

## TAMPERE 2018

**10.-15.7.2018** TAMPERE STADIUM





## TABLE OF CONTENT

essage	IAAF President's me
essage	Mayor of Tampere's me
Council	IAAF C
egates	Competition dele
ucture	LOC organisational str
n brief	Tampere ii
mation	Team hotels inform
ty map	Cit
netable	Tim
ea map	Stadium are
layout	Track
mation	Visa inforr
Tickets	Т
water	Drinking



#### IAAF PRESIDENT'S MESSAGE

It is with great pleasure that I write this greeting for the bulletin of the IAAF World U20 Championships Tampere 2018 (10th to 15 July).

Uniquely in the world, Finland's national summer sport is track and field athletics. The country's love affair with our sport began as it independence and identity was forged in the early years of the last century by the feats of its world famous athletes. Hannes Kolehmainen, Paavo Nurmi, Ville Ritola among other distance runners are said to have run Finland onto the world map.

With a population of only five million, virtually half the size of Greater London, Finland punches above its athletics weight. With 49 Olympic track and field champions to date, the country is arguably the modern spiritual home of Athletics.

Tampere is at the heart of that national athletics culture with the club Tampereen Pyrintö, whose 16,000 seater Ratina stadium hosts these World Under-20 Championships, producing many Olympic medallists over the decades. The most famous athlete to wear the red and white club colours was the world record breaking decathlete Akilles Järvinen, the 1928 and 1932 Olympic silver medallist, whose father Verner and brother Matti, competing for other clubs, were both Olympic gold medallists.

Finland was one of the 17 founding members of the IAAF in 1912 and has since developed a world renowned reputation for successfully hosting major athletics events, including one Olympic Games, two World Championships and three European Championships.

The last IAAF World Athletics Series event hosted by the Finnish Athletics Federation were the 2005 Helsinki IAAF World Championships. There Tampere's Tommi Evilä, more recently a member of the IAAF Athletes' Commission, struck bronze in the long jump. Tampere has itself plenty of major organisation experience, as the venue for the 2003 European U20 Championships and most recently the 2013 European U23 championships.

The combination of an unrivalled national athletics culture, vast hosting experience and an athletics-loving city, will ensure that the IAAF World U20 Championships Tampere 2018 this July will be an athletics meeting to savour.

#### Sebastian Coe

**IAAF** President

### WELCOME TO TAMPERE!

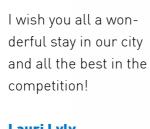
In our city the sports are not simply a leisure time activity, not only something to do with your spare time. We live and breathe sports, any sport. We people of Tampere take our sports seriously, yet not too seriously since the main goal is to enjoy.

We love to cheer on our teams and athletes with passion, but rally also for the talented ones who are not representing Tampere on Finland. An athlete performing their very best while pursuing the world's best records initiates a spark in every heart. It is a spark of passion and enthusiasm. These are the elements needed in becoming one of the very best.

As the City of Tampere our main goal is to support and enable the initiation of these sparks. Whether it is the possibility to be able train indoors during the winter months or try out a new sport, it is our mission to lower the barrier to entry any sports. As a part of this mission, we are constructing many new great things, for instance to better transportation reachability around the city including the sport venues. You may have noticed the Tram construction sites and also the construction of the Deck and the Arena in the railway station area. The new Finland's largest multipurpose Arena will house sport events offering excitement, chills and thrills to about 13 000 people.

One of the reasons why it is important to us is us being the most popular student city in Finland. Approximately 30 000 students live in Tampere. They are the most pleased ones with the sport services provided to them by our universities when taking a look in all the universities and their students in Finland, states the study. This is one of the strong suits of Tampere, which will be taken in consideration when the new foundation-based Tampere University is formed through a merger between the University of Tampere and Tampere University of Technology. This new university will become one of the biggest universities in Finland matching with the University of Helsinki by the number of students.

But just like in sports, the scale and size are not what matters. The caring, enabling and empowerment are among our intrinsic values. Our key driver is to offer possibilities to the young professionals to bloom. Thus, we have been eagerly waiting for the IAAF World U20 Championships. It is our pride and joy to be a part of this.



**Lauri Lyly**The Mayor

## IAAF COUNCIL

President

Senior Vice-President

**Vice-Presidents** 

**Treasurer** 

**Individual Members** 

Lord Sebastian Coe (GBR)

Sergey Bubka (UKR)

Dahlan Al Hamad (QAT)

Hamad Kalkaba Malboum (CMR)

Alberto Juantorena Danger (CUB)

José María Odriozola (ESP)

Roberto Gesta De Melo (BRA) - South America\*

Nawal El Moutawakel (MAR)

Abby Hoffman (CAN)

Anna Riccardi (ITA)

Pauline Davis-Thompson (BAH)

Geoff Gardner (NFI) - Oceania\*

Sylvia Barlag (NED)

Ahmad Al Kamali (UAE)

Frank Fredericks (NAM)\*\*

Bernard Amsalem (FRA)

Zhaocai Du (CHN)

Victor Lopez (PUR) - NACAC\*

Stephanie Hightower (USA)

Hiroshi Yokokawa (JPN)

Antti Pihlakoski (FIN)

Mikhail Butov (RUS)

Adille Sumariwalla (IND)

Nawaf Al Saud (KSA)

Svein Arne Hansen (NOR) - Europe\*

Karim Ibrahim (MAS) – Asia\*

Vivian Gungaram (MRI) – Africa\*

<sup>\*</sup>Area Group Representative

<sup>\*\*</sup>Provisionally suspended

## WU20 TAMPERE 2018 EVENT DELEGATES

Technical Delegates (2)

Medical Delegate (1)

Anti-Doping Delegate (1)

**Broadcast Delegate (1)** 

Press (1)

Statisticians (1)

Announcer - English (1)

Photo Finish Judge (1)

International Starter (1)

Jury of Appeal (3)

International Technical Officials (10)

International Race Walking Judges (6)

Keith DAVIES (GBR)
Mats SVENSSON (SWE)

Stéphane BERMON (FRA)

Zakia BARTEGI (TUN)

Frederic SANCHEZ (FRA)

Olaf BROCKMANN (GER)

Andras SZABO (HUN)

Kris TEMPLE (GBR)

Ville AHO (FIN)

Vesa ARTMAN (FIN)

Sylvia BARLAG (NED)
Giovanni CARDONA (COL)
Can KORKMAZOGLOU (TUR)

Par HÖLM (SWE) - Chief Suren AYADASSEN (MRI) Antonio COSTA (POR) Peter HAMILTON (AUS) Amit NE'EMAN (ISR) Ronan O'HART (IRL)

Loreto PEREZ ROMAN (ESP)
Claudia SCHNECK (BRA)

Patrick VAN CAELENBERGHE (BEL)

Luca VERRASCINA (ITA)

Rolf MÜLLER (GER) – Chief Kirsten CROCKER (AUS) Anne FRÖBERG (FIN)

Wang Tak FUNG (HKG)

Joaquim Daniel RAMOS DA GRACA (POR)

Reginald WEISSGLAS (USA)

## LOC ORGANISATIONAL STRUCTURE

Perttu Pesä

Saila Asumaniemi

Elisa Hakanen

Ilkka Vilonen

Tuuli Merikoski Antti Pihlakoski

Saara Saarteinen

Anna-Maria Maunu

Pekka P. Paavola

Mikko Heinonen

Jari Tolvanen

Pasi Oksanen

i asi Uksaileli

Jarmo Hakanen

Eira Kähtävä

Tiina Haapanen

Esa Koivisto

Ari Kuusela

Mika Muukka

Jarmo Mäkelä

Pirjo Puskala Jukka Ahonen **President** 

Vice-president

**General Secretary** 

President / Sport Club Tampereen Pyrintö

Member of the Board / Sport Club Tampereen Pyrintö

**IAAF Council** 

Visit Tampere / Head of Event Services

City of Tampere / Director of Communication

City of Tampere / Director Sport and Youth Services

City of Tampere / Sport Services

City of Tampere / Sport Services

**Competition Director** 

Finance

Office Manager

Marketing Manager, Ticketing

Security

Security

Finnish Athletics Federation

Finnish Athletics Federation

Finnish Athletics Federation

**HB YLE Producer** 



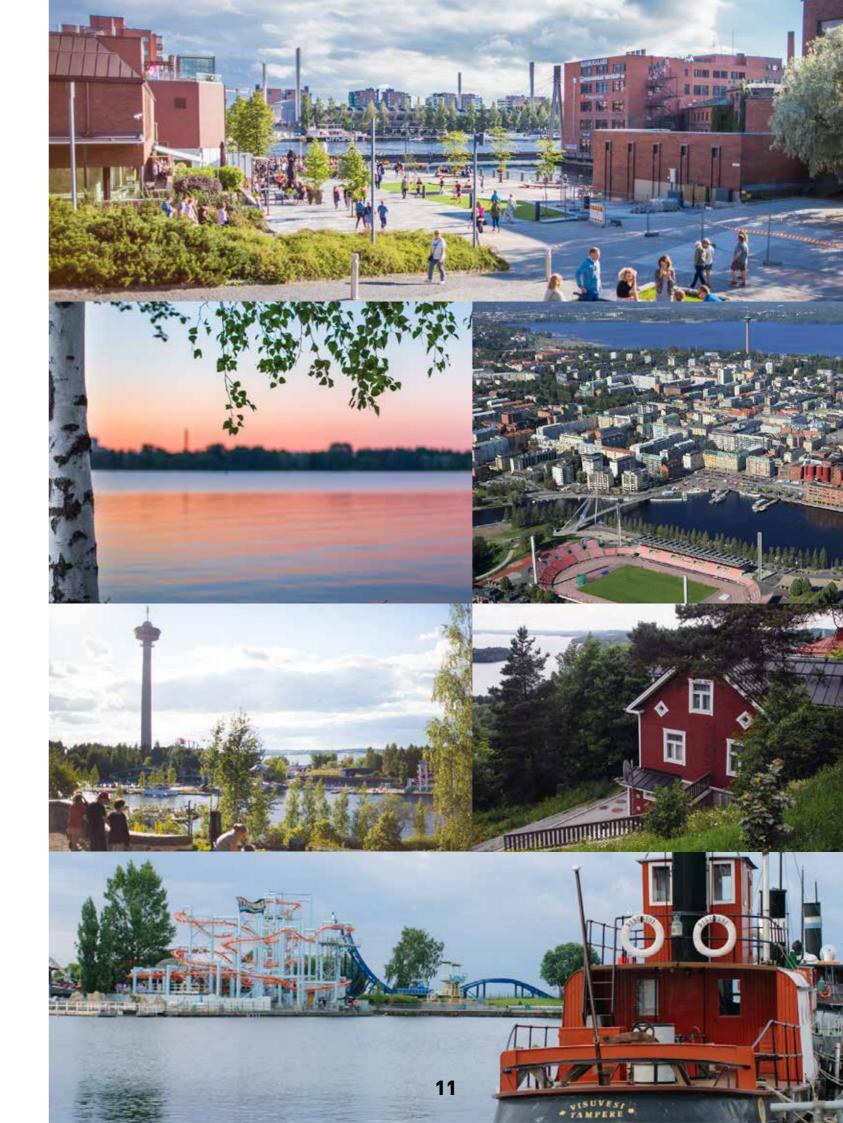
## **TAMPERE**

The Tampere Region is one of Finland's fastest growing centres. Currently there are about 230 000 inhabitants in Tampere, and close to half a million inhabitants in Tampere Region, which comprises Tampere and its neighbouring municipalities.

The City was founded by Sweden's monarch, Gustavus III, in 1779. Tampere has a monumental industrial history: the Finlayson cotton mill was the first large-scale industrial enterprise in Finland and it was in fact in Finlayson's factory hall that the first electric light in the Nordic countries was lit.

Today Tampere is a centre of leading-edge technology, research, education, culture, sports and business. It is Finland's third largest city as well as the largest inland city in the Nordic countries. Tampere is located on an isthmus between lakes Näsijärvi and Pyhäjärvi, amidst beautiful scenery.

In the Tampere Region, the duration of the day varies considerably between seasons. During the Championships the length of the day is nearly 19 hours.



# TEAM HOTEL INFORMATION

Tampere offers high quality accommodation for the teams. Almost all the hotels are located within the walking distance of the Stadium, with the farthest being approximately two kilometer away.



SCANDIC TAMPERE STATION



SCANDIC TAMPERE CITY



SCANDIC TAMPERE HÄMEENPUISTO



SCANDIC TAMPERE KOSKIPUISTO



SCANDIC HOTEL ROSENDAHL



HOLIDAY INN



VARALA SPORT INSTITUTION

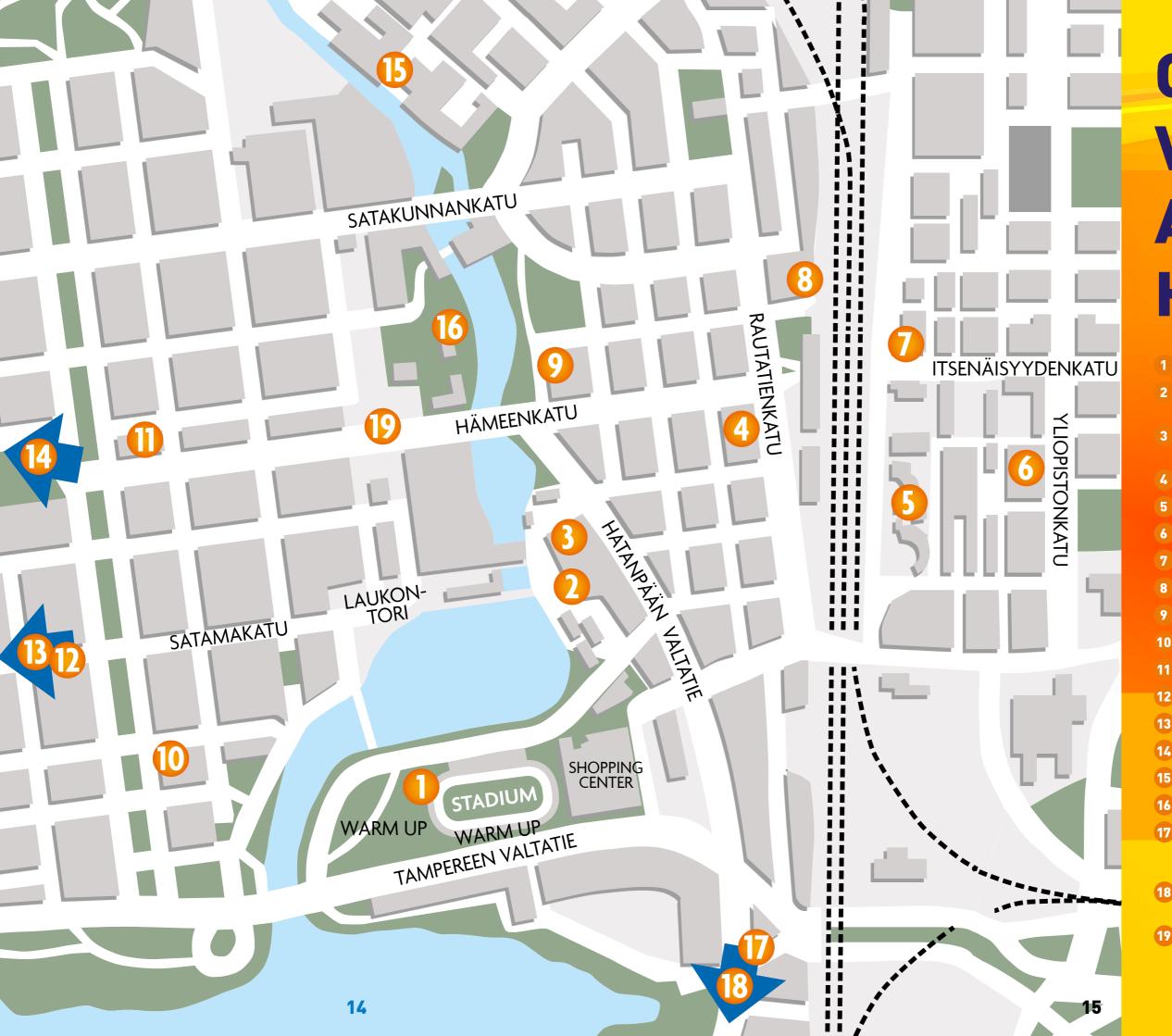


SOLO SOKOS HOTEL TORNI



LAPLAND HOTELS TAMPERE

12



# OFFICIAL VENUES AND HOTELS

- 1 Tampere Stadium
- 2 Restaurant Ranta / Restaurant Poro Final Banquet
- 3 Sokos Hotel Ilves IAAF Family & Media
- 4 Hotel Scandic Tampere City
- 5 Sokos Hotel Torni
- 6 Lappland Hotel
- 7 Hotel Scandic Tampere Station
- 8 Holiday Inn Tampere Central Station
- 9 Hotel Cumulus Koskikatu
- 10 Hotel Cumulus Hämeenpuisto
- 11 Forenom Aparthotel Tampere City
- 12 Varala Sport Institute
- 13 Hotel Rosendahl
- 14 Pyynikki (training field)
- 15 Museum Centre Vapriikki
- 16 Laikun lava
- 17 Tampere Exhibition and Sports Centre warm up and training for long throws,
  10 mins by bus
- Tampere airport 20 mins by bus
- 19 Market Square

## DAY 1

**TUESDAY, 10 JULY** 

I RUN CLEAN 16

#### **MORNING**

9:00	Javelin Throw	W	QA
9:05	100m Dec	М	
9:10	Shot Put	М	QA
9:30	3000m SC	W	R1
9:50	Long Jump Dec	М	AB
10:05	1500m	М	R1
10:20	Javelin Throw	W	QB
10:24	Shot Put	М	QB
10:40	800m	W	R1
11:20	Long Jump	М	QAB
11:30	100m	М	R1
11.45	Shot Put Dec	М	ΔR

#### **EVENING**

16:00	High Jump Dec	М	AB
16:15	Pole Vault	W	QAB
16:45	Discus Throw	W	QA
16:50	400m	W	R1
17:40	5000m	W	F
18:05	Discus Throw	W	QB
18:10	Shot Put	М	F
18:15	400m Dec	М	
18:50	10.000m	М	F

## DAY 2

**WEDNESDAY, 11 JULY** 

#### **MORNING**

9:00	110m H Dec	М	
9:30	110m H	М	R1
9:50	Discus Throw Dec	М	Α
10:15	Shot Put	W	QA
10:30	400m H	W	R1
11:00	Discus Throw Dec	М	В
11:20	400m	М	R1
11:30	Shot Put	W	QB
12:20	Hammer Throw	М	QA
12:27	100m	W	R1
12:40	Pole Vault Dec	М	AB
13.40	Hammer Throw	М	ΩB

#### **EVENING**

16:30	Javelin Throw Dec	М	Α
16:35	Shot Put	W	F
16:40	110m H	М	SF
17:00	Pole Vault	М	QAB
17:10	800m	W	SF
17:40	Javelin Throw Dec	М	В
17:50	100m	М	SF
17:55	Long Jump	М	F
18:25	400m	W	SF
18:50	Javelin Throw	W	F
18:55	3000m	W	F
19:25	1500m Dec	М	F
20:05	100m	М	F

## DAY 3

**THURSDAY, 12 JULY** 

#### **MORNING**

9:30	100m H Hep	W	
9:40	Hammer Throw	W	QA
10:00	3000m SC	М	R1
10:18	Long Jump	W	QAE
10:30	High Jump Hep	W	AB
10:35	400m H	М	R1
10:55	Hammer Throw	W	QB
11:30	200m	М	R1

#### **EVENING**

EVENI	NG		
18:00	100m	W	SF
18:05	Shot Put Hep	W	AB
18:20	Pole Vault	W	F
18:25	200m	М	SF
18:50	400m H	W	SF
19:15	200m Hep	W	
19:20	High Jump	М	AB
19:35	Discus Throw	W	F
19:40	400m	М	SF
20:10	400m	W	F `
20:25	1500m	М	F
20:48	800m	W	F
21:02	110m H	М	F
21:15	100m	W	F

## DAY 4

FRIDAY, 13 JULY

#### **MORNING**

9:30	Javelin Throw	М	QA
9:35	100m H	W	R1
10:00	Long Jump Hep	W	AB
10:25	800m	М	R1
10:45	Javelin Throw	М	QB
11:20	1500m	W	R1
11:40	High Jump	W	QAB
12:00	200m	W	R1
12:10	Javelin Throw Hep	W	Α
13:20	Javelin Throw Hep	W	В

#### **EVENING**

McLAUGHUN

FAFIAI	NO		
17:50	Hammer Throw	М	F
18:00	Triple Jump	М	QAB
18:05	4 x 100m Relay	W	R1
18:30	4 x 100m Relay	М	R1
19:00	800m Hep	W	F
19:28	400m H	М	SF
19:43	Long Jump	W	F
20:02	200m	W	SF
20:26	400m H	W	F
20:35	400m	М	F
20:45	3000m SC	W	F
21:20	200m	М	F

## DAY 5

**SATURDAY, 14 JULY** 

#### **MORNING**

9:30	Discus Throw	М	QA
9:35	10,000m R.Walk	W	F
10:00	Triple Jump	W	QA
10:40	High Jump	М	F
10:45	10,000m R.Walk	М	F
10:50	Discus Throw	М	QB
11:50	4 x 400m Relay	W	R1
12:15	4 x 400m Relay	М	R1

#### **AFTERNOON**

13:20	Hammer Throw	W	F
13:50	Pole Vault	М	F
13:55	100m H	W	SF
14:30	800m	М	SF
14:59	Triple Jump	М	F
15:05	200m	W	F
15:20	5000m	М	F
15:25	Javelin Throw	М	F
15:52	400m H	М	F
16:04	4 x 100m Relay	W	F
16.40	4 x 100m Relay	М	F

## DAY 6

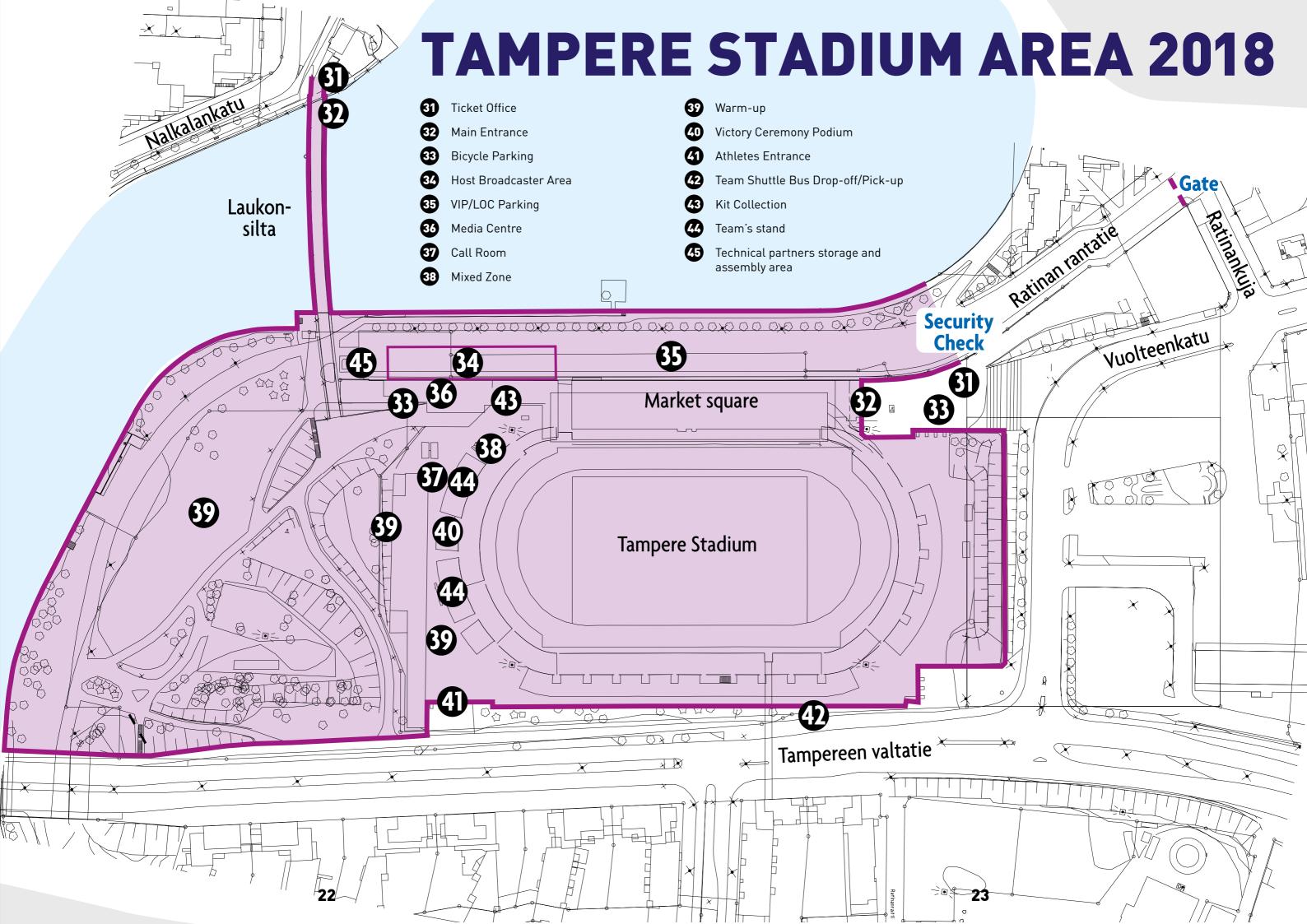
**SUNDAY, 15 JULY** 

#### **AFTERNOON**

13:30	High Ju	ımp	W	F
13:35	100m F	1	W	F
13:40	Discus	Throw	М	F
13:45	3000m	SC	М	F
14:00	Triple .	Jump	W	F
14:15	1500m		W	F
14:34	800m		М	F
14:58	4 x 400	m Relay	W	F
15:28	4 x 400	m Relay	M	F







# TAMPERE STADIUM - OUR RATINA

#### SITUATED IN THE MIDDLE OF THE TOWN

700 metres from the Central Square and 1000 metres from the Main Railway Station.

#### PART OF THE OLYMPIC MOVEMENT

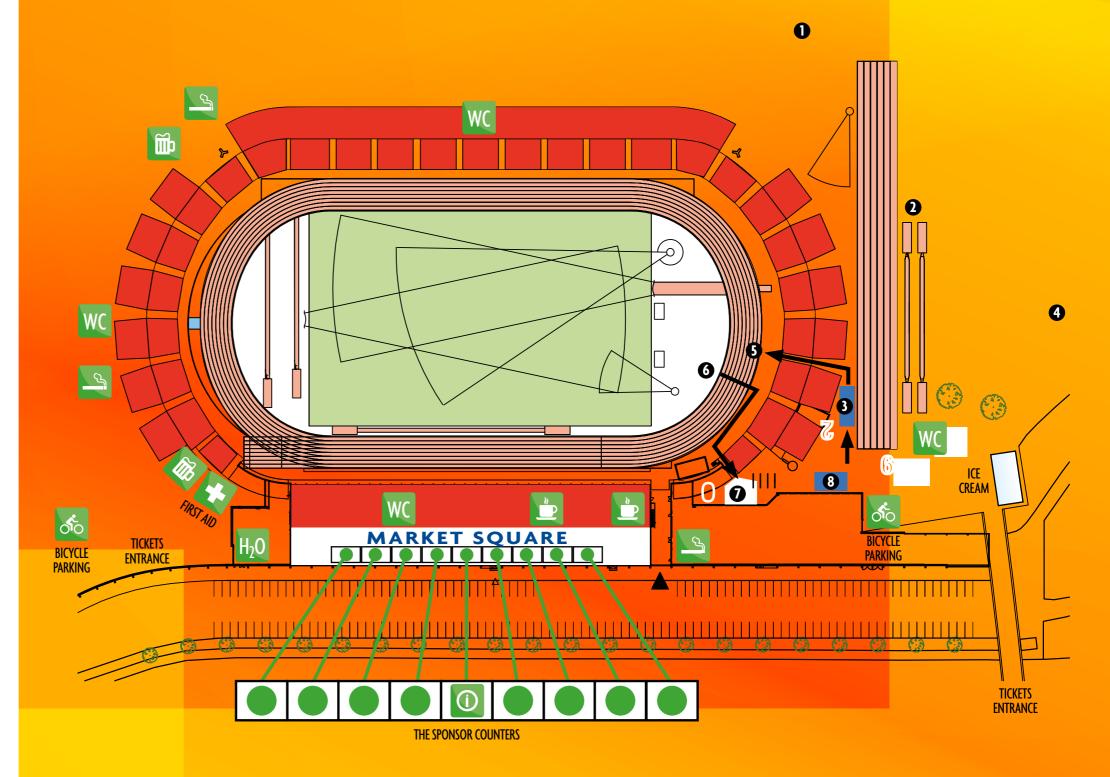
Prior to the construction of the current stadium, in Ratina there was a sports field on the site which hosted a number of football matches during the Helsinki Olympic Games of 1952.

#### **CURRENT STADIUM**

- Construction was completed in 1966.
- Major renovations have been made over the years. For example: partly new layout and new track surface 2016
- Has IAAF class 1 certificate

Tampere Stadium has approximately 16,800 seats, of which 4000 are located in the main tribune. When the field area is in use, for example in concerts, the audience capacity can increase to around 30000.

## TRACK LAYOUT



- 1 Entrance for Athelets
- Warm-up area (+ Ratinanniemi)

- 3 Call Room
- Teams physio (Ratinanniemi)

- 5 To infield
- 6 To mixed zone

- 7 Mixed zone
- 8 Kit collection

## VISA INFORMATION

Finland is a member state of the Schengen area. The Schengen states have jointly agreed which countries' citizens are required to present a visa. Each Schengen state decides which passports and travel documents it accepts from different countries' citizens.

You can find a list of countries whose citizens are visa nationals and require visas to enter Finland from the Competition website:

http://tampere2018.com/visa/

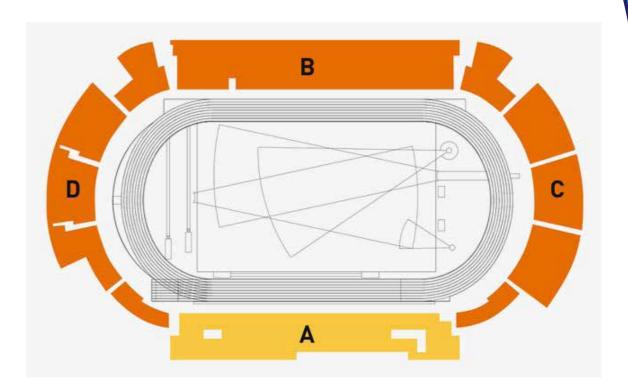
It has been agreed with some countries within the Schengen Area that they can deal with visa applications for Finland. In such cases, you are advised to apply to the mission of those Schengen states. Schengen member states are Austria, Belgium, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden and Switzerland.

Even if you do not need a visa to visit Finland, you need a valid passport or some other travel document accepted by Finland. It must be valid for at least 90 days after your intended date of departure from the Schengen area.

In addition, the passport or other travel document must have been issued no later than ten years ago.

Please notice that citizens of some countries need a transit visa. You can find those countries from our website http://tampere2018.com/visa/

If you have any questions relating to visas for IAAF World U20 Championships please contact the LOC on office@tampere2018.com.



#### TICKETS:

TRIBUNES	DAY-TICKET	YOUTH (7-16 YEARS)	TICKETS FOR DISABLED CUSTOMERS*	SIX DAY TICKET PACKAGE
Grand tribune, A Covered	17,50 €		17,50 €	59,00 €
Tribunes B, C, D Not covered	12,50 €	6,50 €	12,50 €	45,00 €

\*Includes free access for carer.

The ticket prices include VAT but no delivery fee.

**26 27** 



## FINNISH JUNIOR ATHLETES CAN'T WAIT FOR THE COMPETITION TO START

- I'm very excited. It's such an amazing experience to run in the world championships in front of my home audience, says sprinter Samuel Purola. All the athletes present at the World U20 Championships briefing event in Tampere share these feelings.

Purola, together with around twenty other athletes aiming for the U20 championships in July participated in the briefing event in Tampere. The focus of the briefing was on practical matters as well as getting ready for the competition. - What a great feeling it must be to compete in front of my home audience. I get my energy from it, pole-vaulter Saga Andersson agrees with Purola.

Purola and Andersson as well as hurdler Viivi Lehikoinen are all athletes who qualify for the European championships for adults next summer. Thus, the competition in July is the most important one for Lehikoinen this season.

- I am more excited about the junior championships. With adults it's more about gaining experience, whereas junior competitions have different goals and people you know around you. In junior competitions you can meet with your friends from abroad and the competition is more equal, says Lehikoinen

#### **PUROLA: I DON'T SET GOALS FOR MYSELF**

After a great indoor season Purola has continued with his training with success and is very motivated. He is also set to succeed in the world championships in July. - After the indoor season I have trained my basic condition. Now the training is less intensive. I am joining a training camp in Tenerife on Saturday. It's my first training camp in the southern Europe this far. I am very intrigued, says Purola.

Last summer Purola ran 100 and 200 metres 10,31 and 20,84. He took home a medal from both performances at the U20 European championships. The young runner is careful about what to expect from this summer, yet he finds himself to be a possible threat to Tommi Hartonen's 100 metre Finnish Championship record of 10,21. - I don't set myself any limits. If I am fully honest, I'm not sure either what my condition will be like in the summer. Competitions in the beginning of the summer will show what my performances in July could look like. I've improved myself during training quite a lot and could break my own records, Purola thinks.

Purola has followed his father and trainer Mika Purola's good advice within a successful training program. - When you have a good program it's useless to change it. Now that in the past few weeks the training hasn't been as intensive my condition has rocketed.

#### ANDERSSON: TIME FOR NEW POLES

Andersson won the Finnish championship in Hesinki during the indoor season by jumping 440. After that training has been efficient with visible results. Andersson is approaching the summer with top condition, which calls for new poles for the new season. - Training this spring has gone great. I have acquired more strength and speed. My jump technique has improved the most. The goal is to jump with 16 steps instead of 14 this summer, Andersson says.

- The current poles are sufficient for training but during the Finnish championships I jumped with the stiffest pole I had, which means new ones are necessary this summer. Even the grip height has risen 5-10 cm with a slow pace. I feel the jump has better continuation and rhythm with a higher grip.

#### LEHIKOINEN: IMPROVEMENT IN RUNNING AND TECHNIQUE

Also Lehikoinen has had a positive direction in his training. During the indoor season she focused on training and on finishing her upper secondary school final examination. She attended less competitions to not burden herself too much with too many responsibilities.

The plan worked. She finished her final exams successfully and now she can focus on a more

efficient training to get ready for the competi-

tion season. - I am joining a training camp in a week. Since the training there is more intensive, I will gain more confidence for the competition. 400 metre hurdling requires competitions and training to get results, Lehikoinen explains

- I'm not so sure about my own condition. All has gone well during practice and my running and technique have improved.

#### VÄÄNÄNEN: GOAL SET ON A MEDAL

Hammer thrower Kiira Väänänen is not shy to admit that she is set on getting a medal at the world championships in Tampere. Along with Purola and Lehikoinen, Väänänen has already collected some metal for her trophy closet from junior championships. Two years ago she gained third place at the U18 European championships. - I am aiming for the podium. I don't want to go into a competition thinking I would settle for eight place. I know that if I do well, I have a chance to get a medal, says Väänänen.

Getting a medal at the junior World championships is one goal, but Väänänen is also aiming for other merits. - Since I was a little girl I've dreamt of throwing over 70 metres. With a 3kg hammer it was not possible but with a 4kg one I'll make it, Väänänen announces.

28

## ONLY TAP WATER AVAILABLE

#### SAFE TO DRINK IN FINLAND

Finland's tap water is among the highest quality in the world and is not only completely safe but a pleasure to drink. In Finland tap water has been found to be significantly cleaner than bottled water. A research by the National Institute for Health and Welfare (THL) has shown that bottled water may have up to 100 times more microbes than tap water. Tap water fulfills both Finnish and the European Union requirements and recommendations for the quality of drinking water (Decree of the Ministry of Social Affairs and Health).

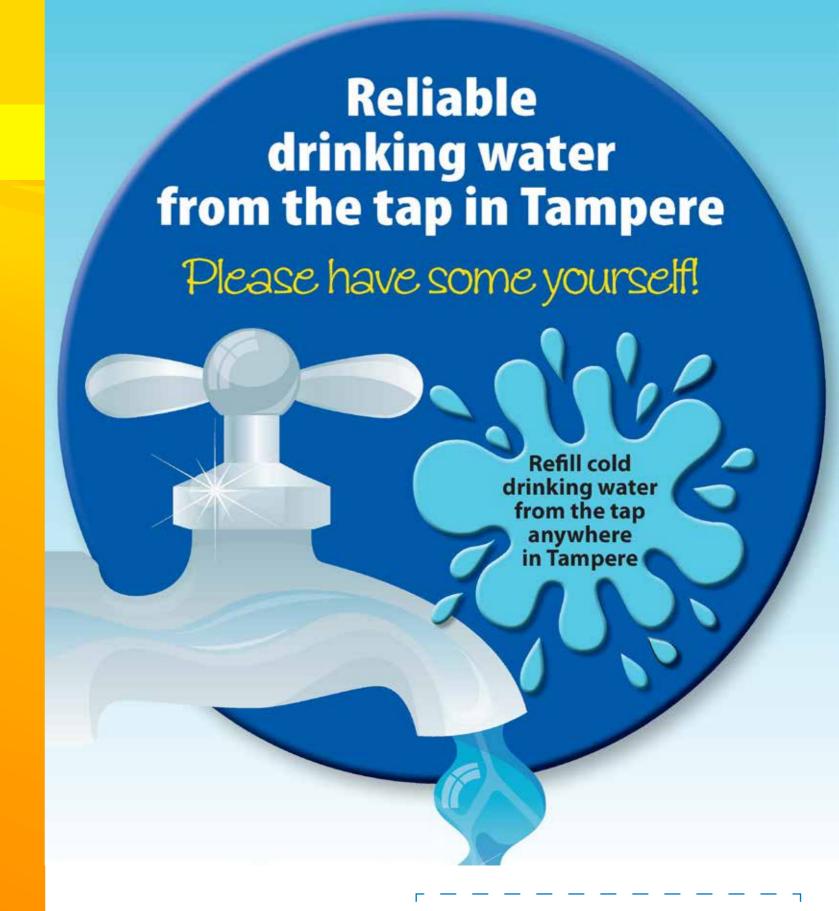
Drinking water supply in Tampere is provided by Tampere Water, the municipal enterprise for water services. Most of the raw water is surface water from two lakes (Lake Roine and Lake Näsijärvi) and it is thoroughly treated before distribution. About one third of the tap water is groundwater, which is treated and pumped at multiple groundwater intakes. Groundwater is formed from rainwater by natural filtration through sand and gravel layers of the eskers (ridges) in Tampere and its neighbourhood.

The microbiological quality of all water (both surface water and groundwater) is ensured by disinfection with chlorine or sodium hypochlorite before pumping to the distribution network. Municipal health authorities and Tampere Water monitor water quality frequently.

Tampere Water celebrates its 120th anniversary (1898 - 2018).

Tampere Water provides each participant of the IAAF World U20

Championships with an empty water bottle, which can be filled and refilled straight from the tap.



31



#### THE MATERIAL FLOWS OF THE EVENT WILL BE KEPT AS NARROW AS POSSIBLE

Drinking water supplied to athletes is Finnish tap water. In order to reduce plastic waste, LOC will provide refillable water bottles to the teams.

<mark>30</mark>

#### OFFICIAL PARTNERS



## SEIKO



OFFICIAL SUPPLIER



#### **PUBLIC INSTITUTIONS**

Opetus- ja kulttuuriministeriö



