

Resultados/Results

Pos	Dorsal	Atleta	Pais	Km 5	T. Neto	Marca	Ritmo	Dif.
Pos	Bib	Athlete	Country	Km 5	Net Time	Time	Pace	Dif.
Mujeres/Females								
1	76	BRIGID JEPCHIRCHIR KOSGEI	KEN		0:32:07	0:32:07	03:12	
2	58	KAROLINA JARZYNSKA	POL		0:15:39	0:32:13	0:32:13	03:13 0:00:06
3	59	LIV WESTPHAL	FRA		0:15:46	0:32:42	0:32:42	03:16 0:00:35
4	57	AZUCENA DIAZ CALVO	ESP		0:16:00	0:33:07	0:33:08	03:18 0:01:01
5	65	GEMMA MARTIN BORGAS	ESP		0:16:10	0:33:18	0:33:18	03:19 0:01:11
6	55	NURIA FERNANDEZ DOMINGUEZ	ESP		0:16:38	0:33:35	0:33:36	03:21 0:01:29
7	66	BLANCA FERNANDEZ DE LA GRANJA	ESP		0:16:38	0:33:43	0:33:45	03:22 0:01:38
8	56	ALESSANDRA AGUILAR	ESP		0:16:06	0:33:48	0:33:48	03:22 0:01:41
9	60	SOLANGE A PEREIRA DA PONTE	ESP		0:16:10	0:33:52	0:33:52	03:23 0:01:45
10	62	MARIA JOSE PEREZ MORENO	ESP		0:16:09	0:33:53	0:33:53	03:23 0:01:46
11	68	CLARA SIMAL MARTIN	ESP		0:16:36	0:33:57	0:33:57	03:23 0:01:50
12	63	IRENE SANCHEZ ESCRIBANO-FIGUEROA	ESP		0:16:47	0:34:03	0:34:04	03:24 0:01:57
13	67	ELENA ESPEJO GAYTE	ESP		0:16:47	0:34:17	0:34:17	03:25 0:02:10
14	61	MARTA PEREZ MIGUEL	ESP		0:16:47	0:34:17	0:34:18	03:25 0:02:11
15	71	CLARA VIÑARAS OTEO	ESP		0:17:02	0:34:18	0:34:19	03:25 0:02:12
16	78	FABIANA LA FUENTE POCHETTINO	ESP		0:17:02	0:34:44	0:34:44	03:28 0:02:37
17	255	MARIA ISABEL MARTINEZ SERRANO	ESP		0:17:39	0:35:46	0:35:51	03:34 0:03:44
18	300	RADU SIMION CONSTANTIN	ROM		0:17:15	0:35:45	0:35:52	03:34 0:03:45
19	77	PATRICIA CABEDO SERRANO	ESP		0:17:39	0:36:34	0:36:35	03:39 0:04:28
20	72	CYNTHIA RAMIREZ MORAGA	ESP		0:18:09	0:37:16	0:37:16	03:43 0:05:09
21	828	NOELIA MARTINEZ CABAÑAS	ESP		0:18:11	0:37:33	0:37:37	03:45 0:05:30
22	821	LORENA RODRÍGUEZ MARTÍNEZ	ESP		0:18:30	0:37:38	0:37:42	03:45 0:05:35
23	837	EVA GARCIA GONZALEZ	ESP		0:18:13	0:37:46	0:37:48	03:46 0:05:41
24	806	SONIA LOPEZ AGUIRREGABIRIA	ESP		0:18:28	0:37:52	0:37:59	03:47 0:05:52
25	819	CYDNEY SEIGERMAN KATE	USA		0:18:26	0:37:52	0:37:59	03:47 0:05:52

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26	820	MARTA MOLPECERES ALVAREZ	ESP 	0:18:40	0:38:00	0:38:06	03:47	0:05:59
27	879	SANDRA PIÑEIRO MARINA	ESP 	0:18:24	0:38:06	0:38:08	03:48	0:06:01
28	69	ROSAURA CASADO PRIETO	ESP 	0:18:27	0:38:16	0:38:17	03:49	0:06:10
29	831	MARÍA GONZÁLEZ ÁLVAREZ	ESP 	0:18:56	0:38:54	0:39:01	03:53	0:06:54
30	827	LAURA SÁEZ GARCÉS	ESP 	0:19:19	0:39:01	0:39:05	03:54	0:06:58
31	822	LAURA MOLINA LOPEZ	ESP 	0:19:10	0:39:50	0:39:54	03:58	0:07:47
32	866	NOELIA MEDINA ALLUÉ	ESP 	0:19:11	0:39:56	0:40:00	03:59	0:07:53
33	824	ELENA CUADRILLERO GARCIA	ESP 	0:19:21	0:40:12	0:40:21	04:01	0:08:14
34	841	BEGOÑA CANO FERNANDEZ	ESP 	0:19:50	0:40:19	0:40:24	04:01	0:08:17
35	825	ROCIO RODRIGUEZ VALLEJO	ESP 	0:20:11	0:40:21	0:40:28	04:02	0:08:21
36	829	TERESA CALVO IGLESIAS	ESP 	0:19:28	0:40:22	0:40:32	04:02	0:08:25
37	844	ROSA MARIA DELGADO ROMERO DE AVILA	ESP 	0:19:50	0:40:27	0:40:37	04:02	0:08:30
38	869	ANA MARTÍN FERNÁNDEZ	ESP 	0:19:40	0:40:33	0:40:37	04:03	0:08:30
39	843	GALA GARCIA GUARDDON	ESP 	0:19:42	0:40:31	0:40:42	04:03	0:08:35
40	70	ELISA URRESTARAZU CAPELLAN	ESP 	0:19:54	0:40:52	0:40:53	04:05	0:08:46
41	969	MARIA TERESA MARTINEZ BAUTISTA	ESP 	0:19:53	0:40:50	0:40:59	04:04	0:08:52
42	848	CLARA RUIZ MARTÍNEZ	ESP 	0:20:20	0:40:51	0:41:00	04:05	0:08:53
43	823	MARTA BAGNATI	ITA 	0:19:57	0:41:03	0:41:08	04:06	0:09:01
44	850	JENNY HOPKINS CAN	CAN 	0:20:40	0:41:31	0:41:43	04:09	0:09:36
45	865	JUDIT CUEVAS DIAZ	ESP 	0:20:15	0:41:48	0:41:54	04:10	0:09:47
46	853	PILAR ALVAREZ BARQUITA	ESP 	0:20:26	0:41:54	0:41:55	04:11	0:09:48
47	884	NOELIA GARCIA GARCIA	ESP 	0:20:29	0:41:48	0:41:58	04:10	0:09:51
48	826	CRISTINA FARGAS PADRENY	ESP 	0:20:13	0:41:55	0:42:05	04:11	0:09:58
49	835	MARIA JESÚS VÁZQUEZ NÚÑEZ	ESP 	0:20:41	0:41:56	0:42:07	04:11	0:10:00
50	836	INÉS MARÍN PADILLA	ESP 	0:20:48	0:42:06	0:42:16	04:12	0:10:09
51	847	LAURA MUELAS GOMEZ	ESP 	0:21:12	0:42:17	0:42:26	04:13	0:10:19
52	420	IRIS SALAS MARTÍNEZ	ESP 	0:20:11	0:42:29	0:42:36	04:14	0:10:29

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53	886	SILVIA SALINAS MORENO	ESP 	0:20:43	0:42:26	0:42:38	04:14	0:10:31
54	882	MARIA RAMIREZ GARCIA	ESP 	0:22:47	0:39:29	0:42:50	03:56	0:10:43
55	888	BEATRIZ BLANCO PEREZ	ESP 	0:21:09	0:42:56	0:42:58	04:17	0:10:51







Hombres/Males

1	23	NGUSE AMLOSOM	ERI 	0:13:56	0:28:09	0:28:09	02:48	
2	2	ILIAS FIFA TEMSAMANI	ESP 	0:13:57	0:28:11	0:28:11	02:49	0:00:03
3	3	ANTONIO ABADIA MECI	ESP 	0:13:57	0:28:26	0:28:26	02:50	0:00:17
4	52	CARLOS DIAZ DEL RIO	CHI 	0:13:57	0:28:32	0:28:32	02:51	0:00:23
5	17	CHRIS THOMPSON	GBR 	0:13:57	0:28:33	0:28:33	02:51	0:00:24
6	13	AYAD LAMDASSEM	ESP 	0:13:57	0:28:33	0:28:34	02:51	0:00:25
7	5	JESÚS ESPAÑA COBO	ESP 	0:13:57	0:28:36	0:28:36	02:51	0:00:27
8	10	DONN CABRAL	USA 	0:13:57	0:28:53	0:28:53	02:53	0:00:45
9	12	DANIEL MATEO ANGULO	ESP 	0:13:58	0:29:07	0:29:07	02:54	0:00:59
10	4	ALBERTO SANCHEZ PINILLA	ESP 	0:13:57	0:29:16	0:29:16	02:55	0:01:07
11	6	JAVIER GUERRA POLO	ESP 	0:13:57	0:29:23	0:29:23	02:56	0:01:14
12	7	ADEL MECHAAL MECHAAL	ESP 	0:13:56	0:29:34	0:29:34	02:57	0:01:25
13	25	VÍCTOR POYUELO PARDO	ESP 	0:14:25	0:29:39	0:29:40	02:57	0:01:31
14	80	SERGIO SALINERO MIGUEL	ESP 	0:14:25	0:29:44	0:29:44	02:58	0:01:36
15	34	YAGO ROJO SANCHO	ESP 	0:14:26	0:29:45	0:29:45	02:58	0:01:37
16	19	JORGE BLANCO ALVAREZ	ESP 	0:14:25	0:29:47	0:29:47	02:58	0:01:39
17	29	CAMILO SANTIAGO GIMÉNEZ	ESP 	0:14:25	0:29:48	0:29:48	02:58	0:01:39
18	54	JOSE ESPAÑA	ESP 	0:14:37	0:29:57	0:29:57	02:59	0:01:48
19	18	JAOUAD TOUGANE	MAR 	0:14:10	0:29:58	0:29:59	02:59	0:01:50
20	27	EMILIO MARTIN ROMERO	ESP 	0:14:30	0:30:02	0:30:02	03:00	0:01:53
21	83	IBRAHIM CHAKIR	ESP 	0:14:29	0:30:05	0:30:05	03:00	0:01:56
22	21	MARCEL BERNI	SUI 	0:14:29	0:30:17	0:30:17	03:01	0:02:08

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23	26	MOHAMED ALI JELLOUL BUJAN	ESP 	0:14:25	0:30:28	0:30:28	03:02	0:02:19
24	9	SEBASTIAN MARTOS ROA	ESP 	0:13:58	0:30:35	0:30:35	03:03	0:02:27
25	45	AMIN HOUKMI EL JARMOUNI	ESP 	0:14:40	0:30:35	0:30:35	03:03	0:02:27
26	81	STEPHANE VALENTI	FRA 	0:14:49	0:30:36	0:30:36	03:03	0:02:28
27	15	MANUEL OLMEDO VILLAR	ESP 	0:14:59	0:30:47	0:30:47	03:04	0:02:39
28	124	ALEJANDRO HERNANDEZ DOMINGUEZ	ESP 	0:14:59	0:30:49	0:30:49	03:04	0:02:40
29	46	PABLO SANCHEZ VALLADARES	ESP 	0:14:59	0:30:54	0:30:54	03:05	0:02:46
30	35	OSCAR SANTOS MAYANS	ESP 	0:14:59	0:30:56	0:30:56	03:05	0:02:48
31	8	FERNANDO CARRO MORILLO	ESP 	0:14:10	0:30:59	0:30:59	03:05	0:02:51
32	14	ARTURO CASADO ALDA	ESP 	0:15:00	0:31:07	0:31:07	03:06	0:02:59
33	11	DAVID BUSTOS GONZALEZ	ESP 	0:14:47	0:31:25	0:31:25	03:08	0:03:16
34	42	FRANCISCO JAVIER DE LEÓN RODRIGUEZ	ESP 	0:15:02	0:31:31	0:31:31	03:09	0:03:22
35	36	IVÁN DE MORA MARTIN	ESP 	0:15:17	0:31:35	0:31:35	03:09	0:03:27
36	91	ALEJANDRO JIMÉNEZ PARRAS	ESP 	0:15:17	0:31:36	0:31:37	03:09	0:03:28
37	87	LUIS AGUSTÍN ESCRICHE	ESP 	0:15:17	0:31:39	0:31:39	03:09	0:03:31
38	16	JUAN A PEREZ MORENO	ESP 	0:15:01	0:31:44	0:31:44	03:10	0:03:35
39	116	JAIME BONILLA JIMENEZ	ESP 	0:15:40	0:31:49	0:31:49	03:10	0:03:41
40	101	ANTONIO JESUS NARVAEZ VIDAL	ESP 	0:15:38	0:31:51	0:31:51	03:11	0:03:42
41	119	ISMAEL MINGO MINGO	ESP 	0:15:36	0:31:44	0:31:53	03:10	0:03:44
42	120	IÑAKI RUBIO SEGARRA	ESP 	0:15:18	0:31:54	0:31:54	03:11	0:03:45
43	97	ROBERTO SOTOMAYOR MENENDEZ	ESP 	0:15:17	0:31:58	0:31:58	03:11	0:03:50
44	94	FERNANDO JUANES MATALLANA	ESP 	0:15:28	0:31:58	0:32:00	03:11	0:03:51
45	84	MICHAEL JEPPESEN	ESP 	0:15:31	0:32:01	0:32:02	03:12	0:03:54
46	40	JULIO BARDAVIO ATIENZA	ESP 	0:15:31	0:32:07	0:32:07	03:12	0:03:59
47	111	BERNARDO MALDONADO GIANNONI	ARG 	0:15:39	0:32:14	0:32:15	03:13	0:04:07
48	106	NACHO BARRANCO FRÍAS	ESP 	0:15:39	0:32:16	0:32:17	03:13	0:04:09
49	92	CARLOS MANUEL CHACON RIFON	ESP 	0:15:38	0:32:19	0:32:19	03:13	0:04:11

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50	85	GUILLERMO GARCÍA GARCÍA	ESP 	0:15:28	0:32:20	0:32:20	03:13	0:04:11
51	212	ADRIAN GONZALEZ RUIZ	ESP 	0:15:41	0:32:14	0:32:20	03:13	0:04:12
52	24	RODRIGO CHAMDÍA	ARG 	0:15:41	0:32:20	0:32:21	03:13	0:04:13
53	180	DANIEL DE MIGUEL LORENZO	ESP 	0:15:46	0:32:22	0:32:22	03:14	0:04:14
54	88	JOSÉ ANTONIO MARÍN GAY	ESP 	0:15:41	0:32:24	0:32:24	03:14	0:04:16
55	125	CARLOS BORREDÁ LLACER	ESP 	0:15:41	0:32:24	0:32:24	03:14	0:04:16