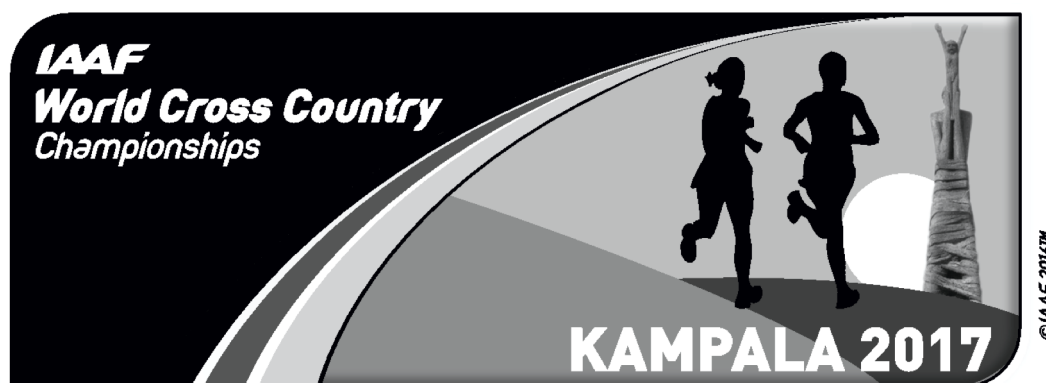


IAAF WORLD CROSS COUNTRY CHAMPIONSHIPS

KAMPALA 2017

Biographical Summaries



14:00 – Mixed Relay

14:30 – Under-20 Women's Race

15:10 – Under-20 Men's Race

15:55 – Women's Race

16:55 – Men's Race

BIOGRAPHICAL ENTRY LIST

Mixed Relay

14:00 – 4x 1 lap (2.023K, 2K, 2K, 1.835K)

From Team Manual:

The relay will consist of teams of two men and two women each running one loop of the course (the last loop is a little bit shorter than the others). The order of running is to be determined by each team but the final composition of the team and the running order must be declared no later than one hour before the Call room time for the Relay (12.30) [That is 90 minutes before the start of the race].

All the athletes of a team will enter in the Call Room at the same time wearing their competition uniform and ready to compete. Athletes must carry on their wrist or in their hands a wristband that will serve as relay baton. It will be transferred to the next athlete within the takeover zone (IAAF Rules 170.6c (dropped baton to be retrieved by dropper) and 170.7 will be applied (baton passed within zone)

The takeover zone will be located close to the call room area and will be 20m long with the scratch line in the centre. Entrance and exit of the takeover zone will be marked with small flags or cones.

Below names are listed alphabetically, men then women. These are from the preliminary entries, so please check with the final start list on Sunday for running orders and in case other athletes are declared

M	AMOTUN Paulo	Athlete Refugee Team	25y
	ht OLY 1500 2016 (4:03.96). In 2006 he fled to Kenya from the conflict in South Sudan. He began training with the Tegla Loroupe Foundation in Kenya in 2015, after his talent was noticed while in the Kakuma Refugee Camp. Coach-Tegla Loroupe		
M	LOBALU Dominic	Athlete Refugee Team	
W	IHURE Brenda	Athlete Refugee Team	
W	OYO Felichia Faustino	Athlete Refugee Team	
M	MIKHOUSadik	BRN	26y
	Allegiance transferee from Morocco – acquired Bahraini citizenship on September 17, 2015 and cleared by IAAF to represent Bahrain from September 17, 2016		
	3000 pb: 7:39.02 -16. 1500 pb: 3:32.30 -16. 800 pb: 1:46.55 -14. 3 Arab 1500 2013		
	In 2017: 1 Marrakech XC; 1 Doha 10K; 1 San Sebastián XC		
M	SEUREI Benson	BRN	32y
	Full name-Benson Kiplagat Seurei		
	Allegiance transferee from Kenya – acquired Bahraini citizenship on April 2, 2013 and cleared by IAAF to compete for Bahrain from April 1, 2014		
	1500 pb: 3:31.61 -12. 800 pb: 1:45.67 -12. 10 Kenyan Olympic Trial 1500 2012; 2 Arab Champs 1500 2013; 5 IAAF Continental Cup 1500 2014; 4 Asian Games 1500 2014; ht WCH 1500 2015; 2 World Military Games 1500 2015; 2 Asian Indoor Champs 1500 2016; sf OLY 1500 2016		
W	ABDELKADIR Dalilah	BRN	18y
	Full name-Dalilah Abdelkadir (aka Abdulkadir) Gosa		
	Allegiance transferee from Ethiopia – cleared by IAAF to compete for Bahrain from July 8, 2014		
	5000 pb: 15:10.79 -16. 3000 pb: 8:46.42 -16. 1500 pb: 4:09.58 -16. 1 Arab junior 1500 2014; 3 Youth Olympic Games 1500 2014; 2 World Youth 1500 2015; 2 WJC 3000 2016 (7 5000)		
W	GASHAW Tigist	BRN	20y
	Allegiance transferee from Ethiopia – 2013 World Youth Champion for that country, acquired Bahraini citizenship on October 9, 2014, initially cleared by IAAF to compete for Bahrain from October 8, 2017 though that waiting period was reduced		
	3000 pb: 8:48.60 -16. 1500 pb: 4:05.58 -15. 1 World Youth 2013; 2 African junior 2015 (for Ethiopia); 2 Asian Indoor Champs 1500 2016 (for Bahrain); ht OLY 1500 2016. Full name-Tigist Gashaw Belay, at some meetings she is called Tigist Belay and at others Tigist Gashaw		

M	HABTE Awet	ERI	19y
	5000 pb: 13:24.40 -16. 7 WJC 5000 2016. 1 Eritrean junior 1500 2016 (3 5000)		
	In 2017: 1 Eritrean Mixed Relay Trial XC (ran first leg for winning Debub (Southern) Regional team)		
M	TESFAY Berhane	ERI	30y
	In 2017: 2 Eritrean Mixed Relay Trial XC (ran first leg for Maakel (Central) Regional team)		
W	GEBRU Helen	ERI	19y
	In 2017: 1 Eritrean Mixed Relay Trial XC (ran third leg for winning Debub (Southern) Regional team)		
W	NEGASI Natsanet	ERI	18/19y
	In 2017: 1 Eritrean Mixed Relay Trial XC (ran second leg for winning Debub (Southern) Regional team)		
M	ALCALÁ Marc	ESP	22y
	Full name-Marc Alcalá Ibañez		
	2015 European under-23 Champion at 1500m		
	1500 pb: 3:36.93 -16. 3000 pb: 7:58.25i -17. 10K pb: 29:38 -14. ht World Youth 1500 2011; ht WJC 1500 2012; 1 Mediterranean under-23 1500 2014; 1 under-23 ECH 1500 2015; ht WIC 1500 2016; ht ECH 1500 2016; 4 EIC 1500 2017. At WXC: 2013-99J. Coach-José Antonio Prieto		
	In 2017: 1 San Sebastián XC; 1 Sabadell 3000 (Jan 14); 1 Sabadell 1500 (Jan 22); 1 Sabadell 1500 (Feb 7); 1 Sabadell 800 (Feb 12); 1 Spanish indoor 1500; 4 EIC 1500 (where he was added to final after having slowed on hearing a recall gun in heat)		
M	RAMOS Jesus	ESP	20y
	Full name-Jesús Ramos Reviejo		
	2017 Spanish under-23 Cross Country Champion		
	1500 pb: 3:42.40 -16 (3:44.97i -17). 5000 pb: 14:38.56 -15. 7 World Youth 1500 2013. At EXC: 2015-15J, 2016-7u23. Coach-Arturo Martín		
	In 2017: 30 ‘Great’ Edinburgh XC; 1 Madrid 3000 (Jan 22); 6 Madrid 1500 (Feb 2); 1 Spanish under-23 indoor 3000; 2 Spanish indoor 3000; 5 Madrid 1500 (Feb 24); 1 Spanish under-23 XC		
W	FERNÁNDEZ Blanca	ESP	24y
	3000 pb: 9:06.92i -17. 1500 pb: 4:14.30 -14. sf World Youth 800 2009. At WXC: 2011-76J. At EXC: 2010-45J, 2011-27J, 2012-40u23, 2013-28u23, 2014-13u23, 2016-40. ht EIC 3000 2017. 11 NCAA 5000 2016. 1 Spanish indoor 3000 2017. Was at Temple University in Philadelphia, Pennsylvania. Coach-José Enrique Villacorta		
	In 2017: 1 Salamanca 1500; 1 Spanish Clubs indoor 3000; 1 Madrid 3000; 2 Valencia 1500; 1 Spanish indoor 3000; 7ht EIC 3000		
W	PEREIRA Solange Andreia	ESP	27y
	Full name-Solange Andreia Pereira		
	4x Spanish Champion at 1500m (3 in + 1 out)		
	1500 pb: 4:08.69 -16. 800 pb: 2:06.27 -16. 10 ETCh 1500 2015; 8 ECH 1500 2016; ht EIC 1500 2017. At EXC: 2009-42u23, 2010-30u23, 2011-25u23. 1 Spanish 1500 2015 (1 indoor 2015/2016/2017)		
	In 2017: 1 Spanish Clubs indoor 1500; 1 La Coruña 1500; 7 Val de Reuil 1500; 1 Valencia 1500; 1 Spanish indoor 1500; 4ht EIC 1500		
M	KEJELCHA Yomif	ETH	19y
	Full name-Yomif Kejelcha Atomsa		
	2016 World Indoor Champion at 3000m		
	5000 pb: 12:58.39 -15. 3000 pb: 7:28.19 -16. 1 World Youth 3000 2013; 1 Youth Olympic Games 3000 2014; 1 WJC 5000 2014; 1 African junior 5000 2015; 4 WCH 5000 2015; 1 WIC 3000 2016. Began 2016 well with a world indoor title and ended in style with a world U20 record at 3000m in Paris, but in between did not run 5000m fast enough for Ethiopian Olympic selection		
M	TUFA Welde	ETH	17y
	1500 pb: 3:41.74 -17. 4 World Youth 1500 2015		
	In 2017: 1 Ethiopian Mixed Relay Trial XC (Ran first leg for winning Oromia Regional team)		
W	CHELUKE Bone	ETH	18y
	In 2017: 1 Ethiopian Mixed Relay Trial XC (Anchored winning Oromia Regional team)		
W	DIBABA Genzebe	ETH	26y
	Full name-Genzebe Dibaba Keneni		
	2015 World Champion at 1500m. World record holder at 1500m outdoors & 1500m, Mile, 3000m and 5000m indoors		
	1500 pb: 3:50.07 -15. 5000 pb: 14:15.41 -15. 3000 pb: 8:16.60i -14, 8:26.21 -14. She has run a 400m time trial in 53 seconds. 2 WJC 5000 2008; 8 WCH 5000 2009/2011; 1 WJC 5000 2010; 1 WIC 1500 2012; ht OLY 1500 2012 (hamstring injury); 7 WCH 1500 2013; 1 WIC 3000 2014/2016; 2 African Champs 5000 2014; 1 WCH 1500 2015 with 1:56.95 last 800m (3 5000); 2 OLY 1500 2016. At WXC: 2007-5J, 2008-1J, 2009-1J, 2010-11J, 2011-9. Younger sister of Ejegayehu (2 OLY 10,000 2004) and Tirunesh (multi Olympic/World Champion). In 2015 she said her favourite event is the 1500m (“for me this is special”), though in 2016 she declared that “I have definitely decided on the 5000” for Rio – before contesting the 1500m only at the Games		
	In 2017: (3/3 wins indoors) 1 Sabadell 2000 (outright world record 5:23.75); 1 Toru IAAF Tour 1500 (3:58.80); 1 Madrid 1000 (2:33.06)		

M	EL KABBOURI Soufiane	ITA	24y
	1500 pb: 3:39.17 -15. ht WJC 800 2012; 9 ECH 1500 2014; 6 under-23 ECH 1500 2015. Coach-Andrea Pellissier In 2017: 5 'Great' Edinburgh 4x1K XC relay (for Europe team)		
M	NEVES Joao Bussotti	ITA	23y
	Full name-Joao Capistrano Maria Bussotti Neves Junior Allegiance transferee from Mozambique – cleared by IAAF to compete for Italy from May 2, 2012 1500 pb: 3:40.10 -16. 800 pb: 1:47.55 -16. ht WJC 1500 2012; 3 Mediterranean under-23 1500 2014; ht EIC 1500 2015; 9 ETCh 2015; 4 under-23 1500 ECH 2015; 12 ECH 1500 2016. 1 Italian indoor 800/1500 2015. Coach-Saverio Marconi In 2017: 7 Mondeville 1500; 6 Ghent 1500; 2 Italian indoor 1500		
W	APRILE Giulia	ITA	21y
	1500 pb: 4:18.54 -15 (4:20.36i -17). 3000 pb: 9:37.92 -14. ht WJC 1500 2014; 13 under-23 ECH 1500 2015. 1 Italian under-23 1500 2015 In 2017: 1 Italian under-23 indoor 1500/3000; 7 Ghent 1500; 1 Italian indoor 1500		
W	MAGNANI Margherita	ITA	30y
	2014 World Indoor finalist at 3000m // 5000 pb: 15:43.78 -16. 3000 pb: 8:51.81i, 8:51.82 -14. 1500 pb: 4:06.05 -14. 800 pb: 2:02.84 -13. ht EIC 1500 2013; 3 ETCh 1500 2013 (2015-7); 4 Mediterranean Games 1500 2013; 3 WSG 1500 2013; ht WCH 1500 2013/2015; 5 ETCh 3000 2014/2015; 11 ECH 1500 2016 (2014-ht); ht OLY 1500 2016. 1 Italian 1500 2015/2016 (1 indoor 1500 2013/2014). Coach-Vittorio Di Saverio		
M	KIPROP Asbel	KEN	27y
	Full name-Asbel Kiprop Kebenei 2008 Olympic 1500m gold and three times World Champion 1500 pb: 3:26.69 -15. 800 pb: 1:43.15 -11. 1 African Games 1500 2007; 1 OLY 1500 2008 (2012-12, 2016-6); sf WCH 800 2009; 1 African Champs 1500 2010 (2014-2); 2 IAAF Continental Cup 1500 2014 (2010-6); 1 WCH 1500 2011/2013/2015 (2007/2009-4); 1 IAAF Relays 4x1500 2014 (world record). 1 Kenyan 1500 2007/2010. The name Kiprop means one born in the rainy season. 1.91 (6-3) tall His one previous appearance at the World Cross Country Championships was in 2007 in Mombasa when he was the junior champion – the first time we'd seen him. He has since raced several times in the short course cross country in Edinburgh: 2011-2nd, 2012-1st, 2014-3rd, 2015-4th		
M	KOROS Bernard	KEN	22y
	Full name- Bernard Kipkorir Koros // 1500 pb: 3:38.06 -14. 800 pb: 1:47.3 -14. 3 Kenyan Prisons 800 2014 & 4 Kenyan Prisons 1500 2015		
W	CHEPKOECH Beatrice	KEN	25y
	Fourth at Rio Olympic Steeplechase // 3000SC pb: 9:10.86 -16. 1500 pb: 4:03.28 -15. 3 African Games 1500 2015; 4 OLY 3000SC 2016. 2 Kenyan Olympic Trial 3000SC 2016. Coach-Julius Kirwa		
W	NZISA Mbithe, Winfred	KEN	19y
	Full name-Winfred Nzisa Mbithe (she's usually known as Winfred Nzisa) 1500 pb: 4:09.25 -16. 7 African junior XC 2014; 2 Youth Olympic Games 1500 2014; 6 African Games 1500 2015; 4 WJC 1500 2016 (2014-7). At WXC: 2015-10J. 1 Kenyan junior 1500 2016		
M	MUSKAN Kamusu	SSD	18y
M	RIAK MAJOOK Peter	SSD	17y
W	BUMANGA Suzan	SSD	21y
	ht African Champs 400 2016		
W	OHIRI Stella	SSD	17y
M	EISA Hossny	SUD	20y
	1 Youth Olympic Games 2000SC 'B' 2014. At WXC: 2015-dnfJ		
M	MUSA Adam Fedlalah	SUD	19/20y
	16 African junior XC 2016		
W	BAKHIT Amina	SUD	26y
	Sudanese record holder at 10,000m // 10,000 pb: 33:20.09 -16. 5000 pb: 16:54.21 -15. 1500 pb: 4:19.51 -12. 800 pb: 2:02.44 -16. 5 World Youth 1500 2005; ht WJC 1500 2006; 10 African Games 800 2007; 7; 8 WJC 800 2008; 3 Arab 10,000 2011 (4 800); 7 African Champs 1500 2012; ht OLY 800 2012/2016; ht WCH 1500 2015; 7 African Champs 800 2016. Two-year doping ban 2009-2011		
W	SOUNIA Faroog Hamdan	SUD	19/20y
	1500 pb: 4:34.81 -16. 24 African XC 2016; 4 East African junior 800 2016		
M	LAZARO Faraja Damas	TAN	19y
	11 East African junior 1500/5000 2016		
M	MONKO Marco Silvester	TAN	19y
W	PANGA Sicilia Ginoka	TAN	30y
W	SAKILU Jackline	TAN	30y
	Half Mar pb: 71:28 -13. 10 World Military Games 1500 2011; 13 African XC 2014. At WXC: 2005-54J, 2007-72, 2009-77. 1 Brasilia Half Mar 2013; 1 Moshi Half Mar 2014		

M	KAYA Ali	TUR	22y
	Allegiance transferee from Kenya – formerly Stanley Kiprotich Mukche (aka Stephen Kiprotich) KEN. Became a Turkish citizen on June 6, 2013 after having apparently lived permanently in Turkey from May 12, 2012 Half Mar pb: 60:16 -16. 10,000 pb: 27:24.09 -15. 5000 pb: 13:00.31 -15; 3000 pb: 7:38.65 -15. 1 EJC 5000/10,000 2013; 3 ETCh 5000 2014 (8 3000); 3 ECH 10,000 2014 (9 5000); 5 IAAF Continental Cup 5000 2014; 1 EIC 3000 2015 (2017-9); 1 under-23 ECH 5000/10,000 2015; 7 WCH 10,000 2015 (9 5000) (He, Mo Farah and Galen Rupp were the three men in the top 10 at both the 5000m & 10,000m at the 2015 World Championships); 2 ECH 10,000 2016; ht OLY 5000 2016 (dnf 10,000). At EXC: 2013-1J, 2014-2, 2015-1 In 2017: 5 Istanbul 3000; 9 EIC 3000		
M	KAYA Aras	TUR	22y
	Allegiance transferee from Kenya – formerly Amos Kibitok, has lived in Turkey since May 5, 2015, acquired Turkish citizenship on June 14, 2016 and cleared by IAAF to represent Turkey from July 4, 2016 Half Mar pb: 63:49 -14. 10,000 pb: 27:48.53 -15. 5000 pb: 13:23.91 -15. 3000SC pb: 8:29.91 -16. 2 ECH 3000SC 2016; ht OLY 3000SC 2016; 12 EIC 3000 2017. At EXC: 2016-1. 1 Russian 5000 2015 indoors & out. He was initially in the process of receiving Russian nationalisation, having been based in Kazan. Hence his Russian titles at 5000m in 2015 In 2017: 3 'Great' Edinburgh XC; 4 Istanbul 3000; 12 EIC 3000		
W	AKDAĞ Meryem	TUR	24y
	Allegiance transferee from Kenya – formerly Mirriam Jepchirchir Maiyo. Has lived in Turkey since March 13, 2015, acquired Turkish citizenship on May 21, 2015 and cleared by IAAF to compete for Turkey from March 13, 2016 5000 pb: 15:19.27i -16. 1500 pb: 4:09.95 -17. 3000SC pb: 9:36.54 -16. 13 ECH 3000SC 2016; ht OLY 3000SC 2016; ht EIC 1500 2017. At EXC: 2016-2 In 2017: 3 'Great' Edinburgh XC; 2 Istanbul 1500; 6ht EIC 1500		
W	CAN Yasemin	TUR	20y
	(Can pronounced "Jan") Allegiance transferee from Kenya – formerly Vivian Jemutai. Has lived in Turkey since March 13, 2015, acquired Turkish citizenship on May 25, 2015 and cleared by IAAF to represent Turkey from March 13, 2016 10,000 pb: 30:26.41 -16. 5000 pb: 14:37.61 -16. 3000 pb: 8:43.46i -17, 8:53.16 -16.. 1 ECH 5000/10,000 2016; 6 OLY 5000 2016 (7 10,000); 2 EIC 3000 2017. At EXC: 2016-1. 1 Turkish indoor 3000/5000 2016; 1 Turkish 10,000 2016. Not to be confused with the Turkish-born Yasemin Can (1 Aug 92) who was the World Junior Mountain Running Champion in 2010 In 2017: 1 'Great' Edinburgh XC; 3 Istanbul 1500; 2 EIC 3000		
M	MUSAGALA Ronald	UGA	24y
	2016 Olympic finalist at 1500m // 1500 pb: 3:35.02 -15. 800 pb: 1:45.27 -14. sf WCH 800 2013; 8 COM 800 2014 (11 1500); ht WCH 1500 2015; 11 OLY 1500 2016. Coach-Raphael Kasajja In 2017: 1 Ugandan Mixed Relay Trial XC (2K)		
M	RUTO Geoffrey	UGA	
	In 2017: 2 Ugandan Mixed Relay Trial XC (2K)		
W	AJOK Dorcus	UGA	22y
	2015 World Student Games Champion at 1500m // 1500 pb: 4:16.44 -13. 800 pb: 2:02.04 -14. 2 World University XC 2014; 1 WSG 1500 2015 (2013-10) In 2017: 3 Ugandan XC; 1 Ugandan Mixed Relay Trial XC (2K)		
W	NANYONDO Winnie	UGA	23y
	2014 Commonwealth Games bronze // 800 pb: 1:58.63 -14. 1500 pb: 4:20.40 -14. 8 WJC 800 2012; 1 East African University Games 800/1500/5000 2013; sf World Student Games 800 2013; 3 COM 800 2014; 7 African Games 800 2015; ht OLY 800 2016. Coach-Addy Ruiter In 2017: 2 Ugandan Mixed Relay Trial XC (2K)		
M	CHELIMO Paul	USA	26y
	Full name-Paul Kipkemoi Chelimo 2016 Olympic 5000m silver after he was initially disqualified for stepping inside kerb, but then re-instated by the jury of appeal 5000 pb: 13:03.90 -16. 3000 pb: 7:37.98 -16. 1500 pb: 3:40.25 -12. 2 WSG 5000 2013 (4 1500); 7 WIC 3000 2016; 2 OLY 5000 2016 (53.1 last lap versus Mo Farah 52.7). 2 NCAA 5000 2012/2013, representing the University of North Carolina. Member of the US Armed Forces. Allegiance transferee from Kenya – acquired US citizenship on July 23, 2014 and cleared by IAAF to compete for the USA on June 15, 2015 In 2017: 4 Cuiabá 10K; 1 Boston IAAF Tour 3000; 1 Winston-Salem 3000; 5 US 15K		
M	LESLIE Cory	USA	27y
	2015 Pan-American Games steeplechase bronze // 3000SC pb: 8:19.12 -16. 1500 pb: 3:34.93 -13. 5000 pb: 13:43.73 -13. 3 Pan-Am Games 2015. 3 NCAA 2012; 3 US indoor Mile 2013; 4 US 3000SC 2014 (2015-6). Was at Ohio State University At the experimental 2016 'Great' Edinburgh international cross country relay he has the most impressive run, taking his team from 8th to 5th on leg three, running about 2:39 for 1K In 2017: 2 Fairfax 800; 9 New York Millrose Mile; 1 Williamsburg 800		
W	FULTON Eleanor	USA	23y
	1500 pb: 4:19.59 -15. 6 World Youth 2000SC 2009; 12 WJC 3000SC 2010. 8 NCAA indoor Mile 2016. Attends The University of Washington, Seattle In 2017: 4 Seattle 1000 (Jan 14); 2 Nampa 800 (3 600); 4 Seattle (Jan 28); 7 US indoor 1000		
W	HOWARD Marisa	USA	24y
	(Née VanderMalle) // 3000SC pb: 9:37.84 -15. 3000 pb: 9:15.22i -17. 4 WSG 3000SC 2015. 2 NCAA 3000SC 2014 (2015-4). Was at Boise State University. Her husband is 29:28.78 10,000m runner Jeff Howard In 2017: 4 Seattle 3000 'B'; 16 US XC		

Under-20 Women's Race

5858m – 3 laps
(33m start + 2 full laps / 2K + lap to finish / 1.825K)
6 run, 4 score

14:30

104 Entrants

30 Countries

	Age
HOUAOUTI Sarra ALG	18y
1500 pb: 4:38.03 -16 // In 2017: 1 Algerian junior XC	
EVANS Georgia AUS	17y
1500 pb: 4:27.23 -16. 1 Australian under-17 800 2015 In 2017: 3 Australian World Cross Trial junior XC; 9 Sydney 1500; 5 New South Wales State 1500; 8 Canberra 1500	
HOPKINS Courtney AUS	17y
3000 pb: 9:53.78 -16. 3 Australian under-17 3000 2016 In 2017: 2 Australian World Cross Trial junior XC; 1 Canberra 5000	
MAZZA-DOWNIE Amelia AUS	17y
5000 pb: 16:27.80 -15 (17:03.3 -17). 14 World Youth 3000 2015. 3 Australian youth 3000 2015 In 2017: 5 Australian World Cross Trial junior XC; 3 Melbourne 5000	
OZANNE-JAQUES Clio AUS	17y
3000 pb: 9:49.25 -16. 2 Australian under-17 3000 2016	
RYAN Lauren AUS	19y
1500 pb: 4:20.99 -16. 3000 pb: 9:21.21 -16. 13 WJC 3000 2016 (ht 1500) In 2017: 1 Australian World Cross Trial junior XC; 1 Victoria State junior 1500	
KARIRE Irène BDI	18y
2 Burundian XC 2016	
NDUWIMANA Neslate BDI	15y
NIKUNDANA Diane BDI	15y
NIMBONA Elvanie BDI	19y
5000 pb: 16:52.12 -15. 8 African Champs 5000 5000 2014; 6 African youth 1500 2015; At WXC: 2015-24J	
NIYOMUKUNZI Francine BDI	17y
1500 pb: 4:31.94 -15. 3000 pb: 9:59.21 -15. 7 African youth 3000 (8 1500)	
TCHAMMOU Téna BEN	16y
Benin at the World Cross Country Championships for the first time, so she will be the first-ever Beninese competitor	
BEAUCHEMIN Catherine CAN	18y
3000SC pb: 10:12.72 -16. ht WJC 3000SC 2016. Reached final of 2015 World Youth 2000SC, but scratched. 1 Canadian junior 3000SC 2016; 6 Canadian junior XC 2016	
BENNISON Hannah CAN	17y
3000 pb: 9:33.44 -16. 1500 pb:4:29.72 -15. 8 World Youth 3000 2016; 2 NACAC junior XC 2017. 1 Canadian junior XC 2015/2016 In 2017: 2 NACAC junior XC	
JOHNSTON Hanna CAN	18y
3000 pb: 9:56.87 -15. 4 NACAC junior XC 2017. 5 Canadian junior XC 2016. Member of Vancouver Olympic Club In 2017: 4 NACAC junior XC	
MACDONALD Martha CAN	17y
3000 pb: 9:32.72i -17. 5 NACAC junior XC 2017. 4 Canadian junior XC 2016. Attends University of Toronto In 2017: 1 Toronto 3000 (4 1500); 5 Geneva OH 3000 'B'; 5 NACAC junior XC	
MACDOUGALL Brogan CAN	16y
5K pb: 16:31 -16. 2 Canadian junior XC 2016	
MCCULLOCH Shona CAN	17y
5000 pb: 16:31.22i -16. 3000 pb: 9:16.93 -16. 11 World Youth 3000 2015; 11 WJC 3000 2016. 1 Canadian junior 3000 2016 In 2017: 9 NACAC junior XC	
DAN Ji CHN	18y
10,000 pb: 36:00.24 -16	
DAWA Jila CHN	19y
Half Mar pb: 77:52 -16. 5000 pb: 16:19.92 -15. 3000 pb: 9:44.57 -15. 3 Asian youth 1500 2015; 15 World Youth 3000 2015; 70 World Half Mar 2016 (She was the youngest competitor at Cardiff 2016)	
TATAH Carine Wiysenyuy CMR	18y
ht Youth Olympic Games 3000 2014; 7 African junior 3000 2015 (8 5000)	
MAKAYA Divine COD	18y
13 African Champs 1500 2016	
WAHBA Shaimaa EGY	17y
FITWI Yohana ERI	17y
In 2017: 5 Eritrean junior XC	

MEBRAHTU Semira ERI	17y
3 Eritrean junior 800 2016 // In 2017: 2 Eritrean junior XC	
TEKIE Merhawit ERI	17y
In 2017: 3 Eritrean junior XC	
TESFU Dolshi ERI	17y
In 2017: 4 Eritrean junior XC	
TESHOME Kidanu ERI	18y
1 Eritrean junior 5000 2016 // In 2017: 1 Eritrean junior XC	
GALLARDO Carla ESP	18y
3000 pb: 9:48.65 -16. 1500 pb: 4:29.98 -16. At EXC: 2016-25J. 6 European youth 1500 2016. Coach-Santiago de la Parte In 2017: 3 Spanish junior XC	
GARCÍA Marta ESP	19y
3000 pb: 9:48.78 -16. At EXC: 2016-28J. 1 Spanish junior 3000 2016. Coach-Uriel Reguero In 2017: 5 Elgóibar junior XC; 2 Spanish junior XC	
PÉREZ Silvia ESP	17y
3000 pb: 9:57.81 -16. 2 Spanish youth 3000 2016 In 2017: 8 Elgóibar junior XC; 4 Spanish junior XC	
RODRÍGUEZ Lucía ESP	18y
5000 pb: 16:49.76 -16. 1500 pb: 4:17.67i -17, 4:21.97 -16. 800 pb: 2:06.62 -16. 17 World youth 3000 2015; ht WJC 1500 2016. 1 Spanish youth 3000 2015 & junior 1500 2016. At EXC: 2015-33J, 2016-7J. Coaches- Luis Miguel Martín & Juan del Campo In 2017: 14 'Great' Edinburgh junior XC; 1 Antequera 3000; 2 Madrid 800 (Feb 2); 3 Spanish indoor 1500; 4 Madrid 1500 (Feb 24); 1 Spanish junior XC	
RUIZ Cristina ESP	18y
In 2017: 5 Spanish junior XC	
ABERA Biri ETH	16y
In 2017: 6 Addis Ababa XC	
FEYSA Hawi ETH	19y
In 2017: 3 Ethiopian junior XC	
GIDEY Letesenbet ETH	19y
DEFENDING IAAF WORLD UNDER-20 CROSS COUNTRY CHAMPION // 5000 pb: 14:45.63 -16. 4 World Youth 3000 3000 2015. At WXC: 2015-1J. 1 Ethiopian junior XC 2015/2017 In 2017: 1 Ethiopian junior XC	
KEFALE Wede ETH	17y
In 2017: 4 Ethiopian junior XC	
TESFAY Fotyen ETH	19y
3000 pb: 8:47.46 -16. 12 African XC 2016; 4 WJC 3000 2016; 1 'Great' Ethiopian 10K 2016 In 2017: 5 Ethiopian junior XC	
YIMER Zeineba ETH	
Full name-Zeineba Yimer Worku (aka Zeyeneba Yemer) // Half Mar pb: 73:17 -16 In 2017: 2 Ethiopian junior XC	
BARKER Phoebe GBR	17y
3000 pb: 9:47.89 -16. 3 English Schools under-17 3000 2016; 8 English junior 3000 2016. Coach-Richard Owen In 2017: 10 'Great' Edinburgh junior XC; 1 Sevenoaks XC; 1 Kent Schools XC; 2 English 'National' under-17 5K XC; 5 UK Inter-Counties junior XC	
BLACK Gillian GBR	19y
3000 pb: 9:51.02 -16. 3 UK School Games 3000 2014. Coach-Michael Johnston In 2017: 6 'Great' Edinburgh inter-district XC; 9 Cardiff junior XC; 1 Scottish junior XC; 2 UK Inter-Counties junior XC	
HUGHES Cari GBR	18y
3000 pb: 9:55.06 -16. 1500 pb: 4:28.33 -15. 3 English under-17 800 2014. Coach-Andrew Walling Was reserve for 2016 European Cross Country Championships In 2017: 11 'Great' Edinburgh junior XC; 3 Cardiff junior XC; 6 Manchester 3000; 1 Welsh XC; 4 UK Inter-Counties junior XC	
MACFADYEN Anna GBR	17y
1500 pb: 4:45.90 -15. 1 North Scotland Schools 1500 2015 In 2017: 3 'Great' Edinburgh inter-district XC; 1 Cardiff junior XC; 2 Scottish junior XC; 27 Armagh 3K; 1 UK Inter-Counties junior XC	
QUIRK Amelia GBR	17y
3000 pb: 9:38.53 -16. 1500 pb: 4:23.95 -16. At EXC: 2016-9J (team gold). 1 South of England under-17 1500 2015/2016; 1 English 'National' under-17 XC 2017. Coach-Beverley Kitching In 2017: 4 'Great' Edinburgh junior XC; 1 Elgóibar junior XC; 1 South of England under-17 XC; 1 South East Schools XC; 1 English 'National' under-17 XC	
WEIR Victoria GBR	19y
2016 English Schools Steeplechase Champion // 1500 pb: 4:30.4 -16. 800 pb: 2:09.69 -16. At EXC: 2016-10J (team gold). 1 English Schools 1500SC 2016 (2015 -5). Attends Birmingham University. Coach-Bud Baldaro In 2017: 9 'Great' Edinburgh junior XC; 2 South of England junior indoor 800; 2 Elgóibar junior XC; 4 British Universities XC; 3 UK Inter-Counties junior XC	

BATTOCLETTI Nadia ITA 1500 pb: 4:28.62 -16. 1 Italian youth 3000 2016 In 2017: 1 Rovereto youth XC	16y	MHANGO Cecilia MAW RUIZ María de Jesús MEX 5K pb: 16:44 -16	17y 18y
CESARÒ Michela ITA 3000 pb: 10:05.73 -16. At EXC: 2016-52J. Coach-Gianni Crepaldi In 2017: 18 San Giorgio sur Legnano XC; 2 Italian junior XC	17y	CHAMPI Yulisa PER In 2017: 3 Peruvian junior XC	18y
FANTINEL Ilaria ITA 1500 pb: 4:28.23 -15. At EXC: 2015-15J. 1 Italian junior XC 2016 In 2017: 3 Italian junior XC	18y	CJURO Rina PER 3 South American Youth 2000SC 2014; 8 World Youth 2000SC 2015	19y
GEMETTO Valentina ITA 3000 pb: 9:53.70 -16. 29 World Junior Mountain Running Champs 2016. 1 Italian youth 3000 2015 In 2017: 4 Italian junior XC	19y	EULOGIO Sheyla PER 2 South American youth XC 2013	19y
SCAINI Alessia ITA In 2017: 5 Italian junior XC	18y	SALAZAR Sonia PER 3000 pb: 10:07.90 -16	18y
TOMMASI Francesca ITA 3000 pb: 9:44.81 -14. 3 European Youth Olympic Festival 3000 2013. At EXC: 2015 -43J, 2016-14J. 1 Italian junior XC 2017. Coach-Gianni Ghidini In 2017: 1 Rovereto junior XC; 1 Padua 3000; 1 Italian junior XC	18y	GUERREIRO Catarina POR RODRIGUES Beatriz POR 800 pb: 2:11.61i -17 In 2017: 4 Portuguese indoor 800; 3 Portuguese under-23 indoor 800	18y 17y
KABASAWA Wakana JPN 3000 pb: 9:06.47 -16. 1500 pb: 4:17.68 -16. At WXC: 2015-29J. 12 World Youth 1500 2015; 9 WJC 3000 2016	18y	LOUW Nicole RSA 3000 pb: 9:48.91 -16 (9:52.83 -17). 1500 pb: 4:27.21 -16. 1 South African under-16 1500/3000 2016 In 2017: 3 Pretoria 800; 6 Potchefstroom 3000	15y
KASEDA Rika JPN 5000 pb: 15:39.66 -16. 4 Asian junior XC 2016; 8 WJC 5000 2016	18y	ROELOFSE Lyndi RSA 10K: 38:59 -16	16y
OHNISHI Hikari JPN	16y	SCHOEMAN Chery-Lee RSA 10K pb: 35:04 -15. 3000 pb:10:06.55 -16. 1 Soweto 10K 2016	17y
SARUMIDA Yuka JPN 3000 pb: 9:07.07 -15. At WXC: 2015-61J	18y	van der MERWE Nicole RSA 3000 pb: 9:54.05 -12 (10:10.81 -17). 5000 pb: 17:05.04 -17. At WXC: 2015-65J. 1 South African junior 3000/5000 2016 In 2017: 8 Durban 5000; 8 Potchefstroom 3000	18y
SUZUKI Hayaka JPN	17y	WEITSZ Simonay RSA 10K pb: 34:41 -15. 3000 pb: 9:37.31 -14 (9:39.86 -17). 1500 pb: 4:22.03 -16. 800 pb: 2:06.65 -16. 4 African Youth 1500 2015. At WXC: 2015-57J. 13 African junior XC 2016. 1 South African youth 1500/3000 2016 (2 800) In 2017: 3 Potchefstroom 3000	17y
TAKAMATSU Tomomi Musen JPN 3000 pb: 8:58.86 -16. 1500 pb: 4:19.96 -14. 3 Japanese Schools 3000 2016	17y	TURAY Isatu SLE	17y
CHELANGAT Sheila KEN 5000 pb: 15:42.0 -16. 3000 pb: 8:59.89 -16. 3 World Youth 3000 2015; 1 Commonwealth Youth Games 3000 2015; 6 WJC 3000 2016 In 2017: 3 Kenyan junior XC	18y	YUSUF ZUBEYR Dahabo SOM	17y
CHEPKIRUI Emmaculate KEN 2016 World Junior silver at 5000m // 5000 pb: 15:31.12 -16 2 WJC 5000 2016 In 2017: 4 Kenyan junior XC	16y	ILANDA Elizabeth Boniphance TAN	15y
CHEROTICH Joyline KEN 1500 pb: 4:15.20 -15. 3 World Youth 1500 2015; 4 Commonwealth Youth Games 800/1500 2015; 9 WJC 1500 2016. At WXC: 2015-22J In 2017: 5 Kenyan junior XC	19y	KHADAY Noela Remy TAN	18y
CHESPOL Celliphine KEN Full name-Celliphine Chepteek Chespol Reigning World Youth & World Junior Steeplechase Champion 3000SC pb: 9:24.73 -16. 1 World Youth 2000SC 2015; 1 WJC 3000SC 2016 In 2017: 2 Kenyan junior XC	18y	MGOO Amina Mohamed TAN	18y
LOBUN Hellen KEN Full name-Hellen Ekalale Lobun // 5000 pb: 15:33.59 -16. 1 Japanese Schools 3000 2016 In 2017: 6 Kenyan junior XC	18y	SALUM Shamima Ramadhani TAN	16y
TUEI Sandra Felis KEN 2017 Kenyan Junior Cross Country Champion (as Sandra Chebet) Full name appears to be Sandra Felis Chebet Tuei 5000 pb: 15:44.8 -16. 3000 pb: 8:55.77 -16. 1 African youth 2000SC 2015; 2 World Youth 2000SC 2015; 1 East African junior 5000 2016; 5 WJC 3000 2016 In 2017: 1 Eldoret junior XC; 1 Kenyan junior XC	19y	SAMWE Asha Salum TAN	18y
FAKHRAN Diana LBN	18y	CHEKWEMOI Esther UGA Full name-Esther Yeko Chekwemoi // 5000 pb: 16:43.13 -14 In 2017: 3 Ugandan junior XC	15y
MASSAQUOI Lucy LBR	18y	CHELANGAT Sarah UGA In 2017: 4 Ugandan junior XC	15y
BOUAGGAD Hanane MAR 5000 pb: 16:59.96 -16. 15 African junior XC 2016. 1 Moroccan junior 5000 2016 In 2017: 3 Kenitra XC	19y	CHEMOS Scarlet UGA In 2017: 5 Ugandan junior XC	17y
ECH-CHAFAI Loubna MAR In 2017: 2 Marrakech XC; 2 Moroccan junior XC	17y	CHEMUSTO Janat UGA 3000 pb: 9:10.74 -14. 17 African junior XC 2014; 7 Youth Olympic Games 3000 2014; 2 African youth 1500 2015. At WXC: 2015-18J In 2017: 2 Ugandan junior XC	18y
EL BOUHALI Imane MAR 2017 Moroccan Junior Cross Country Champion // 1500 pb: 4:31.57 -16. 3000 pb: 9:53.10 -16. 6 African youth 3000 2015. At WXC: 2-15-50J In 2017: 1 Kenitra XC; 1 Moroccan junior XC	18y	CHEMUTAI Peruth UGA 2016 World Junior Championship steeplechase finalist, then very nearly reached the Olympic final at 17 years 34 days 3000SC pb: 9:31.03 -16. 1500 pb: 4:17.18 -16. 3000 pb: 9:20.20 -16. 2 Commonwealth Youth Games 1500/3000 2015; 7 WJC 3000SC 2016; ht OLY 3000SC 2016 (missed final by two places) In 2017: 1 Ugandan junior XC (won by 19 seconds)	17y
EL GAZOUIR Wafa MAR	19y	MUNGULEYA Adha UGA In 2017: 6 Ugandan junior XC	17y
FADILI Saadia MAR 1500 pb: 4:36.09 -14. 9 African Youth Games 1500 2014 In 2017: 4 Marrakech XC; 1 Rabat junior XC	19y	FRUCHEY Madison USA In 2017: 7 US junior XC; 5 Huntington 3000; 11 NACAC junior XC	19y
TAHIRI Rahma MAR 5000 pb: 16:50.38 -16 In 2017: 1 Marrakech XC; 3 Moroccan junior XC	18y	GARCIA Kristen USA 3000 pb: 9:54.19i -17 In 2017: 6 Seattle 3000; 6 US junior XC; 14 NACAC junior XC	17y
		MAGNANI Michelle USA 2017 US Junior Cross Country Champion // 5000 pb: 16:47.46i -17. 1 US junior XC 2017 In 2017: 8 Fayetteville 3000; 1 US junior XC; 5 Fayetteville; 12 Ames Big 12 3000/5000	28y
		MORRIS Logan USA 5000 pb: 16:53.84 -16 In 2017: 6 Clemson 3000 (Jan 28); 4 US junior XC; 4 Clemson 3000 (Feb 17); 8 NACAC junior XC	18y

MURRAY Megan USA 5000 pb: 17:16.71 -16 // In 2017: 5 US junior XC; 10 NACAC junior XC	18y
ROBERTS Aubrey USA 3000 pb: 9:33.88 -16 // In 2017: 2 US junior XC; 7 NACAC junior XC	19y
GUMEDE Dzidzai ZIM	18y

CHIGIRA Ryunosuke JPN	17y	RUSU Dorin Andrei ROU	18y
NISHIYAMA Kazuya JPN	18y	10,000 pb: 30:22.17 -16. 3000 pb: 8:24.61 -16. dq World Youth 3000 2015 ("Infringement of the inside border"); 21 WJC 10,000 2016. At EXC: 2015-24J, 2016 -20J. 1 Romanian indoor 1500/3000 2017	
SAKAI Yoji JPN	18y	In 2017: 5 'Great' Edinburgh junior XC; 1 Romanian indoor 1500/3000; 1 Balkan junior indoor 1500; 2 Romanian indoor 1500; 4 Balkan indoor 1500	
2 Fukuoka XC 2016			
SHIMIZU Sodai JPN	18y	LEPHOTHO Tumi RSA	17y
YOSHIDA Keita JPN	16y	MALEBANA Dais RSA	18y
10,000 pb: 29:33.22 -16. 5000 pb: 13:50.67 -15		3000 pb: 8:30.38 -16. 1 South African youth 3000 2016	
BETT Edwin Kiplangat KEN	19y	MPHAHLELE Ryan RSA	18y
This must be the boy who placed fourth in the 2017 Kenyan Junior XC under the name Edwin Kosgei Kiplangat		1500 pb: 3:51.05 -16. 2 South African junior 1500 2016	
KIRUI Amos KEN	19y	MTHEMBU Pakiso RSA	17y
2016 World Junior Champion at 3000m Steeplechase (and also world class at 5000m & 10,000m)		1 South African Schools youth 1500/3000 2016	
10,000 pb: 28:08.98 -16. 5000 pb: 13:25.91 -16. 3000SC pb: 8:20.43 -16. 3 African Youth Games 2000SC 2014; 2 Youth Olympic Games 2000SC 2014; 1 WJC 3000SC 2016. In Japan he competes for the Toyota Boshoku Corporation (they make car components)		SEBOKO Kabelo RSA	19y
In 2017: 5 Kenyan junior XC		3000SC pb: 9:00.07 -16. 1 South African Schools 3000SC 2016	
KIRUI Ronald KEN	18y	AHMED Khashi Mohamedkhir SUD	16y
Full name-Ronald Kiprotich Kirui // Half Mar pb: 61:43 -16. 10,000 pb: 28:13.43 -16. 6 WJC 10,000 2016		MAKEEN Yousif Ahmed SUD	18/19y
In 2017: 6 Kenyan junior XC		MOHAMED EISA Gidown SUD	17/18y
LEDAMA Wesley KEN	17y	MOHAMED Mohamed Abdaljalil SUD	17y
(aka Wesley Ladema, which was the name he used at the 2017 Kenyan Championships)		YOUSIF Adam SUD	19y
5000 pb: 13:23.34 -16. 2 East African junior 5000 2016; 3 WJC 5000 2016. 1 Kenyan junior 5000 2016		ht World Youth 3000 2015	
In 2017: 3 Kenyan junior XC		DAMIANO Francis TAN	16y
NZULA Meshack KEN	16y	HAMISI Ramadhani Juma TAN	16y
Full name-Meshack Kyuguti Nzula		SULLE Joshua Elisante TAN	17y
(aka Kyunguti Nzula, Nzula Michael Kyunguti)		SULLE Yohana Elisante TAN	18y
In 2017: 2 Kenyan junior XC		WEMA Anthony Dosla TAN	18y
YATOR Kimunyan, Richard KEN	18y	WEMA Elisha Dosla TAN	17y
Full name-Richard Yator Kimunyan		CHEKURUI Mathew Job UGA	15y
2015 World Youth Champion at 3000m		In 2017: 6 Ugandan junior XC	
3000 pb: 7:53.7 -15. 2 African Youth 3000 2015; 1 World Youth 3000 2015; 2 Commonwealth Youth Games 3000 2015. 1 Kenyan Schools 3000 2015		CHEMUTAI Elisha UGA	17y
In 2017: 1 Eldoret junior XC; 1 Mosoriot XC; 1 Central Rift junior XC; 1 Kenyan junior XC (won by seven seconds) (: 4 / 4 wins)		5000 pb: 14:16.65 -16 // In 2017: 4 Ugandan junior XC	
ABDULLAH Abdullah KUW	18y	KIBET Kevin UGA	18y
ALAZEMI Mutlaq KUW		5000 pb: 14:29.40 -15 // In 2017: 5 Ugandan junior XC	
ALFAILAKAWI Waleed KUW	18y	KIPLANGAT Victor UGA	18y
NADOUM Yousef KUW	18y	10,000 pb: 28:53.07 -16. 5000 pb: 14:10.55 -16. 18 WJC 5000 2016; 2 World Junior Mountain Running Champs 2016	
AL CHOR Ahmad LBN	18y	In 2017: 3 Ugandan junior XC; 5 San Vittore Olona XC (top senior field)	
ALKHOURY Peter LBN	17y	KIPLIMO Jacob UGA	16y
HAMIEH Almontaser LBN	16y	He is the youngest athlete entered for the athletics programme in Rio, not born until just after the Sydney Olympics	
KPEHE Andrew LBR	16y	10,000 pb: 27:26.68 -16. 5000 pb: 13:19.54 -16. 3 WJC 10,000 2016; ht OLY 5000 2016. 1 Italian 10,000 2016	
AKANKAM Hicham MAR	18y	In 2017: 1 Ugandan junior XC	
1500 pb: 3:47.20 -16. ht World Youth 1500 2015		KWEMOI Titus UGA	15y
In 2017: 2 Marrakech junior XC; 1 Rabat junior XC		Full name-Titus Given Kwemai // In 2017: 2 Ugandan junior XC	
BALI Mohamed MAR	18y	ALI Hamza USA	19y
In 2017: 6 Rabat junior XC; 6 Kenitra junior XC; 2 Moroccan junior XC		Attends University of Minnesota	
BEN ZAHRA Abdelkarim MAR	18y	In 2017: 2 Minneapolis 3000 (Jan 14); 3 US junior XC; 1 Minneapolis 3000 (Feb 17)	
3000SC pb: 8:34.28 -16. 9 World Youth 1500 2015; 6 WJC 3000SC 2016. 1 Moroccan junior 3000SC 2016		HAINES Alec USA	19y
In 2017: 1 Marrakech junior XC; 1 Kenitra junior XC; 3 Val de Reuil 2000; 6 Moroccan junior XC		Mile pb: 4:07.65i -17. Born-St. Louis, Missouri. Attends Oklahoma State University	
OUTALHA Mohcin MAR	18y	In 2017: 3 Lincoln Mile; 5 Fayetteville 3000 'B'; 7 US junior XC; 5 Fayetteville Mile; 10 Ames Big 12 3000	
2017 Moroccan Junior Cross Country Champion // 3000 pb: 8:28.47 -17		HARDING Isaac USA	19y
In 2017: 5 Rabat junior XC; 3 Benguerir 3000 'B'; 1 Moroccan junior XC		3000 pb: 8:20.20i -17. Student of Kinesiology at Michigan State University	
OUZINE Anouar MAR	18y	In 2017: 1 Ann Arbor 3000; 6 Saginaw 3000; 2 US junior XC; 7 NACAC junior XC	
20 African junior XC 2016		PARPART Gavin USA	18y
In 2017: 3 Rabat junior XC; 3 Moroccan junior XC		3000 pb: 8:12.26i -17. Attends University of Washington	
RAJI Ilyas MAR	18y	In 2017: 12 Seattle 3000 'B'; 4 US junior XC; 9 Seattle MPSF 3000 'B'	
DEL RAZO Jonathan MEX	18y	REED Aidan USA	19y
In 2017: 5 NACAC junior XC		6 NACAC junior XC 2017. Student of Political Science at Southern Utah University	
REYNA Arturo Israel MEX	18y	In 2017: 5 US junior XC; 6 NACAC junior XC	
ht World Youth 2000SC 2015		ROBERTS Paul USA	19y
CANCHANYA Yorlin PER	17y	Voted Colorado High School Male Athlete of the Year (all sports) in 2015	
In 2017: 3 Peruvian junior XC		3000 pb: 8:18.24i -17. At WXC: 2015-59J. 1 US junior XC 2017. Attends Colorado State University. Coach/father-Mark Roberts	
CONDORI Edwar PER	18y	In 2017: 1 Golden CO 3000; 1 US junior XC; 14 NCAA div 2 indoor 3000	
In 2017: 2 Peruvian junior XC		AL-QWABANI Abdullah YEM	18y
RAMOS Omar PER	18y	5000 pb: 16:02.55 -15. ht WCH 5000 2015. At WXC: 2015-105J	
5000 pb: 14:27.43 -16 // In 2017: 1 Peruvian junior XC		MKWANANZI Dumo ZIM	18y
VILLALVA Braulio PER	18y		

Women's Race

15:55

104 Entrants

31 Countries

9858m – 5 laps
(33m start + 4 full laps / 2K + lap to finish / 1.825K)
6 run, 4 score

Age

BETICHE Amina ALG

29y

Algerian steeplechase record holder & 2013 Mediterranean Champion
3000SC pb: 9:29.20 -14. 1500 pb: 4:14.91 -16. 1 Mediterranean Games 3000SC 2013; ht WCH 3000SC 2013/2015. At WXC: 2005-33J, 2006-65J, 2015-26. Voted Algerian Athlete of 2013 by the Algeria Press Service
In 2017: 4 Algerian XC

CHENAH Rima ALG

21y

3000SC pb: 10:06.96 -16. 1500 pb: 4:25.97 -14. ht World Youth 1500 2013; ht WJC 1500 2014; 1 Mediterranean under-23 3000SC 2016. At WXC: 2015-41J
In 2017: 5 Algerian XC

DAHMANI Kenza ALG

36y

Full name-Kenza Dahmani Tifahi // Marathon pb: 2:33:53 -16. Half Mar pb: 70:36 -13. 10,000 pb: 32:20.58 -13 (33:54.18 -16). 5000 pb: 16:21.53 -07 (16:25.73 -16). 3 African Games Half Mar 2007; 3 Mediterranean Games Half Mar/10,000 2009; 43 World Half Mar 2016. At WXC: 98-56J, 97-58J, 99-44J, 2008-59, 2009-32, 2013-18 Marathons (7): 1 Mossel Bay 2008, 3 Madrid 2008, 1 Toulouse 2009, 5 Toulouse 2013, 3 Toulouse 2015, 50 OLY 2016, 2 Athens 2016
In 2017: 1 Algerian XC

SENANI Riham ALG

23y

Half Mar pb: 76:48 -16. At WXC: 2011-48J // In 2017: 6 Algerian XC

YAHY Nawal ALG

25y

3000SC pb: 9:53.63 -16. 17 African XC 2016. At WXC: 2009-68J, 2010-44J, 2015 -28. 1 Algerian 3000SC 2015
In 2017: 8 French XC; 3 Algerian XC

DELANEY Bridey AUS

27y

5000 pb: 16:03.28 -16. 3000 pb: 9:09.85 -15. 1500 pb: 4:10.32 -11. 5 WJC 1500 2008; 9 WSG 1500 2009. 1 Australian 3000 2015
In 2017: 1 Wollongong 3000; 4 Australian World Cross Trial XC; 6 Canberra 5000

GILMOUR Lexy AUS

27y

3000 pb: 9:37.64 -06. ht World Youth 1500 2005. 1 Australian Schools under-18 1500 2006
In 2017: 5 Australian World Cross Trial XC

KELLY Anna AUS

22y

5000 pb:16:29.08 -17. 2 Australian XC 2016
In 2017: 1 Australian World Cross Trial XC; 3 Melbourne 3000; 5 Canberra 5000

MAINI Gemma AUS

30y

5000 pb: 16:11.67 -14 (16:19.96 -17). 10,000 pb: 35:13.43 -15. At WXC: 2015-50. 4 Australian 5000 2016
In 2017: 1 Melbourne 3000 (Jan 14); 5 Melbourne 1500 (Jan 19); 3 Australian World Cross Trial XC; 1 Melbourne 3000 (Feb 7); 4 Sydney 5000; 4 Victoria State 1500; 4 Canberra 5000

MOLONEY Virginia AUS

26y

2016 Melbourne Marathon winner // Marathon pb: 2:34:27 -16. Half Mar pb: 72:25 -16. One of 11 children. Coach-Liam Delaney
Marathons (3): 4 Melbourne 2015, 22 Tokyo 2016, 1 Melbourne 2016
In 2017: 6 Australian World Cross Trial XC

RYAN Emily AUS

22y

5000 pb: 16:32.88 -17. A nurse from Canberra. Coach-Dick Telford
In 2017: 2 Australian World Cross Trial XC; 5 Sydney 5000; 7 Melbourne 5000

NAHIMANA Cavalline BDI

20y

Burundian record holder at 5000m // 5000 pb: 15:47.90 -16. 3 African Youth Games 3000 2014; 5 Youth Olympic Games 3000 2014; 6 African junior 5000 2015; 6 African Champs 5000 2016. 3 Burundian XC 2016

TIANGO Mema BOT

25y

Half Mar pb: 82:23 -14. 5 Soweto Half Mar 2016

CHELIMO Rose BRN

27y

Allegiance transferee from Kenya – acquired Bahraini citizenship on August 19, 2015 (having entered the country on August 1, 2015) and cleared by IAAF to compete for Bahrain from August 1, 2016
Marathon pb: 2:24:14 -16. Half Mar pb: 68:08 -16 (68:37 -17). 1 Paris 20K 2010/2014, Four big half marathon victories in 2015 prior to her transition to Bahrain: Adana, Coamo, Lisbon & Ceske Budejovice. Then she won in Seoul on her debut
Marathons (2): 1 Seoul 2016, 8 OLY 2016
In 2017: 2 Nandi XC; 20 Eldoret XC; 7 Ra's al-Khaimah Half Mar

CHUMBA Eunice BRN

23y

Full name-Eunice Chebichi Chumba
Allegiance transferee from Kenya – acquired Bahraini citizenship on September 15, 2013 and cleared by IAAF to compete for Bahrain from September 14, 2014
Marathon pb: 2:25:00 -16. Half Mar pb: 68:04 -16. 10,000 pb: 32:22.29 -15. 6 Asian Games 10,000 2014; 2 Asian Champs 10,000 2015; 1 Asian XC 2016
Marathons (6): 9 Nairobi 2012, 6 Hong Kong 2013, 2 Cape Town 2015, 12 Dubai 2016, 1 Dongying 2016, 3 Amsterdam 2016. Also paced London 2014
In 2017: 3 Eldoret XC

JEBET Ruth BRN

20y

Won Rio Olympic steeplechase title by 40m, then 12 days later broke the world record by six seconds
3000SC pb: 8:52.78 -16. 1500 pb: 4:13.4 -16. 3000 pb: 8:47.24i -16. 5000 pb: 16:16.1 -13. 1 WJC 2014; 3 IAAF Continental Cup 2014; 1 Asian Games 2014; 1 Arab 2015; 11 WCH 2015; 1 OLY 2016. At WXC: 2015-9J. 1 Kenyan Schools 3000/5000 2013
Allegiance transferee from Kenya – acquired Bahraini citizenship on May 19, 2013 and cleared by IAAF to represent Bahrain from May 18, 2014. Immediately after gaining Bahraini citizenship in 2013 she achieved the following steeplechase results in championships for Bahrain: 2 Arab 2013; 1 Asian 2013; 1 West Asian youth 2013. But these came before she was cleared to compete for Bahrain by the IAAF, and so have been annulled and the rightful Asian Champion of 2013 is Sudha Singh IND
In 2017: 2 Seville XC; 2 Elgöibar XC

MOKONIN Desi Jisa BRN

19y

Allegiance transferee from Ethiopia – cleared by IAAF to compete for Bahrain from July 8, 2014
Half Mar pb: 71:17 -17. 5000 pb: 15:58.46 -16. 2 Asian Youth Olympic Trial 800 2014; 2 Asian junior XC 2016. At WXC: 2015-8J. Ex-Ethiopian
In 2017: 1 Egmond Aan Zee Half Mar; 1 Rabat Half Mar

REBITU Bontu Edao BRN

19y

Allegiance transferee from Ethiopia – cleared by IAAF to compete for Bahrain from March 21, 2015
5000 pb:15:25.12 -16. 3000 pb: 9:08.67 -16. At WXC: 2015-20J. 1 Arab junior 3000/5000 2016; 3 WJC 5000 2016. Ex-Ethiopia
In 2017: 3 Le Mans XC; 3 San Vittore Olona XC; 1 San Sebastián XC

BROOKING Lisa CAN

29y

Half Mar pb: 76:03 -16. 5000 pb: 16:15.62 -16. 7 NACAC XC 2016. 8 Canadian XC 2016. Nursing graduate from the University of Windsor. Coach-Mark Bomba
In 2017: 2 Seattle 3000 'C'; 7 NACAC XC

COATES Victoria CAN

25y

Half Mar pb: 76:54 -16. 5000 pb:16:12.70i -17. 3000 pb: 9:32.71i -14. 6 NACAC XC 2017. 6 Canadian XC 2016. 1 Niagara Falls Half Mar 2016
In 2017: 3 Geneva OH 5000; 6 NACAC XC

GOLLISH Sasha CAN

35y

2015 Pan-American Games 1500m bronze. 2017 North/Central American & Caribbean Cross Country Champion
1500 pb: 4:07.08 -15. 800 pb: 2:02.90 -15. 5000 pb: 16:02.16 -15. 3 Pan-Am Games 1500 2015; 1 NACAC XC 2017. 1 Canadian XC 2016. Works as an Engineering consultant. Started running and training seriously in 2014, previously she's competed at competed at cycling, duathlon (3 World Champs 2013 for age 30-34), triathlon and "Ultimate Frisbee". Coach-Ross Ristuccia
In 2017: 1 Seattle Mile; 2 Boston 1000; 2 Cambridge MA 3000; 1 NACAC XC

HARRISON Kate CAN

27y

2011 North / Central American & Caribbean Cross Country Champion // 10,000 pb: 33:48.64 -11. 5000 pb: 15:48.68 -13. At WXC: 2011-86. 1 NACAC XC 2011. 1 Canadian XC 2010; 2 NCAA 10,000 2011 (representing the University of West Virginia, where she studied Exercise Physiology)
In 2017: 2 Lynchburg 3000

STAEHLI Julie-Anne CAN

23y

5000 pb: 16:33.45i -16. 3000SC pb: 9:58.56 -14. 7 World University XC 2014 (at Entebbe UGA); 3 North/Central American & Caribbean under-23 3000SC 2014. 3 Canadian 3000SC 2015; 9 Canadian XC 2016
In 2017: 4 Boston 3000 'B'

SUMNER Claire CAN

22y

3000 pb: 9:35.13i -17. 1500 pb: 4:27.72 -16. 4 NACAC XC 2017. 3 Canadian XC 2016
In 2017: 5 New York College 3000 'B'; 1 Boston 3000 'C'; 4 NACAC XC

CUOMU Ciren CHN

19y

Half Mar pb: 74:37 -16. 10,000 pb: 34:56.97 -15. 5000 pb: 16:33.32 -15. At WXC: 2015-56J. 44 World Half Mar 2016. From-Tibetan region

GLAD Simone DEN

26y

Full name-Simone Christensen Glad
Multiple Danish Champion at 5000m and Steeplechase
5000 pb: 16:11.03 -14. 3000SC pb: 10:23.07 -15. 8 WSG 3000SC 2013; 66 World Half Mar 2014; 10 WSG 5000 2015. At WXC: 2015-70. At EXC: 2012-19u23, 2013 -46, 2014-22, 2015-60. 1 Danish 3000SC 2009/2010/2011/2012/2013/2014/2015 & 5000 2013/2014/2016. Former handball player. Works as a physiotherapist. Coach-Sonni Thelmark
In 2017: 2 Danish short course XC; 2 Danish XC (1st Dane, so Danish Champion for the fourth time)

MØLLER Anna Emilie DEN 19y
Two medals at 2015 European Junior Championships, then silver at 2016 European Junior Cross Country
3000SC pb: 9:32.68 -16. 5000 pb: 16:07.43 -15. 3000 pb: 9:10.30 -15. 1500 pb: 4:21.59 -16. 2 EJC 5000 2015 (3 3000); 5 WJC 3000SC 2016; ht OLY 3000SC 2016. At EXC: 2014-6J, 2015-8J (team bronze), 2016-2J. 1 Danish 1500/5000 2015 & 800/1500 2016. Coach-Per Le Fevre Hansen
In 2017: 1 Danish short course XC; 8 European Clubs Cup XC

LANDI Diana Judith ECU 30y
Half Mar pb: 74:56 -16. 10,000 pb: 34:19.34 -14. 6 South American Games 10,000 2014
In 2017: 2 South American XC; 3 Bogotá XC

PAGUAY Jéssica Margot ECU 22y
10,000 pb: 35:07.78 -15. 5000 pb: 16:31.44 -15. 3 South American under-23 10,000 2014 (4 5000); 11 Pan-Am Games 5000 2015
In 2017: 3 South American XC

TISALEMA Katherine Ruth ECU 20y
3000SC pb: 10:34.16 -16. 1 South American junior 3000SC 2015
In 2017: 2 Ecuadorian XC; 9 South American XC

TOAQUINZA Carmen Amelia ECU 21y
2017 South American Cross Country Champion // 5000 pb: 16:47.34 -16. 1 South American XC 2017
In 2017: 1 Ecuadorian XC; 1 South American XC

KIBREAB Ruth ERI 25y
In 2017: 5 Eritrean XC

TESFAGABRIEL Kokob ERI 22y
5000 pb: 15:57.54 -16. 4 African Games Half Mar 2015; 9 African Champs 5000 2016
In 2017: 2 Eritrean XC

WELDEGHABR Simret ERI 19y
10,000 pb: 36:53.5 -16. 19 African junior XC 2014; 10 Youth Olympic Games 3000 2014. 3 Eritrean junior 10,000 2016 (4 5000)
In 2017: 4 Eritrean XC

WELDU Nazret ERI 27y
Full name-Nazret Weldu Ghebrehiwet
Eleventh in 2015 World Cross Country Championships
Half Mar pb: 70:51 -14 (74:56 -16). 10,000 pb: 33:23.93 -14. 5000 pb: 15:42.71 -13. 1500 pb: 4:09.34 -12. 800 pb: 2:04.26 -08. At WXC: 2009-27J, 2011-44, 2013-19, 2015-11. 10 African XC 2014;24 WCH 10,000 2015. Former Eritrean international at 400m (pb 54.99)
In 2017: 15 Houston Half Mar; 1 Eritrean XC

YEMANE Yohana ERI 27y
Half Mar pb: 80:40 -15 // In 2017: 3 Eritrean XC

DIAZ Maria Azucena ESP 34y
Full name-Maria Azucena Diaz Calvo
3x Spanish Champion at half marathon
Marathon pb: 2:31:45 -16. Half Mar pb: 72:08 -08. 10,000 pb: 34:27.14 -09. 5000 pb: 16:24.90 -08. 3000SC pb: 10:02.55 -06. 16 World Half Mar 2008 (2010-34, 2012 -23); 36 ECH Half Mar 2016. 1 Spanish Half Mar 2009/2010/2012. At WXC: 2013 -50. At EXC: 2006-21, 2012-25. Coach-José Ríos
Marathons (3): 5 Rotterdam 2014, 6 Rotterdam 2016, 34 OLY 2016
In 2017: 11 Amorebieta XC; 8 Seville XC; 12 European Clubs Cup XC; 5 Spanish XC

GEBRE Trihas ESP 26y
Full name-Trihas Gebre Aunoon
First European finisher at 2015 World Cross Country Championships
Marathon pb: 2:38:47 -10. 10,000 pb: 32:03.39 -13. 5000 pb: 15:27.94 -15. 1 ECP 10,000 2015; 7 ETCh 5000 2015; 16 WCH 10,000 2015; 10 ECH 10,000 2016; 29 OLY 10,000 2016. At WXC: 2015-15. At EXC: 2014-13, 2015-11, 2016-7. 1 Spanish XC 2014/2015/2016/2017 & 5000 2016. Allegiance transferee from ETH –her husband Aitzol Urruzola is Spanish. She has had continuous residence in Spain since October 31, 2011. Gained Spanish citizenship on July 30, 2014 and cleared by the IAAF to represent Spain from November 14, 2014. Coach-Ricardo Jiménez
Marathon (1): 1 San Sebastian 2010
In 2017: 2 Amorebieta XC; 5 Seville XC; 3 Elgóibar XC; 2 European Clubs Cup XC; 1 Spanish XC (4th time)

LOZANO Ana ESP 26y
3000 pb: 8:55.20i -17. 6 EIC 3000 2017. 2 Spanish indoor 3000 2017 (2016-3); 2 Spanish XC 2017
In 2017: 1 Madrid 3000 (Jan 7); 4 Seville XC; 2 Madrid 3000 (Feb 2); 1 Valencia 3000; 2 Spanish indoor 3000; 6 EIC 3000; 2 Spanish XC

PELAYO Irene ESP 37y
Full name-Irene Pelayo González // Half Mar pb: 72:11 -17. 5000 pb: 16:24.87 -10. 3000SC pb: 9:54.14 -06. At EXC: 2006-38, 2010-33, 2011-26
In 2017: 1 Santander 3000; 1 Granollers Half Mar (pb); 4 Spanish XC

URBINA Teresa ESP 32y
Full name-Maria Teresa Urbina Gomez
2004 World Junior finalist at Steeplechase
5000 pb: 16:48.42 -05. 11 WJC 3000SC 2004; 2 Ibero-American 3000SC 2006; 5 under-23 ECH 3000SC 2007 (2005-7); 5 WJC 3000SC 2009; ht EIC 3000 2013; ht ECH 3000SC 2014. At WXC: 2004-72J, 2013-57. At EXC: 2003-48J, 2004-58J, 2006-24u23, 2007-dnfu23, 2008-51, 2013-29
In 2017: 9 Amorebieta XC; 4 Valladolid XC

AYELE Gebeyanesh ETH 21y
Marathon pb: 2:34:07 -17. 10,000 pb: 33:22.5 -15. 3 'Great' Ethiopian Run 10K 2014; 3 Ethiopian 10,000 2015
Marathon (1): 6 Xiamen 2017
In 2017: 6 Xiamen Marathon; 3 Ethiopian XC

DIDA Dera ETH 20y
Full name-Dera Dida Yami // Half Mar pb: 68:06 -17. 5000 pb: 14:42.84 -16. 3000 pb: 8:48.31 -16. At WXC: 2015-2J. 1 Ethiopian 5000 2016 & XC 2017
In 2017: 2 Houston Half Mar; 1 Ethiopian XC

LEWETEGN Sintayehu ETH 20y
Full name-Sintayehu Lewetegn Hailemichael // Half Mar pb: 72:54 -16. 5000 pb: 15:06.49 -16. 3000 pb: 9:02.98 -15. 2 African junior 5000 2015
In 2017: 6 Ethiopian XC

LIMENEH Zerfie ETH 20y
Full name-Zerfie/Zerfe Limeneh/Lemnehe Tadesse/Tesena // Marathon pb: 2:40:53 -15. 5000 pb: 15:49.68 -14. At WXC: 2015-14J. 7 African junior XC 2016. 1 Ethiopian junior XC 2014
Marathon (1): 2 Istanbul 2015
In 2017: 4 Ethiopian XC

OLJIRA Belaynesh ETH 26y
Full name-Belaynesh Oljira Jemama
Third at World Championships on the track and at cross country
Marathon pb: 2:24:21 -14. Half Mar pb: 67:27 -11. 10,000 pb: 30:26.70 -12. 5000 pb: 14:42.57 -16. 3000 pb: 8:38.55 -16. 5 African XC 2012; 5 OLY 10,000 2012; 3 WCH 10,000 2013 (2015-9); 3 African Champs 10,000 2014. At WXC: 2011-10, 2013-3, 2015-9. 1 Ethiopian 10,000 2011
Marathons (2): 5 Dubai 2013, 10 Boston 2014
In 2017: 2 Ethiopian XC

TEFERI Senbere ETH 21y
Full name-Senbere Teferi Sora
Second at 2015 World Cross Country Championships, then again in the 2015 World 5000m when she pipped Genzebe Dibaba
10,000 pb: 30:40.59 -16. 5000 pb: 14:29.82 -16. 3000 pb: 8:41.54 -14. 1500 pb: 4:01.86 -15. 2 World Youth 1500 2011; 3 WJC 1500 2012; ht WCH 1500 2013; 2 WCH 5000 2015; 5 OLY 5000 2016. At WXC: 2015-2. 1 Ethiopian 5000 2013
Ended 2016 in style, a 5000m pb in Brussels, 2nd place in 'Great' South Run 10M and victory in big XC at Atapuerca
In 2017: 1 Seville XC; 1 Elgóibar XC

JALLOW Mariama GAM 22y
Gambian marathon record holder // <arathon pb: 2:45:00 -16
Marathons (2): 3 Dakar 2016, 4 Kassel 2016

DUCK Claire GBR 31y
2016 English Champion at 5000m // 10,000 pb: 33:40.73 -16. 5000 pb: 15:47.75 -16. 3000 pb: 9:09.63 -16. 1500 pb: 4:18.20 -16. 1 Yorkshire 3000 2014/2015 & XC 2016; 1 North of England 5000 2015 & XC 2016; 13 UK 5000 2015 (2016-15); 2 English 'National' XC 2016; 1 English 5000 2016. Coach-Mike Baxter
In 2017: 12 'Great' Edinburgh XC; 6 Antrim XC; 1 North of England XC; 3 English 'National' XC; 2 UK Inter-Counties XC
She is British Team captain in Kampala

HOSKER THORNHILL Emily GBR 24y
1500 pb: 4:17.74 -16. 3000 pb: 9:25.94 -13. At EXC: 2016-57 (team silver). 7 English under-23 1500 2013; 2 South of England 1500/3000 2014. Attends University of New Mexico. Coach-Mick Woods
In 2017: 18 'Great' Edinburgh XC; 1 South of England XC; 2 British Universities XC; 4 English 'National' XC

MURRAY Rebecca GBR 22y
Under-23 team gold at 2015 & 2016 European Cross Country Championships
Half Mar pb: 72:59 -16. 10,000 pb: 34:20.75 -16. 5000 pb: 16:24.21 -15. At EXC: 2014-29u23, 2015-14u23, 2016-7u23 (team gold). 2 English Schools 3000 2012; 1 English 'National' under-20 XC 2015; 2 English under-23 5000 2016; 1 British Universities indoor 3000/XC 2017. Attends Birmingham University. Coach-Alex Stanton
In 2017: 20 'Great' Edinburgh XC; 1 British Universities XC; 1 British Universities indoor 3000

SMALL Louise GBR 24y
2009 European junior bronze at 3000m // 10,000 pb: 33:50.63 -14. 5000 pb: 15:41.94 -16. 3000 pb: 9:15.47 -09. 1500 pb: 4:21.07 -09. 5 World Youth 1500 2009 (2007-ht); 3 EJC 3000 2009; 12 ECP 10,000 2016. At WXC: 2009-34J, 2011-29J. 1 English 'National' under-17 XC 2009; 1 British Universities 5000/10,000 2011; 2 English under-23 5000 2014; 7 UK 5000 2016 (2014-8). Coach-Mick Woods
In 2017: 1 Hampshire XC; 8 Antrim XC; 2 South of England XC; 7 European Clubs Cup XC; 2 English 'National' XC; 4 UK Inter-Counties XC

HORI Yuka JPN 5000 pb:15:45.73 -16 // In 2017: 5 Yamaguchi 10K; 2 Japanese XC	20y	SAHOLINIRINA Eliane MAD Full name-Marie-Éliane Saholinirina Malagasy record holder at 1500m, 3000m & Steeplechase 3000SC pb: 9:44.50 -16. 1500 pb: 4:15.13 -16. 3000 pb: 9:32.04 -12. 3 African junior 2001; ht WCH 800 2007 & 1500 2009/2013/2015; 7 African Champs 3000SC 2010 (12 1500); ht WIC 1500 2010; ht OLY 1500 2012 & 3000SC 2016; ht WIC 3000 2014; 4 African Champs 3000SC 2016 (2012-5)	35y
ICHIYAMA Mao JPN 10K pb: 32:24 -17. 5000 pb: 15:44.33 -16. 3000 pb: 9:13.09 -16 In 2017: 2 Yamaguchi 10K; 1 Japanese XC	19y	HAITOPE Lavinia NAM Half Mar pb: 78:36 -12. 5000 pb: 16:56.28 -12. 9 World Youth 3000 2007; 40 World Half Mar 2012 (2014-52); 11 African Champs 1500 2016. At WXC: 2013-63	27y
MORITA Kaori JPN 10K: 32:27 -17. 5000 pb: 15:37.63 -14. 3000 pb: 9:07.08 -16. 1500 pb: 4:17.33 -15. 3 Japanese 1500 2015 In 2017: 3 Yamaguchi 10K; 4 Japanese XC	21y	ADEWALE Hannah NGR	32y
SASAKI Fumika JPN 10,000 pb: 33:38.17 -14. 5000 pb: 16:07.42 -14 In 2017: 6 Japanese XC	23y	AMOS Unity NGR	23y
CHEPTAI Irene KEN Full name-Irene Chebet Cheptai (sometimes she gets called Chebet Cheptai or Irine Cheptai). Top 10 at last two World Cross Country Championships 10,000 pb: 31:15.38 -16. 5000 pb: 14:43.42 -16. 7 World Youth 3000 2007; 7 WCH 5000 2015. At WXC: 2008-2J, 2013-10, 2015-7. 3 Kenyan junior XC 2007 (but too young then to compete at the World Cross Country Championships); 1 Kenyan XC 2017 In 2017: 1 Eldoret XC; 1 European Clubs Cup XC; 1 Kenyan XC (3 / 3 big wins)	25y	LANGE Rose NGR	23y
KIYENG Jepkemoi, Hyvin KEN Full name-Hyvin Kiyeng Jepkemoi (she's better known as Hyvin Kiyeng) 2015 World Steeplechase Champion (after her, Habiba Ghribi & Gesa Felicitas Krause were together at the final barrier), then Olympic silver 3000SC pb: 9:00.01 -16. 5000 pb: 15:42.64 -11. 3000 pb: 9:07.51 -11. 1500 pb: 4:19.4 -16. 1 African Games 3000SC 2011 (4 5000); 3 African Champs 3000SC 2012; 1 WCH 3000SC 2015 (2013-6); 2 OLY 3000SC 2016. Her younger sister Judy Kiyeng clocked 4:05.45 for 1500m and just missed the Kenyan Olympic team in that event, Coach-Patrick Sang In 2017: 2 Central Rift XC; 6 Kenyan XC	25y	LORINE Obilor NGR	22y
KIPYEGON Faith KEN Full name-Faith Chepngetich Kipyegon Olympic & Commonwealth Games Champion at 1500m, but also an experienced cross country performer 5000 pb: 14:31.95 -15. 3000 pb: 8:23.55 -14. 1500 pb: 3:56.41 -16. 800 pb: 2:02.8 -13. 1 World Youth 1500 2011; 1 WJC 1500 2012; ht OLY 1500 2012; 5 WCH 1500 2013; 1 African XC 2014; 1 COM 1500 2014; 5 African Champs 1500 2014; 2 WCH 1500 2015 (1:57.54 last 800m); 1 OLY 1500 2016 ((1:57.3 last 800m versus 'only' 1:58.5 by Genzebe Dibaba). At WXC: 2010-4J (but only the fourth Kenyan finisher), 2011/2013-1J. 1 Kenyan XC 2014/2015. Her older sister is Beatrice Mutai (11 WXC 2013). She is a supporter of Arsenal FC (a club playing in the English Premier League of football). Coach-Bram Som (1 ECH 800 2006) In 2017: 2 San Giorgio sur Legnano XC; 3 Kenyan XC	23y	YUNANA Naomi NGR	23y
APROT Nawowuna, Alice KEN Full name-Alice Aprot Nawowuna (she's usually known as Alice Aprot) Valiant fourth in the epic Rio Olympic 10,000m 10,000 pb: 29:53.51 -16. 5000 pb: 14:39.56 -16. 3000 pb: 8:53.55 -14. At WXC: 2010-9J. 3 WJC 5000 2010; 1 African Games 10,000 2015 (3 5000); 1 African XC 2016 (2014-3); 1 African Champs 10,000 2016 & 4 OLY 10,000 2016. At WXC: 2010 -9J. 1 Kenyan 10,000 2016. Coach-Julius Kirwa She front-ran the 2016 Olympic 10,000m, covering the first half in 14:46.81, almost 20 seconds faster than the previous world record pace of Wang Junxia. Then faded to fourth behind Ayana, Cheruiyot & Dibaba but still clocked 29:53.51 – "I don't regret the tactics I employed. I was in a very fast race and I also wanted to get a good time for myself ... I am thankful for the experience I picked from there" In 2017: 1 Nairobi XC; 1 Kenyan Prisons XC; 4 Kenyan XC (She says she was only "half" fit then, having spent three months concentrating on her studies at the Kenya Prisons Service Training College)	23y	SULCA Nélide PER 10,000 pb: 35:13.4 -16. 3 Peruvian 10,000 2015/2016 In 2017: 1 Peruvian XC	29y
KASAIT Rengeruk, Lilian KEN Full name-Lilian Kasait Rengeruk Former World Youth Champion at 3000m 3000 pb: 8:53.41 -14. 1 World Youth 3000 2013; 5 African junior XC 2014; 2 WJC 3000 2014. 1 Kenyan Schools 3000 2015 In 2017: 2 Eldoret XC; 2 Kenyan XC	19y	TEJEDA Gladys PER Full name-Gladys Tejeda Pucuhuaranga Ninth at 2016 World Half Marathon Championships Marathon pb: 2:28:12 -15. Half Mar pb: 70:14 -16 (75:14 -17). 10,000 pb: 32:18.49 -15 (33:38.59 -16). 5000 pb: 16:00.91 -13. 2 South American 5000 2013; 1 Bolivarian Games Half Mar 2013; 9 World Half Mar 2016 (2010-21, 2014-26). At WXC: 2015-21. Coach-Rodolfo Gomez Marathons (9): 4 Seoul 2011, 3 Pan-Am Games 2011, 42 OLY 2012, 1 Santiago de Chile 2013, 1 Mexico City 2013, 2 Rotterdam 2015, dq Pan-Am Games 2015, 15 OLY 2016, 8 Valencia 2016 Carried the Peruvian flag at the 2012 Olympic Opening Ceremony. Originally won marathon gold at the 2015 Pan-American Games, but stripped of that title after testing positive for a diuretic. Served a six-month doping ban to March 8, 2016 In 2017: 1 Coamo Half Mar	31y
TIROP Agnes KEN DEFENDING IAAF WORLD CROSS COUNTRY CHAMPION Full name-Agnes Jebet Tirop 2015 World Cross Country Champion at 19 year 251 days old (the youngest since Tirunesh Dibaba 2005) 5000 pb: 14:50.36 -13. 3000 pb: 8:39.13 -13. 2 African junior XC 2012; 3 WJC 5000 2012/2014; 5 African Games 10,000 2015. At WXC: 2013-2J, 2015-1. 1 African junior XC 2014 In 2017: 3 San Giorgio sur Legnano XC; 5 Kenyan XC	21y	TORRE Soledad PER Peruvian record holder at 3000m // 5000 pb: 16:20.44 -13. 3000 pb: 9:18.45 -16. 1500 pb: 4:30.1 -15. 1 South American youth XC 2008; 1 South American under-23 5000 2014; 7 South American 1500 2015 (8 800); 12 Pan-Am Games 5000 2015; 5 Ibero-American 3000 2016 (7 1500) In 2017: 2 Peruvian XC; 4 South American XC	24y
ANTOUN Sylvie LBN	25y	GELDERBLOM Sherilene RSA 1500 pb: 4:27.57 -17. 11 South African 5000 2016. At WXC: 2015-91J In 2017: 3 Benoni 10K	21y
DAGHER Nadia LBN 5000 pb: 16:53.89 -16. 3000 pb: 9:48.00 -16	26y	LEBALLO Louisa RSA She last competed in the World Cross Championships 21 years ago (in Cape Town) Marathon pb: 2:46:52 -07. Half Mar pb: 75:11 -10. 10,000 pb: 34:22.71 -17. 5000 pb: 16:24.44 -17. 31 World Half Mar 2010 (2000-dnf). At WXC: 93-23J, 95-44J, 96-83J. From Soweto Marathons (12): 6 Durban 2001, 3 Soweto 2003, 1 Fouriesburg to Clarens 2004, 3 Soweto 2004, 3 Pretoria 2006, 4 Soweto 2006, 19 Mumba 2007, 4 Cape Town 2007, 2 Pretoria 2010, 2 Pretoria 2012, 7 East London 2016, 8 Soweto 2016 In 2017: 2 Benoni 10K; 3 Durban 5000; 1 North Gauteng 5000/10,000	39y
KHATALA Neheng LES	24y	MOLOTSANE Kesa RSA 5000 pb: 16:08.21 -17. 3000 pb: 9:37.46 -17. 1500 pb: 4:25.80 -16 (4:27.39 -17) In 2017: 1 Benoni 10K; 2 Potchefstroom 1500 (Mar 3); 1 South African Free State 1500/5000; 2 Potchefstroom 3000 (Mar 15)	26y
		STEYN Andrea RSA 5000 pb: 16:47.47 -17. 10K pb: 36:06 -16. 5 South African XC 2016 In 2017: 2 Pretoria 10K; 6 Durban 5000	33y
		XABA Glenrose RSA 5000 pb: 16:35.36 -16 (16:38.49 -17). 10,000 pb: 33:24.6 -15 (35:19.40 -17). 11 African Champs 10,000 2016. At WXC: 2013-45J. 1 South African XC 2015 & 10,000 2016 In 2017: 2 Pretoria 1500; 1 Pretoria 10K; 4 Durban 5000; 2 North Gauteng 10,000	22y
		ARTIGALA ABERATHNA Gayanthika SRI (aka Gayanthika Thushari and other variations of the above) // 5000 pb: 16:47.83 -12. 1500 pb: 4:18.7 -16. 800 pb: 2:03.7 -16. 7 Asian Games 800 2014; 6 Asian Champs 800 2015; 2 South Asian Games 800/1500 2016	30y
		NTSHALINTSHALI Nomvula SWZ	28y
		KALINGA Siata Romanus TAN	33y

MATANGA Failuna Abdi TAN **24y**
 Half Mar pb: 73:34 -15. 10K pb: 32:48 -16. 10,000 pb: 33:32.8 -14. 18 African XC 2014. 1 Belo Horizonte Half Mar 2015; 1 São Paulo Half Mar 2015
 In 2017: 2 Cuiabá 10K; 1 São Sebastião 10K

MBUA Maylelina Issa TAN **23y**

RAMADHANI Sara TAN **29y**
 Full name-Sara Ramadhani Makera // Marathon pb: 2:45:00 -16. Half Mar pb: 73:17 -13. Served two-year doping ban in 2014-2016. Coach-Francis John
 Marathons (2): 1 Lille to Lens 2016, 121 OLY 2016

SHAURI Magdalena TAN **21y**
 Full name-Magdalena Crispin Shauri // Marathon pb: 2:34:51 -17 (4 Mumbai)
 In 2017: 4 Mumbai Marathon

TSERE Angelina Daniel TAN **17y**
 10K pb: 34:24 -16

NAZAROVA Mekhrangez TJK **19y**
 3000 pb: 9:59.84 -14. 4 Youth Olympic Games 3000 'B' 2014
 In 2017: 8 Baghdad 8K

CHEBET Emily UGA **29y**
 5000 pb: 16:32.97 -16. 10,000 pb: 36:21.46 -14. At WXC: 2007-79, 2015-33. Not to be confused with the older athlete from Kenya with the same name and who was World Cross Country Champion in 2010 & 2013 (but now serving a four-year doping ban). And now there is a third Emily Chebet (9th in 2017 Kenyan junior XC)

CHEBET Rachael Zena UGA **20y**
 5000 pb: 15:53.50 -16. 10,000 pb: 34:50.60 -14. At WXC: 2013-31J, 2015-17J; 18 African junior XC 2014; 7 African Champs 5000 2016
 In 2017: 2 Ugandan XC; 3 Baghdad 8K

CHELANGAT Mercyline UGA **19y**
 Half Mar pb: 74:37 -15. 5000 pb: 15:34.09 -16. 13 World Mountain Running Champs 2015; 4 WJC 5000 2016. At WXC: 2015-26J. 1 Ugandan XC 2017
 In 2017: 1 Ugandan XC

CHEMUTAI Doreen UGA **20y**
 10,000 pb: 33:09.49 -16. 5000 pb: 16:20.99 -16. 14 World Mountain Running Champs 2015. At WXC: 2015-19J. 1 Italian 10,000 2016
 In 2017: 5 Ugandan XC

CHESANG Doreen UGA **26y**
 3000 pb: 9:13.70 -08. 11 World Youth 3000 2007; 16 WJC 3000 2008; 2 Commonwealth Youth Games 3000 2008; 20 African XC 2014. At WXC: 2007-dnfJ. 1 Ugandan junior XC 2008
 In 2017: 4 Ugandan XC

CHESANG Stella UGA **20y**
 2015 World Mountain Running Champion // 5000 pb: 15:10.30 -16. uh3000 pb: 8:52.39 -15. 1500 pb: 4:18.80 -15. At WXC: 2011-39J, 2013-14J. 2015-11J; 10 African junior XC 2014; 4 WJC 5000 2014; 3 African junior 5000 2015; 1 World Junior Mountain Running Champs 2014 & senior 2015; ht OLY 5000 2016. She is a special constable within the Ugandan Police Force
 In 2017: 8 Ugandan XC

BALOURIS Elaina USA **25y**
 10,000 pb: 32:27.28 -16. 5000 pb: 15:45.58 -16. At WXC: 2015-64. 5 NCAA 10,000 2014 (2013-10, 2012-19). 7 US Clubs XC 2016. Graduate of mathematics from the College of William & Mary at Williamsburg, Virginia. Coach-Terrence Mahon
 In 2017: 13 'Great' Edinburgh XC; 6 US XC; 11 US 15K

TULIAMUK Aliphine USA **27y**
 Full name-Aliphine Chepkerker Tuliamuk Bolton
 Allegiance transferee from Kenya – has lived in the USA since March 2013, gained US citizenship on April 29, 2016 and cleared by IAAF to compete for the USA on May 23, 2016
 Half Mar pb: 69:58 -17. 10,000 pb: 31:54.20 -17. 5000 pb: 15:18.86 -13. At WXC: 2015-9J (for Kenya). 3 NCAA indoor 5000 2012/2013; 2 NCAA 10,000 2012/2013. 1 US 5K/25K 2016 & XC 2017. Studied Public Health Science at Wichita State University. Born-West Pokot District, Rift Valley Province in Kenya, lives-Santa Fe. American husband Jarron Bolton
 In 2017: 7 Houston Half Mar; 1 US XC; 5 San Juan World's Best 10K; 6 US 15K

BRUCE Stephanie USA **33y**
 Née Rothstein
 Twice second at US Championships on the road // Marathon pb: 2:29:35 -11. Half Mar pb: 70:53 -13 (72:53 -17). 10,000 pb: 32:14.42 -16. 1 North/Central American & Caribbean under-23 10,000 2006; 19 World Half Mar 2010. 2 US 20K 2010 (2012 -3); 2 US 15K 2016 (2013-3). Was at University of California-Santa Barbara. Husband Ben Bruce is also an international distance runner, having clocked 62:28 for half marathon
 Marathons (6): 5 Minneapolis to St. Paul 2008, 3 Houston 2011, dnf Houston 2012, 3 Honolulu 2012, 14 Boston 2013, 2 Sacramento 2016
 In 2017: 7 US XC; 1 Tampa Half Mar

PAGANO Sarah USA **25y**
 Half Mar pb: 72:27 -16. 10,000 pb: 32:16.03 -16. 5000 pb: 15:26.79 -16. 7 NCAA 10,000 2014; 7 US 12K 2015; 2 US 10K 2016; 2 US Clubs XC 2016. Coach-Terrence Mahon
 In 2017: 9 'Great' Edinburgh XC; 5 US XC

PRITT Emily USA **27y**
 5000 pb: 16:23.96 -16. At WXC: 2009-44J. 3 North/Central American & Caribbean junior XC 2009
 In 2017: 9 US XC

ROGERS Natosha USA **25y**
 Former US Collegiate Champion at 10,000m, representing Texas Agricultural and Mechanical ("A&M") University
 10,000 pb: 31:59.21 -12. 5000 pb: 15:28.56 -16. 7 NCAA indoor 5000 2012; 1 NCAA 10,000 2012 (6 5000); 2 US Olympic Trial 10,000 2012 (but was 14 seconds outside the necessary qualifying standard). Missed 2013/2014 with a knee injury
 In 2017: 10 US XC; 8 New York Millrose 3000; 5 US 15K

MWENYA Ruth ZAM **24y**

MHONDERWA Rudo ZIM **21y**
 10K pb: 35:52 -17 // In 2017: 2 Benoni Half Mar; 1 Pretoria 10K

Men's Race

9858m – 5 laps
(33m start + 4 full laps / 2K + lap to finish / 1.825K)
6 run, 4 score

16:55

146 Entrants

48 Countries

Age

ABOUD Rabah ALG**36y**

Eleventh at 2013 World Cross Country Championships // 5000 pb: 13:19.00 -11. 3 World Military Games 5000 2007; 5 World Military Games 5000 2011 (2015-8); ht OLY 5000 2012; 1 World Military short course XC 2014. At WXC: 2005-23 short, 2006-52 short, 2008-97, 2011-20, 2013-11, 2015-31

In 2017: 10 Seville XC; 11 Elgôibar XC; 2 European Clubs Cup XC (representing Sporting Clube de Portugal); 1 Algerian XC

ADAMS Liam AUS**30y**

Marathon pb: 2:13:49 -14. Half Mar pb: 63:28 -12. 10,000 pb: 28:11.76 -12. 5000 pb: 13:31.21 -13. 23 World Half Mar 2012. At WXC: 2008-69, 2009-68, 2010-36, 2011-78, 2013-23, 2015-49. Coach-Ken Hall

Marathons (6): 6 Melbourne 2013, 7 COM 2014, 11 Chicago 2015, dnf Otsu 2016, 5 Warsaw 2016, 31 OLY 2016

In 2017: 9 Australian World Cross Trial XC; 5 Hobart 10K

McENTEE Sam AUS**25y**

2016 Australian Champion at 5000m // 5000 pb: 13:20.72 -16 (13:51.04 -16). 3000 pb: 7:48.35 -15/16. 1500 pb: 3:36.81 -13. ht OLY 5000 2016. 7 NCAA 1500 2013 (2012-9). 1 Australian 5000 2016. Studied Computer Science at the University of Villanova. He can speak English, Filipino & Spanish. Coach-Nic Bideau. 1.91 tall

In 2017: 4 Australian World Cross Trial XC; 4 North Shore 5000

McSWEYN Stewart AUS**21y**

2016 Australian Cross Country Champion // 3000SC pb: 8:34.45 -16. 5000 pb: 13:34.46 -17. 14 WSG 5000 2015. At WXC: 2013-86J. 2 Australian 3000SC 2016; 1 Australian XC 2016

In 2017: 2 Australian World Cross Trial 10K XC; 1 Hobart 3000SC; 3 North Shore 5000

RAYNER Jack AUS**21y**

5000 pb: 13:48.55 -15. 10,000 pb: 29:29.52 -15

In 2017: 3 Australian World Cross Trial XC; 3 Melbourne Mile; 2 Hobart 10K

ROBINSON Brett AUS**25y**

2013 World 5000m finalist, 2016 World Indoor 3000m finalist, 2016 Olympic 5000m finalist

5000 pb: 13:18.96 -13 (13:22.93 -17). 10,000 pb: 28:45.39 -12. 1500 pb: 3:38.94 -12. 8 WJC 1500 2010; 15 WCH 5000 2013 (2015-ht); 11 WIC 3000 2016; 14 OLY 5000 2016. At WXC: 2009-46J, 2013-29, 2015-28. Coach-Nic Bideau

In 2017: 1 Australian World Cross Trial XC; 2 Melbourne Mile; 1 North Shore 5000

TIERNAN Patrick AUS**22y**

5000 pb: 13:20.88 -16. ht OLY 5000 2016. 3 NCAA 5000 2016 (2014-6, 2015-10); 2 NCAA XC 2015 (2013-9). Student of Mathematics at Villanova University. Coach-Marcus O'Sullivan IRL (3x World Indoor Champion at 1500m)

IRABARUTA Olivier BDI**26y**

Second in 2013 Francophone Games 10,000m // Half Mar pb: 62:54 -16. 10,000 pb: 27:55.92 -16. 5000 pb: 13:17.98 -16. 3000 pb: 7:50.98 -16. 1500 pb: 3:48.70 -16. 5 African Champs 5000 2012 (2010-13); 6 African Champs 10,000 2012; ht OLY 5000 2012; 2 Francophone Games 10,000 2013 (5 5000); 6 African Champs 5000 2014 (7 10,000); 10 African Games 10,000 2015; 27 OLY 10,000 2016 (ht 5000). At WXC: 2015-63. Based in Italy. He was the Burundian flag bearer at the opening ceremony in Rio 2016

In 2017: 5 San Giorgio sur Legnano XC; 2 Rovereto XC; 4 Huesca XC; 3 San Sebastián XC; 8 Sabadell 3000

KWIZERA Rodrigue BDI**17y****NDAYIKUNDA Léonce BDI****23y****NDIKUMWENAYO Thierry BDI****19y**

5000 pb: 13:26.24 -16. 2 Youth Olympic Games 3000 2014; 9 African Games 5000 2015; 7 African Champs 5000 2016

In 2017: 2 Le Mans XC; 1 Huesca XC; 1 Spanish Clubs indoor 3000; 8 Mondeville 3000

NIYOMUKIZA Jean-Marie Vianney BDI**18y**

1 Burundian XC 2016

NZIKWINKUNDA Onesphore BDI**19y**

2 Burundian XC 2016

KIMELI Isaac BEL**23y**

Full name-Isaac Kipruto Kemeli (Kenyan origin)

2016 European under-23 Cross Country Champion

5000 pb: 13:34.48 -14. 3000 pb: 7:57.77 -15. 1500 pb: 3:37.79 -16. 800 pb: 1:46.93 -16. 9 ECH 1500 2016. At WXC: 2013-30J. At EXC: 2012-6J, 2013-2J, 2014-20u23, 2015-38u23, 2016-1u23. ht ECH 1500 1500 2014; 2 under-23 ECH 5000 2015. 1 Belgian 1500 2014 & XC 2015. Coach-Tim Moriau

In 2017: 3 Hannut XC; 1 Rotselaar XC; 1 Dour XC; 1 Belgian XC

KORONGOU Daouda BEN**26y**

Benin at the World Cross Country for the first time

DIPHOKO Rapula BOT**27y**

10,000 pb:29:21.05 -13. 48 World Half Mar 2012 (2009-73). At WXC: 2008-134, 2010-111

KEKGANETSWE Mphoyamodino BOT**23y****KOKO Sylvester BOT****21y**

5000 pb: 14:11.38 -16. 1 Botswana 1500 2016 (2 5000)

MODISAGAPE Dikgagamatso BOT**18y****AYALEW Aweke BRN****24y**

Full name-Aweke Ayalew Yimer

Allegiance transferee from Ethiopia – acquired Bahraini citizenship on February 13, 2013, cleared by IAAF to compete for Bahrain from February 12, 2014

5000 pb: 13:05.00 -13. 10,000 pb: 29:14.55 -15. Half Mar pb: 63:01 -14. 3000 pb: 7:49.09 -14. 1 Asian XC 2014; 50 World Half Mar 2014; 5 IAAF Continental Cup 3000 2014; 21 WCH 10,000 2015. At WXC: 2015-10; 3 Asian XC 2016

In 2017: 1 Seville XC; 2 Elgôibar XC

BALEW Birhanu BRN**21y**

Full name-Birhanu Yemataw Balew

Allegiance transferee from Ethiopia – acquired Bahraini citizenship on October 8, 2014, cleared by IAAF to compete for Bahrain from October 8, 2015

Half Mar pb: 61:45 -17. 5000 pb: 13:09.26 -17. 2 Gulf 5000 2015; 9 OLY 5000 2016. He's better known as Birhanu Yemataw

In 2017: 1 Kuwait City Half Mar; 4 Dubai 10K; 2 San Sebastián XC

CHANI Hassan BRN**25y**

Allegiance transferee from Morocco – acquired Bahraini citizenship on December 22, 2013 and cleared by IAAF to represent Bahrain from March 21, 2014

10,000 pb:27:56.48 -16. 5000 pb: 13:28.67 -15. 3000 pb: 7:57.09 -13. 3 World Military Games 10,000 2015; dnf OLY 10,000 2016. At WXC: 2015-20. Coach-Ahmed Jassim Hamada

In 2017: 1 Gulf XC

CHEROBEN Abraham BRN**24y**

Full name-Abraham Naibei Cheroben

Allegiance transferee from Kenya – began living in Bahrain on August 1, 2015, acquired Bahraini citizenship on August 19, 2015 and cleared by IAAF to compete for Bahrain from August 1, 2016

Half Mar pb: 58:48 -14. 10,000 pb: 27:31.86 -16. 1 Berlin 25K 2014; 1 Valencia Half Mar 2014/2015; 10 OLY 10000 2017. His 58:48 Half Marathon in Valencia 2014 put him equal fifth on the world all-time list. Coach-Juma Ndiwa

In 2017: 4 San Giorgio sur Legnano XC; 2 Antrim XC

ROP Albert BRN**24y**

Full name-Albert Kibichii Rop

Allegiance transferee from Kenya – acquired Bahraini citizenship in April 2013 and cleared by IAAF to represent Bahrain in international competition from April 1, 2014

5000 pb: 12:51.96 -13. 3000 pb: 7:32.02 -16. 1 Arab Champs 5000 2013 (2015-2); 4 IAAF Continental Cup 5000 2014; 3 Asian Games 5000 2014; 11 WCH 5000 2015; 1 World Military Games 5000 2015; 2 Asian Indoor Champs 3000 2016; 1 Asian XC 2016; 7 OLY 5000 2016. At WXC: 2015-11. Holds Asian records at 5000m & indoor 3000m

In 2017: 15 Eldoret XC; 2 Birmingham IAAF Tour 5000 (close race with Mo Farah)

DEYAGUENDE Calvin CAF**27y****ESSELINK Evan CAN****25y**

5000 pb: 13:59.04 -16. ht World Youth 3000 2009. 2 Canadian 5K 2015; 5 Canadian XC 2016

In 2017: 11 NACAC XC

FALK Nicholas CAN**18y**

9 Canadian XC 2015 // In 2017: 10 NACAC XC

HOFBAUER Trevor CAN**18y**

Half Mar pb: 64:30 -15. 3 Canadian XC 2016 // In 2017: 9 NACAC XC

JIBRIL Sami CAN**27y**

Half Mar pb: 64:30 -16. 10,000 pb: 29:43.90 -14. Marathon pb: 2:24:39 -15. 4 Canadian 10,000 2013; 9 Canadian XC 2016. Works as a vehicle mechanic for the Toronto Transit Commission

Marathon (1): 18 Toronto 2015

In 2017: 1 Ontario indoor 3000; 6 NACAC XC

LINKLETTER Rory CAN**20y**

5000 pb: 13:49.00i -17, 13:59.60 -16. At WXC: 2015-86J. 6 Canadian XC 2016

In 2017: 2 Provo 3000; 8 Seattle 3000; 7 Ames 5000; 2 Seattle MPSF 5000; 8 NACAC XC

TOTH Thomas CAN**25y**

Half Mar pb: 64:28 -16 (66:48 -17). 10,000 pb: 29:57.21 -16. 5000 pb: 14:41.53 -16. 13 NACAC XC 2017. 11 NCAA div 2 XC 2014

In 2017: 38 Houston Half Mar; 13 NACAC XC

CIWANG Danmuzhen CHN**20y**

Half Mar pb: 67:52 -16. 10,000 pb: 29:07.44 -16. 65 World Half Mar 2016. At WXC: 2013-106J, 2015-67J. 3 Chinese junior 10,000 2014. From-Tibetan region

DUO Bujie CHN**23y**

Marathon pb: 2:13:16 -16. 10,000 pb: 29:36.42 -14. 5000 pb: 13:55.58 -15. 12 Asian Games 5000 2014; 5 Asian Champs 5000 2015; 18ht WCH 5000 2015. At WXC: 2015-80. 3 Chinese 10,000 2014 (7 5000). 1 Chinese junior XC 2012. From-Tibetan region

Marathons (2): 6 Chongqing 2016, 91 OLY 2016

NIMA Mijue CHN Marathon pb: 2:20:56 -16. 10,000 pb: 29:47.43 -15. At WXC: 2013-105J, 2015-97. 1 Chinese youth XC 2012; 1 Chinese junior 5000 2014. From-Tibetan region Marathons (4): 22 Chongqing 2015, 21 Hengshui 2015, 15 Chongqing 2016, 11 Hengshui 2016	21y	ESPAÑA José ESP Full name-Jose Espana Comendador // Marathon pb: 2:19:11 -14. 10,000 pb: 28:51.66 -12. 5000 pb: 14:14.03 -06. 15 World Youth 3000 2003; 4 European Youth Olympics 3000 2003; 4 EJC 10,000 2005; 8 ECP 10,000 2016 (2013-12, 2015-15). At WXC: 2005-83J, 2013-52. At EXC: 2005-90J, 2007-45u23, 2016-26. Coach-Guillermo Ferrero	30y
UMAROU Mohamadou CMR BAKATUKONKA Emmanuel COD MPOYO LUKONDA Samuel COD ANTOISSE Wakidou COM SOILIH Zile COM DAHL-JESSEN Mikkel DEN 1500 pb: 3:46.19 -16. At EXC: 2011-54J, 2012-27J, 2013-101J, 2016-44u23. 1 Danish under-23 1500 2015. Student of medicine In 2017: 3 Danish short course XC; 3 Danish XC	27y 32y 37y 20y 35y 22y	MECHAAL Adel ESP New European Indoor Champion at 3000m // 3000 pb: 7:39.51 -16. 5000 pb: 13:15.40 -16. 1500 pb: 3:35.24 -16. 5 ETCh 1500 2013 (2015-6); ht WIC 1500 2014; ht ECH 1500 2014; 2 ECH 5000 2016; ht OLY 1500/5000 2016; 1 EIC 3000 2017 (2015-6). 1 Spanish 1500/5000 2015, 1 indoor 3000 2015/2017 & 1500 2015. At WXC: 2015-68. At EXC: 2015-3, 2016-8.Born-Morocco, gained Spanish citizenship in February 2013 (though had been living in Spain since 1995. Younger brother Said Mechaal is also a Spanish international distance runner. Their coach-Antonio Serrano In 2017: 7 Seville XC; 1 Sabadell 3000; 1 Spanish indoor 3000; 2 Spanish indoor 1500; 1 EIC 3000; 1 Spanish XC	26y
FAURSCHOU Jesper DEN Marathon pb: 2:16:15 -11. Half Mar pb: 64:01 -14. 10,000 pb: 29:47.56 -09. 12 under-23 ECH 10,000 2005; 47 World Half Mar 2008 (2014-62, 2016-60). At WXC: 2008-127. At EXC: 2002-47J, 2008-55, 2009-50, 2010-49, 2011-39, 2012-56, 2013 -57, 2014-63, 2015-38. 1 Danish 5000/10,000 2007. Father of two (twins). Coach-Karl-Åge Søltøft Marathons (13): 15 Berlin 2009, 29 ECH 2010; 16 London 2011, 32 WCH 2011, 21 London 2012, 41 OLY 2012, 35 Berlin 2013, 22 ECH 2014, 19 Hamburg 2015, 5 Odense 2015, 31 Hamburg 2016, 8 Odense 2016, 21 New York 2016 In 2017: 5 Danish short course XC; 5 Danish indoor 3000; 5 Danish XC	33y	SÁNCHEZ Sergio ESP Full name-Sergio Sánchez Martínez Made sharp improvement in winter 2009/2010 with World indoor silver at 3000m 10,000 pb: 28:25.22 -10. 5000 pb:13:12.97 -13. 3000 pb: 7:32.41i -10. 1500 pb: 3:39.79 -04. 6 World Youth 3000 1999; 4 EIC 3000 2009; ht WCH 5000 2009 (2013-dq); 2 WIC 3000 2010 (2008-8); dnf ECH 5000 2010. At WXC: 2001-83J, 2013-16. At EXC: 2000-22J, 2008-13, 2009-4. Served a two-year doping ban in 2013-2015, his 2013 Spanish 5000m and performance at the 2013 World Championships (ht 5000m) were annulled In 2017: 3 Valladolid XC; 1 Sonseca XC; 1 A Coruña Half Mar; 7 Spanish XC	34y
GLANS Peter DEN 1500 pb: 3:42.73 -16. At EXC: 2010-75J, 2011-39J, 2012-39J, 2013-50u23, 2015 -10u23, 2016-47 In 2017: 1 Danish short course XC; 8 European Clubs Cup XC; 2 Danish indoor 3000; 1 Danish XC	24y	SERRANO Ricardo ESP Marathon pb: 2:13:32 -11. Half Mar pb: 62:09 -07. 10,000 pb: 28:19.20 -05. 5000 pb: 13:37.47 -07. 7 EJC 5000 99; 9 ECH 10,000 2006; 31 World Half Mar 2007. At WXC: 99-54J, 2004-33, 2006-65 long, 2011-90. At EXC: 99-21J, 2003-32, 2004-16, 2005-55, 2011-88. Coached by, but no relation to Antonio Serrano (3 EXC 94) In 2017: 9 Amorebieta XC; 17 Elgóibar XC; 1 Guadalajara XC; 11 Spanish XC	36y
LOMMER Andreas DEN Full name-Andreas Lommer Schonberg // 1500 pb: 3:49.64 -15. 12 WSG 1500 2015. 1 Danish indoor 1500 2016 & 3000 2017 In 2017: 4 Danish short course XC; 37 European Clubs Cup XC; 1 Danish indoor 3000 (3 1500); 4 Danish XC	25y	DIDA Bonsa ETH Full name-Bonsa Dida Deriba He apparently clocked 28:37 for a road 10K in 2010 at age 15 Marathon pb: 2:12:33 -14 (2:11:55 -17). Half Mar pb: 61:12 -14. 10,000 pb: 28:13.84 -16. 5 African junior 10,000 2011; 14 World Half Mar 2014 (team bronze). At WXC: 2011-4J, 2013-17J, 2015-14 Marathons (2): 10 Hamburg 2014, 5 Mumbai 2017 In 2017: 5 Mumbai Marathon; 4 Ethiopian XC	22y
MOHARRAM Ahmed EGY Full name-Ahmed Moharram Hamdallah In 2017: 18 Dubai Marathon (2:27:36)	33y	EDRIS Muktar ETH Full name-Muktar Edris Awel (aka Muktar Idriss). The world's fastest at 5000m in 2014 with 12:54.83 at Stockholm 10,000 pb: 27:17.18 -15. 5000 pb: 12:54.83 -14. 3000 pb: 7:33.28 -16. 4 African junior 10,000 2011; 1 African junior XC 2012; 1 WJC 5000 2012; 7 WCH 5000 2013; 10 WCH 10,000 2015; dq OLY 5000 final 2016 (originally fourth in 13:04.79, but disqualified for stepping inside kerb). At WXC: 2011-7J, 2013-3J, 2015-3 In 2017: 1 San Giorgio sur Legnano XC; 40 Ethiopian XC (injured)	23y
AMANUEL Berhane ERI 5000 pb: 13:38.68 -15. 3000 pb: 7:58.83 -15. 12 African junior XC 2014 In 2017: 4 Eritrean XC	21y	HADIS Abadi ETH (aka Abadi Embaye) // 10,000 pb: 26:57.88 -16. 5000 pb: 13:02.49 -16. 15 OLY 10,000 2016. 1 Ethiopian 10,000 2016. Coach-Hussein Shibo In 2017: 2 Ethiopian XC	19y
BERHANE Afewerki ERI Full name-Afewerki Berhane Hidru // Half Mar pb: 62:12 -14. 10,000 pb: 28:04.07 -15. 5000 pb: 13:28.39 -15. 3 African junior XC 2014; 4 WJC 10,000 2014; 6 African Games 10,000 2015. At WXC: 2015-13J. 1 'Bolder' Boulder 10K 2014 In 2017: 3 Eritrean XC	20y	JEYLAN Ibrahim ETH Full name-Ibrahim Jeylan Gashu 2011 World Champion at 10,000m when he outkicked Mo Farah, then a close second to Farah in the same race in 2013 Half Mar pb: 61:47 -14. 10,000 pb: 26:58.75 -16. 5000 pb: 13:03.22 -16. 1 WJC 10,000 2006 (2008-3); 1 WCH 10,000 2011 (2013-2). At WXC: 2006-5J, 2007-dnfJ, 2008-1J Wife-Saeda, their twin daughters Afrah & Farha born June 2013 Marathon (1): dnf London 2014 when his target had been "under 2:06" Not near to gaining Ethiopian Olympic selection in 2016, despite setting personal bests at both 5000m & 10,000m In 2017: 7 Ethiopian XC	27y
GEBREYOHANNES Samson ERI Full name-Samson Gebreyohannes Gezahai (It is Samson and not Samsom, the athlete confirmed at the 2016 World Half Marathon Championships) Team gold at 2014 World Half Marathon Championships Half Mar pb: 60:13 -14 (62:12 -17). 10,000 pb: 28:28.05 -12. 5000 pb: 13:32.97 -10. 8 World Half Mar 2014 (2016-24); 4 African Games Half Mar 2015. At WXC: 2010 -23J, 2011-12J, 2013-47 In 2017: 6 Houston Half Mar; 6 Eritrean XC	25y	MOLLA Getaneh ETH Full name-Getaneh Tamire Molla, he was previously better known as Getaneh Tamire 2015 African Games Champion at 5000m 5000 pb: 13:05.59 -16. 3000 pb: 7:52.97 -14. 1500 pb: 3:44.91 -16. 1 African Games 5000 2015; 6 African XC 2016; 4 African Champs 5000 2016. 1 Ethiopian 5000 2015/2016 & XC 2016/2017 In 2017: 1 Le Mans XC; 1 Ethiopian XC	23y
KIFLE Aron ERI 2016 World junior silver at 10,000m, and still a junior in 2017 // 10,000 pb: 27:26.20 -16. 5000 pb: 13:13.39 -16. 8 African Games 5000 2015; 2 WJC 10,000 2016 (5 5000); ht OLY 5000 2016. At WXC: 2015-19J In 2017: 1 Eritrean XC	19y	YIMER Jemal ETH Full name-Jemal Yimer Mekonnen // 10K pb: 28:19 -16 In 2017: 5 Ethiopian XC	20y
KIFLE Goitom ERI Seventh at 2013 World Cross Country Championships // Half Mar pb: 60:20 -14. 10,000 pb: 27:32.00 -13. 5000 pb: 13:22.92 -12. 3 World Youth 3000 2009; 17 WCH 10,000 2013; 24 OLY 10,000 2016. At WXC: 2009-14J, 2010-15J, 2011-17J, 2013 -7, 2015-23. He is the younger brother of Eritrean marathon record holder Yonas Kifle In 2017: 2 Eritrean XC	23y	LAL Avikash FIJ 1 Oceanian junior XC 2014. At WXC: 2015-107	21y
SHUMAY Mogos ERI Alternative name-Shumay Solomon Mogos // Half Mar pb: 62:31 -14. Marathon pb: 2:16:25 -16. At WXC: 2015-14J Marathon (1): 5 Sydney 2016 In 2017: 5 Eritrean XC	20y		
CARRO Fernando ESP Full name-Fernando Carro Morillo // 10,000 pb: 28:50.73 -15. 3000SC pb: 8:21.78 -15. ht World Youth 3000 2009; 4 EJC 3000SC 2011; 7 under-23 ECH 3000SC 2013; 2 Ibero-American 3000SC 2014; 6 ETCh 3000SC 2015; ht WCH 3000SC 2015; ht OLY 3000SC 2016. At WXC: 2010-81J, 2011-69J. At EXC: 2010-61J, 2013 -43u23, 2014-12u23 In 2017: 6 Amorebieta XC; 14 Seville XC; 24 Elgóibar XC; 1 Madrid 3000 (Feb 2); 4 Valladolid XC; 6 Cáceres XC; 3 Spanish indoor 3000; 9 Spanish XC	24y		

GUIMARD Freddy FRA	30y	HASHEM Mohammad KUW	20y
Marathon pb: 2:20:28 -12. 10,000 pb: 29:03.54 -16. 5000 pb: 14:05.14 -13. 11 ECP 10,000 2016. 2 French 10,000 2016		KAMAL Hussain KUW	23y
Marathons (3): 9 Cannes 2012, ? Sénart 2015, 1 Pauillac 2016		HUDROG Moussa LBN	33y
In 2017: 13 Le Mans XC; 31 European Clubs Cup XC; 6 French XC		10K pb: 31:23 -15	
ROUDOLFF-LÉVISSE Emmanuel FRA	21y	KHATOANE Jobo LES	25y
10K pb: 29:37 -16. 5000 pb: 14:04.21 -16. 8 EJC 5000 2013. At WXC: 2013-62J. At EXC: 2012-19J, 2013-63J, 2014-6J, 2015-36u23, 2016-14u23. Son of Pierre Levisse, who competed in 14 World Cross Country Championships with a best placing of seventh in 1984. Coach-Jean-Baptiste Congourdeau		Marathon pb: 2:16:49 -12. Half Mar pb: 66:44 -12. 19 African Games 5000 2011	
In 2017: 5 French XC		Marathons (3): 3 Garabone 2012, dnf WCH 2013, 14 Gyeongju 2016	
SMOUR Ahmad JOR		RAKOTONDRASOA Fulgence MAD	41y
HIGASHI Yuma JPN		5000 pb: 14:07.50 -06. 4 Cape Town Half Mar 2016	
10,000 pb: 29:14.78 -16. 5000 pb: 13:53.99 -16		CHITSALA Kefasi MAW	22y
In 2017: 2 Karatsu 10M; 2 Japanese XC	24y	5000 pb: 14:24.4 -12. 24 African junior XC 2012; 20 COM 5000 2014 (ht 1500); ht OLY 5000 2016	
MAEDA Shota JPN	21y	MASTER Chauncy MAW	31y
5000 pb: 13:55.61 -16		Malawian record holder at 1500m // 5000 pb: 14:09.29 -10. 1500 pb: 3:42.73 -08. 800 pb: 1:49.44 -07. ht COM 1500 2006/2010; ht WCH 1500 2007; 12 African Champs 1500 2008; ht OLY 1500 2008; ht WCH 5000 2009; 19 COM 5000 2014 (ht 1500). At WXC: 2009-70	
ONO Haruki JPN	21y	MPANI Grevazio MAW	23y
10,000 pb: 29:18.49 -16		5000 pb: 14:15.65 -13. 8 African junior XC 2011; 9 African junior 5000 2011; ht WCH 5000 2013	
OTSUKA Yamato JPN	21y	SICHALY Harry MAW	20y
Half Mar pb: 63:12 -16. 10,000 pb: 29:22.18 -14		ht World Youth 3000 2013	
In 2017: 4 Japanese XC		KEFAS Kondjashili NAM	24y
YAMAGUCHI Kosei JPN	25y	GOCHIN Awal NGR	32y
Half Mar pb: 63:29 -16. 10,000 pb: 28:34.19 -16. 5000 pb: 13:53.37 -16. 12 WJC 3000SC 2010. 3 Japanese 3000SC 2016 (2015-4)		RAYMOND Nanribet NGR	21y
In 2017: 3 Japanese XC		SANUSI Husamatu NGR	25y
BARSTON Leonard KEN	22y	STEPHEN Danjuma NGR	23y
Full name-Leonard Kiplimo Barsoton		CHAMPI Rene PER	26y
2014 African Cross Country Champion (in Kampala)		2017 South American Cross Country Champion // Half Mar pb: 64:05 -16. 10,000 pb: 29:45.49 -16. At WXC: 2015-94. 7 Ibero-American 3000 2016. 1 Peruvian 3000 2016	
10,000 pb: 27:20.74 -14. 5000 pb: 13:16.25 -15. 2 African Games 10,000 2015. At WXC: 2013-2J, 2015-5; 1 African XC 2014; 2 Japanese Corporate 10,000 2014 (2016-3) (representing Team Nissin Shokuhin, a Japanese company that makes instant noodles)		In 2017: 1 Peruvian XC; 1 South American XC	
In 2017: 1 Kenyan XC		CHECCO José Luis PER	25y
KAMWOROR Geoffrey KEN	24y	Half Mar pb: 64:28 -16	
DEFENDING IAAF WORLD CROSS COUNTRY CHAMPION		In 2017: 3 Peruvian XC; 19 South American XC	
Full name-Geoffrey Kipsang Kamworor		DAZA Zendio PER	22y
Marathon pb: 2:06:12 -12. Half Mar pb: 58:54 -13. 10,000 pb: 26:52.65 -15. 5000 pb: 12:59.98 -16. At WXC: 2011-1J, 2015-1. 1 World Half Mar 2014/2016; 2 WCH 10,000 2015; 11 OLY 10,000 2016. 1 Kenyan 5000 2012 (but couldn't make the final at their Olympic Trials later that month); 1 Kenyan Police 10,000 2013 & XC 2013/2014		10,000 pb: 31:27.21 -13. 31 WJC 10,000 2012	
Marathons (6): 3 Berlin 2012, 4 Rotterdam 2013, 3 Berlin 2013, 6 Tokyo 2014, 4 Berlin 2014, 2 New York 2015 (he surged at 20M and dropped everyone except the eventual winner Stanley Biwott). Also paced Berlin 2011. His favourite colour is yellow. Member of Kenyan Police club		In 2017: 14 South American XC	
He did most of the work as the Kenyans tried to take the sting out of Mo Farah's finish in the 10,000m in Beijing 2015, yet still finished fast near at the end (54.60 last 400m compared with Farah 54.15 and 2:29.47 last kilometre to Farah's 2:28.82)		NIÑA Walter PER	23y
At the 2016 World Half Marathon Championships in Cardiff, he fell over at start and lost 10-15 seconds, but was back with the leaders within three minutes		3000SC pb: 9:00.73 -15. 1500 pb: 3:51.88 -16. 8 South American 3000SC 2015 (10 1500). 1 Peruvian 3000SC 2015/2016	
In 2017: 3 Kenyan XC		In 2017: 2 Peruvian XC; 2 South American XC	
KOMON Leonard KEN	29y	GELANT Elroy RSA	30y
Full name-Leonard Patrick Komon		South African record holder at 5000m // Half Mar pb: 61:10 -14. 10,000 pb: 27:41.30 -13 (28:16.54 -17). 5000 pb: 13:04.88 -16. 3000 pb: 7:39.55i -14, 7:41.38 -15. 1500 pb: 3:37.97 -15. 800 pb: 1:47.74 -08. 3 WSG 5000 2009; 12 WCH 5000 2013 (2011-ht); 7 WIC 3000 2014 (2012-12); 13 World Half Mar 2014; 2 African Champs 5000 2016 (2014-9); 13 OLY 5000 2016. At WXC: 2013-20. 1 South African 10,000 2011 & XC 2012. Coach-Jean Verster	
World record holder on the roads at 10K (26:44) & 15K (41:13), both set in 2011		In 2017: 1 Durban 10,000	
Half Mar pb: 59:14 -14. 10,000 pb: 26:55.29 -11. 5000 pb: 12:58.24 -09. 3000 pb: 7:33.27 -09. At WXC: 2006-2J, 2007-4J, 2008-2, 2009/2010-4. Youngest of 14 children		MANJA David RSA	25y
Disappointing marathon début by him in Eindhoven 2014: 6th in 2:14:25 when his target had been 2:05. (His first half was 63:04, second in 71:19 after effectively "hitting the wall" at 25Km). He plans to run his second marathon in Prague on April 1, 2017		Half Mar pb: 62:15 -16. 10,000 pb: 29:01.01 -17. 5000 pb: 14:05.58 -12. At WXC: 2013-90. 18 African XC 2016. He contested eight half marathons in 2016 (all in South Africa), winning four	
In 2017: 7 San Giorgio sur Legnano XC; 5 Seville XC; 5 Kenyan XC		In 2017: 5 Durban 10,000; 5 Potchefstroom 3000	
He is the Kenyan Team Captain in Kampala		MASHELE Lesiba RSA	26y
KOSIMBEI Nicholas KEN	21y	Full name-Lesiba Precious Mashale // Half Mar pb: 64:11 -13. 10,000 pb: 29:06.38 -15 (29:52.55 -17). At WXC: 2015-39. 16 African XC 2016	
Full name-Nicholas Mboroto Kosimbei // 10,000 pb: 27:02.59 -16. 5000 pb: 13:17.08 -16. 3 WJC 10,000 2014		In 2017: 3 Benoni 10K; 2 Pretoria 10K; 9 Durban 10,000	
In 2017: 1 Valencia 10K; 7 Kenyan XC		MMONE Joel RSA	25y
LANGAT Leonard KEN	20y	Half Mar pb: 63:16 -16. 10,000 pb: 28:49.92 -17. 5000 pb: 14:02.05 -16. At WXC: 2009-53J, 2010-21J. 3 South African XC 2016	
(aka Leonard Lagat, which was the name he used at the 2017 Kenyan Championships)		In 2017: 4 Bedfordview Half Mar; 2 Benoni 10K; 3 Potchefstroom 3000	
In 2017: 6 Kenyan XC		MOSIAKO Thabang RSA	22y
RONO Vincent KEN	26y	Half Mar pb: 65:11 -16. 10,000 pb: 29:00.38 -17. 15 African XC 2016	
Full name-Vincent Kipsang Rono (aka Kiprono) // Half Mar pb: 60:52 -15. 10,000 pb: 27:52.19 -11. 5000 pb: 13:16.52 -14. 1 Kenyan Prisons XC 2016. He is not the same Vincent Rono who won the 2006 US Collegiate title at 1500m, representing the University of South Alabama, but he is the same Vincent Rono who has appeared on the circuit as a pacemaker (Birmingham, Brussels, London, Paris, Stockholm etc)		In 2017: 1 Bedfordview Half Mar; 1 Benoni 10K; 4 Durban 10,000; 4 Potchefstroom 3000	
In 2017: 4 Kenyan XC		GAKURU David RWA	19/20y
ALFAILAKAWI Omer KUW	33y	MANIRAFASHA Primien RWA	27y
		2 Rwandan XC 2016 (in December) // In 2017: 21 Ugandan XC	
		MYASIRO Jean Marie Vianney RWA	20y
		10,000 pb: 29:26.16 -16. 3 Youth Olympic Games 3000 'B' 2014; 7 African junior 10,000 2015; 11 WJC 10,000 2016. 2 Rwandan XC 2016 (in December)	
		In 2017: 29 Ugandan XC	
		NIZEYIMANA Alexis RWA	26y
		47 World Half Mar 2014 // In 2017: 23 Ugandan XC	
		RUBAYITA Siragi RWA	27y

SUGIRA James RWA 1500 pb: 3:44.5 -16. 8 Youth Olympic Games 1500 2014; 8 African junior 1500 2015; ht WJC 1500 2016. 1 Rwandan XC 2016 (in December) In 2017: 15 Ugandan XC			
MANGA Christian SEN 4 Dakar Half Mar 2016			
MAGNAN Yanick SEY			
MOISE Iven SEY			
GBAO Alusine SLE			
MOHAMED Mohamed Daud SOM 5000 pb: 14:57.84 -16. ht OLY 5000 2016. He was the Somalian flag bearer at the opening ceremony in Rio. Coach-Mohamed Addow			
DON Lional SRI			
AKOON Marko SSD			
GUEM Abraham SSD			
KENYI Santino SSD Full name-Santino Kenyi Oreng // 1500 pb: 3:45.27 -16. ht African Games 1500 2015 (8 4x400); 10 African Champs 1500 2016; ht OLY 1500 2016. Coach-Joseph Ramadan Jirvasio			
KULANG David SSD 5000 pb: 13:54.69 -16. 15 African Champs 5000 2016			
NGOR Akech SSD			
WOL Yach SSD 5000 pb: 14:52.73 -16. 20 African Champs 5000 2016			
ADAM Abdelmunaim Yahya SUD			
HAROON Adam SUD At WXC: 2009-35J, 2010-61J			
HAWLI Ahmed SUD (Aka Hawli Ahmed Ebaidallah) // 5000 pb: 13:51.11 -11. 6 African junior 5000 2005; 11 African Games 5000 2011. At WXC: 2013-93			
IBRAHIM Hamid Eysa SUD			
ISMAIL Hassan SUD At WXC: 2009-64J, 2013-89			
DLAMINI Veli SWZ			
BAYNIT John Bazili TAN 2014 Commonwealth Games finalist at 1500m // 1500 pb: 3:40.93 -14. 5000 pb: 14:27.78 -11. 7 African junior 5000 2011 (8 1500); 8 COM 1500 2014. At WXC: 2015-65			
GEAY Gabriel Gerald TAN Half Mar pb: 61:13 -17. 10,000 pb: 28:04.98 -16. 5000 pb: 13:25.66 -16. 4 African junior 5000 2015; 1 Atlanta 'Peachtree' 10K 2016 In 2017: 5 Cuiabá 10K; 9 Ra's al-Khaimah Half Mar			
GISAMODA Emanuel Giniki TAN Half Mar pb: 60:47 -16 (63:49 -17). Marathon: 2:28:34 -15. 13 African Games Half Mar 2015 Marathon (1): 11 Shanghai 2015 In 2017: 1 Kilimanjaro Half Mar			
GISEMO Josephat Joshua TAN			
JOSEPH Fabiano TAN Full name-Fabiano Joseph Naasi 2005 World Half Marathon Champion at age 19 Half Mar pb: 59:56 -08. 10,000 pb: 27:19.72 -08. 5000 pb: 13:12.76 -06. 13 WCH 10,000 2003/2009; 2 WJC 10,000 2004 (6 5000); 10 OLY 10,000 2004 (ht 5000); 1 World Half Mar 2005 (2003/2004-2, 2007-11, 2009-15); 15 WCH 5000 2005; 3 COM 10,000 2006 (5 5000); 9 OLY 10,000 2008. 1 AAA 10,000 2003. At WXC: 2003-19 long, 2004-7 long, 2010-29. Carried Tanzanian flag at Opening Ceremony of 2008 Olympics, when he went on to place ninth in the 10,000m Marathons (8): dnf Seoul 2005, 10 Amsterdam 2006, dnf Prague 2012, 11 COM 2014, 42 WCH 2015, 6 Hofu 2016, 5 Nagano 2016, 112 OLY 2016. Has paced marathons in Amsterdam, Dubai, Fukuoka & London			
NAALI Silvester Simon TAN			
SHAMSIDINOV Mehrubon TJK 2 Tadjik XC 2016			
ARIKAN Polat Kemboi TUR Allegiance transferee from Kenya – formerly Paul Kipkosgei Kemboi. Became a Turkish citizen on June 9, 2011 and under IAAF competition ruling, was not due to be eligible to compete for Turkey until June 2013. On February 27, 2012 the IAAF Council agreed to end the waiting period for him (and ilham Tanui Özbilen), enabling them to enter the 2012 World Indoor Championships Twice European Champion at 10,000m. He set his pb at 10,000m for ninth at the London Olympics, where he was the second European finisher (after Mo Farah) Half Mar pb: 61:22 -14. 10,000 pb: 27:35.50 -16. 5000 pb: 13:05.98 -11. 3000 pb: 7:42.31 -12. ht WIC 3000 2012; 1 ECP 10,000 2012; 1 ECH 10,000 2012 (3 5000); 9 OLY 10,000 2012 (ht 5000); 10 EIC 3000 2013; 1 Mediterranean Games 10,000 2013; dnf WCH 10,000 2013; 16 World Half Mar 2014; 4 ECH 10,000 2014; 1 ECH 10,000 2016 (dnf Half Mar); 13 OLY 10,000 2016. At EXC: 2013-2 (in spite of a heavy fall over the one obstacle on the course); 2014-1, 2015-dnf, 2016-2. Coach-Berk Peki			
	20y	CHEPTEGEI Joshua UGA Full name-Joshua Kiprui Cheptegei Top eight in both the 5000m & 10,000m at the Rio Olympics 10,000 pb: 27:10.06 -16. 5000 pb: 13:00.60 -16. 1500 pb: 3:37.82 -16. 71 World University XC 2014 (at age 17 on home ground in Entebbe); 1 WJC 10,000 2014 (4 5000); dnf African Champs 10,000 2014; 1 African junior 10,000 2015; 9 WCH 10,000 2015; 6 OLY 10,000 2016 (8 5000). At WXC: 2015-11J. He and Mo Farah were the only 5000m finalists in Rio who were in the top 10 in the 10,000m In 2017: 1 Ugandan XC; 1 Elgóiabar XC	20y
	23/24y		
	20y	KIPROTICH Stephen UGA 2012 Olympic Marathon gold, he became Uganda's second Olympic athletics champion, after John Aki-Bua 40 years earlier Marathon pb: 2:06:33 -15. 10,000 pb: 27:58.03 -10. 5000 pb: 13:23.70 -08. 3000SC pb: 8:26.66 -10. ht WCH 5000 2007; 5 WJC 10,000 2008; 6 African Champs 10,000 2010; 2 African XC 2011. At WXC: 2006-24J, 2007-19J, 2008-12J, 2009-23, 2011 -6. 1 UK 10,000 2010; 1 'Great' North 10K 2014. Born-Uganda, he says he moved to Kenya (Eldoret) to train with former World 5000m Champion Eliud Kipchoge because of a lack of training partners in Uganda . Wife-Patricia, their daughters Esther (8) & Elizabeth (3) and son Maxwell (5). Coach-Patrick Sang (2 OLY 3000SC 1992) Marathons (13): 1 Enschede 2011, 8 WCH 2011, 3 Tokyo 2012, 1 OLY 2012, 6 London 2013, 1 WCH 2013, 12 New York 2013, 12 London 2014, 5 New York 2014, 2 Tokyo 2015, 6 WCH 2015, 4 Tokyo 2016, 14 OLY 2016 In 2017: 5 Ugandan XC His current training partners include Geoffrey Kamworor KEN (1 WXC 2015)	27y
	26y		
	21y		
	21y		
	30y	KIPYEKO Phillip UGA 2014 World Junior Mountain Running Champion // 5000 pb: 13:10.69 -15. 3000 pb: 7:44.14 -15. 7 World Youth 3000 2011; 3 Commonwealth Youth Games 3000 2011; 6 WJC 5000 2012/2014; ht WCH 5000 2013/2015; 1 World Junior Mountain Running Champs 2014; 2 African XC 2016; 9 African Champs 5000 2016; ht OLY 5000 2016. At WXC: 2015-25 In 2017: 2 Ugandan XC; 2 Cáceres XC	22y
	22y		
	20y	KISSA Stephen UGA (Kissa aka Kiisa) // 5000 pb: 13:45.59 -15. 2 Ugandan 5000 2015 In 2017: 6 Ugandan XC	21y
	23/24y	MANDE Abdallah UGA Full name-Abdallah Kibet Mande // 10,000 pb: 28:12.72 -16. 5000 pb: 13:30.96 -13. 8 World Junior Mountain Running Champs 2012; 5 WJC 10,000 2014; 8 African XC 2016; 9 African Champs 10,000 2016 (11 5000). At WXC: 2013-16J In 2017: 3 Ugandan XC	21y
	24/25y	TOROTICH Timothy UGA Fifth at 2013 World Cross Country Championships. Eighth at 10,000m in Glasgow 2014 & Beijing 2015 10,000 pb: 27:31.07 -13. 5000 pb: 13:32.21 -13. 3000SC pb: 8:23.61 -12. 10 African XC 2012; 8 COM 10,000 2014 (11 5000); 8 WCH 10,000 2015 (2013-22); 10 'Great' North Run 2015; 23 OLY 10,000 2016. At WXC: 2009-25J, 2010-13J, 2013-5, 2015 -27 In 2017: 4 Ugandan XC He's the Ugandan Team Captain in Kampala	25y
	30y		
	33/34y	CHELANGA Sam USA Full name-Samuel Kiprono Chelanga Allegiance transferee from Kenya – acquired US citizenship on August 14, 2015 and cleared by IAAF to represent the USA from March 2, 2016 Half Mar pb: 61:04 -13. 10,000 pb: 27:08.39 -10. 5000 pb: 13:04.35i -14, 13:09.67 -12. 1 US 12K 2015 & 10M 2015/2016; 1 NCAA XC 2009/2010i, 10,000 2010 & 5000 2011; 6 US 10,000 2016; 1 US Clubs XC 2016. Came to US in 2006 on a scholarship arranged by Paul Tergat. Was at Liberty University in Lynchburg, Virginia. Wife-Marybeth, their son Micah (3). His older brother Joshua Chelanga was fourth at the 1999 World Cross Country Championships and was second at the 2002 Commonwealth Games Marathon. Samuel says:"Being an American has opened so many doors for me." Coach-Brad Hudson Marathon (1): dnf Los Angeles 2016 (US Olympic Trial) In 2017: 4 'Great' Edinburgh XC; 4 US XC; 1 San Juan World's Best 10K; 3 US 15K	32y
	25/26y	DUNBAR Trevor USA One of the all-time best runners to emerge from Alaska // 5000 pb: 13:26.90 -14. 1500 pb: 3:38.38 -13. 10 WJC 5000 2010. At WXC: 2010-29J. 1 US High School 3000 2009; 1 US junior XC 2010; 3 NCAA 5000 2014; 6 US 5000 2014. Born-Anchorage ("there are some very cold runs where I always question my desire to put my body through that suffering"). Was at the University of Portland In 2017: 6 US XC; 15 US 15K	25y
	26y	FAUBLE Scott USA Half Mar pb: 63:06 -16 (63:40 -17). 10,000 pb: 28:00.43 -16. 4 NACAC XC 2016. 4 US 10,000 2016 In 2017: 16 Houston Half Mar; 8 US XC; 4 NACAC XC	25y
	24y	KEBENEI Stanley USA Full name-Stanley Kipkoech Kebenei Allegiance transferee from Kenya – acquired USA citizenship on August 28 2014, and because of more than one year of continuous residence in the USA, he was cleared by the IAAF to compete for the USA from March 5, 2015 3000SC pb: 8:18.52 -16. 5000 pb: 13:51.85 -14. 2 NCAA 3000SC 2014/2015 (2013 -3); 1 US 15K 2016; 2 US Clubs XC 2016. Was at the University of Arkansas In 2017: 5 'Great' Edinburgh XC; 2 US XC; 4 US 15K	27y
	21y		

KIPCHIRCHIR Shadrack USA**28y**

Allegiance transferee from Kenya – acquired US citizenship on January 12, 2015 having been resident in the USA since 2009. Cleared by IAAF to compete for the USA from June 10, 2015

10,000 pb: 27:36.79 -14. 5000 pb: 13:18.52 -16 4 Pan-Am Games 10,000 2015; 16 WCH 10,000 2015; 19 OLY 10,000 2016. 2 NCAA 10,000 2014 (9 5000); 2 US 15K 2016/2017; 2 US 10,000 2016. Studied engineering at Oklahoma State University. In 2014 joined the US Army's World Class Athlete programme, which combines soldiering with competition. Fifth of nine children, he had not competed in athletics before coming to the USA. Coach-Dan Browne. 1.68 tall

In 2017: 3 US XC; 2 US 15K

KORIR Leonard USA**30y**

Allegiance transferee from Kenya – acquired US citizenship on May 3, 2016 having been resident in the USA since October 2014. Cleared by IAAF to compete for the USA from May 23, 2016

Half Mar pb: 61:06 -16 (61:14 -17). 10,000 pb: 27:35.65 -16. 5000 pb: 13:15.45 -13. 14 OLY 10,000 2016. 1 NCAA indoor 5000 2011; 1 NCAA 10,000 2011; 1 New York Half Mar 2011; 1 US XC 2017 Was a student of Political Science at Iona College, New Rochelle. In 2015 joined the US Army's World Class Athlete programme, which combines soldiering with competition. Based at Fort Carson in Colorado Springs. His younger sister Vallery Korir is a 34:27.04 10,000m runner. Coach-Dan Browne In 2017: 1 'Great' Edinburgh XC (close battle with Callum Hawkins GBR); 1 Houston Half Mar; 1 US XC; 1 US 15K

CHIYABA Costern ZAM**22y****VAREVI Wellington ZIM**

5000 pb: 14:17.45 -16. 1500 pb: 3:48.40 -16. 11 African Champs 1500 2016