBA**	LIBYA			Х
LBN	LEBANON			Х
LBR	LIBERIA		х	
LCA	SAINT LUCIA		Х	
LES	LESOTHO	Х		
LIE	LIECHTENSTEIN		Х	
LTU	LITHUANIA		Х	
LUX	LUXEMBOURG		Х	
MAC	MACAO		Х	
MAD	MADAGASCAR		Х	
MAR	MOROCCO		Х	
MAS*	MALAYSIA	Х		
MAW	MALAWI	Х		
MDA	MOLDOVA		Х	
MDV	MALDIVES	Х		
MEX	MEXICO		X	
MGL	MONGOLIA		X	

Code	Member Federation	No visa	Visa upon	Visa in advance
MHL	MARSHALL ISLANDS		Х	
MKD	FORMER YUGOSLAV REPUBLIC OF		X	
MLI	MALI			X
MLT	MALTA		X	
MNE	MONTENEGRO	1	Х	
MNT	MONTSERRAT	3	Х	
MON	MONACO		х	
MOZ	MOZAMBIQUE	Name of the last	х	
MRI	MAURITIUS	X		
MTN	MAURITANIA		X	
MYA	MYANMAR		Х	
NAM	NAMIBIA	х		
NCA	NICARAGUA		Х	
NED	NETHERLANDS		х	
NEP	NEPAL		X	
NFI	NORFOLK ISLAND		X	
NGR	NIGERIA		X	
NIG	NIGER		х	
NMI	NORTHERN MARIANAS ISLANDS		х	
NOR	NORWAY		X	
NRU	NAURU	x		
NZL	NEW ZEALAND		х	
OMA	OMAN		X	
PAK	PAKISTAN		X	
PAN	PANAMA		X	
PAR	PARAGUAY		X	
PER	PERU		X	
PHI	PHILIPPINES		X	
PLE	PALESTINE			X
PLW	PALAU		X	
PNG	PAPUA NEW GUINEA	X		
POL	POLAND		x	
POR	PORTUGAL		X	
PRK	DPR KOREA			x
PUR	PUERTO RICO		X	
PYF	TAHITI		X	
QAT	QATAR		X	
ROU	ROMANIA		X	
RSA*	SOUTH AFRICA	X	^	
RUS	RUSSIA ***	^	X	
RWA	RWANDA	X	^	
	SAMOA	X		
SAM		^		V
SEN	SENEGAL	V		X
SEY	SEYCHELLES	X		
SGP	SINGAPORE SAINT KITTS & NEVIS	X X		
SKN				

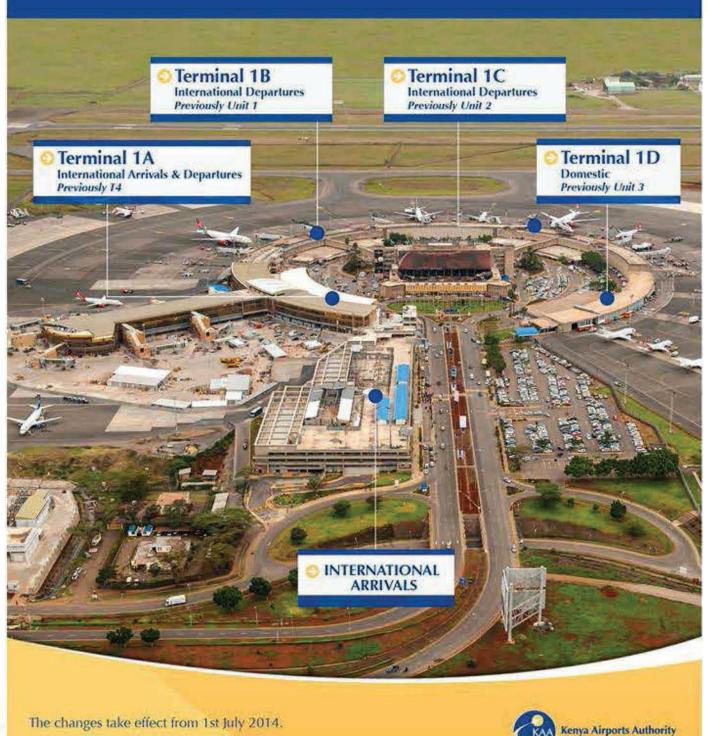
Code	Member Federation	No visa	Visa upon	Visa in advance
SLO	SLOVENIA		Х	
SMR	SAN MARINO		Х	
SOL	SOLOMON ISLANDS	X		
SOM**	SOMALIA			Х
SRB	SERBIA		X	
SRI	SRI LANKA		X	
SSD	SOUTH SUDAN	1	х	1
STP	DEM. REP. OF SAO TOME E PRINCIPE		х	
SUD	SUDAN		X	
SUI	SWITZERLAND		Х	
SUR	SURINAM		х	
SVK	SLOVAK REPUBLIC		х	
SWE	SWEDEN		Х	
SWZ	SWAZILAND	х		
SYR	SYRIA			Х
TAN	TANZANIA	X		
TGA	TONGA	х		
THA	THAILAND		х	
TJK	TAJIKISTAN			Х
TKM	TURKMENISTAN		X	
TKS	TURKS AND CAICOS ISLANDS		X	
TLS	EAST TIMOR		X	
TOG	TOGO		X	
TPE	CHINESE TAIPEI		X	
TTO	TRINIDAD & TOBAGO	X		
TUN	TUNISIA		X	
TUR	TURKEY		X	
TUV	TUVALU	X		
UAE	UNITED ARAB EMIRATES		Х	
UGA	UGANDA	х		
UKR	UKRAINE		Х	
URU	URUGUAY		Х	
USA	UNITED STATES OF AMERICA		Х	
UZB	UZBEKISTAN		Х	
VAN	VANUATU	x		
VEN	VENEZUELA		Х	
VIE	VIETNAM		Х	
VIN	SAINT VINCENT	x		
YEM	REPUBLIC OF YEMEN			Х
ZAM	ZAMBIA	х		
ZIM	ZIMBABWE	х		

<sup>\*</sup> For less than 30 days stay

<sup>\*\*</sup> There is Kenyan Embassy/Consulate in the country

<sup>\*\*\*</sup> Currently suspended

In order to meet international standards, KAA has renamed the Jomo Kenyatta International Airport (JKIA) units as detailed below.



"Setting our rights high"

### Kenya retain overall title at World Cross



Medallists - (From Left) Ethiopia, Kenya and Turkey -- on the podium after the Mixed Relay

Kenya's defending champion Geoffrey Kamworor retained the men's 10km title, while Irene Cheptai led a Kenyan medal sweep in the women's senior race as the east African long distance running powerhouse won the overall title at the IAAF World Cross Country Championships at Kampala's Kololo Independence Ground on March 26.

Kenya topped the medal table with four gold, five silver and three bronze. Ethiopia were second with four gold, four silver and one bronze and hosts Uganda were third with one gold and two bronze. Kenya opened the day with three-time world 1500m champion Asbel Kiprop leading the mixed relay team to gold followed by Ethiopia and Turkey.

But Uganda almost spoiled the party for the cross country giants with one individual gold medal that sent thousands of home fans, who included President Yoweri Museveni and First Lady Janet Museveni, who is also the country's Minister for Education and Sports, into delirium when through Jacob Kiplimo - they won the men's U20 race and almost won the senior men's 10km gold medal.

Kamworor produced a masterstroke when Ugandan champion Joshua Cheptegei appeared destined for victory in the senior men's 10km, having taken off and opened a wide gap after the second lap before withering and eventually staggering home in 30th place. Kamworor retained his senior men's title with fellow Kenyan Leonard Barsoton in second place.

In the mixed relay, Kiprop opened a huge gap in the first lap, with Winfred Nzisa Mbithe and Bernard Kipkorir taking the cue before Beatrice Chepkoech finished with a fast anchor leg to earn Kenya, cheered on by thousands of fans who had crossed the border, victory in 22:22.

Ethiopia's Genzebe Dibaba finished the final leg for a time of 22:30. Turkey, fielding entirely Kenyan-born athletes, took bronze in 22:37. "It's good and will remain in history that we won the first Mixed Relay," Kiprop told reporters.

"It was good to return to cross country after 10 years. I won the junior race in Mombasa in 2007 and I am happy to return and lead a Kenyan team to this historic win," he said.

Dibaba was gracious about her team's silver medal. "We could have won gold but our first two runners were a bit slow; they left me with a big gap to cover. However, I am happy with the silver," said the 24-year-old world 1500m record

holder and sister of former Olympic champion Tirunesh.

In an unprecedented performance, Kenyan women finished in the top six places in the senior women's 10km race, with national champion Irene Cheptai winning gold in 31:57. Olympic 1,500m champion Faith Kipyegon finished sixth in 32:49, the same time as Kenyan-born Bahraini Olympic 3,000m steeplechase champion, Ruth Jebet, who was seventh.

Defending champion Agnes Tirop was fifth, while Alice Aprot and Lilian Kasait took silver and bronze. Ethiopia's Letesenbet Gidey and compatriot Hawi Feysa took respective gold and silver in the women's U20 race with Kenya's Celliphine Chepteek Chespol taking bronze.

Kiplimo, Uganda's world U20 bronze medallist won the men's U20 race in 22:40, the first ever cross country gold medal for the hosts, whose most famous long distance runner is the London 2012 Olympic and 2013 World marathon gold medallist, Stephen Kiprotich. Ethiopia's Amdework Walelegn took silver in 22:43 and Kenya's Richard Yator bronze in 22:52.

#### **RESULTS**

#### **MIXED RELAY**

Kenya 22:22 Ethiopia 22:30

Turkey 22:37

#### WOMEN'S UNDER 20

Letesenbet Gidey (ETH) 18:34 Hawi Feysa (ETH) 18:57 Cellphine Chepteek Chespol (KEN) 19:02

#### **MEN'S UNDER 20**

Jacob Kiplimo (UGA) 22:40 Amdework Walelegn (ETH) 22:43 Richard Yator (KEN) 22:52

#### WOMEN'S SENIOR RACE(10KM)

Irene Chepet Cheptai (KEN) 31:57
Alice Aprot Nawowuna (KEN) 32:02
Lilian Kasait Rengeruk (KEN) 32:12
Hyvin Kiyeng Jepkemoi (KEN) 32:32
Agnes Jebet Tirop (KEN) 32:32
Faith Chepngetich Kipyegon (KEN) 32:49
Ruth Jebet (BRN) 32:50

#### **MEN'S SENIOR RACE 10KM**

Geoffrey Kamworor (KEN) 28:24 Leonard Barsoton (KEN) 28:36 Abadi Hadis (ETH) 28:43

#### **TEAMS STANDINGS**

#### MIXED RELAY

Kenya Ethiopia Turkey

#### WOMEN'S UNDER 20

Ethiopia 19 Kenya 20 Uganda 62

#### **MEN'S UNDER 20**

Ethiopia 17 Kenya 27 Eritrea 55

#### WOMEN'S (10KM)

Kenya 10 Ethiopia 45 Bahrain 57

#### MEN'S (10KM)

Ethiopia 21 Kenya 22 Uganda 72

### IAAF World U18 Championships website up and running

NAIROBI: Kenya's general public and the global athletics fraternity are currently engrossed with preparations for the IAAF World U-18 Championships, the second biggest athletics competition this year, after the World Championships to be held in London.

The World U18 event will be in Nairobi between July 12 – 16, while the senior championships will take place three weeks later in the United Kingdom metropolis. In order to update the sporting world about the countdown and preparations for the Nairobi event, a website was set up and launched by the First Lady, Mrs Margaret Kenyatta, on February 28.

The colourful ceremony was also graced by the Cabinet Secretary for Sports, Culture and The Arts, Dr Hassan Wario, top government bureaucrats and members of the Local Organising Committee (LOC), led by chairman Lt Gen (Rtd) Jackson Tuwei and Chief Executive Officer, Mwangi Muthee.

The website was designed by the LOC's ICT directorate and is overflowing with the latest news articles and profiles of top Kenyan athletes like double Olympic champion, David Rudisha, and multiple world champion, Vivian Cheruiyot. It also has important information in sections like accreditation, accommodation, volunteers, media and other key aspects of the LOC geared towards the competition.

During the launch, the First Lady said she is fully behind the forthcoming World U-18 Athletics Championships. Mrs. Kenyatta, who is also the championships patron, said she was pleased with the preparations for the championships.

The First Lady took her time and visited the Games Village at Kenyatta University and the championships venue at Kasarani stadium and was pleased with the progress at the sites.

"After the visits I am confident that the actualisation of the logistics are on course. I believe we will stage one of the best championships in the world," she said. Mrs. Kenyatta said the Government is proud of and will give full support to the young athletes.

"We wish our young athletes the best as they step up training towards the championships. This event, we believe, will grant us a fantastic opportunity to celebrate our diversity as Kenyans with the rest of the world," she said. While praising the website, the First Lady said it will act as a nerve centre for participants and stakeholders involved in the championships. "I urge those in charge of the website to ensure it works best to the development of the country because it is now the primary contact of Kenya to the rest of the world who are eager to register and take part in the event," Mrs Kenyatta concluded.



First Lady Margaret Kenyatta launches the Nairobi 2017 website

### **Competition Timetable**

DAY 1	a.m Wednesda	y, 12 Jul	У
09:30	Javelin Throw	В	QA
09:35	100m Dec	В	
09:40	Shot Put	G	QAB
10:00	100m	В	R1
10:25	Long Jump Dec	В	AB
10:45	Javelin Throw	В	QB
11:05	1500m	В	R1
11:10	High Jump	G	QAB
11:45	400m	G	R1
12:00	Shot Put Dec	В	AB
12:05	Hammer Throw	В	QA
12:10	Long Jump	В	QAB
12:40	400m	В	R1
13:20	Hammer Throw	В	QB

DAY 1	p.m Wednesday,	12 Jul	у
15:55	Opening Ceremony		
16:30	400m H	G	R1
16:35	High Jump Dec	В	AB
17:00	400m H	В	R1
17:10	Discus Throw	G	QA
17:40	100m	В	SF
17:50	Triple Jump	В	QAB
18:10	2000m SC	G	R1
18:25	Discus Throw	G	QB
18:35	Shot Put	G	Final
18:40	800m	В	R1
19:25	400m Dec	В	
19:50	100m	В	Final
20:00	3000m	G	Final

		1000	
DAY 2	a.m Thursday, 13	July	
09:30	110m H Dec	В	
09:35	Shot Put	В	QAB
09:55	1500m	G	R1
10:15	Discus Throw Dec	В	QA
10:20	100m	G	R1
10:45	High Jump	В	QAB
11:15	3000m	В	R1
11:25	Discus Throw Dec	В	QB
11:50	800m	G	R1
12:40	Hammer Throw	G	QA
12:45	110m H	В	R1
13:00	Pole Vault Dec	В	AB
13:25	400m H	G	SF
13:45	Hammer Throw	G	QB

DAY 2	DAY 2 p.m Thurday, 13 July				
16:18	Shot Put	G	MC		
16:23	100m	В	MC		
16:30	Javelin Throw Dec	В	Α		
16:50	Long Jump	В	Final		
17:00	Pole Vault	G	QAB		
17:05	400m H	В	SF		
17:22	3000m	G	MC		
17:35	100m	G	SF		
17:40	Javelin Throw Dec	В	В		
18:00	800m	В	SF		
18:30	Shot Put	В	Final		
18:35	400m	G	SF		
18:55	Javelin Throw	В	Final		
19:10	400m	В	SF		
19:27	Long Jump	В	MC		
19:46	1500m Dec	В	Final		
20:00	Shot Put	В	MC		
20:17	100m	G	Final		

DAY 3 a.m Fri	DAY 3 a.m Friday, 14 July				
09:30 100m H I	Нер	G			
09:50 Triple Jui	mp	G	QAB		
10:15 2000m S	C	В	R1		
10:20 Pole Vau	lt	В	QAB		
10:30 Discus T	hrow	В	QA		
10:45 High Jun	ір Нер	G	AB		
10:50 200m		G	R1		
11:45 Discus T	hrow	В	QB		
11:50 200m		В	R1		
MI A CA CACA CACA CACA CACA CACA CACA CA					

	100				
DAY 3 p.m Friday, 14 July					
16:17 Dectathlon	В	MC			
16:22 Javelin Throw	В	MC			
16:30 Hammer Throw	В	Final			
16:35 Shot Put Hep	G	AB			
16:40 110m H	В	SF			
16:57 100m	G	MC			
17:05 Triple Jump	В	Final			
17:10 800m	G	SF			
17:35 High Jump	G	Final			
17:45 200m Hep	G				
18:16 1500m	В	Final			
18:25 Discus Throw	G	Final			
18:35 2000m SC	G	Final			
18:45 Hammer Throw	В	MC			
18:55 400m	G	Final			
19:00 1500m	В	MC			
19:10 400m	В	Final			
19:15 Triple Jump	В	MC			
19:35 110m H	В	Final			
19:40 2000m SC	G	MC			

### **Competition Timetable**

DAY 4 a.m Saturday, 15 July				
09:30	Javelin Throw	G	QA	
09:35	10,000m Race Wall	В	Final	
10:10	Long Jump Hep	G	AB	
10:35	10,000m Race Wall	В	MC	
10:45	5000m Race Walk	G	Final	
10:45	Javelin Throw	G	QB	
11:00	High Jump	В	Final	
11:25	5000m Race Walk	G	MC	
11:35	100m H	G	R1	
11:40	Long Jump	G	QAB	
12:03	High Jump	G	MC	
12:05	Javelin Throw Hep	G	Α	
12:08	Discus Throw	G	MC	
12:20	4 x 400m Mixed R		R1	
12:45	400m	G	MC	
12:50	400m	В	MC	
13:15	Javelin Throw Hep	G	В	

DAY 4 p.m Saturday, 15 July				
16:22 110		B	MC	
16:30 Ham	nmer Throw	G	Final	
16:35 Pole	<b>Vault</b>	G	Final	
16:45 100r		G	SF	
16:50 Trip	le Jump	G	Final	
17:02 High	i Jump	В	MC	
17:10 200r	n	G	SF	
17:35 200r		В	SF	
18:00 400r	m H	G	Final	
18:15 400r	m H	В	Final	
18:21 Disc	us Throw	В	Final	
18:30 1500	)m	G	Final	
18:37 4001		G	MC	
18:42 4001	m H	В	MC	
18:52 800r	т Нер	G	Final	
19:18 Han	nmer Throw	G	MC	
19:23 Pole	<i>Vault</i>	G	MC	
19:38 800r	n	В	Final	
19:42 1500	)m	G	MC	
19:47 Tripi	le Jump	G	MC	





# **NIVERSITY**

# KENYATTA PARTNERS LAAF World U18 Championships



- July 12th - 16th 2017

Kenyatta University is a community of scholars committed to the generation and dissemination of knowledge and cultivation of wisdom for the welfare of society.

Located off Thika Superhighway, the University is the largest in Kenya with a diverse student population of 74,000 spread across ten campuses. A sizeable proportion of our students enrolled in various programmes are from all over the world.

We have consistently been ranked among the top Universities in Africa. In 2016, we were ranked the number one sports University by CPS Research International.

Our vision is to be a dynamic, inclusive and competitive centre of excellence in teaching, learning, research and service to humanity.

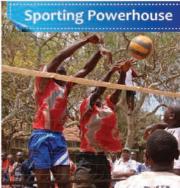
We discover and share knowledge through research, academic programs, promotion of the arts and athletics. Through Chandaria business innovation incubation centre, we are committed to self employment and entrepreneurship.













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### Governor welcomes the global athletics fraternity to Nairobi



Mwangi Muthee, the CEO of the Local Organising Committee, leads the Governor of Nairobi Country, Dr Evans Kidero, and his entourage to a tour of the competition and warm up areas on March 30 at Kasarani where the IAAF World U18

Championships will take place.

Nairobi County Governor Evans Kidero made an extensive tour on March 30 of the facilities that will host the World U18 Championships planned for July 12-16 at the Moi International Sports Centre, Kasarani. Dr Kidero, who was accompanied by a high profile delegation from his County government including the deputy Governor, Jonathan Mueke, was taken through the tour by the World U18 Chief Executive Officer of the Local Organising Committee, Mr Mwangi Muthee.

The tour, which took an estimated four hours, started at the Moi International Sports Centre, Kasarani, which will be the epicentre of the global event, where Dr Kidero and his team inspected the main competition arena and the warm-up track. Then the entourage moved to Kenyatta University where the Athletes Village will be situated. They spent time overseeing the ongoing construction and refurbishment of the hostels, kitchen and training track. Addressing the media after the tour, Dr Kidero promised to support the LOC, adding that his Government will ensure that all the major infrastructure will be improved before the championships.

Dr Kidero also said a joint stakeholders meeting would be held again to assess requirements and needs at all venues and places where the event will be hosted. He added that the meeting would be crucial to institute good planning as well as to avoid any duplication of work that could lead to unnecessary delays. The meeting will include top officials from Kenya Urban Roads Authority (KURA), Kenya Highway Authority (KenHa), Kenyatta University, Ministry of Energy and Sports, Culture and the Arts and Kenya Power and Lighting Company.

"Already, I have talked to KenHa and we shall have designated lanes for the championships starting from the Jomo Kenyatta International Airport to Kasarani and Kenyatta University," said Dr Kidero. Dr Kidero disclosed that several local artists will be involved in promoting the event before and after with musical performances.

"I am satisfied with the level of preparedness and I should commend the LOC for the good work they are doing," said Dr Kidero, adding that the idea to have an Athletes Village was wise since security will be at top notch with the athletes and officials residing in one place.

"This will definitely be a platform to showcase Kenya's capacity to host big events and the success of the championships will unlock not only Nairobi City's potential but also the country's," said Dr Kidero.

Muthee thanked Nairobi County Government for responding to the call to consider the dedicated traffic lane, which will be used by visiting delegations to ensure traffic flow from the airport to the competition venues, media and Athletes' Villages.

"I am happy the Nairobi County Government has come in a full force to support the event," said Muthee.



### **LOC's Media Committee lines up** countrywide media training



s Makori, a member of IAAF Media Advisory Committee and a member of the LOC Media and Broadcasting Committee and Olympic 5,000m champion, Vivian Cheruiyot during the media training in Eldoret in January

Nationwide training for reporters has been set in motion by the Media and Broadcasting Directorate of the Local Organising Committee (LOC) of the IAAF World U18 Championships, Nairobi 2017. Since the LOC organised a Media Breakfast on October 13 at the Intercontinental Hotel, which was attended by top Government officials, including a senior advisor of President Uhuru Kenyatta

on Social Affairs and International Affairs, Mrs Ruth Kaggia, the Directorate has worked hard to get word out on the forthcoming event.

Headed by Mr Chris Mutungi of the Kenya Broadcasting Corporation (KBC) and Nahum Okwiya, as the deputy, the Directorate also boasts a wealth of experience, knowledge and expertise on media matters. The Directorate includes Elias Makori, a member of the IAAF President's Media and Communications Advisory Board, who is also The Nation Group Managing Editor for Sports. Also adding expertise is Isaack Omulo Okoth, the former Senior Associate Editor for Sports of The Standard Newspaper who retired from the company last April after serving for three decades. Other members include Michael Kwambo, who is in charge of the Digital Platforms, a task that he also performs for Kenya Rugby Union, and youthful members Virginia Munyao and Margaret Wariko, who handle technical and administrative matters at the LOC's Secretariat's Media office.

The team is working closely with award-winning photographer Mohamed Amin, whose images have graced many global publications. The Directorate has lined up a series of training events for the media throughout the country which started in Nairobi in December, and proceeded to Eldoret in January and Mombasa in March. The remaining legs are Kisumu/ Kakamega (Western circuit), Nakuru/Kericho (Lower Rift Valley circuit) and Nyeri/Meru (Central Kenya circuit).

"We expect you guys to propagate this information to the general public to know what is coming in July. We will expect the stadium to fill up and that is your mandate," said Mwangi Muthee, the LOC Chief Executive.



Participants during the Media training in Mombasa in March

### **LOC Approves Accommodation For Event**

NAIROBI, April 1 – The Local Organising Committee (LOC) for the IAAF World U18 Championships Nairobi 2017 has approved a list of five hotels that will accommodate officials and journalists during the event in Nairobi.The global championships will take place between July 12 and 16.

While addressing top officials of the International Association of Athletics Federations (IAAF) who were in Nairobi for a site visit on March 29, LOC Chief Executive Officer, Mwangi Muthee, confirmed a subsidy for journalists at the Kenya School of Monetary Studies (KSMS), which will be the official Media Hotel.

IAAF Family will be at the Windsor Golf Club and Country Hotel, while IAAF sponsors and partners and technical staff will be at the Safari Park Hotel, just across the road from Moi International Sports Centre, Kasarani, where the global championships will take place. Local technical officials will be at the Sports View Hotel, also just next door to the Stadium and Stadion Hotel, which is within the precincts of the stadium.

Kenyatta University will be the venue for the Athletes' Village, the first time this championships will have had such an arrangement, which is similar to the Olympics or World Championships.

Some of the hotels that will be used during the Competition by the IAAF Family



Windsor Hotel

IAAF family Hotel

Kiambu Road

Website:

www.windsorgolfresort.com



Safari Park Hotel
Technical and LOC Teams
Thika Road, Nairobi
Website:
www.safariparkhotel.com



Kenya school of Monetary studies

Media Team Hotel.

Thika Road

www.ksms.or.ke



Kenyatta University
Athletes accommodation and
Village
Thika Road
www. Ku.ac.ke



Stadion Hotel Local Technical teams Hotel Kasarani, Thika Road www.stadiumskenya.co.ke

### Kiplimo: Uganda's trump card in World U18

NAIROBI, April 1 – In Jacob Kiplimo, Uganda has a potential candidate to challenge east African rivals Kenya for the gold during the 10<sup>th</sup> IAAF World U18 Championships from July 12-16 in Nairobi.

Those who watched the World Cross Country Championships in Kampala, Uganda, on March 26 saw a 16-year-old lad — he only turns 17 on November 14 - destined for gold just by observing his body language. Those who knew him pointed fingers, telling Kenyan runners to beware of him since he could pull a surprise by the end of the Men's U20 race.

Many people were left wondering if indeed he was an athlete from Uganda or one of the many who have been changing citizenships from Kenya. In fact this athlete comes from the Sebei community, who reside on the slopes of Mt Elgon in Uganda. He is the first athlete to win World Cross Country gold for Uganda after defying traditional talent from Kenya and Ethiopia.

"When I got a chance to be in the team, I knew Kenyans and Ethiopians were tough and I had to do a lot of training to tackle them," Kiplimo told Daily Nation Sport. From the start to the finish, Kiplimo ran a tactical race, avoiding burn-out since the weather was so hot and finally; sending the Ugandan fans who had filled the stadium into wild celebration.

"I had to run ahead of the Kenyans and Ethiopians to avoid a mistake and I knew if they increased their pace, I would be in a better position to win," he said. Getting to the last lap, he increased his pace to see if the athletes would respond but they didn't and that is how he knew that he had the

gold in the bag.

"I upped my speed and when they didn't react, I knew my time to take a gold had come and I was very happy to win," said Kiplimo. His crowning moment came when he greeted the president of Uganda, Yoweri Museveni after his victory.

"After winning, I went to greet the President who was there to witness the historic moment and it made me proud since I had never met him before. I was happy the head of state was there to see me win gold for our country," said the champion. Kiplimo added that he was going back to training and he was hoping to be in the Ugandan team for the World Championships.

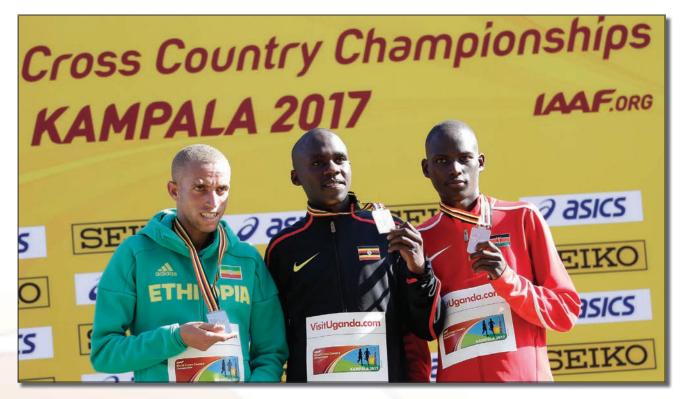
"I'm still young and I want to do more. I have a bright future and I'm eyeing the two championships - Worlds and Under 18 championships," said the athlete. He added that he wanted to make a name for himself by winning the big events either in the Olympics Games or the World Championships.

"I believe I have got enough experience to win a gold medal in the World Championships this year or Olympics Games in 2020 and that is why I want to start training immediately," said Kiplimo.

When Kiplimo is not in Kiamanga Seed Secondary School, he is training in Italy with Tuscany Athletics club. During the Olympics Games in Rio de Janeiro, Brazil, Kiplimo was the youngest competitor in the 5,000m. He finished 11th in his heat but failed to reach the final, which was won by Britain's Mo Farah.

Earlier in 2016 Kiplimo won 10,000m bronze in the IAAF World Under 20 Championships in Poland.

Jacob Kiplimo (Centre) displays the first gold he won in the IAAF World Cross Country Championships at the Kololo Independence Grounds in Kampala Uganda on March 26, 2017. Amdework Walelegn (Left) of Ethiopia - Silver and Richard Kimunyan of Kenya - Bronze.



### **LOC EQUIPMENT**

Field equipment including two dozen each of javelin, discus, hammer and shot put was handed over for the use by young male and female Kenyan athletes by Mr Mwangi Muthee, Chief Executive of the IAAF World U18 Championships Local Organising Committee, as part of Team Kenya's preparations for the global event.

The equipment, donated in January, was distributed to training camps around the country. "Kenya will enter competitions in all events and we want to ensure we win in every event, including the field events which have been a challenge to our boys and girls in past editions of the World Under-18 Championships," said Muthee.

With Muthee at the function were Team Kenya chairman Barnabas Korir, Athletics Kenya (AK) Senior Vice Chairman Paul Mutwii, AK CEO Susan Kamau, coaches Joyce Odhiambo, Esther Kavaya and Caroline Kola, former world 800m champion Billy Konchellah and Jonathan Koskei.

"We know the Team is being managed professionally," said Muthee "We shall also support logistics of the team, hospitality, etc at the 12 camps spread all over the country."

Also present were Celliphine Chepteek Chespol, who won 2,000m Steeplechase at the last World U18 Championships in Cali, Colombo two years ago

and bronze medallist in this year's IAAF World Cross junior women's race, and world javelin champion and Olympic silver medallist Julius Yego.

Mutwii said: "We are happy to receive the equipment, which we have been lacking. Camps started in August. Now we are equipped well and ready to train for the event. Kenya has only dominated in track events, but not fully exploited potential because of lack of field event equipment. Our joy is that with equipment we are able to train well. We will now compete favourably."

Team Kenya ChairmanKorir added: "Camps started in August last year, the challenge we had was equipment to prepare the team that has always seen us become No. 2 to the US or China. There are 12 camps around the country. The idea was to have them in every region. Some of them are in Sangoro (Nyanza South), Keringet (South Rift Valley), Nyeri, Iten and Kapsabet."

Yego commented: "This is a good boost for the team. Field events preparations should have started, because athletes need to muster the field and tartan track experience early. I am also focusing on my world title defence in London this summer, but I will visit the young athletes in camps to inspire them."

Chespol said: "Training is what matters. We were second in 2015 in Cali. But at home we must top. We will be on top. We won't accept defeat".



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